



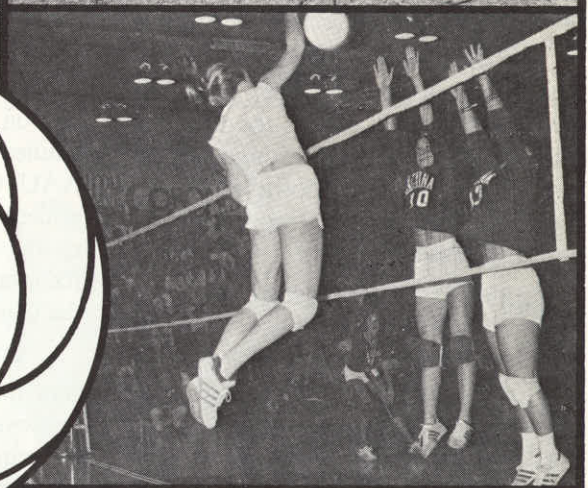
SOUTHERN SECTION

# MONTHLY BULLETIN

VOLUME 40

JANUARY, 1977

No. 5

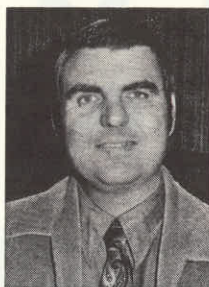


CONGRATULATIONS  
LOS ALTOS HIGH SCHOOL  
1976 CIF-SS 4A  
FOOTBALL CHAMPION





## COMMISSIONER'S CORNER



T. E. BYRNES

### PROFESSIONAL INTEGRITY

Recently, several of our member schools have had the problem of forfeiting athletic contests and depriving, in some instances, their teams the opportunity for participation in Southern Section playoffs.

This is indeed a most unfortunate occurrence, but one which all schools, regardless of the precautions taken, will be faced with at one time or another.

In a dark picture, of course, there is sometimes a bright side, and the bright side in this case is the fact that the schools involved, without exception, discovered their own error and made the necessary arrangements to report themselves.

In this column we have long expressed the point that this is generally a self-enforcing organization insofar as our rules and regulations are concerned. This Section does not have the logistical capability to engage in long term surveillance from its central office of all the athletic activities within our member schools. Therefore, it is heavily dependent upon the professional integrity of the administrators and coaches within this Section to maintain the standards of the organization.

In general, the Section has not been disappointed, and our members have had the courage to stand up for the rules of this organization, even when doing so has sometimes made them objects of ridicule within their own community.

We all learned as children the saying, "to ones own self be true", and never has this been better exemplified than by the actions of some administrators and coaches within this organization during our most recent sport season.

## MINUTES OF CIF-SS EXECUTIVE COMMITTEE MEETING DECEMBER 14, 1976

The special December Executive Committee meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman Lou Joseph at 2 p.m., Tuesday, December 14, 1976 at Anaheim Stadium. All members were present, with exception of Dr. Lowell Jackson, Dr. Richard Cordano, Clare Van Hoorebeke and Barbara Wilson.

**1. SPORT FEE ASSESSMENT:** Commissioner Thomas E. Byrnes apprised the Committee on background information and the structure of the sport fee assessment for member schools. Following discussion, it was moved, seconded and passed to drop the sport fee assessment for member junior high schools for the 1977-78 school year.

**2. SADDLEBACK UNIFIED SCHOOL DISTRICT:** Commissioner Byrnes provided background information on an inquiry from the Saddleback Unified School District, relative to AAU Coaches working with student athletes out of the defined season of sport. Following discussion, it was recommended the inquiry be read to the Council for informational purposes.

**3. MULTI-CAMPUS REQUEST:** It was moved, seconded and passed to approve and pass on to the State CIF, the request for Hemet High School and Hemet Junior High School to be considered a multi-campus structure for the 1977-78 school year. If approved by the State, this would cover the sports of swimming and cross country only, neither of which are offered in the ninth grade at Hemet Junior High School.

**4. MEMBERSHIP REQUESTS:** It was moved, seconded and passed to grant regular membership to Vincent Memorial High School (Calexico) and West Angelus Christian Academy (West Los Angeles), effective this date. It was further moved and seconded to table a request for membership from CETYS High School of Mexico, pending further input.

**5. TASMANIAN BASKETBALL TEAM:** It was moved, seconded and

passed to approve competition by a girls' basketball team from Davonport, Tasmania with La Canada and San Marino high schools during the Girls' 1977 basketball season and the games will count toward the allowable number of charged contests.

**6. ANAHEIM J.H.S. DISTRICT:** The Anaheim Junior High School District notified the CIF-SS Office of its decision to drop membership effective this date.

**7. PERRIS J.H.S. REQUEST:** It was moved, seconded and passed to approve the request by Perris Junior High School to schedule girls' contests with non-member schools in the 1976-77 school year, due to its isolated location.

**8. GANESHA H.S. REQUEST:** It was moved and seconded to table a request by Ganesha High School for approval of residency clearance for Boys' Republic students residing in its attendance area, pending further input.

**9. WALNUT H.S. REQUEST:** Commissioner Byrnes provided background information on a new swimming program starting at Walnut High School and its inability to hire a coach for the few students taking part and a dual request by West Covina High School to utilize the Walnut High School pool in that they do not have a facility on campus. Following discussion, it was

(Continued on Page Twelve)

California Interscholastic Federation,  
Southern Section  
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Artesia, Ca. 90701  
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#### Bulletin Editor

Dean Crowley, Administrative Assistant

## COACHES CORNER



### FILM LIBRARY EXAMPLE OF CIF-SS SERVICES

Take advantage of the numerous services offered by the CIF Southern Section Office, including its enlarged film library.

Films are available—both instructional and historical—in virtually all sports and there is no charge to member schools.

Drop by and browse around.



4A King-pin Sunny Hills High School

## SUNNY HILL (4A) CABRILLO (3A) WIN COVETED CIF-SS CROWN

## MEDICAL COMMENT:

### BACK PAIN IN ATHLETES

(A comment by the Committee on the Medical Aspects of Sports of the American Medical Association and the National Federation.)

