

CIF-SS BULLETIN



VOL. 44 NO. 13

MARCH 1982

BASKETBALL.

TWO ACTION PACKED WEEKS



March looks to be a very exciting month for basketball fans. It will begin with an entire week of championship basketball at its best, the CIF Southern Section/Thrifty/ BIG 5 Basketball Tournament of Champions. The lineup for this week-long event will feature the finest boys' and girls' prep basketball teams as they vie for nine respective championships. This championship tournament, sponsored by the CIF Southern Section, Thrifty Drugs and Big 5 Sporting Goods begins Tuesday, March 2 and culminates Saturday, March 6 at the Long Beach Arena. A reserved "Tournament Week" pass is being made available for only \$22.50. With this pass, fans will be assured of a guaranteed reserved seat and best of all, no waiting in line.

The excitement will build as the Southern Section Championship Week is followed by the first-ever State Regional Championships. Under a new format adopted earlier this year, there will be a Southern and Northern Championship with the winners from each qualifying to compete in the State CIF Basketball Finals. The Southern Regional Championships, hosted by the CIF Southern Section are scheduled to run daily from Tuesday, March 9 through Saturday, March 13 also at the Long Beach Arena. The format for the competition divides the tournament into two divisions. Division I will consist of these eight boys' teams and eight girls' teams: 3A Champions from: Central Section, Los Angeles Section, and Southern Section; 4A Champions from: Los Angeles Section, Southern Section; and three At-Large selections. Division II will consist of these four boys' and four girls' teams: 2A Champions from the Central Section and Southern Section; 1A Champions from the Southern Section; and one At-Large selection.

(continued on page 8)

AMERICAN INTERNATIONAL SPORTS NEWEST CORPORATE SPONSOR

AIS (American International Sports) is the newest company to demonstrate its support for high school athletics through a corporate agreement with the CIF Southern Section.

This Orange County based firm is the largest U.S. manufacturer and distributor of soccer uniforms and equipment. While in operation for only five years, the company boasts an exceptional growth rate, as they have doubled in size each year. Youth soccer leagues have contributed greatly to the success of the firm thus far, however, the push in the future will be high school soccer programs. To aid in this endeavor a "sample showroom on wheels" is in the planning stages.

AIS will be co-sponsoring the 1982 CIF-Southern Section Boys and Girls Soccer Championships by underwriting \$5,000 to co-sponsor the event with Puma Inc. Rick Harris, president of AIS, expressed his feelings regarding the company's association with the CIF by stating: "Due to my love of soccer, it's delightful to find the sport successful on the high school level. I'm excited to see soccer take hold and want very much to

be a part of it!"



PLUTKO: TO BE KEYNOTE SPEAKER

The National Federation of State High School Associations recently invited Ray Plutko, CIF-SS Commissioner to give the keynote address before the General Assembly. The National Meeting will be held this summer in Florida, June 28 - July 2.

Plutko will speak on sports marketing and how our Association has used this very successful technique in keeping our dues among the lowest in the nation. When asked about this invitation the Commissioner said:

"It's an honor to be extended the invitation, but I'm pleased just to have the opportunity to share our experience with others throughout the United States.

"Discussion of this nature lends itself to additional ideas and that's what we are always in search of for the Southern Section. In fact, I plan on showing our new CIF-SS film as part of the presentation."

CIF SOUTHERN SECTION COUNCIL MEETING MINUTES JANUARY 21, 1982

The January meeting of the Southern Section Council of the California Interscholastic Federation was called to order by Chairman Dr. Robert Packer at 9:30 a.m. on Thursday, January 21, 1982 at the Saddleback Inn. All leagues were represented with the exception of the Heritage League. It is further noted that the Los Padres and Tri County Leagues were not in attendance due to extreme weather conditions and snow in their respective areas.

1. APPROVAL OF MINUTES — It was moved, seconded and passed to approve the minutes of the CIF Southern Section Council meeting of September 24, 1981 as published in the November issue of "The Bulletin"; the CIF Southern Section Executive Committee meeting of October 29, 1981 as published in the December issue of "The Bulletin"; the CIF Southern Section Executive Committee meeting of December 3, 1981, as mailed to the Council; and the CIF Southern Section Executive Committee meeting of January 16, 1982 as distributed to the Council.

