

C. I. F., SOUTHERN SECTION MONTHLY BULLETIN

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CERTIFIED TRACK REFEREES AND STARTERS AVAILABLE

In an effort to improve the calibre of track and field competition the C. I. F. Office, last year, undertook to stimulate the formation of an Officials Association for track and track starters. Mr. Seth F. Van Patten, who retired as Commissioner of Athletics last June, in cooperation with Kinter Hamilton of the Executive Committee, and Ernst Hartmann, track coach at Compton High School, prepared an informal work sheet for referees and starters. These work sheets were distributed last year to all member schools and to candidates for the certified officials list. The C. I. F. Office arranged for an examination which was given to candidates at several locations in the Southland. Those passing the examinations were issued a card certifying the men as starters or referees for the 1950 track season.

Because there is little change in the 1951 track rules it will not be necessary for the C. I. F. Office to give new examinations to those men who were certified last year. The C. I. F. Office will issue new certification cards to those men upon receipt of a statement from them that they have secured a copy of the National Federation Edition of the Track and Field Rules for 1951; that they have studied the rules and appended the information therein; that they have studied the C. I. F. Work Sheet for track referee or starter; and that in their opinion they are fully prepared and ready for assignment.

The C. I. F., So. Section Office has again prepared a work sheet for track referees and starters which we sent to each of our member schools about two weeks ago. We have additional copies which we will be glad to forward to track officials. The C. I. F. Office has secured copies of the Federation Track and Field Rules for 1951, which are available at 35 cents per copy. Distribution of the Federation Track and Field Rules was made to all member schools early in February.

New men who may be interested in certification as a track official should write the C. I. F. Office asking for the educational information or stating that they have studied the material and wish to take the qualifying examination. The C. I. F. Office will ask a member of the local high school staff to give the examination to the candidate. The examination papers will be returned to the C. I. F. for grading. Those passing the examination satisfactorily will be issued a card certifying starter or referee, qualified for the 1951 C. I. F. So. Section track season.

It is strongly recommended that our schools employ competent track starters at all of their practice and league meets. Both collegiate and high school track rules require a minimum of two seconds between the "get set" command and the firing of the pistol. This means that the pistol may not be fired until all runners are ready after the two-second interval. At several of our C. I. F., So. Section preliminary track meets, last season, starters had a difficult time in getting runners off their marks fairly. At one of our qualifying meets we noticed that a starter was having difficulty in every heat in getting the runners off fairly. Time and time again, boys would break from their marks before the pistol was fired. Without the starter's knowledge, a check of the conditions existent at the start was made. We found the starter fully competent in his work; his physical movements were smooth; his voice was clear, distinctly audible, reassuring and calm; his entire conduct was one which would lead a boy to believe he would have an opportunity to get off to a fair start with all the other boys running. We checked the time of the interval between the "get set" command and the instant the boys broke from their marks prior to the pistol. We found that boys were leaving their marks as early as .7 of one second after the "get set" command, and most of the jumps were occurring at 1.2 seconds. After consultation with the referee and representative of the C. I. F. Office, the starter lowered the waiting period from two seconds to one and four-tenths seconds in order to get the boys off their marks fairly. At this particular meet two boys disqualified themselves by false starts. We are certain that if these boys had been trained in practice, and at their early season meets, to leave their marks at the pistol after the two-second interval following the "get set" command, then they would not have disqualified themselves.

We suggest to our track coaches that they review the information in the C. I. F. track-starter Work Sheet, and pages 40-41 of the Federation Track and Field Rules for 1951, and instruct their boys accordingly.

CONSTANT RE-EVALUATION OF ATHLETIC PROGRAM VALUABLE

Administrators of the high school athletic programs throughout the United States are constantly alert to see that the objectives for which we strive may be attained. Many of the publications by the various State High School Athletic

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Associations have recently carried articles asking school administrators to check their own athletic program to be sure it is on the right track.

Secretary A. F. Bridges of the Tennessee State High School Athletic Association recently published the following editorial which we reprint in its entirety.

"ONE OF THE CHIEF OBJECTIVES of any educational institution should be to give its students a sense of values.

"THE SCHOOL ATHLETIC PROGRAM probably affects the thinking of more students than any other single school activity. Ideas and attitudes acquired by the boys and girls who play and who watch athletic contests usually become a part of the adult personality. Written or spoken words mean little to youth; deeds of those they admire are powerful influences; and somehow despite our carefully chosen words about how to distinguish between what is valuable and what is of little worth, youth has the strange power of discarding what we say and of knowing from what we do, what we really believe is important.

