

2015 BASEBALL



PLAYOFF BULLETIN



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TO: CIF-SS ATHLETIC DIRECTORS/HEAD BASEBALL COACHES

FROM: GLENN MARTINEZ, ASSISTANT COMMISSIONER

RE: **2015 CIF SOUTHERN SECTION BASEBALL PLAYOFF BULLETIN**

DATE: APRIL 11, 2015

With the 2015 Southern Section CIF Baseball Championship Playoffs approaching, this bulletin is designed to assist you with your organizational plans. For your information, we no longer use enrollment based playoff groupings. Teams are entered into the playoffs by their leagues, with all teams from the same league participating in the same playoff division. The Southern Section office will prepare the draw. Please review this bulletin, and after reviewing its contents if you have any questions, please do not hesitate to contact this office.

1. RULES

All playoff games will be conducted using the 2015 National Federation Baseball rules, **except** where Blue Book rulings or **this bulletin supersede**. All playoff games will be of 7 (seven) innings duration. **Blue Book Rule 1522.2 states, “Teams entered in the baseball playoffs will not be permitted to take batting practice on the day of a playoff game prior to the commencement of the contest.”** Batting practice will be construed as ANY type of pitching motion with ANY type of ball from in front of the batter (including pitching machines and overhand throwing). With the consultation and support of the C.I.F. Southern Section Baseball Coaches Advisory Committee, the rules are as follows... **THE ONLY ACCEPTABLE BATTING WARMUP WILL BE SIDE SOFT TOSS, BATTING TEE WORK OR PEPPER.**

A) For side soft toss, the guidelines are as follows: the tosser should be on a knee, to the side of the batter and the ball should be lifted, not pitched, to the batter.

B) For pepper, the guidelines are as follows: the maximum distance between the pitchers/fielders and the hitter is 40 feet and batted balls are to be directed toward the pitchers/fielders

C) To clarify any questions that may arise. “Tracking”, the idea that hitters will stand in a batter’s position, while pitchers throw overhand to a catcher, and “track” pitches as they come toward the plate, is not considered batting practice by definition and is allowable prior to playoff contests. Batters who swing, or attempt to swing or bunt in any fashion, will be in violation of this rule and may face the consequences of that action. Coaches should be very careful to monitor any and all pre-game activities.

THE PENALTY FOR BATTING PRACTICE WITH WIFFLE BALLS, SOFTBALLS, BASEBALLS, ETC. MAY BE FORFEITURE OF THE GAME. Games will start at the scheduled time and each team will be allowed a maximum of 15 minutes for infield practice. The 10-run rule will NOT be in effect.

2. UMPIRES

The Commissioner, on the basis of merit for the particular official's work during the regular season, will appoint umpires for all playoff contests. Each non-final game will be assigned three officials. Umpire's fees shall be charged to game expenses if there is an admission charge. In all playoff games, for all divisions prior to the Semifinals, there shall be 3 umpires and each umpire shall receive \$77.00 each. Semi-final contests will be made up of 4 umpires, who shall receive \$77.00 each. In all Championship Games (Finals), all 4 umpires shall receive \$82.00 each. (Any official entitled to mileage will be compensated according to the formula submitted with this bulletin).

3. COACHES

Coaches of the host team are responsible for typing the ground rules on cards and presenting copies to umpires and the opposing coach prior to the game. No player or adult may coach from the first or third base box that is not in uniform. Any player in a coaching box must be listed on the certified eligibility list submitted to the CIF-SS office.

Reminder, NFHS Baseball Rules 3-3-1-a and 3-3-1-j, which deal with the following issues, will be enforced for all playoff games.

3-3-1-a – “A coach, player, substitute, attendant or other bench personnel shall not: (a) leave the dugout during a live ball for an unauthorized purpose.”

3-3-1-i – “A coach, player, substitute, attendant or other bench personnel shall not: (j) be outside the designated dugout, (bench) or bullpen area if not a batter, runner, on-deck batter, in the coach's box or one of the nine players on defense.”

4. TEAM ROSTER

A team roster must be completed in www.cifsshome.org (Teams, Varsity) PRIOR to your first playoff contest. This list will suffice for all remaining baseball playoff contests unless there are changes and/or additions. If a player(s) needs to be added to the roster list, please revise your roster before this student is allowed to compete in a playoff contest.

5. HOST TEAM

In all first round baseball contests, the host team shall be predetermined by the Commissioner in accordance with CIF-SS regulations in Article 3200, Section 3203, pages 243-244 of the Blue Book.

Determination of the host team in subsequent rounds will also be the responsibility of the Commissioner. **After the first round, the team having the fewest number of home games shall automatically be the home team.** When both teams have had an equal number of home games, the Commissioner shall toss a coin to decide the host team. **The coin flips for second round contests will take place in the lobby of the CIF-SS office at 9:00 a.m., the morning following the first round contests, and those interested are invited to be present.** When a school has been designated as the host team for a baseball contest, it shall (1) act in that capacity unless excused by the Commissioner; and (2) be considered the host team regardless of where the game is being played.

COIN FLIPS FOR SECOND ROUND, QUARTERFINALS, SEMIFINALS AND FINALS

In an effort to give schools as much time as possible to prepare for baseball playoff contests, we will be conducting coin flips in the lobby of the C.I.F.-SS office for home teams for the Second Round, Quarterfinals, Semifinals and Finals according to the following schedule:

- Second Round – Friday, May 22 – 9:00 a.m. – Divisions 1, 3, 5 and 7
- Second Round – Saturday, May 23 – 9:00 a.m. – Divisions 2, 4 and 6
- Quarterfinals – Wednesday, May 27 – 10:00 a.m. – All Divisions
- Semifinals – Saturday, May 30 – 9:00 a.m. – All Divisions
- Finals – Wednesday – June 3, 10:00 a.m. – All Divisions

6. LOCATION OF GAMES

The host school is charged with the responsibility of securing an adequate diamond for the holding of a playoff contest. The Commissioner must approve such facilities. Approval will be based upon size of playing field, adequacy of seating to handle the anticipated crowd, condition of diamond, etc. The diamond of the host school may be used, provided it meets CIF-SS standards as determined by the Commissioner. It is recommended that, when possible, schools use enclosed facilities with an outfield fence for playoff games. It is suggested that a mandatory pre-game meeting be held for all games. Crowd control, supervision and the playing facility should be some of the items discussed at this meeting.