Serious disabling injuries of the back are unusual in an athlete who has a normal spine. Contusions of the muscles, strains of the ligaments, and even fractures of various aspects of the lumbar vertebrae ordinarily heal with no persistent disability. If disability persists, the physician will search for some underlying defect in the spine or its juncture with the sacrum.

Congenital defects of the spine which do not produce obvious external signs are not ordinarily recognized during childhood. During adolescence heavier stresses are placed on the spine by the individual's greater size and weight and possibly more strenuous activities. When the adolescent becomes active in athletics, back pain or spasm of the back muscles may appear for the first time.

But not all back conditions are congenital. Spondylolysis and spondylolisthesis are examples of back problems which are congenital or are acquired by youngsters. In either case, it is not always necessary to exclude these youngsters even from contact sports as long as adequate precautions are taken. Nevertheless, coaches and athletic trainers should be wary of the athlete who seems to be having continual or recurring back pains and refer him to the team physician for examination.

The examination prior to the season may uncover back anomalies. Any history of frequent back symptoms demands a careful evaluation, including x-rays, before the candidate is allowed to compete. On medical examination any obvious or apparent spinal abnormalities or muscle spasm should call for x-ray examination. Significant limitation of forward or side bending or pain produced on straight leg-raising provides functional evidence of possible disorders. In severe or chronic cases it may be necessary to encourage such youngsters to participate in a selected non-contact sport after the appropriate diagnosis is made.

## 1976 WATER POLO CHAMPS



3A Titlist Cabrillo High School

Sunny Hills High School completed a near perfect season and Cabrillo High School won its first CIF Southern Section title to cap the 1976 Water Polo Championships held at the East Los Angeles Community College pool.

Coach Bob Boyer's Cabrillo Conquistadors, champions of the Northern League, walked off with their first crown by defeating a scrappy Crescenta Valley squad, winners of '76 consecutive league contests and winners of the Foothill League, 9-8 in the finals. Cabrillo overcame some tough opposition as they defeated El Dorado, number three seed and last years 3A champion, in a pivotal second round game. Upland was upended 6-4 in the quarterfinals, while River-

side Poly fell victim 15-11 in the semi-final round. The Conquistadors finished the season with a 19-5 mark.

The only blemish on Sunny Hills record was an early loss to Newport Harbor last years 4A champion. Coach Jim Sprague had his crew ready for the final showdown as his Lancers, number one tournament seed, knocked over a strong Newport contingent 12-10. By capturing the 1976 crown Sunny Hills has now won three titles in the last six years, two under the tutorage of Sprague. In reaching the finals the Lancers fought off a fine University team 8-5 in the semifinals. Sunny Hills completed its season with an overall record of 25 wins and just one loss.



## FEMININE FOCUS

In the 1976 CIF-SS girls' tennis play-offs, Westlake, Mira Costa and Esperanza high schools took top honors in the team championships.

Junior Maria Fernandez of Bishop Montgomery defeated her twin sister Lucia for the second year in a row to take the singles title.

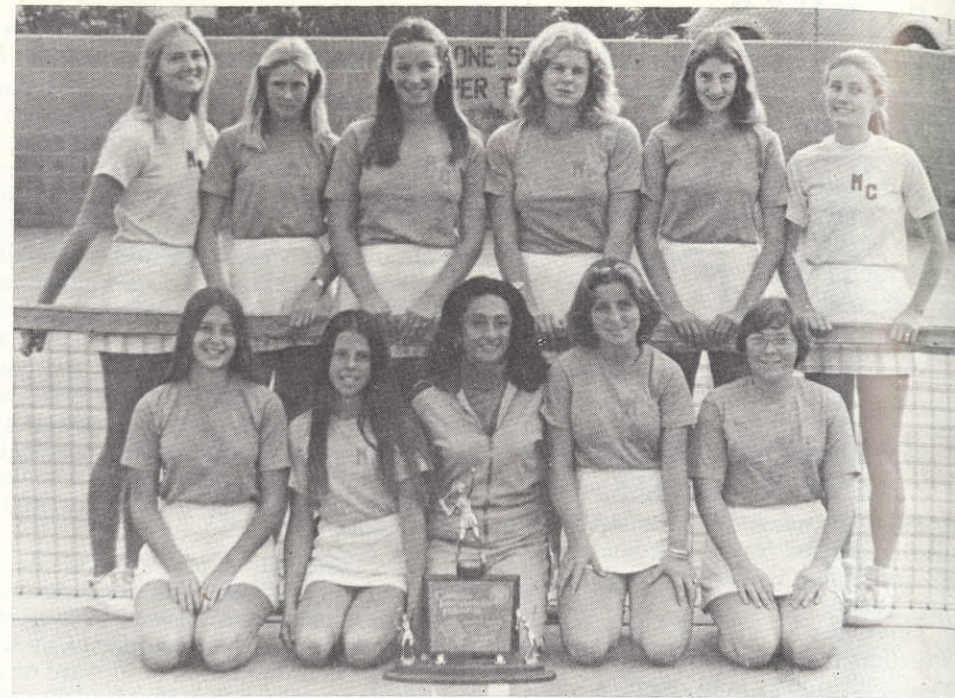
Tracy Wills and Judy Morton combined teamwork and skill to earn the doubles trophy.

Though it was not seeded this year among the top four teams, Westlake narrowly defended its 4A division title against Foothill, 11½-11.

Mira Costa easily won its bid for the 3A championship from Claremont 13½-9.

Esperanza emerged in the contest for the 2A title against Holtville 13-9½.

