

C. I. F., SOUTHERN SECTION MONTHLY BULLETIN

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SNAPPY BASEBALL

Since basketball and football games are run on a time schedule it is within the power of the officials to prevent a game being dragged out over such a long period of time as to weary the spectators. This is not true of baseball. In baseball the umpire can in most cases help in keeping the game moving by urging the players to "make it snappy" yet he can inflict no penalties if a team or a player is inclined to kill time and drag the game out to an unreasonable length.

The coach is the man who can make the game snappy and enjoyable from the spectator's angle, or he can allow it to drag and become tiresome.

Frequently too much time is consumed between innings of a baseball game. Here are some suggested time savers. All fielders should hustle in leaving or going on the field especially those going to the field. The instant the umpire calls the third out the players on the bench should grab their gloves and start for the field on a trot. When they leave the bench one outfielder, one infielder and the pitcher should each take with him a ball for warming up purposes. The warming up should start just as soon as the fielders reach their position. An extra player from the bench should act as substitute catcher while the regular catcher is getting on his protector, shin guards, etc.

When an out is made it is good baseball for the infielders to throw the ball around so that each of them may handle the ball once. This routine if practiced should be snappy and occupy not over thirty seconds of time.

When there is a runner on base it is the pitcher's job to see to it that the runner is not allowed to take too big a lead off of the base. Very frequently a pitcher not well trained in holding runners close to the bag, wastes much time in useless throwing to bases.

The pitcher is often a time waster. He is too long getting on the rubber, getting set for his wind-up and in finally delivering the ball to the batter. We do not believe that spectators enjoy seeing time wasting pitchers perform.

How long should it take to play a good high school baseball game? We would say about thirteen minutes per inning on the average. This would allow one hour and thirty minutes for a seven inning game or about two hours for a nine inning game.

If the baseball coach wants the school and the public to follow his team with interest and enthusiasm he has got to get the game time down to about the figures indicated above.

DIVISIONAL TRACK MEETS

The C. I. F., Southern Section Track and Field Committee held a meeting at the home of Mr. Kinter Hamilton on February 18. Mr. Art Badenoch, Mr. Normal Hayhurst, Mr. Seth F. Van Patten and Mr. Hamilton were present. They met at breakfast at 10:00 A. M.

The breakfast served by Mrs. Hamilton, was super-fine. If we described it in detail you would all want to be appointed to the Track and Field Committee.

The selection of the placer for Divisional Track Meets for Saturday, May 19, was the purpose of the meeting.

The Council, at its meeting on February 3, voted to have one Divisional Meet at the State College Field in San Diego on May 19. All other matters relating to Divisional Meets were left to our Track and Field Committee.

The Committee decided upon three Divisional Meets for May 19 in addition to San Diego. The fields agreed upon are—Inglewood, Puente, and Woodrow Wilson. It was decided not to make assignments of schools and leagues to these Divisional Meets until about May 1. Before assignments are made reports on sprinters and hurdlers will be called for and an attempt will be made to distribute the fast boys among the three meets.

Because of the geographical situation all schools in Imperial and San Diego counties were assigned to the meet at San Diego State College.

A pre divisional meet for May 12 was set for the Oxnard field. A survey of the track and field situation in Inyo, Santa Barbara, San Luis Obispo, and Ventura counties indicated that only a few schools would send boys capable of qualifying to the Finals at Chaffey on May 28.

The records made by boys competing at Oxnard on May 12 will be considered in qualifying boys for the Finals. The top three sprinters and hurdlers may, if they wish, report to Inglewood on May 19 and if they win they will be automatically qualified for the Finals.

The Track and Field Committee will meet again about May 1 to assign schools and leagues to the Divisional Meets, and on May 20 to select those for the Final Meet on May 26 at Chaffey.

The Track and Field Committee directed Mr. Van Patten to secure the use of some of the A. A. U. certified watches and go to Oxnard May 12 and San Diego May 19 and assist with the meets being held.

