



SOUTHERN SECTION

# MONTHLY BULLETIN

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No. 6

## ARASON NAMED ATHLETIC DIRECTOR OF THE YEAR

He has played all sports but was admittedly a star in none. Yet, Larry Arason has become a celebrity in his own right as the 1976-77 California Athletic Director of the Year.

The Santa Ana High School administrator was awarded the honor by the National Council of Secondary School Athletic Directors based on the recommendations of his colleagues.

The 12-year veteran athletic director attributed the honor to his love for sports and "my comradery with kids who I enjoy very much."

But they are unlikely beginnings which lead Arason, who is also president of the California State Athletic Director's Association (CSADA), to his present status.

He was born in a small farming community in North Dakota to native Icelandic parents.

"When I started school I didn't even speak English," explained Arason clad in red and white, the colors of the school which he has spent the last 16 years.

After he graduated from the school where he was educated for eight years with the same four children, he moved with his parents to Grand Forks, N.D.

There he finished high school and obtained his Bachelor of arts degree at the local university after a stint in the service during the Korean War.

Since his original objective was to enter medical school, Arason also majored in natural science and minored in chemistry.

Yet, never losing his enthusiasm for sports, he also majored in physical education.

His schooling has enabled him to teach virtually all subjects at the secondary level as well as coach, said Arason who also speaks German. He also holds a masters degree in educational administration from Chapman College.

He made his home in California in 1956, returning only briefly to North

Dakota where "I lost my proverbial rear end in the fiberglass business," he said good-naturedly.

His first coaching experience was 20 years ago at Buena Park High School as assistant football coach under Dick Spaulding.

Four years, later, Arason accepted a position at Santa Ana High School as a woodshop and history teacher as well as coaching football and track.

In 1964, he was named to his present position.

"He is an outstanding administrator and a person dedicated to young people," said Santa Ana Principal Harlan Anderson. Anderson wrote a paper on Arason as his recommendation to the council.

"He devotes many more hours than that which is required. He is certainly deserving of the award."

"We're very proud of him," added Bertie Stevens, Santa Ana's girls' athletic director.

"With his help, the girls' and boys' programs have become very equal this year."

Arason said his primary goal as president of the CSADA will be to have every one of the 2,000 athletic directors in the state join the association.

He showed the blister on his thumb which he said he developed after personally addressing information packets to more than 1,300 non-members of the CSADA.

"We are currently fifth in the nation in membership with just over 300," Arason said. Iowa now ranks first.

The showing is a blatant display of apathy, he said.

"I intend to make California No. 1 where it belongs."



LARRY ARASON POPULAR  
SANTA ANA H.S. AD

## COUNCIL FACES MAJOR ISSUES

The CIF Southern Section Council at their January 20th meeting passed one major item and sent two others back to committee for further consideration.

Passed was the creation of eight divisions plus eight-man for football beginning with the 1977-78 season. By increasing the number of playoff classifications the 32 team bracket would be reduced to 16.

Sent back to committee was a recommendation that would have guaranteed and restricted all member leagues to two (2) entries in the playoffs.

The season of sport recommendation which would have been a major change probably generated more interest than any other item in the Southern Section in the past few years. The recommendation which was to go back to a committee for further consideration was an effort at restructuring the length

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## COMMISSIONER'S CORNER



T. E. BYRNES

## TOWARD MORE EFFICIENT SERVICE

Times are changing and the CIF Southern Section continues its rapid growth.

With a fulltime office staff of ten, the section office has become understandably departmentalized with the aim, as usual, to provide more complete and efficient service to member schools. In order to further insure that better service, those calling the CIF-SS should be aware of with whom they should speak in particular cases.

The assignment department, headed by Darol Roundy and including secretary Mrs. Deion Henry, handles all questions and information regarding assignments, rating cards, etc. of athletic officials.

Administrative Assistant Dean Crowley handles all questions regarding Media needs, records, news items about the CIF-SS and the sports of water polo, wrestling, swimming, Boys' and Girls' track and field and golf. Secretary Mrs. Julie Knabe maintains the files on master schedules in football, basketball and baseball.

Ray Plutko, Administrative Assistant is the man to talk to for answers to questions involving sanctioned events, eligibility, playoffs and the sports of football, cross country, basketball, soccer, baseball, volleyball and gymnastics. His secretary, Mrs. Dina Lowe maintains a complete up to date record of all sanctioned events.

The Girls' Athletic program is headed by Administrative Assistant Margaret Davis. Her secretary, Mrs. Rita Guterres is in charge of the CIF film library and the "games wanted" log.

High school administrators and district superintendents who have questions regarding eligibility, releguing, playoff divisions, policy matters should contact my office. My able and reliable secretary is Mrs. Royce Wild.

