WHY NOT MAKE DAILY ROUTINES EASIER?

You say it’s service you’re after?

If you’re wondering what the CIF Southern Section Office can do for you — the individual member school or the entire community school — there are three areas of service that could make your job easier.

Each year a number of last-minute changes occur prior to the opening of school, and for that matter, during the entire term as well. One of these changes could be the listing of your school’s new telephone listing and you’ll have to admit it’s a trifle troublesome to keep the office informed of such a change to the other 480 Southern Section schools.

However, if you just let this Office know, you’ll have it and it’s free of charge. Each month a separate flyer is sent to each school, listing any changes in telephones, administrative posts and/or coaching changes.

Another area in which the CIF Southern Section office can be of service is that of advertising any coaching vacancies at your respective school — both in the men’s and women’s athletic departments.

And if you’re having trouble finding a fresh football game or extra baseball tournament, let us do it for you. Simply call in your openings and we’ll do our best to include them in our monthly mailout. All we ask is that you let us know when the game has been filled.

What don’t concentrate your efforts in other areas or let our Office care of some of those routine chores for you this year?

WHAT’S HAPPENIN’ IN THE OTHER 49 STATES (Continued from Page Ten)

ITEM: Don’t count your chickens.

COMMENT: Premature celebration costed greatly to Crisfield High School in its homecoming football game against Plymouth High School this season in Ohio. Creaseline had possession of the football and a 12-7 lead with six seconds remaining on the clock. So, the Indians had a chance to run off the last six seconds rather than risk a fourth down punt and give Plymouth a chance to return it for a touchdown. The ball was returned from center on his own 39-yard line and retreated toward his end zone. By the time he reached the ten-yard line, the six seconds had elapsed and the quarterback threw the ball into the air celebrating an imaginary touchdown. However, the ball landed in the arms of a Plymouth defender who carry the ball into the end zone for a 13-12 Plymouth victory.

ITEM: Guess what . . .

COMMENT: Do you know the fastest growing sport in California High School Sports? (Continued from Page Eleven) — Soccer is the fastest. In California for boys while volleyball is the fastest developing sport for girls in the state. Volleyball surpassed basketball as the sport sponsored by more schools for girls than any other sport.

ARASON NAMED ATHLETIC DIRECTOR OF THE YEAR

He has played all sports but was admittably a star in one. Yet, reared in the San Francisco area, Arason has become a celebrity in his own right. He is, in the words of the 1976-77 California Athletic Director of the Year.

The Santa Ana High School administrator was awarded the honor by the National Council of Secondary School Athletic Directors based on the recommendations of his colleagues.

Another area in which the veteran athletic director attributed the honor to his love for sports and “my comradeship with kids who I enjoy very much.”

They are unlikely beginnings which lead Arason, who is also president of the California State Athletic Director’s Association (CSADA), to his present status.

He was born in a small farming community in central Dakota to native Iroquois parents.

“When I started school I didn’t even speak English,” explained Arason clad in red and white, the colors of the school which he has spent the last 16 years.

After he graduated from the school where he was educated for eight years with the same four children, he moved with his parents to Grand Forks, N. D.

There he finished high school and obtained his Bachelor of arts degree at the local university after a stint in the service during the Korean War.

Since his original objective was to make a living in some field, he was forced to study chemistry and trained in natural science and minored in chemistry.

Yet, never losing his enthusiasm for sports and also majored in physical education.

His schooling has enabled him to teach virtually all subjects at the secondary level as well as coach, said Arason who also speaks German. He also holds a master’s degree in educational administration from Chapman College.

He made his home in California in 1956, returning only briefly to North Dakota “where I lost my proverbial rear end in a blizzard,” business he said good-naturedly.

His first coaching experience was 20 years ago at Buena Park High School as assistant football coach under Dick Spaulding.

Four years, later, Arason accepted a position at Santa Ana High School as a woodshop and physical education teacher as well as coaching football and track.

