Why are We Here?

By Dr. John Dahlem, President CIF-SS Executive Committee

“OUR MISSION AND WHAT WE BELIEVE”

I recently returned from the National Federation of State High School Associations (NFHS) summer meeting. The NFHS is currently working on a new Mission Statement and Belief Statements. I thought it would be pertinent as we begin the 2005-2006 school year to review what the CIF Southern Section stands for. Our mission is to provide leadership for the administration of interscholastic sports which support good citizenship and equitable opportunities.

We believe:

• Interscholastic sports programs enrich each student’s educational experience.
• Participation in sports programs promotes student academic achievement.
• Student participation in interscholastic sports is a privilege.
• Interscholastic sports develop good citizenship and healthy lifestyles.
• Interscholastic sports foster the involvement of a diverse population.
• Interscholastic sports promote positive school/community relations.
• Interscholastic sports promote fair play and minimize risks for student participants.
• Properly trained administrators/coaches/directors promote the education mission of the interscholastic experience.
• Properly trained officials/judges enhance interscholastic competition.

Best of luck this year as we all try to, “Keep the main thing the main thing.”

I strongly recommend that you avail yourself of the following web sites to keep abreast of all that is happening at the local, state and federal levels of interscholastic sports:

www.cifss.org
www.cifstate.org
www.nfhs.org
NEW PARTNERSHIPS BRING NEW OPPORTUNITIES FOR SOUTHERN SECTION MEMBERS

McDavid Joins CIF-SS Partners
The 560 CIF Southern Section member schools can now access the best in high performance protection products and apparel from our newest partner, McDavid. As a Supporting Partner, McDavid will provide our members with unprecedented access to its industry-leading line of products and apparel.

McDavid’s HexPad technology delivers super lightweight and breathable protection to absorb and dissipate impact. The unprecedented combination of comfort and protection provided by McDavid HexPads is currently used by over 50 percent of the professional football and basketball teams.

McDavid apparel includes specialized protection for basketball, volleyball, baseball, softball and their full football pad line.

This new agreement provides the CIF-SS and McDavid with the opportunity to achieve the mutual goal of promoting safer competition and protection for the student-athletes.

You can learn more about McDavid at www.mcdavidusa.com and watch for additional materials coming soon identifying where you can acquire McDavid protective products for your athletes.

Football Finals Returning to Home Depot Center
This coming December, the CIF Southern Section-TOYOTA Football Championships will return to Carson, CA as Home Depot Center hosts three finals games. The three games will be played over Friday, December 9th and Saturday, December 10th. Amongst the three games will be the Division I and Division II finals. Six games were played at HDC during the 2003 playoffs.

Offering the best football viewing and playing venue in Southern California, the 2005 games at Home Depot Center are the first of a three year agreement to play at the centrally located and easily reached facility. Just off the 91, 405 and 110 Freeways, each having carpool lanes, the Home Depot Center has made this commitment to host high school sports for the long term.

In 2006 and 2007, the Division I semi-finals will also be played at Home Depot Center on the Saturday before the three football final games. In making this commitment, HDC made the choice to host the CIF Southern Section-TOYOTA Football Championships rather than pursue other collegiate and amateur championships conducted during the same time period each year.

Be sure to experience this outstanding stadium by attending the football finals this coming December.

24 Hour Fitness Free Varsity Athlete Workouts Return
Continuing the CIF Southern Section office efforts to use our partnerships to enhance the student-athlete experience, 24 Hour Fitness is again offering free workouts to your varsity athletes. This offer is available from 2:30 to 4:30 pm weekdays and 1:00 to 5:00pm on weekends during the school year. This is a great opportunity to expand your student-athlete’s access to what may be your limited workout facilities. Visit www.24hourfitness.com and click on the team sports link to sign up.

COMMISSIONER’S CORNER

Welcome Back
By James Staunton, Ed.D.
CIF-SS Commissioner of Athletics

Welcome to a new school year. I sincerely wish each of our schools a smooth, positive and uneventful opening. What a shame that every school can’t win its first football game.

Our leadership tackled a number of tough issues last year. The discussions and debate led to several significant changes to our rules. I’d like to review a few for you.

Steroids/Performance Enhancing Substances
The State Federated Council passed, with our support, three provisions designed to send a clear message to our athletes: steroids are dangerous and inappropriate. Our athletes and their parents will be required to certify that the athlete is not using steroids as a condition of participation. We have incorporated that language into the Athletes Code of Ethics document that will now require two signatures. The suggested wording is available on our Web Site if you would like to use a separate form.

Board policy on performance enhancing drugs
The California School Boards Association has provided, on their website, suggested policy language for School Boards to use in their districts. Our website as well as the State CIF’s contain links to this important information.

Section changes this school year:
Lacrosse – We have added the sport of lacrosse to the list of approved sports. Both boys and girls lacrosse will be played in the spring. Please note these are considered two separate sports. They use different equipment and operate under different sets of rules. We will be communicating directly with our athletic directors and our principals about the process of introducing the sport, number of contests, officials’ fees and other pertinent information. We anticipate a few growing pains but hope that this new sport broadens opportunities for our athletes.

See COMMISSIONER page 23.
CIF WRESTLING WEIGHT MANAGEMENT PROGRAM

The establishment of a certified minimum wrestling weight based on 7% body fat for males and 12% for females is required for all high schools. Participation in the CIF Wrestling Weight Management Program will be mandatory for all CIF interscholastic wrestlers and nonbinding for the 2005-06 wrestling season. Beginning with the 2006-07 wrestling season, participation in the CIF Wrestling Weight Management Program is both mandatory and binding for all CIF interscholastic wrestlers.

The CIF will utilize the NWCA Optimal Performance Calculator as the mechanism to calculate the certified minimum weight for each wrestler and as the data reporting and retrieval tool for all member schools sponsoring wrestling.

A. Establishing Certified Minimum Weights

(1) Bioelectrical Impedance will be utilized to determine each wrestler’s body fat percentage. Refractometers will be utilized to determine hydration levels through analysis of urine. Only measurements taken by persons who have successfully completed the CIF Assessor Certification Workshop will be valid. Schools will receive a list of CIF Certified Assessors. It is the responsibility of the school to contact an assessor from this list and arrange a time to have its wrestling squad assessed or attend a CIF Section sponsored regional testing clinic.

No wrestler may compete until the athlete has had a certified minimum wrestling weight determined by the NWCA Optimal Performance Calculator and it appears on the school’s Alpha Master Form. Once a wrestler competes at a weight class allowed by the weight loss plan, the option to appeal is voided.

(2) The lowest weight class at which a wrestler may compete will be determined as follows:

a. If the certified minimum weight, at 7% or 12% body fat, is exactly that of one of the adopted weight classes, that weight shall be the wrestler’s minimum weight class;

b. If the certified minimum weight, at 7% or 12% body fat, is less than one half pound from one of the adopted weight classes, that weight shall be the wrestler’s minimum weight class;

c. If the certified minimum weight, at 7% or 12% body fat, is greater than or equal to one half pound from one of the adopted weight classes, the next higher weight class shall be the wrestler’s minimum weight class.

NOTE: The allowance referenced in A.(2)b. above applies only to the calculations of the certified minimum weight for a wrestler. The allowance is not applicable to the weights referenced in the weekly weight loss plan.

B. Time Period for Assessments - EFFECTIVE 11/1/05

(1) No wrestler may compete until they have participated in an initial assessment and their name and data are included on the school Alpha Master Form. Although wrestlers are strongly encouraged to follow the weekly weight loss plan, the minimum certifiable weight is non-binding for the 2005-06 wrestling season. The “50% certification rule” (Bylaw 3103) applies during the 2005-06 season.

(2) The specific gravity of the urine, as determined by a refractometer analysis, will determine whether a candidate may participate in an assessment on any date. A specific gravity result of less than 1.025 is required in order to participate in the body fat assessment. Any wrestler not passing the urine specific gravity test must wait a minimum of 48 hours in order to be retested.

(3) For the 2005-06 wrestling season, the period for initial assessments is November 1, 2005 – January 15, 2006.

EFFECTIVE 11/1/06

(1) Assessments may begin on November 1 of each school year. Wrestlers may be measured any time on or following this date and no later than January 15th to establish a minimum wrestling weight. All wrestlers, including those coming out late, must have their minimum wrestling weight established prior to competing.

(2) The specific gravity of the urine, as determined by a refractometer analysis, will determine whether a candidate may participate in an assessment on any date. A specific gravity result of less than 1.025 is required in order to participate in the body fat assessment. Any wrestler not passing the urine specific gravity test must wait a minimum of 48 hours in order to be retested.

(3) January 15th is the deadline to establish a certified minimum wrestling weight.

(4) A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all other appeal options allowed within this policy.

(5) Unusual situations must be arranged with the CIF Section in writing before deadline or due dates.

C. School Responsibilities for the Measurement Process

(1) It is the school’s responsibility to contact and contract with a CIF Certified Assessor from the list provided by the CIF or attend a CIF Section sponsored regional testing clinic.

(2) Schools choosing to contract with a CIF Certified Assessor will be required to have available at the time of assessment:

a. Bioelectrical Impedance Assessment Forms.

b. Plastic collection cups to conduct urine specific gravity tests.

c. Two adults (teacher, AD, parent, etc.) who will:

i. Assist with measuring height (in cm);

ii. Assist with the recording of data;

iii. Assist with urine specific gravity testing.

(3) Bioelectrical Impedance assessments shall not be conducted by any active wrestling coach at any level.

D. Wrestlers Below 7% or 12% Body Fat

Prior to competition, any male wrestler whose body fat percentage at the time of his/her initial assessment is below 7% may request a waiver in order to establish a certifiable wrestling weight class if a physician attests that the athlete is naturally at his/her sub-7% body fat level. In the case of a female wrestler, a waiver may be requested if the athlete is naturally at her

See WRESTLING on next page.

NEW ATHLETIC DIRECTOR/PRINCIPAL ORIENTATION SEMINAR

THURSDAY, SEPTEMBER 22, 2005 (FULL)
THURSDAY, SEPTEMBER 29, 2005
8:30 A.M. - 12 NOON

Please plan to attend.

The information given at this seminar will make your job easier.

Call Ahead - Seating is limited!

THE CIF SOUTHERN SECTION OFFICE

10932 Pine Street, Los Alamitos, CA 90720
MEET YOUR AREA REPRESENTATIVE TO THE CIF SOUTHERN SECTION EXECUTIVE COMMITTEE

Rhonda Fouch, Athletic Director
Redlands East Valley High School
CITRUS BELT AREA
Citrus Belt, De Anza, Ivy, Desert Sky, Mojave River, Mountain View, San Andreas, Southwestern, Sunbelt, Sunkist

Dr. Dan Stepenosky, Principal
Beverly Hills High School
COAST AREA
Moore, South Bay Athletic Association

John Mendoza, Principal
Cathedral City High School
DESSERT AREA
Desert Mountain, Desert Valley, Hi-Lo, High Desert

Earl Haugen, Director
Downey USD
FOOTHILL AREA
Almont, Del Rio, Foothill, Golden Mission Valley, Pacific, Rio Honda, San Gabriel Valley, Suburban

Guy Roubian, Principal
Upland High School
MT. SAN ANTONIO AREA
Baseline, Miramonte, Mt. Baldy, Montview, San Antonio, Sierra, Valle Vista

William E. Dabbs, Principal
Pacifica/Oxnard High School
NORTHERN AREA
Channel, Coast Valley, Condor, Frontier, Los Padres, Marmonte, PAC 5, Pacific View, Tri-Valley

Gene Campbell, Principal
Rancho Alamitos High School
ORANGE COUNTY AREA
Century, Empire, Freeway, Garden Grove, Golden West, Orange, Pacific Coast, Sea View, South Coast, Sunset

Sr. Cheryl Milner, Principal
Bell-Jeff High School
PAROCHIAL AREA
Camino Real, Del Rey, Horizon, Mission, Santa Fe, Serra, Sunshine

Tom Peters, Principal
Woodcrest Christian High School
SMALL SCHOOLS AREA

WRESTLING
(Continued from previous page)

sub-12% body fat. A waiver form must be signed by a physician, a parent, the principal and the head wrestling coach. The completed waiver form must be mailed or faxed to the appropriate CIF Section office. Wrestlers may not compete at their waiver weight class until the completed waiver form, with all four (4) required signatures, has been received by the appropriate CIF Section office. The waiver weight class is valid for one (1) season only and expires March 15th of each year. The sub-7% male or sub-12% female, who receives clearance, may not wrestle below their actual weight class at the time of initial assessment.

NOTE: The allowance referenced in A.(2)b. above is not applicable to athletes assessed under 7% or 12% body fat.

E. Growth Allowance
(1) The CIF Weight Wrestling Weight Management Program awards a two-pound growth allowance on January 15 of each wrestling season. The completed waiver form, with all four (4) required signatures, must be mailed or faxed to the appropriate CIF Section office. Wrestlers may not compete at their waiver weight class until the completed waiver form, with all four (4) required signatures, has been received by the appropriate CIF Section office. The waiver weight class is valid for one (1) season only and expires March 15th of each year. The sub-7% male or sub-12% female, who receives clearance, may not wrestle below their actual weight class at the time of initial assessment.

