



# CIF-SS BULLETIN



VOL. 46 NO. 6

JUNE 1985

## SIX NAMES ADDED TO CIF-SS HALL OF FAME RECOGNITION AWARD LIST

The California Interscholastic Federation Southern Section has added six names to its list of inductees for the Hall of Fame Recognition Award, it was announced by Commissioner of Athletics Ray Plutko. The new recipients will have their names added to the perpetual plaque displayed at the CIF-SS Office, along with 14 original inductees, who were honored last May when the program was initiated.

The 1985 CIF-SS Hall of Fame inductees include: Jack Ameluxen, a multi-sport coach and official who will best be remembered for his tennis teams at Mark Keppel High School in Alhambra; Claude Anderson, a dedicated sportswriter who

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## HALL OF FAME RECOGNITION AWARDS PROGRAM



## CIF-SS' OLDEST AND NEWEST SPONSORS: DR PEPPER & THE CALIFORNIA ANGELS



### DR PEPPER:

Dr Pepper, the first corporate sponsor of the CIF Southern Section, has renewed its sponsorship for yet another year. Dr Pepper Bottling Company of Southern California, now a part of the Coca Cola Bottling Company of Los Angeles, first started supporting CIF-SS high school athletics in 1980. A viable part of Southern California athletics, Dr Pepper underwrites the costs of all the CIF-SS awards programs as well as supplying its popular beverage at CIF-SS championship events. Charlie Seaver, Dr Pepper's Manager of Special Events has always been very supportive of youth athletics.

"The CIF Southern Section and Dr Pepper have grown together these past six years. Being the official soft drink of the Southern Section has increased our exposure to

tomorrow's leaders. Today's athletes receive awards from the CIF-SS with our name on it and hopefully that makes an impact for their future. Dr Pepper is a positive company and we are proud to directly sponsor something as wholesome as high school athletics," said Seaver.

### CALIFORNIA ANGELS:

The California Angels are the newest members of the CIF Southern Section's corporate support program. The Angels were co-sponsors of this year's CIF-SS baseball championships at Anaheim Stadium and Blair Field. The Angels currently lead the Major Leagues in terms of CIF-SS alumni playing on their major league team. Bobby Grich (Long Beach Wilson), Brian Downing (Magnolia), Mike Witt (Servite), Jim Slaton (Antelope Valley), Rob

*(Continued on page 3)*



## COMMISSIONER'S CORNER



### A JOB WELL DONE

It's one or the other . . .  
... old age setting in, or we skipped  
a few months along the way.

Don't look now, but we're about to  
close the books to another school  
year, despite the fact it seems as  
though we just got underway.

Rather than having to choose from  
the above, it would be more appropriate  
in directing our attention to  
you the administrators, athletic directors  
and coaches of our respective schools.

Once again, your efforts and expertise  
on both the personal and professional  
levels have been exemplary in enhancing  
the growth of the interscholastic programs  
within the CIF Southern Section.

Be it as a member of one of the  
advisory committees, representative  
on the Council, the Executive Committee  
or one of the countless volunteers in  
assisting with our championships — it  
was a job well done.

If anything, it's our inability to  
adequately extend our appreciation  
and thank you for your patience at  
times in communicating with our office.

Although it's a little early to anticipate  
the course of events come 1985-86,  
there is one certainty . . .

... we will again be calling on you  
to assist in maintaining the posture  
and leadership associated with the  
CIF Southern Section.

On behalf of the entire CIF-SS  
Office, a tip of the ol' hat in your  
direction.

## MINUTES OF EXECUTIVE COMMITTEE MEETING April 23, 1985

The April meeting of the California Interscholastic Federation, Southern Section Executive Committee was called to order by Chairman Moe Chavez at 10:05 a.m. in the Conference Room at Anaheim Stadium, Tuesday, April 23, 1985. All members were present with the exception of Tony Balsamo.

1. **PRESIDENT'S UPDATE** — President Moe Chavez commended the CIF Southern Section Office Staff for its organization of the winter playoffs and apprised the Committee of the current trend whereby colleges and universities are not only seeking high academic achievers, but those students who have been involved in extra-curricular activities during their high school careers.

2. **COMMISSIONER'S UPDATE** — Commissioner Plutko provided an update on the upcoming May Council meeting; the Hall of Fame awards; problems of conflicting dates in securing major stadiums and arenas for CIF Southern Section championship activities; Olympic surplus funds; staff in-service; and the upcoming Sportsmanship Awards at Dodger Stadium.

3. **BOYS' ATHLETIC DIRECTORS' UPDATE** — Mr. Mike Moropoulos updated the Committee on the various activities of the area athletic directors' associations and the upcoming State Athletic Directors Conference.

4. **GIRLS' ATHLETIC DIRECTORS' UPDATE** — Ms. Sheila Burrud reported on her calls to various women athletic directors which reflected no problems and the excitement being generated by the upcoming CIF-SS spring championship activities.

5. **SUPERINTENDENT'S UPDATE** — Ms. Cynthia Grennan reported on the walk-on coach mandate and an anticipated May adoption by the State Board of Education. She also reviewed a proposed Senate bill seeking all coaches at the secondary level to meet the qualifications of the walk-on coach, and reported on the importance of extra-curricular activities in our secondary schools as the other half of education.

6. **TREASURER'S REPORT** — Bruce Keuning, treasurer, updated the Committee

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## California Interscholastic Federation Southern Section

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Mr. Ray Plutko, Commissioner of Athletics

### Bulletin Editor

Ms. Karen Hellyer, Administrator

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## CHICK, FAUL AND ROSSI AWARDED GOLD LIFE PASS

We are pleased to announce this year's recipients of the Gold Life Pass which were awarded at the CIF-SS Council Meeting on May 19, 1985. They are Vern Chick, Jim Faul, and Larry Rossi.

Vern Chick, prior to his retirement in 1984, had been involved in athletics for the last 35 years. Before coming to California, he served 7 years in Illinois as a head basketball, football, track and baseball coach. For the past 28 years at Inglewood High School, Chick served as head track and basketball, and assistant football coach, including 11 years as Athletic Director. He was active with the CIF-SS as well. Hosting the CIF Track Prelims at Inglewood High School, serving as Ocean League Representative for 5 years, handling playoff supervision at several CIF-SS playoffs, and being a member of the CIF-SS Athletic Administrative Committee round out Chick's accomplishments over the years. He will always be remembered for encouraging his students, both in and out of the classroom, to perform to the best of their ability, display good sportsmanship and to be productive citizens.