CALIFORNIA INTERSCHOLASTIC FEDERATION, SOUTHERN SECTION

THE ONEONTA SCHOOL

1955 Fremont Avenue South Pasadena, Calif.
Telephone CLevland 6-2336

H. A. Berlin, Vice-Principal Oxnard High School
President of the Council

Executive Committee

Kinter Hamilton, Principal Harvard School,
President.

B. L. Bergstrom, Principal El Monte High School
Ernest W. Fischer, Principal Chaffey High School

Normal C. Hayhurst, Principal Herbert Hoover
High School (Glendale)

A. R. Veenker, Vice-Principal, Santa Monica
High School

Seth F. Van Patten, Commissioner of Athletics

A WILD-EYED DREAM?

Several thousand Southern California young men, former C. I. F., Southern Section athletes, have fought in the present World War, distributed through all branches of the service and on all of the fighting fronts. A large number of them have given their all and will not return to our Southland.

We doubt not that among the happiest and most thrilling hours of their lives were those when they trained, played, and fought under C. I. F., Southern Section rules.

We firmly believe that these young men wherever they may be after this war is over, would like to know that their sacrifices for their nation were remembered and appreciated. We believe that they would also like to be assured that future generations of high school boys in Southern California would have better chances for athletic development, better opportunities to live the ideals of good sportsmanship than existed in pre-war days.

A living memorial to the C. I. F., Southern Section men who have fought in this war, an inspiration to future generations of C. I. F., Southern Section athletes may be just a dream, a vision.

If the dream, the vision, took the form of a complete athletic plant owned and managed by the C. I. F., Southern Section and at the service of our member schools at all times, would boys who fought through this World War be grateful for such a memorial to their service to the World? Would such a memorial be an inspiration to C. I. F., Southern Section athletes in centuries to come? We think the answer to both questions would be an unqualified "yes".

"How much would it cost?"—Somewhere from \$100,000.00 to \$1,000,000.00. If constructed could it be made to liquidate its cost, Properly managed we think it could.

One per cent (1%) of the gate at all of our athletic contests put into a trust fund for a Living Memorial to C. I. F., Southern Section athletes who fought in this war, would in a few years, build up a fund sufficient to enable the C. I. F., Southern Section to make a proper start.

The first \$10,000.00 will be the hardest to get.

Maybe it's not such a crazy dream after all.

ENCLOSURES

Enclosed is a Baseball Schedule blank. We ask every school to fill out this blank and mail it to the C. I. F., Southern Section Office, 1955 Fremont Avenue, South Pasadena. We need your baseball schedule to answer numerous questions of coaches and officials. We need it to make up our weekly news release that goes each week to twenty-five daily papers and ten radio stations in Southern California.

There is also a blank for your track schedule. We need the track schedule for the same reasons that we need your baseball schedules.

PAY FOR TRACK STARTER AND REFEREE

Group 4—the Burbank, Glendale, Pasadena schools—has decided to pay a fee of \$8.50 for a starter and referee for each of their dual and league meets.

The C. I. F. Office will insist that those who accept appointments attend a conference so as to assure more uniformity in the technique used in starting.

PREVENTION AND HANDLING OF ATHLETIC INJURIES

The announcement printed below came to the C. I. F., Southern Section Office recently. It explains itself. Beverly Hills Evening High School is offering a valuable service to the high schools of its vicinity. We hope that other schools of Southern California may offer a course such as is proposed for Beverly Hills.

ADULT EDUCATION DIVISION BEVERLY HILLS EVENING HIGH SCHOOL

A class in the "Prevention and Handling of Athletic Injuries," designed for the men Physical Education instructors of this vicinity, will be given in the gymnasium of the Beverly Hills High School by Elvin C. Drake, Assistant Track coach and Head Trainer of the University of California at Los Angeles. Mr. Drake's experience in handling intercollegiate athletic teams has been so recent that it enables him to present the most up-to-date techniques developed in co-

operation with the medical consultants at the university. Visits will be made to the training quarters at the University of California at Los Angeles for demonstrations in the use of recommended equipment.

Eight sessions will be held on successive Tuesday evenings from 7 - 10 P. M., the first meeting being scheduled for March 6. Each session will consist of a lecture and demonstration period followed by actual practice in the handling of the more common athletic injuries.