NOTE: The allowance referenced in A.(2)b. above is not applicable to athletes assessed under 7% or 12% body fat.

F. Weight Loss Per Week
(1) An average weight loss limit per week of 1.5% of body weight at the time of initial assessment has been established. A season-long weight loss plan will guide each wrestler's weight loss during the season.

(2) The weight loss plan shall determine in which weight class(es) a wrestler may compete each week.

(3) In order to utilize the growth allowance a wrestler shall compete at "scratch weight" in the desired weight class at least once prior to the first qualifying tournament in the CIF State Championship series.

Scratch Weight: References within the CIF Weight Wrestling Weight Management Program to the term "scratch weight" refer to the weight achieved which qualifies an athlete to wrestle at one of the National Federation established weight classes less growth allowance and/or any consecutive day allowance awarded under NFHS Wrestling Rules.

F. Weight Loss Per Week
(1) An average weight loss limit per week of 1.5% of body weight at the time of initial assessment has been established. A season-long weight loss plan will guide each wrestler’s weight loss during the season.

(2) The weight loss plan shall determine in which weight class(es) a wrestler may compete each week.

(3) Participation in any weight class above the eligible weight classes defined by a wrestler’s weight loss plan shall require the wrestler to recertify at that weight class. The wrestler is required to compete at that weight class for the remainder of the season.

See WRESTLING page 21.
SYNOPSIS OF CHANGES TO 2005-2006 BLUE BOOK

The following is designed for the benefit and convenience of athletic administrators and coaches in an effort to provide a capsule summary of the changes in the State CIF and Southern Section Constitution and Bylaws. These changes have been enacted by the State CIF Federated Council and the Southern Section Council throughout the course of the 2004-2005 school year.

STATE CIF REVISIONS

Rule 22.B.(9): Conditions of Membership - Requires all coaches to be certified in the CIF/NFHS Coaching Education Program, or equivalent, by December 31, 2008.

Rule 22.B.(12): Conditions of Membership - All school personnel, including booster groups, can only provide non-muscle-building nutritional supplements to student-athletes. Also, schools can only accept sponsorships or donations from supplement manufacturers that offer non-muscle building nutritional supplements.

Rule 70.F.(5): Clarifies procedures for breaking ties in Executive Committee elections.

Rule 70.F.(6): Clarifies procedures for breaking ties in Executive Committee elections.


Rule 217.C: Clarifies student eligibility when there is a disciplinary action in place or pending prior to a transfer, compelled or voluntarily.

Rule 303: Special Schools - Clarifies what qualifies as a special school.

Rule 524: Requires all schools to adopt policies prohibiting the use of androgenic/anabolic steroids.

Rule 1606.A: Revised CBEDS Enrollment Ranges for Basketball.


Rule 1702: Modifies the process for individual entries into the State Cross-Country Championships.

Rule 2902.A: Revised CBEDS Enrollment Ranges for Volleyball.

Rule 3104: New Wrestling Weight Management Program using hydration testing and body fat composition testing.

Declared Emergency Policy: procedures for local, state or national emergencies.

SOUTHERN SECTION REVISIONS

Rule 23: Provides for two categories of membership for new schools in the C.I.F. Southern Section.

Rule 165.2: Added candidates for Distinguished Service Award should exemplify the principles of Victory with Honor.

Rule 166.1: Added candidates for the Hall of Fame Award should exemplify the principles of Victory with Honor.

Rule 214.C.(3)b: Added the words, “and siblings”.

Rule 1200.1: No playoffs will be conducted by the C.I.F. Southern Section unless 20% of the membership field teams in that sport.

Rule 1204.1: Clarifies the relationship between the C.I.F. Southern Section Office and the governing authority of each sport official’s association.

Rule 1212.5.A + B: Adjusts travel reimbursement for officials.

Rule 1222.1: Added language regarding deadlines for paying officials.

Official’s Fees/Volleyball: New tournament fee structure for volleyball.

Rule 1507.2: Allows the Alumni Game for baseball to be played effective with the first practice date.

Rule 1718.2: Deleted.

Rule 1718.3: Deleted.

Rule 1903.1: In the sport of football, changed Saturdays and Holidays from 2 practice opportunities to 1 practice opportunity.

Rule 1917: Clarifies the process for schools who wish to schedule a “0” Week football contest.

Rule 2820.2: Editorial change.

Rule 2820.10: Editorial change.

Rule 2820.16: Editorial change.

Rule 3214.1: Allows for leagues with 7 or more teams to have 4 guaranteed entries into C.I.F. Southern Section Playoffs.
It’s time for another school year. While you dust off the cobwebs of summer it is a good time to look at the old and new in the area of rules. Use this helpful information as a refresher course for the old and as an update on the new.

**THE OLD**

The “Association” Rule – Rule 312: During the school year, prior to the established date for authorized before and after-school practice in a particular sport and following an individual’s or team’s last authorized competition, a student may receive athletic instruction in a CIF Southern Section approved sport only during one regularly scheduled physical education period in which the student is enrolled and earning credit for that particular sport.

The “Conditioning” Rule – Rule 313: A high school may conduct physical conditioning before and after school outside of the season of sport. This conditioning may include weight training, aerobics, jogging, or other related conditioning activities, but specific skills or equipment related to that particular sport MAY NOT be used in such conditioning activity.

**THE NEW**

Coaches Education: Do not forget that as a condition of membership all of your coaches must be certified through a CIF/NFHS Coaches Education program or its equivalent by December 31, 2008. That program will deal with many ranging topics that will help provide necessary tools for coaching in today’s environment. For more information go to the State CIF website (www.cifstate.org).

The new “Libero” position: Each team has the option to register one specialized defensive player, the “Libero”.

The specific rules for a Libero player are as follows:

A) He/she is restricted to performing as a back row player and has no right at all to complete an attack hit when the ball is above the height of the top of the net.

B) The Libero may not serve, block or attempt to block.

C) The Libero must wear a different color shirt from the other members of the team.

D) Substitutions involving a Libero are not counted as regular and their number is unlimited. A Libero cannot take part in normal substitutions and may only enter or leave the game while the ball is out of play and before the whistle for service.

E) It is necessary to have a rally between replacements of two different players involving a Libero. With the previous approval of the first referee, an injured Libero may be substituted during the match by any registered player within the normal line-up list of the score sheet.

G) The designated replacement of a Libero will be limited to performing as a Libero for the rest of the match and the subsequent matches. Nevertheless, this player will be allowed to be registered again in the normal line-up of later matches once the initially registered Libero is officially re-instituted.

H) No other player will be authorised to perform as a Libero and in the case of further injury of the originally registered Libero, he/she will be replaced by the same player under the same conditions as stated in previous points.

Bonafide Change of Residence Form: This form will serve as your schools notice to the office that a student-athlete has made a bonafide change of address. It will not be approved by the CIF Southern Section that it is a legitimate change of address. Your school will still be tasked with that duty. It is simply a way for us to track the movement of student-athletes that transfer under change of residential status guidelines.

Things for you to know about this form:

1. There will be no deadline.
2. Office will put form in school file.
3. Assists us in answering inquiries.
4. It serves as the logical conclusion for the verification process of bonafied moves (a formal check, if you will).
5. Protects schools and families.
6. Parents must review the criteria and sign the form holding them accountable for any misinformation.
7. May help in eliminating some forfeitures.
8. This form is to be used ONLY for students interested in athletic participation.

It is our hope that this information will be a guide in helping you to prepare for the new school year. As always, should you have any questions at all, please give us a call. Good luck to you and your athletes in 2005-2006.
### CIF Southern Section Publication Order Form

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<td>$16.00</td>
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<td></td>
<td>Football Master Schedule</td>
<td>$14.00</td>
<td>$16.00</td>
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<td>Boys Basketball Schedule</td>
<td>$14.00</td>
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<td></td>
<td>Girls Basketball Schedule</td>
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<td></td>
<td>Baseball Master Schedule</td>
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<td>Press Guide &amp; Record Book</td>
<td>$20.00</td>
<td>$25.00</td>
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<td></td>
<td>Sports Programs (each)</td>
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<td>$ 8.00</td>
<td></td>
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<tr>
<td></td>
<td>*Courts &amp; Diagrams Book</td>
<td>$15.00</td>
<td>$17.00</td>
<td></td>
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</tbody>
</table>

*Sales Tax (7.75%)

Total Amount Enclosed $______

All prices include postage and handling.

Name ____________________________  Return to: CIF-SS, 10932 Pine Street
Address ___________________________________________  Los Alamitos, CA 90720
City ___________________________  Zip ___________________________

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### A Call to Make

**OFFICIALS' WHISTLE**

By Bill Agopian
CIF-SS Officials Liaison

Four years ago, the CIF Southern Section embarked on an aggressive program that partnered our schools with officials units. A major part of that program focused on the need for more officials and better quality of officiating. This was done to address the need to service our schools and address the anticipated growth in sports while giving a new generation of individuals a chance to be a part of the officiating world.

Three major themes were featured in this effort and continue today. They are:
- The Recruitment of New Officials
- The On-going Training of Officials
- The Retention of new and Existing Officials

The recruitment of officials is the primary duty of the officials units. Membership numbers in the past four years have risen, but we must continue to reach out to students who may have an interest in being an official. Numerous opportunities exist for work in this area, and the positives of officiating must be communicated. Student athletes are a key source of candidates for officiating. How officials groups welcome new members and provide opportunities for advancement are key items.

The major thrust of officials units is training. For reasons that range from liability to basic game management, the educational piece of officiating is vital to the continuous improvement in the service we provide member schools. The challenge to officials groups is to return to the business of instruction by lessening the focus on assignment of games as a unit function. Training efforts ultimately will set standards for evaluation and advancement of officials.

Retention of officials, especially new officials, is a key item. The overall turnover of new officials is over 50%. With half of new members leaving after one year, there is a need to make the world of officiating better. Schools will need to continue to (See OFFICIALS page 23)
MINUTES OF THE EXECUTIVE COMMITTEE MEETING
APRIL 20, 2005

The April meeting of the CIF Southern Section Executive Committee was called to order at 1:00 p.m. by President John Dahlem at Angel Stadium, Anaheim. All members were present, with the exception of Susana Arce, Edna Herrin, and Sue Kwabara.

1. ADOPT AGENDA – It was moved, seconded and passed to adopt the agenda with the following changes: move item 6D to the beginning of the meeting and move item 7B.

2. MINUTES – It was moved, seconded and passed to approve the minutes of the CIF Southern Section Executive Committee meetings of January 29, 2005.

3. NEW BUSINESS – (Item 6D on agenda)

PROPOSAL REGARDING TELEVISION REVENUE: After approval from the committee to bring this item to the beginning of the meeting, John Costello presented a proposal to add as either Rule 173 (Press - Credentials) or Rule 149 Financial Policy, to set the rights fee to telecast and contract any contest hosted by a Southern Section member school that will be broadcast on a regional or national basis. After discussion, it was moved, seconded and approved to take this proposal from the Executive Committee to Council.

4. ACTION SESSION

A. STATE FEDERATED ACTION ITEMS –

1. State Championship Football Proposal - Fall, 2005 - After discussion, it was moved, seconded and approved to support the proposal.

2. Procedures to follow in the event of a declared emergency - After discussion, it was moved, seconded and approved to support the proposal.

3. State CIF Proposed Budget, 2005-2006 - After discussion, it was moved, seconded and approved to support the proposal.

4. Nominees for State CIF Executive Committee, 2005-2006 - After discussion, it was moved, seconded and approved to ask Council to send the representative un instructed.

5. Conditions for Membership - Coaches' Education rule 22.B.9 - After discussion, it was moved, seconded and approved to support the proposal.

6. Performance Enhancing Substances - Steroid Prohibition, Rule 524 - After discussion it was moved, seconded and approved to support the proposal.

7. Conditions of Membership - Prohibit the Sale, Distribution or Promotion of Dietary Supplements, Rule 22.B.12 - After discussion, it was moved, seconded and approved to support the proposal.

8. Ejection Policy - CIF State Championships - After discussion, it was moved, seconded and approved to ask the Council to send the representative un instructed.

9. Volleyball Recommendations, 2005-06 - After discussion, it was moved, seconded and approved to support the proposal with suggested amendments.

10. Wrestling Weight Management Proposal - After discussion, it was moved, seconded and approved to support the proposal with suggested amendments.

B. SOUTHERN SECTION ACTION ITEMS –

1. Proposal by Marmonte League and Ivy League - Number of playoff entries from seven to eight - After discussion, it was moved, seconded and approved to support the proposal.

2. CIF Southern Section proposed budget for 2005-2006 - After discussion, it was moved, seconded and approved to support the proposal.

3. Nominees for Southern Section Executive Committee - After discussion, it was moved, seconded and approved to support the proposal.