Jim Faul has been a teacher, coach and administrator in Southern California secondary schools for over 32 years. Faul was a noted member of the CIF-SS Executive Committee for two terms, 1967-76 and 1976-82. In addition to his duties as a member of the CIF-SS Executive Committee, Faul served as Treasurer of the organization from 1976-82. He was also active as a member of the Releaguings Committee, Season of Sports Committee, Nominating Committee and Playoff Committee. He lent his expertise to the betterment of high school athletics in Southern California as League Representative for 15 years. Up until his retirement, Faul dedicated literally thousands of hours of his personal time providing advancement and quality to the programs of the interscholastic scene.

Larry Rossi began his educational career in 1951 at UCLA, moving 3 years later to the Long Beach Unified School District where he worked as a teacher and administrator until his recent retirement. He was the Moore League Representative to the CIF-SS Council for 17 years and also served on the Eligibility Committee. Referred to by some as "Mr. Blue Book," Rossi will be long remembered for his professionalism, kindness and sensitivity.

Congratulations to these worthy recipients who between the three of them have 100 years of dedication to the field of athletics.

## OLDEST AND NEWEST SPONSORS

(Continued from page 1)

Wilfong (West Covina), Darrell Miller (Ramona), Daryl Sconniers (Fontana), and Craig Gerber (Cajon) all played their high school baseball for Southern Section high schools. In addition, the Angels have Warren grad Rich Bursleson on the disabled list.

John W. Hays, the Angels' Vice President of Marketing explained the relationship this way, "The Southern California area is unique in many ways, one of which is the outstanding high school programs available to local youth. Through our sponsorship of the CIF Southern Section, the California Angels are doing everything we can to support our future ballplayers. On behalf of Gene and Jackie Autry, the Angels salute the the CIF-SS and its 500 high schools and invite all to attend CIF-SS championships and Angel games as well."

Dr Pepper and the California Angels join with the Los Angeles Dodgers, The Finals Swimwear, Ford, Gatorade, Pizza Hut, The Southland Corporation (Adohr Farms & 7-11 Stores), Wilson Sporting Goods Company and the WR Moody Trophy Company in supporting high school athletics throughout the CIF Southern Section's corporate support program.

FALL  
SCHOOL  
PACKETS  
AVAILABLE  
FOR  
PICK-UP  
AT  
CIF-SS  
OFFICE  
AUGUST 21



## SIX NAMES ADDED TO CIF HALL OF FAME

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covered prep sports for 37 years on the staff of the San Bernardino Sun; Sam Cathcart, Santa Barbara High School's highly successful head football coach; Russ Hawk, athletic director and noted basketball coach at Sunny Hills High School in Fullerton; Les Perry, the legendary football, baseball and basketball coach of Webb School in Claremont; and Bill "Smitty" Smitheran, the longtime coach, athletic director and league administrator of Downey High School and the Downey Unified School District.

"The CIF-SS is pleased to honor this outstanding group," noted Plutko. "Their superlative achievements and many years of dedication have contributed greatly to the success and growth of interscholastic athletics in the CIF Southern Section."

The awards will be presented to each of the new inductees at meritorious ceremonies in their local areas.

The CIF-SS initiated the Hall of Fame Recognition Award last year to bring public recognition to the numerous individuals who have contributed greatly to the advancement of interscholastic athletics in the CIF-SS. Until the founding of the award, the only means for the recognition of such individuals was through the Life Pass program, which could only involve a limited number of recipients.

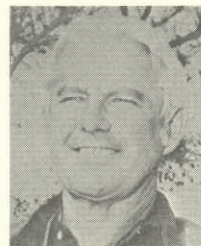
"The Hall of Fame awards were a long time in coming," added Plutko. "Over the course of the 73-year history of the CIF Southern Section, hundreds of individuals have given their professional and personal time in the growth and improvement of the organization. The response and interest generated in the first two years of the program has been overwhelming. That speaks for itself in terms of credit finally being due these deserving recipients."



SOUTHERN SECTION

## 1985 CIF-SS HALL OF FAME AWARDS RECIPIENTS

**JACK W.  
AMELUXEN**



A dedicated leader and major contributor to the development and growth of the fine athletic tradition at Mark Keppel High School in Alhambra, Jack Ameluxen donned many hats during his long and successful coaching tenure. He left his mark as an educator and CIF Southern Section official as well.

During his 24-year coaching career, Ameluxen served as the Aztec mentor in the sports of baseball, basketball, cross country, football, girls and boys tennis and soccer. In addition to his coaching duties, Ameluxen chaired the physical education department for 15 years. In all, he served Mark Keppel High School for 32 years (1950-82).

Born in St. Joseph, Missouri, Ameluxen moved to Southern California as a youth and graduated from Alhambra High School in 1942. Ameluxen continued his education at Whittier College, where he received his bachelors degree in 1950. In 1953, he earned a masters degree from the University of Southern California while employed at Keppel High.

Although he coached on all levels in a broad variety of sports, Ameluxen achieved his greatest success guiding the fortunes of the Aztec varsity tennis team. Under Ameluxen, Keppel collected 14 championships between 1958 and 1982, six in the Pacific League and eight in the Mission Valley League. His team made playoff appearances in each of those years, and in 1966 reached the CIF-SS 4A Division finals before bowing to Santa Monica.

Ameluxen contributed to the betterment of high school athletics as a member of the Southern California Football Officials Association for 25 years. During that period, he became one of the CIF-SS' top officials, participating in several playoff and championship games. In addition, Ameluxen served on the CIF-SS Re-leaguings Committee and was the league secretary for both the Pacific and Mission Valley Leagues.

During his career, Ameluxen was an active member of the California State

Athletic Director's Association, the United States Tennis Association, the California Association of Health, Physical Education and Recreation, the California Football Coaches Association and the Trojan Coaches Club.

**CLAUDE J.  
ANDERSON**



In a career spanning more than three decades, Claude Anderson made extraordinary contributions to the advancement of high school athletics in Southern California as a sportswriter for the San Bernardino Sun.

