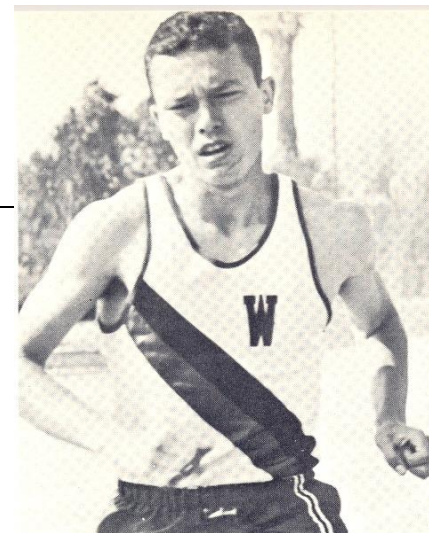


HISTORY OF THE CALIFORNIA
INTERSCHOLASTIC FEDERATION
CIF-SOUTHERN SECTION



96th historical “tidbit.”
Dr. John S. Dahlem



Carl Trentadue, Westminster
... mile record?

JESSE “CARL” TRENTADUE

Westminster High School - 1965 CIF-SS Mile Champion
Cerritos College Track – May 28, 1965 - 9,440 in attendance
4:08.5
50th Anniversary

Jesse “Carl” Trentadue was an outstanding runner for Westminster High School during the 1960’s under Hall of Fame coach Jack Hedges. Jesse has remained close to his high school running mates and has been very helpful with the historical work of the CIF-SS. At the Hall of Fame induction of Coach Hedges, Jesse donated to the CIF-SS history archives his 1st place medal (Class A) from the 1965 CIF-SS Track and Field Championships. His time that night has remained one of the all-time fastest times in CIF-SS history and would today, 50 years later, place him among the top American high school milers. Jesse went onto a successful career running for USC and today is a well-respected lawyer in Utah. **Jesse stated, “I have NCAA medals and an AAU Championship medal but, in my opinion, none mean more or are as beautiful as the CIF-SS Championship medals. They were truly works of art.”**



EVENT 10

CLASS A MILE

National Interscholastic Record: 4:06.0, Gerry Lindgren, Rogers HS, Wash., 1964.

CIF, SS, Meet Record: 4:12.6, Tracy Smith, Arcadia, 1963

Lane	No.	Semi-final Time	Name, School	Place
1	149	4:12.8	Carl Trentadue, Westminster	_____
2	126	4:18.0	Bill Schabram, San Marcos	_____
3	125	4:19.1	Dennis Savage, San Marcos	_____
4	150	4:19.5	Ron Pettigrew, West Torrance	_____
5	75	4:21.5	Dave Saykally, Crespi	_____
6	131	4:21.9	Bill Torrez, Santa Maria	_____
7	137	4:22.2	Sam Francis, Tustin	_____
8	153	4:25.2	Hartzell Alpizar, L.B. Wilson	_____

Film clips taken from the 1965 race



53rd ANNUAL
 C.I.F. SOUTHERN SECTION
 TRACK & FIELD
 CHAMPIONSHIPS
 28 May 1965
 Cerritos College
 Norwalk, California





Westminster Miler Carl Trentadue Runs 4:08.5; Poly Dethrones Muir

BY JEFF PRUGH
 Times Staff Writer

Carl Trentadue, a sly, reticent schoolboy miler from Westminster, is one of those runners who could care less about how much time it takes him to run his race. He just runs. That's all.

On a cool, placid Friday evening at Cerritos College, Trentadue ran his way into CIF immortality when it took him only 4 minutes 8.5 seconds to cover four laps in

the CIF Southern Section track and field finals.

Overshadowed by Trentadue's performance before a crowd of 9,440 was the race for the varsity team championship, which wasn't really much of a race at all.

In a confirmation of what had been expected by everybody before hand, Long Beach Poly dethroned Muir, 30-20.

It was the fifth CIF Southern Section title for Poly,

which got considerable help from John Hubbell, whose 63-0½ shot put is the CIF's best of the year and Manuel Murrell, who won the low hurdles in 18.8 and placed second in the long jump.

"I just can't run a pace my coach tells me to run," said the smooth striding senior runner in the wake of an epic high school mile run in which he shattered the re-

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Carl Trentadue, Westminster, 4:08.5

Continued from First Page

cord of 4:12.8 which was set two years ago by Arcadia's Tracy Smith.

