



CIF-SS BULLETIN



VOL. 44, NO. 4

DECEMBER 1980

Holiday Greetings

National Federation Report

FUND RAISING:

The Next Interscholastic Activity?

What a headline! Even though it ends with a question mark, the reaction among National Federation members to the need for such an activity will most probably range from sneers to tears, and for a variety of reasons. Although some state associations and in turn, local schools, are presently prohibited by governing board policy and/or traditional thinking from outside fund raising, the national trend reflects the need at all levels for new sources of income for school athletic and nonathletic activity funding.

Ever mindful of the disparity of opinion among member state associations on the fund raising issue, the National Federation, nonetheless, has taken the initiative and associated itself with a variety of carefully selected fund raisers. The position of the National Federation with regard to fund raising is that it **MUST**, as a service to receptive members and to assume leadership in a fast developing area, make available the opportunity to its membership to associate with fundamentally sound, national, income-producing programs.

The debate as to the merits of fund raising will continue as the need for additional funding increases. Because of the many demands at the school level placed upon the activity dollar, it appears to be a foregone conclusion that alternate financing in this area is a need for the near future.

One noteworthy consideration was given by the National Federation in entering the fund raising area — to provide, both for the future as well as the present, significant income-producing and quality fund raising and promotional opportunities.

SURVEY INDICATES PRINCIPALS APPROVE CIF OUTSIDE COMPETITION RULE

Results are in on a State CIF conducted survey of members schools on the "Outside Competition" rule. A majority of principals surveyed indicated approval of the present Outside Competition rule as contained in Article 6 of the State CIF By-laws.

The question put to CIF principals was as follows: "Should the CIF retain or eliminate By-laws 600-601-602." The CIF By-laws 600-601-602
(continued on page 2)

TWO CIF STATE CHAMPIONSHIPS TO BE HELD IN SOUTHERN SECTION

You won't have to travel too far this year to catch the runners at the 1981 CIF State Track & Field Championships! Cerritos College in Cerritos has been named the site with the Buena Park Hotel serving as headquarters for the athletes. The CIF-Southern Section is this year's host for the event, pulling double duty as host for the CIF State Golf Tournament for girls as well. Date and site on the girls' golf to be set at a later time.

Guest Editorial

SPECIALIZATION

What about specialization?

Should a youngster devote all his/her energies in athletics to a single sport, or should that youngster give himself-herself an exposure to more than one sport?

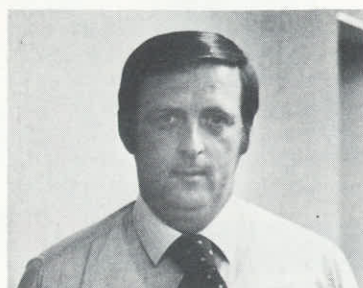
That issue, that question always is on the minds of many in high school sports.

Some of the most extreme examples of specialization going on around us are in the sports of wrestling, swimming and hockey. The most obvious indicators of specialization are the so-called youth programs provided by the community outside the school — and "youth" as used here doesn't mean senior high or junior high but kids not more than a half-dozen years old. These sports have intensive competitive programs at what seem to be ridiculous ages — age-group swimming, mites, pee-wees or whatever they're called in hockey, third and fourth graders in weight classes under 50 pounds in wrestling.

Another trademark of specialization is involvement in the same sport for more than what is considered a normal season. In this respect, basketball joins some of the other sports in specialization arena. Many youngsters swim virtually year-round, some wrestlers are out of

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COMMISSIONERS CORNER



Ray Plutko

It's been just five months, but it seems like the better portion of a lifetime.

However, in this instance, the "better half" had indeed been just that in my role as your new Commissioner of Athletics.

Needless to say, the experiences have been numerous, but without question, the most rewarding have been my visits to the various leagues and the direct contact with you as principals, athletic directors and coaches.

Those 23 league meetings to date, 2 ACSA superintendent con-fabs and a bevy of contests each weekend have crystallized the point, that collectively, the CIF Southern Section is in the forefront of the realm of interscholastic athletics across the United States.

Interestingly enough, you provided your own critique at an open hearing of the Riles Commission a few weeks back and the testimony of your personal and professional efforts as a viable member of an organization which dates back 67 years was indeed fitting.

