



**GIRLS IN SPORT**  
**CHRONOLOGICAL HISTORY**  
**CIF-SS**

68<sup>th</sup> Historical “tidbit.”  
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 CIF-SS Historian

- 1890 Marlborough, Throop and Pasadena High Schools form a basketball league.
- 1896 Women banned in first modern Olympics
- 1900 Women included in modern Olympics
- 1907 Long Beach Poly wins first Girls Southern California Basketball Championship
- 1907 Girls basketball called **“harmful” for girls...can cause “over exercise” and “heart lesions” besides being too “rough and tumble.”**  
**Unfettered girls athletic competition would harm female participants, physically and psychologically, and detract from or even diminish their femininity. Competitive sports were too masculine, unhealthy, and inappropriate. Many men felt that, “women belonged in the kitchen and not on the playing fields.”**
- 1910 Educators concerned over girls traveling too far and being out late at night for interscholastic competition.
- 1910 High schools move to interclass competition play including sports like rope jumping, hiking and wall scaling.
- 1911 Last Southern California Girls Basketball Championship
- 1913 **CIF-SS formed.** Boys’ sports controlled by CIF-SS and girls’ sports controlled by the State Department of Education (Physical Education). “Sports Days” become popular for girls.
- 1914 First CIF-SS Girls Championship as Isabel Anderson and Ardis Burns, Santa Ana High School, win the tennis double title.
- 1919 19th Amendment passes guaranteeing women's voting, but the depression limits sporting opportunities.
- 1920 Beginning of Girls Athletic Association (G.A.A.) to include activities like volleyball, dance, tennis, bowling, archery, softball, etc.
- 1920 National Association for Girls & Women in Sport (NAGWS) founded to control girls sports in the United States.
- 1925 National Association of Secondary Principals opposed extramural competition for girls...no gate receipts or publicity for girls’ sports.
- 1928 CIF-SS passes motion that if girls compete in interscholastic sports they should be trained by women instead of men.

- 1928 In the 1928 Olympics, where women could run track for the first time, the 800 meter race was contested for women, but because they appeared very exhausted at the end of the race, the event was not run again until 1960.
- 1932 Lillian Copeland (Los Angeles High School) Olympic Champion in discus throw.
- 1942-45 War Years limit athletic competition for boys and girls.
- 1945 The image of "Rosie the Riveter" gives home to women athletes.
- 1950 CIF-SS sponsored a National High School Girls Tennis Tournament.
- 1952 Pat McCormick (Long Beach Wilson) Olympic Champion in diving.
- 1952 Maureen "Mo" Connolly (San Diego Cathedral) wins Wimbledon Tennis Tournament.
- 1955 Schools like Beverly Hills High School, coached by Barbara Wilson, swim against other high schools.
- 1958 Mickey Wright (Hoover of San Diego) wins golf U.S. Open.
- 1960 Billy Jean King (Long Beach Poly) plays tennis and will become the most famous female athlete in the United States.



- 1960 Results from the 1960 Olympics spur a movement in the United States to adopt girl's interscholastic sports to compete with the Soviets during the Cold War.
- 1960's Civil Rights, Free Speech and women's equality movements call for athletic completion for high school girls.
- 1964 Martha Watson (Long Beach Poly) Olympic Champion in track.
- 1965 State CIF Committee on Girls Sports report that medical experts believe there is no negative impact upon females who play sports.
- 1968 Coaching from the sideline in girls' basketball is legal and no longer a foul.

