



Spalding Official Speedball

**HISTORY OF THE CALIFORNIA  
INTERSCHOLASTIC FEDERATION  
SOUTHERN SECTION  
(CIFSS)**



33<sup>rd</sup> historical “tidbit.”

**SPEEDBALL**

Speedball was developed at the University of Michigan in 1921 by Elmer D. Mitchell. The sport became a very popular outdoor game in Southern California and was a small school substitute for football before six-man football was invented. It was more popular at than soccer because the hands could be used and resembled Gaelic football.

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**SPEEDBALL**  
REG. U. S. PAT. OFF.

**OFFICIAL PLAYING  
RULES  
COACHING  
HINTS.**

American Sports Publishing Company, New York

# SPEEDBALL

No. 9 B

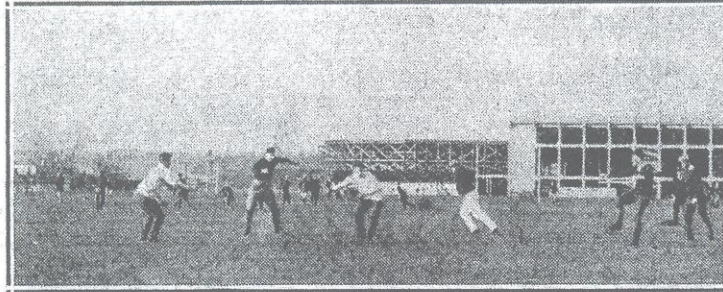
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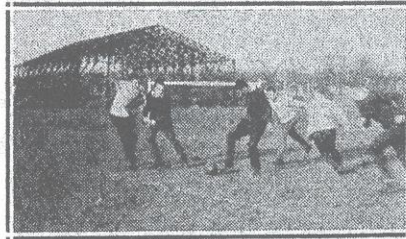


## OFFICIAL RULES

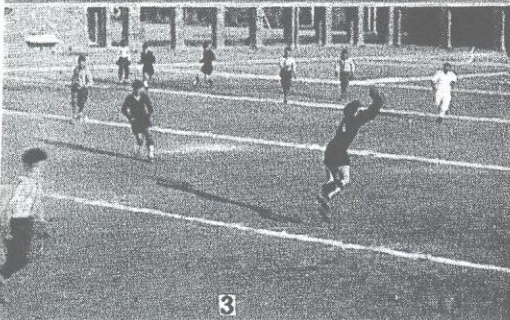
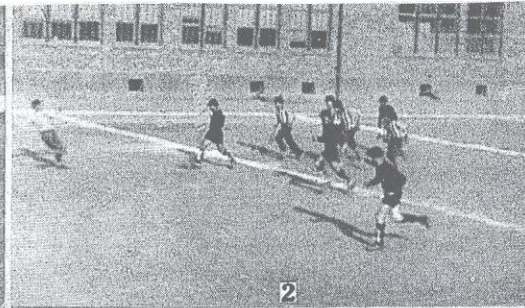
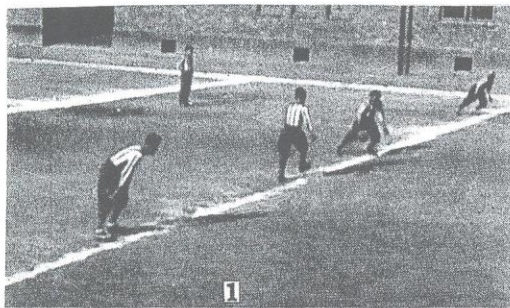
*M. N. Trieb*



## COACHING HINTS



PUBLISHED BY  
GEORGE J. MOE  
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1—Kick-off. 2—Team-kicking attack. 3—A fly ball. A ball kicked into the air may be played with the hands until it again touches the ground. 4—Stubbing the ball to team mate for Catch.

Courtesy Visual Text Sales Co., Los Angeles.



## SPEEDBALL



### ORIGIN AND DEVELOPMENT

Speedball is a modification of soccer that combines some basketball passing skills and the drop kick and pass scoring from football. The game was developed at the University of Michigan in 1921 by Elmer D. Mitchell as part of the men's intramural program. Its purpose was to provide a game that could be played and enjoyed by players of average athletic ability.

The game was immediately successful, and by 1926 Mitchell had the rules standardized and copyrighted. Gradually more and more schools began to play speedball, and today it is widely enjoyed all over the country, especially as a class and intramural sport. It is also played in Canada, Mexico, the Philippines and China.