4. Proposals by Blue Book Committee - After discussion, it was moved, seconded and approved to support the proposal.

5. Non-action Session

A. STATE FEDERATED COUNCIL NON-ACTION ITEMS - President Elect Earl Haugen led a discussion on the following items with no action taken:

1. Revision of Bylaw 302: School Team Representation (Multi-School)

2. CIF Girls' Regional Invitational Wrestling Tournaments

B. SOUTHERN SECTION NON-ACTION ITEM - President Elect Earl Haugen led a discussion on the following items with no action taken:

1. Proposal by Almont League on Rule 3219 and 3200.1 Playoff Groupings

2. South Coast League Proposal on the Allen Bill, Rule 211

6. OLD BUSINESS

A. August Executive Committee Meeting Recommendation - Commissioner Jim Staunton led a discussion on details for the August Executive Committee Meeting. It was approved to meet Friday and Saturday, August 19 and 20. There will be a meeting on August 19 in the morning for new members and the entire committee will meet for the afternoon session to discuss goals for 2005-2006.

B. Consideration of Membership Status for the 2005-2006 School Year - After discussion, it was moved, seconded and passed to approve full membership for the following schools: Citrus Hill School, Hector Godinez Fundamental High School, Segerstrom Fundamental High School, San Juan Hills High School, Summit High School - After discussion, it was moved, seconded and passed to approve probationary membership for the following schools: Agape Christian Academy, Joel John Scholastic Academy, Sierra Canyon School (approved with another visit to be scheduled after opening of school)

B. Recommendation for Audit Committee Membership - Jim Staunton proposed after reading the new law for Audit Committee membership that the following people make up this new committee: Susana Arce, Paul Breit, Dave Cash, Bill Clark and Earl Haugen; and the following people make up the Finance Committee: Paul Breit, Gene Campbell, Earl Haugen, Sue Kwabara, Sue Rainey. This recommendation was approved.

C. Nominations for At Large Representatives on Council - Jim Staunton advised the committee that of the five At Large Representatives, several people make up this new committee: Allen Bill, Rule 211

D. Executive Committee Reports -

1. Pursuing Victory with Honor Training - John Johnson thanked the Executive Committee for his school's 40 years of pursuit of victory with honor and the template that will be used for his evaluation this year.

2. Treasurer’s Report – Jim Staunton read the treasurer’s report in the absence of the treasurer and reported on the following items:

   - Legal Fees – Shows the expenses of the Section; all are covered by membership dues.

   - Business Partners - $400,000 received from our partners.

   - Salary Report

   - PERS Contract

3. Commissioner’s Report - Commissioner Jim Staunton reported on the following topics:

   - Pursuing Victory with Honor Training – August 17 and October 5, 2005 and February 1, 2006

   - Hearing Officer Training

   - Executive Committee Reports –

   1. Mount SAC Area Representative - Ken Gunn congratulated Jim Staunton on the Alumni Luncheon.

   2. Citrus Belt Area Representative - Rhonda Fouch reported they will be voting on their reallocation proposal on May 7.

   3. Coast Area Representative – Kelly Johnson thanked the Executive Committee and the Southern Section for his school’s 40 championships in fourteen years and stated he will not be returning as a member of the Executive Committee next year.

   4. Foothill Area Representative – Jim Monico reported they have completed their reallocation.

   5. Desert Area Representative – John Mendoza reported on an incident on his campus and the influence the internet has on us today.

   6. Activities Director Representative – Terry Speir reported on problems with dues being paid by schools and discussed budget cuts for next year may have the same effect. She also reported her school is going to Lee Vining to present a concert.

   7. Orange County Representative – Gene Campbell reported his area has gone through reallocation; the Orange County league representatives worked very well together.

   8. State CIF Executive Committee Representative – Gary Smidderks offered a thank you to Kelly Johnson and his work on the Executive Committee.

   9. Small Schools Area Representative – Tom Peters reported on the reallocation in his area.

   10. Athletic Director Representative – Stan Ford reported on the annual State Athletic Directors Conference held this past weekend. Also would like to see information from the Section on how seeding is done.

   11. Superintendent Representative – Sue Rainey commended the growth of girls water polo and feels girls wrestling will be as good. She also reported on the status of Eagle's Peak Charter School.

   12. Parochial Area Representative – Sr. Cheryl Milner reported on the completion of reallocation in her area. She also relayed a conversation from the Federated Council meeting where they discussed the football proposal for a state championship.

   13. President-Elect – Earl Haugen discussed the Foothill area reallocation.

(See EXECUTIVE MINUTES page 23)
OAKS CHRISTIAN AND CORONA DEL MAR CLAIM TITLES IN FOURTEENTH ANNUAL COMMISSIONER'S CUP

The CIF Southern Section is pleased to announce the top ten girls and boys athletic programs in the Fourteenth Annual Commissioner’s Cup (formerly known as the Cavalcade of Champions).

On the girl’s side, Corona del Mar took top honors scoring 24 points on the strength of three championships. The Sea Queens claimed titles in the sports of water polo, volleyball and Cross Country. They also shared a title in track and field. Corona del Mar advanced to the finals in swimming and diving and track and field. It is the second-consecutive Commissioner’s Cup title for the Sea Queens. The Wilson of Long Beach Bruins scored 18 points with titles in volleyball and swimming and diving to claim second place. Rounding out the top three was Santa Margarita with 16 points. The Eagles added to their total with a championship in volleyball and basketball.

On the boy’s side, Oaks Christian claimed their first Commissioner Cup title with three sports championships. The Lions scored 21.5 points, winning CIF-SS titles in football, swimming and diving and volleyball. Oaks Christian also finished second in soccer. Oaks Christian also claimed a third place finish in baseball. Perennial Cup favorite, Loyola, holds second place with championships in cross country and volleyball and shared a title in soccer. The No. 3 spot goes to Murrieta Valley. The Nighthawks won two titles in 2005. Murrieta Valley took home trophies in swimming and diving and golf.

The CIF-SS developed this recognition program based upon comprehensive excellence in interscholastic competition. The purpose of this program is to enhance the spirit of competition, sportsmanship, and goodwill among the student athletes and member schools.

The winners are determined by a point system that provides: five points for a divisional championship; three points for a divisional runner-up finish; two points for advancing to the semifinal round or a third place finish in a team-place finish sport (i.e. cross country, golf, swimming and diving, track and field); and one point for a fourth place finish in a team-place finish sport. In cases where a tie occurs for 10th place, total team-sport playoff appearances will be used to determine the top ten schools.

“The CIF-SS would like to congratulate these outstanding programs for their championship performances,” said Dr. Jim Staunton, Commissioner of Athletics. “They all have a lot to be proud of through their accomplishments and those of their entire athletic programs.”

### BOYS-SPORT HONOREES

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>POINT ACCUMULATION</th>
<th>T.P.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Oaks Christian</td>
<td>5(FB); 5(SD); 5(VB); 3(S); 2(BB); 1.5(TF)</td>
<td>21.5</td>
</tr>
<tr>
<td>2. Loyola</td>
<td>5(CC); 5(VB); 4(S); 3(TF)</td>
<td>17*</td>
</tr>
<tr>
<td>3. Murrieta Valley</td>
<td>5(SD); 5(G); 2(WP); 2(CC); 2(TF)</td>
<td>17*</td>
</tr>
<tr>
<td>4. Orange Lutheran</td>
<td>5(FB); 5(CC); 5(VB)</td>
<td>15</td>
</tr>
<tr>
<td>5. Harvard/Westlake</td>
<td>5(BK); 5(T); 2(WP); 2(TF)</td>
<td>14</td>
</tr>
<tr>
<td>6. Dominguez</td>
<td>5(BK); 5(TF); 3(FB)</td>
<td>13</td>
</tr>
<tr>
<td>7. Poly/Long Beach</td>
<td>5(FB); 5(TF); 2(T)</td>
<td>12*</td>
</tr>
<tr>
<td>8. Royal</td>
<td>5(CC); 5(W); 2(WP)</td>
<td>12*</td>
</tr>
<tr>
<td>9. Temecula Valley</td>
<td>5(W); 3(BB); 2(FB); 2(S)</td>
<td>12*</td>
</tr>
<tr>
<td>10. Campbell Hall</td>
<td>5(BK); 5(BB); 2(T)</td>
<td>12*</td>
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*Order of finish determined by tiebreaker system

** = All tie-breakers exhausted.

### GIRLS-SPORT HONOREES

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<th>SCHOOL</th>
<th>POINT ACCUMULATION</th>
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<tr>
<td>1. Corona del Mar</td>
<td>5(VB); 5(CC); 5(WP); 4(TF); 3(SD); 2(T)</td>
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<tr>
<td>2. Wilson/Long Beach</td>
<td>5(TF); 5(SD); 3(G); 2(VB); 2(T); 1(BD)</td>
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<td>3. Santa Margarita</td>
<td>5(VB); 5(BK); 2(WP); 2(S); 2(TF)</td>
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<tr>
<td>4. Mater Dei</td>
<td>5(CC); 5(VB); 3(S); 2(SB)</td>
<td>13</td>
</tr>
<tr>
<td>5. Peninsula</td>
<td>5(G); 3(T); 2(WP); 2(SB)</td>
<td>12</td>
</tr>
<tr>
<td>6. Valley Christian/SM</td>
<td>5(BK); 3(VB); 3(SB)</td>
<td>11</td>
</tr>
<tr>
<td>7T. Los Alamitos</td>
<td>5(VB); 5(S)</td>
<td>10**</td>
</tr>
<tr>
<td>7T. Troy</td>
<td>5(T); 5(BK)</td>
<td>10**</td>
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<tr>
<td>9. Brentwood</td>
<td>5(BK); 3(T); 2(VB)</td>
<td>10*</td>
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<tr>
<td>10T. Oaks Christian</td>
<td>4(S); 3(SB); 2(BK)</td>
<td>9</td>
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<tr>
<td>10T. Buena</td>
<td>5(S); 2(VB); 2(BK)</td>
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The May meeting of the CIF Southern Section Executive Committee was called to order at 1:00 p.m. by President John Dahlem at the CIF Southern Section office, Los Alamitos, California. All members were present, with the exception of Ken Gunn, Edna Herrington, Kelly Johnson, Sue Kuwabara, Tom Peters, Sue Rainey, and Gary Smidt. Dan Stepenosky, Coast Area Representative 2006, was also in attendance.

1. ADOPT AGENDA – It was moved, seconded and passed to adopt the revised agenda.

2. MINUTES – It was moved, seconded and approved to approve the minutes of the CIF Southern Section Executive Committee meeting of April 20, 2005.

3. ACTION SESSION –
   A. SOUTHERN SECTION ACTION ITEMS –
      1. Reintroduction of South Coast League Proposal on Allen Bill – After discussion, it was moved, seconded and approved to support this proposal.

   2. Proposal by Almont League on Rule 3214.1 of the CIF Compensation Plan -- After discussion it was moved, seconded and approved to support this proposal.

   3. Proposal by Rio Hondo League on Rule 3214.1 Number of Victories required for Entry into Playoffs for Basketball – After discussion it was moved, seconded and approved to support this proposal.

   4. Proposal by Executive Committee regarding Television Revenue – After discussion, it was moved, seconded and approved to support this proposal.

   5. NON ACTION SESSION –
      A. STATE FEDERATED COUNCIL NON-ACTION ITEMS – President-Elect Earl Haugen led a discussion on the following items with no action taken:
         1. CIF Girls’ Regional Invitational Wrestling Tournaments.

   B. OLD BUSINESS –
      A. August Meeting – New Member Orientation/Executive Committee – The August meeting will be held on August 19 and 20, 2005. Orientation for new members will be August 19 at 10:00 a.m. and the Executive Committee Meeting will begin at 1:00 p.m. It was also noted the Guy Roubian, Principal of Upland High school was appointed for retiring Ken Gunn as Mt. SAC ARea Representative. The January 2006 meeting will take place in Palm Springs, January 27-29, 2006.

      B. Champion for Characters Awardees – The award ceremony will take place after the October 13 Council Meeting. Included this year are awardees for Character schools and the Champion for Character School of the Year will be named at the ceremony.

      C. Weight Management Proposal for Wrestling – This proposal was discussed and explained by Rob Wigod. There will be a Master Assessor’s training in Riverside on September 11, 2005.

      D. Southern Section Plan of Action for Steroids – Information will be coming to the schools from the State of California. The California School Association will present their model policies and will send it to all schools. The State Commissioners will meet on June 13 and information will be forwarded after this meeting.