DIVISIONS 1 THROUGH 4 QUARTER-FINAL AND SEMI-FINAL GAMES

These games must be played at a field with outfield fences. If your home site does not have an outfield fence, you must secure a site that does for a **quarter-final** and **semi-final** game. Additionally, it is strongly suggested that Divisions 5, 6 and 7 games be played at a site with an outfield fence.

DIVISION I SEMI-FINAL GAMES

The Division I semi-final games will be hosted by the CIF Southern Section. The games will be played on TUESDAY, JUNE 2, 2015 at Blair Field in Long Beach, with the first contest at 4:00 p.m. and the second contest at 7:00 p.m. On Saturday, May, 30, after the conclusion of the quarterfinal games, the teams who will play the 4:00 p.m. and 7:00 p.m. games will be announced. The CIF-SS will manage the contests, paying all expenses including mileage. The schools will not share in the gate receipts. Admission will be \$8.00 for adults, \$5.00 for students, with valid high school I.D. cards and \$5.00 for children 13 and under.

DIVISION 1– 7 FINALS

Divisions 1, 2, 3 and 4 Finals will be at, 66ers Baseball Stadium on Saturday, June 6, 2015. Divisions 5, 6 and 7 Finals will be on Saturday, June 6, 2015 at the University of California, Riverside Baseball Stadium.

7. TIME OF GAME

All games (other than the Championship Finals) are scheduled to begin at 3:15 p.m. on the designated date. A school may play at other times, or on other days, if it is **mutually agreeable** to both competing schools and approved by the CIF office. In the event of a change of time or date, the host school **MUST** notify the CIF-SS office well in advance. Night contests, where possible, are encouraged to promote the sport of baseball, but it must be mutually agreeable to both competing schools. **Please note:** Make certain to notify the CIF-SS for a change in game time **BEFORE** notifying your assignor.

8. PAIRINGS

First round pairings in all divisions will be **announced MONDAY, MAY 18, 2015**. Personnel of member schools that qualify for the playoffs should **NOT** telephone the CIF-SS office in an attempt to determine the identity of their first round opponent prior to this date. Pairings will be available at the following times:

Divisions 1, 2, 3, 4, 5, 6 and 7 - 9:00 a.m.

9. DRAW

The traditional playoff bracket will be used for this years playoffs. Although geography will still be a consideration, we will seed 4 teams. After the seeds have been established, the leagues finishing place (1, 2 or 3) will be used to determine their first round opponents. The draw will also be available Monday, May 18 on the CIF-SS web site, www.cifss.org, at the above times.

10. PLAYOFF DATES

If a division has 22 or more guaranteed entries it will be a 32-team bracket. Twenty-one or fewer entries will be a 16-team bracket. Playoff dates for all divisions are as follows:

Wild Card Round	Tuesday, May 19, 2015 – Divisions 1, 3, 5 and 7 Wednesday, May 20, 2015 – Divisions 2, 4 and 6
First Round	Thursday, May 21, 2015 – Divisions 1, 3, 5 and 7 Friday, May 22, 2015 – Divisions 2, 4 and 6
Second Round	Tuesday, May 26, 2015
Quarter-Finals	Friday, May 29, 2015 – (Divisions 1-4, outfield fence required)
Semi-Finals	Tuesday, June 2, 2015 – (Divisions 1-4, outfield fence required)
Finals	Saturday, June 6, 2015 – Divisions 1, 2 3 and 4 – 66ers Baseball Stadium Saturday, June 6, 2015 – Divisions 5, 6 and 7 – UC Riverside

THE RAWLINGS CIF-SS BASEBALLS ARE MANDATORY FOR ALL PLAYOFF GAMES. THE SOUTHERN SECTION OFFICE WILL FURNISH THESE BASEBALLS FOR THE CHAMPIONSHIP FINALS AND THE DIVISION 1 SEMIFINALS (SEE SHEET INCLUDED IN THIS MAILING).

11. PLAYOFF ENTRY

All 4-team leagues will be guaranteed two entries into the playoffs. All 5-6 team leagues will be guaranteed three entries into the playoffs. All 7-8 team leagues will be guaranteed four entries into the playoffs. All 9 or more team leagues will be guaranteed five entries. All playoff entries from the same league will compete in the same division in the playoffs. Under the playoff format in all sports, leagues have the responsibility of developing and identifying the priority for their representatives into the playoffs as so noted under Article 3200 (Playoffs) of the CIF Southern Section Blue Book. Please note that leagues may not conduct additional contests beyond the prescribed limits unless said contests are to determine ENTRY and not representative priority (leagues must have this as part of their constitution and must secure permission from the CIF-SS office before conducting such playoffs for entry).

NEW Rule 3214.1

In all team sports other than basketball and wrestling, additional entries beyond a league's guaranteed number of entries will only be permitted to enter the playoffs to fill any byes which exist in the opening round. Wildcard contests will be situations where the number of teams that are guaranteed entries from their leagues necessitate that additional contests be played to reduce the number of teams entered to the required number of the original draw. (For example, when there are 37 teams entered as guaranteed entries from their leagues into a particular playoff draw, there must be 5 wildcard contests played to reduce the number of teams from 37 to 32, the required number of

the original draw.) At-large teams, teams meeting the at-large criteria (.500 or better overall record), can only be accepted into the playoffs if there are openings in the original draw after all of the league's guaranteed entries are submitted. (For example, where there are 30 teams entered as guaranteed entries from their leagues into a 32-team draw, there would be 2 byes in the bracket and those byes could be filled by teams who were not guaranteed entries from their leagues who submitted at-large application forms for that particular sport and have an overall record of .500 or better in all games played during the regular season.) In the sport of football, a .500 or better record is not required for at-large submission/selection.

In any playoff grouping other than basketball, at-large selections will be considered from the next place beyond the guarantee that are .500 or better. After all those schools have been taken and there are still positions available, the next place teams that are .500 or better will then be considered. An example would be in football, some divisions allow two (2) entries per league. All 3rd place teams would be taken before any 4th place teams would be considered. (A tie will count as half a win and half a loss for a .500 record or better.)

All at-large entries **must** be submitted to the office by 11:00 p.m. on the Friday of the weekend in which the playoff draw is finalized. Make sure that the Baseball Varsity Team schedule is complete in www.cifsshome.org. For instructions for how to accomplish this please refer to pages 10 & 11 of this playoff bulletin. Information input into this database is reviewed by the at-large selection committee to determine the teams to be selected for the filling of byes.

At-large teams **must have a .500 record or better** for their complete schedule to be considered. A tie will count as a ½ win and a ½ loss as the criteria for a .500 or better record. (A record of 4-4-2 would be considered as qualifying.)