Throughout his career as a member of the Sun staff, Anderson gave daily recognition and high priority to local high school athletes and teams. Anderson always made sure the important prep contest of the week — regardless of the sport — was a highlight of the Sun sports section. He served the local high schools with an astute insight. His writing was always interesting, entertaining and accurate, and kept in the proper perspective to benefit readers, athletes, coaches and administrators alike.

Anderson further served the CIF-SS and high school athletics as a member of the All-CIF selection board. For 22 consecutive years, he never missed a meeting. He was also an iron-man on the prep grid scene, covering at least one game each weekend of the season for close to 30 years. He was instrumental in the development and success of the San Bernardino-Kiwanis Basketball Tournament, which he covered from its inception for 25 straight years. He also served his community on the selection board for the Ken Hubbs Award, San Bernardino's most prestigious prep sports honor.

Anderson was known as a sports reporter who did his homework regarding the area teams, yet he kept in contact with

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local athletes into their collegiate and professional careers. He has received numerous professional and civic awards; most recently, a plaque and certificate of appreciation from the city of Colton.

Anderson developed a keen interest in athletics as a basketball player at Redlands High School. He went on to attend the University of Redlands, and was a member of two Bulldog cage teams as well, in the 1942-43 season and again in 1946-47. In the years between, Anderson served his country in the armed forces during World War II. He received his bachelors degree from Redlands in 1947. Upon graduation, Anderson began his 37-year career at the Sun.

**SAMUEL W.  
CATHCART**



One of the CIF Southern Section's most successful football coaches ever, Sam Cathcart directed the grid fortunes of Santa Barbara High School from 1955 to 1974. During his 19-year career at the Don helm, Cathcart's teams compiled a record of 134-49-7, a winning percentage of .732.

Although winning the 1960 CIF-SS 4A Championship was the highlight of his career, Santa Barbara's domination of the Channel League during his tenure was even more impressive. Under Cathcart, the Dons collected ten league titles between 1958 and 1970 and posted a league record of 73-18-3 for a winning percentage of .802. Between 1958 and 1964, the Dons compiled a string of 26 straight Channel League wins.

In addition to the CIF-SS championship, Cathcart guided the Dons into the semifinals in 1961 and 1967. Over his career, his teams averaged 24 points per game while allowing their opponents nine. His 1967 squad set a CIF-SS scoring record with 503 points in 12 games, an average of 41.9 per outing.

Santa Barbara's multiple offense and famed spread single-wing attack were

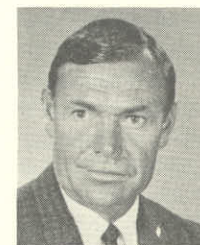
Cathcart's trademark. He was a football innovator who developed a sophisticated approach to coaching, but the aspects of discipline, loyalty, dedication and mental toughness were the foundation on which his football dynasty was built. He is particularly proud of the accomplishments of three of his players: Rod Dowhower, now head coach of the NFL's Indianapolis Colts, Gary K. Hart, a California State Senator, and Sam Cunningham, an All-American fullback at USC and an All-Pro with the New England Patriots.

Cathcart was selected as head coach of the South squad in the 1961 Shrine all-star football game and coached in the inaugural Santa Barbara County All-Star game in 1968. In addition to his football duties, Cathcart tutored the sprinters and hurdlers of the SBHS track team for over 20 years as well.

Born in Canute, Oklahoma, Cathcart moved to Southern California in the early 30's and attended Long Beach Poly High School, where he earned all-league honors in football and track. In 1943 he joined the Army and was a combat infantryman who was both wounded and decorated in World War II. He enrolled at UC Santa Barbara in 1946, where he became an All-CCAA halfback, conference hurdles champ and divisional boxing titlist. From 1949-53 he played both offensive and defensive halfback for the San Francisco 49ers.

Cathcart is a member of both the UCSB Gaucha Hall of Fame and the Santa Barbara Athletic Roundtable Hall of Fame. His teaching career at Santa Barbara High School spanned 30 years before his retirement in 1984.

**RUSSELL J.  
HAWK**



A man who devoted 34 years toward excellence in education and athletics, Russ Hawk left his mark as an outstanding teacher, athletic director, department chairman and most notably, a highly successful basketball coach at Fullerton's Sunny Hills High School.

Hawk, who came to Sunny Hills in

1959, proceeded to produce a number of sparkling basketball teams and players. Under Hawk, the Lancers won six Freeway League championships and participated in the CIF-SS playoffs seven times. He compiled an outstanding lifetime record of 246-150 at the Lancer helm, a winning percentage of .621.

In 1969, his team reached the 4A Division finals before bowing to powerful defending-champion Compton, 59-55 in a memorable contest at the Los Angeles Sports Arena. The game marked Compton's record-breaking 62nd straight win, yet Coach Hawk's Lancers took it down to the wire, coming from behind to tie the score at 54 with less than a minute to play. Sunny Hills finished that '69 campaign with a stellar record of 23-4, two of the losses coming at the hands of the Tarbabes. Hawk guided his team to the CIF-SS 4A semifinals in 1968 and the quarterfinals in 1966 and 1967.

In addition to his outstanding success on the basketball court, Hawk served in a number of other coaching roles at Sunny Hills, including football, track and field, golf and cross country. In addition, Hawk lent his administrative expertise as the Sunny Hills Athletic Director for nine years, and was the Physical Education Department Chairman for four years.

Hawk was also a member of the CIF-SS Golf Advisory Committee and served as the championship tournament director for six years. He was an active member of the National Education Association and California Teachers Association as well as the California Athletic Directors Association, National Athletic Directors Association, California Coaches Association and CAPHER.

Born in Medford, Oregon, Hawk was an outstanding prep athlete at Ashland High School. He went on to the University of Oregon, where he earned both his bachelors and masters degrees. Before taking his position at Sunny Hills, Hawk coached football and baseball at Rogue River (OR) High School from 1950-53 and was the head football, basketball and track coach as well as athletic director at Douglas High School in Winston Oregon.

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**LESLIE H. PERRY**



A legendary coach who, without question, was the single person responsible for building the outstanding athletic reputation of Webb School in Claremont. Les Perry will long be remembered for his dedication, enthusiasm and loyalty to an institution and its young men.