      6. NEW BUSINESS –
         A. Consideration of Membership Status for the 2005-06 School Year -- After discussion, it was moved, seconded and passed to approve probationary membership for the following schools:
            1. Templeton High School with the stipulation that all sports be played in the Southern Section.
            2. Vistamar School -- After discussion, it was moved, seconded and passed to approve probationary membership for the following schools:
               1. Calvary Christian School
               2. Environmental Charter School
               3. Lennox Math, Science and Technology Academy
               4. New Covenant Academy
               After discussion, it was moved, seconded and passed to deny membership to:
               1. Morgan Creek Christian Academy (School will be asked to reapply when the number of students has grown.)
               The following membership applications were tabled and will be presented at the August 19, 2005 Executive Committee Meeting:
                  1. Nia Educational Charter School
                  2. Pacifica Christian High School
                  3. Status of Releasing Appeals – There are no written appeals at this point. There is a concern with some small schools league with Avalon due to transportation. JSerra has requested to be leagued outside of their league for football only. There options are to play in the Sierra League for all sports or to go freelance for all sports.
                  4. Review of 2004-05 Probationary Schools -- After discussion, it was recommended that Brighten School, Regency High School and Village Glen West High School remain probationary for the 2005-06 school year.
                  5. Sales Tax Liabilities – The State CIF office has been told that we must pay back taxes totaling $125,000 for all books. A payment schedule has been prepared.
                  6. Schools Transferring to Los Angeles City Section for the 2006-07 School Year -- Community Harvest Charter School, Discovery Charter Preparatory School and View Park Preparatory Accelerated High School will be transferring to the Los Angeles City Section for 2006-07. If these schools wish to remain in the Southern Section, they must appeal to the Los Angeles City Section.

   7. EXECUTIVE COMMITTEE CLOSED SESSION -- The Committee went into the closed session at 3:35 p.m. until 4:30 p.m.

   8. REPORT SESSION --
      A. President’s Report – John Dahlem referred to the newspaper reports regarding our rules during the recent playoffs. He stated we must support the office staff relating to rule interpretation and he commended the staff for their work during the playoffs. He congratulated Terry Speir. Long Beach Poly High School has been accolated as the number one school in the United States.

   B. Treasurer’s Report -- Susana Arce read the treasurer’s report and commended the staff for their hard work.

   C. Commissioner’s Report -- Jim Staunton thanked the assistant commissioners for their hard work during playoffs. The Girls Golf Committee approved a format for individual regions to begin in the fall of 2005 providing a proposal was sent to Council to adjust the season. There was no proposal submitted and therefore, the girls golf calendar was revised to reflect this. Eagles Peak Charter has restructured and now has 500-600 students. They will reapply for membership next year. JSerra may bring an appeal to the office tomorrow. He reported the 2005 summer hours of the office to be Monday through Thursday, 7:30 a.m. to 4:30 p.m. The office will be closed on Fridays. These hours will begin the week of June 20 and end the week of August 15.

   D. Executive Committee Member Reports
      1. Girls’ Athletic Director Representative - Janet Bernardi stated the Orange Count Athletic Directors honored 26 students last Monday, May 23.
      2. Northern ARea Representative – Bill Dabbs has a student who is receiving the Champion for Character Award.
      3. Orange County Area Representative -- Gene Campbell stated the Orange County Athletic Dinner is a highlight for everyone in the county. The male and female athletes of the year came from El Toro for the first time.
      4. Desert Area Representative -- John Mendoza will be leaving his position as principal of Cathedral City High School and will be assuming the Director of State and Federal Projects position on July 1.
      5. Activities Directors Representative -- Terry Spier discussed the jazz concert his school did with their partner school Lee Vining. They presented a check in the amount of $500 for Lee Vining to purchase musical instruments. Also, ESPN is doing a documentary on Long Beach Poly.
      6. Director of Sports Information -- Thom Simmons stated a meeting will be held this summer to inform the media of our rules of governance.
      7. Coast Area Representative -- Dan Stepenosky thanked the committee for welcoming him.
      8. Foothill Area Representative -- Jim Monico commended the staff for their work.
      9. Citrus Belt Area Representative -- Rhonda Fouch thanked Stan Ford for his help this year at the league representative meetings. The Citrus Belt had a very successful relaing process. The Citrus Belt awards went to some outstanding students with eight scholarships given to students in her area.
      10. Parochial Area Representative -- Sr. Cheryl Milner commended the staff for an outstanding year.
      11. Past-President – Paul Breit commened everyone in the office and on the Executive Committee for the success of CIF this year.

   There being no further business to come before the Executive Committee, the meeting was adjourned at 4:55 p.m.

Submitted by:
PAT CHIAPPETTA
EXECUTIVE SECRETARY

Approved by:
DR. JAMES STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS
# 2005 CIF Southern Section Boys Track & Field Champions

<table>
<thead>
<tr>
<th>Event</th>
<th>Division I</th>
<th>Division II</th>
<th>Division III</th>
<th>Division IV</th>
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<tbody>
<tr>
<td>100 Meters</td>
<td>Justin Woods, Los Alamitos, 10.48</td>
<td>Garland West, Cypress, 10.70</td>
<td>Rodney Glass, Notre Dame/SO, 10.53</td>
<td>Randle Harris, Crespi, 10.75</td>
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<tr>
<td>400 Meters</td>
<td>Bryshon Nellum, Long Beach Poly, 47.28</td>
<td>Nevin Guttierrez, J.W. North, 48.27</td>
<td>Donald Sanford, Morningside, 47.80</td>
<td>Zach Chandy, Sage Hill, 47.74*</td>
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<td>800 Meters</td>
<td>Tony Guadagnini, Marina, 1:53.52</td>
<td>Colin Campbell, Ventura, 1:52.07</td>
<td>Josh Castaneda, Bonita, 1:54.52</td>
<td>Eric Meissner, Oaks Christian, 1:54.29</td>
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<tr>
<td>1600 Meters</td>
<td>Scott Smith, Dana Hills, 4:12.25</td>
<td>Mark Matusak, Loyola, 4:07.94*</td>
<td>Michael Coe, Cabrillo/Lompoc, 4:11.11</td>
<td>Carlyle Eubank, Santa Ynez, 4:21.05</td>
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<td>110 Meter HH</td>
<td>Brandon Howard, La Sierra, 14.14</td>
<td>Jordan Paul, Loyola, 14.15</td>
<td>Robert Williams, Ramona, 14.21</td>
<td>Justin Rovin, Laguna Beach, 14.92</td>
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<tr>
<td>300 Meter IH</td>
<td>Darrayl King, Oxnard, 37.93</td>
<td>Elijah Wesson, Dominguez, 38.65</td>
<td>Garrett Green, Notre Dame/SO, 38.25</td>
<td>Randy Rense, St. Margaret's, 39.13</td>
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<tr>
<td>400 Meter Relay</td>
<td>Long Beach Poly, 41.11</td>
<td>Cypress, 41.86</td>
<td>Notre Dame/SO, 41.58</td>
<td>Oaks Christian, 42.78</td>
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<td>1600 Meter Relay</td>
<td>Dana Hills, 3:18.65</td>
<td>Dominguez, 3:14.20</td>
<td>Notre Dame/SO, 3:17.06</td>
<td>Serra, 3:17.28</td>
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<tr>
<td>High Jump</td>
<td>Gonzalez Lance, Murrieta Valley, 6-06</td>
<td>David Girten, Damen, 6-08</td>
<td>Miles Hollingsworth, San Marino, 6-04</td>
<td>Elvin Tabah, Valley Chr/C, 6-06</td>
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<tr>
<td>Long Jump</td>
<td>Andre Crenshaw, Antelope Valley, 23-03</td>
<td>Derrick Smith, Colony, 22-11.50</td>
<td>Terry Prentice, Diamond Ranch, 23-03.50</td>
<td>Marcell Keeling, Serra, 22-06</td>
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<td>Triple Jump</td>
<td>Josh Como, Rancho Verde, 46-06.50</td>
<td>Richard Sherman, Dominguez, 47-10.50</td>
<td>Scott Tsuda, Notre Dame/SO, 48-03.75</td>
<td>Justin Moore, Serra, 46-05.50</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Averell Spicer, Ran. Cucamonga, 59-09.75Arroyo Grande, 60-01.50</td>
<td>Danny Rohr, Arroyo Grande, 60-01.50</td>
<td>Justin Sikich, Oak Park, 54-08.25</td>
<td>Carlton Gillespie, St Bonaventure,51-02.75</td>
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<td>Discus Throw</td>
<td>Matt Swarbrick, Saugus, 182-07</td>
<td>Danny Rohr, Arroyo Grande, 188-05</td>
<td>Kevin Vega, Apple Valley, 172-06</td>
<td>Carlton Gillespie, St Bonaventure, 172-03</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>Myles McDowell, Murrieta Valley, 15-00</td>
<td>Gregory Woepse, Mater Dei, 15-06</td>
<td>Andrew Prodoehl, Santa Margarita, 15-00</td>
<td>Johnny Quinn, St. Margaret's, 15-06</td>
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*New Divisional Record

**Final Team Standings**

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<tr>
<th>Place</th>
<th>Division I</th>
<th>Division II</th>
<th>Division III</th>
<th>Division IV</th>
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<tbody>
<tr>
<td>1</td>
<td>Long Beach Poly - 84</td>
<td>Dominguez - 65</td>
<td>Notre Dame/SO - 81</td>
<td>Serra - 57</td>
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<tr>
<td>2</td>
<td>La Sierra - 56</td>
<td>Loyola - 58</td>
<td>Diamond Ranch - 59</td>
<td>Oaks Chr, La Salle,</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Harvard-Westlake - 32</td>
<td>St. Bonaventure, Crespi - 43</td>
</tr>
</tbody>
</table>

**2005 CIF State Track and Field Championships**

Loyola took second place at the 2005 Boys CIF State Track and Field Championships, held on June 3 and 4 at Hughes Stadium on the campus of Sacramento City College. The Cubs finished a mere 8 points behind the championship team from Dorsey of the Los Angeles City Section to claim the crown, 38.50 to 30 points.

The Cubs boy’s team was led by distance standout Mark Matusak, who claimed a title in the 1600 meter run and a runner-up place in the 3200 meter run. Loyola’s Jordan Paul had two third-place finishes in the 110-meter hurdles and the 300 meter hurdles.

Other Southern Section individual winners included Robert Williams from Ramona in the 110 hurdles, Mike Cybulski of Royal in the 3200, Andre Crenshaw of Antelope Valley in the long jump and Danny Rohr from Arroyo Grande in the shot put.

On the girl’s side, Wilson of Long Beach took runner-up honors behind West High School from the San Joaquin Section by a score of 48-43. Rancho Cucamonga finished third.
2005 CIF SOUTHERN SECTION
GIRLS TRACK & FIELD CHAMPIONS

