State CIF Track Meet Committee Makes Series of Recommendations

The State CIF Federation's Council approved a number of recommendations of the State Track Meet Committee at its meeting on December 6. The following was action taken:
a) It was moved, seconded, and carried to adjourn the recommendation of the State CIF Track Meet Committee to provide written notice of the CIF Meet as follows: Southern Section 5, North Coast 4, Los Angeles 3, San Joaquin 3, Central 3, San Diego 2, Northern 1, San Francisco 1, Oakland 1.
b) It was moved, seconded, and carried to amend State CIF by-Laws Article 7, by deleting “460” and inserting in place thereof “660”, so that Section 2 shall read: “For any meet, a boy may enter only one 2 track and 1 field event, or a total of 2 events in the verse, and in addition may run in the relay. Only one race of 660 yards or longer may be run by a boy in any one day. In relay meets, a boy may run in three relays provided that he may not run in more than one relay on any one day. Each relay requires him to run a distance of 660 yards or longer in any one day.”
c) It was moved, seconded, and carried that condition of the 1966 State CIF Track Meet, for the long jump, the shot put, and the discus, there shall be competition on Friday, with each contestant entering receiving five points per foot for the qualifying scores which qualify for the competition on Saturday. Marks shall be made on Friday. The contest shall be held on Saturday. The day of each of the 12 competitors will be allowed trials in the preliminary round, with the six best performers qualifying for the finals, in which three additional trials will be allowed, provided only on the basis of the Saturday competition.
d) Because the triple jump is not an event generally entered in California high school competition at the present time, the State CIF Track Meet Committee recommended that this event not be added to the 1966 or 1967 State CIF Track Meet.

CIF Sections and invitational meet managers are encouraged to leave the triple jump in their competition.

CIF Sections are encouraged to discuss and determine if they would be in favor of or against a proposal to

Are You a Good Host School?

What does being a good host school mean? It certainly means more than contributing for a home game to take care of the visiting team until game time rolls around. Not only is the school morally obligated to fulfill the terms of the contract, but the home school is also responsible for the proper administration of the contest. Some details included in putting on a home contest are those which take into consideration the visiting team. Coaches, officials and the fans that follow the team. A few of the more important items that should be considered by the home team are as follows:

Send an eligibility list to your opponent at least three days prior to the contest.

Provide adequate police protection and supervision before, during and after the contest.

Great rival teams upon arrival and guide them to their locker room.

Notify officials ahead of time regarding game time, place, and admission to the stands or stands.

Provide officials with private locker room and shower facilities whenever possible.

Make all band arrangements prior to date of game and have a definite understanding on amount of time allotted to each band.

Coaches should set an example of sportsmanship and avoid public criticism of officials and players on rival teams.

Players should have respect for their opponents and game officials.

Cheerleaders should be aware of their responsibilities to contribute to a friendly, well-spirited atmosphere.

Players, coaches, officials and spectators should display a high degree of sportsmanship at all times.

Make available the services of a physician in case of injury, if so desired.

These are sets of courtesy and consideration of your opponents that create good will, good wholesome competition and friendly relations. Some schools do these things and many more, your school can be rated a Good Host School.

Ohio High School Athletic run the 220 yard dash around one track, rather than on the straight away, in State CIF Track Meet competition.

Clariication of New Swim Rule Regarding Use of Visual Counters

According to Rule II, Section 4, of the 1966 NCAA Swimming Code, "visual counters (e.g., card markers) should be placed on the pool deck close to the water as visible, as clear as the water permits, and centered over the end lane at the opposite end of the pool from the starting end." Each digit shall be 12 inches tall and shall be black and white.

These visual counters shall, according to Rule II, Section 4.c, be at the discretion of the Meet Director. AllC. F., Southern Section Monthly Bulletin

FEBRUARY, 1966

No. 6

Prep Football Attendance

Hits 3 Million Mark Again

Prep football, as played by high schools in Southern California, was viewed by more than 3,000,000 fans during the regular 1965 season and post-season playoffs, according to figures released today by Commissioner of Athletics Ken Pagans.