Perry was the athletic director and coach at Webb for 28 years, directing the Gauls' fortunes in football, baseball, basketball and tennis. But it was his success on the gridiron that stands out most over his long and illustrious career. During his tenure as the football coach, which began in 1946 and lasted until 1975, Perry guided Webb to a record of 165 victories, 45 losses and two ties. His teams won seven Arrowhead League championships at the varsity level.

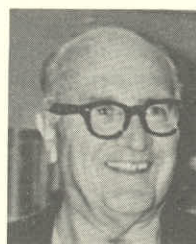
Between 1953 and 1957 his teams won 29 straight games, but never entered the CIF-SS playoffs, due to the strict academic policies of a school administration which Perry was a strong and loyal supporter. In 1963 the rule was changed, and Perry proceeded to reach the small schools division semifinals twice. He was known as one of the last proponents of the single wing and affectionately referred to as "the old master." He never had more than one assistant coach but his teams were well known for sound fundamentals and excellent preparation.

As the Director of Athletics, Perry prided himself on the fact that over 85 percent of the students at Webb competed in at least one interscholastic sport. In addition to his athletic duties, Perry served as Dean of Faculty and Deputy Headmaster. He was also in charge of transportation and was the school's link to the kitchen, a major responsibility in a boys' boarding school. Les also worked closely with the Women's Affiliates in raising funds for the school and has helped in raising funds for the new gymnasium, which is to be named in his honor.

Born in Illinois, Perry was a 1929 graduate of Wheaton (IL) High School. He attended Pomona College in Clare-

mont, where he earned Little All-America honors as a quarterback. He was later elected president of the Pomona Alumni Association. After playing semi-professional football in San Diego, he entered the Army as a physical training officer in 1942 and following wartime service, took his position at Webb School.

**WILLIAM H. SMITHERAN**



William H. "Smitty" Smitheran, an educator, coach and athletic administrator at Downey High School from 1943 to 1971, was a true pioneer and major contributor to the development and expansion of high school athletics in Southern California and the CIF Southern Section.

Smitheran began his career at Downey as the head football, basketball and track coach. In 1945, he directed the Viking grid squad to a CIF-SS championship, the school's first in any sport. Under Smitheran, Downey won 18 straight games during the 1945 and 1946 seasons and his championship team had three All-CIF players on it.

In 1954, Smitheran became the Director of Athletics for the Downey Unified School District, which included Downey and Warren High Schools as well as five junior highs. Under his administration, Downey became known as a swimming and water polo power, winning several league and CIF-SS titles. In 1957 and 1958, Downey also won a pair of CIF-SS major division football titles with Smitheran overseeing the athletic program. In addition, Downey High School won more Moore League "Iron Man" trophies than any member school while Smitheran was at the helm of the athletic department.

During his years as Director of Athletics, Smitheran was called upon to assist in the founding of the Harry J. Moore League, one of the most successful and well known leagues in the CIF-SS. Smitheran helped to write the Moore League constitution and served as its first secretary. He was also secretary of the Coast League and served on several CIF-SS

athletic committees under Commissioner Ken Fagans. In 1970, he was awarded the Moore League Meritorious Service Award.

Smitheran was also responsible for bringing outstanding coaches onto the staff at Downey. Jim Stangeland, Dick Hill, Rollie Eilerts and Gus Headington all won CIF-SS football championships and went on to significant college coaching positions. John Kasser, who later became the Athletic Director at the University of Houston and Long Beach State, headed the Downey basketball program under Smitheran.

Born in Globe, Arizona, Smitheran moved to Southern California as a youth and attended Long Beach Wilson High School, where he enjoyed a highly successful athletic career. He was Wilson's first three-sport varsity letterman (football, basketball and track) and was subsequently elected to the school's Athletic Hall of Fame. He went on to Arizona State University, where he captained the varsity football team, was an all-conference fullback and Most Valuable Senior Player. He was also an outstanding member of the track team as well as a heavyweight boxing champ at ASU.

### ★★★ ATTENTION COACHES UPCOMING CLINICS

#### JUNE 16-19

1985 Cramer Athletic Trainers  
Workshop  
Fresno State University

#### JUNE 22 - JULY 5

11th Hawaii Physical Education &  
Athletics Workshop. Contact: Brigham  
Young University - Hawaii Campus,  
Continuing Education, Box 1963, 55-  
220 Kulanui Street, Laie, Hawaii 96762.

#### DECEMBER 15-18

National Athletic Directors Conference. Registration materials will be available on September 1 and will automatically be sent to all NIAAA members, as well as recent National Conference attendees. Any athletic administrator who does not fall into these two groups may secure registration materials by contacting the National Federation at P.O. Box 20626, Kansas City, Missouri 64195; or phone (816) 464-5400.

## SPORTS AND THE COURTS: To Be or Not to Be - That Is the (Legal) Question

There's a new opponent on everyone's athletic schedule these days. It's not an opponent stocked with 7'3" power forwards or 240-pound halfbacks. It's an adversary every coach should be preparing for with the same intensity one brings to any "big game."

Shakespeare wasn't thinking about athletics when he penned his famous soliloquy and he certainly wasn't thinking about ways to avoid lawsuits. Every person, however, who presently blows a whistle at athletic practice in our present litigation minded society had better do just that!

Lawsuits, once almost unknown in the athletic world, have reached staggering proportions. If you are not aware of the litigation problem, you are either very lucky or do not coach on this planet.

The purpose of this article is twofold: 1) to make you aware of your legal responsibilities and, 2) to suggest ways in which you can "Be" a prudent safety minded coach as opposed to a "Not To Be" prudent coach. If you choose the latter, there will be no "Question" about placing yourself in legal jeopardy.

There are things every coach should be doing to avoid joining the growing list of colleagues being named in lawsuits. In a sense this is a game plan - a defensive game plan. A plan to keep every coach on the field and out of the witness box. Ultimately, these suggestions will decrease sport injuries - that alone is paramount. It's a major part, if not THE major part of a coach's job.

This is not a course in law. It is not offered as a discourse on the pros and cons of our legal system. It will not concern itself with the many other legal questions in athletics. It is a primer for every coach who wants to know more about his legal responsibilities as they relate to injuries in athletics.

Foremost, recognize there is a greater potential of being sued in your role as a coach than ever before in athletic history. Like it or not, it is a new ball game. It doesn't matter if you think this is or is not just, if it makes you mad or what you might wish to call lawyers - litigation in athletics is a fact!