## GIRLS' TENNIS CHAMPIONS EMERGE



3A division champions Mira Costa



Lucia Fernandez (left) congratulates twin sister Maria on her singles title



2A division champions Esperanza



4A division champions Westlake



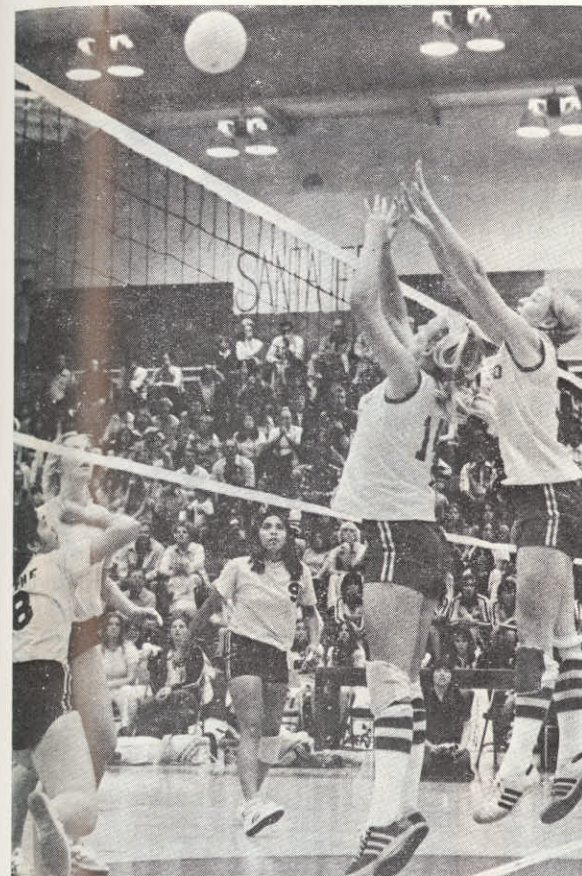
Tracy Wills and Judy Morton, doubles champions



2A division champions La Canada.



Second time 3A champions Santa Fe.



## VOLLEYBALL CHAMPS CROWNED BY CIF-SS

La Canada, Santa Fe and Laguna Beach high schools gathered top honors in the CIF Southern Section girls' volleyball playoffs ending the 1976 season.

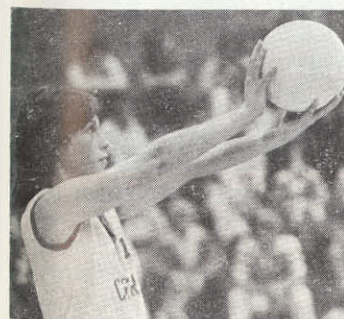
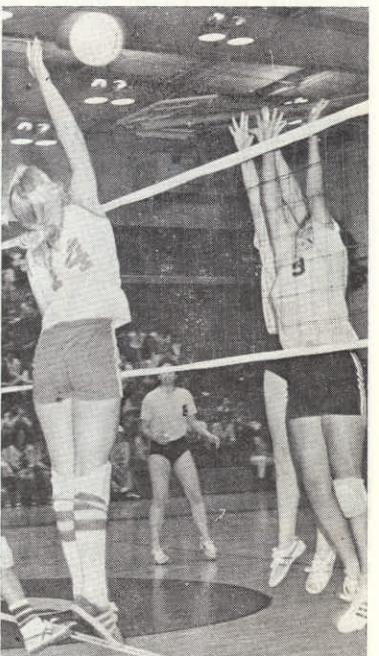
La Canada made a comeback from its first game 10-15 loss to overtake Westlake 15-10 and 15-9 in its successful bid for the 2A title.

Mollie Kavanagh's power house Santa Fe Chiefs claimed its second 3A championship in a row defeating Hawthorne 15-4, 11-15 and 15-8.

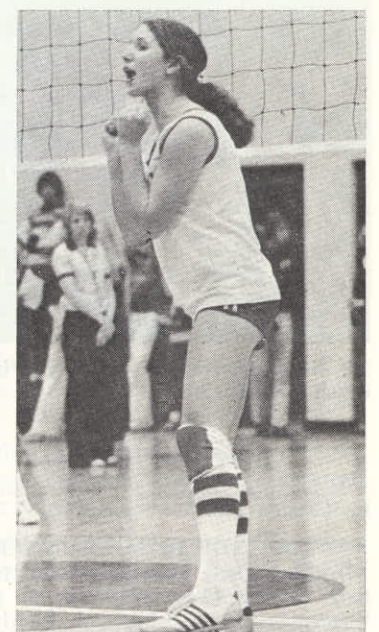
Santa Fe ended the season with a perfect 14-0 league record.

After losing to Laguna twice in pre-playoff contests, a young Corona del Mar team was denied its third attempt to overtake Laguna Beach in its bid for the 4A title.

The scores of the close match were 15-17, 15-12 and 15-8.



Laguna Beach accepts 4A title.





## SIMI VALLEY, COSTA MESA, SHERMAN INDIAN, BISHOP CAPTURE CIF-SS CROSS COUNTRY TITLES

Costa Mesa High School won its first Cross Country Championship after being in the finals for the last seven years and Sherman Indian won its fourth consecutive title after moving up from 1A last year to highlight the 1976 edition of the CIF Southern Section Cross Country Championships at Mt. San Antonio College.

Coach Jim McCullough's Simi Valley Pioneers led by Bob Bouillon, Mike Marschik and Larry Prislac captured

the 4A crown while Bishop, with individual champion Steve Peters easily won the 1A title.

In the most exciting race of the day, Charlie Christensen of Edison overtook Dave Daniels of San Geronio in the last 70 yards to win the 4A individual title in 10:02.4. Darrell Cessor of Hawthorne won the 3A crown with the day's best time 9:58 and Steve Ortiz of Kennedy-Barstow finished the season undefeated winning the 2A in a clock-

ing of 10:11.

In the first-ever girls' division championships, Bishop won the team title and sophomore Kelly Wells of Quartz Hill won the individual crown in a time of 11:58.

In the girl's individual race, Wells avenged her only loss of the year by defeating Freshman Tami Darr of Mission Viejo. Her time broke Darr's course record of 12:13 set earlier in the season.



4A champion Simi Valley and winning coach Jim McCullough.

### BOYS' 4A DIVISION

1. Simi Valley, 75; 2. Palos Verdes, 116; 3. Burbank, 126.

#### TOP INDIVIDUAL RUNNERS

1. Charles Christensen (Edison) 10:02.4; 2. Dave Daniels (San Geronio) 10:08; 3. Frank Ebner (Bishop Amat) 10:15; 4. Frank Assumma (Eisenhower) 10:19; 5. Bill Watkins (Rolling Hills) 10:21.