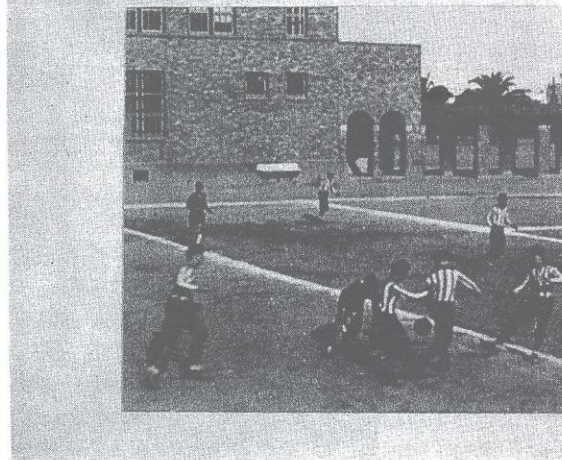
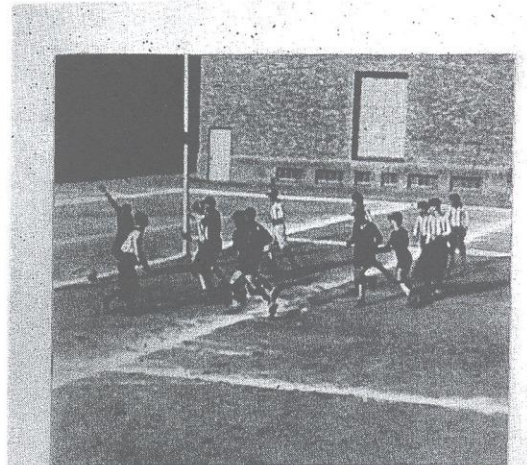
*A.G. Spalding & Bros.*

Spalding Official Speedball



## SPEEDBALL

This was a small school substitute for football before six-man football was invented. It was played on a football field with rules from soccer and basketball. A kick through the goal was three points, a kick over the cross bar was one point and a completed pass over the goal line was two points.



# SPEEDBALL

## History of Speedball

The game of speedball was developed by E.D. Mitchell at the University of Michigan in the early 1920's because of the need for a vigorous team game that could be played outdoors in the fall and that combined many of the elements found in other rather well-known sports. Many of the students in the mid-west had been introduced to basketball in public schools and they did not like soccer because of the restrictions regarding the use of hands on the ball. Touch football, while a popular game, had certain limitations in that many players on the team did not get to handle the ball regularly. Speedball eliminated many of these objections by providing a game that permitted all the players to participate in all aspects of the game. The game has developed rapidly and is now a widely played sport in physical education and intramural programs throughout the country.

## Basic Rules

Fields vary in size from 80 to 100 yards in length. In front of each goal post and extending across the field is a penalty area. Fouls committed in this area by the defense are penalized more severely than fouls committed outside the area. The ball is put into play by a free kick at the center of the field and all members of the kicking team must be behind the ball when it is kicked. The ball must travel forward the length of its circumference before it may be recovered by the offense. Defensive players must remain behind the restraining line, ten yards back, until the ball is kicked.

When a team causes the ball to go out of bounds on the sidelines, the opponents may put the ball into play by a pass. If the ball goes over the end lines without a score resulting, the opponents may put the ball in play by a pass or a kick.

## Scoring

There are 3 ways of scoring in speedball:

- **Field Goal:** Ground ball kicked under the cross bar and between the uprights. Scores 3 points.
- **Drop Kick:** Over the cross bar from outside the penalty area. Scores 2 points.
- **Touchdown:** Ball passed from the field of play to a teammate behind the goal line. Scores 1 point.

## Playing Privileges

- **Ground Ball.** A ground ball is one that is stationary, rolling or bouncing. While a ground ball, it cannot be played with the hands or any part of the arms, but must be kicked or bounced off the body.
- **Aerial or fly ball.** The ball may be caught, or otherwise played with the hands, whenever it is clearly a "fly ball", or one that has been raised into the air directly from a kick by one or both feet. A fly ball that has been caught may be held, passed, punted, drop-kicked or played as an overhead dribble.
- **Dribbling the ball.** A player may dribble the ball with his/her feet at will. A player may use one overhead dribble in advancing the ball without the aid of his/her teammates ~ he/she may throw the ball in any direction and run and catch it before it strikes the ground.
- **Goaltender.** The same rules of ground, aerial/fly and dribbling the ball apply to the goaltender as the other players. There is no limit to the number of goaltenders a team has.