All material related to the at-large entry **must** be submitted to Southern Section office no later than 11:00 p.m. on the Friday of the weekend in which the sports playoff draw is to be finalized. If the material is not received, the team will not be considered by the At-Large Selection Committee.

All **freelance** schools are reminded that in order to be considered for post-season competition, the CIF-SS office prior to the start of the season must evaluate their schedule. This can be done by mailing a copy of the schedule along with a request to the CIF-SS office (See Rule 3210). **Freelance** schools should use the At-Large Entry submission through www.cifsshome.org for consideration into the playoffs.

AT LARGE CRITERIA

The At-Large Selection Committee will utilize the following criteria in its selection process.

1. Must be the next place team from the leagues guaranteed entries.
2. Must have a .500 or better record for their completed schedule
 - a. A tie will count as a ½ win and a ½ loss
3. Head-to-head competition of teams under consideration
4. Overall strength of league from which the team is entered
5. Overall win-loss record
6. Strength against common opponents
7. Strength of schedule of At-Large teams in consideration (including)
 - a. Teams within the same division
 - b. Teams in higher divisions
 - c. Teams in lower divisions

12. SPECIAL LEAGUE PLAYOFF FOR ENTRY

Please note - leagues MAY NOT conduct additional contests beyond the prescribed limits unless said contests are to determine ENTRY and not representative priority. This must be part of their league constitution and permission must be secured from the CIF-SS Office before conducting such playoffs for entry. If a league includes such conditions in its constitution, it is still obligated to play said contest on or before the last specified allowable playing date (FRIDAY, MAY 15, 2015).

An example of the above application is as follows: two teams finish in a tie for third place in the final league standings and the league has stipulated in its constitution that the deadlock may be broken by a special playoff game. As long as that contest is played on or before Friday, May 16, the two teams would be permitted to play to determine ENTRY into the playoffs.

13. BYES AND AT-LARGE ENTRIES

Please read the attached bulletin pertaining to the filling of byes. An at-large petition must be filed under www.cifsshome.org. Please see instructions on page 11 of this bulletin for how to file your at-large petition.

14. ENTRY FEE

There will be no entry fee for teams entering the CIF-SS baseball playoffs.

15. PROTESTS OF PLAYOFF CONTESTS

Coaches are encouraged to carry National Federation baseball rulebooks with them for all playoff contests. Coaches must resolve questions pertaining to possible misapplication of the rules in accordance with the National Federation baseball rules. **No protest may be carried forth once the contest is completed, with the following exception.** Schools will still have the opportunity to protest a contest in accordance with Southern Section rules, Rule 1111, as it pertains to use of ineligible player, or violations of any CIF-SS rule in connection with the contest.

16. ADMISSION REGULATIONS FOR PLAYOFF CONTESTS

Generally, due to the inability to obtain playing sites that are enclosed, admission is not charged for baseball playoff contests. However, if agreed upon by both schools and permission is received from the CIF-SS office **in advance**, admission may be charged. If it is agreed upon to charge admission, the following financial regulations will be in effect:

(A) ADMISSION PRICES -- The admission prices shall be \$8.00 for adults, \$5.00 for students with valid high school ID cards and \$5.00 for children 13 and under. Tickets for playoff games will be supplied at no cost by the CIF-SS office UPON REQUEST of the designated host school.

(B) HOST SCHOOL -- The designated host school is responsible for all costs incurred in hosting the contest. These would include officials, supervision, stadium rental, etc.

(C) VISITING SCHOOL -- The designated visiting school is responsible for all costs incurred in traveling, such as bus, meals, etc.

(D) GATE SPLIT -- When admission is charged, the gate is to be handled as a gross gate and split 50-50 between the competing schools (please refer to Article 1, Section 143, pages 68-69, of the Blue Book).

17. REPORTING RESULTS

The winning team in each round of the playoffs is to contact the CIF-SS office between the hours of 8:00 a.m. and 9:00 a.m. the day after the contests are played so that the next round, in terms of host team assignments and officials, may be finalized. It is very important for winning teams to report their scores to the L.A. Times (213) 234-7151 or 1-800-528-4637, extension 77151 and The Register (714) 796-7804. The publishing of these scores creates interest and allows this office to complete pairings in each bracket.

18. AWARDS

The Southern Section will present awards to the champions and runner-up teams in all seven divisions of the playoffs. CIF-SS patches and t-shirts will be awarded to the 20 members of the championship team in all divisions. Individual medals will be provided for 20 members of the runner-up teams in all seven divisions.

PLAYOFF/CHAMPIONSHIP AWARDS AND SOUVENIRS

The CIF Southern Section name and logo are registered trademarks with the State of California. It is illegal to use the name (CIF Southern Section, Southern Section or CIF-SS) on any awards, souvenirs or other materials except through licensed vendors or with prior CIF-SS approval. Likewise, 'CIF' without Southern Section or 'SS' is a licensed mark of the State CIF with similar restrictions.

Do not make independent items with CIF, CIF-SS or Southern Section: Please note that schools, including their booster clubs and parents, are subject to sanction and will be held financially accountable for unsold product at playoff events involving their school should they create items using the CIF-SS trademark without authorization. Example: School X creates team playoff t-shirt that includes 'CIF-SS Football Finals' in the design and upon reaching Finals the CIF-SS on-site vendor is unable to sell similar product created for that event; the violating school would be required to purchase all unsold shirts.

ORDERING ADDITIONAL PATCHES, MEDALS, PLAQUES, APPAREL, SOUVENIRS

• **Patches:** JL Custom Jackets is the 'exclusive' licensed custom patch vendor for the CIF-SS. Any patches that include CIF-SS or CIF Southern Section must be ordered/purchased through JL Custom Jackets. For patch options, you may contact JL Custom Jackets at www.jlcustomjackets.com or (951) 867-3200.

Ordering additional 'Champions' Patches: Schools may order additional CIF-SS Champion patches (Octagon Red or Football shaped) and any Custom CIF-SS patches (such as: All CIF-SS – CIF-SS Scholar Athlete – Quarter Finals) may be ordered directly from JL Custom Jackets and Patches at www.jlcustomjackets.com.

CIF-SS Championship Patches (circle shape) Playoffs or Prelims, Finals Patches (shape of a shield) for participation in Cross Country, Track & Field or Swimming Finals, Masters Patches (oval shaped) for participation in a Masters Track & Field or Wrestling event and Wrestling Dual Meet (rectangle shaped). may be ordered at www.ciftshirts.com.