It would be difficult to duplicate the sincere comments from the likes of Dennis Evans of Corona del Mar, Jan Wright of Upland, Col. John Hughes of St. Bernard, Karen Hellyer of University, Dr. Warren Stephenson of Long Beach Poly, Loren Kearney of Los Angeles Baptist, Shelia Wilson of Valencia and countless others.

If there is a CIF-SS story, you versed it so eloquently that day.

But I would be remiss in failing to acknowledge those administrators who during the current fall playoffs, contacted our Office to report an ineligible player at their respective schools.

Their task was not a simple one, but their efforts to foster the growth of this voluntary organization cannot be matched elsewhere.

Each of you possess enviable traits that mesh into one focal point — the continued spawning of an interscholastic athletic program for those boys and girls entrusted to us.

A tip of the 'ol hat would be in order, but the direction is from this desk to that of yours.

OUTSIDE COMPETITION RULE

(continued from page 1)

rule on the eligibility of a student athlete who competes on an "outside team" in the same sport during the student's high school season of sport.

The pros and cons . . .

Statements which support *discontinuation* of these rules:

- To allow students and their parents to make decisions which they deem most appropriate regarding participation on non-school teams, during non-school time.
- To allow students to form relationships and friends through athletics, other than those available to them through school teams.
- To allow students the opportunity to participate in athletics more fully in instances in which they may have limited playing opportunity on their school teams.
- To allow school team coaches to encourage or discourage on a selective basis the participation of a student on a non-school team.
- To provide greater opportunity for students active in any sport to participate on non-school teams.

Statements which support *continuation* of these rules:

- To attempt to avoid conflict of interest and allegiance by students which may be caused by participation on both school and non-school teams.
- To attempt to protect the physical well-being of students which may be abused through excessive competition.
- To attempt to protect the student from conflicting athletic philosophies, techniques and attitudes which may be caused by dual competition.
- To attempt to provide more opportunity for more students to participate in athletics by limiting participation to either a school or a non-school team.
- To attempt to protect the interest of other team members who may be affected by dual competition of one or more of their team-mates.

FINAL RESULTS — OUTSIDE COMPETITION SURVEY

CIF Section	Total Returns	Retain	Eliminate
Central	39	31	8
Central Coast	48	35	13
Los Angeles	14	10	4
North Coast	74	57	17
Northern	42	36	6
Oakland	1		1
Sac-Joaquin	69	54	15
San Diego	27	19	8
San Francisco	7	3	4
Southern	231	159	72
Total	552	404	148

Total Number Surveyed — 1,147

California Interscholastic Federation, Southern Section

11011 Artesia Blvd. — P.O. Box 488
Cerritos, CA 90701
(213) 860-2414

Officers

Dr. Hanford Rants, Principal, Gahr HS, President
Dr. Robert Packer, Principal, Costa Mesa HS, President-Elect
Mr. Tony Balsamo, Principal, Apple Valley, Past-President
Mr. James Faul, Principal, Wilson HS (HH), Treasurer
Mr. Ray Plutko, Commissioner of Athletics

Bulletin Editor

Ms. Margaret Davis, Administrative Assistant

APS Graphics—1980

CIF STATE FEDERATED COUNCIL REPORT

Items of Interest:

Girls' Track — Effective for the 1981 State Track Meet, the 300 meter low hurdle race for girls will be added. Hurdle spacing for this race will be the same as the spacing for the boys' event.

State Basketball Tournament — A proposal for the 1982 California State Basketball Championships for boys and girls was presented to the Federated Council. The proposed format is to be sent to each CIF Section for review. Briefly, the plan calls for a regional playoff in both the North and South, culminating in four State Championship games (Large School

Boys, Large School Girls, Small School Boys and Small School Girls).

Cal Coaches Association — An additional voting member for Cal Coaches was requested by Cal Coach president, Gale Martella. Currently, Cal Coaches has one voting member on the CIF State Federated Council. The additional vote, if passed, would stipulate that it be a woman coach.

Added Liability Coverage — The State CIF has provided the Southern Section and other Sections throughout the State a comprehensive general liability policy which does not exclude athletes injured while participating in

CIF sanctioned activities, nor spectators, as a policy previously held did. The policy, with Lincoln Insurance Company, provides a \$500,000 combined bodily injury and damage aggregate liability coverage subject to a \$500 deductible for each occurrence. In addition, there is an excess umbrella liability of \$1,000,000 for a total comprehensive liability coverage of \$1,500,000. This includes premises, personal liability and products/completed operation liability. The coverage is being provided this year at no cost to the Southern Section.

