## C. I. F., SOUTHERN SECTION

# MONTHLY BULLETIN

Vol. 8

APRIL, 1945

No. 8

#### STATE COUNCIL MEETING

The State Council of the C. I. F. and the Board of Directors of the C. I. F. Athletic Protection Fund will hold a meeting at Fresno on Saturday, May 5, 1945. The Commissioner of Athletics for the C. I. F., Southern Section, plans to attend the May 5 meeting and will be glad to present any matter to the attention of the State Council, upon request of a Principal or a Director of Athletics.

### THE CHAFFEY MEET

The 1945 Chaffey Meet will occur on April 28. Chaffey has invited the following thirty-three schools to send teams:

Anaheim, Bonita, Brea-Olinda, Chino High, Chino Vocational School, Citrus, Claremont, Colton, Corona, Covina, El Monte, Excelsior, Fullerton, Garden Grove, Harvard Military School, Hemet, Huntington Beach, Laguna Beach, Monrovia - Arcadia - Duarte, Montebello, Newport Harbor, Orange, Pomona, Puente, Redlands, Riverside Polytechnic, San Bernardino, Santa Ana, South Pasadena, Tustin, Valencia, Webb, Whittier.

As the C.I.F., Southern Section Final Meet will be held this year on the Chaffey track and field, the boys who go to the Invitational Meet will get a workout which will familiarize them with the Chaffey set-up. This may not help those who qualify for the final meet, but it will be no handicap.

#### WHAT'S IN A NAME

When you do as we have done in the C.I.F., Southern Section for the past two years, put six or seven schools together for purposes of athletic competition and call them a Group and leave another six or seven together for the same purpose and call them a League, it creates some confusion.

When the temporary Groups were set up in May 1943 we know that all the C.I.F., Southern Section Council members hoped that the arrangement would be for only one year at the most.

The leagues, prior to May 1943, were primarily geographical entities. The name of the league suggested at once the names of its member schools. Group numbers carry no suggestion as to what schools are in the Group.

We believe that all friends of the C. I. F., Southern Section would welcome a return to the league designations we used before May 1943. Only one new name would be required if we returned to league designations. The group containing Compton and the three Long Beach schools would need a new name. We suggest Harbor League.

The Commissioner of Athletics will recommend to the Council at its May meeting that we consider using league names again.

### THE INGLEWOOD GOLF TOURNAMENT

On Monday, April 9, the Inglewood High School will stage its ninth annual invitational golf tournament. The tournament is an all day affair. Starting at 8:30 a. m., they first play 18 holes of medal golf. At 2:00 p. m. they start the driving and putting contest.

Last year Walter (Boots) Porterfield of Woodrow Wilson High School, won all three events. He is out of high school now so some new winners will be selected this year.

Bill Worthington, of the Inglewood High School, will be in charge of the tournament.

# CLASS B AND CLASS C TENNIS TOURNAMENTS

The Class B and Class C Tennis Tournaments will be held this year on the Mark Keppel High School Courts on Saturday, April 14.

Two singles players and two doubles teams in each Class may be entered by any school.

Entry blanks are enclosed with this Bulletin.

### SHORTAGE OF BASEBALL UMPIRES

The Southern California Baseball Officials Association, which furnishes umpires for the high school and junior college games in Los Angeles County, has forty-five names on its rolls at the present time. Fifteen of its members are high school coaches and are seldom available for officiating baseball games. That leaves only thirty men who can umpire regularly.

## CALIFORNIA INTERSCHOLASTIC FEDERATION, SOUTHERN SECTION

THE ONEONTA SCHOOL

1955 Fremont Avenue South Pasadena, Calif.
Telephone CLeveland 6-2336

H. A. Berlin, Vice-Principal Oxnard High School President of the Council

**Executive Committee** 

Kinter Hamilton, Principal Harvard School, President.

