

2016-2017 SOCCER



SEASON PREVIEW





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TO: Principals/Athletic Directors
Boys & Girls Soccer Coaches

FROM: Kristine Palle, Assistant Commissioner
Girls Soccer Administrator
Mike Middlebrook, Assistant Commissioner
Boys Soccer Administrator

DATE: October 2016 (updated 2/1/2017)

RE: **CIF SOUTHERN SECTION 2016-2017 BOYS & GIRLS SOCCER SEASON**

The CIF Southern Section has put together this preview to assist schools with their soccer program. The purpose is to improve communications related to CIF Southern Section rules and regulations.

Be advised this is not a complete document; it does not discuss all rules and regulations. Coaches are reminded they need to refer to the CIF Southern Section Blue Book, NFHS Rule Book and to discuss issues with their athletic administration.

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The 2016-17 National Federation Soccer Rules Book were mailed to your school in October, ATTN: Soccer Coach.

2016-17 CIF-SS Boys and Girls Soccer Advisory Committee

The CIF Southern Section is continuing to utilize the concept of coaches' advisory committees for all sports. The role of the advisory committee may or may not include the following:

- Meetings
- Recommendations for playoffs sites
- Recommendations for procedural changes
- Recommendations for rule changes
- Evaluation of sport season
- Assistance to coaches and/or official's organizations
- Communications between coaches and the CIF-SS office
- Event Management at Championship Events

The Coaches Advisory Committee is made up of member coaches and an administrator from the CIF-SS office staff. Coaches selected for the committee provide a cross-section of the organization, based upon geographic, as well as competitive divisions. Should you have suggestions or questions regarding soccer competition, please make use of this excellent channel of communication; it is provided to serve your interests. The committee will meet on a regular basis during the season and your items will become part of our agenda.

DIV	B/G	NAME	SCHOOL	EMAIL
1	B	Glen Appels	St. Francis	gappels@sfhs.net
1	B	Todd Heil	Santa Barbara	todd.heil@verizon.net
1	B	Miguel Pena	Warren	efcsoccer88@gmail.com
1	B	Rafael Villasenor	Paramount	rvillasenor@paramount.k12.ca.us ; raf_33@yahoo.com
1	B	Mike Schade	Sunny Hills	mschade@fjuhsd.org
1	B	Arturo Lopez	Cathedral	alopez@chsla.org
1	G	Randy Dodge	Aliso Niguel	cysadodge@aol.com
1	G	Richard Simms	Harvard Westlake	rsimms@hw.com
2	G	Kyle Thomas	El Dorado	coachkylethomas@gmail.com
2	G	David Christensen	La Mirada	dchristensen@nlmusd.k12.ca.us
2	G	Justin Schroeder	Newport Harbor	newportharborgirlsoccer@gmail.com
2	G	Bryan Middleton	Corona del Mar	bmiddleton@nmusd.us
2	G	Jeff Gordon	Sunny Hills	jgordon86@hotmail.com
3	B	Ryan Mc Connell	Alta Loma	Ryan.McConnell@cjuhsd.net
3	B	Jose Sanchez	Santa Ana Valley	jose.sanchez@sausd.us
3	G	Michelle Mason	Corona	mtmason@cnusd.k12.ca.us
3	G	Esteban Chavez	Flintridge Prep	echavez@flintridgeprep.org
3	G	John Marmelstein	St. Margaret's	johnny.marmelstein@smes.org
4	B	Rudy Magallon	Artesia	Ahs8rudym@aol.com
4	G	Derrick Wong	Cabrillo/ Lompoc	coach_dwong@hotmail.com
4	G	David Belden	Ontario Christian	dbelden@ocschools.org
5	B	Dennis Guerra	Mayfair	coachdguerra@gmail.com
5	B	Felipe Corona	Mountain View	fdcorona@yahoo.com
5	B	Sergio Medrano	Animo Leadership	smedrano@animo.org
5	G	Matt Maeda/ AD	San Geronio	matthew.maeda@sbcusd.com
5	G	Marlon Archey	St. Genevieve	archey@vsgps.org
5	G	Connie Beard	San Geronio	Connie.beard@sbcusd.com
6	B	Steve Rappaport	Beverly Hills	steve@socalsoccer.org ; rappasport@gmail.com
6	B	Paul Casarez	Granite Hills	coachpc@hotmail.com
6	B	Greg Treur	Arrowhead Christian Academy	gtreur@redlandschristian.org
6	B	Alex Harrison	La Canada	calexharrison@yahoo.com
7	G	Josh Cummins	Saddleback Valley Christian	joshuacummins@icloud.com
		David Collicutt		dcollicutt@geffenacademy.ucla.edu
		Rob Skinner		coachrobskinner@gmail.com
	O	Mac Brazelton	Officials Assignor	macsolid@gmail.com

2016-2017 BOYS & GIRLS SOCCER WEEKLY TOP TEN POLL

It is important that coaches submit their results to the coaches' association members named at www.socalsoccer.org on the dates (Sundays) listed below:

DATES:

- Teams to watch -
Released: November 14
- December 11
- January 8
- January 15; released January 17
- January 22
- January 29
- February 5
- Final Poll -
Released: February 13

The CIF-SS office will release seven polls during the season. Please start your correspondence on Sunday, December 11th. The coaches' association members will report poll results to the CIF-SS office on the Monday following each of the above dates.