We have one additional part-time employee who is in the office from 8:00 (Continued on Page Three)

## MINUTES OF THE CIF-SS EXECUTIVE COMMITTEE MEETING JANUARY 13, 1977

The January Executive Committee meeting of the Southern Section of the California Interscholastic Federation was called to order by Chairman Lou Joseph at 1:00 p.m., Thursday, January 13, 1977 at the Saddleback Inn, Norwalk. All members were present, with the exception of Bruce Keuning and Dr. Lowell Jackson.

1. **MINUTES:** It was moved, seconded and passed to approve the minutes of the December 14, 1976 Executive Committee meeting as published in the January issue of the "Monthly Bulletin."

2. **GIRLS' BADMINTON:** It was moved, seconded and passed to recommend to the State Federated Council the Southern Section's adoption of the American Badminton Association Rules Book, in lieu of the current NAGWS Rules Book, effective the 1977 season. (Editor's Note: The rules are identical, simply a difference in the publisher and size of the book).

3. **GIRLS' TENNIS:** It was moved, seconded and passed to recommend to the State Federated Council the Southern Section's adoption of the USTA Rule Book, effective the 1977-78 season, thus standardizing the rules utilized in the CIF-SS for Boys' and Girls' tennis.

4. **SOFTBALL REGULATIONS:** It was moved, seconded and passed that Rule 4, Art. 6, Note 1 ("By State Association adoption a regulation called game with a tie score shall be counted as 1/2 game won and 1/2 game lost for each team.") as provided in the 1977 National Federation Softball Rule Book be adopted by the Southern Section, effective with the 1977 season.

5. **GIRLS' GYMNASTICS:** It was moved, seconded and passed to follow National Federation Rules in computing team scores, taking the top three. It was further moved, seconded and passed to survey our member schools in order to obtain their recommendation on team scoring.

6. **BLUE BOOK COMMITTEE:** Mr. Tony Balsamo, chairman of the Blue Book Committee, presented three recommendations to the Executive Committee for consideration:

A. **SWIMMING AND DIVING** — It was moved, seconded and passed to recommend to the Council at the March meeting, consideration of the adoption of a mandatory minimum 10-day practice period in Boys' and Girls' swimming and diving before an individual can take part in interscholastic competition, effective the 1977-78 seasons.

B. **VOLLEYBALL** — It was moved, seconded and passed to consult with the Boys' Volleyball Advisory Committee if there is need for a rule restricting the number of potential team members from a school competing on the same team, outside the regular season of the sport.

C. **TEN-DAY TRYOUTS** — It was moved, seconded and passed to recommend at the March meeting of the CIF-SS Council, the passage of extending the "10-day Tryout Rule," as presently outlines in the CIF-SS Blue Book, to all Boys' and Girls' sports, with the exception of those sports which start the fall term. This would be effective the 1977-78 school year.

7. **RAMBAM TORAH VIOLATION:** It was moved, seconded and passed to charge Rambam Torah Institute for two contests toward its allowable number on the 1976-77 basketball season, due to a violation on the specified number of scrimmages. It was further moved, seconded and passed that Rambam Torah not be considered for the 1976-77 playoffs, should it so qualify.

8. **TREASURER'S REPORT:** Dr. Hanford Rants, treasurer, reviewed with the committee, suggestions and an anticipated overview of the 1977-78 budget for the CIF Southern Section, with a proposal to be made at the March meeting of the CIF-SS Council.

9. **ALUMNI COMMITTEE:** Mr. Alex Alexander and Mr. Art North, past members of the CIF-SS Executive Committee, presented a report of the Alumni Committee and its on-going working relationship with the CIF-SS. Following discussion, it was moved, seconded and passed to approve an annual meeting of the alumni membership (Executive Committee) and that (Continued on Page Three)

California Interscholastic Federation,  
Southern Section  
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**Officers**  
Louie Joseph, Ass't Superintendent  
Orange USD, President  
Tony Balsamo, Principal, Apple Valley HS, President-Elect  
Dr. Richard Cordano, Principal, Arcadia HS, Past-President  
Dr. Hanford Rants, Principal, Gahr HS, Treasurer  
Thomas E. Byrnes, Commissioner of Athletics  
**Bulletin Editor**  
Dean Crowley, Administrative Assistant

## EXECUTIVE COMMITTEE MINUTES

(Continued from Page Two)

the group work with the Commissioner of the CIF-SS in public relations, research and other areas as needed.

10. **STATE CIF REPORT:** Mr. Tony Balsamo, Mr. Ferren Christensen and Mr. Steve Miletich reported on several items relative to the upcoming January meeting of the State Federated Council:

A. **AMATEUR RULE** — It was moved, seconded and passed to recommend adoption of the amendment for State Rule 400 which would declare a student as being only ineligible for competition in the sport in which the student has become a professional.