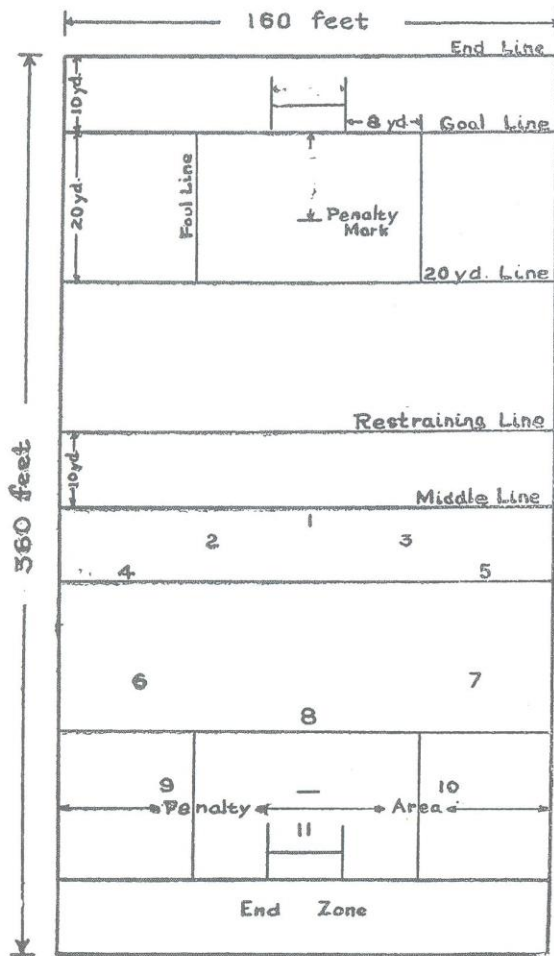


DIAGRAM OF PLAYING FIELD

Uprights, 20 ft. high; Crossbar, 18 ft. 6in. across, 10ft. from ground. 1, center; 2, left forward; 3, right forward; 4, left end; 5, right end; 6, left halfback; 7, right halfback; 8, full back; 9, left guard; 10, right guard; 11, goal guard. Penalty mark 10 yards from goal line.

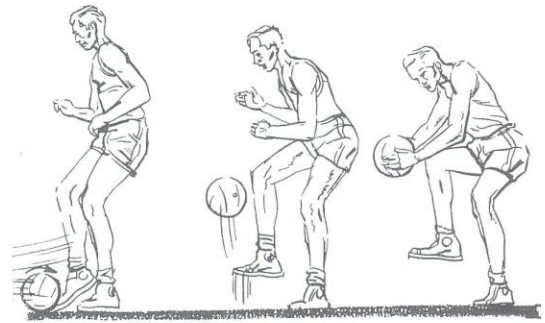


Fig. 83. One-foot kick-up.

#### VALUES OF SPEEDBALL

Speedball retains many of the desirable values of soccer and eliminates the features that are most difficult for the average player, from the standpoint of skill and condition, to perform. It seems to be natural for players to want to use their hands on aerial balls; this game allows for the expression of this tendency and in turn provides for more accurate and controlled passing than when the feet alone are used.

Unskilled soccer players are often afraid to head high balls; hence permitting use of the hands in speedball practically eliminates the need for this skill.

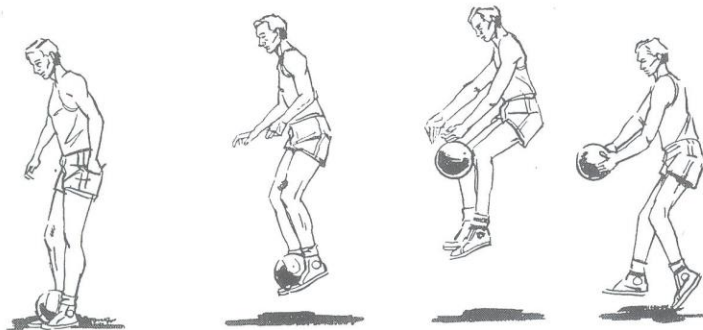


Fig. 82. Two-foot kick-up.

# Farmers Market Today

... with **FRED BECK**

SOMETIMES darn it you'd almost think this was a column instead of an adv. for the Farmers Market which is where anybody in their right mind would go if they wanted to buy a first rate artichoke—or an apple. But the way the press agents keep giving us inside tips about what we should put in the paper, you'd think it was a column.