2016-2017

BOYS SOCCER - PLAYOFF CALENDAR DATES

Date of First Contest	November 21
Date of Last League Contest	February 9
Wild Cards (All Divisions)	February 15
First Round	February 17
Second Round	February 22
Quarterfinal Round (Saturday).....	February 25
Semi Final Round	February 28
CIF Southern Section Finals	March 3 & 4
CIF State So Cal Regionals	March 7 - 11

GIRLS SOCCER - PLAYOFF CALENDAR DATES

Date of First Contest	November 21
Date of Last League Contest	February 9
Wild Cards (All Divisions)	February 14
First Round	February 16
Second Round	February 21
Quarterfinal Round (Friday)	February 24
Semi Final Round	February 28
CIF Southern Section Finals	March 3 & 4
CIF State So Cal Regionals	March 7 - 11

CIFSSHOME REQUIREMENTS

SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest

Attention Athletic Directors/Coaches: It is very important that you enter your entire season schedule into CIFSSHome

(www.cifsshome.org) as well as update the scores immediately following your contests.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

-On the left panel, click on "Teams", select "Soccer, Boys or Soccer, Girls"

-To **Add a game**, click "Add Game" at the top right and fill out all of the required fields which are marked by a red (*) to complete your schedule.

-To **Submit your score**, click on the "Teams", select "Soccer, Boys or Soccer, Girls" Scroll through your schedule and click on the green "Post Result" button.

-Make sure that your overall and team records are correct on your team page.

Check out the Help video under the Help button on the bottom left, "Be CIF Prepared!"

VARSITY TEAM INFORMATION (ROSTER) DUE no later than TUESDAY, FEBRUARY 7, 2017

Attention Athletic Directors/Coaches: It is very important that you enter your entire Soccer Varsity roster into CIFSSHome

(www.cifsshome.org) no later than **TUESDAY, FEBRUARY 7, 2017.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, Click on the "Teams" tab, select "Soccer, Boys or Soccer, Girls"

-Here are the instructions for using the sample file.

- Download the sample file and delete the "contents only". Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

Required Columns for Soccer are: First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility.

- Next - click Choose File, find your file, then click "Import Student".

- To confirm your roster has been uploaded, your roster will appear in the roster section.

Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"

VARSITY COACHES

Attention Athletic Directors/Coaches: It is very important that you enter your Soccer coaches (Head & Assistants)

into CIFSSHome (www.cifsshome.org) no later than **TUESDAY, FEBRUARY 7, 2017.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-Click on the "Teams" tab on the left navigation bar. Click on the corresponding varsity team (Soccer, Boys or Soccer, Girls).

-Click on "Add/Edit Coaches", select the information to add both your HEAD & ASSISTANT coaches

Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"

VARSITY TEAM PHOTO DUE no later than FRIDAY, FEBRUARY 24, 2017

Attention Athletic Directors/Coaches: It is very important that your Soccer Varsity Team Photo is uploaded to CIFSSHome

(www.cifsshome.org) no later than **FRIDAY, FEBRUARY 24, 2017.**

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).

on Home Campus

-On the left panel, click **Teams**" tab on the left navigation bar. Click on the corresponding varsity team (Soccer, Boys or Soccer, Girls).

- Under Team Picture, click Add/Edit picture, click Browse, find your file and click "Upload Picture" – Team Photo can be no larger than 672 pixels x 480 pixels (7"x5")

Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"

AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER

Attention Athletic Directors/ Coaches: Please follow the instructions below to enter your school as an At Large Entry for Soccer. The

At Large Application is to be submitted by your school no later than THURSDAY, FEBRUARY 9, 2017 @ 11:00 p.m.

Log in @ www.cifsshome.org (If you do not have a log in & password as a coach, check with your Athletic Director).


Once you are logged in:

-On the left panel, click on At Large Petition

-Select "Boys Soccer or Girls Soccer" then click "Add"

Please be sure that your Schedule is updated in CIFSSHome as this is where the information for the At Large Petition will be created.

Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"


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GIRLS SOCCER 2016-2017 LEAGUES/SCHOOLS/DIVISIONS