B. **PROFESSIONAL TRYOUTS:** It was moved, seconded and passed to recommend adoption of the amendment for State Rule 412 which would extend the provisions for the Professional Baseball and Softball Tryout Rule to all sports.

C. **SPRING GRADUATES** — It was moved, seconded and passed to recommend adoption of the proposal allowing spring graduates to have continuing eligibility until all CIF spring competition is completed that year.

D. **WRESTLING CHAMPIONSHIP** — It was moved, seconded and passed to recommend adoption of the "Criterion Method" as an alternate for determining the winner of an overtime match in the CIF-SS wrestling sectionals and finals.

E. **HURDLE SPACING** — It was moved, seconded and passed to recommend adoption of the international hurdle spacing for Girls' track competition effective the 1977 season.

F. **GIRLS' UNIFORMS** — It was moved, seconded and passed to recommend an extension of the Southern Section meeting the National Federation Girls' uniform requirements until the 1980-81 season.

11. **SANTIAGO H.S. APPEAL:** Mr. George Gill, former principal of Santiago H.S., appeared before the Committee to appeal the findings of the Garden Grove League over a reported recruiting violation. Also present and speaking to the questions were Mr. Ron Walters (Garden Grove League President), Mr. Roger Braasch (Garden Grove League Council Representative), plus parents Mr. William Compton and Mr. Jim Dolph. Following discussion, it was moved, seconded and passed to deny the appeal and to sustain the decision of the Garden Grove League.

13. **GIRLS' A.D. UPDATE:** Mrs. Barbara Wilson, representative to the Executive Committee for Girls' Ath-

letic Directors, filed an updated report from around the Southern Section, covering results of the volleyball and tennis playoffs. Title IX inquiries, monthly Athletic Director's Bulletin, cross country, National Federation Conference, facilities, seasons of sports concerns and area assignment commissioners.

14. **BOYS' A.D. UPDATE:** Mr. Clare Van Hoorebeke, representative to the Executive Committee for Boys' Athletic Directors, filed an updated report from the area A.D. Associations, covering the National Federation Conference, seasons of sport concerns, availability of golf courses, coaching clinics, officials' concerns and exchange of football films.

15. **BEAUMONT H.S. VIOLATION:** It was moved, seconded and passed to send a letter of reprimand to Beaumont H.S. for its failure to follow the minimum game guarantee as submitted on its approved basketball tournament sanction in December of 1976.

16. **PLAYOFFS:** Commissioner Byrnes reviewed with the Committee the successful playoffs staged for Boys' and Girls' sports in the CIF Southern Section this past fall. Following discussion, it was moved, seconded and passed to offer a commendation to the Commissioner and the CIF-SS Office staff for their excellent service in conducting all the fall playoffs.

17. **CAA TOURNAMENTS:** It was moved, seconded and passed to approve the annual request of the Catholic Athletic Association for its members schools to assist in the sponsoring of youth basketball tournaments in the CYO program.

18. **CAA RELEAGUING:** It was moved, seconded and passed to approve the request of the Catholic Athletic Association for St. Anthony and Bishop Montgomery high schools to compete in the Camino Real League for football only during the 1977-78 season.

19. **STATE RULE 408:** It was moved, seconded and passed to recommend adoption of the new amendment under State Rule 408 which grants permission to Sections to set its rules for high school students to officiate Girls' sports contests. Under the CIF-SS ruling, high school students may officiate Girls' sports contests at the GAA level and contests between junior high school teams.

20. **FOREIGN EXCHANGE PROGRAMS:** Dr. Hanford Rants, consultant on foreign exchange programs, reviewed with the Committee the overall

program as provided under the CIF-SS Blue Book. Following discussion, it was moved, seconded and passed to approve the following programs for the 1977-78 school year: American Field Service, Youth for Understanding, International Cultural Exchange, International Fellowship Foreign Exchange, Students' International Exchange, Youth Exchange Service and Pacific Intercultural Exchange. It was further moved, seconded and passed to handle the Sister City Rotary and Lions Club Exchange on an individual basis.

21. **MULTI-CAMPUS REQUESTS:** It was moved, seconded and passed to recommend to the State Federated Council the multi-campus requests of Santa Monica H.S., Irvine District, Notre Dame H.S. (Riverside), Long Beach District, Pacifica H.S., Hemet H.S., Royal H.S., and Simi Valley H.S. for the 1977-78 school year.

22. **GARDEN GROVE LEAGUE VOLLEYBALL RECOMMENDATION:** It was moved, seconded and passed to consult with the Girls' Volleyball Advisory Committee if there is a need to extend the present 20 minute time lapse between varsity and junior varsity Girls' volleyball matches.