MINUTES OF THE CIF-SS EXECUTIVE COMMITTEE MEETING OF NOVEMBER 1, 1980

The meeting of the Executive Committee of the California Interscholastic Federation Southern Section was called to order by Chairman Dr. Hanford Rants at 8:15 a.m. on Saturday, November 1, 1980, at the University Hilton Hotel in Los Angeles. All members were present with the exception of Don Conde.

1. WELCOME — Dr. Hanford Rants, president of the CIF-Southern Section, officially welcomed Mr. Pat Mauch, principal of Los Altos High School and new CIF-SS Executive Committee member.

2. APPROVAL OF MINUTES — It was moved, seconded and passed to approve the minutes of the September 18, 1980 meeting of the CIF-Southern Section Executive Committee.

3. COMMISSIONER'S UPDATE — Commissioner Ray Plutko gave a brief overview of the CIF-SS "Support High School Athletics" press conference, reviewed the number of leagues visited by the commissioner since September, and commented on the CIF-SS Alumni Committee.

4. BOYS' ATHLETIC DIRECTORS REPORT — Mr. Clyde Francisco, Boys' athletic directors representative, reviewed some concerns relative to game contracts and teacher strikes and commented positively on the recently concluded Athletic Administrators Symposium.

5. GIRLS' ATHLETIC DIRECTORS REPORT — Mrs. Barbara Wilson, Girls' athletic directors representative, reviewed the growth in numbers of teams and participants in Girls' soccer and cross country and indicated the Athletic Administrators Symposium was well received and attended by women athletic directors.

6. STATE FEDERATED COUNCIL — **Riles Commission:** Mrs. Barbara Wilson updated the Executive Committee regarding the format for the public hearing set for November 13 in El Segundo.

Dr. Maury Ross, superintendents representative, reviewed the information packet sent to all schools on the Riles Commission report.

Election of Southern Section Representatives: Dr. Hanford Rants reported that Mr. Tony Balsamo, principal at Apple Valley High School had been elected to the post of president-elect of the State CIF Federated Council, and that Mrs. Barbara Wilson, assistant principal at Beverly Hills High School, was elected to the Administrative Committee of the State CIF Federated Council.

State Basketball Tournament: Mr. Ray Plutko, commissioner, outlined the proposal from the State CIF for the 1982 State CIF Basketball Championships for Boys and Girls. The State Basketball Championships will be an action item for the CIF-SS Council at the January meeting. Additionally, the Office was directed to continue to develop the calendar for all sports utilizing the State Championship dates and working backwards from those dates in setting the Southern Section calendar.

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COME JOIN US . . .

. . . for an exciting week of championship basketball at its best, featuring the very finest boys and girls prep basketball teams as they battle in semi-final action and for nine respective championships.

The reserved "Tournament Week" pass is only \$22.50. You are assured of a reserved seat and it's guaranteed — no waiting in lines.

"Tournament Week" begins Tuesday, March 10 through Saturday, March 14 at the L.A. Sports Arena. Make check or money order payable to CIF-Southern Section, P.O. Box 488, Cerritos, Calif. 90701 — (213) 860-2414.

Call for a colorful brochure if more information is desired.



COACHES CORNER



12th ANNUAL STATE CONFERENCE OF THE CALIFORNIA ATHLETIC DIRECTOR'S ASSOCIATION

MAY 2, 3 & 4, 1981
THE INN AT THE PARK
ANAHEIM, CALIFORNIA
1855 South Harbor Boulevard
714/750-1811

Conference Activity Fee: \$20.00 (\$15.00 for members of the C.S.A.D.A.). Includes luncheon banquet, hospitality party, tour, admittance to all meetings and exhibits.

Other Conference Features: Fellowship of Christian Athletes Breakfast complimentary wives breakfast and activities.

Sponsored By: The State of California Athletic Director's Association.

For More Details: Contact John Peters, President, C.S.A.D.A., 215 Cedar Street, Madera, California 93637; (209) 673-9151, ext. 22.

Make Budget Requests Today!