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DIVISION I</th>
<th>DIVISION II</th>
<th>DIVISION III</th>
<th>DIVISION IV</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Meters</td>
<td>Ebony Collins</td>
<td>Janice Nsor</td>
<td>Leslie Mercado</td>
<td>Elizabeth Olear</td>
</tr>
<tr>
<td></td>
<td>Long Beach Wilson, 11.72</td>
<td>Kennedy, 11.89</td>
<td>Diamond Ranch, 11.94</td>
<td>Louisville, 11.65</td>
</tr>
<tr>
<td>200 Meters</td>
<td>Sade Williams</td>
<td>Kristin Holmes</td>
<td>Joy Eaton</td>
<td>Elizabeth Olear</td>
</tr>
<tr>
<td></td>
<td>Ran.Cucamonga, 23.38</td>
<td>Claremont, 24.16</td>
<td>St. Lucy’s, 24.54</td>
<td>Louisville, 23.77</td>
</tr>
<tr>
<td>400 Meters</td>
<td>Sade Williams</td>
<td>Tifney Reeve</td>
<td>Joy Eaton</td>
<td>Kate Grace</td>
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<tr>
<td></td>
<td>Ran.Cucamonga, 53.03</td>
<td>Capistrano Valley, 55.24</td>
<td>St. Lucy’s, 55.47</td>
<td>Marlborough, 56.58</td>
</tr>
<tr>
<td>800 Meters</td>
<td>Haley Lawrence</td>
<td>Kauren Tarver</td>
<td>Annie St. Gme</td>
<td>Kate Grace</td>
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<tr>
<td></td>
<td>Aliso Niguel, 2:13.57</td>
<td>Serrano, 2:14.22</td>
<td>Corona del Mar, 2:12.52</td>
<td>Marlborough, 2:15.40</td>
</tr>
<tr>
<td>1600 Meters</td>
<td>Shannon Murakami</td>
<td>Kauren Tarver</td>
<td>Annie St. Gme</td>
<td>Liza Truax</td>
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<tr>
<td></td>
<td>Saugus, 4:50.71</td>
<td>Serrano, 4:54.99</td>
<td>Corona del Mar, 4:53.23</td>
<td>Santa Ynez, 5:10.06</td>
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<td>3200 Meters</td>
<td>Shannon Murakami</td>
<td>Whitney Blue</td>
<td>Anna Farias-Eisner</td>
<td>Rachel Gill</td>
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<td></td>
<td>Saugus, 10:46.95</td>
<td>Newport Harbor, 10:48.56</td>
<td>HarvardWestlake, 11:00.14</td>
<td>Maranatha, 11:34.64</td>
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<tr>
<td>100 Meter HH</td>
<td>DeAna Carson</td>
<td>Ashleigh Gunderman</td>
<td>Leslie Mercado</td>
<td>Kimyon Broom</td>
</tr>
<tr>
<td></td>
<td>Long Beach Wilson, 14.30</td>
<td>Mater Dei, 14.74</td>
<td>Diamond Ranch, 14.08*</td>
<td>Serra, 14.43</td>
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<tr>
<td>300 Meter LH</td>
<td>Ebony Collins</td>
<td>Asiska Charan</td>
<td>Kiani Profit</td>
<td>Tiffany Pransky</td>
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<tr>
<td></td>
<td>Long Beach Wilson, 42.37</td>
<td>Claremont, 43.12</td>
<td>Muir, 43.50</td>
<td>Lutheran/Orange, 45.35</td>
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<tr>
<td>400 Meter Relay</td>
<td>Long Beach Wilson</td>
<td>Kennedy</td>
<td>Muir</td>
<td>St. Mary’s Academy</td>
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<td>46.41</td>
<td>46.87</td>
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<td>46.98*</td>
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<td>1600 Meter Relay</td>
<td>Long Beach Wilson</td>
<td>Kennedy</td>
<td>Muir</td>
<td>St. Mary’s Academy</td>
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<td>3:51.13</td>
<td>3:52.01</td>
<td>3:52.45*</td>
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<tr>
<td>High Jump</td>
<td>Monique Spencer</td>
<td>Kristina Curtis</td>
<td>Jasmin Day</td>
<td>Shannon Armstrong</td>
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<td>Long Beach Poly, 5-04</td>
<td>Tustin, 5-08</td>
<td>Costa Mesa, 5-09</td>
<td>Oaks Christian, 5-04</td>
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<tr>
<td>Long Jump</td>
<td>Andrea Allmond</td>
<td>Ashika Charan</td>
<td>Stephanie Lo</td>
<td>Shelese Ruffin</td>
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<td></td>
<td>Walnut, 18-10</td>
<td>Claremont, 19-02</td>
<td>San Marino, 18-04.25</td>
<td>Beaumont, 19-01.50</td>
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<tr>
<td>Triple Jump</td>
<td>Seqoiya Peggesse</td>
<td>Ashika Charan</td>
<td>Brittany Lin</td>
<td>Laura Gordon</td>
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<td>Long Beach Poly, 39-06.25</td>
<td>Claremont, 39-01.50</td>
<td>Calabasas, 37-00</td>
<td>Sage Hill, 37-02.25</td>
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<td>Shot Put</td>
<td>April Phillips</td>
<td>Florida Siaosi</td>
<td>Sarah Robles</td>
<td>Ashley Philippi</td>
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<td>Long Beach Poly, 40-10</td>
<td>Sultana, 41-11</td>
<td>San Jacinto, 42-00.75</td>
<td>St. Joseph/SM, 38-09.25</td>
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<tr>
<td>Discus Throw</td>
<td>Tara Ross</td>
<td>Jennifer Steed</td>
<td>Sarah Barber</td>
<td>Michele Dannhausen</td>
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<td>Mission Viejo, 131-10</td>
<td>Arroyo Grande, 137-08</td>
<td>St. Joseph/L, 141-02</td>
<td>La Salle, 121-05</td>
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<td>Pole Vault</td>
<td>Dana Jensen</td>
<td>Tori Pena</td>
<td>Jessie Lucier</td>
<td>Leann Sgobba</td>
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<td>Chaparral, 12-00</td>
<td>Edison, 12-06</td>
<td>Santa Margarita, 11-00</td>
<td>Santa Ynez, 10-06</td>
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*New Divisional Record

FINAL TEAM STANDINGS

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<tr>
<th>PLACE</th>
<th>DIVISION I</th>
<th>DIVISION II</th>
<th>DIVISION III</th>
<th>DIVISION IV</th>
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<tr>
<td>1</td>
<td>Long Beach Wilson - 105</td>
<td>Claremont - 60</td>
<td>Corona del Mar,</td>
<td>St. Mary’s Academy - 61.50</td>
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<td>2</td>
<td>Rancho Cucamonga,</td>
<td>J.W. North - 58</td>
<td>Muir, 86</td>
<td>Lutheran/Orange - 54</td>
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<tr>
<td>3</td>
<td>Long Beach Poly - 76</td>
<td>Kennedy - 50</td>
<td>Santa Margarita - 50.50</td>
<td>Marlborough - 45.50</td>
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</tbody>
</table>

The Bruins were led title claiming performances of the 4X100 and 4X400 meter relay teams as well as by Ebony Collins in the 100 meter dash and the 300 meter hurdles.

Other Southern Section highlights on the girl’s side included outstanding championship efforts turned in by Annie St. Gme of Corona del Mar in the 1600; Leslie Mercado of Diamond Ranch in the 100 meter hurdles; Sade Williams of Rancho Cucamonga in the 400 meter dash; and Khrystal Carter of Valley Christian of Cerritos in the 200 meter dash.
### 2005 CIF SOUTHERN SECTION-TOYOTA BASEBALL PLAYOFF RESULTS

#### DIVISION I

**Wild Card Round:** Damien 5, Valley View 2.

**First Round:** Poly/Riverside 12, Damien 4; Villa Park def. Arcadia Forfeit; Bishop Amat 1, Marina 0; Hart 8, Agoura 7; El Dorado 13, Capistrano Valley 5; Santa Margarita 10, Long Beach Wilson 4; Esperanza 4, Chino 3; Norco 13, Hoover 0; Moorpark 5, Saugus 0; San Clemente 4, Los Alamitos 2; Mater Dei 4, M.L. King 2; Crescenta Valley 18, Long Beach Poly 1; Canyon/Anaheim 4; El Toro 0; Canyon Springs 9, Santiago/Corona 8; Millikin 8, Diamond Bar 1; Royal 3, Valencia/Valencia 2.

**Second Round:** Poly/Riverside 4, Villa Park 1; Hart 4, Bishop Amat 1; El Dorado 6, Santa Margarita 4; Esperanza 13, Norco 1; San Clemente 2, Moorpark 0; Mater Dei 4, Crescenta Valley 1; Canyon Springs 5, Canyon/Anaheim 4; Royal 3, Millikan 1.

**Quarterfinals:** Poly/Riverside 4, Hart 3 (6 innings); El Dorado 3, Esperanza 2; Mater Dei 2, San Clemente 0; Canyon Springs 5, Royal 4.

**Semifinals:** Poly/Riverside 3, El Dorado 2; Mater Dei 7, Canyon Springs 1.

**Final:** Mater Dei 9, Poly/Riverside 3.

#### DIVISION II

**Wild Card Round:** South Torrance 7, Schurr 0.

**First Round:** Cypress 12, San Bernardino 0; Atascadero 8, Montebello 1; Foothill 8, Upland 7; Adolfo Camarillo 4, Mira Costa 0; Santa Barbara 4; Chaminade 2; South Torrance 7, San Gorgonio 0; Los Osos 2, A.B. Miller 1; San Luis Obispo 4; Oxnard 1, Aliso Niguel 3; Redlands East Valley 0; Rio Mesa 8, Dos Pueblos 7; Claremont 7, Notre Dame/Sherman Oaks 1; West Torrance 2, Lutheran/Orange 1; Yucaipa 11, Cajon 8; Woodbridge 4, Alhambra 2; Righetti 7, Ventura 4; Kennedy 9, Loyola 3.

**Second Round:** Cypress 12, Atascadero 1; Adolfo Camarillo 4, Foothill 3; Santa Barbara 3; South Torrance 0; Los Osos 5, San Luis Obispo 1; Rio Mesa 6, Aliso Niguel 5 (9 innings); Claremont 10, West Torrance 0; Yucaipa 5, Woodbridge 1; Righetti 4, Kennedy 3 (12 innings).

**Quarterfinals:** Cypress 8, Adolfo Camarillo 3; Los Osos 10, Santa Barbara 7; Claremont 7, Rio Mesa 5; Yucaipa 11, Righetti 5.

**Semifinals:** Cypress 7, Los Osos 1; Yucaipa 3, Claremont 1.

**Final:** Cypress 7, Yucaipa 1.

#### DIVISION III

**Wild Card Round:** California 6, Walnut 0.

**First Round:** La Quinta/Westminster 1, Downey 0; Quartz Hill 16, Norwalk 13; Corona del Mar 3; La Serna 0; Orange 5, Don Lugo 4; Gahr 3; Palmdale 1; Paloma Valley 5, Diamond Ranch 2; South Hills 3, Artesia 2; Temecula Valley 15, Northwood 1; Tesoro 8, Garden Grove 1; Murrieta Valley 9; Hemet 6; Lancaster 3, El Rancho 1; Westminster 5, Nogales 3; Colony 7, Chaparral 5; La Mirada 9, West Valley 4; Warren 5, Pacifica/Garden Grove 3; Ocean View 7, California 0.

**Second Round:** La Quinta/Westminster 7, Quartz Hill 4 (9 innings); Corona del Mar 4, Orange 0; Gahr 7, Paloma Valley 6 (8 innings); Temecula Valley 3, South Hills 2; Murrieta Valley 12, Tesoro 4; Lancaster 11, Westminster 4; Colony 8, La Mirada 3; Ocean View 6, Warren 2 (8 innings).

**Quarterfinals:** La Quinta/Westminster 4, Corona del Mar 0; Temecula Valley 8, Gahr 5; Murrieta Valley 13, Lancaster 3; Ocean View 3, Colony 2.

**Semifinals:** Temecula Valley 1, La Quinta/ Westminister 0; Ocean View 4, Murrieta Valley 2.

**Final:** Ocean View 3, Temecula Valley 2.

#### DIVISION IV

**Wild Card Round:** Granite Hills 6, Jurupa Valley 4.

**First Round:** Palm Desert 7, Granite Hills 1; Los Altos 4, Baldwin Park 1; Culver City 14, Azusa 0; La Habra 8, Western 2; El Segundo 7, Magnolia 4; Santa Monica 7, Lompect 6; Victor Valley 11, Sierra Vista 5; Kaiser 6, Cathedral City 4; Moreau 8, Bay 4, Troy 0; Covina 4, Garey 0; Torrance 8, Hawthorne 2; Rubidoux 3, Barstow 2; Cabrillo/Lompoc 6, San Dimas 4; La Quinta/La Quinta 14, Gladstone 10; Savanna 2, Sonora 1; Charter Oak 8, Palos Verdes 3.

**Second Round:** Los Altos 4, Palm Desert 3; Rosemead 5; Calvary Chapel/Murrieta 3; Arrowhead Christian 2; Santa Paula 6, La Salle 3; St. Bonaventure 11, St. Monica 0.

**Second Round:** St. Paul 20, Ontario Christian 3; Temple City 9, Oak Park 3; Woodcrest Christian 3, Monrovia 2; Oaks Christian 9, Fillmore 2; Serrano 11, Valley Christian/Cerritos 1; Cathedral 6, La Canada 3; Calvary Chapel/Murrieta 5, Parklade 4 (9 innings); St. Bonaventure 13, Santa Paula 2.

**Quarterfinals:** St. Paul 6, Temple City 1; Oaks Christian 3, Woodcrest Christian 2; Serrano 3, Cathedral 1; St. Bonaventure 3, Calvary Chapel/ Murrieta 2.

**Semifinals:** St. Paul 15, Oaks Christian 10; Serrano 3, St. Bonaventure 2.

**Final:** St. Paul 5, Oaks Christian 3.

#### DIVISION V

**Wild Card Round:** Big Bear 16, Apple Valley Christian 5; Grace Brethren 6, Flintridge Prep 4; Viewpoint 7, Marshall 3.

**First Round:** Big Bear 4, Boron 2; St. Margaret's 8, Calvary Chapel/Dowey 6; Windward 3, Milken Community 2; Kern Valley 6, Rio Hondo Prep 2; Campbell Hall 12, San Jacinto 2; JSerra 9, Upland Christian 7; Joshua Springs 9, Brethren Christian 7; Santa Clarita Christian 5, Bishop Union 4; Mojave 19, Mammoth 13; Kilpatrick 8, Buckley 7; Beaumont 5, California Lutheran 1; Grace Brethren 7, Oxford Academy 4; Poly/Pasadena 9, Desert Christian/Lancaster 1; Whittier Christian 10, Hillcrest Christian/Granada Hills 0, Riverside Christian 15, Hesperia Christian 3; Vasquez 11, Viewpoint 1.

**Second Round:** Big Bear 4, St. Margaret's 1; Windward 10, Kern Valley 5; Campbell Hall 11, JSerra 5; Santa Clarita Christian 10, Joshua Springs 7; Mojave 8, Kilpatrick 1; Beaumont 6, Grace Brethren 2; Poly/Pasadena 4, Whittier Christian 3; Vasquez 8, Riverside Christian 4.

**Quarterfinals:** Big Bear 9, Windward 3; Campbell Hall 14, Santa Clarita Christian 0; Mojave 8, Beaumont 4; Vasquez 9, Poly/Pasadena 8.