23. **GIRLS' SWIM RELAYS:** The possible addition of Girls' swim relays to the CIF-SS calendar of events was discussed. Action on this item was postponed until the next regular meeting of the Executive Committee.

Respectfully submitted,  
Ray Plutko  
Administrative Assistant

Approved by:  
Thomas E. Byrnes  
Commissioner of Athletics

## COMMISSIONER'S CORNER

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to 12:00 each day, Mrs. Shirley Frazier is our bookkeeper handling all questions on dues, financial matters, eligibility forms, etc.

When making a call, the services the CIF-SS is ready to provide will be obtained much more efficiently if one's call is directed properly. Please feel free to contact our staff if you have any questions. We are here to serve the needs of our member schools.

## BLUE BOOK CLARIFICATION

The May 1 Rule as listed in the Blue Book under Tennis and Softball is clarified to read as follows:

Boys' Tennis ..... Not Applicable  
Softball ..... Not Applicable



## TENNIS GUIDES AVAILABLE TO COACHES

The leading sellers of tennis instructional books in schools and colleges are the Eve Kraft — John Conrow series distributed by Scholastic Coach Athletic Services.

The series consists of two units of programmed learning. The first unit is for beginning students and covers the most elementary "pre-tennis" skills for proficiency in the basic strokes. It provides a progressive system of short term incentives to maintain interest of new players, and it includes a discussion of tennis rules and terminology.

The second unit is for intermediate and advanced players. There is discussion of tournament play. Both units

have step-by-step instructional outlines for Teachers and Coaches.

The third publication of the series is a handbook on the implementation of the two units, with particular attention to group formations and the organization of classes where court space is limited. It contains a list of group games and drills for all ability levels, as well as an outline for tennis coaches on the conduct of varsity tennis programs.

All three publications are available from Scholastic Coach Athletic Services, 50 West 44th Street, New York, New York 10036.

Eve Kraft is the founder and co-director of the Princeton Community

Tennis Program and co-chairman of the United States Tennis Association Education and Research Committee. John Conrow is co-director of the Princeton Community Tennis Program and co-chairman of the USTA Education and Research Committee. He coached Princeton University tennis teams to 52 straight dual match victories over a period of 4½ years and captured five successive Eastern Intercollegiate tennis championships. Ms. Kraft was the first woman varsity tennis coach at Princeton University, where her team went undefeated in dual matches during the three years she coached there.

## VOLLEYBALL MOST POPULAR GIRLS' SPORT

Volleyball is the most popular girls' sport in the state on the secondary level in terms of school and individual participation, according to the National Federation of State High Schools Association 1976 sports participation survey.

More than 800 schools and 21,301 girls compete in the sport throughout the state.

Basketball ranked second in the survey with 809 schools and 19,230 participants.

With 711 schools and more than 18,000 competitors, softball ranked third.

Following in terms of numbers of participants were tennis; 14,638 track; 13,798 swimming; 12,593 and gymnastics; 9,159.

The sport with the fewest number of participants in the state was fencing with 64 competitors, although it is not a sanctioned event in California at this time.

## GYMNASTICS RULE BOOK CORRECTION

Through an oversight, the height of the crown of the vaulting board was not included in the diagram in the Girls' Rule Book for gymnastics. The height should be 8¼" plus or minus ½". The Girls' Rules Committee also adopted the change requiring a run-up strip no more than ½" thick and a minimum of 60' long on a non-slippery surface. It is intended this requirement become fully effective in 1979.

## STATE CIF GIRLS' ADVISORY COMMITTEE



Left to Right — Barbara Prato; San Francisco City Section, Kathy Haines; Northern Section, Jan Jessop; San Diego Section, Mary Reed; Oakland City Section, Rena Durbahn; Central Section, Bill Russell; Commissioner, State CIF, Barbara Heisler substituting for Judy Steele; North Coast Section, Betty Melton; San Joaquin Section, Barbara Wilson; Southern Section and Steve Miletich; President of State Federated Council.

## Training Tips

# IF WE CAN ONLY STAY HEALTHY

By Dr. Paul Steingard  
Team Physician  
NBA Phoenix Suns

"If we can only stay healthy, we'll win it all." How many times have we heard that expressed by players, coaches and fans? The universal term, "stay healthy". What determines health and injury? Is it chance? Is it conditioning? Is it coaching method? The answer probably is all of the above. Certainly a player stepping on a foot, or being tripped, or bumping into the scorer's table is not in control of his destiny.

We do know that conditioning can aid in preventing overuse type injuries and there is no sacrifice for conditioning. Since in the success of the East German swimmers in the recent Olympics, there has been interest shown in their training and conditioning programs. Aerobic conditioning was their major weapon. So from that, it looks like basketball players should be running cross-country.

