that the cost for insuring all is reasonable. When the commercial firms enter the field with an appeal to the schools to cover only non-

athletic activities, they tend to cripple the machinery which has been established for covering all injuries.

"The problem has reached the state where a number of associations have felt it necessary to appeal to their schools to take a long-range look at the state of affairs which will be produced if schools fail to support their established machinery and associate themselves with the less ex-
tensive coverage. In a number of states in which the association has chosen to cooperate with the Denver Security Life and Accident Company, more drastic measures have been taken. Schools have been notified that if they choose to become associated with a cut-rate policy which is being offered for less extensive coverage, they will not be accepted for insurance as set up by the State Association to provide comprehensive coverage. Unless some such step is taken, it will result in the "cream being skimmed" by those who offer the cut-rate policy while leaving the activities with a heavy incidence of injury for State Association coverage. In the long run, schoolmen will do well to twice before de-
stroying the machinery which has been set up for their protection."

While commercial insurance companies have made little inroads in the California area, the C.I.F. Protection Fund has found that some schools have taken coverage for all its athletic program except football from a private com-

mercial carrier, and then these schools turn to the C.I.F. Protection Fund for football only. Foot-

ball injuries are far more costly than the other sports. It appears that Mr. Porter's observations might be pertinent to possible development in this state.

* * *

POLIO PREVENTION

In cooperation with the National Foundation for Infantile Paralysis, the following current information on polio prevention is presented. The article has been prepared by Dr. Clair E. Turner, nationally known medical authority of the National Foundation.

Polio makes its appearance in a few athletic teams each Fall. Here is up-to-the-minute in-

formation on polio prevention through Gamma Globulin, vaccine, and hygienic precautions.

Developments in the use of Gamma Globulin are of special interest to coaches. It is derived from human blood serum and when used under appropriate conditions affords passive protection against paralytic poliomyelitis for about four weeks. This year, a supply is available in greater supply for use in time of epidemic. It is recommended for the inoculation of groups larger than the family, such as camps, schools and neighborhoods. The method of using Gamma Globulin will be en-
tirely at the discretion of each Public Health Officer. If a case of polio appears in your team, communicate immediately with your team phy-
sician and have him get in touch with your Local Health Officer.

Over 600,000 school children participated this Spring in extensive field trials of a polio vaccine. Scientists have high hopes that this vaccine will prove effective but the results of the tests will not be known until mid Winter. No vaccine is available for use outside these special studies.

Precautions against contracting the disease are still important:

1. Wash hands thoroughly before eating and after using the toilet.
2. Persons having symptoms which may indi-
cate polio should be put to bed promptly and a doctor should be called. These symptoms are:

   - headache,
   - fever,
   - sore throat,
   - upset stomach,
   - stiff neck or back.
3. Avoid chilling. It seems to lower resistance to the virus.
4. Avoid extreme or unnecessary fatigue.

      Scientific study has revealed that heavy exertion in the early stages of the disease has resulted in more severe and extensive paralysis.

The National Foundation is deeply apprecia-
tive of the help which coaches all over the country have given in the fight against polio.

RUSSELL LEAVES SOUTHERN SECTION

After nearly five years of loyal service to the C.I.F., Southern Section, Wm. W. Russell, Com-
misoner of Athletics, is leaving to accept a position as Assistant Executive Secretary of the State C.I.F. Mr. Russell assumed his new duties in the State Office at Berkeley on November 1, 1954.

It was in February, 1950, that Bill Russell was selected from a large field of candidates to suc-
cceed the beloved Seth Van Patten, as the second Commissioner of the C.I.F. Coming to the South-
land from Santa Barbara College, where he served nine years as Graduate Manager, Russell brought to his new position a tremendous capacity for work, an engaging personality, a keen sense of humor, and practical experience with the problems of officiating, and all phases of competitive athletics.

The outstanding athletic program now in opera-
tions in the Southern Section of the C.I.F., at-
tests to the fact that the Executive Committee and Council made a wise choice when Bill Rus-
sell was appointed to succeed Mr. Van Patten.

WILLIAM RUSSELL

During his tenure in office, Mr. Russell, with
the aid of the Council, instituted the following improvements in the C.I.F.'s SOUTHERN SEC-
TION, Athletic program:

I. Improved officiating—
a. Through the adoption of the IBM selection system for appointing officials.
b. Assisted in developing a uniform instruction-
al program by affiliation of outlying groups with the Southern California Offi-
cials Associations.
c. Conducted clinics in outlying areas.
II. Accounting and budgeting system—
a. Instituted a system of accounting which per-
mitted an accurate day to day picture of income and expenditures.
b. Instituted a budget system for expenditures.
III. Playoffs—
a. Developed separate playoffs for small and large schools in football, basketball, and baseball.
b. Placed playoff games, as far as possible, in the communities involved.
c. Widened the scope of participation in the playoffs by including second place teams in basketball and football.