In 1964, he was named to his present position.

“He is an outstanding administrator and a person dedicated to young people,” said Santa Ana Principal Harlan Anderson. Anderson wrote a paper in recommendation to the council.

“He devotes many more hours than that which is required. He is certainly deserving of the award.”

“We’re very proud of him,” added Bertie Stevens, Santa Ana’s girls’ athletic director.

“With his help, the girls’ and boys’ programs have become very equal this year.”

“arason said his primary goal as president of the CSADA will be to see that every one of the 2,000 athletic directors in the state join the association.

He showed the bluster on his thumb which he said he developed after personally addressing information packets to more than 1,300 non-members of the CSADA.

“We are currently fifth in the nation in membership with just over 300,” Arason said. Iowa now ranks first.

The showing is a blatant display of apathy, he said.

“I intend to make California No. 1 where it belongs.”

LARRY ARASON POPULAR SANTA ANA IHS. AD
The January Executive Committee meeting of the CIF-SS Southern Section was held at the Grover Cleveland Hotel in Burbank, California. The agenda included discussion of the Scholarship Committee, the CIF-SS with the Boys’ Volleyball Advisory Committee, and the future of the CIF-SS in public relations, research, and other areas as needed.

Executive Committee

(Continued from Page Two)

The CIF-SS Executive Committee, in conjunction with the Boys’ Volleyball Advisory Committee, will be working to improve the quality of boys’ volleyball at the post-high school level. The Committee will also be considering the possibility of offering a state championship for boys’ volleyball.

GIRLS’ TENNIS

The CIF-SS Executive Committee approved the adoption of a new state championship for girls’ tennis. The championship will be held in May and will feature the top 16 teams from around the state.

FOOTBALL REGULATIONS

The CIF-SS Executive Committee approved changes to the football regulations for the upcoming season. These changes include a new rule regarding the handling of the ball and a new penalty for unsportsmanlike conduct.

Treasurer’s Report

The Treasurer’s Report for the 1973-1974 fiscal year was presented at the meeting. The report showed a balanced budget for the year.

Alumni Committee

The Alumni Committee presented a report on the activities of the Alumni Association for the past year. The report included information on the number of alumni who attended the alumni banquet, the amount of money raised, and the plans for future events.

Girls’ Gymnastics

The Girls’ Gymnastics Committee presented a report on the activities of the girls’ gymnastics teams for the past year. The report included information on the number of girls who participated in the sport, the number of meets held, and the team’s overall performance.

Blue Book Committee

The Blue Book Committee presented a report on the progress of the Blue Book for the upcoming school year. The report included information on the number of questions submitted, the number of questions answered, and the time it took to complete the book.

CIF-SS Southern Section

(Continued on Page Three)

MINUTES OF THE CIF-SS EXECUTIVE COMMITTEE MEETING
JANUARY 13, 1977

COMMISIONER’S CORNER

TOWARD MORE EFFICIENT SERVICE

T. E. BYRNE

Chairman and Chief Executive Officer

Page Two

COMMISSIONER’S CORNER

TOWARD MORE EFFICIENT SERVICE

Page Three
FEMININE FOCUS

DIFFICULT RULES FOR BASKETBALL EXPLAINED IN BOOK

The history of 100 play situations in which "fall" rules are difficult to interpret is discussed in the 220-page handbook, "Illustrated Basketball Rules." It is designed for players, coaches and officials on all levels of play and will appeal to enthusiastic basketball fans who want to judge difficult calls for themselves.

The author, Dr. Edward Stetz, explains the rules and penalties of intercollegiate and interscholastic basketball. He also presents comparisons between the popular amateur rules and the rules used at the professional and international levels.

A paperback edition may be obtained from the Springfield College Bookstore, Springfield, Mass. 01109. The cost by mail is $7.

STATE CIF GIRLS' ADVISORY COMMITTEE

LEVYBALL MOST POPULAR GIRLS' SPORT

Volleyball is the most popular girls' sport in the state on the secondary level in terms of school and individual participation, according to the National Federation of State High Schools Association 1976 sports participation survey.