B. L. Bergstrom, Principal El Monte High School Ernest W. Fischer, Principal Chaffey High School Normal C. Hayhurst, Principal Herbert Hoover High School (Glendale)

A. R. Veenker, Vice-Principal, Santa Monica High School

Seth F. Van Patten, Commissioner of Athletics

During April and May, when the Junior College Conference has all its teams playing and all the high school leagues are playing their schedules, forty or more umpires will be needed each Friday afternoon.

Principals are asked to send the names and addresses to the C. I. F. Office of anyone they may know who can umpire a ball game.

#### TEAM WORK IN FIELD EVENTS

At a relay carnival at Woodrow Wilson High School on March 16, in the field events each school was represented in each event by a team of four boys. The team was made up of one Class C boy, one Class B boy, and two Class A boys. Four field events—the broad jump, the high jump, the pole vault and the shot putwere run. The combined distance made by the four boys competing for any school constituted the school score in that event.

The incentive to help his team mate in the event should make the normal boy try harder to win.

#### BASEBALL LOGIC

Mr. Fred Haney, formerly manager of the St. Louis Browns in the National Baseball League, spoke to the Southern California Baseball Officials Association at its first meeting of the season held in the John Adams Jr. High School on Thursday, March 8, 1945.

Mr. Haney spent a full hour discussing baseball from sand lot up through the big league. He answered dozens of questions posed by members of the Association.

He emphasized strongly two features of umpiring. He stated without qualifications, that an umpire must hustle. He must work hard. He must keep the game moving along rapidly.

The second point to which he gave especial stress was that the umpire must anticipate when a play is coming up and be in the best possible position to call the play when it occurs. If the umpire takes his stance behind the plate or behind the pitcher on the mound and calls all plays from that spot he is quite apt to miss close plays. The good umpire will anticipate where the play will be. He will know the best position from which to call the play. He will hustle to get to that best position. The hustling, hard-working umpire is not only more accure than the static one, but he creates a favorable impression and gets full cooperation.

This to us all seemed to add up to good base-ball logic.

#### MORE BASEBALL LOGIC

Jack Gaines, Baseball Coach at Glendale High School, says that the umpire calling balls and strikes should call his decisions as, "ball one", "ball two", "strike one", "strike two", etc., and leave out all such qualifications as too high, too low, inside, outside, etc. The umpire is the "boss" at a baseball game and should not offer any explanations of his decisions. We agree with Jack.

#### BOXING IN HIGH SCHOOL

The enclosed circular entitled "Boxing in High School" we think should be read and pondered by every Principal and by every Director of Physical Education and Athletics. We think it is one bit of information that the Principal should put in his permanent files.

There is a change in the California Boxing Law before our State Legislature at the present time. It is Assembly Bill 1699 and it will change the age limit at which a boy may box in boxing club bouts from eighteen years to sixteen years.

If the Bill is enacted into a law the boy of sixteen will be subjected to all the dangers described in the enclosed circular.

The worst feature of the proposed law is that in matching fighters against each other for boxing club bouts, the matching is done by weight. The growing sixteen year old boy who weighs 150 pounds may be matched against the tough, seasoned, experienced fighter of twenty-six years of age who also weighs 150 pounds.

It is our considered opinion that the boxing clubs of Southern California are not a fit stamping ground for any sixteen year old high school boy. In past years we have seen a goodly number of them in operation and we think the designation of "tough joint" is not too severe.

At a meeting of the Board of Directors of the Southern Pacific branch of the A.A.U. held at U.S.C. on March 12, 1945, it was voted unanimously to recommend to our State Legislature that Assembly Bill 1699 be not passed.

Again we urge every Principal to read and ponder carefully the enclosed circular entitled "Boxing in High School" and then write his Assemblyman at Sacramento and urge him to vote "NO" on Assembly Bill 1699.

## COMPETITION WITH PROFESSIONAL BASEBALL PLAYERS

At this season of the year we are asked numerous questions regarding competition with or against professional baseball players.

Rule (b), page 13, of our 1940 Blue Book reads—"In order to compete in interscholastic athletics a pupil must be an amateur according to the A.A.U. definition."