"My coach (Jack Hedges) tells me to run my first lap in a certain time, my second lap in such and such a time, and so on. But I just can't pay any attention to it."

At his workout Thursday afternoon, Trentadue was told by Hedges that he could give a commendable account of himself in the finals by running this sequence of quarter mile clockings: 61.0, 64.0, 63.0 and 60.7.

As it was Trentadue accelerated strongly with about 250 yards to go and was timed in 57 seconds for his final lap. At the finish, he was about 20 yards ahead of two milers from San Marcos High, Bill Schabram and Dennis Savage, who also dipped under Smith's record in 4:11.9.

Surprising Time

Trentadue, who had a wool snow cap pulled snugly over his head ("It's a fad at our school") after the race, said he was surprised at his time, which is two tenths of a second better than that of Chula Vista's Tim Danielson, who ran 4:08.7 last week.

"Gee, I thought I had run about 4:15 or 4:16," said Trentadue. And that isn't too bad, either, for a guy who was discovered running in a gym class two years ago.

Now, he and Danielson will be solid threats to defeat the defending state mile champion, Mike Ryan of Wilcox High in Santa Clara, in the State meet next weekend at Bakersfield College.

What's more, Poly's half-mile relay team came close to handing Muir it's only defeat of the year, but finished second in a photo finish. Both teams were timed in 1:27.5 when Harold Bushy nipped Poly's Fred Muench at the wire. However, the finish is subject to a review on film.

The season's finest Southern Section performances also were registered in the half-mile, in which Sierra's Dick Joyce clocked 1:51.2 to almost break the CIF record and in the 440, in which Bolsa Grande's Randy Julian was timed in 47.9.

VARSITY

- 120 MH—1. Miller (Monrovia), 14.4; 2. Nicholl (L.B. Wilson), 14.4; 3. Harris (Palmdale), 14.4; 4. Hooker (Monrovia), 14.5; 5. Jones (Notre Dame), 14.5.
- 1—1. Smith (Compton), 24:11; 2. Murrell (L.B. Poly), 23:4; 3. Spicer (Compton), 22:24; 4. Proctor (Muir), 22:11; 5. Danerfield (Oxnard), 22:11.
- 100—1. Busby (Muir), 9.7; 2. Jenkins (Lasuen), 9.7; 3. Wise (Pasadena), 9.7; 4. Muench (L.B. Poly), 9.8; 5. Dusen (Crespi), 9.9.
- 800—1. Joyce (Sierra), 1:51.2; 2. Owent (Valencia), 1:52.3; 3. Nichols (L.B. Poly), 1:52.3; 4. Bopard (Simi), 1:52.6; 5. Hall (Aviation), 1:52.6.
- 400—1. Julian (Bolsa Grande), 47.9; 2. Van Hovegen (Valley Christian), 48.0; 3. Sandford (La Habra), 48.1; 4. Dupar (Crespi), 48.3; 5. Ramsey (Crescenta Valley), 48.4.
- HIGH JUMP—1. Fischer (Notre Dame), 6-8; 2. Freeman (L.B. Poly), 6-4; 3. Cavins (Victor Valley), 6-4; 4. Morris (Compton), 6-4; 5. Walton (Upland), 6-4.
- 180 LH—1. Murrell (L.B. Poly), 18.8; 2. Miller (Monrovia), 19.2; 3. Hurtzel

- Palos Verdes), 19.3; 4. Evans (Compton), 19.3; 5. Grady (Northview), 19.5.
- 220—1. Busby (Muir), 20.9; 2. Wise (Pasadena), 21.1; 3. Muench (L.B. Poly), 21.1; 4. Kresse (San Bernardino), 21.2; 5. Jenkins (Lasuen), 21.8.

- POLE VAULT—1. Wilson (Warner), 6-0; 2. Steinhart (Warren), 5-0; 3. Geeler (Muir), 5-4; 4. Heberlein (Hague Santa Ana) and Vaughn (Corona), 5-4.
- SHOT PUT—Hubbell (L.B. Poly), 63-0½; 2. Alper (Whittier), 61-9½; 3. Dunn (Mayfair), 61-10; 4. Murphy (Sunny Hills), 59-11; 5. Buehler (Whittier), 59-14.