updated 11/21/16

<u>ENT</u> <u>LEAGUE</u>	<u>DIV</u>	<u>ENT</u> <u>LEAGUE</u>	<u>DIV</u>	<u>ENT</u> <u>LEAGUE</u>	<u>DIV</u>	<u>ENT</u> <u>LEAGUE</u>	<u>DIV</u>
4 <u>ACADEMY</u>		3 <u>CAMINO REAL</u>		4 <u>CROSS VALLEY</u>		4 <u>DESERT VALLEY</u>	
Brethren Christian	7	Mary Star of the Sea	7	Acad Career & Exp	7	Cathedral City	5
Calvary Chapel/D	7	Pomona Catholic	7	Acad Academic Ex	6	Indio	7
Crean Lutheran	5	St. Genevieve	5	Big Bear	7	La Quinta/La Quinta	4
Oxford Academy	5	St. Mary's Academy	7	Excelsior Charter	7	Palm Desert	5
Sage Hill	4	St. Monica Catholic	7	Lucerne Valley	7	Palm Springs	7
St. Margarets	3			Riverside Prep	6	Shadow Hills	6
Whitney	6	3 <u>CHANNEL</u>		Silver Valley	7	Xavier Prep	6
		Buena	3	University Prep	6		
3 <u>ALMONT</u>		Dos Pueblos	3			3 <u>EMPIRE</u>	
Alhambra	6	San Marcos	3	3 <u>DE ANZA</u>		Cypress	1
Bell Gardens	6	Santa Barbara	3	Coachella Valley	6	Kennedy	3
Mark Keppel	6	Ventura	4	Desert Hot Springs	7	Pacifica/Garden Grove	2
Montebello	6			Desert Mirage	7	Tustin	4
San Gabriel	7	4 <u>CITRUS BELT</u>		Rancho Mirage	7	Valencia/Placentia	3
Schurr	4	Cajon	3	Twentynine Palms	7	Western	5
		Carter	3	Yucca Valley	7		
4 <u>AMBASSADOR</u>		Citrus Valley	2	3 <u>DEL REY</u>		3 <u>FOOTHILL</u>	
Aquinas	6	Eisenhower	4	Bishop Amat	3	Canyon/CC	2
Arrowhead Christian	5	Miller, A.B.	3	Bishop Montgomery	3	Golden Valley	3
Linfield Christian	5	Redlands	2	La Salle	3	Hart	1
Loma Linda Acad	7	Redlands East Valley	2	St. Anthony	6	Saugus	3
Notre Dame/ Riv	6	Yucaipa	2	St. Joseph/Lkwd	3	Valencia/Valencia	2
Ontario Christian	4					West Ranch	2
Western Christian	5	4 <u>COASTAL</u>		3 <u>DEL RIO</u>		3 <u>FREEWAY</u>	
Woodcrest Christian	6	CAMS	7	California	4	Buena Park	5
		Hawthorne MSA	7	El Rancho	6	Fullerton	4
3 <u>BASELINE</u>		Lennox Academy	7	La Serna	3	La Habra	2
Chino Hills	1	New Roads	7	Pioneer	5	Sonora	3
Etiwanda	1	Rolling Hills Prep	7	Santa Fe	5	Sunny Hills	2
Los Osos	1	Vistamar	6	Whittier	7	Troy	1
Rancho Cucamonga	1	Wildwood	7				
St. Lucy's	1	3 <u>COASTAL CANYON</u>		4 <u>DESERT MOUNTAIN</u>		4 <u>FRONTIER</u>	
Upland	1	Camarillo	4	Boron	7	Bishop Diego	7
		Moorpark	2	Desert Chr/Lan	7	Carpinteria	7
3 <u>BAY</u>		Oak Park	3	Mammoth	6	Cate	7
Inglewood	3	Royal	3	Mojave High School	7	Fillmore	7
Mira Costa	2	Simi Valley	4	Vasquez	6	Nordhoff	6
Morningside	4					Santa Clara	7
Palos Verdes	1	2 <u>CONDOR</u>		3 <u>DESERT SKY</u>		Thacher	7
Peninsula	2	Dunn	7	Adelanto	5	Villanova Prep	7
Redondo Union	2	Laguna Blanca	7	Barstow	3		
		Midland	7	Granite Hills	3	3 <u>GARDEN GROVE</u>	
3 <u>BIG VIII</u>		Oak Grove <small>(Not eligible)</small>	7	Silverado	4	Bolsa Grande	7
Centennial/Corona	2			Victor Valley	4	Garden Grove	5
Corona	3	2 <u>CRESTVIEW</u>				La Quinta/W	7
King, Martin Luther	2	Canyon/Anaheim	2			Los Amigos	6
Norco	2	Esperanza	1			Rancho Alamitos	7
Roosevelt, Eleanor	3	Foothill	1			Santiago/GG	7
Santiago/Corona	1	Yorba Linda	1				

ENT LEAGUE	DIV	ENT LEAGUE	DIV	ENT LEAGUE	DIV	LEAGUE	DIV
4 GOLD COAST		3 INDEPENDENCE		4 MISSION VALLEY		3 MT. BALDY	
Brentwood	4	AGBU/ Canoga Park	7	Arroyo	7	Alta Loma	4
Campbell Hall	6	Glendale Adventist	7	El Monte	7	Chaffey	6
Crossroads	6	Pilibos	7	Gabrielino	5	Colony	5
Paraclete	5	Providence (Bur)	7	Marshall	6	Don Lugo	5
Sierra Canyon	4	Yeshiva	7	Mountain View	7	Montclair	5
Viewpoint	5			Rosemead	7	Ontario	6
Windward	5	3 INLAND VALLEY		South El Monte	5		
		Arlington	5			3 MULLHOLLAND	
4 GOLDEN		Canyon Springs	5	3 MOJAVE RIVER		Ambassador	5
Antelope Valley	5	North, J.W.	6	Apple Valley	4	Animo Leadership	5
Eastside	4	Poly/Riverside	2	Burroughs/R	5	Environmental Chart	7
Highland	3	Rancho Verde	5	Hesperia	5	Pacific Lutheran	5
Knight	3	Valley View	4	Oak Hills	3	Shalhevet	7
Lancaster	3			Serrano	3		
Littlerock	5	3 LIBERTY		Sultana	4	2 NORTH HILLS	
Palmdale	4	Archer	6			Brea Olinda	2
Quartz Hill	2	Buckley	7	3 MONTVIEW		El Dorado	2
		de Toledo	7	Azusa	7	El Modena	3
3 GOLDEN WEST		Milken Community	7	Duarte	6	Villa Park	2
Loara	6	Oakwood	7	Gladstone	7		
Ocean View	4	Pacifica Christian/SM	6	Nogales	5	3 OCEAN	
Orange	7			Sierra Vista	4	Beverly Hills	5
Santa Ana	5	4 LOS PADRES		Workman	7	Culver City	4
Segerstrom	4	Cabrillo/Lompoc	4			El Segundo	3
Westminster	5	Lompoc	5	4 MOORE		Hawthorne	4
		Morro Bay	5	Cabrillo/Long Beach	2	Lawndale	4
3 HACIENDA		Nipomo	4	Compton	2	Santa Monica	3
Charter Oak	3	Orcutt Academy	7	Jordan	2		
Chino	4	Santa Maria	7	Lakewood	2	3 OLYMPIC	
Diamond Ranch	4	Santa Ynez	4	Millikan	1	Heritage Christian	5
Los Altos	3	Templeton	5	Poly/Long Beach	1	Maranatha	5
Walnut	4			Wilson/Long Beach	1	Valley Chr/Cer	6
West Covina	4	3 MARMONTE				Village Christian	7
		Agoura	2	3 MOUNTAIN PASS		Whittier Christian	7
4 HERITAGE		Calabasas	4	Beaumont	6		
Guidance Charter	7	Newbury Park	2	Citrus Hill	6	3 ORANGE	
Santa Clarita Chr	6	Oaks Christian	1	Hemet	5	Anaheim	6
Santa Clarita Vly In	7	Thousand Oaks	4	San Jacinto	5	Century	6
St. Monica Acad	7	Westlake	1	Tahquitz	4	Katella	6
Trinity Classical	7			West Valley	6	Magnolia	7
Valley Torah	7	3 MIRAMONTE				Santa Ana Valley	6
		Bassett	7	3 MOUNTAIN VALLEY		Savanna	5
3 HORIZON		Edgewood	7	Banning	7		
Alverno	7	Ganesha	7	Moreno Valley	6	3 ORANGE COAST	
Bishop Conaty-Lor	7	Garey	7	Pacific	7	Calvary Chapel/SA	4
Holy Family	7	La Puente	7	Rubidoux	7	Costa Mesa	6
Ramona Convent	7	Pomona	7	San Bernardino	7	Estancia	4
Sacred Hrt of Jesus	7			Vista Del Lago	6	Godinez	4
San Gab Mission	7	3 MISSION				Laguna Beach	4
		Alemanya	4			Saddleback	7
		Chaminade	3				
		Flintridge Sacred Hrt	3				
		Harvard-Westlake	1				
		Marlborough	4				