More than 800 schools and 21,301 girls compete in the sport throughout the state.

Basketball ranked second in the survey with 809 schools and 19,230 participants.

With 711 schools and more than 18,000 competitors, softball ranked third.

Following in terms of numbers of participants were tennis, 14,638; track, 14,637; swimming, 12,593 and gymnastics, 9,159.

GYMNASTICS RULE BOOK CORRECTION

Through an oversight, the height of the crown of the vaulting box was not included in the diagram in the Girls' Rule Book for gymnastics.

The height should be 18” minus 1/2”.

The Girls' Rules Committee also adopted the change requiring a run-up on the vault box to be 5/8” thick and a minimum of 6” long on a non-slippery surface. This is intended to make it more difficult to perform the stunt.

STATE CIF GIRLS' ADVISORY COMMITTEE

Gymnastics was one of the first women's sports to gain national attention. The first women's gymnastics team in the United States was formed in 1853. Since then, the sport has evolved into a complex and highly competitive form of physical activity. Today, gymnastics is enjoyed by millions of people worldwide, with both men and women participating in various disciplines such as artistic gymnastics, rhythmic gymnastics, and trampolining. The sport requires strength, flexibility, and artistic expression, making it a challenging and rewarding experience for those who participate in it. Whether you are a beginner learning the basics or an experienced gymnast aiming for excellence, the principles of dedication, perseverance, and hard work are essential for success in this dynamic and ever-evolving sport.
TWELVE RULE CHANGES IN FOOTBALL FOR '77

Twelve Rule Changes were made by the Football Rules Committee of the National Football League on January 6 and 7, 1977.

The only major change involves blocking with hands and arms by players on offense. Effective with the 1977 high school season, players on offense will be permitted to contact opponents with their hands or arms, provided the elbows are entirely outside the shoulders and palms are toward the ground with the forearm approximated parallel to the ground and extended no more than 45 degrees from the body.

A change also was made in the definition of what an offensive player is considered to be on the line of scrimmage. Effective with the 1977 season, an offensive player is considered to be on the line of scrimmage when his head intersects the plane drawn parallel with the line of scrimmage through the snapper's feet. A player is legally in the backfield when his head does NOT intersect the ball line of the nearest teammate on the line of scrimmage.

All references to "OFFSIDES" have been eliminated in the 1977 Football Rule Book published by the National Federation. If any player within the field encroaches — that is, enters the neutral zone — before the ball becomes alive, it is a dead ball foul, and the correct terminology is "encroachment.

The signal used to indicate the fag will be one arm extended in the air, followed by the signal which was formerly used to indicate offside (hands on the hips).

Significant change in the area of safety requires that all players must be equipped with mouth guards beginning with the 1977 season.

NATIONAL FEDERATION NOTEBOOK

A PLACE FOR IDEALISM

We often hear criticism of banquet speakers who talk about the values of interscholastic athletics in vague, unsubstantiated terms. "Idealistic" is the criticism.

Permeating America's sports consciousness is the image of athletic competition provided by televised or otherwise highly publicized sports. This is professional and major university athletics, and the practices of these levels are often contrary to the ideals of the interscholastic level. There is worth of not doing well for the critics' point of view, and very little if any support for those of us who speak of the values of participation in interscholastic athletics.