- MILE—1. Trentadue (Westminster), 4:08.5 (new CIF record, old mark 4:12.8 Smith, Arcadia, in 1962); 2. Seaveo (San Marcos), 4:11.9; 3. Schabram (San Marcos), 4:11.9; 4. Sarkally (Crespi), 4:15.3; 5. Pettigrew (W. Torrance), 4:16.2.
- TWO MILE—1. Kearns (Crespi), 9:20.2 (new CIF record, old mark 9:26.4 by Sanford, Tustin, 1963); 2. Sanford (Tustin), 9:21.0; 3. De Groot (Simi), 9:24.7; 4. Bushy (Milliken), 9:25.0; 5. Alvilier (San Diego), 9:25.5.

- 800 RELAY—1. Muir, 1:27.5; 2. L.B. Poly, 1:27.5; 3. San Bernardino, 1:27.6; 4. Bolsa Grande, 1:29.0; 5. Buena, 1:29.6.

- TEAM SCORING—Long Beach Poly 36, Milliken 12, Monrovia 11, Warren and Crespi 9, Bolsa Grande, Pasadena, San Marcos 7, Notre Dame & Lasuen, San Bernardino, Sierra, Simi, Westminster, Whittier 5, L.B. Wilson, Tustin, Valencia, Valley Christian & La Habra, Palmdale, Palos Verdes, Victor Valley 3, W. Torrance, Sunny Hills, Milliken 2, Corona, Santa Ana, 1½, Aviation, Buena, Crescenta Valley, Northview, Oxnard, Santiago, Upland 1.

CLASS B

- 70 MH—1. Robinson (Pasadena), 8.6; 2. DeVore (Lakewood), 8.6; 3. Swan (L.B. Poly), 8.7; 4. Caruthers (Muir), 8.7; 5. Richey (Muir), 8.9.
- 100—1. Carolina (Compton), 10.0; 2. Ward (Milliken), 10.0; 3. Haseltine (Northview), 10.1; 4. Burns (Montclair), 10.2; no fifth.

- 400—1. Haseltine (Northview), 1:21.6; 2. Antione (Milliken), 1:21.6; 3. Hughes (San Marino), 1:21.7; 4. Ricks (Milliken), 1:21.8; 5. Leon (Montebello), 1:21.9.

- SHOT PUT—1. Chandler (Whittier), 57-5; 2. Verry (Mira Costa), 56-11½; 3. Racz (Crespi), 55-7½; 4. Reagan (Desert), 55-11; 5. Freilinger (El Centro), 53-4.

- 120 LH—1. DeVore (Lakewood), 13.0; 2. Caruthers (Muir), 13.0; 3. Lindsey (Monrovia), 13.1; 4. Messenge (Bartstow), 13.2; 5. Mack (Blythe), 13.2.
- 100—1. Carolina (Compton), 21.8; 2. Pastula (Notre Dame), 21.9; 3. Ward (Milliken), 21.9; 4. Swanson (Santa Ynez), 21.9; 5. Burns (Montclair), 22.7.

- HIGH JUMP—1. Conaway (Oxnard), 6-3; Payne (Santa Monica), 6-3; 3. Kerr (Dominguez), 6-2; 4. Gentry (Chino), 5-10; 5. Capel (Alhambra), 5-10.

- LONG JUMP—1. Conaway (Oxnard), 22-4; 2. Mays (Santa Ana), 21-6; 3. Davis (Oxnard), 20-11½; 4. Kuzmick (Palos Verdes), 20-10½; 5. Plant (Milliken), 20-7½.

- 400—1. Aseltine (Northview), 1:21.6; 2. Antione (Milliken), 1:21.6; 3. Hughes (San Bernardino), 1:21.7; 4. Ricks (Milliken), 1:21.8; 5. Leon (Montebello), 1:21.9.
- 120—1. De Vore (Lakewood), 3:04.1 (new CIF record, old mark 3:06.1 by Daughtry Glendale in 1962); 2. Conaway (Artesia), 3:04.6; 3. Fister (Western),

- 3:04.7; 4. Caudill (Simi), 3:07.9; 5. Joseph (Lowell), 3:07.7.
- 440 RELAY—1. Compton, 1:06.9; 2. California, 1:07.3; Pomona, 1:07.3; 4. Lywood, 1:07.7; 5. Pasadena, 1:08.8.