<u>ENT</u>	<u>LEAGUE</u>	<u>DIV</u>	<u>ENT</u>	<u>LEAGUE</u>	<u>DIV</u>	<u>ENT</u>	<u>LEAGUE</u>	<u>DIV</u>	<u>ENT</u>	<u>LEAGUE</u>	<u>DIV</u>
4	<u>PAC 8</u>		3	<u>RIO HONDO</u>		3	<u>SOUTHWESTERN</u>		3	<u>SUNSHINE</u>	
	Arroyo Grande	3		Blair	5		Chaparral	2		Immaculate Heart	5
	Atascadero	3		La Canada	3		Great Oak	3		Louisville	6
	Mission College Prep	3		Monrovia	4		Murrieta Mesa	3		Marymount	4
	Paso Robles	4		San Marino	4		Murrieta Valley	3		Notre Dame Academy	5
	Pioneer Valley	4		South Pasadena	5		Temecula Valley	2		Notre Dame/ SO	1
	Righetti	4		Temple City	5		Vista Murrieta	2			
	San Luis Obispo	2									
	St. Joseph/Santa Maria	3	3	<u>RIVER VALLEY</u>		3	<u>SOUTH COAST</u>		3	<u>TRINITY</u>	
				Hillcrest	5		Aliso Niguel	1		Jserra	1
4	<u>PACIFIC</u>			Jurupa Valley	5		Dana Hills	1		Lutheran/Orange	2
	Arcadia	3		La Sierra	5		Laguna Hills	1		Mater Dei	1
	Burbank	4		Norte Vista	6		San Clemente	1		Rosary	1
	Burroughs/Burbank	4		Patriot	5		Tesoro	1		Santa Margarita	1
	Crescenta Valley	3		Ramona	7						
	Glendale	5	3	<u>SAN ANDREAS</u>		3	<u>SOUTH VALLEY</u>		3	<u>TRI-VALLEY</u>	
	Hoover	5		Arroyo Valley	7		California Military	7		Foothill Technology	7
	Muir	5		Indian Springs	7		Calvary Murrieta	7		Grace Brethren	6
	Pasadena	5		Jurupa Hills	6		Hamilton	7		La Reina	5
				Rialto	6		Nuview Bridge	6		Malibu	4
3	<u>PACIFIC COAST</u>			Rim of the World	5		Rancho Christian	6		Santa Paula	5
	Beckman	2		San Gorgonio	5		Santa Rosa Acad	6		St. Bonaventure	7
	Corona del Mar	2	3	<u>SAN GABRIEL VALLEY</u>		4	<u>SUBURBAN</u>		3	<u>VALLE VISTA</u>	
	Irvine	3		Dominguez	4		Artesia	4		Baldwin Park	6
	Northwood	1		Downey	3		Bellflower	4		Covina	5
	University	2		Gahr	5		Cerritos	4		Northview	7
	Woodbridge	2		Lynwood	4		Glenn	5		Rowland	5
				Paramount	3		La Mirada	2		San Dimas	5
3	<u>PACIFIC VIEW</u>			Warren	2		Mayfair	3		Wilson/HH	6
	Channel Islands	6					Norwalk	5			
	Hueneme	7	5	<u>SAN JOAQUIN</u>		3	<u>SUNBELT</u>		2	<u>WARRIOR</u>	
	Oxnard	3		Avalon	7		Elsinore	7		Orange Vista	7
	Pacifica/Oxnard	4		Capistrano Vly Chr	7		Heritage	6		Public Safety Acad	7
	Rio Mesa	4		Connelly, Cornelia	7		Lakeside	5		Riverside Cnty Ed	7
				Fairmont Prep	7		Paloma Valley	4		San Jacinto Vly Acad	7
3	<u>PALOMARES</u>			Saddleback Vly Chr	7		Perris	7			
	Ayala, Ruben	2		Samueli Academy	7		Temescal Canyon	4			
	Bonita	4		Southlands Chr	7						
	Claremont	3		Tarbut V Torah	7	3	<u>SUNKIST</u>			<u>FREELANCE</u>	
	Diamond Bar	3		Webb	6		Bloomington	4		Pacifica Chr/SM	6
	Glendora	3	3	<u>SANTA FE</u>			Colton	6			
	South Hills	1		Cantwell-Sacred Hrt	7		Fontana	7			
				Serra	7		Grand Terrace	4			
3	<u>PIONEER</u>			St. Bernard	7		Kaiser	7			
	Leuzinger	5		St. Paul	7		Summit	5			
	North Torrance	3		St. Pius-St. Matthias	5						
	South Torrance	3	3	<u>SEA VIEW</u>		3	<u>SUNSET</u>				
	Torrance	3		Capistrano Valley	2		Edison	1			
	West Torrance	2		El Toro	1		Fountain Valley	2			
				Mission Viejo	2		Huntington Beach	1			
3	<u>PREP</u>			San Juan Hills	1		Los Alamitos	1			
	Chadwick	3		Trabuco Hills	1		Marina	2			
	Firebaugh	5					Newport Harbor	2			
	Flintridge Prep	3									
	Mayfield	4									
	Poly/Pasadena	3									
	Westridge	4									