**Semifinals:** Campbell Hall 4, Big Bear 1; Mojave 1, Vasquez 0.

**Final:** Campbell Hall 2, Mojave 1.

#### DIVISION VII

**Wild Card Round:** Cate 4, Maricopa 3; Boys Republic 17, Delphi Academy 3.

**First Round:** Bloomington Christian 16, Whitewater 0; Big Pine 9, Summit View 8; Dunn 11, Valley Christian/Santa Maria 2; Saddleback Valley Christian 28, Tarbut V’Torah 0; Sherman Indian 7, Twin Pines 5; Cornerstone Christian/Wildomar 7, Calvary Chapel/Moreno Valley 4; First Lutheran 13, Cate 11; Shalhevet 19, Calvary Baptist 3; Eastside Christian 12, Boys Republic 1; Rolling Hills Prep 12, Rio Contiguo 3; Wildwood 20, Ventura County Christian 3; Mesa Grande Academy 15, Owens Valley 4; New Roads 8, Pioneer Baptist 1; Thacher 7, North County Christian 6; La Sierra Academy 14, Pacific Lutheran 3; Chilliwack 7, Newbury Park Adventist 3.

**Second Round:** Bloomington Christian 22, Big Pine 0; Saddleback Valley Christian 14, Dunn 6; Cornerstone Christian/Wildomar 18, Sherman Indian 4; Shalhevet 6, First Lutheran 5; Eastside Christian 10, Rolling Hills Prep 5; Mesa Grande Academy 15, Wildwood 3; New Roads 5; Thacher 2; Highland Hall 8, La Sierra Academy 5.

**Quarterfinals:** Bloomington Christian 6, See BASEBALL page 23.
DIVISION I
First Round: Laguna Hills 1, Pacifica/Garden Grove 0; Valley View 3, M.L. King 0; Los Alamitos 2, Newbury Park 1; Saugus 10, Pacifica/Oxnard 0; Rosary 2, Norco 1; Foothill 6, Marina 0; Burroughs/Burbank 6, Hueneme 3; Royal 1, Bishop Amat 0; Corona 9, Canyon Springs 1; Esperanza 2, Woodbridge 1 (11 innings); Poly/Riverside 2, Santiago/Corona 0; Mater Dei 6, Aliso Niguel 0; Adolfo Camarillo 4, Garden Grove 0; Hart 2, Thousand Oaks 1 (8 innings); Rancho Alamitos 4, Rio Mesa 1; Valencia/Valencia 3, Westlake 0.

Second Round: Laguna Hills 1, Valley View 0; Saugus 4, Los Alamitos 3 (8 innings); Rosary 9, Foothill 1; Royal 9, Burroughs/Burbank 3; Esperanza 3, Corona 0; Mater Dei 5, Poly/Riverside 2 (8 innings); Adolfo Camarillo 4, Hart 1; Valencia/Valencia 1, Rancho Alamitos 0.

Quarterfinals: Saugus 3, Laguna Hills 1 (12 innings); Royal 8, Rosary 7; Mater Dei 2, Esperanza 1; Valencia/Valencia 1, Adolfo Camarillo 0.

Semifinals: Royal 2, Saugus 1 (9 innings); Valencia/Valencia 3, Mater Dei 0.

Final: Royal 2, Valencia/Valencia 0.

DIVISION II
Wild Card Round: Alta Loma 2, Montclair 0.
First Round: El Dorado 2, Dana Hills 0; Murrieta Valley 5, Diamond Ranch 2; Colton 1, Ayala 0; El Toro 3, Mira Costa 0; Rancho Cucamonga 4, Chaparral 1; Canyon/Anaheim 10, Fontana 3; Atascadero 4, Cerritos 2; Kennedy 1, South Torrance 0 (12 innings); Temescal Canyon 5, Alta Loma 2; Chino Hills 2, Redlands East Valley 0; San Luis Obispo 1, La Mirada 0; Capistrano Valley 5, Loara 2; El Modena 2, Etiwanda 1; Lutheran/Orange 5, Don Lugo 1; Glendora 1, Righetti 0; Peninsula 18, Mayfair 0.
Second Round: El Dorado 1, Murrieta Valley 0; El Toro 1, Colton 0; Rancho Cucamonga 2, Canyon/Anaheim 0 (11 innings); Kennedy 2, Atascadero 0; Chino Hills 5, Temescal Canyon 3; Capistrano Valley 3, San Luis Obispo 2; El Modena 2, Lutheran/Orange 1 (8 innings); Peninsula 1, Glendora 0.
Quarterfinals: El Dorado 2, El Toro 1 (8 innings); Rancho Cucamonga 1, Kennedy 0; Chino Hills 4, Capistrano Valley 2; Peninsula 2, El Modena 0.
Semifinals: El Dorado 4, Rancho Cucamonga 3; Chino Hills 4, Peninsula 0.
Final: Chino Hills 2, El Dorado 1.

DIVISION III
Wild Card Round: Long Beach Wilson 1, Fullerton 0 (22 innings).
First Round: Cajon 9, Ramona 0; Arcadia 2, Sonora 1; Perris 2, Kaiser 1; Charter Oak 6, Long Beach Wilson 1; Saugus 10, California 12; Nordhoff 1; Santa Monica 11, Santa Paula 0; Millikan 8, Quartz Hill 2; Lakewood 5, Santa Fe 2; Bonita 13, Bloomington 2; Crescenta Valley 14, Culver City 3; La Serna 1, Little Rock 0 (10 innings); Wilson/Hacienda Heights 1, Sunny Hills 0; San Gorgonio 5, Paloma Valley 3; Lancaster 11, Glendora 7; Oaks Christian 6, Beverly Hills 0.
Second Round: Cajon 7, Arcadia 0; Perris 2, Charter Oak 0; Hemet 5, California 1; Millikan 11, Santa Monica 0; Lakewood 5, Bonita 1; La Serna 13, Crescenta Valley 1; San Gorgonio 3, Wilson/Hacienda Heights 1; Oaks Christian 16, Lancaster 1.
Quarterfinals: Cajon 3, Perris 1; Millikan 2, Hemet 1; La Serna 3, Lakewood 1; Oaks Christian 4, San Gorgonio 1.
Semifinals: Millikan 2, Cajon 0; Oaks Christian 2, La Serna 1 (8 innings).
Final: Millikan 5, Oaks Christian 3.

DIVISION IV
Wild Card Round: Gahr 15, South Hills 11; Corona del Mar 1, JSerra 0.
First Round: Dos Pueblos 3, Morro Bay 0; Nagel 11, Western 1; Lompoc 4, Bishop Montgomery 3; Warren 5, Coachella Valley 2; Gahr 5, Santa Ana 3; Indio 8, Barstow 3; Northwood 9, Victor Valley 0; Alemany 3, St. Monica 0; Paramount 6, Ventura 1; West Covina 6, Harvard-Westlake 3; St. Paul 6, Corona del Mar 3; Cabrillo/

2005 CIF SOUTHERN SECTION TOYOTA SOFTBALL CHAMPIONS

DIVISION I
Royal
DIVISION II
Chino Hills
DIVISION III
Millikan
DIVISION IV
Dos Pueblos
DIVISION V
Pomona Catholic
DIVISION VI
Whittier Christian
DIVISION VII
Cantwell Sacred Heart
Lompoc 1, Buena 0; Chaminade 7, Westminster 0; Tesoro 13, Century 0; La Quinta/La Quinta 1, Silverado 0; Savanna 2, Ocean View 0.
Second Round: Dos Pueblos 3, Nagle 2; Lompoc 2, Warren 1; Indio 3, Gahr 2; Alemany 2, Northwood 1 (9 innings); Paramount 2, West Covina 0; Cabrillo/Lompoc 8, St. Paul 7; Chaminade 3, Tesoro 0; Savanna 2, La Quinta 1.
Quarterfinals: Dos Pueblos 2, Lompoc 1; Alemany 3, Indio 2; Paramount 4, Cabrillo/Lompoc 0; Chaminade 2, Savanna 0.
Semifinals: Dos Pueblos 1, Alemany 0; Paramount 1, Chaminade 0.
Final: Dos Pueblos 1, Paramount 0.

DIVISION V
Wild Card Round: Northview 11, Gladstone 1.
First Round: El Segundo 6, La Reina 2 (8 innings); Village Christian 3, Mayfield 2; San Marino 5, Schurr 2; Flintridge Prep 2, Torrance 0; Western Christian 6, Northview 0; Beaumont 7, Serrano 6; La Puente 2, South Pasadena 0; Hesperia 9, Covina 4; Sultana 13, Notre Dame.

DIVISION VI
First Round: Oxford Academy 3, Linfield Christian 1; Fairmont Prep 5, Southlands Christian 3; Brentwood 6, San Gabriel Mission 3; Rosemead 5, Desert Christian/Lancaster 0; Whittier Christian 5, Sage Hill 0; Notre Dame Academy 5, Mojave 0; Riverside Christian 7, Mammolth 1; Woodcrest Christian 5, Sacred Heart of Jesus 0; Arroyo 8, Ramona Convent 5; Marshall 17, California Lutheran 4; La Salle 9, Whitney 0; Calvary Chapel/Murrieta 2, Saddleback Valley Christian 1 (9 innings); Boron 2, South El Monte 1; Kern Valley 3, Montclair Prep 1; Crossroads 15, Liberty Christian 0; Alverno 5, Frazier Mountain.
Second Round: Oxford Academy 6, Fairmont Prep 0; Rosemead 4, Brentwood 0; Whittier Christian 8, Notre Dame Academy 0; Woodcrest Christian 2, Riverside Christian 0; Arroyo 19, Marshall 0; La Salle 2, Calvary Chapel/Murrieta 1 (8 innings); Boron 2, Kern Valley 1; Alverno 12, Crossroads 0.
Quarterfinals: Rosemead 2, Oxford Academy 0; Whittier Christian 9, Woodcrest Christian 8; La Salle 4, Arroyo 1; Alverno 2, Boron 0.
Semifinals: Whittier Christian 6, Rosemead 0; La Salle 4, Alverno 2.

DIVISION VII
First Round: Cantwell Sacred Heart 11, Apple Valley Christian 1; North County Christian 30; Ribet Academy 0; New Roads 11, Avalon 0; Bloomington Christian 6, Sierra Academy 3; Mesa Grande 18, CSDR 5; Hesperia Christian 13, Lake Arrowhead Christian 3; Santa Clara Christian 6, First Lutheran 1; Viewpoint, Bye; Providence, Bye; Faith Baptist 15, Coastal Christian 5; St. Bernard 12, Cornerstone Christian/Wildomar 1; Valley Christian/Santa Maria, Bye; Baptist Christian 8, Calvary Chapel/Redlands 4; Victor Valley Christian 11, Noll Indian 1; Calvary Chapel/Moorpark 10, Rolling Hills Prep 5; Serra, Bye.
Second Round: Cantwell Sacred Heart 17, North County Christian 0; Bloomington Christian 9, New Roads 0; Mesa Grande 13, Hesperia Christian 7, Santa Clara Christian 3; Viewpoint See SOFTBALL page 23.
Los Alamitos — The CIF Southern Section and Los Angeles City Section, once again, team up with the Los Angeles Dodgers and Toyota to present the 23rd Annual Kenneth Fagans-Toyota “Shake for Sportsmanship” Awards.

The awards ceremonies took place prior to the Dodgers-Arizona Diamondbacks game on Monday, April 25.

Award recipients are determined by the members of their respective leagues. Although participating leagues may establish their own criteria, the CIF offers the following guidelines for the selection process: participation, enthusiasm, behavior at home and away games, treatment of opponents and treatment of the contest officials. Judging is based not only on the student-athletes’ conduct, but also on the conduct of the school band members, drill teams, pep squads, cheerleaders and student-rooting sections.

The awards program also includes the Los Angeles City Section, which announced 10 conference winners. In all, the program will encompass nearly 650 CIF-member high schools in southern and central California.

“We are very proud of this most important program,” said Dr. Jim Staunton, CIF-SS Commissioner of Athletics. “Schools receiving this award are to be commended for the direction provided by their administrative and coaching staffs, and especially for the positive action of their student body memberships. Shake for Sportsmanship goes hand-in-hand with our Victory with Honor and Character Counts programs and we are extremely proud to be a part of it.” Each of the honored schools was presented with an attractive commemorative plaque, supplied by Toyota, for permanent display on campus.

“Speaking on behalf of both the Southern and L.A. City Sections, we wish to thank the Dodgers and Toyota for their continued efforts in promoting the spirit of good sportsmanship in high school athletics,” added Staunton.

The award is also named for former CIF-SS Commissioner, the late Kenny Fagans, who served as Commissioner from 1954 to 1975.

