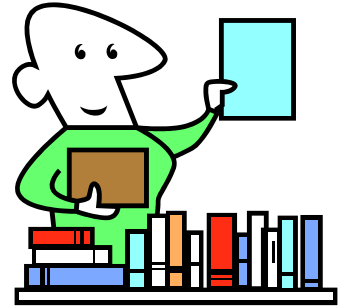


HISTORY OF THE CALIFORNIA
INTERSCHOLASTIC FEDERATION
SOUTHERN SECTION
(CIFSS)

19th historical “tidbit.”

THE FIRST BLUE BOOK
September, 1945



“...the Law and the Prophets”

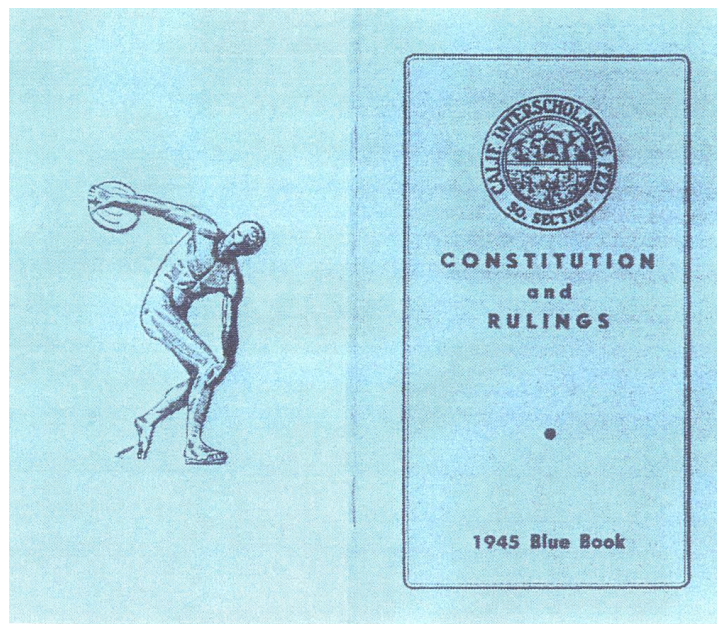
From the minutes of the “CIFSS Monthly Bulletin” of September, 1945:

THE 1945 BLUE BOOK

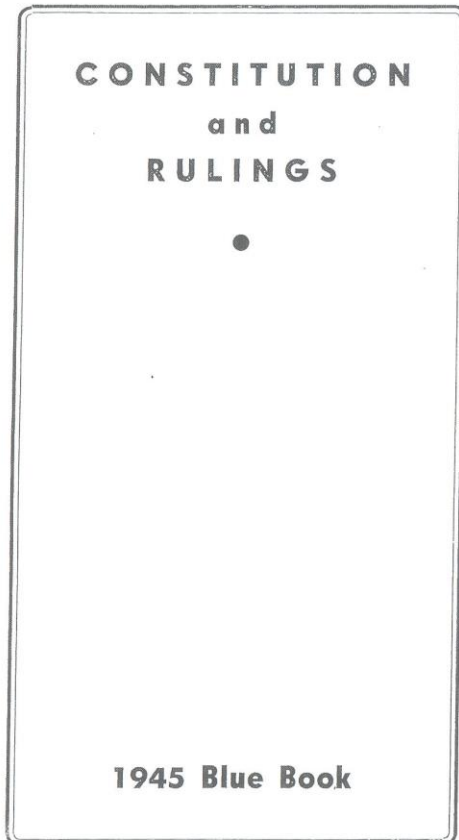
“The Constitution and Rulings of the CIFSS have been brought down to date and reprinted. Five copies to each school are enclosed with this Bulletin. This new booklet, blue in color, will be referred to by the CIFSS office as ‘The 1945 Blue Book.’”



To the schools that are members of the CIFSS this booklet is ‘The Law and the Prophets’ of interscholastic athletics. Coaches and administrators new to Southern California will find most of their questions in regard to interscholastic athletics among our schools explained and answered. Some of the old timers may do well by giving the new edition of our rules ‘the once over.’”



