HISTORY OF THE CALIFORNIA
INTERSchOLASTIC FEDERATION
SOUTHERN SECTION
(CIFSS)

11th historical “tidbit.

HORSE SHOES, FOOTBALL THROW, QUOITS, OTHER SPORTS
AND ONE YEAR RULE

Interesting items gleaned from the minutes of the State CIF and CIF Southern Section Council meetings:

- “The use of the terms ‘major and minor’ sports should be eliminated and the proper emphasis placed on all sports according to their educational values to those who participate” (January, 1932).

- Official Horseshoe Rules were articulated in the January, 1932, minutes including weight of the shoes and the admonishment that, “No contestant shall make any remarks or utter any sound within hearing of the opponent, or make any movement that might interfere with opponent. Penalty is that both his shoes are declared foul.”

- It was decided that the Football Throw be included in the 1932 Meet in accordance with the following regulations: “Football pass for distance. Ball to be passed between parallel lines five yards apart. Javelin rules of throwing shall apply. If ball touches either parallel line the throw does not count. The football shall have regulation intercollegiate specifications. Medals will be awarded for this event, but points not be counted” (State minutes, November 28, 1932). “Nothing shall be used on the hands of the contestants which shall in anyway interfere with others who wish to use the ball” (State Minutes, December 1, 1934).

- “The eligibility of life guards as members of water polo teams is to be a matter of discussion for the next meeting” (February 16, 1920).

- “Mr. Barry then reported that the Bay League recommend that a ‘letter’ man, moving from one school to another, be not allowed to play on the new school team unless he has resided in that School
district at least one year except of his parents move with him” (October 7, 1923).

- Some of the CIF-SS schools competed against each other in “Quoits”…some used the term “Ringum.”

- Pomona won the unofficial title in 1913, 1914, 1915 and Long Beach Poly won the title in 1916

- Unique schools not placed in a league by the CIF in 1923 (May 26, 1923):
  
  San Luis Obispo State  
  Pasadena Military Academy  
  U.S.C. Preparatory Academy  
  George Junior of Chino (named for William Reuben George of Boys Republic fame)

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Early difficulties in communication within the CIFSS:

“We are tired of fooling.”

San Bernardino High School
San Bernardino, California

December 28th, 1923.

Sr. H. C. Wilson,
Principal, High School,
San Bernardino, California.

Dear Sr. Wilson:

I am sorry to bother you, but for some reason, which I will explain later, we are unable to get any information regarding the action of the C. I. F., Southern Section, this year.

L. L. Berman, Principal of the Boys' High School of Riverside, is President of our League this year, and as such our representatives in the C. I. F. Of course, he is a new man in our League, yet we have instructed the several times that it is to send each Principal in the league a copy of the minutes of the C. I. F., which you, as secretary, send to him. Up to the present time we have received nothing, though I understand you have had several meetings.

We are tired of fooling. If you will be kind enough to send me a copy of the minutes of each meeting, I will gladly make other copies and send out to the other Principals in the League. We are entirely out of touch with the C. I. F. and do not know anything of its plans.

Thank you for this favor. I am,

Yours very truly,
L. L. Berman, Principal.
UNIQUE SPORTS PLAYED BY CIF-SS MEMBER SCHOOLS
(all of these sports had official results against other member schools)

- Archery
- Bowling
- Boxing
- Checkers
- Chess
- Curling
- Cycling
- Equestrian
- Fencing
- Handball
- Horseshoes
- Ice hockey
- Karate
- Moto-cross
- Polo (horses)
- Quoits
- Rifle
- Rodeo
- Roller hockey
- Rowing/crew
- Rugby
- Sailing
- Softball for boys
- Speedball
- Squash
- Surfing
- Skiing/snowboarding
The football throw is now a regular event in the State Track and Field Meet. Great interest is being taken in the event, as is shown by the rapid increase in the distance thrown. The event is conducted in accordance with the following ruling:

"Ball to pass between diverging lines 5 yards apart and 100 feet from the throwing line. Javeline rules of throwing shall apply. If the ball touches either parallel line the throw does not count. The football shall have intercollegiate specifications."

The following diagram shows the range, and the method of measuring:

All measurements to be made at right angles to the restraining line. Ball striking line is out.

The host school will furnish two footballs.
California Interscholastic Federation
State High School TRACK AND FIELD MEET

Fresno State College Stadium
Fresno, California
Saturday, May 25, 1935

FEDERATED COUNCIL MEMBERS

C. L. BIEDENBACH  HERMAN SPINDT
C. L. GEER  HOMER S. TOMS
MARRY MOORE  SYDNEY A. TIBBETTS
W. H. ORION  LEO A. WADSWORTH
E. W. OLIVER

OFFICIALS

CALIFORNIA INTERSCHOLASTIC FEDERATION
STATE RECORDS
May 1, 1935

Football Throw

<table>
<thead>
<tr>
<th>Rank</th>
<th>Name</th>
<th>School</th>
<th>Distance</th>
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<tbody>
<tr>
<td>2</td>
<td>Baird</td>
<td>Sanger</td>
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<td>35</td>
<td>Simmons</td>
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<tr>
<td></td>
<td>White</td>
<td>Stockton</td>
<td>154</td>
</tr>
</tbody>
</table>

Winner: Bradshaw, Redonde
2nd: Friedman, Santa Monica
3rd: Minnear, Santa Barbara
4th: Raitt, Fullerton
5th: Feneback, Pittsburg
6th: Allen, Berkeley
7th: Shelby, Martinez
8th: Pinkham, Santa Cruz