Now, if you just thought to yourself, "None of my players would ever sue me!" this article is really for you.

Second, obtain additional information about the legal issues in athletics. Attend that workshop dealing with sport and law. Review the growing list of films and video cassettes dealing with this subject. Ask your school's insurance carrier and/or legal counsel to speak to the entire coaching staff. Read those articles starting to appear about the coach's legal responsibilities - especially this one! Don't wait to become informed after a lawsuit hits your school system.

Coaches become part of a lawsuit because of some type of breach of duty. That is to say, the coach was negligent in some way that caused unnecessary harm to another individual under his/her care. The coach did not act as one would expect a reasonable prudent individual to act. In this case, we are talking about a reasonable prudent coach. Another term for a reasonable prudent coach is a coach with "common sense," i.e., one who always placed the health and welfare of each player in his charge first at all times.

It's very important to understand how the courts view the duties of a "common sense" reasonable prudent coach:

1. A coach should WARN the athlete about the potential dangers of the activity. Those warning labels on football helmets, pieces of gymnastic equipment, you name it, are not enough. You must tell your players about the possible negative aspects of participation - namely injuries.

The duty to warn a player about the potential hazards of athletics seems to be an untenable position for many coaches. "Kids know they can get hurt," is the often spoken retort. Some coaches regard the duty to warn a deterrent to their program. "Do you want to scare kids away from sports?" a coach will ask.

One's personal opinion is of little consequence. The court says to be considered a reasonable prudent coach, you must warn the players about the potential risks - period.

This issue should not raise the ire it seems to do among coaches. To tell a player what to do, how to do it, and why to do it has always been the sign of quality coaching. The WHY of coaching can and should include warnings as to what can happen when one doesn't follow proper instruction. The best informed athlete is usually the best athlete.

2. A coach must SUPERVISE. The lack of supervision, that is being present, is the most obvious and also most often-cited reason for suing a coach. Don't take the chance of leaving your players on the court or diamond to answer a phone call. You will not be able to prevent every accident just by being present, nor even a lawsuit. Being present, however, makes a great difference in a court of law. Supervision is tied into a term called "foreseeable." Is it "foreseeable" there is a greater danger at a swimming pool without a lifeguard? You had better believe it.

It is also important to recognize being on duty doesn't mean you are acting in a supervisory capacity. Leaving the free weight door open for your players while you do some paper work is not supervision. Also remember, supervision is not limited to the practice area. It includes the locker room, the motel on away trips and the bus ride.

About two years ago, I listened to three lifeguards, all assigned to supervise a pool at the same time, try to explain why each was absent from the pool at the same time with a pool full of people. They were not successful.

3. A coach must properly PREPARE AND CONDITION the athlete. Physical conditioning of your players generally and specifically for the sport they will play is basic - basic common sense and basic legally. It would be difficult to justify a program in wrestling that did not include neck developing exercises. Starting cross country practice with a required 10-mile run would also raise questions about the reasonableness of the coach. Start slow and progress. Always include a warm-up period before full participation.

4. A coach must offer proper INSTRUCTION. The football coach who does not teach the proper techniques of tackling in a progressive manner would be considered negligent. You must not only teach what to do, you must also teach what not to do. My work led me to review a case in which a youngster was seriously injured in a wrestling bout which was part of an out-of-season football conditioning program. While the coach knew football, he had no experience in wrestling. He never taught the injured boy a single wrestling skill. Had the

(Continued on page 9)



SURVEY REVEALS CIF-SS STUDENT PARTICIPATION LEVEL AT 36.9%

More than one-third of the total number of students enrolled at California Interscholastic Federation Southern Section member schools are participating in athletic programs, according to a survey conducted on 1983-84 levels.

Results revealed a grand total of 181,389 students participated in 5,806 athletic programs at CIF-SS schools last year. The survey was based on a total of 436 schools, which did not include the member junior high schools of the CIF-SS. Latest enrollment figures of CIF-SS high schools total slightly less than 492,000 students.

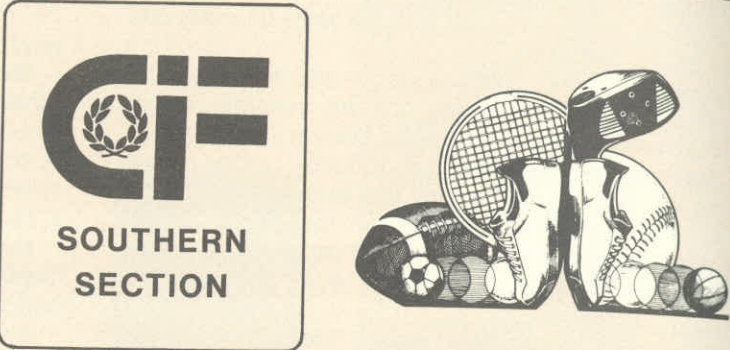
"The figures arrived at in this survey represent a graphic illustration of the high interest level in our schools' athletic programs," noted CIF-SS Commissioner Ray Plutko. "The athletic participation survey clearly shows that well over one-third of the students at our member schools are involved in some type of athletic program. When you add in related school activity programs such as band, drill team and pep squad, the participation level is closer to half of the total student enrollment."

In boys' athletics, football participants more than doubled the level of the next most popular CIF-SS sport with 32,363 youngsters taking to the gridiron. In addition, 918 student-athletes played on eight-man football teams, pushing the total number of participants in the sport to 33,281. Track and Field ranked second on the participation list with a total of 15,738 athletes, followed by basketball with 14,774, baseball with 14,528, soccer with 10,242, wrestling with 7,930, cross country with 6,814, tennis with 5,522, swimming with 5,299 and water polo with 4,177 to round out the top ten.

The most popular girls' sport is volleyball, according to the survey, with 9,620 participants. Softball ranked second with 9,515 followed by basketball with 8,659, track and field with 8,440, tennis with 5,591, swimming with 5,395, cross country with 3,737, soccer with 3,566, co-ed badminton with 1,237 girl participants and gymnastics with 970 completing the top ten.

Of the grand participation total, CIF-SS schools had 124,096 boys and 57,293 girls competing in the various sports during the 1983-84 school year.