"Our survey of member schools shows that 3,075,237 fans witnessed the 1166 games played during 1965," said Pagans. "This is a slight increase over last season when our survey showed 3,055,949 saw our high school teams in action."

The over-all survey showed that the increase was generated during the regular season but that play-off attendance was down slightly from 1964. "We had four successive weeks of rain during the play-offs," noted the commissioner, "but still the decrease in play-off attendance was very slight."

"We feel that these impressive attendance figures are indicative of the fine support shown the interscholastic athletic program by students and parents alike and a tribute to the outstanding caliber of the program we have here in Southern California," said Commissioner Pagans.

"For every game that attracts 10,000 spectators, there are few thousand games played by some of our member schools with very small enrollments where the total attendance at a game may be less than 500," commented the commissioner, "we are gratified at the scope the CIF program.

Play-offs in the "AAA" division, such as the championship game for the Sac- simony of the four divisions. The average attendance at 4.A play-off games was 2,430 which drops back to the 2,153 at the Mater Dei vs. Centennial finals and the 10,000 plus crowd at the Pacoima vs. Pasadena game.

During the regular season, Pasadena and Maire drew more than 16,000 to the Rose Bowl for their annual Foot- ball Classic, and the annual match-up between the same num- ber watched the Long Beach schools compete in their annual Milk Bowl series game. In Pomona and Lake- wood drew 10,210 for a Moore League battle between San Marcos and Bar- bara attracted 10,000 for their intra- city struggle.

FORMER CIF STARS AT CLINIC—A list of former CIF baseball greats, now in the major leagues, was guest instructors at the 9th annual Long Beach Poly baseball clinic on Feb. 17. From the left: Bob Babby (Wilson High) now with the Pittsburgh Pirates; Jim Drinner (John Burhard of Poly, now with the Padres); Larry Seidman (New Rochelle, N.Y.) now with the Dodgers, Clinch attracted more than 500 high school players to his clinic.
California Intercollegiate
Federación, Southern Section
1101 Azusa Blvd.
Azusa, California 91702
(213) 606-2414
Rogie C. Weeks, Principal, Sierra HS;
Winmin Nelson, Superintendent, Pu
Trainer
Commissioner of Athletics
Executive Committee
Robert D. Adkins, Chairman, A.C.S.
California, Los Angeles, Calif.
Los Altos-Santa Clara, Los Altos, Calif.
R. G. Amberg, Commissioner of Athletics
COMMISSIONERS CORNER
Track Clubs Not Outlawed
In December the Executive Committee
was asked to interpret a ques-
tion asked by a coach in one of the
track meets in the country. He
asked if he could have track meets with
the coaches at the team’s discretion.
The committee thought that this was an
interesting question and reported it to
the Board of Directors.

The California Association of
Track Clubs is a group of coaches who
get together for the purpose of
improving their teams. The
committee believes that this is a
very desirable group and wishes to
see it continue.

The committee believes that
the coaches can work together for
the betterment of track.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.

The California Association of
Track Clubs is an organization of
coaches who get together for the
purpose of improving their teams.

The committee believes that
this is a very desirable group and
wishes to see it continue.
MEETING JANUARY 15, 1966
MEMBERS OF CIF, SS, COUNCIL

The winter meeting of the CIF, SS, Council was held on Saturday, January 15, 1966, at Gahr High School. The meeting was called to order at 9:45 a.m. by the President, Director of Athletics for City High Schools, Santa Barbara. Representatives of all but the De Anza League were in attendance. The following new officers were introduced: Dennis Bayers, principal-elect of Dos Pueblos High School, Santa Barbara; Charles T. Pillsbury, principal, Ar vista High; C. A. Van Noorsheere, athletic director; Lester Maier, president, Southern California Interscholastic Football Coaches Assn.; Don Ruma, basketball and track coach, Long Beach Poly High. Treasurer (3 year term): Keith Lee, principal, Dominguez High and Winston Nelson, principal, Pomona High School District.

The election will be held at the May Council meeting to fill the vacancy in the Long Beach Poly High seat on the Council. The term will be for two years.