### BOYS' 3A DIVISION

1. Costa Mesa, 39; 2. Upland, 114; 3. University, 120.

#### TOP INDIVIDUAL RUNNERS

1. Darrel Cessor (Hawthorne) 9:59; 2. Scott Allison (Buena Pk.) 10:09; 3. Joe Young (Costa Mesa) 10:10; 4. Bill Kolar (Costa Mesa) 10:20; 5. John Gerhardt (Costa Mesa) 10:24.



3A kingpin Costa Mesa with head mentor Joe Fisher.



2A titlist Sherman Indian with its head coach Ken Taylor.

### BOYS' 2A DIVISION

1. Sherman Indian 59; 2. Salesian 95; 3. La Canada 103.

#### TOP INDIVIDUAL RUNNERS

1. Steve Ortiz (Kennedy, Bar.) 10:12; 2. Brad Kester (Artesia) 10:18; 3. Richard Benevise (Bassett) 10:19; 4. Charles Rednick (Sherman Ind.) 10:20; 5. Todd Frame (La Canada) 10:22.



Bishop girls win first CIF-SS Girls' Division Title with coach Dick Arnold.

### GIRLS' 4A DIVISION

1. Bishop, 52; 2. Santa Barbara 86; 3. Quartz Hill, 111.

#### TOP INDIVIDUAL RUNNERS

1. Kelly Wells (Quartz Hill) 11:58; 2. Tami Darr (Mission Viejo) 12:18; 3. Michele Bush (Rolling Hills) 12:23; 4. Tara Hobbs (Santa Barbara) 12:35; 5. Valerie Shanteler (Burroughs, Ridgecrest) 12:41.

## CIF-SS HIRES NEW GIRLS' SPORTS PUBLICIST

To draw attention to an expanding girls' athletic program which includes 10 sports, the CIF-SS has hired Elaine Osborn as a part-time public relations assistant.

Osborn, a 1972 graduate of Marywood High School in Orange, completed last month her bachelor of arts degree in communications with an emphasis in journalism at California State University at Fullerton.

She replaces Rae Obie whose duties as girls' athletic director for Buckley High School in Sherman Oaks forced her to vacate her post with CIF-SS.

Osborn will be available to all girls' coaches and athletic directors to aid them in publicizing their teams and activities.

She will be at the CIF-SS office Monday and Thursday mornings to provide assistance.

## MEETING REMINDER

Girls' Field Hockey Committee members are reminded a "seeding" meeting will take place Sunday, Jan. 9 at 10 a.m. at the CIF-SS office.

Administrative Assistant Margret Davis requests that committee members indicate whether or not they will be able to attend the session.

## NEW PRESS & RECORD GUIDE AVAILABLE

The latest edition of the CIF-Southern Section Press Guide and Record Book is hot off the press. Member schools are being sent three copies—one each to the Principal, Boys' Athletic Director and Girls' Athletic Director.

The publication, which lists all records for both Boys' and Girls' athletic competition in the Southern Section, is published every two years and is one of the most voluminous documents in the CIF-SS.

This marks the 11th edition of the CIF-SS Press Guide and Record Book designed for use by the Media throughout the State and for the athletes, coaches and fans who have contributed to its growth and scope over the years.

Schools wishing to purchase copies for their library may place orders through the CIF-SS Office at \$2.50 each.

## NEW PUBLICATIONS FOCUS ON WOMENS' SPORTS

The emergence of girls' and womens' sports programs has prompted the publication of many books currently on the market which should aid both the female coach and athlete in furthering the trend.

"Coaching the Female Athlete" by Donna Mae Miller does an outstanding job in setting the ground rules for a sound womens' athletic program.

Structural, physiological and psycho-

logical make-up of women athletes is explored in "The Female Athlete." The most recent concepts in training, exercise, psychology, kinesiology and their application are presented in the 215-page paperback by Klafs and Lyon.

Meyer and Swart's "Team Sports for Girls' and Women" provides concise background on techniques for coaching individual and team sports.

An excellent book to help the coach

## BULLETIN CLARIFIED

In order to further clarify an article in last month's bulletin, please be advised that the ten dollar limitation refers to CIF-SS high school competition only.

The student athlete is governed by the rules of the amateur governing body for that sport, when competing in other than CIF-SS competition.

## COLLEGE SPONSORS SOFTBALL CLINIC

A Softball Coaches Clinic sponsored by Golden West College in Huntington Beach will take place Saturday, March 5, from 9:30 a.m. to 4:30 p.m.

Judi Garman, clinic director, said the all-day session will cover the fundamentals of throwing, catching, fielding and batting.

A \$10 fee will include a syllabus and printed materials.

Interested persons should contact Garman at the college before Feb. 28.



1977 press guide & record book



# CIF-SS PREP FOOTBALL KINGPINS FOR 1976



4A DIVISION: Los Altos celebrates at Anaheim Stadium



3A DIVISION: Another in long line of titles for Temple City

A hearty congratulations to Los Altos (4A), Temple City (3A), Antelope Valley (2A), Rim of the World (1A) and Montclair Prep (Eight-Man) CIF Southern Section Football Champions for the 1976 season . . .

\* \* \*

Before an Anaheim Stadium crowd of 19,895, the largest to see a CIF-SS championship game in the last seven years, Los Altos High School guided by the passing of talented quarterback Randy Hertel defeated Fontana 27-0 to capture the 4A title.

Hertel completed 15 of 18 passes for 121 yards and two touchdowns. The final touchdown pass gave Hertel 32 for the season moving him into a second place tie for most touchdown passes in one season. The all-time record is 42 set by Pat Haden in 1970.

Teammate Matt Aney scored two touchdowns on two one yard runs. Aney gained 73 yards on 12 carries and caught 6 passes for 33 yards.

It was the third CIF-SS crown in five years for Los Altos, which won the 3A title in 1972 and the 4A title in 1973. The Conquerors, third in the always tough Sierra League, finished the season with a 12-1-1 record.