(Continued on page 12)



BOYS				
SPORT PARTICIPATION			SCHOOLS OFFERING SPORT	
Rank	Sport	Students	Sport	Schools
1.	Football	32,363	Basketball	403
2.	Track & Field	15,738	Baseball	382
3.	Basketball	14,774	Football	355
4.	Baseball	14,528	Track & Field	326
5.	Soccer	10,242	Cross Country	314
6.	Wrestling	7,930	Soccer	277
7.	Cross Country	6,814	Tennis	266
8.	Tennis	5,522	Wrestling	221
9.	Swimming	5,299	Swimming	203
10.	Water Polo	4,177	Golf	196
11.	Golf	2,527	Water Polo	146
12.	Volleyball	1,839	Volleyball	69
13.	Co-ed Badminton	1,197	Co-ed Badminton	68
14.	Gymnastics	131	Gymnastics	6
15.	Skiing	97	Skiing	5
TOTAL		124,096	3,237	

GIRLS				
SPORT PARTICIPATION			SCHOOLS OFFERING SPORT	
Rank	Sport	Students	Sport	Schools
1.	Volleyball	9,620	Volleyball	382
2.	Softball	9,515	Basketball	380
3.	Basketball	8,659	Softball	372
4.	Track & Field	8,440	Track & Field	312
5.	Tennis	5,591	Cross Country	284
6.	Swimming	5,395	Tennis	280
7.	Cross Country	3,737	Swimming	212
8.	Soccer	3,566	Soccer	160
9.	Co-ed Badminton	1,237	Co-ed Badminton	68
10.	Gymnastics	970	Golf	49
11.	Field Hockey	576	Gymnastics	44
12.	Skiing	93	Field Hockey	21
13.	Golf	74	Skiing	5
TOTAL		57,293	2,569	

MINUTES OF EXECUTIVE COMMITTEE MEETING

(Continued from page 2)

on the current 1984-85 working budget and reviewed background information relative to the 1985-86 working budget which will be voted on by the Council at the May CIF Southern Section Council meeting.

7. STATE FEDERATED COUNCIL REPORT - The following items which relate to the CIF Southern Section were reviewed:

(A) CATASTROPHIC INSURANCE: The Committee was made aware of a catastrophic insurance package being made available to member schools throughout the State by direct contact through the Ruedlinger Company.

(B) HARDSHIP DEFINITION: Dr. Robert Packer reviewed a State proposal regarding a definition of hardship to be incorporated in the CIF Constitution and By-laws. Following discussion, it was moved, seconded and passed to direct the CIF Southern Section delegates to the State Federated Council to support the proposal.

(C) STATE BY-LAW 703: Administrator Dean Crowley reviewed a recommendation from the State CIF Executive Committee recommending the deletion of By-law 703 which regulates team travel more than 500 miles one way to one per school per year. Following discussion, it was moved, seconded and passed to direct the CIF Southern Section delegates to the State Federated Council to support this recommendation.

(D) STATE VOLLEYBALL PROPOSAL: Karen Hellyer, Administrator, reviewed proposed playing date changes in the format for the State Volleyball Championships for the 1985-86 school year. Following discussion, it was moved, seconded and passed to direct the CIF Southern Section delegates to the State Federated Council to support alternative #2, which calls for a Tuesday opening date.

8. LEGAL UPDATE - Mr. Andy Patterson, CIF-SS attorney, and Bill Clark, Administrator, reviewed a study relating to officials and officials' organizations in the CIF Southern Section. Concerns discussed were accountability of officials; standardization for qualification of officials; assignment of officials; standardization of officials' unit structure; and the recruitment of officials. Following discussion, it was the decision to appoint an ad hoc committee to further explore the main points and alternative directions possible.

9. EL MONTE HIGH SCHOOL CORRESPONDENCE - Commissioner Plutko reviewed with the Committee correspondence from El Monte High School dealing with the transfer students and their eligibility status for a complete season of sport and sectional playoff activities. In that there was no violation of State and Section rules, and they also provide only one complete season a school year, it was the decision of the Committee no action was required on this matter.

10. OFFICIALS AND SOCIAL SECURITY FILING - Mr. Pat Mauch reviewed concerns of the Chaffey Joint Union High School District relative to the IRS requirement of reporting income in excess of \$600 of independent contractors. Following discussion, the Executive Committee directed the question referred to the CIF-SS Officials' Advisory Committee to determine alternative measures in order to assist school districts in meeting the regulations.

11. CATE/THACHER/VILLANOVA PREP FALL SOCCER APPEAL - Mr. John P. McLeod, Headmaster, Cate School; Mr. Frank Griffin, AD, Cate School; Mr. Willard G. Wyman, Headmaster, Thacher School; Mr. Peter Griffin, Thacher School; Brother Gerald Watt, Headmaster, Villanova Prep, presented an appeal to the Executive Committee pertaining to their boys' soccer program. Following discussion, it was moved, seconded and passed to approve the request with the following conditions:

- (1) Approve on a two-year basis only, coinciding with the CIF Southern Section fall season of sport;
- (2) Eligibility waiver forms be im-

plemented for all students participating;

(3) The schools involved conduct a study as to alternate sport offerings which could be incorporated for the fall season of sport;

(4) Written permission secured from the CIF Southern Section Office for participation with any non-member school;

(5) The schools compete on a free lance basis only.

12. CALENDAR FOR 1985-86 - The calendar meeting dates for 1985-86 were approved as submitted.

13. CORPORATE COMMUNICATION - Commissioner Plutko outlined a program for on-going communication with our corporate sponsors by members of the CIF Southern Section Executive Committee.

14. POSTAL RATES - Ms. Hellyer, Administrator, reviewed with the Committee information relative to a proposed increase in postal rates for non-profit organizations.

15. NEW MEMBER SCHOOL - It was moved, seconded and passed to approve the membership of PANORAMA CHRISTIAN SCHOOL OF YUCAIPA, effective with the 1985-86 school term.

There being no further business to come before the Executive Committee, the meeting was adjourned at 4:20 p.m.

Respectfully submitted,  
DEAN CROWLEY  
Administrator

Approved by:  
RAY PLUTKO  
Commissioner of Athletics

SPORTS AND THE COURTS (Continued from page 7)

case not been settled out of court, the coach would have been hard pressed to defend himself.

5. The coach must offer proper and SAFE FACILITIES AND EQUIPMENT. A coach needs to check and re-check everything that will be used by his or her players. If one must cut costs, never cut back on quality equipment and facilities.