Not once have I ever taken the bait—not even the time the man offered to give me four tickets to the circus if I would put it in the paper that the circus was in town, which it was. Good, too—but I paid for my seats.

Most persistent press agent is Clifford Doktor—faster on the draw than Ivy Lee in his hey days and twice as persuasive as Steve Hannigan. Better than Bob Doman even.

So—I'm not going to take any chance favoring one high school over another. So—just to keep everybody's chin dry I'll offer to buy another bond, after school today, if L. A. High's press agent isn't kept in after school. \* \* \* And what's the matter with University High? Venice is making you kids look silly at football, speedball, volleyball, basketball and at about everything but balls put on at the Bel-Air Golf Club. \* \* \* What with all that West End gilt in your school district, seems to me that if University High were to challenge Venice to a bond drive—you can't tell.

★ ★ ★

## TROY PIGSKIN PORTRAITS

Los Angeles Times (1896-Current File); Nov 20, 1936; ProQuest Historical Newspapers Los Angeles Times (1881 - 1985)  
pg. A14

# TROY PIGSKIN PORTRAITS

(This is the fifth of a series of personality sketches about Trojan and Bruin grid heroes who meet Thanksgiving Day in the Coliseum.—Editor's note.)

## NO. 5—COYE DUNN

Coye Elvis Dunn, better known to his University of Southern California football team mates as



Coye Dunn

"Punchy," was born March 7, 1916, on the plains of Eastern Colorado, thirty-five miles from the nearest town and ten miles from the nearest neighbor.

When Coye as a lad used to go to school, it was a real adventure. The school was a lonely frame building out on the plains thirty-five miles away, and Coye and his brother George, who was three years older, would start out on horseback at 4 o'clock in the morning and get there in time for the opening bell at 9. The teacher was a big fat fellow who stuttered, and Coye still claims that the hardship of that daily trip was worth it to see the old boy in action.

When Coye was 12 his parents decided to lease their cattle ranch and move to San Diego so that Coye and George and their two younger sisters, Maxine and Frieda, could have better schooling opportunities. Coye attended Emerson grammar school in San Diego and then Memorial Junior High School where he showed such athletic prowess that as a ninth grader he was captain of his school's teams in basketball, baseball, speedball and track.

Entering San Diego High School in September, 1932, Coye went out for football and alternated at right guard with Bob Sanders, now also a member of the Trojan squad. The next two years he played left half, which under Hobbs Adams, then San Diego High coach and now Trojan frosh coach, was a blocking back position.

## ALERT BALL HAWK

Coye rarely gets the chance to carry the ball but he has scored a couple of touchdowns. One was an 80-yard run after a pass interception in a game between San Diego and Phoenix high schools. The other was in the recent Southern California-Stanford game when he intercepted a pass and battled his way thirty-five yards to the goal line.

Coye's hobby is hunting and riding, naturally after his early life in the wide open spaces. He likes to break horses and hopes to return to ranching one of these days. Like all true cowboys, he's a musician. He played violin in a junior symphony orchestra in San Diego.

## JUST MARRIED

The most important item in Coye's life is saved for the last. On last August 30 he eloped to Yuma with Phyllis Listman of Beverly Hills. The only bragging he does is about his ability to wash a wicked dish.

If you want statistics, he's 20 years of age, is five feet, ten and one-half inches in height and weighs 194 pounds.

COLUMBUS (O.) Nov. 4. (AP)—Ohio State University's intramural athletic system has swung into action with sixteen teams engaged in speedball contests. Before the year is out, 5000 students will be enrolled. The curricula include horseshoe pitching, cross-country, volley ball, baseball, bowling, swimming, handball, tennis and soccer.

# Want to GET Fit *and* STAY Fit?

## Let Experts Show You How to Get More Out of Your Favorite Sports



LET THE CHAMPIONS and famous coaches show you how to get fit and stay fit—by improving your skill and getting more fun out of your favorite sports! It's really your duty these days to be physically fit for your job—and to relax your mind and body by playing games, and playing them well!

Find your sports in the list below. Each book listed is a full library size, well bound book—not a paper covered one. Each is filled with practical, "how-to-do-it" instructions—clear, simple and illustrated with diagrams, charts, split-second photos of champions in action!