- 1970 First CIF-SS “sponsored” Girls Team Champion in swimming won by Millikan High School.
- 1970 Nationally, girls’ basketball goes from half court to full court, 6 to 5 players and a 35 second clock.
- 1971 Girls Interscholastic Advisory Board (GIAB) organized to control girls’ sports in CIF-SS.
- 1971 First nine CIF-SS girls’ sports: badminton, basketball, field hockey, gymnastics, softball, swimming, tennis, track and volleyball.
- 1971 First CIF-SS “official” Championship in girl's tennis.
- 1972 Title IX passed by Congress granting equal access to girls in athletics.
- 1972 Laura Baugh (Long Beach Wilson) women’s golf champion.
- 1972 Flo Hyman (Morningside High School) volleyball Olympian.
- 1972 Mira Costa wins first CIF-SS Volleyball Championship.
- 1973 Phyllis Blatz named CIF-SS temporary Administrative Assistant.
- 1973 San Marcos wins first CIF-SS Track Championship
- 1973 State Assembly passes a bill to make it legal that girls can play football.
- 1973 Katie White, Agoura High School, first CIF-SS All Around Gymnastic Champion.
- 1973 200 CIF-SS schools participating in sports
- 1973 Mary Decker (Orange High School) track Olympian.
- 1973 Girls can play on boys teams when there is no girls’ team in that sport offered by the school. Girls can play on football, baseball and wrestling teams.
- 1974 Mira Costa wins first CIF-SS Basketball Championship.
- 1974 Colton wins first CIF-SS Field Hockey Championship.
- 1974 Margaret Davis named first full time CIF-SS Administrative Assistant.
- 1974 Debbie Siewert, Alhambra High School, first female to win a CIF-SS medal in a boys sport...diving.
- 1974 El Segundo wins first CIF-SS Softball Championship.
- 1974 Schools must follow all CIF-SS rules in order to compete in girls’ sports. Biggest roadblock when women athletic coaches who did not want CIF-SS dictating how girls sports should be run.
- 1974 First formal CIF-SS competition with playoffs conducted in nine (9) sports: Badminton, Basketball, Field Hockey, Gymnastics, Softball, Swimming and Diving, Tennis, Track and Field, and Volleyball.
- 1974 First State CIF track meet for girls.

- 1974 All CIF-SS awards are equal for girls and boys  
 1974 Anne Myers (Sonora High School) Olympian and first to try out with a men's professional basketball team.



- 1975 Barbara Wilson (Beverly Hills High School) named as the first female member of the CIF-SS Executive Committee.  
 1976 Bishop Union wins first CIF-SS Cross Country Championship.  
 1976 Cross Country added as girls sport.  
 1976 CIF-SS hires Area Assignment Secretary to assign girl's officials  
 1978 Aligned girls' basketball into traditional winter season along with boys  
 1978 First State CIF Volleyball Tournament for girls.  
 1979 Soccer added as girls sport.  
 1979 Jill Sterkel (Wilson of Hacienda Heights) Olympic swim champion.  
 1979 Maureen O'Toole (Long Beach Wilson) water polo Olympian.  
 1982 Cheryl Miller (Riverside Poly) basketball Olympian.  
 1982 Cynthia Woodhead (Mission Viejo) swimming Olympic champion.  
 1983 Natalie Kaaiawaha (Fullerton High School) three times State Champion in the shot put.  
 1985 Darra Torres (Westlake School for Girls) Olympic swimming champion.  
 1986 Joy Fawcett (Edison High School) Olympic soccer champion.  
 1989 Julie Foudy (Mission Viejo High School) Olympic soccer champion.  
 1989 Lisa Fernandez (St. Joseph High School) Olympic softball champion.

1989 Janet Evans (El Dorado High School) Olympic swim champion  
1990 Lisa Leslie (Morningside High School) Olympic basketball champion.