The dissatisfaction buyout of players by owners has reduced athletes from heroes to mere chattel, and destroyed an ideal. The greed of players

1977 TRACK AND FIELD CHAMPIONSHIP MEET INFORMATION

BOYS:
4A Prelims Corvallis College
4A Finals Corvallis College
3A Prelims Kelly Field (El Modena HS)
3A Finals Kelly Field (El Modena HS)
2A Prelims Bradford Field (Valencia HS)
2A Finals Bradford Field (Valencia HS)
1A Prelims Redondo Beach HS
1A Finals Redondo Beach HS

GIRLS:
4A Prelims Camarillo HS
4A Finals Camarillo HS
3A Prelims Mt. SAC
3A Finals Mt. SAC
2A Prelims Kelly Field (El Modena HS)
2A Finals Kelly Field (El Modena HS)
1A Prelims Redondo Beach HS
1A Finals Redondo Beach HS

STATE QUALIFYING MEET:
Corvallis College
STATE MEET:
UCLA

CIF MORE EXCITING THAN SUPER BOWL

Playing in the Super Bowl was a thrill for Oakland's George Buehler, but it probably won't match the 1964 CIF AA football championship game he played in, he says.

Buehler, the 6-2, 270 pound starting defensive guard for the Raiders, remembers the '64 showdown well. It matched Whittier and Loyola high schools in the Coliseum.

"The town (Whittier) really went wild over that game, especially when we won. High school football was a lot of fun, and probably more exciting than the Super Bowl, but of course money is the key," he says.

"Winning the CIF championship, I think, was as thrilling as this title Super Bowl could be," says Buehler.

The former Stanford University standout, now in his eighth year with the Raiders, says he really hasn't felt the impact of Sunday's game with Minnesota's Vikings in the Rose Bowl.

And what about Minnesota?

"We've played them three times and never won, so we have something to prove. I'm very impressed with them, they have a strong defensive group.

Buehler comes from a family that is involved in the medical profession. His father, a doctor, recently stepped down as president of the Los Angeles County Medical Association while one of his brothers (Charles) is also a doctor and one of his sisters is a medical technician. His younger brother, John, is currently coaching at Whittier High School, serving as assistant varsity football coach, assistant in track and head soccer coach.

NUMBER 41 CLEAR PATH FOR OAKLAND RUNNING BACK CLARENCE DAVIS

"I've always had trouble with intensity," says the soft-spoken Raiders giant. "We come coming off a big win over Pittsburgh and we've been moving around a lot lately," said Buehler from the Raiders' UC Irvine training camp.

"And this is a new setting for us, so really haven't got down to the business of football — and we probably won't until Thursday.

"But I'm really not the type to get up for a game. Some weeks football is the last thing I want to do and other times it's real exciting. Ultimately, it's how you feel the day of the game that counts," says Buehler.

The Super Bowl game will be Buehler's 101st in row for the Raiders. He was drafted by Oakland on the second round in 1969, but played little as a rookie.

But he's been a fixture at guard the past seven seasons with his chief duty blocking for quarterback Ken Stabler in Oakland's pass oriented offense.

And he feels he's played well this season — especially in the last few games.

"I'm happy with the way I've played this season. I really didn't have a lot of intensity before the Cincinnati game (last regular season game), but we showed people we were a team with principle and integrity," says Buehler.

"Against Cincinnati and Pittsburgh (AFC title game) people thought we were going to let down, so we had something to prove, and we did."
WHAT'S HAPPENIN' IN THE OTHER 49 STATES

(EDITOR'S NOTE: This is another in a series of monthly articles covering items of interest from throughout California and other State Associations in their administration of high school athletics.)

ITEM: Did you know?

COMMENT: The membership of the National Federation consists of 50 individual state high school athletic and/or activity associations and the associations of the District of Columbia. Also benefiting from National Federation services as affiliated members are nine Canadian provincial associations and similar groups in the Philippines, Guam, Puerto Rico and the Virgin Islands. Policies for high school athletics emanate from the National Foundation and its membership.

ITEM: "What, me retire? Mr. Roundy?"

COMMENT: Jim Nora is one of at least a quarter million high school athletic officials in the United States. What makes Mr. Nora unusual is that he just completed his 74th season as a high school football official and celebrated his 76th birthday a week later. He began officiating in 1922 and was a coach and physical education instructor in the Dubuque, Illinois School System from 1923 to 1969.