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### CIF-SS, DODGERS AND ADOHR FARMS’ 2005 “SHAKE FOR SPORTSMANSHIP” AWARD WINNERS

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### Los Angeles City Section Winners

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CIF-SS BULLETIN -- Fall 2005
2005 CIF SOUTHERN SECTION TOYOTA SWIMMING/DIVING TEAM CHAMPIONS

GIRLS DIVISION I
Long Beach Wilson

GIRLS DIVISION II
University

GIRLS DIVISION III
Murrieta Valley

GIRLS DIVISION IV
La Reina

BOYS DIVISION I
Mission Viejo

BOYS DIVISION II
San Luis Obispo

BOYS DIVISION III
Murrieta Valley

BOYS DIVISION IV
Oaks Christian

DIVISION I
200 Medley Relay - GIRLS: Long Beach Wilson (1:43.84); BOYS: Mission Viejo (1:36.22).
200 Freestyle - GIRLS: Brooke Cashion, Irvine (1:50.48); BOYS: Michael Carter, Damien (1:39.08).
200 Individual Medley - GIRLS: Jessica Hardy, Long Beach Wilson (2:01.68); BOYS: Colin Gladys, Esperanza (1:52.38).
50 Freestyle - GIRLS: Jessie Perazzo, Yucaipa (23.18); BOYS: Kevin Kuga, Dos Pueblos (20.76).
Diving - GIRLS: Marisa Samaniego, Flintridge Sacred Heart (518.50); BOYS: Dwight Dumas, Buena (667.10).
100 Butterfly - GIRLS: Rachel Rys, Dos Pueblos (55.43); BOYS: Patrick Simpkins, Crespi (50.08).
100 Freestyle - GIRLS: Jessie Perazzo, Yucaipa (52.60*); BOYS: Michael Carter, Damien (45.35).
50 Freestyle - GIRLS: Sara Sun, Crescenta Valley (5.03); BOYS: Scott Spansail, San Clemente (4.22.56).
200 Freestyle Relay - GIRLS: Harvard-Westlake (1:38.23); BOYS: Damien (1:24.88).
100 Backstroke - GIRLS: Lara Pease, Long Beach Wilson (56.34); BOYS: Scott Spansail, San Clemente (50.71).
100 Breaststroke - GIRLS: Jessica Hardy, Long Beach Wilson (59.20*); BOYS: John Criste, Great Oak (54.00).
400 Freestyle Relay - GIRLS: Irvine (3:31.50); BOYS: Scott Spansail, San Clemente (3:07.81).
Final Team Results - GIRLS: Long Beach Wilson (217); BOYS: Mission Viejo (285).
*Division I Record
**National Record

DIVISION II
200 Medley Relay - GIRLS: Corona del Mar (1:48.59*); BOYS: Arroyo Grande (1:42.26).
200 Freestyle - GIRLS: Rachel Grant, Walnut (1:48.38); BOYS: Andrew Nguyen, La Canada (1:42.26).
200 Individual Medley - GIRLS: Stephanie Gabert, Corona del Mar (2:04.35); BOYS: Cedric Cheung-Lau, Upland (1:54.29).
50 Freestyle - GIRLS: Alexis Mann, Alta Loma (23.85); BOYS: Robert Hoew, Thousand Oaks (21.28).
Diving - GIRLS: Kathleen Brady, Upland (420.15); BOYS: Edgar Simonyan, La Canada (461.35).
100 Butterfly - GIRLS: Katelyn Schumacher, University (57.24); BOYS: David Chen, Claremont (51.84).
100 Freestyle - GIRLS: Jane Kim, Sunny Hills (51.13); BOYS: Tyler McClure, Royal (47.33).
500 Freestyle - GIRLS: Rachel Grant, Walnut (4:53.77); BOYS: Scott Clary, Poly/Riverside (4:34.55).
100 Backstroke - GIRLS: Dina Hegazy, Sunny Hills (57.75); BOYS: Scott Clary, Poly/Riverside (51.82).
100 Breaststroke - GIRLS: Stephanie Gabert, Corona del Mar (1:02.71*); BOYS: Chris Rosales, Valencia/Placentia (58.35).
400 Freestyle Relay - GIRLS: Corona del Mar (3:32.91); BOYS: Thousand Oaks (3:12.60).
Final Team Results - GIRLS: University (252); BOYS: San Luis Obispo (208).
*Division II Record

DIVISION III
200 Medley Relay - GIRLS: El Segundo (1:53.07); BOYS: Palos Verdes (1:39.74).
200 Freestyle - GIRLS: Mattea Perrotta, El Segundo (1:50.68); BOYS: Sean Boyle, Murrieta Valley (1:39.60).
200 Individual Medley - GIRLS: Courtney Kilkuts, Santiago/Corona (2:03.26); BOYS: Kyle Smith, Corona (1:55.68).
50 Freestyle - GIRLS: Jenel Lopez, La Serna (24.42); BOYS: Dereck Hingleveld, La Serna (21.12).
Diving - GIRLS: Carmen Steller, Mayfield (390.55); BOYS: Eric Nugent, La Serna (423.95).
100 Butterfly - GIRLS: Tanya K riman, Elsinore (56.18); BOYS: Sam Danh, Westminster (51.31).
100 Freestyle - GIRLS: Jenel Lopez, La Serna (53.18); BOYS: Sean Boyle, Murrieta Valley (46.02).
500 Freestyle - GIRLS: Samantha VandenBerg, La Serna (4:58.00); BOYS: Ryan Kikuchi, Great Oak (4:40.88).
200 Freestyle Relay - GIRLS: Murrieta Valley (1:42.03); BOYS: Murrieta Valley (1:27.14).
100 Backstroke - GIRLS: Alexandra Nalevanko, Adolfo Camarillo (57.72); BOYS: Nikos Kostianis, Downey (52.41).
100 Breaststroke - GIRLS: Courtney Kilkuts, Santiago/Corona (1:04.65); BOYS: Eric Starkweather, Murrieta Valley (58.64).
Final Team Results - GIRLS: Murrieta Valley (211); BOYS: Murrieta Valley (258).
*Division III Record

DIVISION IV
200 Medley Relay - GIRLS: La Reina (1:54.26); BOYS: Oaks Christian (1:38.41).
200 Freestyle - GIRLS: Danielle Arad, Tarbut V’Torah (1:53.85); BOYS: Matt Sulkevich, Northview (1:41.48*).
200 Individual Medley - GIRLS: Madison Fitzgerald, Calvary Chapel/Downey (2:10.80); BOYS: Kevin Nielsen, Oaks Christian (1:54.28*).
50 Freestyle - GIRLS: Emily Bibb, La Reina (23.70*); BOYS: William Wollam, Rubidoux (20.19).
Diving - GIRLS: Maithili Mody, Cerritos (307.35); BOYS: Kevin Moe, Los Altos (421.35).
100 Butterfly - GIRLS: Edna best, Mayfair (1:00.47); BOYS: Jonnie Pare, Oaks Christian (52.69).
100 Freestyle - GIRLS: Emily Bibb, La Reina (52.07); BOYS: Antonio Cisneros, Rancho Alamitos (46.86).
500 Freestyle - GIRLS: Danielle Arad, Tarbut V’Torah (5:02.98); BOYS: Matt Sulkevich, Northview (4:31.74*).
200 Freestyle Relay - GIRLS: Oaks Christian (1:44.18); BOYS: Oaks Christian (1:28.72*).
100 Backstroke - GIRLS: Jenny Lewis, Sultana (57.37); BOYS: Kevin Nielsen, Oaks Christian (52.60*).
100 Breaststroke - GIRLS: Madison Fitzgerald, Calvary Chapel/Downey (1:05.59); BOYS: Paul Zaich, St. Margaret’s (57.88).
400 Freestyle Relay - GIRLS: La Reina (3:42.93); BOYS: Oaks Christian (3:14.10*).
Final Team Results - GIRLS: La Reina (251); BOYS: Oaks Christian (349).
*Division IV Record
2005 CIF SOUTHERN SECTION-TOYOTA BADMINTON PLAYOFF RESULTS

DIVISION I TEAM
First Round: Villa Park, Bye; Wilson/Hacienda Heights 17, Gladstone 2; Westminster 15, Loara 4; Long Beach Poly 14, Cerritos 5; Garden Grove 17, Mark Keppel 3; El Monte 15, West Covina 8; Cypress 16, Sunny Hills 3; La Quinta/Westminster, Bye; Arroyo 17, Marina 2; Azusa 15, Fullerton 4; Long Beach Wilson 15, Rosemead 4; Troy 12, Millikan 7; Kennedy 11, Redlands 8; Alhambra 18, Sierra Vista 1; Diamond Bar, Bye.

Second Round: Villa Park 16, Wilson/Hacienda Heights 3; Long Beach Poly 15, Westminster 4; Garden Grove 13, Colton 6; El Monte 10, Cypress 9; La Quinta/Westminster 15, Westminster 8; Diamond Bar 11, Troy 8.

Semifinals: Villa Park 13, Garden Grove 6; Diamond Bar 11, Long Beach Wilson 8.

Final: Villa Park 16, Diamond Bar 11.

MIXED DOUBLES


BOYS SINGLES
Second Round: Brendan Taft (Villa Park) def. Brady Stevens (Poly/Riverside) 15-3, 15-4; Anthony Duong (Garden Grove) def. Tom Sam (Rosemead) 15-13, 15-7; David Neumann (Loyola) def. Chad Chanachock (Pasadena) 15-1, 15-1; David Lim (Fairmont) def. Alan Kuo (Diamond Bar) 15-3, 15-3; Shun Fujinami (Troy) def. Vandy Phal (Long Beach Wilson) 15-1, 15-1; Steven Jonatan (Ayala) def. Charlie Hsu (Mira Costa) 15-5, 15-7; Jack Shu (Canyon/Anaheim) def. Arturo Wirbawa (Colton) 15-9, 15-6; Ronald Sou (Rosemead) def. Elliot Chow (Cypress) 15-5, 15-7.


GIRLS SINGLES
Second Round: Jamie Subandhi (La Quinta/Westminster) def. Lisa Choi (Cypress) 11-0, 11-0; Anoma Phongasavithas (Villa Park) def. Aika Briones (Nogales) 13-10, 11-1; Susan Cui (Alhambra) def. Vanessa Acosta (Sierra Vista) 11-6, 11-4; Susana Zhong (Mira Costa) def. Wendy Vuong (Arroyo) 11-4, 11-0; Vimala Phongasavithas (Villa Park) def. Adina Cho (Gar-
2005 CIF SOUTHERN SECTION-TOYOTA
BOYS VOLLEYBALL PLAYOFF RESULTS

DIVISION I


DIVISION II


DIVISION V


DIVISION III
Loyola

DIVISION IV
Oaks Christian

DIVISION V
Viewpoint

2005 CIF SOUTHERN SECTION-TOYOTA
BOYS VOLLEYBALL CHAMPIONS

DIVISION I
Loyola

DIVISION II
Corona del Mar

DIVISION III
Lutheran/Orange

DIVISION IV
Oaks Christian

DIVISION V
Viewpoint
## WRESTLING
(Continued from page 5)

weight class, or any greater weight class for which they qualify, for the remainder of the season.

(4) **PENALTY:** A wrestler who participates in a weight class below the eligible weight class(es) defined by the weight loss plan before the proper amount of time has passed to achieve the weight class will be considered an ineligible wrestler.

G. **Appeal Process**

**NOTE:** In order to utilize the results of an appeal the school must receive notification from the CIF Section office prior to allowing the appealing athlete to compete.

Parental permission is not a valid means to establish a lower minimum wrestling weight.

Any athlete may appeal his/her assessment results one time by reassessment. Step 1 may be bypassed and only Step 2 performed. The steps of the appeal process are as follows:

**STEP 1:** The athlete shall repeat the assessment as described in the regulation.

- **a.** The reassessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF Section before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8–14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.

- **b.** The school shall file a “Bod Pod Assessment Proposal” before a hydrostatic weighin or Bod Pod assessment is approved.

- **c.** Bod Pod facilities must be approved by the CIF; the proper form shall be filed with the CIF.

- **d.** Bod Pod assessment must be conducted before the wrestler participates in interscholastic competition.

- **e.** PENALTY: A wrestler who competes at a weight class below his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

**STEP 2:** If dissatisfaction with the results remains, the wrestler may choose Bod Pod assessment to determine body fat percentage. Results obtained at this step are automatically accepted; the athlete, family, school or coach may not appeal further.

- **a.** The Bod Pod assessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8–14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.

- **b.** The school shall file a “Bod Pod Assessment Proposal” before a hydrostatic weighin or Bod Pod assessment is approved.

- **c.** Bod Pod facilities must be approved by the CIF; the proper form shall be filed with the CIF.

- **d.** Bod Pod assessment must be conducted before the wrestler participates in interscholastic competition.

- **e.** PENALTY: A wrestler who competes at a weight class below his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

**H. Costs**

(1) All costs incurred for initial assessment, appeal process, nutrition education program, and NWCA Optimal Performance Calculator are the responsibility of the school or parent.