Over-coaching can be a major cause of injuries. The concept that if a little is good, a lot is better, does not always apply. Injuries occur with alarming frequency after marathon practices. This assumes greater importance during basketball season. The small squads and the great variation in ability makes basketball a game very much dependent on injury control for success. In the next few paragraphs, we will discuss some rules and tips to help minimize the effects of injuries.

1.) EVALUATE ALL INJURIES: If a player is injured, no matter how slightly, he should understand how important it is to be checked. "Toughing out" an ankle sprain could make a minor problem into one that can disable the athlete for weeks. The sprained ankle is the best example. This requires ice, compression, elevation, promptly.

2.) ICE OR HEAT? Always use ice over heat, if there is a question as to what to do. Ice effectively decreases swelling and has been used therapeutically. Heat modalities should be used only under a doctor or trainers' supervision. As we said, ice is indicated for the initial treatment of almost all injuries. Ice bags should be available. We have not been overly fond of the chemical cold preparations because of the safety factor. However, new preparations and packaging has improved the chemical ice packs and they are certainly handy to have around.

3.) TO TAPE OR NOT TO TAPE. This is a matter of the player's comfort. But there is no question that taping ankles reduces the incidence and severity of sprains. Although many teams have trainers to do their taping, a player can learn to tape by "reading the book". All of the major companies supplying tape have illustrated manuals available. Now, if a player is coming off of a sprained ankle, we insist that he tape. Furthermore, if he has a long practice or a tough game, we suggest that he retape halfway through.

4.) WHAT KIND OF SHOES? The shoe that the player feels comfortable in is the shoe to wear. The major companies all make good shoes. The only time we advise a special shoe is after an ankle sprain. Then we recommend he wear high top canvas. It seems to us that this adheres to the ankle a little better. Together with the tape job, it may offer a little more protection against a recurrence of the sprain.

5.) AVOID UNNECESSARY INJURIES. In our practice, we find that a great number of significant injuries are related to "goofing around." If the coach is well organized, the player will have his hands full in practice and games. There is really no reason for his to "shoot around" with the guys who want to prove that they are as good as the fellows on the team. The player should discipline himself to organized practices, and study in spare time. This is not a "square" attitude on our part. Rather it is a frank acknowledgement that "messing round" causes injuries.

6.) LEARN STRETCHING EXERCISES. This is an exciting new preventive measure in Sports Medicine. You can depend on a reduction of muscle pulls by doing a few stretching exercises before every practice and game. The stretching exercises are available everywhere and are very simple to do.

7.) DO NOT IMITATE THE PRO'S. Although this is a negative type of instruction, nevertheless, it is extremely important. Because a pro player throws an elbow or does marginal things to win (and unfortunately is extolled in the Media for doing it) does not condone the high school athlete's imitation. Actually, the great majority of professional players abhor dirty play. We have seen many lacerations

due to an errant elbow, and a number of Archile's ruptures due to tripping. It may sound corny to say this, but we believe in hard but clean play.

In conclusion many injuries are a matter of chance and cannot be prevented. But we do have some control of our destinies and the majority of injuries can be prevented. (PREP SPORTS February 1977).

## THE KIDS KNOW BETTER

Last autumn, a major college football coach accused a rival university of spying on his team's practices. The coach agreed to take a lie detector test to prove his accusations were not false.

Later in the season, the scouting report of a suburban Chicago high school football team was confiscated by a school janitor, delivered to teachers at rival schools, and ended up in the possession of the football coaches at the schools.

Whether the spying accusations were true and whether the stolen scouting reports were used by the coaches is not a matter for us to judge. However, we have made an observation.

The observation is that it was adults and leaders, not youth and athletes, who were involved in the nefarious affairs. In fact, with the exception of some college athletes who have received illegal inducements to attend various colleges (again from adults), amateur athletes have shown a degree of honesty and loyalty which would prove a good example to those who are supposedly older and wiser.

## COUNCIL ISSUES

(Continued from Page One)

of the boys' and girls' seasons of sport and to reduce the use of facilities conflicts that arise out of overlapping seasons. However, later in the agenda the regular calendar was defeated and after much debate the Council relegated the duty of adopting a new calendar to the Executive Committee with a specific direction to equalize the number of contests in comparable sports between boys and girls and to equalize the length of seasons.



## COACHES CORNER



## NEW PRESS & RECORD GUIDE STILL AVAILABLE

The latest edition of the CIF-Southern Section Press Guide and Record Book is off the press. Member schools have been sent three copies—one each to the Principal, Boys' Athletic Director and Girls' Athletic Director.

The publication, which lists all records for both Boys' and Girls' athletic competition in the Southern Section, is published every two years and is one of the most voluminous documents in the CIF-SS.

This marks the 11th edition of the CIF-SS Press Guide and Record Book designed for use by the Media throughout the State and for the athletes, coaches and fans who have contributed to its growth and scope over the years.