- POLE VAULT—1. Flannery (Warren), 14-11; 2. Eiland (Santa Barbara), 13-4; 3. Tie between Proctor (Milliken) and Gillham (Upland), 13-4; 5. GERRON (Arroyo), 13-0.

- TEAM SCORING—Milliken 16½, Compton 15, Lakewood 14, Oxnard 13, Northview 8, Muir 7, Pasadena & West Whittier 5, Mira Costa 4½, Artesia, California, Notre Dame, Santa Ana, Santa Barbara, Santa Monica & Crespi, Dominguez, Monrovia, Montclair, L.B. Poly, Pomona, San Marino, Western 3, Upland 2½, Banning, Chino, Desert, Palos Verdes, Santa Ynez, Simi, Lynwood 2, Alhambra, Blythe, El Centro, Lowell, Montebello 1, Arroyo 1.

CLASS C

- SHOT PUT—1. Sutton (Excelsior), 56-11½; 2. Crozier (Compton), 56-10½; 3. Macielina (Santa Ynez), 56-3¼; 4. Virgen (Redondo), 56-3¼; 5. Rowan (Redondo), 53-11.

- HIGH JUMP—1. Bruce (Arcadia), 5-10; 2. Garcia (Santa Ana Valley), 5-8; 3. Tie between Whittier (Upland) and Gutierrez (San Gabriel), 5-8; 5. Phillips (Harvard), 5-6.

- LONG JUMP—1. Fellows (Chino), 22-7½; 2. Jones (Compton), 22-2¼; 3. Burton (Excelsior), 22-1; 4. Herrera (Westminster), 22-0¼; 5. Mundy (Luzerne), 20-11½.

- 100—1. Coulter (S.A. Valley), 10.2; 2. Bonner (Compton), 10.2; 3. Butta (Keppel), 10.2; 4. Ballard (Bellflower), 10.3; 5. Conway (Pasadena), 10.3.

- 400—1. Bravo (Chino), 1:21.6 (CIF record, old mark 1:22.8, Hughes, San Marino, 1964); 2. Becker (Palos Verdes), 1:22.1; 3. Williams (S. Huntington Beach), 1:23.1; 4. Rine (Santa Monica), 1:23.2; 5. Barr (Beverly Hills), 1:24.8.

- 120 LH—1. Carter (Covina), 13.3; 2. Lovell (Foothill), 13.4; 3. Deaube (L.B.), Jordan, 13.7; 4. Oates (Luzerne), 13.7; 5. Mellers (Garey), 14.0.

- 180—1. Bonner (Compton), 18.0; 2. Coulter (S.A. Valley), 18.0; 3. Butta (Keppel), 18.1; 4. Mayo (Perris), 18.2; 5. Ballard (Bellflower), 18.3.

- 120—1. Reves (Cotton), 3:06.4; 2. Duncan (Glen), 3:09.9; 3. Crockett (Alhambra), 3:10.0; 4. McDonald (Glen Moor), 3:10.5; 5. Moon (Burbank), 3:11.1.

- POLE VAULT—1. Wolf (Loara), 13-4; 2. Elliott (S.A. Valley), 13-0; 3. Morris (Bur.), 12-4; 4. Shillinger (Emmerson JH), 12-4; 5. Harris (Hart), 12-0.

- 400 RELAY—1. Morningside, 4:41.2; 2. Compton, 4:43.3; 3. Centennial, 4:44.4; 4. S.A. Valley, 4:45.4; 5. Bonita, 4:45.6.

- TEAM SCORING—S.A. Valley 19, Compton 17, Chino 10, Excelsior 8, Bonita, Keppel & Arcadia, Colton, Loara, Morningside 5, Foothill, Glenn, Muir, Palos Verdes 4, Bellflower, Burroughs, Centennial, Huntington Beach, L.B. Jordan, Luzerne, Masonia, Redondo, Santa Ynez 3, Upland, San Gabriel 2½, Emmerson JH, Hoover, Perris, Santa Monica, Westminster 2, Beverly Hills, Burbank, Garey, Hart, Harvard, Pasadena 1.