(2) **Charges for Bioelectrical Impedance Assessment conducted by a CIF Certified Assessor may not exceed $10 per wrestler.**

(3) **CIF Certified Assessors are permitted to charge mileage at the CIF adopted rate or a minimum service fee of $50 whenever travel is required to a location at which fewer than six (6) subjects are to be assessed on any given date.**

- **i.** Training the Assessor

- **(1) Persons eligible to be trained as CIF Certified Assessors shall be medical practitioners (e.g., physicians, registered nurses, licensed practical nurses, certified athletic trainers, physical therapists, physicians assistants, nutritionists, health educators, exercise physiologists) or other persons approved by the CIF.**

- **Under no circumstances may an active wrestling coach be a certified assessor.**

- **(2) Training and certification of CIF Certified Assessors will be conducted by CIF Master Assessors under the direction of the State CIF.**

- **(3) The assessor will attend a training session and annual update certification.**

- **(4) The assessor will participate in a random sample test to substantiate the quality and accuracy of his/her measurements.**

- **(5) The assessor certification training will consist of a minimum of two (2) hours of classroom training and one (1) hour of practical training.**

- **(6) A certification training fee will be charged to each assessor candidate attending the training program.**

- **(7) Recertification**

- **a.** Recertification will require a minimum of one-hour training.

- **b.** Recertification training will be conducted annually in multiple locations throughout California.

- **c.** CIF Master Assessors will conduct all recertification training programs.

- **d.** Assessors who have demonstrated two (2) years of successful experience may recertify by completing a closed book examination up to 20 days prior to the first date of CIF assessment. A recertification fee will be charged.

- **e.** Assessors are required to complete the in-service program when a lapse of one (1) year or more occurs or significant performance decline is noted.

- **(8) Data Collection**

- **a.** The CIF will provide the reporting forms.

- **b.** The assessor will conduct all Bioelectrical Impedance measurements.

- **c.** The assessor will provide the supplies to conduct the urine specific gravity test.

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### 2005 CIF SOUTHERN SECTION-TOYOTA BOYS GOLF CHAMPIONSHIPS

#### TEAM FINALS

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#### INDIVIDUAL FINALS

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<tr>
<td>1.</td>
<td>Rickie Fowler, Murrieta Valley</td>
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<td>2.</td>
<td>Louis Amira, Valencia</td>
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<td>3.</td>
<td>Gene Webster, Arroyo Valley</td>
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<td>4.</td>
<td>Jiweon Seo, Desert Chr./BD</td>
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<td>5.</td>
<td>Ross Canavan, Palm Desert</td>
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<td>6T.</td>
<td>Brett Kanda, Flintridge Prep</td>
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<td>5T.</td>
<td>Jeff Koprivetz, Esperanza</td>
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<td>5T.</td>
<td>Lucas Lee, Torrance</td>
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<td>5T.</td>
<td>Rui Takamatsu, Desert Chr./BD</td>
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<td>70T.</td>
<td>Bo De Huff, Santa Margarita</td>
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<td>10T.</td>
<td>Jason Kang, South Torrance</td>
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<td>10T.</td>
<td>Bryan Pierce, Arroyo Grande</td>
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<td>10T.</td>
<td>Cameron Tringale, Mission Viejo</td>
<td>70</td>
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CIF-SS MEETING DATES 2005-2006

<table>
<thead>
<tr>
<th>DAY</th>
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<th>TYPE</th>
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<tr>
<td>Friday-Saturday</td>
<td>August 19-20</td>
<td>Executive Committee Meeting</td>
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<tr>
<td>Sunday-Wednesday</td>
<td>September 18-21</td>
<td>National Federation Section 7 &amp; 8 Meeting</td>
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<tr>
<td>Wednesday</td>
<td>September 28</td>
<td>Executive Committee Meeting</td>
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<tr>
<td>Thursday</td>
<td>October 13</td>
<td>Southern Section Council Meeting</td>
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<tr>
<td>Friday-Saturday</td>
<td>October 28-29</td>
<td>State Federated Council Meeting</td>
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<tr>
<td>Wednesday</td>
<td>November 9</td>
<td>Executive Committee Meeting</td>
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<tr>
<td>Thursday-Sunday</td>
<td>January 5-8</td>
<td>National Federation Winter Meeting</td>
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<tr>
<td>Thursday</td>
<td>January 19</td>
<td>Southern Section Council Meeting</td>
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</tbody>
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**COUNCIL MINUTES**

(Continued from page 2)

Adopt Policy Prohibiting Use of Steroids - vote to support

G. Proposed Condition for Membership – Prohibit the sale, distribution or promotion of dietary supplements - vote to send delegates uninstructed

H. Proposed State CIF Championships Ejection Policy - vote to send delegates uninstructed

I. Proposal to allow schools to experiment with the Libero position for 2005-06 school year - vote to support

J. Proposal to make weight management program be mandatory for the 2006-07 school year - vote to support

K. Revision of By-Law 217. C – Disciplinary Transfer - vote to support

5. MARMONTE AND IVY LEAGUE PROPOSAL – Matt LaBelle, Marmonte League Representative, and Bob Ritzau, Ivy League Representative, reviewed a proposal to guarantee all seven and eight team leagues four entries into playoffs for all sports. Following discussion, it was moved, seconded and passed to approve the proposal.

6. CIF-SS 2005-06 BUDGET PROPOSAL – Following discussion, it was moved, seconded and passed to adopt the budget as presented.

7. EXECUTIVE COMMITTEE ELECTIONS – John Dahlem, President, reviewed the voting process for categories. Following a vote by the Council those elected were:

A. Northern Area Representative – William Dabbs, Principal, Pacifica High School (Oxnard)
B. Foothill Area Representative – Jim Monica, Principal, Paramount High School
C. Coast Area Representative – Dan Stepenosky, Principal, Beverly Hills High School
D. Desert Area Representative – John Mendoza, Principal, Cathedral City High School
E. Boys Athletic Director – Stan Ford, Athletic Director, Temecula Valley High School
F. Girls Athletic Director – Amy Plutko, Rio Hondo League Coordinator, presented a proposal which would change playoff groupings of girls’ volleyball and boys/girls’ basketball from enrollment based to groupings of competitive equity. This will be an action item on the October 13, 2005, CIF-SS Council meeting.

8. BLUE BOOK COMMITTEE PROPOSAL – John Dahlem, presented the following items from the Blue Book Committee, approved by consent calendar:

A. Add new language to Blue Book 214C 3b “Transfer Eligibility” - approved
B. Add additional language to Blue Book Rule 1222.1 “Deadline for Paying Officials” - approved
C. Add Rule 1204.1 to “Section Guidelines for Officials’ Associations” - approved
D. Replace Blue Book rule 1212.5A “Authorize Payment of Fees with New Calculations.” - approved
E. Update tournament fees for volleyball - approved
F. Revise Blue Book rule 1507.2 “Alumni Baseball Contest” - approved
G. Revise Blue Book Rule 1903.1 “Start Date for Fall Football Practice.” - approved
H. Add clarification to Blue Book Rule 1917 “Starting Dates for (Football) Interscholastic Contests.” - approved
I. Edit Rule 1200.1 - approved
J. Revise Rule 165.2 and 166.1 Hall of Fame and Distinguished Service Awards - approved
K. Edit Blue Book Rule 1718 “Playoff” Cross Country - approved
L. Edit Blue Book Rule 2820 “CIF-SS Divisional & State Qualifying Competition” - approved

9. CIF STATE FEDERATED COUNCIL NON-ACTION ITEMS – Jim Staunton, Commissioner presented the following non-action items which will be action items on the October State CIF Federated Council agenda:

A. Revision of By-Law 302: School Team Representation (Multi School)
B. Proposal to approve CIF Girls’ Regional Invitational Wrestling Tournaments starting January 2006 or 2007

10. SOUTH COAST LEAGUE PROPOSAL REGARDING ALLEN BILL – Tom Ressler, President, South Coast League, presented a proposal which would amend Rule 211 when a student is enrolled in a school based upon the provision of Education Code 48204 (6) (Allen Bill). This will be an action item on the October 13, 2005, CIF-SS Council meeting.

11. ALMONT LEAGUE PROPOSAL – Tim Murphy, Almont League Coordinator, presented a proposal which would change playoff groupings of girls’ volleyball and boys’/girls’ basketball from enrollment based to groupings by competitive equity. This will be an action item on the October 13, 2005, CIF-SS Council meeting.

12. RIO HONDO LEAGUE PROPOSAL – Ray Plutko, Rio Hondo League Representative, presented a proposal which would change the number of wins necessary to petition for an at-large berth in the basketball playoffs from eleven to twelve. This would be an action item on the

(See COUNCIL on next page)
EXECUTIVE MINUTES
(Continued from page 9)

14. President – John Dahlem reported that Ken Gunn received a distinguished school award. Temecula Valley is also a distinguished school and Sue Rainey also reported she has four distinguished schools in her district. He also thanked and said goodbye to Kelly Johnson. There being no further business to come before the Executive Committee, the meeting was adjourned at 4:30 p.m.

Submitted by

PATCHIAPPETTA
EXECUTIVE SECRETARY

Approved by:

DR. JAMES STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

WRESTLING
(Continued from page 21)

d. The assessor will be responsible for submitting the measurement results to the CIF within two (2) working days after the initial assessment is made. The assessor will also be responsible for posting all wrestler data to the NWCA website.

e. Failed urine tests will not be reported to the CIF.

BASEBALL
(Continued from page 14)

Saddleback Valley Christian 3; Cornerstone Christian/Wildomar 4; Shalhevet 3; Eastside Christian 6; Mesa Grande Academy 4; New Roads 13; Highland Hall 7.

Semifinals: Bloomington Christian 11; Cornerstone Christian/Wildomar 0; Eastside Christian 7; New Roads 5.

Final: Bloomington Christian 3; Eastside Christian 2.

SOFTBALL
(Continued from page 15)

2; Providence 8; Faith Baptist 0; Valley Christian/Santa Maria 5; St. Bernard 4; Baptist Christian 12; Victor Valley Christian 0; Serra 5; Calvary Chapel Moreno Valley 4.

Quarterfinals: Cantwell Sacred Heart 17; Bloomington Christian 1; Santa Clara Christian 4; Mesa Grande 3; Valley Christian/Santa Maria 4; Providence 3; Serra 7; Baptist Christian 4.

Semifinals: Cantwell Sacred Heart 7; Santa Clara Christian 0; Valley Christian/Santa Maria 2; Serra 0.

Final: Cantwell Sacred Heart 1; Valley Christian/Santa Maria 0.

COUNCIL
(Continued from previous page)

10. EXECUTIVE COMMITTEE PROPOSAL – John Costello, Director of Sports Marketing, presented a proposal which would create/expand negotiable TV value of CIF-SS games. This would be an action item on the October 13, 2005, CIF-SS Council meeting.

11. PRESIDENT’S REPORT – John Dahlem, President, reviewed coaching education, re-leaguing, and the May State Federated Council meeting to be held in Irvine.

12. COMMISSIONER’S REPORT – Jim Staunton, Commissioner, reviewed requests for new school membership, re-leaguing time line, pursuing Victory with Honor, Champions for Character and South Coast League Sportsmanship Conference.

13. TREASURER’S REPORT – Susana Arce, Treasurer, reported the status of the winter sports and Friends of Golf donation.

There being no further business to come before the Council, the meeting was adjourned at 11:40 a.m.

Submitted by:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved by:

DR. JAMES STAUNTON, Ed.D.
COMMISSIONER OF ATHLETICS

OFFICIALS
(Continued from page 8)

make officials feel welcome, and officials groups will need to introduce mentor and similar programs to lower that rate of attrition.

As the 2005/2006 school year begins, let the Recruit-Train-Retain theme be the duty of all CIF, Southern Section member schools and officials groups.

BOYS VOLLEYBALL
(Continued from previous page)


COMMISSIONER
(Continued from page 3)

Team Badminton – While we introduce one new sport, we must sadly discontinue another. Team badminton has suffered a decline in participation. We have been below the minimum number of teams to sustain a championship event and in 2007 we will discontinue offering a championship for teams. Individual competition will continue if the present number of schools participating does not significantly drop.

Website – While we are proud of the services offered through our website, we believe that it can be more useful and functional. This year we will re-design its look and add specific menu items that will serve administrators, athletic directors, coaches, parents, athletes and sports buffs. The process will be slow, but we believe that by the end of the school year it will be re-vamped and will be an essential tool for communication.

Long-range Planning – Your leadership, office staff, Executive Committee members, council reps and athletic directors believe that it is time to look forward and predict areas of emphasis for the Section. We want to secure our financial future and meet the needs of a burgeoning population. Should we add new sports? What about athletes with disabilities? Should we reduce our reliance on sponsorships? Should we expand staff for better, more immediate assistance? What about our rules, are they too restrictive, or too lenient? How are we doing with public and private schools competing together? These and other questions will be discussed and assigned a priority for possible action. By the end of the year we hope to have some answers to these questions and more. It is an exciting time, no doubt.

The state of high school sports is difficult to characterize. Student participation is increasing statewide as is the number of sports available. Still, school districts struggle to finance these programs. We are dealing with the influence of club sports, Olympic preparation programs, home-schoolers and alternative educational programs; yet still high school athletic participation is booming. I think it’s because we’ve got a good product and it serves young people well.

The Southern Section office will face these and other challenges this year and work hard to make sports participation the best thing in a student’s life.