Schools wishing to purchase copies for their library may place orders through the CIF-SS Office at \$2.50 each.

## TWELVE RULE CHANGES IN FOOTBALL FOR 77

Twelve Rule Changes were made by the Football Rules Committee of the National Federation of State High School Associations at its annual meeting in Biloxi, Mississippi, January 6 and 7, 1977.

The only major change involves blocking with hands and arms by players on offense. Effective with the 1977 high school season, players on offense will be permitted to contact opponents with their hands or arms, provided the elbows are entirely outside the shoulders and palms are toward the ground with the forearms approximately parallel to the ground and extended no more than 45 degrees from the body.

A change also was made in the definition of when an offensive player is considered to be on the line of scrimmage. Effective with the 1977 season, an offensive player is considered to be on the line of scrimmage when his head

intersects the plane drawn parallel with the line of scrimmage through the snapper's (center's) belt line. A player is legally in the backfield when his head does NOT intersect the belt line of the nearest teammate on the line of scrimmage.

All references to "OFFSIDES" have been eliminated in the 1977 Football Rule Book published by the National Federation. If any player within the field encroaches—that is, enters the neutral zone—before the ball becomes alive, it is a dead ball foul, and the correct terminology is "encroachment". The signal used to indicate the foul will be one arm extended in the air, followed by the signal which was formerly used to indicate offside (hands on the hips).

Significant change in the area of safety requires that all players must be equipped with thigh guards beginning with the 1977 season.

## NATIONAL FEDERATION NOTEBOOK

## A PLACE FOR IDEALISM

We often hear criticism of banquet speakers who talk about the values of interscholastic athletics in vague unsubstantiated terms. "Idealistic," the critics say.

Permeating America's sports consciousness is the image of athletic competition provided by televised or otherwise highly publicized sports. This is professional and major university athletics, and the practices of these levels are often contrary to the ideals of the interscholastic level. There is weekly if not daily proof for the critics' point of view, and very little if any support for those of us who speak of the values of participation in interscholastic athletics.

The dispassionate buying and selling of players by owners have reduced athletes from heroes to mere chattel, and destroyed an ideal. The greed of players

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## 1977 TRACK AND FIELD CHAMPIONSHIP MEET INFORMATION

### BOYS:

4A Prelims  
4A Finals  
3A Prelims  
3A Finals  
2A Prelims  
2A Finals  
1A Prelims  
1A Finals

Cerritos College  
Cerritos College  
Kelly Field (El Modena HS)  
Kelly Field (El Modena HS)  
Bradford Field (Valencia HS)  
Bradford Field (Valencia HS)  
Redondo Beach HS  
Redondo Beach HS

Friday, May 13th early evening  
Friday, May 20th evening  
Saturday, May 14th noon  
Saturday, May 21st noon  
Saturday, May 14th evening  
Saturday, May 21st evening  
Saturday, May 14th noon  
Saturday, May 21st noon

Doug Smith, Meet Mgr.  
Doug Smith, Meet Mgr.  
Earl Engman, Meet Mgr.  
Earl Engman, Meet Mgr.  
Glen Hastings, Meet Mgr.  
Glen Hastings, Meet Mgr.  
Brian Springer, Meet Mgr.  
Brian Springer, Meet Mgr.

### GIRLS:

4A Prelims  
4A Finals  
3A Prelims  
3A Finals  
2A Prelims  
2A Finals  
1A Prelims  
1A Finals

Camarillo HS  
Camarillo HS  
Mt. SAC  
Kelly Field (El Modena HS)  
Mt. SAC  
Bradford Field (Valencia HS)  
Redondo Beach HS  
Redondo Beach HS

Saturday, May 14th noon  
Saturday, May 21st evening  
Friday, May 13th afternoon, evening  
Saturday, May 21st noon  
Friday, May 13th afternoon, evening  
Saturday, May 21st evening  
Saturday, May 14th noon  
Saturday, May 21st noon

Sandy Williams, Mt. Mgr.  
Sandy Williams, Mt. Mgr.  
Rich Ede, Meet Mgr.  
Earl Engman, Meet Mgr.  
Rich Ede, Meet Mgr.  
Glen Hastings, Mt. Mgr.  
Brian Springer, Mt. Mgr.  
Brian Springs, Mt. Mgr.

### STATE QUALIFYING MEET:

Cerritos College

Friday evening, May 27th

Doug Smith, Meet Mgr.