2. PRESIDENT'S MESSAGE — Dr. Robert Packer, President of the CIF Southern Section, paid special tribute to the CIF-SS Office staff and member schools with reference to the fall playoff activities. Special tribute was also paid to Santa Monica and Rim of the World High Schools for their recent state championships in girls' volleyball.

Sheila Burrud of Muir High School was welcomed to the Council as the newest Executive Committee member, filling the position of Girls' Athletic Directors' Representative.

Additionally, Dr. Packer apprised the Council of the importance of League Representatives and other administrators keeping their league and school boards aware of Senate Bill 19.

3. COMMISSIONER'S UPDATE — Ray Plutko, commissioner, provided an overview and update with regard to the fall playoffs, recent sports marketing and promotion efforts, and the viewing of the new film, "CIF SOUTHERN SECTION STORY" as produced by Walt Disney, Inc.

4. TREASURER'S REPORT — Mr. Jim Faul, treasurer, provided an update on the Southern Section working budget for the current 1981-82 school year and review of income and projections for the fall sports.

5. CENTURY-SAN FERNANDO GIRLS' VOLLEYBALL PROPOSAL — Dick Jackson, Principal of Canyon High School (Anaheim), and Sr. Barbara Joseph, Principal of St. Joseph High School (Lakewood), reviewed the Century-San Fernando Valley League proposal that girls' volleyball revert to the best 2-of-3 as opposed to the current 3-of-5 matches. This will be an action item at the March meeting of the CIF Southern Section Council.

6. OFFICIALS' FEES COMMITTEE PROPOSAL — Mr. H. L. Looney, chairperson of the combined Los Angeles City and Southern Section Officials' Fees Committee, presented a four-year proposal. The main thrust of the proposal calls for an adjustment in a number of sports which are currently unequitable and have been overlooked for a number of years, i.e. the rates being different for one official working a contest as opposed to two officials being assigned and only one reporting for duty. This will be an action item at the March meeting of the CIF-SS Council.

7. MARMONTE SOCCER PROPOSAL

— Mr. Ron Barney presented a proposal on behalf of the Marmonte League calling for an amendment to the CIF-SS By-Laws in the sport of soccer. Under the proposal, a member of a soccer team who receives a red card in a contest will be ineligible to play in

the next scheduled contest. The proposal is being made after a one-year trial basis within the Marmonte League. This will be an action item at the March meeting of the CIF-SS Council.

8. STATE CIF UPDATE — Tony Balsamo, President-elect of the State Federated Council, provided an overview of current State Federated Council action and items under study by the various State committees, as well as a report from the just-concluded National Federation Winter Meeting in Phoenix.

9. PRIVATE/PAROCHIAL SCHOOL EXECUTIVE COMMITTEE REPRESENTATION — Mr. Bruce Keuning, Private School Representative on the Executive Committee, reviewed the proposal which would add an additional representative to the Executive Committee for the Private/Parochial School area. It was moved, seconded and passed to adopt the proposal.

10. STUDENT COACH ASSOCIATION - Mr. Moe Chavez, San Gabriel Valley League Representative, moved to suspend the rules to allow the Council to discuss the proposed issue that is currently tabled. It was moved, seconded and passed to suspend the rules of the Council to allow a report from the Committee. Mr. Robert Paisola, Chairperson, recommended to refer the problem of student-coach contact to the State CIF and involve Commissioners and Federated Council members from all Sections, as well as the State Athletic Directors' Association and the State Coaches' Association in the development of a policy. It was moved, seconded and passed to adopt the recommendation. The meeting was then called back to order by President

11. RIO HONDO LEAGUE BASEBALL/ SOFTBALL PROPOSAL - Mr. Mickey McNamee, spokesperson for the Rio Hondo League, presented a proposal in two parts for the sports of baseball and softball. The first part of the proposal called for an adjustment of one week being added to the end of the 1983 baseball and softball calendars; and a second proposal called for an adjustment to the upcoming 1982 baseball and softball seasons to start one week earlier. Following discussion, the motion for proposal #1 failed to carry the needed majority. Following further discussion, a motion for proposal #2 failed to carry the needed majority.