The 1945 Blue Book was called the “Constitution and Rulings” and the 2006 Blue Book is referred to as the “Constitution, By-Laws and Rulings.” It is interesting to note that the 1945 Blue Book is 44 pages in length and the 2006 Blue Book is 264 pages. The 1945 Blue Book uses approximately 3 pages to cover eligibility and the 2006 Blue Book uses 24 pages. Some interesting information from the 1945 Blue Book:




Southern Section
Academics / Integrity / Athletics

BLUE BOOK



CIF-SS Offices



2006-2007

Constitution & By-Laws

THE CALIFORNIA INTERSCHOLASTIC
FEDERATION

HISTORICAL SKETCH

The California Interscholastic Federation was organized at a high school athletic convention held at the Y.M.C.A. Field House, Los Angeles on March 28, 1914.

The convention followed a number of conferences in which there had been agreement that high school athletic contests to be of value to the schools and the participants should be organized under the control of the responsible head of the schools.

The general purpose of the State Federation is to make possible uniform practices in conducting athletics in all parts of the state, to centralize control and to foster clean and sportsman-like competition and conduct in athletic contests.

For purposes of administration, California is divided into six sections. Each section has two representatives on the State Council, except the Oakland City Section, which has one. The State Council has complete control of all state championships in high school athletics and may specify all details as to methods and places for conducting the contests.

In this booklet are set forth briefly the purposes, organization and administration of the council of the C. I. F., Southern Section, (one of the six sections of the State Federation), as embodied in the constitution and established rulings.

IV

ELIGIBILITY RULES

In order to compete in interscholastic athletics, a pupil must:

(a) Be under nineteen years of age. (Note A: The birthday date given by a boy on entering school shall remain the official date while he is in high school, and his age cannot be reduced except by legal evidence in the form of a birth certificate or a certified copy of said birth certificate.) After September 1, 1939, the following State Rule shall apply:

A boy may not compete after he has reached his 19th birthday except that if he has not passed his 19th birthday by September 1 of any school year he may compete for that entire school year.

(b) Be an amateur. An amateur is one who has not:

(1) Coached or taught athletics for pay.

(2) Competed in any game or contest where any member or members of his team received a compensation: "A public tryout by an athlete for a professional team or solicitation of employment for gain of his athletic services automatically disqualifies such athlete from further amateur competition." When an athlete signs a contract for his services as an athlete, he automatically becomes ineligible for amateur competition.

(3) Competed

(a) For cash, for merchandise, or for any compensation;

(b) For a personal prize of any sort over \$35.00 in value;

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(c) Under an assumed name.

(State Rule)—One who has been declared a professional shall automatically be debarred from competition during the remainder of that season and for one full year thereafter.

(c) Be an undergraduate in a high school.

(d) Have attended high school not more than eight semesters after completing the 8th grade. (See semesters of attendance).

(e) Passed in four subjects the previous semester, one of which may be physical education.

(f) Be passing in four subjects of new work for the current semester to the date of competing. One of the four may be physical education.

(g) Have met the residence requirements. (See residence requirements.)

(h) Have not been a member or a pledge of a high school fraternity at any time.

(i) Have the correct exponents for his class. (See classification.)

(j) Not compete on any outside team in the same or any other sport during the school season of any sport. (State Rule.)

(k) Must have been a member of a high school at least ten weeks of the semester immediately preceding, unless he was promoted from an elementary or junior high school the semester immediately preceding.

VIII

RESIDENCE REQUIREMENTS

(1) No pupil shall take part in any contest who has not been a member of a high school for at least ten weeks of the semester immediately preceding. This rule does not apply to

pupils entering from an eighth grade nor to pupils passing in three units of ninth or tenth grade work in a junior high school the preceding semester.