Arrangements have been made for Beverly Hills teachers to receive two units of office credit, which will count toward their next salary increment. Attendance upon these meetings plus the presentation of a paper on some practical phase of the work will be required to get this credit.

The fee for the course will be \$1.00 if 17 or more persons enroll or \$2.00 for a group between 10 and 16. As the actual formation of the class depends on the number interested in attending, a return postal card is enclosed asking your intentions in this respect. An early reply will be appreciated. Persons replying in the affirmative will be sent a detailed list of the topics to be considered.

Arnold A. Bowhay
Director of Adult Education

THE BEVERLY HILLS BASKETBALL TOURNAMENT

The sixteen teams that entered the Beverly Hills Basketball Tournament which was played February 23 and 24 were all good. The four teams that reached the semi-finals were on a par with the best teams in C. I. F., Southern Section history. The officiating was fine. Everything moved with precision. The whole affair was a distinct credit to the Beverly Hills High School and to Mr. Charles Brown who managed the details.

Dick Barnes, 6' 4" center of the Hoover (S.D.) team, was the outstanding performer of the two days of play. He had everything—height, speed, finesse, and fight. There are no substitutes for those qualifications. He scored 36 points for his team in the game against Santa Monica, which is some feat.

Had Hoover (Glendale) and Huntington Beach been in the tournament the champions of the big school leagues would have all been present and the winner would have been a big school champion.

Hoover (S.D.) with two wins in two tries at Beverly Hills has set a fine record. The C. I. F., Southern Section congratulates the team and the school.

MARCH, A BUSY MONTH

An unusual number of invitational track and field events are being staged during the month of March.

March 2 the Fifteenth Annual Brea - Olinda Relay Meet is to be staged at Brea - Olinda High School field. Twenty-nine schools will be represented by about 500 prospective track champions. There are to be nine events, all relays. A race for the small schools and a race for the large schools will be run in each event.

On March 9, El Monte will stage its second annual relay meet. Twelve schools have been invited to compete.

On Thursday, March 15, Excelsior High School is staging the Sixth Annual Relay Meet for the eight schools of Group 5. Thirteen track events and nine field events are on the program.

Friday, March 16, the Compton - Long Beach Group are staging a league relay carnival at Woodrow Wilson High School field. Each of the four schools has invited one guest school to participate. Compton invited Downey, Jordan invited Leuzinger; Polly invited Ingleswood; and W. Wilson invited Beverly Hills. They will stage both track and field events.

On Saturday, March 24, Huntington Beach High School will conduct its Twenty-fourth Annual Southern Counties Track Meet. This meet was started while Dr. Ray D. (Feets) Walker was coaching at Huntington Beach. Mr. M. G. Jones, the present Principal of Huntington Beach was then at the head of the school. This great meet has brought many friends and much prestige to Huntington Beach High School.

WRESTLING CHAMPIONSHIPS

The 1945 C. I. F., Southern Section Wrestling Championships will be conducted at the San Diego Senior High School on Saturday, March 24. Mr. Frank M. Crosby, Chairman of the Department of Physical Education of the San Diego High School, will be general manager in charge of the meet.

The Imperial League is fast becoming the hotbed of wrestling enthusiasm among Southern California high schools. Oklahoma, the wrestling capital of the United States, sent two or three coaches to the Imperial League schools. They are making their influence felt. (No pun intended.)

An entry blank for this tournament is enclosed with this bulletin.

ONE CANNOT ALWAYS BE A HERO
BUT ONE CAN ALWAYS BE A MAN.

ATHLETE'S CREED CONTEST

Do not pass up the chance to win the ten dollar (\$10.00) prize offered for an athlete's creed for use of C.I.F., Southern Section schools. The Council at its meeting on February 3 went all out and offered a second ten dollar (\$10.00) prize for a spectator's creed. **Ten dollars are ten dollars.** The two creeds asked for by our Council should be of great value to our organization in carrying out the ideals upon which it is founded.

Several dozen should be on hand for our Council to pick from when it meets again on May 26, 1945.