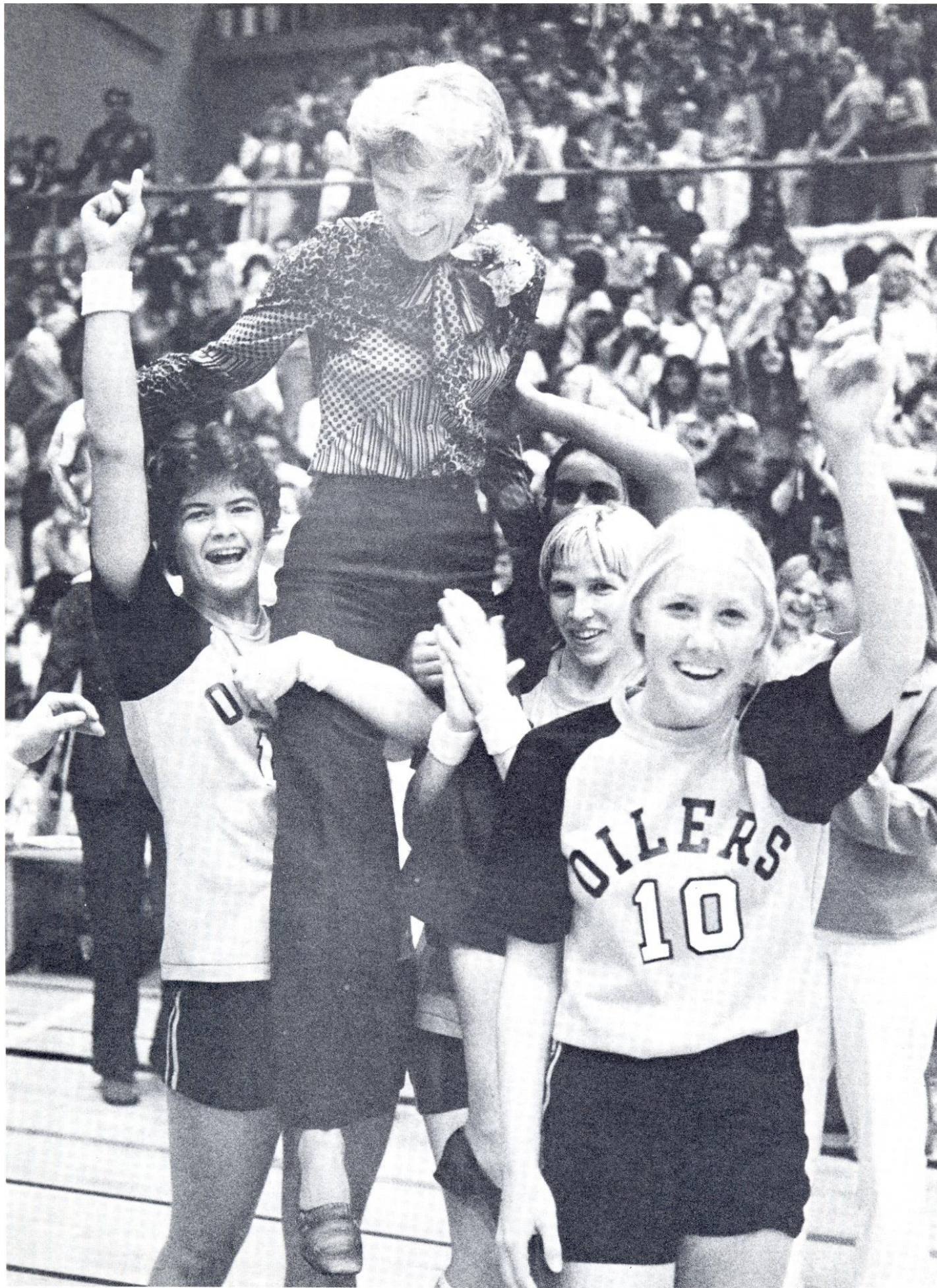


1991 Deena Drossin (Agoura High School) Olympic medalist in marathon.  
1992 Leah O'Brien (Don Lugo High School) Olympic softball champion.  
1992 Lindsay Davenport (Murrieta Valley High School) Wimbledon tennis champion.  
1993 Marion Jones (Thousand Oaks/Rio Mesa) Olympic track champion.  
1995 Joanna Hayes (J.W. North High School) Olympic track champion.  
1995 Misty May (Newport Harbor High School) Olympic volleyball champion.  
1996 Stacey Nuveman (St. Lucy's) Olympic softball champion.  
1998 Brenda Villa (Bell Gardens High School) Olympic water polo champion.  
1998 Marina High School wins first girls Water Polo Championship.  
1999 Amanda Beard (Irvine High School) Olympic swimming champion.  
2000 Dianna Taurasi (Don Lugo High School) Olympic basketball champion.  
2003 Allyson Felix (Los Angeles Baptist) Olympic track champion  
2005 Camy Craig (Santa Barbara High School) Olympic water polo champion.  
2011 First Girls State CIF Wrestling Championship  
2014 Girls Wrestling added as an official CIF-SS sport.



**All of the above named Olympic Athletes are included in the 100 Greatest CIF-SS Athletes**





Coach Joanne Kellogg enjoys the pleasurable activities following playoff victory after winning Huntington Beach's second consecutive 4A title in 1978. We may say that victory is sweetest for those who really strive.