(2) A pupil who transfers from one high school to another must have been eligible under the rules of the C. I. F., Southern Section, in the school from which he transferred. He must bring evidence that he was compelled to transfer on account of a change of residence of his legal parents or guardian; otherwise he must have been in the new school at least ten weeks of the semester immediately preceding before he becomes eligible. Letter men moving from one school to another within the C. I. F., Southern Section, without a change of residence of parent or legal guardian must be in the second school one year before they become eligible. This letterman rule applies to classes A, B, C, and D.

(3) A boy lives in District A with his parents or legal guardian. The parents or legal guardian moves to District B. The boy is eligible to compete in District A, District B, or District adjacent to District B, providing legal authorities of District B approve the boy's transfer to adjacent District. If the boy remains in school in District A after the beginning of the next school year and then transfers, he loses the right to compete for a semester, or for a year if he is a letter man.

(4) A boy who has been living at a boarding school or in a State institution becomes residentially eligible at once if he returns to the home of his parents and enters the high school in the district in which his parents live.

ATHLETIC RECORDS AVAILABLE

The Helms Olympic Athletic Foundation, at 117 West Ninth Street, Los Angeles, has built up a very fine athletic library. Mr. Wm. R. Schroeder, the Director, is equipped to give information regarding events, teams, or individuals concerned with athletics. When writing for information, a stamped, self-addressed envelope should be sent.

Athletic reports sent to Mr. Schroeder will be carefully tabulated, indexed, and filed so as to be available at any time.

XIV

PAY OF OFFICIALS FOR ATHLETIC CONTESTS

(1) The following are to be the maximum uniform fees for athletic officials. Exceptions are subject to adjustment by the Commissioner of Athletics. These fees include transportation.

Football—Double Header A and B	\$12.50
Football—Class A	8.50
Football—Class B	8.00
Football—Class C	8.00
Basketball—Double Header A and B	8.00
Basketball—Class A or B	6.00
Basketball—Double Header C and D	5.00
Basketball—Class C or D	5.00
Baseball—Class A	8.50

(2) In any play-off games between leagues where officials are appointed by the Commissioner of Athletics, if the traveling expenses of any official exceed \$5.00, the Commissioner of Athletics must approve the amount allowed.

GAME CLOSING TIME

10 MINUTES AFTER SUNDOWN

LOS ANGELES AREA

Compiled from

U. S. Weather Bureau Records

Los Angeles, Cal. Latitude 34° 3' 1.75" N.

	September		October		November		December	
	Rise	Set	Rise	Set	Rise	Set	Rise	Set
1...	5 27	6 19	5 48	5 38	6 13	5 01	6 41	4 44
2...	5 27	6 18	5 48	5 36	6 14	5 00	6 41	4 44
3...	5 28	6 17	5 49	5 35	6 15	4 59	6 42	4 44
4...	5 28	6 16	5 50	5 34	6 16	4 58	6 43	4 44
5...	5 29	6 14	5 51	5 32	6 17	4 57	6 44	4 44
6...	5 30	6 13	5 51	5 31	6 17	4 56	6 45	4 44
7...	5 31	6 11	5 52	5 29	6 18	4 55	6 46	4 44
8...	5 31	6 10	5 53	5 28	6 19	4 55	6 47	4 44
9...	5 32	6 08	5 54	5 27	6 20	4 54	6 47	4 44
10...	5 33	6 07	5 54	5 26	6 21	4 53	6 48	4 44
11...	5 34	6 05	5 55	5 24	6 22	4 52	6 49	4 44
12...	5 34	6 04	5 56	5 23	6 23	4 51	6 49	4 45
13...	5 35	6 03	5 57	5 22	6 24	4 51	6 50	4 45
14...	5 35	6 02	5 58	5 21	6 25	4 50	6 51	4 45
15...	5 36	6 00	5 58	5 19	6 26	4 49	6 51	4 45
16...	5 37	5 59	5 59	5 18	6 27	4 49	6 52	4 46
17...	5 38	5 57	6 00	5 17	6 28	4 48	6 53	4 46
18...	5 38	5 56	6 00	5 16	6 29	4 48	6 53	4 47
19...	5 39	5 55	6 01	5 15	6 30	4 47	6 54	4 47
20...	5 40	5 53	6 02	5 13	6 31	4 47	6 54	4 47
21...	5 40	5 52	6 03	5 12	6 31	4 47	6 55	4 48
22...	5 41	5 50	6 04	5 11	6 33	4 46	6 55	4 48
23...	5 42	5 49	6 05	5 10	6 34	4 46	6 56	4 49
24...	5 43	5 47	6 06	5 09	6 35	4 45	6 56	4 50
25...	5 43	5 46	6 07	5 08	6 35	4 45	6 57	4 50
26...	5 44	5 45	6 07	5 07	6 36	4 45	6 57	4 51
27...	5 45	5 43	6 08	5 06	6 37	4 44	6 57	4 51
28...	5 45	5 42	6 09	5 05	6 38	4 44	6 58	4 52
29...	5 46	5 41	6 10	5 04	6 39	4 44	6 58	4 53
30...	5 47	5 39	6 11	5 03	6 40	4 44	6 58	4 53
31...	6 12	5 01	6 59	4 54