• **Medals and Plaques:** If your team won or were a runner-up in a CIFSS Team Event and you wish to purchase any additional champion plaques or runner-up plaques and runner-up medals you may do so by ordering directly from All American Trophy by contacting Paul Purdum at (323) 725-1962.

• **Apparel and Souvenirs:** For vendors licensed to create items that include CIF-SS name or logo, please contact CIF Southern Section Marketing Director John Costello for an updated list of vendors. Schools may not produce custom items that include the CIF-SS name, mark or logo.

Ordering additional 'Champions' t-shirts (given post game to championship teams only): Additional 'Champions' shirts may be ordered directly from our supplier. Contact Kristy Moore @ Kustom Imprints – (714) 771-5768 ext. 103 or email kristy@kustomimprints.com.

• **Rings:** The State CIF has licensed three companies to produce rings that may include CIF or CIF-SS in the design. These are the exclusive ring providers for the CIF: Balfour, Herff Jones and Jostens.

• **Championship Banners:** For vendors licensed to use CIF-SS on your gym/field championship banners, please contact CIF Southern Section Marketing Director John Costello for an updated list.

These are the only companies that have the license to use the words CIF Southern Section, Southern Section or CIF-SS. Only the licensed ring companies may use just 'CIF' on any item.

19. MEDIA

Any radio broadcast or telecast, whether delayed or live, of any playoff baseball game must receive prior approval from Thom Simmons, CIF-SS Director of Sports Information at 10932 Pine Street, Los Alamitos, 90720 or 562-493-9500.

20. PRESS CREDENTIALS

The only type of press pass to be honored at CIF-SS baseball playoff games, where there is an admission charge, is the CIF-SS Press Card and Photographer's Pass issued by the Commissioner's Office. These passes should be honored for admission to all playoff games, except those games under the direct management of the CIF Southern Section. Special credentials will be issued for the championship finals. These credentials may be obtained by written request to Thom Simmons, Director of Sports Information at 10932 Pine Street, Los Alamitos, 90720.

21. MANDATORY DATA THAT NEEDS TO BE ENTERED INTO CIFSSHOME.ORG

It is very important that all schools complete your varsity team information as it is used for seeding, media purposes and for production of the championship playoff program. The due date for this information to be input is Tuesday, May 12, 2015.

If you wish to exchange information with your playoff opponent, your school must provide this service. The CIF-SS office cannot facilitate this process.

VARSIITY TEAM INFORMATION DUE Attention Athletic Directors/Coaches: **It is very important that you enter your entire Varsity roster team into CIFSSHome (www.cifsshome.org)**

Due Date: TUESDAY, MAY 12, 2015

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once logged in:

-On the left panel, -Click on the "Team" tab on the left navigation bar. Click on the corresponding varsity team (i.e. Baseball)

-Make sure that the roster is uploaded in the roster section and all of the columns in the section are filled out. Additional information (i.e. eligibility and date of birth) will take the place of the **Eligibility List** you completed in prior years. You will no longer fill out a separate form.

-There are multiple options for how you can fill out your roster. Add via the students database, add one by one, or use the sample excel file to fill out the roster. Here are the instructions for the sample file.

-Download the sample file **and** delete the "contents only". Copy and paste your roster information into the file as the contents and give it a file name of your school and then the sport (sample file name: SouthernHSBaseball). You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE. Categories required are listed below for each sport.

-Next – click Choose File, find your file, and then click "Import Student".

Check on the Help video under the Support tab on the bottom left, "Be CIF Prepared

***TEAM PHOTO DUE no later than** Due: **Tuesday, May 12, 2015**

Attention Athletic Directors/Coaches: it is very important that your Varsity Team Photo is uploaded to CIFSSHome (www.cifsshome.org) no later than the dates listed below.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-Click on the "Team" tab on the left navigation bar. Click on the corresponding varsity team.

-Under Team Picture, click Add/Edit Picture, click Choose File, find your photo file, and then click "Upload Picture." Special note: team photos must meet these requirements – must be a jpg file, no larger than 672 pixels x 480 pixels which is a 5" x 7".

Check out the Help video under the Support/Suggestions tab on the bottom left, "Be CIF Prepared!"

REPORT YOUR SCORES

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHome (www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On “Team” tab on the left navigation bar and choose Baseball, Varsity which is the blue button.

-Click on “Add Game” at the top left of the page. Make sure all of your games are recorded and populate below.

-To submit your score, click on the “Team” tab on the left navigation bar. Click on the corresponding varsity team (i.e. Baseball). Scroll down through your schedule and click on the green “Post Result” button.

-You can also use the “Score Poster” to submit your scores. This is a much faster and easier way to input many scores at one time. Just use the drop downs and dates to show the correct games, fill out the win/loss, your score & and your opponent’s score and then just click the save button at the bottom of the page.

-Make sure that your overall and team records are correct on your team page.

Check out the Help video under the Support/Suggestions tab on the bottom left, “Be CIF Prepared!”

AT LARGE PETITION

Attention Athletic Directors/Coaches: Please follow the instructions below to enter your school as an At Large Entry for Baseball. The At Large Application is to be submitted by your school no later than: **Friday, May 15, 2015 at 11:00 p.m.**

Log in @ www.cifsshome.org (If you do not have a login and password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, click on At Large Petition

-Select “Baseball” then click “Add”

Please be sure that your Schedule is updated in CIFSSHOME, Home Campus as this is where the information (win/loss record) for the At Large Petition will be created. This information needs to be accurate.

Check on the Help video under the Support tab on the bottom left, “Be CIF Prepared!”

22. FINALS ALTERNATE SITE

Schools from the same geographical area, that reach the championship finals, may play the final contest in their community, with mutual agreement and approval of the CIF-SS, if travel to the championship would be extensive.