Carl Trentadue



Carl Trentadue



1963 (4-A) CIFSS Champions - Westminster Cross Country Team
Front L/R Michael Solomon, Gordon Cooper, George McFarland
Back L/R Charles Appell, James Greenman, Jesse Trentadue and Coach Jack "Elmer" Hedges
(Jesse's Cross Country Gold CIF-SS Medal)



THE WINNAHI—George Husaruk of Montebello streaks across the finish line to nip Rick Romero of Burbank for the "AAA" individual cross-country championship at Long Beach State College. Westminster won the "AAA" team title.

Westminster, Arroyo, Oxnard, San Marino Win Harrier Titles

No less than 28 runners broke the Long Beach State College two-mile cross country course record for preps to highlight the 1963 CIF, SS, cross country finals held on Monday, December 2.

Westminster High copped the "AAA" title, Arroyo the "AA", Oxnard the "A" and San Marino the "Small Schools" Division. San Marcos' Bill Schabram ran a blazing 9:39.0 to establish a record that will give preps something to shoot at for quite some time.

The old record was 10:06.5 set earlier this year by Mike Seamans of Bellflower.

In the "AAA" Division, individual honors went to George Husaruk of Montebello. He ran the second fastest time of the day, 9:39.1, just a tenth of a second off the record established minutes earlier by Schabram.

Westminster's winning team members included Carl Trentadue, Dick Garrett, Charles Appell, Jim Greenman, Gordon Cooper, George McFarland and Mike Solomon.

Colton was runner-up to Westminster with 103 (Westminster had 62), while Millikan was third with 110.

Arroyo, with 67 points, won the "AA" title, followed by San Marcos, 90 and La Habra 93. Arroyo had three runners—Juan Hernandez, Rick Bar-

nett and Don Nichols—finish in the top ten.

Schabram won the "AA" race followed by Lido Albillar of Santiago.

Members of the winning Arroyo team were: Hernandez, Barnett, Nichols, Tom Towns, Steve Hake, Jack Martinez, and Joe Woodmancy.

Oxnard edged Lynwood 82-88 for the "A" title in the closest race for the team title. Corona was third with 98 and Salesian fourth with 99.

Colin Ramsey of Corona won the individual title in the "A" race when he was timed in 10:00.6 over the two-mile distance. Alfred Jacinto finished second for Oxnard in 10:05 followed by Ronnie Elizalde also of Oxnard and also in the time of 10:05.

The winning Oxnard team consisted of Jacinto, Elizalde, Al Riviera, John Ramirez, Jess Gutierrez, Nick Castro and Felipe Jimenez.

In the Small Schools classification, San Marino scored 56 points to nip Crespi with 64 for the championship. Valencia was third with 84.

Bill Day, Ken Hughes, and Rick Wimpres all finished in the top ten for San Marino. Individual honors went to Rich Martinez of Cantwell in 9:59.5, while Randy Coombs of South Pasadena was second in 10:03.

Members of the winning San Marino team, besides Day, Hughes and Wimpres, were Dave Yetter, Mike Steele, Jim Friesen and Robert Crist.

The championship meet was under the direction of Long Beach State cross country coach Jack Rose.

To determine qualifiers for the finals preliminary meets were held at Sunny Hills High School, Centinela Park in Inglewood, and at Mt. San Antonio College. The prelims were directed by Bill Lingenfelder of Sunny Hills, Hank Ketels of Aviation and Don Ruh of Mt. SAC.

Final team scores:

"AAA"—Westminster 62, Colton 103, Millikan 110, Crescenta Valley 115, California 120, Muir 121, Burbank 125, Dominguez 149, and Lakewood 176.

"AA"—Arroyo 67, San Marcos 90, La Habra 93, Mira Costa 104, South Torrance 111, Artesia 135, Santiago 150, La Puente 164, Los Altos 181.

"A"—Oxnard 82, Lynwood 88, Corona 98, Salesian 99, Aviation 109, Lowell 112, Charter Oak 116, Victor Valley 195, Barstow 227.

"Small Schools"—San Marino 56, Crespi 64, Valencia 84, West Torrance 116, South Pasadena 126, La Salle 155, Bishop Amat 181, Atascadero 187, and Chino 200.