Temple City, after missing the finals for the past two years, won its fifth football crown in the last seven years, defeating Villa Park 21-0 in the 3A finals held at Citrus College.

The Rams were led by running back Don Roberts and quarterback Don Stockham. Roberts carried 16 times for 60 yards, caught three passes for 85 yards including a 42 yard touchdown and returned the second half kickoff 58 yards to set up Temple City's second touchdown. For the season, Roberts gained 1,085 yards.

Stockham completed 9 of 14 passes for 189 yards to put his season total over 1,000 yards.

With the 3A crown now theirs, Temple City has won a total of five CIF-SS football championships. This includes four consecutive 2A titles from 1970 thru 1973.

In 2A action, Antelope Valley, which has been in the playoffs the last six years, won its first championship defeating Norte Vista 34-6 at U.C. Riverside.

The Antelopes were led by running back Bill Hillker in their title bid as he gained 153 yards on 17 carries to move him over the 2,000 yard mark for the season.

Running back Lee D'Errico scored his eighth and ninth touchdowns in the playoffs and gained 151 yards in only 9 carries for Antelope Valley. The Antelopes finished the season with a 13-0-1 mark.

This season's 1A banner went to Rim of the World as the Scots dropped a rugged Bishop contingent 16-14 in the finals. Coach Ben Stindt's title holders finished the season with a 12-1 record.

In the Eight-Man Division, Montclair Prep capped an undefeated season as they beat Cuyama Valley in the championship game 42-14. The Mounties lost in the finals in 1975 but Coach Gianninni's players were ready to meet the challenge in '76 . . .

Winning coaches of this year's championship teams were Dwayne DeSpain of Los Altos, Bob Hitchcock of Temple City, John Lowry of Antelope Valley, Ben Stindt of Rim of the World and George Gianinni of Montclair Prep . . . Congratulations to you, your team and school from the CIF-SS . . .



2A DIVISION: Top honors to Antelope Valley



1A DIVISION: Rim of the World captures coveted CIF-SS title



EIGHT-MAN DIVISION: CIF-SS crown caps undefeated season for the Mounties of Montclair Prep





## WHAT'S HAPPENIN' IN THE OTHER 49 STATES

**(EDITOR'S NOTE: This is another in a series of monthly articles covering items of interest from throughout California and other State Associations in their administration of high school athletics.)**

**ITEM:** Clark in a breeze . . .

**COMMENT:** The ten second barrier was broken in the 100 yard dash for the first time in the history of high school track and field in Alaska during the past season. Mike Clark of Dimond High School in Anchorage was clocked in 9.9 in the Alaska High School Activities Association State Meet earlier this year. The outdoor high school track and field season in Alaska lasts only three or four weeks, so times and distances are generally slower and shorter than in other states; which makes Clark's performance all the more remarkable. Thirty-eight CIF Southern Section 100-yard dash champions have broken the ten second barrier. The first was Dick Werner of Brawley in 1926 with a clocking of 9.9 . . .

**ITEM:** Growth in Girls' Athletics continues in Minnesota . . .

**COMMENT:** Girls' softball and golf championships will be conducted on the state level for the first time this spring by the Minnesota State High School League, as a result of action taken by the Leagues' Board of Directors last May. The softball and golf state tournaments join girls' track and field as spring tournaments and raise the total number of state tournaments for girls in Minnesota to ten.

**ITEM:** Sex discrimination in high school athletics . . .

**COMMENT:** A female high school senior in Tennessee asked the court to enjoin the Tennessee Secondary School Athletic Association (TSSAA) and others from denying her the right to participate but this was later recinded when the TSAA notified the school it might be suspended if she was allowed to participate. The TSSAA classified baseball as a physical contact sport in its justification for denying female participation. The United States District Court in Tennessee held that the rule prohibiting female participants in baseball based on a risk of harm to females was at least questionable. The Court said it may not be reasonable to classify baseball as a physical contact sport. In addition, the damage to this student in not allowing her to participate in the school baseball program would be irretrievable since she is a senior and intends to play baseball in college. On this basis the Court enjoined the school from prohibiting her participation and enjoined the TSSAA from taking any action against the school for allowing her to participate.

**ITEM:** Refs rate!!!

**COMMENT:** Officials rate participating schools in football, basketball and wrestling in Iowa. Each official receives rating forms for the sport in which he is registered and he indicates superior, above average, average, below average or unsatisfactory ratings based on the conduct, sportsmanship and general behavior of the coaches, players and spectators of the schools. The individual ratings of officials are confidential, but member schools are informed of their composite ratings.

**ITEM:** Athletic Survey by National Federation . . .

**COMMENT:** The number of sports for boys and girls has been compared in 50 schools in each of eight states (California, Georgia, Massachusetts, Minnesota, Oklahoma, Pennsylvania, Washington and Wisconsin) The National Federation has found the 400 schools surveyed sponsored an average of 7.69 sports for boys and 4.62 sports for girls.

(Continued on Page Twelve)

### IMPORTANT DATES

#### EXECUTIVE COMMITTEE

Thursday, January 13 @  
Saddleback Inn  
Norwalk — 9 a.m.

#### COUNCIL

Thursday, January 20 @  
Saddleback Inn  
Norwalk — 9 a.m.

#### EXECUTIVE COMMITTEE

Saturday, January 22 @  
Arcadia High School  
8:30 a.m.

#### STATE FEDERATED COUNCIL

January 28 and 29 —  
Palm Springs

### FREE LANCE SITE SET FOR WRESTLERS

CIF Southern Section schools which are not members of wrestling leagues and who have outstanding wrestlers, may wish to enter them in the 1977 CIF-SS Free Lance Tournament.

This year's Free Lance Tournament is set for February 12 at Alemany High School in Mission Hills.

It should be noted that this tournament provides the **only** opportunity for such wrestlers to qualify for the CIF-SS Prelims and Finals — set for February 21st and 28th.

Athletic directors of interested schools are advised to contact Lou Roberts, Meet Director, at Alemany High School **PRIOR** to February 7 in order to enter contestants.

The champions in each weight class at the Free Lance Tournament will then qualify directly into the CIF Southern Section Prelims.