ALL CIF AWARDS CANCELLED

Mr. William Schroeder, director of Citizens Savings Athletic Foundation, has indicated that his foundation will discontinue the presentation of All-CIF awards to high school sports other than football beginning this school year 1980-81. Loss of financial backing for the sports awards program was blamed in the discontinuation of these awards.

ATTENTION PHOTOGRAPHERS

The CIF-SS is seeking quality black and white photos of sports action shots for future issues. Photos illustrating sportsmanship displays by athletes, coaches or fans are particularly desirable. Please send your photos to CIF-SS, P.O. Box 488, Cerritos, Ca. 90701.

REMOVAL OF TEAM SERIOUS OFFENSE

One of the most serious breaches of good sportsmanship occurs when coaches take it upon themselves to remove teams from the field, court, pool, etc., prior to the conclusion of an interscholastic contest.

In most cases the coach will resort to this action because he or she is dissatisfied with the officiating or he or she rationalizes that the situation is potentially dangerous. (It is interesting to note that this concern seems rarely to be brought up when the coach's team is ahead in the score, but only behind.)

Because of the serious nature of such action, it has been the practice of the CIF-Southern Section Executive Committee to expect the principal of the school to relieve the coach from his/her duties for the duration of the season. Unilateral action of this kind by a coach is a direct slap at the officials, the opponents, and the coach's own team, since after all, the young people involved here are who the game is for, and not the coach.

Additionally, such an action by a coach creates an atmosphere where if there is a crowd in attendance, could spark a serious crowd control problem.

With the hundreds of thousands of contests that are played in the Southern Section each year, a situation close to anarchy would develop unless principals took strong measures.

Because of the serious nature of a coach removing teams from play an additional duty of each Southern Section principal was added to the 1980-81 CIF-SS Blue Book (IV #3 Accountability Rule) — "Upon the ejection of a coach from any CIF-SS contest and/or the removal by a coach of his or her team from the playing surface prior to the conclusion of a contest, it would be incumbent upon the Principal of said school to file a letter of explanation with the CIF Southern Section Office which includes the circumstances surrounding the matter and what action the Principal has taken to prevent a recurrence. Such correspondence is to be filed before allowing a coach to return to his/her role at the next contest. Failure to accomplish this would make such contest subject to forfeit until said task is completed."

Coaches are urged to consider such consequences before removing any athletic team prior to the conclusion of the contest. Regardless of the reasons, such action could almost never be justified, and results in strained relations between schools, loss of respect for the coach, and an example of poor sportsmanship for the youngsters on both teams.

SOFTBALL COACHES CLINIC ON TAP

Judi Garman's 7th Annual Softball Clinic for coaches will be held January 24 and 25 at Cal State Fullerton, Fullerton, California.

The two-day clinic will cover topics ranging from techniques of stretching, motivational techniques, practice philosophy and organization, infield and outfield fundamentals, catching and pitching, rule interpretations, and offensive strategy. Clinic will conclude with Cal State Fullerton team demonstration on the field. Emphasis is on coaching a competitive team.

Guest clinicians include Don Sarno, Hall of Fame pitcher; Bob Anderson, author of book on "stretching" and top authority in the country; Linda Spradley, all American catcher; Augie Garrido, Cal

State Fullerton Baseball Coach; Denise Yeomans, National Official and President, Southern California Board of Softball Officials; Jim Reach, Santa Ana Baseball Coach; and Cal State Fullerton Softball coaching staff of Judi Garman, Jan Dunlap and John Campbell.

The clinic will begin at 8:45 a.m. Saturday, January 24 and continue through 5:30 p.m. Sunday's session will begin at 8:45 a.m. and continue through 1:00 p.m.

Cost of the clinic is \$30.00 and includes hot lunch on Saturday as well as printed syllabus. Checks should be made to Judi Garman's Softball Clinic. After January 14 the clinic cost is \$35.00. One unit of college credit is available for an additional \$18.00, payable at clinic.

For further information contact Judi Garman, Athletic Department, California State University, Fullerton, California 92634 or call 714/773-3495.

COLLEGE AUDITIONS FOR FEMALE STUDENT ATHLETES

The Association for Intercollegiate Athletics for Women (AIAW) permits member institutions to conduct auditions. An audition is a session designed to give student-athletes a chance to have sport talent assessed.