ATHLETIC CLASSIFICATION TABLE

Good Only For the School Year
1945 - 1946

Exponent	Birth Date (Inclusive) Computed as of Sept. 1, 1945	Height	Weight	Exponent
13	June 2, 1931	43 1/2	78	13
14	Dec. 1, 1931	44	84	14
15	June 2, 1932	45 1/2	85	15
16	Dec. 1, 1932	47 1/2	90	16
17	June 2, 1933	49 1/2	91	17
18	Dec. 1, 1933	51 1/2	96	18
19	June 2, 1934	53 1/2	103	19
20	Dec. 1, 1934	55 1/2	109	20
21	June 2, 1935	57 1/2	115	21
22	Dec. 1, 1935	59 1/2	121	22
23	June 2, 1936	61 1/2	128	23
24	Dec. 1, 1936	63 1/2	131	24
25	June 2, 1937	65 1/2	140	25
26	Dec. 1, 1937	67 1/2	141	26
27	June 2, 1938	69 1/2	146	27
28	Dec. 1, 1938	71 1/2	151	28
29	June 2, 1939	73 1/2	155	29
30	Dec. 1, 1939	75 1/2	160	30
31	June 2, 1940	77 1/2	165	31
32	Dec. 1, 1940	79 1/2	171	32
33	June 2, 1941	81 1/2	178	33
34	Dec. 1, 1941	82	184	34
35	June 2, 1942	84	190	35
36	Dec. 1, 1942	86	191	36
37	June 2, 1943	88	191	37
38	Dec. 1, 1943	90	191	38

CLASSES

- Class "D"—Sum of exponents 77 and below
- Class "C"—Sum of exponents 78 to 81
- Class "B"—Sum of exponents 82 to 87
- Class "A"—Sum of exponents 88 and above

EXAMPLE

Age 15 years, 5 months	
Exponent for age	31
Height 68 inches	
Exponent for height	32
Weight 125 pounds	
Exponent for weight	20
Sum of exponents	83

(1) For classification purposes the age of a boy during any school year is his age on September 1 of that school year.

(2) The height is to be taken without shoes. All fractions of inches of less than one half inch are to be disregarded.

(3) The weight is to be taken without clothing. Fractions of pounds are to be disregarded.

(4) Find from the table the proper exponents for age, height and weight as determined above.

(5) Add the exponents. (See example above.)

(6) When the sum of the exponents is 88 or more, a boy may compete only on Class "A" teams. When the sum of the exponents is 82 to 87 inclusive, the boy is rated as Class "B" and may compete only on Class "B" and Class "A" teams. When the sum of exponents is 78 to 81 inclusive, he is rated as Class "C" and may compete only on Class "C", Class "B", and Class "A" teams. When the sum of exponents is less than 78 he is rated as Class "D" and may compete in any class.