### EQUIPMENT FOR SALE CROWTHER SEVEN-MAN FOOTBALL BLOCKING SLED

Price: \$100.00

Contact: Craig Dethloff, Athletic  
Director at Glendale  
High (213) 242-3161

### GYMNASTIC LONG HORSE (5 ft.)

Price: make offer

(Equipment in good condition)  
Contact: Dee Kohlmeier, Athletic  
Director at Hoover High  
(213) 242-6801

## 1976 FALL SPORTS PLAYOFF RESULTS

### 4A FOOTBALL

#### FIRST ROUND

St. Paul 31, Lakewood 0; Cypress 14, Pasadena 0; Loyola 12, L.B. Wilson 0; West Covina 24, Eisenhower 8; Dos Pueblos 23, St. Francis 6; Los Altos 22, Chaffey 14; Pius X 28, Edison 24; West Torrance 33, Camarillo 6; Compton 14, Servite 7; Westminster 21, Loara 14; Muir 48, Thousand Oaks 13; Santa Monica 35, Crespi 7; Fountain Valley 21, Los Alamitos 0; Newbury Park 7, San Marcos 0; Fontana 28, El Rancho 0; So. Hills 35, Palos Verdes 0.

#### SECOND ROUND

St. Paul 28, Cypress 7; West Covina 10, Loyola 7; Los Altos 41, Dos Pueblos 7; West Torrance 17, Pius X 9; Westminster 21, Compton 13; Santa Monica 38, Muir 0; Fountain Valley 41, Newbury Park 7; Fontana 20, So. Hills 6.

#### QUARTERFINALS

West Covina 17, St. Paul 13; Los Altos 28, West Torrance 14; Westminster 13, Santa Monica 9; Fontana 14, Fountain Valley 10.

#### SEMIFINALS

Los Altos 21, Covina 16; Fontana 14, Westminster 7.

#### FINALS

Los Altos 27, Fontana 0.

### 3A FOOTBALL

#### FIRST ROUND

So. Pasadena 14, Santa Fe 9; Troy 19, Riverside North 7; Mira Costa 27, La Mirada 8; Lompoc 26, Burroughs 0; Riv. Poly 28, Downey 9; Damien 29, Keppel 12; Villa Park 33, Monte Vista 7; Pacifica 10, Canyon 6; Lynwood 20, Colton 14; El Modena 14, Garey 6; Rancho Alamitos 26, Monrovia 24; Temple City 33, Montebello 6; Santa Ana Valley 31; Bolsa Grande 8; Anaheim 35, Inglewood 23; San Marino 21, Warren 14; Crescenta Valley 29, Cabrillo 0.

#### SECOND ROUND

So. Pasadena 20, Troy 17; Lompoc 8, Mira Costa 7; Damien 45, Riv. Poly 29; Villa Park 36, Pacifica 7; El Modena 9, Lynwood 6; Temple City 55, Rancho Alamitos 6; Anaheim 25, Santa Ana Valley 21; Crescenta Valley 14, San Marino 6.

#### QUARTERFINALS

So. Pasadena 10, Lompoc 7; Villa Park 35, Damien 14; Temple City 28; El Modena 6; Crescenta Valley 21, Anaheim 14.

#### SEMIFINALS

Villa Park 20, So. Pasadena 13; Temple City 35, Crescenta Valley 21.

#### FINALS

Temple City 21, Villa Park 0.

### 2A FOOTBALL

#### FIRST ROUND

Antelope Valley 48, Workman 13; Channel Isl. 30, Lennox 14; Esperanza 20, Artesia 14; Cajon 21, Corona del Mar 7; Agoura 42, Paraclete 6; Verbum Dei 16, Norwalk 9; Northview 15, San Clemente 13; San Dimas 55, Indio 13; Norte Vista 13, La Habra 10; Cathedral 14, Rowland 6; Walnut 24, La Sierra 21; Kennedy Barstow 14, Coachella Valley 7; Bellflower 14, Santa Clara 0; Costa Mesa 34, Sonora 7; Quartz Hill 9, St. Bernard 7; Aviation 36, St. Monica 0.

### SECOND ROUND

Antelope Valley 34, Channel Isl. 16; Esperanza 21, Cajon 7; Agoura 22, Verbum 8; San Dimas 26, Northview 19; Norte Vista 33, Cathedral 6; Kennedy 18, Walnut 14; Bellflower 10, Costa Mesa 7; Aviation 20, Quartz Hill 14.

#### QUARTERFINALS

Antelope Valley 42, Esperanza 6; San Dimas 29, Agoura 26; Norte Vista 20, Kennedy 12; Aviation 20, Bellflower 19.

#### SEMIFINALS

Antelope Valley 27, San Dimas 6; Norte Vista 7, Aviation 0.

#### FINALS

Antelope Valley 34, Norte Vista 6.

### 1A FOOTBALL

#### FIRST ROUND

Bishop 28, Big Bear 8; Mary Star 13, L.A. Lutheran 7; Carpinteria 12, Boron 3; Paso Robles 27, Bishop Diego 16; Santa Ynez 12, Fillmore 9; Rim of the World 38; Eagle Mt. 14; Imperial 15, Yucca Valley 6; Notre Dame 51; Whittier Christian 6.

#### QUARTERFINALS

Bishop 23, Mary Star 13; Paso Robles 31, Carpinteria 0; Rim of th World 38; Santa Ynez 20; Notre Dame 19, Imperial 6.

#### SEMIFINALS

Bishop 23, Paso Robles 20; Rim of the World 16, Notre Dame 6.

#### FINALS

Rim of the World 16, Bishop 14.

### EIGHT MAN FOOTBALL

#### FIRST ROUND

Montclair 28, Maranatha 22; Rio Hondo Prep 14; Big Pine 8; Cuyama Valley 40, Flintridge Prep 14; Ambassador 63, Liberty Christian 12.

#### SEMIFINALS

Montclair Prep 30, Rio Hondo Prep 28; Cuyama Valley 50, Ambassador 26.

#### FINALS

Montclair Prep 42, Cuyama Valley 12.