BASEBALL TOURNAMENTS

Pomona High School is planning the Pomona Baseball Tournament for March 26 and 27. Sixteen schools will be invited all within 25 to 35 miles from Pomona. Mr. Archie Nisbet will be in charge of the tournament.

Leuzinger High School is staging its first base-

ball tournament on March 29 and 31. They are limiting the tournament to nine schools this year. They have invited the five Bay League schools and the four schools in the Compton-Long Beach Group. George Thompson, Director of Physical Education at Leuzinger High School will manage the tournament.

FOOTBALL GAMES WANTED

Santa Monica High School has three open dates on its football schedule for 1945. September 28; October 5; November 23. Anyone interested should contact Mr. Floyd Mishler, Department Head at Santa Monica High School. Phone Santa Monica 5-3204.

Herbert Hoover High School of Glendale has open dates on October 19 and 26. Contact Coach Marshall (Sparky) Wilson. Telephone Citrus 2-6801.

These schools always field rugged squads and any team that plays either of them will be sure of a thorough working over.

C. I. F., SOUTHERN SECTION TRACK AND FIELD RECORDS

CLASS A

| | | | | |
|----------------------|-------------|------------------|----------------------|------|
| 100 yards | Morris | Huntington Beach | 9.6 | 1940 |
| 220 yards | Morris | Huntington Beach | 20.7 | 1940 |
| 440 yards | Gillette | El Centro | 48.3 | 1933 |
| 880 yards | Knowles | Santa Monica | 1:55.7 | 1941 |
| 1 Mile Run | Zamparini | Torrance | 4:21.2 | 1934 |
| 120 Yd. High Hurdles | Kirkpatrick | El Centro | 14.5 | 1934 |
| 220 Yd. Low Hurdles | Lawrence | Glendale | 23.4 | 1943 |
| 880 Yard Relay | | Manual Arts | 1:27.7 | 1934 |
| Broad Jump | Steele | Hoover (S. D.) | 24' $\frac{3}{4}$ " | 1941 |
| High Jump | LaCava | Beverly Hills | 6' $\frac{6}{2}$ " | 1938 |
| Pole Vault | Smith | Glendale | 13' 4" | 1944 |
| Shot Put | Shipkey | Anaheim | 56' $1\frac{5}{8}$ " | 1942 |

CLASS B

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|---------------------|-----------|------------------|----------------------|------|
| 100 yards | Morris | Huntington Beach | 10.0 | 1937 |
| 220 yards | Yakel | Hoover (S. D.) | 21.6 | 1937 |
| 660 yards | Norris | Bell | 1:24.5 | 1933 |
| 1320 yards | Schuyler | Carpinteria | 3:15.6 | 1934 |
| 70 Yd. High Hurdles | Anderson | El Monte | 9.0 | 1943 |
| 120 Yd. Low Hurdles | Gipson | El Centro | 13.0 | 1935 |
| 660 yards Relay | | El Monte | 1:07.4 | 1939 |
| Broad Jump | Bugbee | El Monte | 23' $4\frac{1}{8}$ " | 1936 |
| High Jump | Tedrow | Santa Ana | 6' $1\frac{3}{4}$ " | 1936 |
| Pole Vault | Vanderhof | South Pasadena | 12' 10" | 1942 |
| Shot Put | Nicholson | Beverly Hills | 53' $4\frac{1}{8}$ " | 1938 |

CLASS C

| | | | | |
|---------------------|----------|------------|-----------------------|------|
| 50 yards | Anderson | Eliot Jr. | 5.5 | 1942 |
| 100 yards | Browning | El Monte | 10.5 | 1938 |
| 660 yards | Kirkland | Long Beach | 1:26.2 | 1944 |
| 120 Yd. Low Hurdles | Browning | El Monte | 13.4 | 1938 |
| 440 yard Relay | | Long Beach | 44.9 | 1937 |
| Broad Jump | Marimoto | Gardena | 21' $11\frac{1}{8}$ " | 1933 |
| High Jump | Groat | Whittier | 5' 11" | 1936 |
| Pole Vault | McArthur | Glendale | 12' $2\frac{1}{8}$ " | 1940 |
| Shot Put | Hillman | Tustin | 54' | 1941 |