There are so many ramifications to the question of what constitutes an amateur athlete that the C. I. F., Southern Section Office has followed the practice of telling boys whose amateur standing is questioned to get an A.A.U. card.

Below we give some phases of the A.A.U. rule as it applies to baseball players:

If a boy plays with or against a professional athlete in a contest where an admission fee is charged he makes himself definitely ineligible for competition in C. I. F. controlled athletics.

If a boy goes to a professional baseball training camp and makes a tryout with a professional team he will be ruled ineligible for amateur competition by the Southern Pacific Association of the A.A.U.

If a boy, living in a town where a professional training camp is located, plays in games with, or against professional players, he subjects himself to possible suspension as an amateur, and may not compete for his school until he has an amateur card issued by Mr. Arnold Eddy, Chairman of the Registration Committee of the Southern Pacific Association of the A.A.U. Mr. Eddy may be reached at the University of Southern California, in Los Angeles.

## POST WAR BUILDING PROJECTS

The Long Beach City School District, on April 5, will vote on a nine million dollar (\$9,000,000.00) bond issue. If the bonds are voted each of the three large Long Beach high schools will get a boys and girls gymnasium, and a swimming pool. A stadium capable of caring for city wide events is planned for the Wilson High School.

Pasadena City School District is studying its needs. One very definite need is a new gymnastic set-up at the Junior College. When plans are completed a bond issue will be submitted to the voters.

The Los Angeles City School District is planning the opening of three new junior colleges following the end of the war. The Los Angeles City School District has acquired three hundred and sixty acres of land in the west end of the San Fernando Valley on which to develop a great agricultural high school following the war.

These school projects are sure to add much to the high school and collegiate athletic program following the end of the war.

#### A CORRECTION

In listing the C. I. F., Southern Section track and field records in our March 1945 Bulletin, we gave the Class A pole vault record as 13' 4". It should have been 13' 5\%\". Del Smith, of Glendale High School, who holds the record, did 13' 5\%\" at the Divisional Meet held at Hoover High School May 20, 1944. Smith did 13' 4" at the Coliseum in the Final Meet May 27, 1944. Records made in our Divisional Meets count as C. I. F., Southern Section records.

### GYMNASTIC CHAMPIONSHIP MEET

The Gymnastic Championship Meet will be held at the Mark Keppel High School gymnasium on Wednesday, April 25, starting at 3:00 p. m.

Any school may enter not over three boys in each of the nine events.

An entry blank is enclosed with this Bulletin.

# STARTING TECHNIQUE FOR GROUP 4, OF THE C.I.F., SOUTHERN SECTION

Mr. Otto Anderson and Mr. Kenneth Straub who will start the dual meets in Group 4 this season met at Glendale High School March 14 with the Commissioner of Athletics and agreed upon the following technique to be used:

- (1) The lanes for every race must be drawn before the boys to compete are turned over to the starter.
- (2) The Clerk of Courses should call the roll of contestants, give the boys their lanes, and turn the control over to the starter.
- (3) The starter will give all necessary information regarding the race such as the rule governing false starts, how far contestants must

stay in lanes, how many hurdles may be knocked over without disqualification, where the race finishes ,etc. The starter will give an opportunity for the boys to ask questions if there are any.

- (4) The starter will then give the command, "Get on your marks". He will wait a few seconds for the boys to get into position at the starting line, get their feet adjusted to the starting blocks, and get quiet and steady. If any boy is, in the judgment of the starter, too long in getting adjusted for the start the starter will call the contestants off their marks and explain to the boy that he is delaying the race and must get settled more quickly.
- (5) When all contestants are ready on their marks and all are quiet the starter will give the command, "Get set." As soon as every boy is set and steady the starter will fire the gun. There will be no attempt made to hold the boys for any designated length of time after they are set.