(7) Each pupil, if he is to compete in any class other than Class "A", must be classified by finding his three point rating, the weight and

ATHLETIC CLASSIFICATION TABLE

Exponent	Age	Height	Weight	Exponent
13	10 yrs. 9 mo. to 11 yrs. 2 mo.	47 down	79 - 84	13
14	11 yrs. 3 mo. to 12 yrs. 8 mo.	49 1/2	85 - 90	14
15	12 yrs. 9 mo. to 13 yrs. 4 mo.	51 1/2	91 - 96	15
16	13 yrs. 9 mo. to 14 yrs. 4 mo.	53 1/2	97 - 103	16
17	14 yrs. 9 mo. to 15 yrs. 4 mo.	55 1/2	104 - 109	17
18	15 yrs. 9 mo. to 16 yrs. 4 mo.	57 1/2	110 - 115	18
19	16 yrs. 9 mo. to 17 yrs. 4 mo.	59 1/2	116 - 121	19
20	17 yrs. 9 mo. to 18 yrs. 4 mo.	61 1/2	122 - 128	20
21	18 yrs. 9 mo. to 19 yrs. 4 mo.	63 1/2	129 - 134	21
22	19 yrs. 9 mo. to 20 yrs. 4 mo.	65 1/2	135 - 140	22
23	20 yrs. 9 mo. to 21 yrs. 4 mo.	67 1/2	141 - 146	23
24	21 yrs. 9 mo. to 22 yrs. 4 mo.	69 1/2	147 - 153	24
25	22 yrs. 9 mo. to 23 yrs. 4 mo.	71 1/2	154 - 159	25
26	23 yrs. 9 mo. to 24 yrs. 4 mo.	73 1/2	160 - 165	26
27	24 yrs. 9 mo. to 25 yrs. 4 mo.	75 1/2	166 - 171	27
28	25 yrs. 9 mo. to 26 yrs. 4 mo.	77 1/2	172 - 178	28
29	26 yrs. 9 mo. to 27 yrs. 4 mo.	79 1/2	179 - 184	29
30	27 yrs. 9 mo. to 28 yrs. 4 mo.	81 1/2	185 - 190	30
31	28 yrs. 9 mo. to 29 yrs. 4 mo.	83 1/2	191 up	31
32	29 yrs. 9 mo. to 30 yrs. 4 mo.	85 1/2		32
33	30 yrs. 9 mo. to 31 yrs. 4 mo.	87 1/2		33
34	31 yrs. 9 mo. to 32 yrs. 4 mo.	89 1/2		34
35	32 yrs. 9 mo. to 33 yrs. 4 mo.	91 1/2		35
36	33 yrs. 9 mo. to 34 yrs. 4 mo.	93 1/2		36
37	34 yrs. 9 mo. to 35 yrs. 4 mo.	95 1/2		37
38	35 yrs. 9 mo. to 36 yrs. 4 mo.	97 1/2		38

height to be taken during the first two weeks of the year in which such competition takes place. Such weight and height is to be taken by a faculty member from some other school and certified by such visiting member, who shall file with the Commissioner of Athletics a duplicate certified copy containing the name, weight, and height of each pupil. Said copy is to be made on a regular form supplied by the Commissioner of Athletics, and mailed immediately to the Commissioner. Pupils enrolling after start of school year must be weighed and measured within two weeks of registration.

(8) A boy who enrolls during the first two weeks of the first semester and who for any reason is not weighed in as provided in paragraph 7, above, may be weighed in at any time after the end of the first quarter.

(9) Each school playing other than Class "A" teams must file with the Commissioner of Athletics of the C. I. F., Southern Section, on blanks supplied by the Commissioner of Athletics, the three point data of all pupils participating in athletics below Class "A" in any given sport. This must be done before the beginning of the season of that given sport, except in track, which must be filed before February 15. (See SEASON OF SPORT.) Schools that do not file such data according to the rule will not be scheduled in any semi-final contest.

(10) When a boy reaches the maximum points for any classification, he must pass to the next classification the following year.