**THIS IS THE
BIRTHPLACE
OF TEAM**



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2016-2017 GIRLS SOCCER PLAYOFF GROUPINGS BY DIVISION

UPDATED 11/21/16

DIVISION 1 SCHOOL	DIVISION 2 SCHOOL	DIVISION 3 SCHOOL	DIVISION 4 SCHOOL
Aliso Niguel	Agoura	Arcadia	Aleman
Chino Hills	Ayala	Arroyo Grande	Alta Loma
Cypress	Beckman, Arnold	Atascadero	Apple Valley
Dana Hills	Brea Olinda	Barstow	Artesia
Edison	Cabrillo/Long	Bishop Amat	Bellflower
El Toro	Canyon/Anaheim	Bishop	Bloomington
Esperanza	Canyon/CC	Buena	Bonita
Etiwanda	Capistrano Valley	Cajon	Brentwood
Foothill	Centennial/Corona	Carter	Burbank
Hart	Chaparral	Chadwick	Burroughs/Burban
Harvard-Westlake	Citrus Valley	Chaminade	Cabrillo/Lompoc
Huntington Beach	Compton	Charter Oak	Calabasas
JSerra Catholic	Corona del Mar	Claremont	California
Laguna Hills	El Dorado	Corona	Calvary Chapel/SA
Los Alamitos	Fountain Valley	Crescenta Valley	Camarillo
Los Osos	Jordan	Diamond Bar	Cerritos
Mater Dei	King, Martin	Dos Pueblos	Chino
Millikan	La Habra	Downey	Culver City
Northwood	La Mirada	El Modena	Diamond Ranch
Notre Dame/SO	Lakewood	El Segundo	Dominguez
Oaks Christian	Lutheran/Orange	Flintridge Prep	Eastside
Palos Verdes	Marina	Flintridge Sacred	Eisenhower
Poly/Long Beach	Mira Costa	Glendora	Estancia
Rancho	Mission Viejo	Golden Valley	Fullerton
Rosary Academy	Moorpark	Granite Hills	Godinez
San Clemente	Newbury Park	Great Oak	Grand Terrace
San Juan Hills	Newport Harbor	Highland	Hawthorne
Santa Margarita	Norco	Inglewood	La Quinta/La
Santiago/Corona	Pacifica/GG	Irvine	Laguna Beach
South Hills	Peninsula	Kennedy	Lawndale
St. Lucys	Poly/Riverside	Knight, Pete	Lynwood
Tesoro	Quartz Hill	La Canada	Malibu
Trabuco Hills	Redlands	La Salle	Marlborough
Troy	Redlands East Vly	La Serna	Marymount
Upland	Redondo Union	Lancaster	Mayfield
Westlake	San Luis Obispo	Los Altos	Monrovia
Wilson/Long	Sunny Hills	Mayfair	Morningside
Yorba Linda	Temecula Valley	Miller, A.B.	Nipomo
	University	Mission College Prep	Ocean View
	Valencia/Valencia	Murrieta Mesa	Ontario Christian
	Villa Park	Murrieta Valley	Pacifica/Oxnard
	Vista Murrieta	North Torrance	Palmdale
	Warren	Oak Hills	Paloma Valley
	West Ranch	Oak Park	Paso Robles
	West Torrance	Oxnard	Pioneer Valley
	Woodbridge		
	Yucaipa		

The following teams are not eligible for 2016-2017 Southern Section Girls Soccer playoffs due to no information