The time it takes for all the boys to get set and steady may vary from one second to three or four seconds. If at the end of approximately five seconds all the contestants are not set and steady the starter will command, "Off of your marks." The starter will then urge the boy or boys causing the delay to relax and steady down. A minute or two will be given for all the contestants to relax and stretch before calling them to their marks again.

(6) In all his conversation with the contestants, and in commands given the starter will endeavor to use a calm, quiet, well modulated voice in order to keep the boys as calm and relaxed as possible.

We believe that if coaches will explain this technique of starting to their boys and will practice it in training contestants that the boys will be more ready and better able to cooperate with the starter.

## C. I. F., SOUTHERN SECTION, SWIMMING RECORDS Established at C. I. F., Southern Section Swimming Championships

CLASS A

100 yard breast	50 yard free	Gamble	Flintridge	24.7	1941
100 yard free	100 yard back	Colyear	Woodrow Wilson	1:05.3	1939
Dermudez	100 yard breast	Royer	Fullerton	1:08.1	1941
InIndividual Medley—100 yard   Thompson   Woodrow Wilson   1:03.7   1939   InIndividual Medley—100 yard   Kinsley   Huntington Beach   1:03.7   1940   Individual Medley—75 yard   Wolf   Beverly Hills   45.5   1943   Medley Relay—100 yards   Fullerton   1:04.   1930   Medley Relay—100 yards   Long Beach   1:26.   1932   Medley Relay—200 yards   Woodrow Wilson   1:59.5   1939   Four man Relay—100 yards   Fullerton   52.0   1931   Four man Relay—133 yards   Whittier   1:10.2   1939   Four man Relay—200 yards   Long Beach   1:41.4   1932   The state of the sta	100 yard free	Lyon	Pasadena	54.7	1939
InIndividual Medley—100 yard   Wolf   Beverly Hills   45.5   1943   Medley Relay—100 yards   Fullerton   1:04.   1930   Medley Relay—150 yards   Long Beach   1:26.   1932   Medley Relay—200 yards   Woodrow Wilson   1:59.5   1939   Four man Relay—133 yards   Whittier   1:10.2   1931   Four man Relay—200 yards   Long Beach   1:41.4   1932   Four man Relay—200 yards   Whittier   1:10.2   1939   Four man Relay—200 yards   Long Beach   1:41.4   1932   Four man Relay—200 yards   Long Beach   1:41.4   1932   CLASS B   So yard free   Cowdry   Inglewood   24.9   1941   100 yard free   Brown   Redlands   58.   1939   100 yard breast   Chew   Santa Maria   1:12.4   1942   100 yard breast   Chew   Santa Maria   1:12.4   1942   100 yard breast   Chew   Santa Maria   1:12.4   1942   100 yard free   Benbow   Whittier   2:27.5   1944   100 yard free   Benbow   Whittier   2:27.5   1944   100 yard free   Benbow   Whittier   2:27.5   1944   100 yard breast   Chew   Santa Maria   1:12.4   1942   100 yard breast   Chew   Santa Maria   1:12.4   1943   1:12.4   1943   1:12.4   1943   1:12.4   1:1	220 yard free	Bermudez	Huntington Beach	2:22.8	1940
Individual Medley—75 yard   Wolf   Beverly Hills   45.5   1943   Medley Relay—100 yards   Fullerton   1:04.   1930   Medley Relay—150 yards   Long Beach   1:26.   1932   Medley Relay—200 yards   Woodrow Wilson   1:59.5   1939   Four man Relay—100 yards   Fullerton   52.0   1931   Four man Relay—133 yards   Whittier   1:10.2   1939   Four man Relay—200 yards   Long Beach   1:41.4   1932   Medley Relay—200 yards   Long Beach   1:41.4   1932   Medley Relay—200 yards   Long Beach   1:41.4   1932   Medley Relay—200 yards   Redlands   58.   1939   Medley Relay—200 yards   Redlands   58.   