There being no further business to come before the Council, the meeting was adjourned at 11:50 a.m.

Respectfully submitted,

DEAN CROWLEY ADMINISTRATIVE ASSISTANT

Approved by: RAY PLUTKO COMMISSIONER OF ATHLETICS

Goodbye sirloin, hello corn flakes Carbohydrates best pre-game food

by Dr. Jim Victory Sports Academy Director of Strength and Fitness

Steaks and potatoes are certainly palatable and psychologically rewarding, but how do they rate with other foods groups as a pre-game meal?

Due to the early belief that muscle consumed itself as fuel for muscular activity, and steak provided the necessary protein to counteract this loss, steak was probably chosen for the traditional pre-competition meal.

It is now recognized that this is probably the worst possible meal that the athlete can eat prior to competition. Steak contains a high percentage of fat, which takes many hours to be fully digested. The digestive system competes for the available blood with the muscles that are used in the contest. Another factor to consider is that even the choicest of steaks is often not appreciated at this time due to the onset of nervousness.

So what are more ideal foods? Carbohydrates are the highest "octane fuels" for athletic competition. Although fats are an abundant fuel source (enough fuel for a 150 lb.

athlete to run up to 24 marathon races), they give a 10% less energy yield than carbohydrates. Pancakes, oatmeal, spaghetti, toast, and fruits are all good sources of carbohydrates.

The quickest source of energy, though, is sugar, a pure carbohydrate. It should be an ideal source of energy, but it has its drawbacks. In most athletes, a meal loaded with sugar causes hunger pangs two to three hours after it is consumed. This is because when sugar enters the bloodstream, it triggers the release of insulin. Insulin rapidly enables the sugar to leave the bloodstream. The result is a "rebound" low blood sugar or hypoglycemia.

An additional difficulty with concentrated sugar is that it may lead to dehydration since it tends to draw water from the tissue into the stomach and intestines. This water may distend the stomach and lead to cramping.

Carbohydrates are easily digestible. However, they need to be consumed at least 3 hours before game time to insure an empty stomach.

Many athletes have settled on liquid pre-game meals that contain a mixture of carbohydrates, fats and proteins. They are palatable, digest relatively easily and are less likely to result in nervous indigestion, nausea, vomiting, and abdominal cramps. Most players can eat these meals two and one half hours before game time and still have empty stomachs when it comes time to play.

The ingestion of pre-competition liquids should not be overlooked. When one competes, even at low-level intensity, he loses fluid. Besides sweating one loses water with each breath. When a player loses 3 percent of his body weight in fluid his temperature rises and his muscles heat up and have trouble contracting efficiently. At least three glasses of a liquid should be consumed prior to competition. Water should also be readily available throughout the competition.

(Reprinted with permission from the United States Sports Academy NEWS.)

WE'VE COME A LONG WAY, BABY!!!!

The following article is reprinted from the Monthly Bulletin, November 1937.

BETWEEN THE HALVES OF A FOOTBALL GAME

On October 15, the Commissioner of Athletics attended a Class A game of football at Santa Ana High School between Chaffey and Santa Ana. The game was well played and well officiated and Santa Ana won her first contest in the Citrus League by a score of 7 to 6.

The outstanding feature of the afternoon was the entertainment put on between halves by the Santa Ana Band and a large group of girls who entertained the crowd with some very well executed marching exercises.

The large crowd was very appreciative of the work of the band as well as the demonstration given by the girls. The applause was frequent and generous.

The Commissioner of Athletics attended a night game on the same day where no preparation had been made to entertain the crowd between halves.

The night game was well played and well officiated. The crowd, however, became somewhat restless and boisterous during the intermission and did not get back to a full appreciation of the fine football game that was being played.