The experts who wrote these books tell you—in simple language and clear pictures—exactly what to do and how to do it. Check carefully the list below. The books you select will be sent for five days' FREE EXAMINATION. No need to send any money now—nothing to pay to postman. And, after free examination, you need not keep books unless you yourself decide to do so!



### Which of These 42 Great "How-to-Do-It" Sports Books Do You Want to Examine FREE?

- 23. **GOLF**, *Patty Berg*—Famous champion demonstrates with clear simplified instructions and 76 "show-how" photographs, how to improve your golf. Leads you step-by-step, showing right equipment, grip, stance, address, wrist and hand action, wood play, iron play, putting, etc.
- 25. **SWIMMING**, *R. J. H. Ripshuth*—Yale's famous coach of American Olympic Swimming Teams now shows how to be a strong, easy swimmer, with plenty of speed and endurance. Important pre-water exercises; breast-stroke, back-stroke, popular free-style. Drawings, 94 photos show how. Special advice on teams.

#### Clair Bee's Basketball Books

Long Island U. basketball teams, coached by Clair Bee, have won over 92% of all games played in last 9 years! This great coach has put into the following 4 books the techniques, strategies and drills that spell victory on the court. Hundreds of diagrams and split-second photos of great teams in action.

#### 37. THE SCIENCE OF COACHING

Choosing squad; conditioning; training practice and coaching methods; building offenses, defenses, strategy and tactics; scouting; "fan" interest; building and maintaining team spirit, etc.

#### 35. LAWN GAMES

John R. Tunis—Archery, badminton, croquet, deck tennis, horseshoes, lawn bowls, shuffleboard, etc. Outdoor games for fun-loving families; school, church, camp recreational leaders. Complete with rules, diagrams, photographs.

#### 30. MAN-TO-MAN DEFENSE AND ATTACK

How to match each oppo-

ner, prepares experienced players for difficult tournaments. How to serve, attack, defend, train a team, referee, etc. Official rules.
- 22. **RIFLE MARKSMANSHIP**, *Wm. L. Stephens, Jr. 1st Lt., U. S. Army*—Practical guide for individuals, school and college rifle teams, soldiers, gun clubs. Off-hand, standing, prone, sitting, kneeling positions; rifle sling. Sighting, aiming, trigger squeezing, etc.
- 3. **BASEBALL**, *Daniel E. Jusco*—The "how-to" book for players and coaches of all ages and experience. Explained in easy-to-understand language, illustrated with action sketches and photographs of the big stars.
- 16. **SOFTBALL**, *Arthur T. Moran*—Explained in complete, but simple detail by expert. How to improve players and teams. Official rules, equipment, etc.; primary, secondary, etc.
- 26. **SOFTBALL FOR GIRLS**, *Viola Mitchell*—Salest of all team sports for girls, yet vigorous enough to keep figures trim! How to improve throwing, catching, batting, etc. Special chapters on coaching, umpiring. Sketches, diagrams, photos.
- 19. **SKATING**, *Harold Putnam and Dwight Parkinson*—Sensible, easy-to-follow instructions on "plain-skating," speed skating, figure-skating, free skating, "dancing," care of ice surfaces, etc.
- 26. **ICE HOCKEY**, *Eddie Jeremiah*—Dartmouth's famous ice hockey coach teaches you his secrets of "heart's up" play. Conditioning, stick-handling, passing and shooting, playmaking, individual tips and tricks, goal tending; diagrams of best positions and plays. Flash photographs of basic techniques, great teams in action.
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11. **SIX-MAN FOOTBALL**, *Ray O. Duncan*—Instead of having to use too-small, too-young players to scrape up a standard eleven, many schools now play six-man football—lots of exciting, easier to make up team. Here are rules, plays, techniques, formations, etc., illustrated with diagrams, photos, sketches.

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7. **BOXING**, *Edwin L. Haldet*—Not only WHICH techniques to learn, but WHEN and HOW to learn and use them. Easy-to-understand text, clear drawings explain position, hitting, blocks, footwork, training, etc.

13. **LACROSSE**, *Tad Stanwick*—"Fastest game on two feet." Fun to learn, tough, strenuous. History, terms, rules, defense, attack, team-play, coaching, equipment, sample plays. Diagrams, charts, action photos.

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28. **SOCCER AND SPEEDBALL FOR GIRLS**, *Florence L. Hupprich*—Two lively games for girls, explained in simple terms. Rules, playing positions, teaching and coaching suggestions, umpiring, etc. Only book on speedball ever published! Diagrams illustrate plays, maneuvers.