ITEM: A long time coming

COMMENT: Kapua High School on the Hawaiian Island of Kauai won its first league football championship in 31 years this past season. What makes this achievement so unusual is that there are only three high schools on the island of Kauai and only three high schools in the league.

ITEM: Baby it's cold outside

COMMENT: Manassas Park High School, a brand new Virginia school, had its basketball team practice outdoors while the gymnasium was being completed and the team did so with great enthusiasm, even when temperatures dipped into the low 30's. When the team finally came in from the cold, it ran into another problem: no backboards and rims. So the team rigged makeshift plywood baskets hung on the end of scaffolding left behind by work crews and continued practice. First year head coach Rob Carpenter praised the kids attitude as, not surprisingly, he looked forward to the first game. It was an away game!

ITEM: Study compiles statistics on spinal cord injuries

COMMENT: The number of sport-related spinal cord injuries has been the subject of a three year study conducted by Dr. Kenneth S. Clarke of Pennsylvania State University in cooperation with the National Federation of State High School Associations and other sport-related organizations. Forty-one percent of the 15,356 high schools surveyed returned the questionnaire form. These 6,263 schools reported 343 sport-related spinal cord injuries during the three year period. Seventy-seven percent of the injuries occurred in varsity or sub-varsity intercollegiate programs and approximately 76% of the permanent spinal injuries occurred during games. According to preliminary data compiled in the survey, the frequency of school and college football players incurring permanent spinal cord injuries was ONC for every 28,000 participants.

ITEM: Courts supports residence and transfer rules

COMMENT: For the third time in four years, a Texas district court has upheld the residence and transfer rules. On October 12, 1976 a district judge ruled that enforcement of these league rules does not violate a pupil's fundamental rights because the United States Constitution does not guarantee the right to play football. A prior decision given by Judge Sarah Hughes in Federal District Court in Dallas reiterated the same opinion that the U.S. Constitution does not guarantee the right to play football or athletics in general. Judge Hughes stated in her opinion: "No where in the constitution is there any guarantee of a right to play football. If that right exists, therefore, it is ancillary to some other right."

ITEM: Familiar faces

COMMENT: Jim Tunney in his 17th year as an NFL Football Official and Assistant Superintendent of the Bellflower Unified School District was the referee in the Super Bowl XI. Tunney was also the referee in Dallas' 24-3 victory over Miami in Super Bowl VI. Another familiar face at Pasadena on Super Bowl Sunday was Armin Terriz, the head judge, who is Commissioner of the San Francisco Section of the CIF.

A PLACE FOR IDEALISM

(Continued from Page Six)

has tarnished the ideal that athletic competition is fun. Players and coaches who break contracts have undermined the ideal that athletics builds integrity.

The firing of coaches who win every game is most of the time, but not all of the time, has made to look ridiculous the ideal that it is the competition rather than the outcome that is important in athletics. The recruiting practices and conduct of some coaches have made a mockery of the ideals that intercollegiate athletics is an educational experience which teaches fair play, sportsmanship and self-control.

The result is a breakdown in the public's belief in the ideals which we have established and continue to defend for intercollegiate athletics; and this breakdown in belief threatens the existence of intercollegiate athletic programs.

In upcoming months, there will be dozens of school districts with budget deficits which will go to the public and ask for tax increase levies to support public education, with interscholastic athletic programs hanging on the outcome of the vote. If the public in these communities has lost faith in the ideals of sport, they will then treat interscholastic athletics as expendable.

So we need more, not less, talk of the values of interscholastic athletics. We need coaches and athletic administrators to keep the ideal of interscholastic athletics in sight, speak of them often, and strive for them always.

JUNIOR HIGH COMMITTEE

The CIF Southern Section now has a Junior High School Committee. Other junior high schools are invited to share any ideas they have with the committee members.

Chairman — B. Edward Harver, Principal First Avenue JHS (213) 446-0131 Gene Boren, Principal Peralta JHS (714) 997-2621 Hugh Watson, Principal Friesie JHS (714) 875-3000