2014 – 2015 PLAYOFF GROUPINGS

DIVISION 1

1. Big VIII
2. Crestview
3. Empire
4. Foothill
5. Inland Valley
6. Marmonte
7. Mission
8. Moore
9. South Coast
10. Southwestern
11. Sunset
12. Trinity

DIVISION 4

1. Almont
2. Del Rio
3. Desert Sky
4. Freeway
5. Mojave River
6. Mt. Baldy
7. Orange
8. Orange Coast
9. Pioneer
10. River Valley
11. San Andreas
12. Sunkist
13. Tri-Valley

DIVISION 7

1. Agape
2. Coastal
3. Coast Valley
4. Cross Valley
5. Express
6. Harbor
7. Heritage
8. Hi-Lo
9. International
10. Majestic
11. Mulholland
12. Omega
13. Warrior

DIVISION 2

1. Baseline
2. Channel
3. Citrus Belt
4. Coastal Canyon
5. North Hills
6. Pacific
7. Pacific View
8. Palomares
9. San Gabriel Valley
10. Sea View
11. Suburban

DIVISION 5

1. Ambassador
2. Camino Real
3. De Anza
4. Gold Coast
5. Los Padres
6. Miramonte
7. Mission Valley
8. Montview
9. Mountain Pass
10. Mountain Valley
11. Olympic
12. Rio Hondo
13. San Joaquin

DIVISION 3

1. Bay
2. Del Rey
3. Desert Valley
4. Garden Grove
5. Golden
6. Golden West
7. Hacienda
8. Ocean
9. PAC-8
10. Pacific Coast
11. Sunbelt
12. Valle Vista

DIVISION 6

1. Academy
2. Arrowhead
3. Desert Mountain
4. Frontier
5. Liberty
6. Prep
7. Santa Fe
8. South Valley
9. Victory

2014-15 BASEBALL LEAGUES

ACADEMY

Brethren Christian
Calvary Chapel/Downey
Crean Lutheran South
Oxford Academy
Sage Hill
St. Margaret's
Whitney

AGAPE

Apple Valley Christian
Bethel Christian/Lancaster
Hesperia Christian
Lucerne Valley
Victor Valley Christian

ALMONT

Alhambra
Bell Gardens
Mark Keppel
Montebello
San Gabriel
Schurr

AMBASSADOR

Aquinas
Arrowhead Chr
Linfield Chr.
Loma Linda Academy
Notre Dame/Riverside
Ontario Chr.
Western Chr.
Woodcrest Chr.

ARROWHEAD

Boys Republic
California Lutheran
CSDR
Hamilton
La Sierra Academy
Riverside Christian
Sherman Indian
Upland Christian

BASELINE

Chino Hills
Damien
Etiwanda
Los Osos
Rancho Cucamonga
Upland

BAY

Inglewood
Mira Costa
Morningside
Palos Verdes
Peninsula
Redondo Union

BIG VIII

Centennial/Corona
Corona
ML King
Norco
Roosevelt
Santiago/Corona

CAMINO REAL

Bishop Montgomery
Cantwell Sacred Heart
Mary Star
St. Bernard
St. Monica Catholic

CHANNEL

Buena
Dos Pueblos
San Marcos
Santa Barbara
Ventura

CITRUS BELT

Cajon
Carter
Citrus Valley
Eisenhower
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Redlands
Redlands East Valley
Yucaipa

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Shandon
Valley Christian/ SM

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Desert Mirage
Rancho Mirage
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Yucca Valley

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Cathedral
La Salle
Serra
St. Paul

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Santa Fe
Whittier

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 Lone Pine
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2015 Nominees for All-CIF Baseball Ballot

Include statistics that are up to date for all regular season games. Stats from playoff games are not to be included. **Be as detailed and complete as possible. If nominating more than one player: list your choices in the order of your preference for consideration by the panel's vote.**

Nominating Coach: _____ School: _____ CIF Playoff Division: _____

Email Address: _____ League _____ Your Team's League finish _____

4 player limit only if first place in league...Only 20 players will be honored in each division!

1 player limit if Non-CIF playoff team

Submit ASAP after last league game*Deadline May 29th*** Do Not Wait! Voting is first**

	Name (print accurately)	Class	Positions	Games Played	Batting Average	RBI	HR	2B	3b	SB	Runs	W-L	Saves	ERA	IP	K
1																
2																
3																
4																

week in June!!!

Please send this form to:

Iran Novick

4495 ave de los Arboles, Yorba Linda, Ca 92886 (or email allcifssbaseball@aol.com)

DO NOT SEND TO CIF OFFICE

Teams will be posted at www.eteamz.com/cbca after June 14th

TO: MEMBER SCHOOLS

FROM: CIF SOUTHERN SECTION STAFF

SUBJECT: MILEAGE FOR OFFICIALS IN THE PLAYOFFS

DATE: NOVEMBER, 2010

C.I.F. Southern Section Blue Book Rule 1211.5 is the rule regarding the issue of mileage for officials in the playoffs and has been adopted by the C.I.F. Southern Section in all sports.

1. The point of origination for mileage will be determined by the location of the meeting place for that officials association.
2. A flat fee will be used to compensate officials for travel during the playoffs, based on the following scale... (All mileage is round trip).

51 – 75 miles =	\$13.00
76 – 125 miles =	\$19.00
126 – 175 miles =	\$31.00
176 – 250 miles =	\$43.00
251 – 350 miles =	\$55.00
351 – 450 miles =	\$73.00

451 miles and above = For distances beyond 450 miles, the following formula will be utilized:

Begin with \$73.00, which represents 450 miles round trip.
Add \$2.40 for every additional 15 miles traveled round trip.

Example: 525 miles round trip = \$73.00 – First 450 miles
Additional 75 miles = \$12.00 – 75 divided by 15 = 5, multiply by \$2.40
Total Mileage Reimbursement = \$85.00