### 4A WATER POLO

#### FIRST ROUND

Sunny Hills 20, Pasadena 6; Newbury Park 9, San Marcos 8; El Rancho 20, San Geronio 5; Corona del Mar 8, Los Alamitos 7; L.B. Wilson 22, Cypress 11; Huntington Beach 10, Muir 9; Beverly Hills 10, Buena 7; University 16, Buena Park 7; Mira Costa 18, Edison 4; Chaffey 10, Downey 7; Santa Barbara 10, Oxnard 9; L.B. Poly 14, Costa Mesa 5; Los Altos 10, Katella 5; Anaheim 12, Aviation 8; Lakewood 11, Thousand Oaks 10; Newport Harbor 15, La Puente 5.

#### SECOND ROUND

Sunny Hills 21, Newbury Park 5; Corona del Mar 21, El Rancho 7; L.B. Wilson 12, Huntington Beach 5; University 11, Beverly Hills 4; Mira Costa 12, Chaffey 7; L.B. Poly 11, Santa Barbara 7; Los Altos 6, Anaheim 5; Newport 17, Lakewood 8.

#### QUARTERFINALS

Sunny Hills 14, Corona del Mar 7; University 7, Wilson 6; Mira Costa 13, L.B. Poly 8; Newport 15, Los Altos 10.

### SEMIFINALS

Sunny Hills 8, University 5; Newport 15, Mira Costa 7.

### FINALS

Sunny Hills 12, Newport 10.

### 3A WATER POLO

#### FIRST ROUND

Los Amigos 7, Hoover 6; Santa Ynez 10, Arroyo Grande 8; Villa Park 12, Redondo 10; Indio 9, Claremont 5; Crescenta Valley 17, Lompoc 11; Servite 8, Miraleste 6; La Canada 14, Monte Vista 13; Brea 21, Hawthorne 11; El Dorado 7, Whittier 4; Cabrillo 19, Atascadero 14; Glendale 12, Rolling Hills 10; Upland 20, Charter Oak 6; Riv. Poly 17, Bosco Tech 3; San Marino 12, Rancho Alamitos 10; LaSerna 17, Notre Dame (SO) 5; Foothill 8, Esperanza 2.

#### SECOND ROUND

Los Amigos 16, Santa Ynez 8; Villa Park 8, Indio 4; Crescenta Valley 10, Servite 9; Brea 11, La Canada 7; Cabrillo 7, El Dorado 5; Upland 14, Glendale 12; Riv. Poly 18, San Marino 4; Foothill 9, LaSerna 6.

#### QUARTERFINALS

Los Amigos 9, Villa Park 8; Crescenta Valley 9, Brea 7; Cabrillo 6, Upland 4; Riv. Poly 7, Foothill 6.

#### SEMIFINALS

Crescenta Valley 8, Los Amigos 7; Cabrillo 15, Riv. Poly 11.

#### FINALS

Cabrillo 9, Crescenta Valley 8.

### 4A GIRLS VOLLEYBALL

#### FIRST ROUND

Louisville def. Camarillo 15-1, 15-0; Foothill def. Bishop Amat 15-6, 15-8; Hoover def. San Gabriel 15-12, 11-15, 15-9; Marymont def. Santa Barbara 15-6, 15-4; Corona del Mar def. Cypress 15-12, 15-5; Marlborough def. Warren 15-6, 15-1; Millikan def. Mater Dei 15-9, 16-14; Mira Costa def. Edison 13-15, 15-2, 15-7; Laguna def. Estancia 15-7, 15-7; St. Paul def. Lakewood 15-7, 15-11; Glendale def. Downey 15-4, 15-9; St. Joseph def. Saddleback 15-7, 15-3; Newport Harbor def. L.B. Wilson 15-3, 15-2; Bishop def. Thousand Oaks 15-3, 15-10; San Marcos def. St. Genevieve 15-9, 15-5; Santa Monica def. Alhambra 15-4, 15-0.

#### SECOND ROUND

Louisville def. Foothill 15-7, 15-3; Marymont def. Hoover 8-15, 15-11, 15-1; Corona del Mar def. Marlborough 15-2, 15-10; Mira Costa def. Millikan 15-3, 15-8; Laguna def. St. Paul 15-7, 15-6; Glendale def. St. Joseph 15-5, 16-14; Newport Harbor def. Bishop 15-10, 15-6; Santa Monica def. San Marcos 15-2, 15-7.

#### QUARTERFINALS

Louisville def. Marymont 15-5, 15-5; Corona del Mar def. Mira Costa 15-8, 15-11; Laguna Beach def. Glendale 15-6, 15-9; Santa Monica def. Newport 15-11, 15-11.

#### SEMIFINALS

Corona del Mar def. Louisville 15-13, 15-10; Laguna Beach def. Santa Monica 16-18, 15-7, 15-10.

#### FINALS

Laguna Beach def. Corona del Mar 15-17, 15-12, 15-8.

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## 1976 FALL SPORTS PLAYOFF RESULTS

(Continued from Page Eleven)

### 3A GIRLS VOLLEYBALL FIRST ROUND

Santa Fe def. Fontana 15-2, 15-2; Troy def. El Segundo 5-15, 16-14, 15-13; Buena Park def. Colton 15-1, 15-7; Palmdale def. Bassett 15-0, 15-9; Upland def. LaQuinta by forfeit; Neff def. Lawndale 15-11, 15-7; California def. Cabrillo 15-12, 15-9; Los Altos def. Canyon (A) 15-3, 15-11; Hawthorne def. Santa Ynez 15-3, 15-6; La Mirada def. Apple Valley 15-13, 15-11; Covina def. North (Riv.) 15-11, 15-9; Charter Oak def. Claremont 15-2, 15-5; Sonora def. LaSerna 15-12, 15-4; Quartz Hill def. Chaffey 11-15, 15-6, 15-10; Bellflower def. Monrovia 15-8, 13-15, 15-5; Los Amigos def. Western 15-9, 14-16, 15-2.