"THE SCHOOL ADMINISTRATOR might profitably ask himself questions like these. Does the handling of the athletic events in my school tend to develop a false sense of values? Do the students feel that the athletic program is the most important activity the school sponsors? Do the graduates of my school prefer to attend a second class university because it happens to have a first class football team? Will their interest as alumni in my school and in the university they attend be confined to insisting that the coach produce a winning football or basketball team? In short, do the students in my school understand that the athletic competition is not the main event in the school program?

"THE COACH might well do some soul searching and ask himself a few questions. Do my players feel that they must win regardless of the way victory may be gained? Am I teaching my players that it is smart to break a regulation or a rule of the game as long as there is a good chance that they will not get caught? Do my players believe that "good guys don't win"? Have I yielded to pressure to play a boy at the risk of physical injury? Are the athletic contests in which my players participate laboratories for teaching youth discourtesy and bad manners?

"OUR COUNTRY NEEDS CITIZENS whose sense of values is true—citizens who know how and who are willing to put first things first. If America is to have such citizens, our educational institution must avoid undermining the very objectives they are created to achieve."

HELMS ATHLETIC FOUNDATION DONATES BASKETBALL TROPHIES

A beautiful silver trophy, 24 inches in height, upon which will be engraved the names of the C. I. F. Basketball Champions, has been presented to the C. I. F., Southern Section by the Helms Athletic Foundation. The trophy is to be lodged at the school winning the award, from the end of the basketball season until June, at which time it will be held at the C. I. F. Office in a suitable display case.

The Championship Basketball Trophy bears the seals of the C. I. F., Southern Section and the Helms Athletic Foundation. Upon the base is a silver plate upon which the winning school's name will be engraved, to serve as a permanent record of champion teams.

Helms Hall has also donated second and third place trophies for the Central Group Basketball Playoffs. Both of these trophies are of silver, bearing the C. I. F. seal, and will become the permanent possession of the teams winning second and third places in the tournament. The Championship team is awarded the C. I. F. Plaque and 12 gold C. I. F. basketballs.

In the absence of Mr. W. R. Bill Schroeder, Managing Director of Helms Hall, the trophies will be presented at the Championship Basketball game at Whittier High School, March 10, by William W. Russell, Commissioner of Athletics for the C. I. F., Southern Section.

SOME IMPORTANT RULINGS FOR SPRING SPORTS

The following rulings are taken from the C. I. F., Southern Section Blue Book, and are printed here as reminders.

1. For those sports in which there is class

competition, no athlete shall be allowed to compete on two class teams in the same sport in the same calendar week. (Note: he would be ineligible in the second contest.)

2. In track and field, in Class B, no boy who runs a 220 yard race may run the 660 yard race or the 1320 yard race, nor may any boy run both the 660 yard race and the 1320. In Class C, no boy is to run both the 100 yard and the 180 yard race. In classes B and C, no boy may compete in more than two events in addition to the relay.

3. National Federation Track and Field Rules shall govern in the C. I. F., Southern Section, except in the relays which shall be run in lanes as far as practical. In all races of 440 yards or more in length, the first 440 yards shall be run in lanes. In ties for field events, points shall be divided.

4. In baseball, no man may coach from first or third base box who is not in uniform and was not named on the certified eligibility list submitted. If a school coach coaches from first or third base box, the game is forfeited.

5. No student may compete on any team other than his high school team, in the same sport or any other sport, during the school season for that particular sport. Any student breaking this rule is disqualified from all branches of high school athletics for the current season.

6. In all tournaments or contests in which high school boys participate as representatives of their high schools, all C. I. F. Rules in regard to eligibility must prevail. Boys who are not members of C. I. F. high schools, or approved high schools, must not be allowed to participate. The sponsoring C. I. F. high school must have the approval of the C. I. F., Southern Section Office for competition with non-members of the C. I. F., Southern Section.

7. Whenever it is shown that a member of any high school team is a member of a high school fraternity, as defined by the State Law, all the games in which that student participated shall be forfeited, and the school may be debarred from further participation in that sport for one year.

CONFIDENCE OR CARELESSNESS?

Officials assigned to contests by the C. I. F. Office have for quite some time been rated on the merit of their work by the coaches of the two teams competing. Most of the coaches mail in their rating cards on Monday following the game, indicating service as preferred, satisfactory, or unsatisfactory; and indicating the official's knowledge and use of good officiating mechanics, as well as the official's attitude toward the schools, coaches, players, and spectators.