3. The mileage stipend will be paid to the Head Official of all officiating crews in all sports.

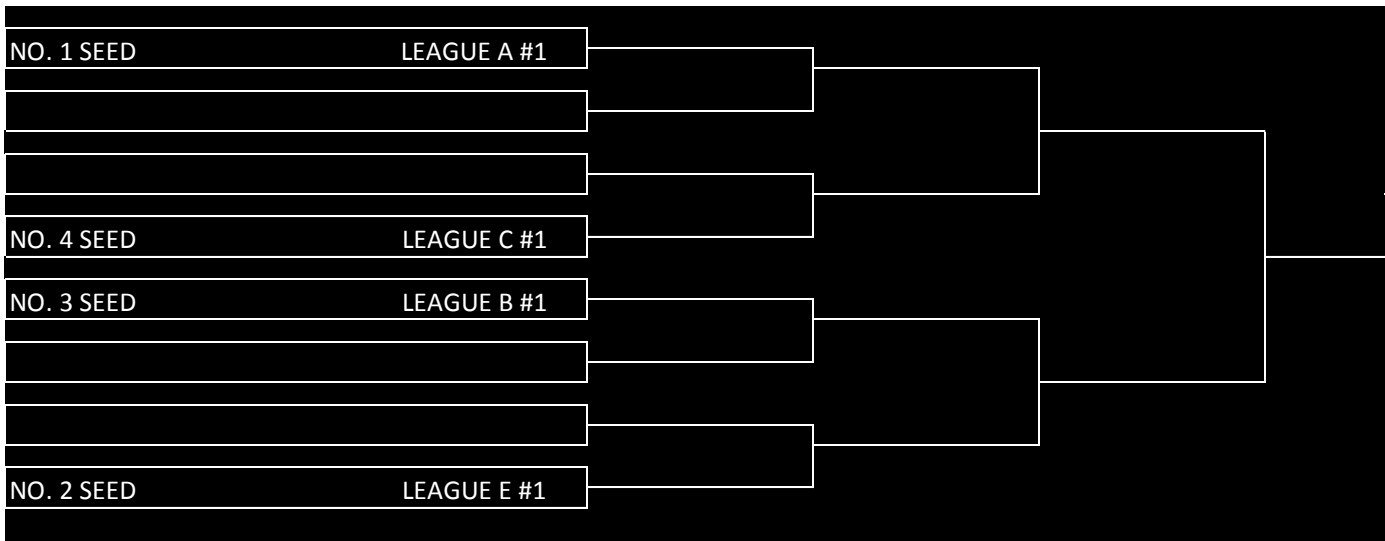
PLAYOFF PAIRING FORMAT

How in the world did I ever draw them for the opening round of the playoffs?

With that introduction, let's take an in-depth look at the protocol utilized by the CIF Southern Section Office in the development of post season playoff pairings.

SEEDS B The initial step is to designate four teams (maximum) as seeds, with No. 1 and No. 4 placed in the top bracket and No. 2 and No. 3 in the bottom bracket (see diagram 1). An exception to this procedure would be if seeds in the same half of the bracket are from the same league.

DIAGRAM #1

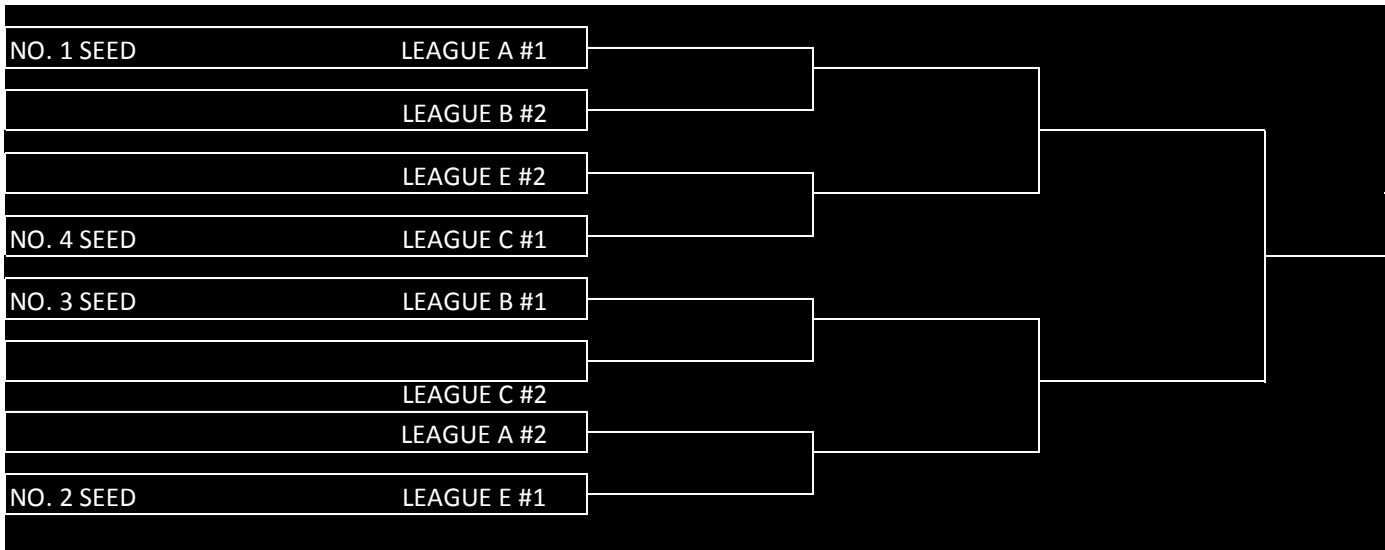


Is it possible to designate more than four seeds?

The task would be virtually impossible on two counts. Attempting to delineate which team is the No. 7 seed, as opposed to No. 8 or No. 12 rather than No. 13 would result in 25 different answers by 25 different people. Additionally, an attempt at a true seed would be in opposition to the CIF-SS Constitution and By-Laws, which specify a league's designated No. 1 entry, shall meet a No. 3 entry and a No. 2 shall meet another No. 2 where the draw provides for same in the opening round.

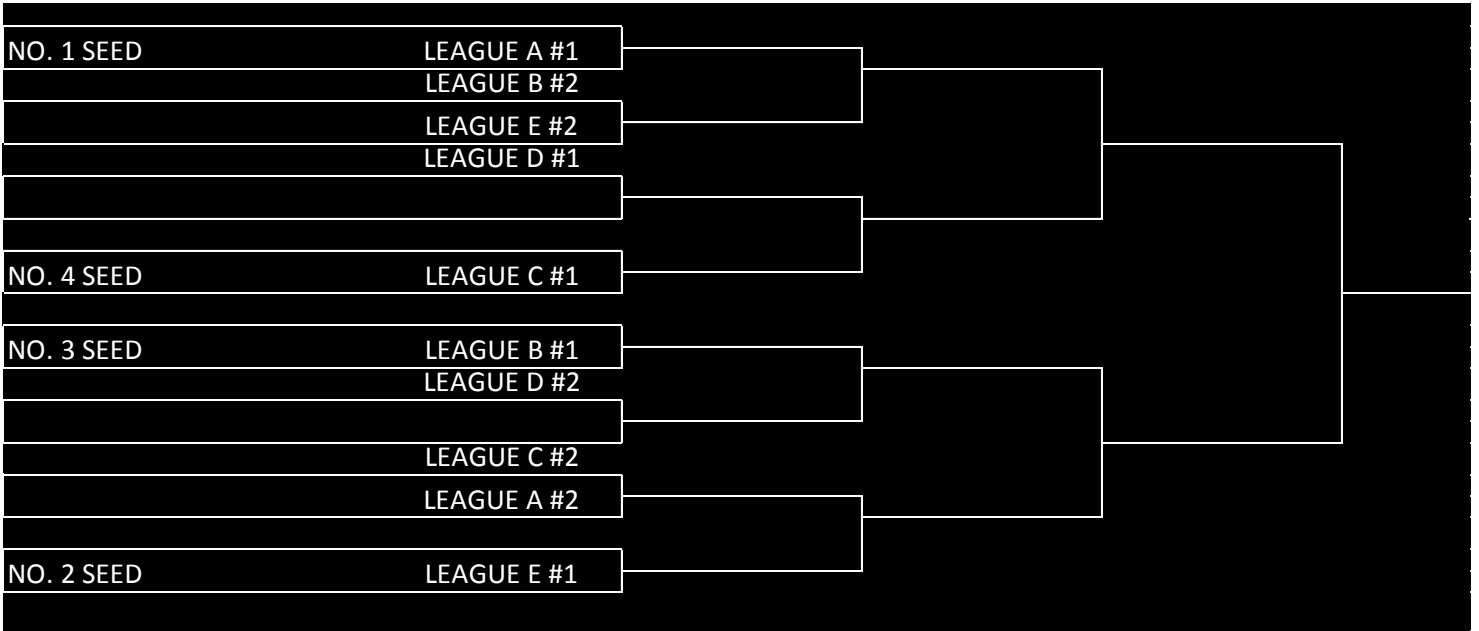
FILLING THAT DRAW - The next step is to fill the bracket draw and a simple guideline provides the ground rules for same. Assuming for the moment the top four seeds are all No. 1 teams, the procedure calls for the No. 2 teams from each of these leagues to be placed in the opposite half of the bracket (see Diagram 2).