So much for what one may call the five major duties of a coach. The breach of any one of these duties could mean a need to end practice early - so you can meet with the school's defense lawyer.

The following points are offered in no specific order of importance. They are all important and worth reviewing:

1. I firmly believe every coach can maintain a solid, strive to do your best, educationally-sound and winning program without the old "play with pain - win at all cost" attitude. Why do we still describe drills in such macho terms as "Hamburger," "Nutcracker," "Suicides" and my favorite, "Bloody Alley." Try to justify a drill in which a player was seriously hurt by the name of "Bloody Alley!" Tradition or not, terms like that do not help coaches.

2. When communicating your philosophy to the administration, make sure you include your position on the importance of a safety first program. Let everyone know from the start you are a coach of kids. Their education and welfare are your primary responsibility. You can have such goals and win. If your athletic advisory board has a different perspective about the role of the athletic program, you have some hard decisions to make.

(Continued on page 10)



3. Have a certified trainer. If you don't have one, stop reading this article and start yelling for one. There may come a time when a school will be considered negligent simply because it did not have a trainer.

Once you have a trainer, give him/her the power, the prestige and the time to do the job. Don't give the trainer a full teaching load or a teaching job. Most important, let everyone know the trainer is the "boss" when it comes to matters pertaining to the health and safety of the players. The trainer's opinion is second only to the team doctor. Oh, yes, you should have a team doctor - one who works in concert throughout the year with the trainer. The athletic trainer is probably your best form of insurance against possible litigation.

4. Require permission and/or waiver forms for participation if your school has a traditional, non-compulsory, after-school athletic program. Some suggest such forms do little to prevent litigation. Regardless, the procedure has public relations value and indicates you are aware.

5. Require physical examinations for all participants.

6. Attend clinics specifically related to safety on the same basis as you do the more traditional athletic clinics.

Ask the athletic trainer to hold at least a yearly first aid clinic for all coaches. This could also be the time to review the coaches' legal obligations and distribute any written policy statements. Writing things down is a sure indication to a court you are a concerned professional.

I would also suggest developing a wallet size emergency card to be carried by every coach.

7. Don't just develop a safety checklist for your program. Once you do so - USE IT! UPDATE IT! How many committees have you worked on that after completion of the project, file the results away - never to be seen or utilized again.

8. When you think about public relations, think about presenting what you do for players in regard to safety. You'll make a lot of friends among your players' parents.

9. Work at improving yourself. This is obvious, but it does have additional implications in regard to the subject at hand. Striving to improve the safety features of your program indicates you are a reasonable prudent professional.

(Continued on page 12)

## CIF SOUTHERN SECTION MEETING DATES 1985-86

DAY	DATE	TYPE
Saturday	Aug. 24	Executive Committee
Thursday	Sept. 26	CIF-SS Council
Tuesday	Oct. 1	New Athletic Director Orientation
Thursday	Oct. 3	New Principal Orientation
Monday	Oct. 14	Athletic Administrators Symposium
Thurs.-Sat.	Oct. 17-19	National Federation Region 7-8
Wednesday	Oct. 23	Executive Committee
Fri.-Sat.	Oct. 25-26	State Federated Council
Thursday	Dec. 5	Executive Committee
Mon.-Thurs.	Jan. 6-9	National Federation Winter Meeting
Saturday	Jan. 18	Executive Committee
Thursday	Jan. 23	CIF-SS Council
Fri.-Sat.	Jan. 31 - Feb. 1	State Federated Council
Thursday	Feb. 20	Executive Committee
Thursday	Mar. 20	CIF-SS Council
Tuesday*	April 15	Superintendent / Board Member Symposium
Thursday*	April 17	Executive Committee
Fri.-Sat.	May 2-3	State Federated Council
Thursday	May 8	CIF-SS Council
Saturday*	June 21	Executive Committee
Sun.-Thurs.	Jun. 29 - Jul. 3	National Federation Meeting

\*Tentative Dates



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## 1985-86 CIF-SS SPORTS CALENDAR