IV. Golf—
a. Developed a free lance golf league.
b. This league permits the scheduling of tri-
angular and dual competition, cutting down on transportation and time away from class.

V. Eligibility questions—
a. The Executive Committee has placed more emphasis on the Commissioners Office handling eligibility cases so a more uni-
form interpretation could be obtained.
b. This has provided for quicker service to the schools on eligibility matters.

VI. New schools joining the C.I.F., Southern Section—
a. During the past few years about 50 new schools have joined the C.I.F., Southern Section.
b. Better assimilation of these schools into the program has been provided.

It is with the well wishes of all persons con-
cected with the C.I.F., Southern Section, that
Mr. Russell leaves to undertake his new duties in the State C.I.F. Office.
EL SEGUNDO CAPTURES WATER POLO TITLE

Before a standing room crowd only, the El Segundo High School polo team, champions of the Free Lance League, took down the Coastal League Champions, Downey High School, by a score of 3 to 1, for the C.I.F. Championship on Wednesday, December 1. The playoffs were held in the Long Beach Wilson pool before a capacity crowd and for Coach Ulbro Staats’ El Segundo boys were led by Chuck McIlroy, who scored all three of his team points.

In the Class B game, Whittier, the Free Lance representative, took the measure of Long Beach Jordan 2 to 1, in a game that was not decided until the last two minutes of play. The Class C crown was won by Long Beach Poly in a 3 to 1 win over El Segundo.

The playoffs between the Coast League and the Free Lance League climaxed the most successful water polo season in the history of the C.I.F., Southern Section. For the first time all of the coaches from both leagues met with leading officials and junior college coaches, to talk over plans for next year. Chairman, Buzz Thayer, water polo coach at Long Beach Poly, appointed a committee of high school coaches to meet with leading junior college coaches to study needed changes in the present rules. Members appointed were: Jack Schultz of Downey High School, Pete Archer of L.B. Wilson High School, Ulbro Staats of El Segundo High School, and the coach of Whittier High School. Plans were also made for the organization of a water polo officials association.

The question of relegating for water polo in 1957 was discussed, and it was felt that no decision should be reached until the Spring meeting of swimming coaches. More teams are needed in the present conferences, and interested in being eligible, a member of one of the leagues for 1957 should contact the C.I.F. Office as soon as possible.

TRACK CARDS NOW AVAILABLE

One of the many services available to member schools is the fulfilling of requests for head judge of finish cards, and field judge cards, which are used by officials in running track meets. The head judge card is for use by officials for all track events. One card has been designed for use in the broad jump and shot put, while a second card is for use in high jump and pole vault.

A dual track meet in which the full C.I.F. list of 20 events is used, requires the C.I.F. to supply 20 track event cards, 6 high jump and pole vault cards, and 6 broad jump and shot put cards. When ordering please indicate the number of home dual meets.

The C.I.F. Office is prepared to fill requests for these convenient record cards now. ORDER YOURS EARLY!

MINUTES OF THE EXECUTIVE COMMITTEE MEETING

The meeting was called to order by the Chairman, Bergstrom, at El Monte High School, Monday, November 15, 1954, at 10:00 P.M. Those present were Members: Oliver Cobb, Covina High School; H. J. Holt, Santa Barbara High School; Winifred Nelsen, Pomona High School; Floyd A. Johnson, Hoover San Diego High School; W. D. White, Fremont Jr. High School, Pomona; and Kenneth Fagan, Commissioner of Athletics, C.I.F., Southern Section.

It was announced, and carried that the minutes of the September meeting of the Executive Committee be approved, as published in the Monthly Bulletin, October, 1954.

2. It was moved, seconded, and carried that the Executive Committee recommend to the C.I.F. Council that Arcadia High School of El Monte, Redlands Jr. High School of El Jef High School of Anaheim, and E. R. Snyder’s Camp of High School of San Diego be accepted as regular members of the C.I.F.

3. It was moved, seconded, and carried that the Pioneer League be placed in the Central Group of League Playoffs in all sports, beginning September 24, 1955.

4. The matter of the C.I.F. Office appointing officials for practice games in the metropolitan area was discussed. Although it was agreed that such a procedure would be desirable, the lack of personnel and time precluded such an undertaking at this time. Attention was called to the fact that teams scheduling practice games in areas served by other Officials’ Association, would be wise to inquire in advance of the official for such games to be appointed by the C.I.F. Office.

5. The question of whether or not high schools could scrimmage teams conducting official practices with a junior college team against the junior college team was discussed. It was unanimously decided, that the State rule, paragraph 11, page 48, be interpreted to allow such intercollegiate official practices on the conditions that all official practices be held under the direct supervision and control of the high school officials.