### STATE MEET:

UCLA

June 3rd and 4th

LA City Section Host

## CIF MORE EXCITING THAN SUPER BOWL

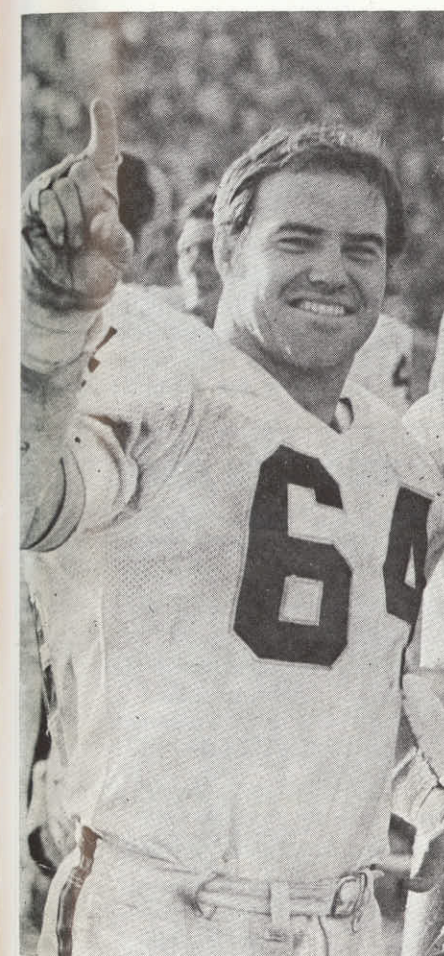
Playing in the Super Bowl was a thrill for Oakland's George Buehler, but it probably won't match the 1964 CIF 4A football championship game he played in, he says.

Buehler, the 6-2, 270 pound starting offensive guard for the Raiders, remembers the '64 showdown well. It matched Whittier and Loyola high schools in the Coliseum.

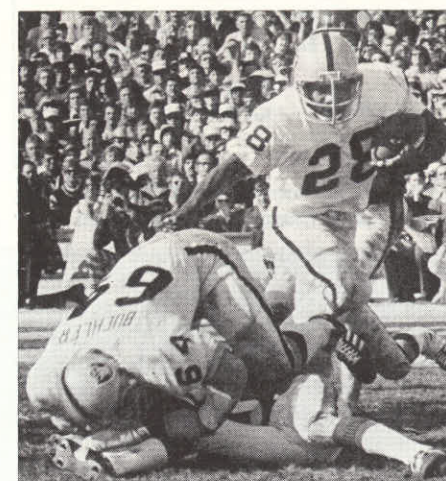
"The town (Whittier) really went wild over that game, especially when we won. High school football was a lot of fun, and probably more exciting than the Super Bowl, but of course smaller in scale," he says.

"Winning the CIF championship, I think, was as thrilling as this (the Super Bowl) could be," says Buehler.

The former Stanford University standout, now in his eighth year with the Raiders, says he really hasn't felt the impact of Sunday's game with Minnesota's Vikings in the Rose Bowl.



BUEHLER CELEBRATES  
SUPER-BOWL VICTORY



NUMBER 64 CLEARS PATH FOR  
OAKLAND RUNNING BACK  
CLARENCE DAVIS

"I've always had trouble with intensity," says the soft-spoken Raiders giant. "We're coming off a big win over Pittsburgh and we've been moving around a lot lately," said Buehler from the Raiders' UC Irvine training camp.

"And this is a new setting for us, so really haven't got down to the business of football—and we probably won't until Thursday.

"But I'm really not the type to get up for a game. Some weeks football is the last thing I want to do and other times it's real exciting. Ultimately, it's how you feel the day of the game that counts," says Buehler.

The Super Bowl game will be Buehler's 101st in row for the Raiders. He was drafted by Oakland on the second round in 1969, but played little as a rookie.

But he's been a fixture at guard the past seven seasons with his chief duty blocking for quarterback Ken Stabler in Oakland's pass oriented offense.

And he feels he's played well this season—especially in the last few games.

"I'm happy with the way I've played this season. I really didn't have a lot of intensity before the Cincinnati game (last regular season game), but we showed people we were a team with principle and integrity," says Buehler.

"Against Cincinnati and Pittsburgh (AFC title game) people thought we were going to let down, so we had something to prove, and we did."

And what about Minnesota?

"We've played them three times and never won, so we have something to prove, I'm very impressed with them, they have a strong defensive group.

Buehler comes from a family that is involved in the medical profession. His father, a doctor, recently stepped down as president of the Los Angeles County Medical Association while one of his brothers (Charles) is also a doctor and one of his sisters is a medical technician. His younger brother, John, is currently coaching at Whittier High School, serving as assistant varsity football coach, assistant in track and head soccer coach.



1964 CIF-SS PLAYER  
OF THE YEAR

(Editors note:

This article was written by Craig Sheff, Staff Writer for the Orange Coast Daily Pilot. We appreciate Glenn White, Sports Editor, giving us permission to print this article in its entirety.)