Oak Grove

Djai Valley

<u>SCHOOL</u>	<u>DIVISION 5</u>	<u>DIVISION 6</u>	<u>DIVISION 7</u>	<u>SCHOOL</u>	<u>SCHOOL</u>
Adelanto	Rancho Verde	Acad/Aca	Acad Careers &	Hamilton	Ramona
Ambassador	Rim of the World	Alhambra	AGBU/ Canoga Park	Hawthorne MSA	Ramona Convent
Animo Leadership	Rowland	Anaheim	Alverno	Holy Family	Rancho Alamitos
Antelope Valley	San Dimas	Aquinas	Arroyo	Hueneme	Rancho Mirage
Arlington	San Gorgonio	Archer School for	Arroyo Valley	Indian Springs	Rolling Hills Prep
Arrowhead	San Jacinto	Baldwin Park	Avalon	Indio	Rosemead
Beverly Hills	Santa Ana	Beaumont	Azusa	Kaiser	Rubidoux
Blair	Santa Fe	Bell Gardens	Banning	La Puente	Sacred Heart of
Buena Park	Santa Paula	Campbell Hall	Bassett	La Quinta/W	Saddleback
Burroughs/Ridgecres	Savanna	Century	Big Bear	Laguna Blanca	Saddleback Vly Chr
Canyon Springs	South El Monte	Chaffey	Bishop Conaty-	Lennox Academy	Samueli Academy
Cathedral City	South Pasadena	Channel Islands	Bolsa Grande	Loma Linda	San Bernardino
Colony	St. Genevieve	Citrus Hill	Boron	Lucerne Valley	San Gabriel
Covina	St. Pius-St. Matthias	Coachella Valley	Brethren Christian	Magnolia	San Gabriel
Crean Lutheran	Summit	Colton	Buckley	Mary Star	San Jacinto Valley
Don Lugo	Temple City	Costa Mesa	CAMS	Midland	Santa Clara
Firebaugh	Templeton	Crossroads	California Military	Milken	Santa Clarita
Gabrielino	Viewpoint	Desert	Calvary Chapel/D	Mojave	Santa Maria
Gahr	Western	Duarte	Calvary Murrieta	Mountain View	Santiago/GG
Garden Grove	Western Christian	El Rancho	Cantwell-Sacred	New Roads	Serra
Glendale	Westminster	Grace Brethren	Capistrano Vly Chr	Northview	Shalhevet
Glenn	Windward	Heritage	Carpinteria	Oak Grove	Silver Valley
Hemet		Jurupa Hills	Cate	Oakwood	Southlands Chr
Heritage Christian		Katella	Connelly	Orange	St. Bernard
Hesperia		Loara	de Toledo	Orange Vista	St. Bonaventure
Hillcrest		Los Amigos	Desert	Orcutt Academy	St. Marys
Hoover		Louisville	Desert Hot Springs	Pacific	St. Monica Acad
Immaculate Heart		Mammoth	Desert Mirage	Palm Springs	St. Monica
Jurupa Valley		Mark Keppel	Dunn	Perris	St. Paul
La Reina		Marshall	Edgewood	Pilibos	Tarbut V Torah
La Sierra		Montebello	Einstein Academy	Pomona	Trinity Classical
Lakeside		Moreno Valley	El Monte	Pomona Catholic	Thacher
Leuzinger		Nordhoff	Elsinore	Providence/Bur	Twentynine Palms
Linfield Christian		Norte Vista	Environmental	Public Safety Acade	Upland Christian
Littlerock		North, J.W.	Excelsior Charter	Ramona	Valley Torah
Lompoc		Notre	Fairmont Prep	Ramona Convent	Village Christian
Maranatha		Nuview Bridge	Fillmore	Rancho Alamitos	Villanova Prep
Montclair		Ontario	Fontana	Rancho Mirage	Whittier
Morro Bay		Pacifica Chr/SM	Foothill	Riverside Cnty Ed	Whittier Christian
Muir		Rancho Christian	Ganesha		Wildwood
Nogales		Rialto	Garey		Workman
Norwalk		Riverside Prep	Gladstone		Yeshiva (YULA)
Notre Dame		Santa Ana Valley	Glendale Adventist		Yucca Valley
Oxford Academy		Santa Clarita	Guidance Charter		
Pacific Lutheran		Santa Rosa			
Palm Desert		Shadow Hills			
Paraclete		St. Anthony			
Pasadena		University Prep			
Patriot		Valley Christian/Cerr			
Pioneer		Vasquez			
		Vista Del Lago			
		Vistamar			
		Webb			
		West Valley			
		Whitney			
		Wilson/HH			
		Woodcrest Chr			
		Xavier Prep			

BOYS SOCCER 2016-2017 LEAGUES/SCHOOLS/DIVISIONS

updated 2/1/2017

<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>
3 ACADEMY		3 BAY		3 COASTAL CANYON		3 DEL RIO	
Brethren Christian	7	Inglewood	3	Camarillo	3	California	3
Calvary Chapel/D	7	Mira Costa	1	Moorpark	2	El Rancho	2
Crean Lutheran	6	Morningside	3	Oak Park	4	La Serna	2
Oxford Academy	7	Palos Verdes	1	Royal	1	Pioneer	5
Sage Hill	6	Peninsula	1	Simi Valley	1	Santa Fe	3
St. Margarets	6	Redondo Union	1			Whittier	4
Whitney				3 CONDOR		3 DESERT MOUNTAIN	
		3 BIG VIII		Besant Hill	■	Boron	7
3 ALMONT		Centennial/Corona	1	Dunn	6	Desert Chr/Lan	7
Alhambra	5	Corona	2	Laguna Blanca	7	Mammoth	7
Bell Gardens	1	King, Martin Luther	2	Midland	7	Mojave High School	7
Mark Keppel	5	Norco	3	Oak Grove	■	Vasquez	7
Montebello	1	Roosevelt, Eleanor	3	Ojai Valley	7		
San Gabriel	5	Santiago/Corona	2			3 DESERT SKY	
Schurr	2			2 CRESTVIEW		Adelanto	6
		3 CAMINO REAL		El Dorado	3	Barstow	6
4 AMBASSADOR		Cantwell S H M	6	Esperanza	3	Bartholomew	6
Aquinas	7	Don Bosco Tech	7	Foothill/Santa Ana	2	Silverado	6
Arrowhead Christian	6	La Salle	6	Villa Park	4	Victor Valley	7
Linfield Christian	6	Mary Star/Sea	6				
Loma Linda Acad	7	St. Monica Catholic	6	5 CROSS VALLEY		4 DESERT VALLEY	
Notre Dame/ Riv	7	St. Paul	6	Acad Career & Exp	7	Cathedral City	4
Ontario Christian	6			Acad Academic Ex	7	Indio	4
Western Christian	7	3 CHANNEL		Big Bear	7	La Quinta/La Quinta	2
Woodcrest Christian	6	Buena	2	Cobalt Institute	tba	Palm Desert	2
		Dos Pueblos	2	Excelsior Charter	7	Palm Springs	3
3 ARROWHEAD		San Marcos	3	Lucerne Valley	7	Shadow Hills	6
California Lutheran	7	Santa Barbara	1	Riverside Prep	7	Xavier Prep	5
Carnegie/Riverside	7	Ventura	2	Silver Valley	7		
Crossroads Christian	7			University Prep	7	3 EMPIRE	
Hamilton	7	4 CITRUS BELT				Cypress	5
La Sierra Academy	7	Cajon	4	4 DE ANZA		Kennedy	5
Upland Chr Acad	7	Carter	4	Coachella Valley	4	Pacifica/Garden	4
		Citrus Valley	3	Desert Hot Springs	6	Tustin	5
3 BASELINE		Eisenhower	5	Desert Mirage	4	Valencia/Placentia	2
Chino Hills	2	Miller, A.B.	4	Rancho Mirage	6	Western	4
Damien	3	Redlands	5	Twentynine Palms	7		
Etiwanda	5	Redlands East Valley	1	Yucca Valley	7		
Los Osos	4	Yucaipa	3				
Rancho Cucamonga	5	4 COASTAL		3 DEL REY		Bishop Amat	3
Upland	4	CAMS	6	Bishop	4	Cathedral	1
		Hawthorne MSA	6	Salesian	3	St. Genevieve	6
		Lennox Academy	6				
		New Roads	7				
		Rolling Hills Prep	7				
		Vistamar	6				
		Wildwood	7				