6. It was moved, seconded, and unanimously carried that the C.I.F. office pay for publications of c.i.f. clinics in the C.I.F. Southern Section, $75 for a one day clinic. When two clinics are held on successive days the fee would range from $50 to $75, depending upon the total time involved in the clinic. In addition to the fee, expenses for travel, meals and lodging would be provided when necessary.

7. The athletic classification tables setting forth the sum of experiences for Classes A, B, and C. and present setup three-year high schools were having a difficult time adjusting the high schools to adequately field teams in the Class D, Bailey, Coordinator of track meets committee of Bill for the Los Angeles City Schools, and Ken Fagan, Commissioner of Athletics, C.I.F., Southern Section, was asked to study the problem and present recommendations to the Executive Committee at their next meeting.

8. Central High School of El Centro requested permission to participate in the football league for the season of 1955. It was moved, seconded, and carried that the pr

9. The following eligibility case was presented to the Executive Committee for a ruling. A student at Huntington Beach High School who had completed a two years of satisfactory work. His father then became disabled, necessitating the boy being sent to live with a married sister in Fullerton. The sister was made his legal guardian, and the boy was enrolled. The student then attended Fullerton College, where he was ruled ineligible. He was re-enrolled, and at the time of the preliminary meeting, the school was ruled ineligible and unsuccessful. It was unanimously decided that the C.I.F. Office, substantiating the ruling of the school, that his guardianship has been returned to the father.

10. After a review of the basketball schedulers of Avalon High School, Pasadena High School, and Santa Barbara High School in the following recommendations were set up for the schools to enter their high schools in the Playoffs:

(a) Avalon High School must not lose more than 2 of the last 11 games on their schedule;
(b) Pasadena High School must lose last 1 game on their schedule;
(c) Santa Barbara High School must not lose more than 2 of the last 11 games on their schedule.

It was moved, seconded, and carried that Mr. L. Bergstrom, President of the Executive Committee, be thanked for hosting this meeting of the Executive Committee. Meeting was adjourned at 11:35 P.M.

Respectfully submitted,
Kenneth Fagan
CHANGE IN CENTRAL GROUP FOOTBALL PLAYOFFS

The Central Group Football Playoffs has taken on a new look for 1954. Previously it had been the policy to admit only league champions to the playoffs this year it was decided to admit enough strong second-place teams, who deserved to get, to complete a bracket of sixteen (16) teams and thereby eliminate so many first round BYES.

To select the second place entries, a committee was appointed consisting of Helbert Holloway, Principal of California High School in Whittier; Vern Weybright, Principal of Burroughs; Burbank High School; Dr. Ken Bailey, Principal of Pacific High School in San Bernardino, and Ken Fagans, Commissioner of Athletics. These men met on November 16, and after spending over three hours sifting the evidence, came up with six teams, which in the committee’s opinion, were the most deserving of entering the first round of playoffs. We know that many outstanding teams had to be left out, but we feel sure that the entries that went to the past the weekend of November 26 represented the finest group of high school football teams, in the history of C.I.F., Southern Section, to vie for the coveted championship.

RELIEVING COMMITTEE
HARD AT WORK

Last March, Joseph Rindone Jr., President of the C.I.F. Council, appointed Mr. Glen Lewis, Principal of Fullerton High School, Mr. Jerry Ogborn, Principal of Burbank High School, Mr. Floyd Johnson, Principal of Hoover San Diego High School, Mr. R. T. Davis, Director of Athletics, Long Beach Wilson High School, and Mr. Ken Bailey, Principal of Victor Valley High School, Victorville, to serve on a committee, under the Chairmanship of Mr. B. L. Bergstrom, to study the problem of relieving.

This committee has held many meetings since its organization, and has devoted many hours in trying to work out a satisfactory solution to the many vexing problems connected with relieving. Each committee member has held meetings in his particular area with sub-committees from the various leagues.

The culmination of their efforts will take place on December 11, when their recommendations will be presented to the C.I.F. Council for their consideration. It is a big job and we all join in thanking the members of this committee for their untiring and unselfish efforts in behalf of the entire Southern Section of the C.I.F.

SANCTIONED EVENTS APPROVED SINCE PUBLICATION OF OCTOBER BULLETIN

BASEBALL
April 4, 5, 6, 1955
5th Annual Invitational Baseball Tournament @ La Jolla