1939   Medley Relay—200 yards   Redlands   1:12.4   1942   Medley Relay—200 yards   Fullerton   1:07.7   1941   Medley Relay—200 yards   Redlands   1:31.9   1943   Medley Relay—200 yards   Redlands   1:31.9   1943   Medley Relay—266 yards   Marquetter   Whittier   2:29.5   1940   Medley Relay—266 yards   Marquetter   Whittier   2:29.5   1940   Medley Relay—75 yards   Marquetter   Whittier   2:29.5   1940   Medley Relay—100 yards   Beverly Hills   3:29   1941   Medley Relay—100 yards   Beverly Hills   5:9.3   1941   Medley Relay—100 yards   Beverly Hills   5:9.3   1941   Medley Relay—100 yards   Beverly Hills   5:9.3   1941   Medley Relay—100 yards   Beverly Hills   5:7.2   1943   Medley Relay—	InIndividual Medley-100 yard	Thompson	Woodrow Wilson	1:03.7	1939
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CLASS C           50 yard back         Lyon, B.         Pasadena         30.4         1942           50 yard breast         Henning         Beverly Hills         32.9         1941           50 yard free         Marquetter         Whittier         26.1         1939           Medley Relay—75 yards         Beverly Hills         42.4         1943           Medley Relay—100 yards         Beverly Hills         59.3         1941           Four man Relay—100 yards         Beverly Hills         57.2         1943	Four man Relay-200 yards		Beverly Hills	1:48.2	1943
50 yard back       Lyon, B.       Pasadena       30.4       1942         50 yard breast       Henning       Beverly Hills       32.9       1941         50 yard free       Marquetter       Whittier       26.1       1939         Medley Relay—75 yards       Beverly Hills       42.4       1943         Medley Relay—100 yards       Beverly Hills       59.3       1941         Four man Relay—100 yards       Beverly Hills       57.2       1943				2:29.5	1940
50 yard back       Lyon, B.       Pasadena       30.4       1942         50 yard breast       Henning       Beverly Hills       32.9       1941         50 yard free       Marquetter       Whittier       26.1       1939         Medley Relay—75 yards       Beverly Hills       42.4       1943         Medley Relay—100 yards       Beverly Hills       59.3       1941         Four man Relay—100 yards       Beverly Hills       57.2       1943					
50 yard breast Henning Beverly Hills 32.9 1941 50 yard free Marquetter Whittier 26.1 1939 Medley Relay—75 yards Beverly Hills 42.4 1943 Medley Relay—100 yards Beverly Hills 59.3 1941 Four man Relay—100 yards Beverly Hills 57.2 1943		CLASS C			
50 yard breast Henning Beverly Hills 32.9 1941 50 yard free Marquetter Whittier 26.1 1939 Medley Relay—75 yards Beverly Hills 42.4 1943 Medley Relay—100 yards Beverly Hills 59.3 1941 Four man Relay—100 yards Beverly Hills 57.2 1943	50 yard back	Lyon, B.	Pasadena	30.4	1942
50 yard free       Marquetter       Whittier       26.1       1939         Medley Relay—75 yards       Beverly Hills       42.4       1943         Medley Relay—100 yards       Beverly Hills       59.3       1941         Four man Relay—100 yards       Beverly Hills       57.2       1943	50 yard breast	Henning	Beverly Hills	32.9	1941
Medley Relay—75 yardsBeverly Hills42.41943Medley Relay—100 yardsBeverly Hills59.31941Four man Relay—100 yardsBeverly Hills57.21943	50 yard free	Marquetter	Whittier	26.1	1939
Medley Relay—100 yards Beverly Hills 59.3 1941 Four man Relay—100 yards Beverly Hills 57.2 1943	Medley Relay-75 yards		Beverly Hills	42.4	1943
Four man Relay—100 yards Beverly Hills 57.2 1943	Medley Relay-100 yards		Beverly Hills	59.3	1941
Four man Relay—133 yards Beverly Hills 1:07.7 1941			Beverly Hills	57.2	1943
	Four man Relay-133 yards		Beverly Hills	1:07.7	1941