The CIF-SS believes the best way to assess sports talent is to watch the student in actual high school competition; however, since the AIAW permits colleges to use the audition method, we wish to inform athletic directors and coaches of girls sports that there is no CIF-SS or State CIF rule which would prevent a female high school athlete from participating in an audition.

The CIF-SS suggests that coaches review the AIAW audition rule with their students and have the student tell their coach if contacted regarding a possible audition. Also, we recommend high school coaches ask the college to verify in writing that an official audition is taking place.

For more information on AIAW rules, write to AIAW, 1201 Sixteenth Street, N.W. Washington, D.C. 20036.

SOFTBALL OFFICIATING CLINICS

Beginning Umpires' Clinics — For anyone interested in obtaining a softball Federation rating or if you are a baseball conversion official and you want a NAGWS rating you must attend a current clinic. In addition, it is strongly recommended that any high school umpire wanting to obtain a NAGWS rating attend one of these clinics as a review.

CERRITOS — Cerritos High School Gym. Date: Saturday, January 10, 17, 24, 31 & February 7. Time: 12-3 p.m. Instructor: Joyce Hill (213) 257-7286.

ORANGE COUNTY — T.B.A. Date: Saturday, January 10, 17, 24, 31 & February 7. Time: 9 a.m.-12 noon. Instructor: Joyce Hill.

PASADENA — Pasadena City College Women's Gym. Date: Mondays, November 10 thru January 30. Time: 6-9 p.m. Instructor: Denise Yeomans (call to sign

up, 213/257-1952).

POMONA — Mt. San Antonio College. Date: Tuesday, January 13, 20, 27 & February 3, 10. Time: 6-9 p.m. Instructor: Joyce Hill.

SAN FERNANDO VALLEY — Kennedy High School. Date: Wednesday, January 7, 14, 21, 28 & February 4. Time 7-10 p.m. Instructor: Bonnie Mohnsen (313) 282-6387.

SOUTH BAY — Aviation High School. Date: Wednesday, January 7, 14, 21, 28 & February 4. Time: 6-9 p.m. Instructor: Joyce Hill.

TECHACHAPI — T.B.A. Date: T.B.A. Time: T.B.A. Instructor: Joyce Hill.

SAN DIEGO — Lewis Jr. High, Allied Gardens Rec. Center. Date: T.B.A. Time: T.B.A. Instructors: Bob Patchett and Bob Columbe.

T.B.A. — All clinics will be finalized by November 1, 1980. Call the instructor for more information.

TIMES HAVE CHANGED — ATTITUDES NEED TO CHANGE ALSO

NOTE: It takes a big person to admit prejudices. Dick Stickle, executive director of the Idaho High School Activities Association and author of this article, is such a man — big physically and professionally. The leadership of high school activities programs on all levels should heed his advice.

About eight years ago, while I was coaching track in a high school, the girls track coach came to me and asked if I would work with some of her track athletes. I told her I would if I could do it at a time when it would not interfere with the coaching of the boys team. Very limited assistance was given to the girls by my assistants or myself.

Later the coach asked if she could have one of her meets in conjunction with one of ours. I consented but not without reservations. After the meet I convinced myself that I would never conduct a coed meet again.

I am thankful our state has had enough track coaches who have seen the wisdom in helping the girls when they needed assistance and were willing to hold coed meets. Our state has progressed beyond this problem period in track in spite of coaches like myself.

In basketball I believe we are now at the crossroads. What you do in your school is, naturally, up to you. I am not suggesting your school play boy-girl double-headers or utilize the opposite sites concept or any other format. I am suggesting that each of us needs to analyze the attitude that exists in our schools and that is perpetuated by our coaches of boys and girls programs.

Let me back up a moment — for a number of years now, I have watched a particular school's cross country teams (both boys and girls) arrive on the same bus, compete and return home on the same bus. Their girls team and boys team have had more enthusiastic supporters cheering them on than any other team because the girls cheered for the boys and the boys cheered for the girls. The support they give to each others team is very visible. I believe that is just the frosting on the cake; I would guess that some of those young athletes from previous teams are

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A LITTLE BIT OF HISTORY

DID YOU KNOW . . .

1915 . . . A California state championship in rugby football was established.

1916 . . . A rule was adopted in 1916 that no student may play on any team other than the high school team during the school season of that sport.