MEET IFeligibility RULES COMMITTEE — Walter Newland, representative of the Orange League and member of the committee recommended last year to study CIF eligibility rules, reported that the committee had held two meetings thus far working toward revising certain regulations. The committee's report will be published in the May Blue Book when the recommendations will be submitted to the Council for approval.

SOUTHERN COUNCIL ON HUMANIZATION — The Southern Council on Humanization held its second meeting of the year on January 15 at Long Beach Poly High School. The council considered the following matters:

1. There shall be no footballs of size, shape or form. No ball shall be round. Other forms shall be used, such as a football for punting, kicking or field goals.
2. There shall be no teaching or coaching of illegal techniques such as making off tackles, use of tippets, fake plays, fake punts, fake kicks, patterns, etc.
3. Each school shall limit itself to four full-time practice sessions per week. The practice sessions shall be limited to four hours or in two sessions of two hours each. The season shall open on March 15, and close on May 31.
4. There shall be no meals and housing of athletes provided for by any school, except on three days per week. The meals and housing shall consist of transportation to and from the game. The school's right to use a school bus or hotel room shall be limited to four hours per day. The school's use of transportation shall be limited to transportation to and from the game. The school's use of transportation shall be limited to transportation to and from the game. The school's use of transportation shall be limited to transportation to and from the game.
5. A football pre-season conditioning program is mandatory. The program shall start on June 15 and continue until the regular season begins. The program shall be supervised by a member of the coaching staff. The program shall consist of conditioning exercises, weight lifting, and stretching.
6. There shall be no exhibitions or practice games with teams from other states or countries.
7. There shall be no violations of the CIF eligibility rules.
8. There shall be no violations of the CIF By-Laws, regulations, rules, or regulations of any other district or governing body.

The motion was seconded and unanimously carried.

MOTION AND ORDER TO APPROVE THE ORDER OF BUSINESS — Mr. Newland moved and Mr. Pillsworth seconded that the order of business be approved. The motion was seconded and carried.

APPROPRIATION OF FUNDS — Mr. Newland moved and Mr. Pillsworth seconded that $2,000 be appropriated for the purchase of equipment for the high school football team. The motion was seconded and carried.

SEASONAL EMPLOYMENT — Mr. Newland moved and Mr. Pillsworth seconded that the employment of seasonal employees be approved. The motion was seconded and carried.

PACIFIC SHORES BASKETBALL TOURNAMENT — Mr. Newland moved and Mr. Pillsworth seconded that the Pacific Shores Basketball Tournament be approved. The motion was seconded and carried.

The meeting adjourned at 11:00 a.m.

Page Four

11. ELIGIBILITY CASES
a. Palo Verde (Blythe) — The Council reviewed the eligibility matter of the Palo Verde High football team. Mr. Newland, the vice-president, presented the matter. It was moved, seconded and carried that the Palo Verde High football team be permitted to participate in the 1966 California Interscholastic Football Tournament. The motion was seconded and carried.

b. Mission Viejo (Orange) — The Council reviewed the eligibility matter of the Mission Viejo High football team. Mr. Newland, the vice-president, presented the matter. It was moved, seconded and carried that the Mission Viejo High football team be permitted to participate in the 1966 California Interscholastic Football Tournament. The motion was seconded and carried.

12. RULES AND REGULATIONS — Mr. Newland moved and Mr. Pillsworth seconded that the rules and regulations of the CIF be approved. The motion was seconded and carried.

13. TROPHY AND MEDAL DISTRIBUTION — Mr. Newland moved and Mr. Pillsworth seconded that the trophies and medals be distributed. The motion was seconded and carried.

14. CATHOLIC ATHLETIC ASSOCIATION — Mr. Newland, the president of the Catholic Athletic Association, reported that the CAA is planning to put into effect next fall a districting program which will limit the number of schools in a district. The CAA also states that a boys' football team may not compete after he has reached his 19th birthday on or before October 15 of the school year. The program is currently being discussed with the CIF and will be presented to the CIF Council at its next meeting.

15. WRESTLING REPORT — Mr. Newland moved and Mr. Pillsworth seconded that the wrestling report be approved. The motion was seconded and carried.