## WHAT'S HAPPENIN' IN THE OTHER 49 STATES

**(EDITOR'S NOTE: This is another in a series of monthly articles covering items of interest from throughout California and other State Associations in their administration of high school athletics.)**

**ITEM:** Did you know?

**COMMENT:** The membership of the National Federation consists of 50 individual state high school athletic and/or activity associations and the association of the District of Columbia. Also benefiting from National Federation services as affiliated members are nine Canadian provincial associations and similar groups in the Philippines, Guam, Puerto Rico and the Virgin Islands. Policies for high school athletics emanate from the National Foundation and its membership.

**ITEM:** "What, me retire Mr. Roundy?"

**COMMENT:** Jim Nora is one of at least a quarter million high school athletic officials in the United States. What makes Mr. Nora unusual is that he just completed his 54th season as a high school football official and celebrated his 76th birthday a week later. He began officiating in 1922 and was a coach and physical education instructor in the Dubuque, Illinois School System from 1923 to 1969.

**ITEM:** A long time coming . . .

**COMMENT:** Kapaa High School on the Hawaiian Island of Kauai won its first league football championship in 31 years this past season. What makes this achievement so unusual is that there are only three high schools on the island of Kauai and only three high schools in the league.

**ITEM:** Baby it's cold outside . . .

**COMMENT:** Manassas Park High School, a brand new Virginia school, had its basketball team practice outdoors while the gymnasium was being completed and the team did so with great enthusiasm, even when temperatures dipped into the low 30's. When the team finally came in from the cold, it ran into another problem: no backboards and rims. So the team rigged makeshift plywood baskets hung on the end of scaffolding left behind by work crews and continued practice. First year head coach Rob Carpenter praised the kids attitude as, not surprisingly, he looked forward to the first game. It was an away game!

**ITEM:** Study compiles statistics on spinal cord injuries . . .

**COMMENT:** The number of sport-related spinal cord injuries has been the subject of a three year study conducted by Dr. Kenneth S. Clarke of Pennsylvania State University in cooperation with the National Federation of State High School Associations and other sport-related organizations. Forty-one percent of the 15,356 high schools surveyed returned the questionnaire form. These 6,263 schools reported 343 sport-related spinal cord injuries during the three year period. Seventy-seven percent of the injuries occurred in varsity or sub-varsity interscholastic programs and approximately 76% of the permanent spinal injuries occurred during games. According to preliminary data compiled in the survey, the frequency of school and college football players incurring permanent spinal cord injuries was ONE for every 28,000 participants.

**ITEM:** Courts supports residence and transfer rules . . .

**COMMENT:** For the third time in four years, a Texas district court has upheld the residence and transfer rules. On October 12, 1976 a district judge ruled that enforcement of these league rules does not violate a pupils' fundamental rights because the United States Constitution does not guarantee the right to play football. A prior decision given by Judge Sarah Hughes in Federal District Court in Dallas reiterated the same opinion that the U.S. Constitution does not guarantee the right to play football or athletics in general. Judge Hughes stated in her opinion: "No where in the constitution is there any guarantee of a right to play football. If that right exists, therefore, it is ancillary to some other right."

**ITEM:** Familiar faces . . .

**COMMENT:** Jim Tunney in his 17th year as an NFL Football Official and Assistant Superintendent of the Bellflower Unified School District was the referee in the Super Bowl XI. Tunney was also the referee in Dallas' 24-3 victory over Miami in Super Bowl VI. Another familiar face at Pasadena on Super Bowl Sunday was Armen Terzian, the field judge, who is Commissioner of the San Francisco Section of the CIF.

## A PLACE FOR IDEALISM

(Continued from Page Six)

has tarnished the ideal that athletic competition is fun. Players and coaches who break contracts have subverted the ideal that athletics builds integrity.

The firing of coaches who win even most of the time, but not all of the time, has made to look ridiculous the ideal that it is the competition rather than the outcome that is important in athletics. The recruiting practices and conduct of some coaches have made a mockery of the ideals that interscholastic athletics is an educational experience which teaches fair play, sportsmanship and self-control.

The result is a breakdown in the public's belief in the ideals which we have established and continue to defend for interscholastic athletics; and this breakdown in belief threatens the existence of interscholastic athletics programs.

In upcoming months, there will be hundreds of school districts with budget deficits which will go to the public and ask for tax increase levies to support public education, with interscholastic athletic programs hanging on the outcome of the vote. If the public in these communities has lost faith in the ideals of sport, they will treat interscholastic athletics as expendable.

So we need more, not less, talk of the values of interscholastic athletics. We need coaches and athletic administrators to keep the ideal of interscholastic athletics in sight, speak of them often, and strive for them always.

## JUNIOR HIGH COMMITTEE

The CIF Southern Section now has a Junior High School Committee. Other junior high schools are invited to share any ideas they have with the committee members.

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