Had any school administrator attended the two games referred to above, he could not but have been impressed with the advantage to our interscholastic set-up of a well prepared program of "stunts" or exercises to be put on between the halves of a football game.

COULD THIS HAVE BEEN THE BEGINNING OF DRILL TEAMS AND THE FANTASTIC HALFTIME PAGEANTRY THAT OUR SCHOOLS ARE OFFERING SPECTATORS NOW!!!!!!!

California Interscholastic Federation Southern Section

1101 Artesia Blvd. — P.O. Box 488 Cerritos, CA 90701 (213) 860-2414 (714) 826-5390

Officers

Dr. Robert Packer, Assistant Superintendent,
Tustin Unified School District, President
Mr. Bruce Keuning, Principal, Valley Christian HS, President-Elect
Mr. Tony Balsamo, Principal, Apple Valley, Past-President
Mr. James Faul, Principal, Wilson HS (HH), Treasurer
Mr. Ray Plutko, Commissioner of Athletics
Bulletin Editor

Ms. Karen Hellyer, Administrative Assistant Contributing Editor

Ms. Maggi Helms Langdon Press 1982 GUEST EDITORIAL





COACHES

CORNER





ATTENTION COACHES UPCOMING CLINICS

MARCH 27, 1982 — Sports Medicine Workshop to include lecture and lab sessions, 8:00 a.m. to 5:00 p.m., Rio Hondo College. Fee — \$10 for coaches, trainers and nurses; \$5 for high school and college students. For more information, please contact Bob Birnbaum (213) 692-0921, ext. 377, Rio Hondo College, 3600 Workman Mill Road, Whittier, Cal., 90608.

APRIL 22 - 23, 1982 — SPORTS MARKETING AND PROMOTION CLINIC — conducted by the University of Michigan at Inn of the Park in Anaheim. Further information regarding reservations, time, etc. will be mailed to all Athletic Directors by the CIF-SS Office.

NOV. 7 - 10, 1982 — WESTERN STATES A.D. CONFERENCE, Bahia Hotel, San Diego, California. For more information, contact Ron Davis, Corona del Mar High School. More information will be forthcoming from the CIF-SS Office at a later date.

Don't Be Caught Unprepared

CHECK THESE SAT TEST DATES

SAT TESTS — 1982-83

October 9, 1982 November 6, 1982 December 4, 1982 January 22, 1983 March 19, 1983 May 7, 1983 June 4, 1983

SPORTSMANSHIP



SHOUT IT OUT!!!

Another Look at the Budget

ERA OF COURT REDRESS AND INCREASED MAILING COSTS

(EDITOR'S NOTE: The following is the third in a series of feature articles by Commissioner Ray Plutko, dealing with the structure and various insights to the CIF Southern Section budget.)

"Just where do my dues go?"

In our last article, we provided an in-depth look at the expense categories Publications and Council and in keeping with that side of the ledger, let's preview the areas of Legal and Postage.

If there's one segment of the CIF-SS working budget which is most uncertain, it would be Legal.

The current 1981-82 budget projects expenses in this category at \$9,500, but as of this writing, the running tally has already exceeded that figure by \$775.

The Southern Section is extremely fortunate to have at its disposal, Attorney Andrew Patterson, one of the most gifted in his field and well known throughout the State and nation for his expertise in the field of interscholastic athletics.

Mr. Patterson is paid a basic retainer to act on behalf of the Southern Section where necessary and ironically, the number of cases he has handled over the past three years has DECLINED!

However, the Southern Section, as part of the parent State CIF organization, contributes to the legal defense fund at that level in cases in-

volving rules common to all 10 sections.

Additionally, the Southern Section is assessed roughly 28 per cent of all costs at this level, corresponding to the percentage of our voting representation on the Federated Council.

It is this latter aspect which has increased the Legal expenses to date in that the State assesses each Section every time the fund falls below \$3,000.

One need not be reminded we are living in an era where individuals seek redress by the court system and though a sad commentary for the field of interscholastic athletics, it is a realistic segment of our budget.

Remember when those postage stamps were a mere nickle?