. . . The official order of events adopted for the State CIF track and field were as follows: 880 yards, 100 yards, 440 yards, 120 yard high hurdles, 220 yard high hurdles, 220 yard low hurdles, mile and relay. Field events included high jump, pole vault, broad jump, discus, shot, and javelin.

1918 . . . No state football or basketball championships were held because the Spanish influenza had prevented the sections from completing their schedules.

1919 . . . It was recommended that the hand grenade throw be introduced in school track meets with the expectation that it may be introduced as a nationwide field event in 1920.

. . . MORE IN NEXT ISSUE . . .

A DIRECTOR'S NEWSLETTER

C-O-M-M-U-N-I-C-A-T-I-O-N . . . an ever increasing challenge to our member schools! As an aid in this regard, each month the CIF-SS directs a newsletter to each boys and girls athletic director.

The newsletter highlights sports, includes professional growth listings, games wanted and coaching vacancies, directory of schools changes and a feature article or two of interest to our professionals.

Although our Blue Book states that the building principal is the individual charged with the over-all responsibility of the rules and regulations, we also realize that the Athletic Director is charged with the everyday implementation of those policies. So it is in your direction that schedule requests, questionnaires and informational bulletins are sent via your athletic director newsletter.

We hope the newsletter enables you to be more effective in your job and with your staff.



TONY BALSAMO



BARBARA WILSON

BALSAMO AND WILSON NAMED TO NEW POSTS

Congratulations are in order for Southern Section State CIF representatives, Tony Balsamo and Barbara Wilson.

Balsamo, principal of Apple Valley and past president of the Southern Section, has been elected to the position of President-Elect of the State Federated Council.

Wilson, assistant principal at Beverly Hills and CIF-SS Executive Committee member, is the first woman to be elected to the State CIF Administrative Committee.

Both Balsamo and Wilson have strong backgrounds in athletics and administration and know well the problems which exist in governing high school athletics and will make a valuable addition to their respective state posts.

ATTITUDES

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now tax payers. They will have no problem supporting the total program in the future because they have been taught to support the total program.

All of us have witnessed the same enthusiasm displayed in coed track. Does your school have the same contagious enthusiasm in basketball? We all could

cite examples where the opposite attitude exists. Times have changed — and now our attitudes need to change.

Allow me to restate my point: I am not concerned how schools schedule games or practices; but rather the attitude of the coach of boys basketball toward girls basketball and vice versa.

The attitude in our young people today will either make us or break us tomorrow.

SPECIALIZATION

(continued from page 1)

that sport only a couple months of the year, hockey has both winter and summer seasons and basketball slows down a little in the spring but is in full bloom in the summer and doesn't even take a breather in the fall.

By their nature, some sports don't fit in the above categories although that doesn't necessarily mean specialization isn't in the picture. Baseball is a spring-summer activity as are softball and golf. Football doesn't have anything besides a school season in the fall unless you consider the year-round weight-training of a lot of boys as specialization. Tennis, on the other hand, is more toward year-round dimensions while gymnastics always could be given that description. And between them, track and cross country take up virtually the entire year.

Back to the question: What about specialization?

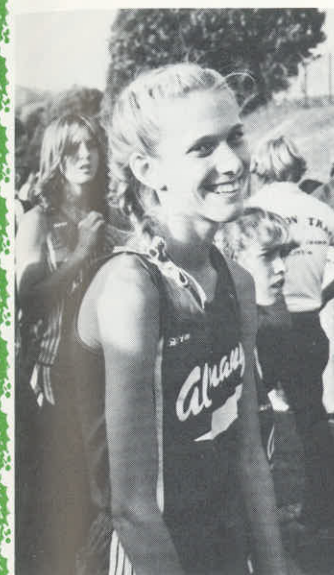
It cannot be denied that for some youngsters — no matter how much anyone might try — involvement in a single sport is their "piece of cake." Some kids simply aren't interested in doing anything but running, whirling around a high bar, swinging a tennis racket, etc. The vast majority of them are self-motivated although they may be influenced by coaches, parents or some other person. Perhaps, for their own benefit, they ought to give another activity a chance. But, it would be unfair to say that these kind of "specialists" are involved in something bad as long as it's 99% their idea and not somebody else's that they do this one thing all the time.