### SECOND ROUND

Santa Fe def. Troy 15-4, 15-2; Palmdale def. Buena Park 1-15, 15-8, 15-4; Neff def. Upland 15-8, 5-15, 15-10; Los Altos def. California 15-12, 15-6; Hawthorne def. La Mirada 17-15, 15-6; Charter Oak def. Covina 15-13, 15-13; Quartz Hill def. Sonora 15-10, 9-15, 15-9; Los Amigos def. Bellflower 15-10, 15-11.

### QUARTERFINALS

Santa Fe def. Palmdale 15-10, 15-10; Los Altos def. Neff 4-15, 15-5, 15-12; Hawthorne def. Charter Oak 15-10, 15-11; Los Amigos def. Quartz Hill 15-4, 15-13.

### SEMIFINALS

Santa Fe def. Los Altos 15-11, 15-7; Hawthorne def. Los Amigos 15-12, 13-15, 15-10.

### FINALS

Santa Fe def. Hawthorne 15-4, 11-15, 15-8.

### 2A GIRLS VOLLEYBALL

#### FIRST ROUND

Channel Isl. def. Bishop Diego 4-15, 15-12, 15-12; San Marino def. Coast Union 11-15, 15-8, 15-11; Bishop def. Buckley 11-15, 16-14, 15-8; Torrance def. Valley Christian 15-1, 15-4; Westlake def. Kern Valley 15-4, 15-9; Santa Clara def. Paso Robles 15-7, 15-4; Pasadena Poly def. Liberty Christian 15-7, 15-4; So. Pasadena def. Fillmore 15-4, 15-8; Moreno Valley def. Big Bear 15-2, 16-14; Rim of the World def. Bonita 15-11, 8-15, 15-7; Twentynine Palms def. Brawley 9-15, 15-11, 15-13; Brethren def. Huntington Valley 15-6, 15-3; Cajon def. Notre Dame (Riv.) 15-6, 15-3; Alta Loma def. Indio 15-13, 15-11; La Canada def. Mayfield 15-6, 15-7; Redondo def. L.A. Baptist 16-14, 15-8.

#### SECOND ROUND

Channel Isl. def. San Marino 2-15, 15-6, 16-14; Torrance def. Bishop 15-7, 15-12; Westlake def. Santa Clara 15-1, 15-6; So. Pasadena def. Pasadena Poly 13-15, 15-6, 15-3; Moreno Valley def. Rim of the World 15-8, 16-14; Brethren def. Twentynine Palms 15-13, 15-5; Cajon def. Alta Loma 15-13, 12-15, 15-11; La Canada def. Redondo 14-16, 15-10, 15-7.

#### QUARTERFINALS

Channel Isl. def. Torrance 15-9, 2-15, 15-8; Westlake def. So. Pasadena 13-15, 15-2, 15-10; Moreno Valley def. Brethren 15-12, 15-10; La Canada def. Cajon 17-15, 14-16, 15-13.

#### SEMIFINALS

Westlake def. Channel Isl. 15-11, 15-12; La Canada def. Moreno Valley 15-6, 15-7.

#### FINALS

La Canada def. Westlake 10-15, 15-10, 15-9.

## WHY NOT MAKE DAILY ROUTINES EASIER?

You say it's service you're after?

If you're wondering what the CIF Southern Section Office can do for you — the individual member school — there are three areas of service that could make your job easier.

Each year a number of last-minute changes occur prior to the opening of school, and for that matter, during the entire term as well. One of these is a new telephone listing and you'll have to admit it's a troublesome task indeed to note that change to the other 484 Southern Section schools.

However, if you'll just let this Office know, we'll do it for you and it's free of charge. Each month a separate flyer is sent to each school, listing any changes in telephones, administrative posts and/or coaching changes.

Another area in which this Office can be of service is that of advertising any coaching vacancies at your respective school — in both the men's and women's athletic departments.

And if you're having trouble finding a Frosh football game or an extra baseball tournament, let us do it for you. Simply call in your openings and we would be happy to include them in our monthly mailout. All we ask is that you let us know when the game has been filled.

Why not concentrate your efforts in other areas and let our Office take care of some of those routine chores for you this year?

## WHAT'S HAPPENIN' IN THE OTHER 49 STATES

(Continued from Page Ten)

**ITEM:** Don't count your chickens . . .

**COMMENT:** Premature celebration proved costly to Crestline High School in its homecoming football game against Plymouth High School this season in Ohio. Crestline had possession of the football and a 12-7 lead with six seconds remaining on the clock. So, on fourth down, Crestline ordered their quarterback to run off the last six seconds rather than risk a fourth down punt and give Plymouth a chance to return it for a touchdown. The quarterback took the snap from center on his own 39-yard line and retreated toward his end zone. By the time he reached the ten-yard line, the six seconds had elapsed so the quarterback threw the ball into the air celebrating an apparent triumph. However, the ball landed in the arms of a Plymouth defender who carried the ball into the end zone for a 13-12 Plymouth win.

**ITEM:** Guess what . . .

**COMMENT:** Do you know the fastest growing sport in California High Schools? The answer — Soccer is the fastest growing sport in high schools in California for boys while volleyball is the fastest developing sport for girls in the state. Volleyball surpassed basketball as the sport sponsored by more schools for girls than any other sport.

## JAPAN TOUR

Baseball coaches with players on their squads of Japanese ethnic background should contact Norm Sagara at Artesia High School (213) 926-5566 regarding the summer baseball tour. This is a fine opportunity for high school students to play some exhibition games this summer and see Japan through the courtesy of the Japanese Baseball Leagues. Information will be forwarded to interested coaches upon request.

## EXECUTIVE COMMITTEE MINUTES

(Continued from Page Two)

moved, seconded and passed to approve the request permitting Walnut High School swimmers to be under the coaching direction of the swimming coach from West Covina High School for practice and competition purposes for the 1976-77 season.

**10. ARCADIA H.S. REQUEST:** It was moved, seconded and passed to approve the residential eligibility for Fraser Preston at Arcadia High School effective this date.

There being no further business to come before the Committee, the meeting was adjourned at 4:08 p.m.

Respectfully submitted,  
Ray Plutko  
Administrative Assistant

Approved by:  
Thomas E. Byrnes  
Commissioner of Athletics