Those were also the good 'ol days, but the current going rate is 20 cents for first class and that contributes to \$31,000 in budget expenses. That figure may prove shocking to some, but the Southern Section Office has over the past two years shown a DECLINE in this area by utilization of new methods.

Bulk mailing — for those items not considered timely and of considerable weight — plus United Parcel Service have offset two increases in the postal rates during this same time frame.

In addition to the 500 member schools, there are also mailing needs to 200 members of the Media — press, radio and television — other State organizations throughout the nation in an effort to keep abreast of the latest in our common field and a miscellaneous mailing list which includes agencies and organizations as the State Department of Education, Athletic Directors Association, Superintendents, etc.

Considering we are the eighth largest organization of our kind in the United States and have increased communication and services each year, the fact dues have not been raised over the past three years speaks well indeed of your Council's checks and balances in determining the budget each year.

CIF-SS SANCTIONED EVENTS

The State CIF Office has adopted the following procedure for sanctioning of athletic events when other CIF Sections are invited to participate. This policy establishes time lines for the application to be received by the CIF-Southern Section Office for those events involving California schools outside the Southern Section.

1. FALL SPORTS — No application will be approved for Fall Sports if not received efore June 1.

2. **WINTER SPORTS** — No application will be approved for Winter Sports if not received before October 1.

3. **SPRING SPORTS** — No application will be approved for Spring Sports if not received before December 1. IMPORTANT — THIS CHANGE WILL BE EFFECTIVE FOR ANY SANCTIONED EVENTS DURING THE 1982-83 SCHOOL YEAR.

Applications received after the above established time lines may be approved for schools within the Southern Section but WILL NOT BE APPROVED INSOFAR AS SCHOOLS FROM OUTSIDE THE SECTION ARE CONCERNED.

This policy does not affect the current sanctioning process for schools outside California and the United States.

ATTENTION: ATHLETIC DIRECTORS — IT WILL BE YOUR RESPONSIBILITY TO INFORM ALL COACHES OF THE ABOVE PROCEDURE.

OPENING FOR AREA ASSIGNMENT COORDINATOR

With the resignation of Ken Wilson, a position is open for applicants interested in the South Bar Area as an Area Assignment Coordinator, effective the 1982-83 school year.

The Area Assignment Coordinator will be responsible for the assignment of officials in both boys' and girls' athletics for approximately 37 schools in the South Bay area.

If you know of any individuals who might be interested in this position, please have them forward a letter with specific background information and qualifications related to the position to Bill Clark, Administrative Assistant, at the CIF-Southern Section Office, no later than *April 1*, 1982.



FEATURE ATHLETE OF THE MONTH

EDITOR'S NOTE: In an effort to provide well-deserved recognition to Southern Section athletes, this is the fourth in a series featuring "all-around student-athletes".

In the April Spotlight is 15-year-old Sam Bushman of Camarillo High School.

Sam is one of a very special and unique group of athletes participating in CIF competition. This bright, active freshman has been totally blind since birth. However, this handicap has not prevented Sam from carrying a full schedule. He is capable of getting around school without the benefit of a ling, "Sam is the type of kid who does cane or seeing eye dog and is enrolled in regular classes.

His wrestling career began in fifth grade where he participated in church tournaments. This year he is wrestling in the 101# division at the varsity level. He is 4-0 in league dual matches and has a 19-4 overall record. Honors won this year include:

> 4th place Camarillo Varsity Tournament



1st place Simi Fr/So Tournament 2nd place

Thousand Oaks Fr/So Tournament 1st place

Novice Tournament

According to Coach Charlie Festernot want to be left out of anything, if the other kids do it so does Sam. That includes skateboarding and bikeriding. As far as wrestling, the only difference between Sam and the other wrestlers is the

The CIF Southern Section staff salutes Sam — he is a fine example of the dedicated athletes involved in interscholastic activities - "THE OTHER HALF OF EDUCATION".