On the other hand, there are students today — too many students in too many sports at too many of our schools — who are concentrating on one activity not because this is what they want but because of one or two or both of these reasons: (a) Influence, coercion, prodding or whatever you want to call it on the part of a coach, parent or some other person to "stick to one sport because that's the only way to get to the top," and (b) Overly organized kid programs (pre-high school) with levels of competition going far beyond the local community all the way to state and national championships.

The athletic director, principal or whoever it is with the basic responsibility in the school (in addition to the coach) to make sure athletics is an educational experience can't solve all the problems of specialization. Maybe he can try to keep the mats rolled up and the basketballs locked up in the fall but this doesn't always work and often he is challenged with the banner of "open gyms".

The coach, on the other hand, appears to be the key to the problem. If the coach truly is concerned about the total boy and the total girl, he or she will not allow these boys and girls to concentrate on one

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VICKI COOK
Alemany



POLLY PLUMER
University



COOK-PLUMER DUEL AT MT. SAC

In a sweepstakes designed to establish the best cross country runner in the west and maybe the nation, Vicki Cook of Alemany and Polly Plumer of University (Irvine) paired off in the giant sweepstakes race at Mt. San Antonio/Walnut HS sponsored cross country meet held Friday, October 24, 1980.

Cook dictated the strategy of the race in the initial moments taking the lead. At about the quarter mile mark Plumer challenged briefly but then fell back as Cook opened up for a 15 yard margin on the first downhill portion of the run.

Cook increased her lead on the remaining downhills up to 20 yards edging Plumer into a second place finish with Plumer's teammate freshman Teresa Barrios placing third.

Vicki Cook showed her experience in running cross country as she set a new meet and course record of 11:29.3. Plumer's time was 11:39.

In all there were 21 races for the girls at Mt. SAC with well over 2,000 girls participating. Schools from San Francisco to San Diego entered the competition. The team results were University (Irvine) first with 43 points, a new meet record; Costa Mesa second (102) and Saugus third (124).

EXECUTIVE COMMITTEE MINUTES

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7. TREASURER'S REPORT — Mr. James Faul, treasurer, updated the Executive Committee on dues requirements and the support income area.

8. ATHLETIC ADMINISTRATORS SYMPOSIUM — Commissioner Ray Plutko and Administrative Assistant Margaret Davis reported on the response from Southern Section athletic directors on the Athletic Administrators Symposium. Following discussion, it was moved, seconded and passed to direct the CIF-SS Office to conduct the symposium as a yearly event.

9. EXECUTIVE COMMITTEE DATE CHANGE — It was moved, seconded and passed to cancel the previously scheduled meeting of the Executive Committee of February 19, 1981 and combine

it with the meeting of March 5, 1981.

10. GIRLS' THREE MILE CROSS COUNTRY DISTANCE FOR 1981-82 — Mr. Dean Crowley, administrative assistant, reported the results of a coaches' survey in cross country, noting that the State CIF had just approved the three mile distance for Girls. It was moved, seconded and passed to increase the distance from two miles to three miles in Girls' cross country for CIF-SS championships beginning the 1981-82 season. Leagues still retain the option, however, of conducting their meets at the two mile distance should they so desire.

11. FALL WAIVER FOR SMALL SCHOOLS SOCCER — Ms. Margaret Davis, administrative assistant, gave back-

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SPECIALIZATION

(continued from page 6)

sport. The coach who is interested in the total person will encourage that student to get involved in at least one more activity. It is a sad thing to realize that some youngsters never got the chance to know how great an experience another activity might have been simply because they were influenced to stay with one sport.

We must remember that high school athletics never were intended to provide boys and girls with the one-in-a-million chance to make the grade in professional sports or gain a berth on an Olympic team. And equally important, we must strike out of our minds that high school athletics ever were intended to provide opportunities for boys and girls to receive scholarships to colleges even though most

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WHAT'S HAPPENIN' IN THE OTHER 49 STATES

(EDITOR'S NOTE: This is another in a series of monthly articles covering items of interest from throughout California and other State Associations in their administration of high school athletics.)

ITEM: ALCOHOL & DRUGS — AN ISSUE IN VIRGINIA

COMMENT: The Virginia High School State Association wants their member schools to take a strong stand against participants or personnel who possess or use alcoholic beverages or illegal drugs, calling for schools who fail to take appropriate action to be subject to possible disciplinary action by the Virginia State Association.