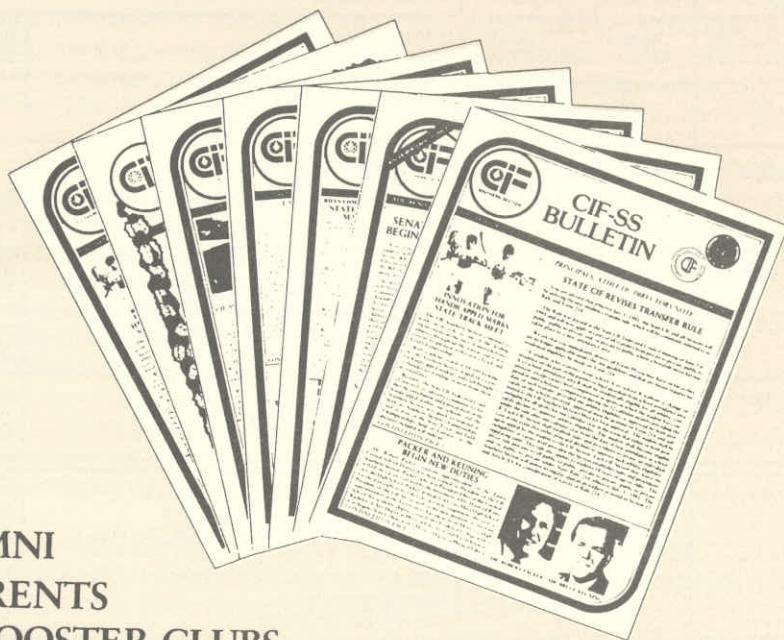
Sport	Practice Begins	First Scrimmage	Date First Contest	Date Last Contest	Number of Scrimmages	Number of Contests	CIF-SS Prelims	CIF-SS Finals
Football	Aug. 26†	Sept. 12	Sept. 12	Nov. 16	0 or 1*	9 or 10*	8-Man - Nov. 15, 22 Conf. - Nov. 22, 29, Dec. 6	Nov. 29 Dec. 13 & 14
Boys' & Girls' Cross Country	Sept. 2	N/A	Sept. 6	Nov. 2	0	11	Nov. 9	Nov. 16
Girls' Tennis	Sept. 2	Sept. 5	Sept. 6	Nov. 9	1	20	League Qualifying - Ind. - Nov. 11, 12, 13 Team - Nov. 14, 16, 19, 21 Ind. Sectionals - Nov. 23	Nov. 26 Dec. 5-6
Girls' Volleyball	Sept. 2	Sept. 5	Sept. 6	Nov. 2	1	20	5A - Nov. 7, 12, 14 3A and SS - Nov. 6, 8, 12, 14 4A, 2A, and 1A - Nov. 7, 9, 12, 14 State Regionals - Nov. 26, 30, Dec. 2 State Finals	Nov. 16 Nov. 16 Nov. 16 TBA Dec. 7
Water Polo	Sept. 2	Sept. 5	Sept. 6	Nov. 2	1	18	4A - Nov. 8, 12, 15 3A - Nov. 7, 9, 12, 15 2A - Nov. 6, 8, 12	Nov. 22 Nov. 22 Nov. 22
Boys' & Girls' Basketball	Nov. 4	Nov. 16	Dec. 2	Feb. 15	1	20	BOYS - 5A - Feb. 21, 28; Mar. 5-6 4A - Feb. 21, 25, 28; Mar. 5-6 3A, 2A, and SS - Feb. 21, 25, 28; Mar. 4 1A - Feb. 21, 28; Mar. 4 GIRLS - All Divisions - Feb. 22, 26; Mar. 1, 4 State Regionals State Championships	Mar. 8 Mar. 8 Mar. 8 Mar. 8 Mar. 7-8 TBA Mar. 22
Boys' & Girls' Soccer	Nov. 4	Nov. 16	Dec. 2	Feb. 15	0 or 1*	18 or 19*	BOYS - 4A and 2A - Feb. 20, 25, 28; Mar. 4 3A - Feb. 21, 25, 28; Mar. 4 1A - Feb. 21, 26; Mar. 4 GIRLS - 4A and 2A - Feb. 21, 26; Mar. 4 3A - Feb. 20, 25, 28; Mar. 4	Mar. 7-8 Mar. 7-8 Mar. 7-8 Mar. 7-8 Mar. 7-8
Field Hockey	Nov. 4	Nov. 16	Dec. 2	Feb. 8	1	20	NO PLAYOFFS (Rule 2900.1)	No Playoffs
Wrestling	Nov. 4	N/A	Nov. 23	Feb. 15	0	18	Sectionals - Feb. 21 Masters - No Prelims State	Feb. 22 Mar. 1 Mar. 7-8
Baseball	Feb. 10	Feb. 21	Feb. 24	May 10	1	20	All Divisions - May 16, 20, 23, 27	May 31**
Badminton	Feb. 17	N/A	Feb. 24	Apr. 26	0	16	Team - May 2, 6, 8 Ind. - May 9	May 14-15 May 10
Golf	Feb. 10	N/A	Feb. 17	May 3	0	18	Ind. - No Prelims Team - May 12 CIF-SCGA	May 5 May 19 June 2
Gymnastics	Feb. 17	N/A	Feb. 24	May 3	0	12	BOYS - NO PLAYOFFS (Rule 2900.1) GIRLS - NO TEAM PLAYOFFS (Rule 2900.1) Ind. - May 10	No Playoffs No Playoffs May 17
Softball	Feb. 10	Feb. 21	Feb. 24	May 10	1	20	4A, 1A and SS - May 15, 20, 22, 27 3A and 2A - May 16, 21, 23, 27	May 30-31 May 30-31
Boys' & Girls' Swimming & Diving	Feb. 10	N/A	Feb. 20	May 3	0	12	4A - May 6 3A - May 7 2A - May 8	May 9 May 10 May 10
Boys' Tennis	Feb. 10	Feb. 15	Feb. 20	May 3	1	20	League Qualifying - Ind. - May 5, 6, 7 Team - May 13, 16, 20, 22 Ind. Sectionals - May 17	May 28 May 23-24
Boys' & Girls' Track & Field	Feb. 10	N/A	Feb. 20	May 10	0	13	4A - May 16 3A, 2A and 1A - May 17 Masters - No Prelims State Meet - June 6	May 24 May 24 May 30 June 7
Boys' Volleyball	Feb. 17	Feb. 22	Feb. 24	Apr. 26	1	20	4A and 3A - May 1, 3, 6	May 10

NOTATIONS: \*Scrimmage or game optional \*\*Tentative date †Conditioning Aug. 26-28

PLEASE NOTE: The column which lists the date for the last possible contest is to include all league qualifying meets as well as non-league contests. (Individual Tennis qualifying tournaments excepted).



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## SPORTS AND THE COURTS

(Continued from page 10)

10. Look for possible problems before you start. Prior to each practice, ask yourself "Have I done everything possible to offer my kids the best and safest practice experience possible?" It's a matter of continual commitment.

11. Budget for safety just as you budget for new uniforms. A field covered with rocks needs correcting long before spending money on championship jackets. Let the board know you want this or that because it's safety related.

12. Whatever ideas you institute to lower the possibilities of being sued, you will only have success if you are committed to safety in the very same way you are committed to winning. Yes, coach, everything is really a matter of attitude. This commitment helps you stay out of litigation and keeps kids out of the hospital.

Regardless of how many of the aforementioned suggestions you follow, there will always be the potential of a lawsuit. You can, however, appreciably minimize that potential.

The first step is to start "To Be" a safety first, last and always, coach rather than a "Not To Be" coach. That is the answer to the "Question."

(Reprinted from the Interscholastic Athletic Administration, Spring '85 issue, by Richard P. Borkowski)

## SURVEY REVEALS

(Continued from page 8)

"The real significance of these figures is that a great number of our young people are receiving the positive experience high school activities can offer," added Plutko. "We are certainly encouraged by the results of the survey, but hope to see even greater participation levels in the future."

Also included in the survey was the number of member schools offering programs in each particular sport. The results showed that basketball programs were the most popular among boys sports, with 403 schools fielding teams, followed by baseball with 382, football with 355 (312 11-man, 43 8-man), track and field with 326, and cross country with 314. The survey showed a total of 3,237 boys sports programs offered at CIF-SS schools last year.

Volleyball topped the list for girls' sports programs offered with 382, followed by basketball with 380, softball with 372, track and field with 312 and cross country with 284. There were a total of 2,569 girls' sports programs offered among CIF-SS schools, according to survey results.