IUNIOR HIGH **NEWS**



(EDITOR'S NOTE: We hope to regularly bring you news of our Junior High Member Schools by means of this column. As junior high teachers and administrators, we solicit your response and ask for your contributions. Special thanks this month go to Judith Horan.)

This month highlights the Twin Cities Frosh League.

This League is comprised of four participating schools. The members include Auburndale, Corona, Norco and Raney junior high schools. League meetings are held prior to each sport season with principals, athletic directors, and coaches of each sport in attendance. The league offers a full compliment of sport offerings. They include for the boys, football, basketball, track and baseball. The girls compete in volleyball, basketball, softball and track. League champs are presented a rotating trophy which is retired if an individual school wins it three times in a row. Special events offered by the League each year include a Christmas Basketball Tournament, an All-League Track Meet, a Football Carnival and participation in the Redlands Relays for boys and girls.

Any schools wishing to form new leagues or join an existing league should contact the CIF-SS Office or any Junior High School Committee Members.



Publication Order Form

Note: All orders must be accompanied by check or money order in proper amount. Supplies will be shipped only with prepaid orders.

Address all orders to: CIF-SS Office. P.O. Box 488, Cerritos, Calif. 90701. Phone (213) 860-2414, (714) 826-5390.

Price Enclosed

Quanity Item

Zuanity	rtein	Trice	Lifeioseu
	Baseball		
	rule	\$3.00	
	case	\$3.00	
	Basketball		
	rule	\$3.00	
11111	case	\$3.00	
	simp.	\$3.00	
100	Football	40.00	
	rule	\$3.00	
	case	\$3.00	
	simp.	\$3.00	
		\$5.00	
	Gymnastics	\$4.25	
-	boys	\$4.25	
	girls	\$4.23	
	Hockey	44.00	
	(Field)	\$3.00	
	Soccer	\$3.00	
	Softball	\$3.00	
	Swimming/		
	Water Polo	\$3.00	
	Track &	\$5.00	
	Field	\$3.00	
		STREET, LANCE TO	
	Volleyball	\$3.00	
	Wrestling	\$3.00	
	Directory	\$5.50	
	Blue Book	\$5.50	
	Boys' & Girls		
	Master Baske		
	Schedule	\$5.00	
	Boys' Master		
	Baseball	£4.00	
	Schedule	\$4.00	
	Press Guide 8		
	Record Book	\$6.00	
	CIF-SS		
Total A	nount Enclosed	d §	3
Mail To			
Name_			
A			
Adress			
City			
City _			
7:-			
Zip			

SPORTS CALENDAR FOR 1982-83

SPORT	PRACTICE BEGINS	FIRST SCRIMMAGE	DATE CONTEST	LAST DATE CONTEST	NUMBER OF SCRIMMAGES	NUMBER OF CONTESTS
Football #	Aug. 23	Sept. 10**	Sept. 9*	Nov. 13	0 or 1**	9 or 10**
B/G Cross Country	Sept. 1	N/A	Sept. 9	Nov. 6	0	11 .
Girls' Tennis	Sept. 1	Sept. 8	Sept. 9	Nov. 13	1	20
Girls' Volleyball	Sept. 1	Sept. 8	Sept. 9	Nov. 6	1	20
Water Polo	Sept. 1	Sept. 8***	Sept. 9	Nov. 6	1	18
B/G Basketball	Nov. 8	Nov. 18	Dec. 1	Feb. 12	1	20
B/G Soccer	Nov. 8	Nov. 20	Dec. 1	Feb. 19	0 or 1**	18 or 19**
Field Hockey	Nov. 8	Nov. 20	Dec. 1	Feb. 12	1	18
Wrestling	Nov. 8	N/A	Nov. 20	Feb. 12	0	18
Baseball/Softball	Feb. 14	Feb. 19	Feb. 25	May 7	1	20
Golf	Feb. 14	N/A	Feb. 21	May 7	0	18
Boys' Tennis	Feb. 14	Feb. 19	Feb. 25	May 7	1	20
B/G Swimming and Diving	Feb. 14	N/A	Feb. 24	May 7	0	12
B/G Track	Feb. 14	N/A	Feb. 24	May 7	0	9
B/G Gymnastics	Feb. 21	N/A	Mar. 1	May 7	0	12
Boys' Volleyball	Feb. 21	Feb. 26	Feb. 28	Apr. 30	1	20
Coed Badminton	Feb. 21	N/A	Mar. 1	Apr. 30	0	16