ITEM: BACK TO SCHOOL NIGHT FOR COACHES IN KANSAS

COMMENT: All coaches in Kansas are required to take an "open book" exam in their respective sports if they fail to attend the Kansas State High School Association sponsored mandatory rules meetings.

ITEM: MUSIC IS OUT IN MICHIGAN

COMMENT: Band leaders beware! By action of the Michigan Representative Council, bands or musical instruments are NOT to be allowed at district, regional, quarter-final or semi-final tournaments. This regulation was needed says Michigan to conserve space, lessen expense to schools and avoid unnecessary confusion. The same council eliminated all half-time performances.

ITEM: "WALK ON COACH" UNHEARD OF PROBLEM IN MISSOURI

COMMENT: With the walk-on coach becoming more and more prevalent in California schools, can you imagine a state which requires all coaches to be certified teachers or administrators? Such is the case in the state of Missouri where only fully certified teachers are eligible to assume coaching duties.

ITEM: JUST MOVE 'EM INDOORS!

COMMENT: It never rains in California but when it does, outdoor competitions are postponed, delayed or cancelled. However, under Kansas State Girls Tennis Tournament regulations we find this ruling, "In case of rain, the meet may be moved indoors..." Now that's a facility!

SPECIALIZATION

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colleges and parents of most "star" athletes think so.

These two points are the strongest arguments of those who support specialization. Another common defense for specialization is the contention that another boy or girl gets a chance to make the team if a "star" athlete concentrates on one sport. That argument may make sense to some but there must be a better way for another student to make a team than by sacrificing the "star" athlete on the altar of specialization. Still another argument of those who favor specialization is the feeling that a particular boy or girl never would have "made the grade in life," "left

the ghetto," etc., "had it not been for the sport of _____ (you fill in the name). That may sound good to some ears but it's got about 99 times as much emotion to it as eloquence.

It would be best for all who have influence with young athletes or would-be athletes to help keep their athletic aspirations in focus with their total development from adolescent to adult. There's got to be time in life for more than just one sport; in fact, let's hope there's time in life for more than just sports, one or more. There must be time to be just a boy or just a girl, growing up in a world that needs men and women with sports in their backgrounds, not men and women with over-emphasized sports backgrounds who think they are what the world needs.

Sportsmanship makes the scene . . .



. . . when help arrives.

EXECUTIVE COMMITTEE MINUTES

(continued from page 7)

ground material relative to soccer and a request by several small schools to participate in the fall season. Following discussion, it was moved, seconded and passed to approve such a waiver provided the schools did not field a football team and that the school involved not be eligible for CIF-SS playoffs.

12. THOUSAND OAKS, NEWBURY PARK HIGH SCHOOL SOFTBALL PROBLEM — Ms. Margaret Davis, administrative assistant, presented an overview of the situation involving a violation of the CIF-SS Outside Competition Rule. Following discussion, it was moved, seconded and passed to ask the schools involved to appear before the CIF-SS Executive Committee at its next meeting of December 4, 1980.

13. OUTSIDE ASSOCIATION RULE — Commissioner Ray Plutko reviewed the question of coaches associating with their students outside the season of sport during the school year when coaches and students both have membership on the same outside team. Following discussion, the Executive Committee sustained the office interpretation that such joint membership of coach and students on the same outside team would constitute a violation of our association rule.

14. L.A. BAPTIST HIGH REQUEST — Mr. Bruce Keuning, Private Schools Area representative, reviewed a request for Girls' relegating from L.A. Baptist. It was moved, seconded and passed to deny the request.

15. STATE CIF NEW WORLDS CORPORATION — Mr. Tony Balsamo and Commissioner Plutko presented information on New Worlds Corporation indicating that this fund raising group did have National Federation and State CIF approvals and would be approaching Southern Section high schools with details of this optional program.

16. DESERT AREA RELEAGUING — Mr. Ray Plutko, commissioner, reported on the status of the Desert Area relegating.

17. SAN GABRIEL HIGH APPEAL — A relegating appeal from Mr. Jack Mount, principal of San Gabriel High, was discussed. It was moved, seconded and passed to support the interpretation of the relegating process as outlined by Commissioner Plutko.

There being no further business to come before the Executive Committee, the meeting adjourned at 11:45 a.m.

Respectfully Submitted,
Margaret Davis
Administrative Assistant

APPROVED BY:
RAY PLUTKO
COMMISSIONER OF ATHLETICS