DIAGRAM #2



Consider there are five leagues assigned to this particular bracket, it now becomes necessary to place the only league not represented thus far, League D. The No. 1 designee is placed in either half of the bracket, with League D #2 in the opposite half (See Diagram #3).

DIAGRAM #3



The final step is to place the No. 3 teams from each of the respective leagues in the open slots, attempting to place each in one of the remaining A quarters of the bracket where the league is not represented. This process eliminates the aspect of schools from the same league meeting in the second round of competition.

An exception to this procedure occurs where geography does not permit wide placement. The Office then follows the directive of the CIF Southern Section Council from its meeting on March 13, 1980, which directs schools be placed in the same half and if necessary, quarter of the bracket to curtail excessive travel.

Another factor utilized by the Office when formulating initial pairings is to review the playoff bracket for the previous years in an effort not to match identical teams which may have been paired the previous year or two years back. This would not preclude two leagues being matched in consecutive years, but with two different representative schools.



Updated 6/25/14

THIS LIST IS EFFECTIVE FOR 2014-15

RE: OFFICIAL BALL PROGRAM – MANDATORY USE IN PLAYOFFS

Official Ball per sport:

- Baseball: **Rawlings CIF-SS** Must be CIFSS stamped ball; not an alternative Rawlings ball
Rawlings RCIF-SS New option introduced for 2015 baseball season
- Boys Basketball: **Spalding TF1000 NFHS Classic NFHS**
Spalding TF1000 Legacy NFHS
- Girls Basketball: **Spalding TF1000 NFHS Classic 28.5 NFHS**
Spalding TF1000 Legacy 28.5 NFHS
- Football: **Spalding ball with NFHS** ; any model with NFHS stamp
- Soccer: **Spalding TF-SC5 NFHS** for both boys and girls use. (New model # as of 2013-14)
Spalding TF-SC3 NFHS for both boys and girls use. (New model # as of 2013-14)
Spalding TF5000 NFHS for both boys and girls use. (New model # as of 2013-14)
- Softball: **Dudley CFP12Y NFHS**
- Tennis: **Wilson Tennis Ball**; NFHS stamp not required
- Volleyball: **Spalding with NFHS stamp: TF-VB5, TF-VB3** (New for 2013-14)
Spalding with NFHS stamp: TF5000, TF3000, TF1500
- Boys Water Polo: **KAP7 model 105 with NFHS stamp**
- Girls Water Polo: **KAP7 model 104 with NFHS stamp**

All playoff ball adoptions agreements with the CIF Southern Section run through June 30, 2016 except for tennis.

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty does carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports *except in golf and tennis*.

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NUTRITION FOR THE TEAM SPORT ATHLETE

Susan Kundrat, MS, RD, CSSD, University of Wisconsin-Milwaukee Nutritional Sciences Program Director

Competing in team sports requires dedication to teamwork, on and off the field. To work together, all team members must come to practices and competitions prepared to succeed. Choosing the right foods and fluids to prepare for competition and to provide proper energy during and after competition can make all the difference. No matter the sport, getting the sports nutrition advantage puts the team one step closer to the "W."

FLUIDS: HYDRATION IS KEY

Water is an important part of the working body, making up 60 to 65 percent of total body weight.

- If athletes lose too much fluid in sweat without replacing what they've lost in both fluids and important electrolytes (like sodium and chloride), they risk becoming dehydrated.
- Dehydration can diminish energy and impair performance. Even a 2-percent loss of body weight through sweat (i.e. 3 1/2 pounds for a 180-pound player) can put athletes at a disadvantage.

HOW TO COMBAT DEHYDRATION

Athletes, especially those who train in hot and humid weather conditions or in hot gyms or training facilities, run a risk of dehydration. The risk becomes greater the longer an athlete practices or plays at one time, or when there is more than one competition in a day, such as a weekend basketball or tennis tournament, or two-a-day workouts. Dehydration can be prevented—here's how:

- **Stay well hydrated all day.** Start with extra fluids like milk and juice at breakfast. Then, drink fluids throughout the day, using water bottles, water fountains and cafeteria beverages as triggers for drinking. Soup and some water rich foods (like yogurt, watermelon, grapes and tomatoes) can also contribute to proper daily hydration.
- **Have a pre-game plan and hydrate 2 to 3 hours before practices and games.** Athletes should aim for at least 16 ounces (2 cups) of fluid at this time and an additional 8 ounces (1 cup) 10 to 20 minutes prior to playing.
- **Drink during workouts or games.** Sports drinks, like Gatorade, can help ward off dehydration and muscle cramps because they help replenish both fluid and electrolytes lost in sweat. Encourage sports drinks when workouts last an hour or longer, especially for heavy sweaters. Sports chews or gels can add an extra "energy boost" during intense activity.
- **Prioritize post-practice hydration.** Athletes should weigh themselves before and after activity and consume enough ounces of water, sports drinks or other fluids to replace what they've lost.

