



Attention All PE Departments in Greater Los Angeles Region
Don't miss a FREE "Hands-On" Lacrosse Clinic for PE Teachers!

*Learn how to teach youth level lacrosse using the
US Lacrosse Co-Ed Curriculum & Lesson Plans*

FREE PE EQUIPMENT RAFFLE:

*Each participant receives 1 opportunity to win their choice of
\$500 worth of Lacrosse PE Sticks or 2 Bownet Goals for their school!*

*For every 20 teachers registered the raffle will be increased by \$500
US Lacrosse Curriculum & Lesson Plans available for \$20*

Date: Saturday March 2, 2013

Time: 10am-12pm (cancelled if rain)

Where: Rose Bowl, Area H, 1001 Rose Bowl Drive, Pasadena, CA 91103

Dress: Comfortable Athletic Wear and Shoes

*Space is limited, registration and additional information, contact
Joan Russell at lalaxintern@gmail.com*

Include: 1.) Full Name 2.) Contact Information 3.) School & Grade Level

The US Lacrosse Greater Los Angeles Chapter is proud to offer a free 2 hour clinic designed for PE Staff teaching at the elementary through high school level. The clinic includes a teacher-friendly, easy-to-use, co-ed curriculum designed for use with "soft" lacrosse equipment in a safe, non-contact version of the game. The curriculum introduced provides age specific lesson plans, drills, games, cross-curricular activities, and more. It aligns with national standards and was developed in partnership with the National Association for Sport and Physical Education (NASPE). Our Youth Development Program Training Team will set up interactive "hands-on" stations demonstrating activities for teachers to learn how to offer a successful lacrosse PE unit at their school. Participants rotate to each station so that by the end of the clinic they are familiar with each lesson plan and feel confident with the skills being taught. **Loaner equipment is available for schools that do not have it.** Our hope is that lacrosse eventually becomes a regularly taught sport on every school campus.

Information is available at www.lalax.org, click on Youth Development.