<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>
3 EXPRESS		4 GOLDEN		2 LIBERTY		3 MOJAVE RIVER	
Capistrano Vly Chr	7	Antelope Valley	5	Buckley	7	Apple Valley	5
Emerson Honors	6	Eastside	5	de Toledo	7	Burroughs/R	6
Lutheran/La Verne	7	Highland	4	Milken Community	7	Hesperia	6
Southlands Chr	7	Knight,Pete	3	Oakwood	7	Oak Hills	5
St. Michaels Prep	7	Lancaster	4			Serrano	5
		Littlerock	4	4 LOS PADRES		Sultana	4
3 FOOTHILL		Palmdale	4	Cabrillo/Lompoc	4		
Canyon/CC	5	Quartz Hill	3	Lompoc	4	3 MONTVIEW	
Golden Valley	6			Morro Bay	5	Azusa	6
Hart	4	3 GOLDEN WEST		Nipomo	5	Duarte	6
Saugus	4	Loara	2	Orcutt Academy	4	Gladstone	4
Valencia/Valencia	3	Ocean View	4	Santa Maria	2	Nogales	6
West Ranch	4	Orange	2	Santa Ynez	3	Sierra Vista	5
		Santa Ana	1	Templeton	5	Workman	6
3 FREEWAY		Segerstrom	2				
Buena Park	4	Westminster	3	3 MARMONTE		4 MOORE	
Fullerton	3			Agoura	2	Cabrillo/Long Beach	1
La Habra	4	3 HACIENDA		Calabasas	5	Compton	3
Sonora	3	Charter Oak	6	Newbury Park	2	Jordan	1
Sunny Hills	1	Chino	5	Oaks Christian	4	Lakewood	3
Troy	3	Diamond Ranch	5	Thousand Oaks	3	Millikan	1
		Los Altos	5	Westlake	4	Poly/Long Beach	2
4 FRONTIER		Walnut	5			Wilson/Long Beach	3
Bishop Diego	7	West Covina	6	3 MIRAMONTE			
Foothill Technology	7			Bassett	6	3 MOUNTAIN PASS	
Malibu	6	3 HERITAGE		Edgewood	7	Beaumont	6
Santa Clara	7	Guidance Charter	7	Ganesh	5	Citrus Hill	5
St. Bonaventure	7	Palmdale Aeros Acd	7	Garey	5	Hemet	5
Thacher	7	Santa Clarita Chr	7	La Puente	6	San Jacinto	5
Villanova Prep	7	Trinity Classical Acd	7	Pomona	5	Tahquitz	4
		Valley Torah	7			West Valley	6
3 GARDEN GROVE				4 MISSION		3 MOUNTAIN VALLEY	
Bolsa Grande	6	3 INDEPENDENCE		Aleman	2	Banning	6
Garden Grove	4	AGBU/Canoga Park	7	Chaminade	1	Moreno Valley	5
La Quinta/W	6	Providence (Bur)	7	Crespi	2	Pacific	7
Los Amigos	5	Yeshiva	7	Harvard-Westlake	1	Rubidoux	6
Rancho Alamitos	3			Loyola	1	San Bernardino	7
Santiago/GG	3	3 INLAND VALLEY		Notre Dame/SO	1	Vista Del Lago	6
		Arlington	2	St. Francis	1		
4 GOLD COAST		Canyon Springs	5			3 MT. BALDY	
Brentwood	6	North, J.W.	3	4 MISSION VALLEY		Alta Loma	3
Campbell Hall	6	Poly/Riverside	2	Arroyo	6	Chaffey	2
Crossroads	5	Rancho Verde	2	El Monte	5	Colony	4
McAuliffe,Christa	7	Valley View	3	Gabrielino	7	Don Lugo	5
Paraclete	6			Marshall	6	Montclair	5
Sierra Canyon	6			Mountain View	5	Ontario	2
Viewpoint	7			Rosemead	6		
Windward	6			South El Monte	5		