16. ELIGIBILITY RULES — Mr. Newland moved and Mr. Pillsworth seconded that the eligibility rules be approved. The motion was seconded and carried.

17. ADMISSIONS — Mr. Newland moved and Mr. Pillsworth seconded that the admissions policy be approved. The motion was seconded and carried.

18. SEASONAL EMPLOYMENT — Mr. Newland moved and Mr. Pillsworth seconded that the seasonal employment policy be approved. The motion was seconded and carried.

19. PRACTICE REGULATIONS — Mr. Newland moved and Mr. Pillsworth seconded that the practice regulations be approved. The motion was seconded and carried.

20. APPOINTMENTS — Mr. Newland moved and Mr. Pillsworth seconded that the appointments of the various committees be approved. The motion was seconded and carried.

The meeting adjourned at 12:00 noon.

Page Five

21. ADMISSIONS — Mr. Newland moved and Mr. Pillsworth seconded that the admissions policy be approved. The motion was seconded and carried.

22. SEASONAL EMPLOYMENT — Mr. Newland moved and Mr. Pillsworth seconded that the seasonal employment policy be approved. The motion was seconded and carried.

23. PRACTICE REGULATIONS — Mr. Newland moved and Mr. Pillsworth seconded that the practice regulations be approved. The motion was seconded and carried.

24. APPOINTMENTS — Mr. Newland moved and Mr. Pillsworth seconded that the appointments of the various committees be approved. The motion was seconded and carried.

The meeting adjourned at 12:00 noon.
Pre Season Grid Conditioning Program Unanimously Approved By CIF Council

Pre-season football conditioning drills as utilized by a majority of high school leagues prior to last football season were given a stamp of approval by the CIF Council at its meeting on Jan. 13.

Last year's program was on an experimental basis and interpretations were established by the Executive Committee as they were needed during the fall.

Now, Article XXXIII, Section 16 of the By-Laws will be amended to include the pre-season conditioning drills, along with a series of interpretations as set down by the Council.

The total new section follows:

"It is permissible (not mandatory) for a high school coach to conduct a physical conditioning program for prospective members of his high school football team on the five weekdays following the Labor Day or the weekend prior to the official opening day of practice. Such conditioning sessions may include calisthenics, rule sessions, chalk talks and game films to films, but may not include football, football equipment such as pads and helmets, blocking dummies; and there shall be no blocking, tackling or running of plays. Football shoes will be permissible.

In accordance with recommendations of the State Executive Committee, CIF, SS, interprets the regulation to mean that:

1) All high school pre-season conditioning drills must be held on the school campuses of the schools having such activity. Therefore, no workouts will be permitted at beaches, country clubs or military installations.

2) There shall be no footballs of any shape or form. No footballs, basketballs, soccer balls or other balls shall be used. A football for purposes of passing, handing off, kicking, or tackling purposes shall be used in the field exercises of the ball.

3) There shall be no teaching of offensive or defensive tactics as taking off on a count, stance, throw, pass patterns, etc.

4) Each school shall limit itself to four hours of pre-season conditioning each evening. This time may be utilized in one session of four hours or in two sessions of two hours each. The session or sessions may be held in the morning, afternoon or evening.

5) There shall be no meals or housing of athletes provided free of charge by the schools conditioning drill teams, or by any of the schools or their boosters, such as lounges, clubs, etc.

The idea of providing football teams with an opportunity to familiarize themselves with the ball on other than the regular school grounds has been supported by the Association. It was moved, seconded and carried that Article XXXIII, Section 16 of the By-Laws be amended to include the pre-season conditioning drills for the opening of school with the following conditions:

1) That no school is permitted to conduct an activity that is prohibited by the CIF, SS, rules.

2) That no school is permitted to conduct an activity that is prohibited by the CIF, SS, rules.

3) That no school is permitted to conduct an activity that is prohibited by the CIF, SS, rules.

4) That no school is permitted to conduct an activity that is prohibited by the CIF, SS, rules.

5) That no school is permitted to conduct an activity that is prohibited by the CIF, SS, rules.