FOODS: PRE-WORKOUT FUEL

Athletes should fuel their bodies 3 to 4 hours before practices and games with a high-carbohydrate meal or snack (see "Pre-Workout Meal Ideas"). This will give the body enough energy to make it through the workout.

To do this:

- **Team leaders can organize pre-game meals** for the whole team 3 to 4 hours before competition, including high-energy foods like breads, bagels, cereals, pasta, potatoes, rice, fruits, fruit juices and vegetables—as well as lean sources of protein like chicken breast, turkey, lean deli meats, fish and yogurt. For quick energy, athletes should fill 2/3 of their plates with high-carbohydrate options. Drink plenty of fluids with the meal to optimize hydration.

- **Players should eat foods they know work well for them pre-exercise.** Trying a variety of foods before workouts can help determine the best combinations for pre-game meals.
- **Athletes should not be afraid to salt food because they can lose lots of sodium through sweating—especially if they're heavy crampers.** Sometimes, that sodium loss can be the cause of cramping.

PRE-WORKOUT MEAL IDEAS

MENU #1	MENU #2	MENU #3
Pasta and red sauce	Turkey and cheese sandwiches	Baked chicken tenders
French bread	Bananas and orange slices	Mashed potatoes
Fresh fruit plate	Baked chips or pretzel chips	Green beans
Steamed vegetables	Cereal bars	Fruit and yogurt smoothies
Cookies		
Water, skim milk, fruit juice, and sports drinks	Water, skim milk, fruit juice, and sports drinks	Water, skim milk, fruit juice, and sports drinks

RECOVERY FOODS: POST-WORKOUT FUEL

To maximize the body's ability to refuel muscles after every workout, athletes should consume a "post-workout snack" as soon as possible after practice or games. This helps restock the muscle energy used in practices quickly.

Tips for Recovery:

- Have snacks like trail mix, sports chews and bars, cereal mixed with peanuts and raisins, chocolate milk or peanut butter and crackers within reach after workouts.
- Encourage athletes to eat a meal within 1-2 hours after workouts to continue muscle energy recovery.

LOCKER OR BACKPACK SNACKS

Many athletes run from school directly to practices, with limited time to get energy to working muscles before hitting the field or court. They often miss out on a high-energy snack to help boost energy for performance. To combat this, keeping easy-to-grab snacks in the locker or in the backpack is a must.

Quick locker or backpack snacks:

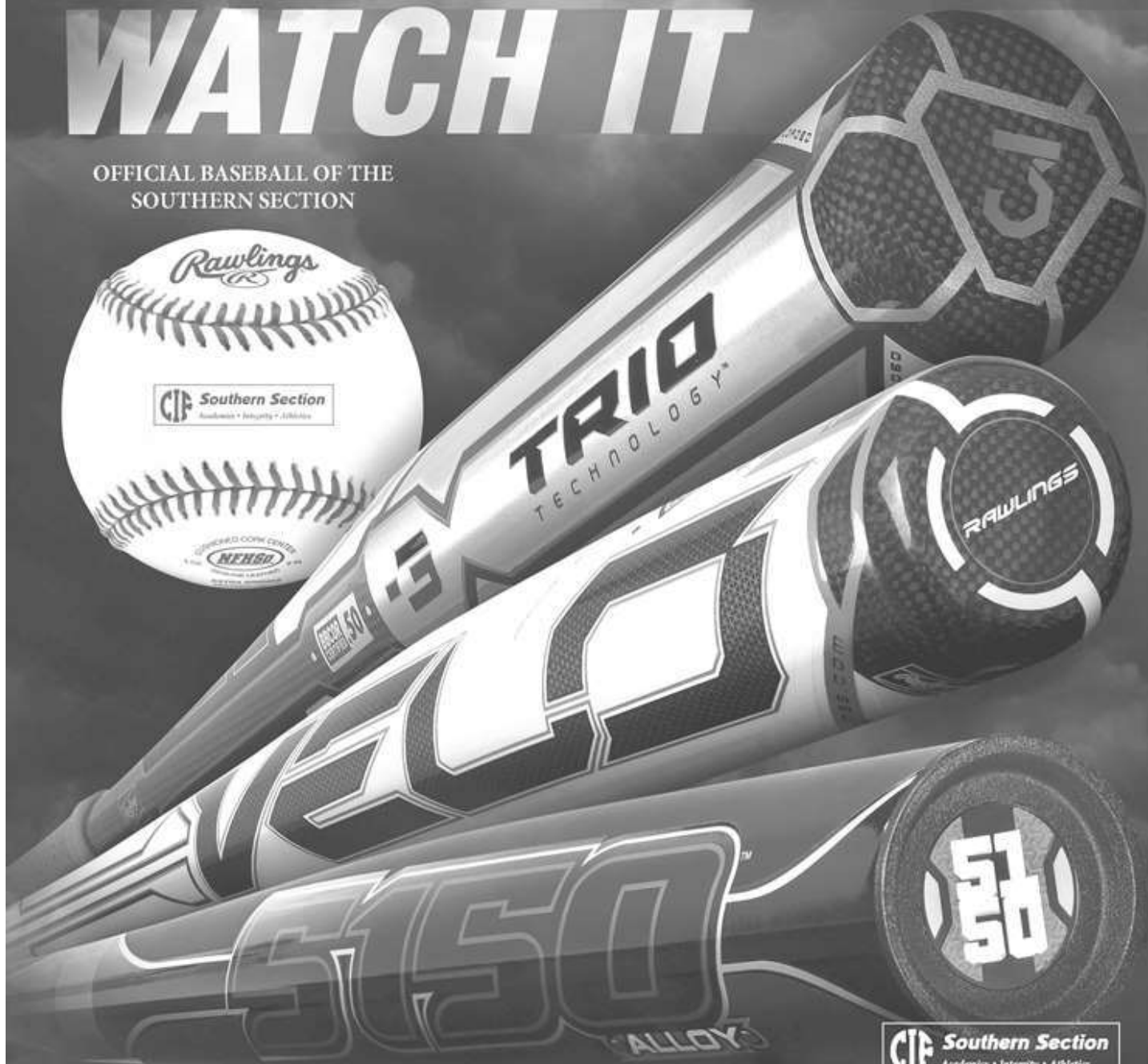
- Granola bars, cereal bars and sports bars
- Energy chews
- Trail mix
- Dry cereal and pretzels
- Pressed fruit or fruit rolls
- Juice boxes

There is research that supports that prioritizing nutrition on a daily basis can potentially enhance success for athletes. Make sports nutrition a priority for your teams and you'll see the difference.



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