The top five individual finishers in each division follow:

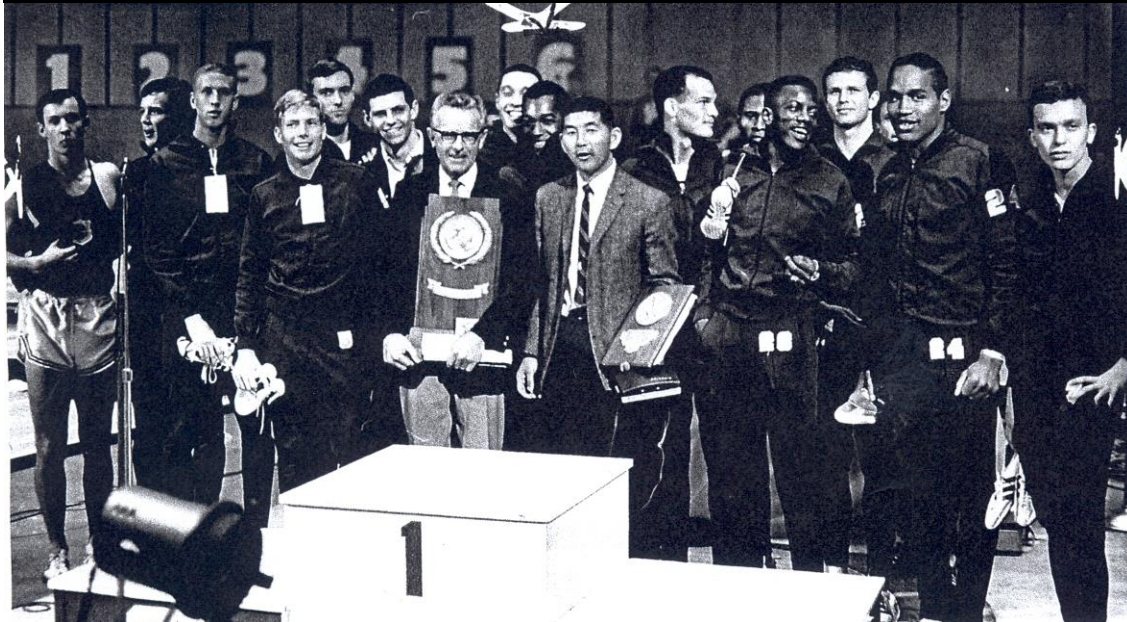
- "AAA"
- | | |
|------------------------|--------|
| 1. Husaruk, Montebello | 9:39.1 |
| 2. Romero, Burbank | 9:40 |
| 3. Felix, Colton | 9:45 |
| 4. Webb, Millikan | 9:48 |
| 5. Whitte, Muir | 9:49 |
- "AA"
- | | |
|-------------------------|------|
| 1. Schabram, San Marcos | 9:39 |
| 2. Albillar, Santiago | 9:44 |
| 3. Hart, Whittier | 9:49 |
| 4. Dunlap, Mira Costa | 9:56 |
| 5. Savage, San Marcos | 9:57 |
- "A"
- | | |
|------------------------|---------|
| 1. Ramsey, Corona | 10:00.6 |
| 2. Jacinto, Oxnard | 10:05 |
| 3. Elizalde, Oxnard | 10:05 |
| 4. Widder, Temple City | 10:07 |
| 5. Robles, San Gabriel | 10:09 |
- SMALL SCHOOLS
- | | |
|---------------------------|--------|
| 1. Martinez, Cantwell | 9:59.5 |
| 2. Coombs, South Pasadena | 10:03 |
| 3. Saykally, Crespi | 10:06 |
| 4. Clark, Capistrano | 10:07 |
| 5. Hughes, San Marino | 10:08 |





U.S.C. Championship Two Mile Relay Team - 1967
(All CIF-SS past Champions L/R Jesse, Richard Joyce, Dave Buck & Dennis Carr)

USC's N.C.A.A. Indoor Track Champions - 1967
(Standing right next to teammate O.J. Simpson)
(Also, great CIF athletes Paul Wilson, Bob Seagren, John Link, Dick Joyce, Bill Fosdick, Greg Heet, Dave Buck, Paul Kerry, Earl McCullough, Roger Wolff and Dennis Carr)



Jesse stated, “I have great affection and appreciation for the SS. But for SS track and field my life would have been totally different and not in a good way. I grew up in a Southern Appalachian coal camp with little prospects in life. Fortunately, we moved to Orange County just before my 15th birthday and I met Coach Jack Hedges during my junior year.”

Westminster runner's 2011 reunion with legendary Coach Hedges
(Jesse Trentadue far top right)



Trophy Case at the CIF-SS Office with Jesse's Medals