Quite often the coaches will make good use of the space provided for constructive remarks, and the C. I. F. Office will pass on constructive suggestions to officials, who in most part are sincerely interested in bettering the calibre of their work.

We recently received a rating card signed by a well-known basketball coach of one of our larger schools, rating two of the outstanding officials which had been assigned to work the first round C. I. F. Basketball Playoff game in which the school was competing. This game was scheduled for March 2. The rating card arrived in the C. I. F. Office on the morning of March 2, postmarked March 1, rating both men as Preferred, attitude was Excellent.

So far we haven't been able to figure out whether mailing the card before the officials worked indicated complete confidence or carelessness. Let's assume it was the former!

PASADENA GAMES SET FOR APRIL 7

The Commissioner of Athletic's Office has approved one more request for a sanctioned event, that being the Pasadena Games set for April 7, 1951, with Muir High School the host school.

1951 SWIM RELAYS

Results of the Swimming Relays

Preliminaries were held Tuesday, February 20

Finals were held Friday, February 23

Place: Whittier High School Plunge

Results:

Class C 6 x 100 Ft. Free Style

1	Whittier	1:46.9
2	El Segundo	
3	Fullerton	
4	Newport	
5	Inglewood	
6	Huntington Beach	

Class B 6 x 100 Ft. Free Style

1	Newport	1:43.1
2	Inglewood	
3	Whittier	
4	El Segundo	
5	Huntington Beach	
6	Fullerton	

Class A 6 x 100 Ft. Free Style

1	El Segundo	1:35.3
2	Black-Foxe	
3	Whittier	
4	San Diego	
5	Beverly Hills	
6	Redlands	

Class C 4 x 100 Ft. Breast Stroke

1	El Segundo	1:29.1
2	Tie Redlands	
2	Tie Whittier	
4	Huntington Beach	
5	Fullerton	
6	Santa Ana	

Class B 4 x 200 Ft. Breast Stroke

1	Huntington Beach	3:13.4
2	El Segundo	
3	Whittier	
4	Inglewood	
5	Jordan	
6	Fullerton	

Class A 4 x 200 Ft. Breast Stroke

1	Black-Foxe	2:55.9
2	El Segundo	
3	Whittier	
4	Beverly Hills	
5	Redlands	
6	Fullerton	

Class C 4 x 100 Ft. Back Stroke

1	Whittier	1:26.8
2	Redlands	
3	Huntington Beach	
4	Inglewood	
5	Fullerton	
6	El Segundo	

Class B 4 x 200 Ft. Back Stroke

1	El Segundo	3:03.8
2	Whittier	
3	Huntington Beach	
4	Fullerton	
5	Downey	

Class A 4 x 200 Back Stroke

1	Black-Foxe	2:51.6
2	El Segundo	
3	Whittier	
4	Redlands	
5	Santa Ana	
6	Fullerton	

Class C 4 x 100 Ft. Free Style

1	Whittier	1:10.8
2	El Segundo	
3	Fullerton	
4	Newport	
5	Redlands	
6	Beverly Hills	

Class B 4 x 200 Ft. Free Style

1	Newport	2:33.4
2	Beverly Hills	
3	Whittier	
4	El Segundo	
5	Jordan	
6	Inglewood	

Class A 4 x 200 Ft. Free Style

1	El Segundo	2:23.9
2	San Diego	
3	Black-Foxe	
4	Whittier	
5	Wilson	
6	Redlands	

Class C 3 x 100 Ft. Medley Relay

1	Redlands	1:01.2
2	Whittier	
3	El Segundo	
4	Fullerton	
5	Huntington Beach	
6	Beverly Hills	

Class B 3 x 200 Ft. Medley Relay

1	Huntington Beach	2:08.1
2	Whittier	
3	El Segundo	
4	Inglewood	
5	Downey	
6	Fullerton	

Class A 3 x 200 Ft. Medley Relay

1	Whittier	1:58.7
2	El Segundo	
3	Redlands	
4	Black-Foxe	
5	Wilson	
6	San Diego	

Scoring

Class C		Class B	
Whittier	60	Whittier	43
El Segundo	43	El Segundo	43
Redlands	35	Huntington Beach	38
Fullerton	31	Newport	28
Huntington Beach	21	Inglewood	23
Newport	12	Fullerton	11
Inglewood	10	Beverly Hills	10
Beverly Hills	3	Jordan	8
		Downey	7

Class A

El Segundo	57
Black-Foxe	51
Whittier	42
Redlands	21
San Diego	17
Beverly Hills	10
Santa Ana	4
Fullerton	4
Wilson	3