BASKETBALL
Dec. 1, 2, 4, 1954
Long Beach Invitational Basketball Tournament @ Long Beach Poly HS
Dec. 1, 4, 1954
7th Big Bear High School Basketball Tournament
Dec. 7, 8, 9, 11, 1954
"B" and "C" Basketball Tournament @ Hemet HS
Dec. 16, 17, 20, 30, 1954
San Diego Basketball Tournament @ San Diego HS
Dec. 16, 17, 18, 19, 1954
Sweetwater Union High School Invitational "B" Basketball Tournament
Dec. 16, 17, 18, 19, 1954
San Gabriel Invitational Basketball Tournament, San Gabriel Mission HS @ Garvey Memorial Park
Dec. 17, 18, 19, 1954
9th Annual Lone Pine Basketball Tournament
Dec. 27, 28, 29, 1954
Invitational Basketball Tournament @ Banbury HS
Jan. 3, 4, 5, 6, 7, 1955
"B" Basketball Tournament @ Excelsior HS
Jan. 3, 4, 5, 6, 7, 1955
Compton Invitational Basketball Tournament
Feb. 25, 26, 1955
Santa Monica Class "B" Basketball Tournament @ Santa Monica HS

CROSS COUNTRY
Nov. 19, 1954
Ante Invitational Cross Country Run (12th) @ Grossmont High School, San Diego

TEENUS
Nov. 26, 27, 1954
Fullerton Midwinter Tennis Tournament @ Fullerton HS
April 5, 6, 7, 8, 9, 1955
40th Annual Dudley Tennis Tournament @ Santa Monica HS

TRACK
April 25, 1955
Compton Cup Invitational Track Meet
March 26, 1955
Chaffey Invitational Track Meet
March 4, 1955
Coast League Invitational Relays @ L. B. Wilson

C.I.F. SOUTHERN SECTION
MONTHLY BULLETIN
Vol. 18
JANUARY, 1955
No. 4

MINUTES OF EXECUTIVE COMMITTEE MEETING
December 11, 1954

The meeting was called to order by the Chairman, Mr. B. L. Bergstrom, at the C.I.F. Office, on Saturday, December 11, 1954, at 9:00 A.M. Members present: Mr. Oliver Corbin, Principal of Covina HS; Mr. Bruce Lawson, Principal of Keppel HS; Mr. Harvey Holt, Principal of Santa Barbara HS; Mr. Winston Nelson, Principal of Pomona HS; Mr. Floyd Johnson, Principal of San Diego Hoover HS; Mr. Joseph Bonnet, Principal of Fremont Jr. HS of Pomona; Mr. Ken Fagans, Commissioner of Athletics.

1. It was moved, seconded, and carried that the Minutes of the November 15 meeting of the Executive Committee be approved as published in the December monthly Bulletin, 1954.

2. After a review of the basketball schedule of St. Augustine High School of San Diego, it was moved, seconded, and carried, that St. Augustine HS could not host more than two of their twelve (12) games in order to qualify for entrance into the Central Group playoffs.

3. It was moved, seconded, and carried that if the Central Section of the C.I.F. approves the release of Tehachapi High School, and the Desert-Layo League admits them to membership, then the Southern Section of the C.I.F. will approve their membership into our section.

4. It was moved, seconded, and carried that the Southern and Northern Group play-offs in football and basketball be played on the same basis as the Central Group playoffs, beginning with the basketball play-offs in 1955.

5. A discussion was held concerning the use of cowbells and mechanical noise makers as league, and C.I.F. playoff contests. The Executive Committee recommended that all leagues disapprove the use of cowbells, and mechanical noise makers at all league contests. In C.I.F. playoff contests their use is forbidden.

6. It was moved, seconded, and carried that it be recommended to the Council that the request coming from the Tri-County league for an All-Star football game, at the end of the season, be approved. (See Council Minutes published elsewhere in this Bulletin for final action.)

7. It was moved, seconded, and carried that the minutes of the wrestling coaches meeting, as published elsewhere in this Bulletin, be approved except for the second sentence of Item 4—"That the bracket managers fer be raised from $10 to $25." These minutes will effect a change in the Blue Book, page 41, Section 25, Paragraph 14.

8. It was moved, seconded, and carried that the recommendation of the Track Committee, as published elsewhere in this Bulletin be approved.

9. It was moved, seconded, and carried that the request of the Desert-Layo league, providing for separate large and small school tennis playoffs be approved.

10. It was moved, seconded, and carried that it be recommended to the Council that the following change be made in our Classification tables: Class B, 87 to 88 exponents, class C, 82 to 83 exponents, and class D from 77 to 79 exponents.

11. It was moved, seconded, and carried that the C.I.F. discontinue the filming of our championship football and basketball games. Participating schools may have the game filmed, but it will not be considered an allowable game expense.

12. It was moved, seconded, and carried that Uplands Junior High School be removed from the C.I.F. membership, as of end of school year, June, 1953, and substituted in their place will be Uplands Senior High School.

13. A letter from Mr. Wm. Russell, Assistant Executive Secretary of the State C.I.F. concerning the Insurance program was read and discussed. It was recommended that the letter be read to the Council so that body might take action.

Meeting was adjourned at 9:29 A.M.

Respectfully submitted,
Ken Fagans, Commissioner of Athletics