#Optional Conditioning - Aug. 18-21 *Provided 14 days of practice have been met **Scrimmage or game optional ***Provided 6 days of practice are met

WHAT'S HAPPENIN' IN THE OTHER '49 STATES

(EDITOR'S NOTE: This is the beginning of a series of monthly articles covering items of interest throughout California and other State Associations in their administration of high school athletics).

ITEM: CO-ED STATE TRACK MEET FOR NEBRASKA

COMMENT: The Nebraska School Activities Association has scheduled the 1982 High School Track and Field State Championships under the same combined boy-girl format initiated last May.

"As somebody said just as the 1981 meet was finishing, it went so well combined that we just have to try it again," said NSAA Executive Secretary James Riley.

ITEM: "DUNKING"

COMMENT: Dunking or stuffing a basketball during a dead ball is a technical foul. In New Mexico, dunking is not permitted before the game, after the game, or during the half-time of a game. (WHETHER OR NOT THE OF-FICIALS ARE PRESENT.)

ITEM: "LEGAL NOTE"

COMMENT: The United States District Court, Northern District of Ohio, ruled on May 27, 1981, that a member of a high school track team did not have the right under the Constitution to be reinstated after he had been expelled or resigned from the team.

It seems that the plaintiff had informed the coach that he would be spending his upcoming spring vacation in Florida with friends — a situation that was in direct conflict with the coach's rule that all members of the track team be available for practices and meets during the spring recess unless they were on vacation with their parents.

The Court found that the actions complained of by the plaintiff did not implicate the United States Constitution or any of its laws, and that having failed to raise a substantial federal question, the complaint must be dismissed.

The Court stated, "A track coach has the right to demand conformance with reasonable rules and need not suffer every excuse that his team members may offer."

Ohio Assoc. of Sec. School Adm. — Legal Notes

SUBSCRIPTIONS AVAILABLE



Here's your chance to keep abreast of current CIF-SS news in high school athletics. A "subscription department" is now open so that all sports-minded groups plus interested community people may now have the option of receiving a copy of this publication.

NOTE: Complimentary copies of the CIF-SS Bulletin will continue to be sent to member schools.

- Subscriptions are now on sale. Act now on our special opening rates of \$10.00 for a year's subscription to the Bulletin, which includes mailing.
- 2. Copies will be sent directly to the address printed on the order form.
- 3. Each order must include a check or money order for the correct amount made out to "CIF-SS BULLETIN".

1	981-82 CIF-SS Bulletin ORDER FORM	
Please Process My Order	r for the 1981-82 CIF-SS BULLETIN	
☐ Check for \$10.00 end	closed	
NAME		
ADDRESS		
CITY	STATE	ZIP
() PHONE	i n	
MAIL TO "CIF-SS BUL	LETIN" P.O. BOX 488, CERRITOS, CA	A 90701

Two Action Packed Weeks . . .

(continued from page 1)

The Tournament Committee, composed of the Commissioners from each of the competing sections will select the At-Large teams and determine the pairings of the draw. Seeding of the teams will occur Sunday, March 7.

The month's exciting events will culminate on Friday, March 19 with the State CIF Basketball Finals in Oakland. Those fans unable to make the trip will be able to view the competition as the Finals will be telecast live at 8:00 p.m. by Channel 11 here in the south and Channel 4 in the north.

For more information about any of these three events, call the CIF Southern Section Office at (213) 860-2414 or (714) 826-5390. Tickets for the March 2-6 "Tournament Week" can be obtained by sending a \$22.50 check or money order payable to CIF Southern Section to P.O. Box 488, Cerritos, California 90701.



California State Athletic Director's Conference

April 25-26, 1982

Hanalei Hotel San Diego

SAVE THESE DATES