<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>LEAGUE</u>	<u>DIV</u>
3 MULLHOLLAND		4 PAC 8		2 PREP		3 SANTA FE	
Animo Leadership	5	Arroyo Grande	2	Chadwick	6	Bell-Jeff	7
Environmental Chart	6	Atascadero	4	Firebaugh	5	Serra	6
Pacific Lutheran	7	Mission College Prep	6	Flintridge Prep	6	St. Anthony	7
Shalhevet	7	Paso Robles	3	Poly/Pasadena	6	St. Bernard	7
Summit View-Westview	7	Pioneer Valley	2			St. Pius X- St. Matthias Acad	7
		Righetti	4			Verbum Dei	7
		San Luis Obispo	2				
2 NORTH HILLS		St. Joseph/Santa	4	3 RIO HONDO		3 SEA VIEW	
Brea Olinda	3			Blair	7	Capistrano Valley	2
El Dorado	3	4 PACIFIC		La Canada	6	Dana Hills	2
El Modena	4	Arcadia	5	Monrovia	5	Laguna Hills	2
Yorba Linda	4	Burbank	5	San Marino	6	Tesoro	1
		Burroughs/Burbank	3	South Pasadena	6	Trabuco Hills	2
3 OCEAN		Crescenta Valley	3	Temple City	6		
Beverly Hills	6	Glendale	4			3 SOUTH COAST	
Culver City	4	Hoover	4	3 RIVER VALLEY		Aliso Niguel	2
El Segundo	4	Muir	4	Hillcrest	4	El Toro	1
Hawthorne	5	Pasadena	2	Jurupa Valley	5	Mission Viejo	1
Lawndale	4			La Sierra	3	San Clemente	1
Santa Monica	5	3 PACIFIC COAST		Norte Vista	2	San Juan Hills	2
		Beckman	3	Patriot	4		
3 OLYMPIC		Corona del Mar	2	Ramona	4	4 SOUTH VALLEY	
Heritage Christian	6	Irvine	5			California Military	7
Maranatha	6	Northwood	3	3 SAN ANDREAS		Calvary Murrieta	7
Valley Chr/Cer	6	University	4	Arroyo Valley	5	Hamilton	7
Village Christian	7	Woodbridge	3	Indian Springs	5	Nuview Bridge	7
Whittier Christian	7			Jurupa Hills	5	Rancho Christian	7
		3 PACIFIC VIEW		Rialto	5	San Jacinto Vly Acad	7
4 OMEGA		Channel Islands	3	Rim of the World	6	Santa Rosa Acad	7
Einstein Academy	7	Hueneme	2	San Gorgonio	5	Temecula Prep	7
Highland Hall	tba	Oxnard	3				
Lighthouse Christian	7	Pacifica/Oxnard	2	3 SAN GABRIEL VALLEY		3 SOUTHWESTERN	
Newbury Park Advt	7	Rio Mesa	4	Dominguez	3	Chaparral	4
Pilgrim	7			Downey	1	Great Oak	4
Summit View	tba	3 PALOMARES		Gahr	2	Murrieta Mesa	5
Westmark	7	Ayala, Ruben	4	Lynwood	2	Murrieta Valley	5
		Bonita	5	Paramount	1	Temecula Valley	5
3 ORANGE		Claremont	3	Warren	1	Vista Murrieta	4
Anaheim	1	Diamond Bar	3				
Century	1	Glendora	4	4 SAN JOAQUIN		4 SUBURBAN	
Katella	2	South Hills	5	Avalon	7	Artesia	4
Magnolia	3			Capistrano Vly Chr	7	Bellflower	4
Santa Ana Valley	3	3 PIONEER		Fairmont Prep	7	Cerritos	5
Savanna	4	Centennial/Com	5	Saddleback Vly Chr	6	Glenn	6
		Leuzinger	5	Samueli Academy	tba	La Mirada	4
3 ORANGE COAST		North Torrance	4	Tarbut V Torah	7	Mayfair	5
Calvary Chap/SA	6	South Torrance	3	Webb	6	Norwalk	4
Costa Mesa	5	Torrance	4				
Estancia	3	West Torrance	3				
Godinez	2						
Laguna Beach	5						
Saddleback	3						

<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>	<u>ENT LEAGUE</u>	<u>DIV</u>
3 SUNBELT		3 VICTORY		FREELANCE	
Elsinore	5	Bloomington Chr	7	Coast Union	6
Heritage	6	Desert Chapel	7		
Lakeside/LE	4	Desert Chr Acad	7		
Paloma Valley	5	Grove	7		
Perris	5	Palm Valley	7		
Temescal Canyon	4	Redlands Adventist	7		
3 SUNKIST		2 WARRIOR			
Bloomington	2	Orange Vista	tba		
Colton	4	Public Safety Acad	7		
Fontana	2	Riverside Cnty Ed	tba		
Grand Terrace	5	San Jacinto Vly Acad	7		
Kaiser	3				
Summit	3				
3 SUNSET					
Edison	1				
Fountain Valley	1				
Huntington Beach	1				
Los Alamitos	1				
Marina	2				
Newport Harbor	3				
3 TRI-VALLEY					
Carpinteria	6				
Cate	6				
Fillmoe	6				
Grace Brethren	7				
Nordhoff	6				
Santa Paula	5				
3 TRINITY					
JSerra Catholic	1				
Lutheran/Orange	2				
Mater Dei	1				
Santa Margarita	1				
Servite	1				
St. John Bosco	1				
3 VALLE VISTA					
Baldwin Park	5				
Covina	6				
Northview	7				
Rowland	6				
San Dimas	7				
Wilson/HH	6				

The following teams are not eligible for 2016-2017 Southern Section Boys Soccer playoffs due to no information provided via CIFSSHome: Division Unassigned

Bloomington Christian Hueneme LA Adventist

2016-2017 BOYS SOCCER PLAYOFF GROUPINGS BY DIVISION

<u>DIVISION 1</u> <u>SCHOOL</u>	<u>DIVISION 2</u> <u>SCHOOL</u>	<u>DIVISION 3</u>		<u>DIVISION 4</u>	
<u>SCHOOL</u>	<u>SCHOOL</u>	<u>SCHOOL</u>	<u>SCHOOL</u>	<u>SCHOOL</u>	<u>SCHOOL</u>
Anaheim	Agoura	Alta Loma	Santa Ana Valley	Artesia	Patriot
Bell Gardens	Aleman	Beckman, Arnold	Santa Fe	Atascadero	Ramona
Cabrillo/L Beach	Aliso Niguel	Bishop Amat	Santa Ynez	Ayala, Ruben	Righetti
Cathedral	Arlington	Brea Olinda	Santiago/GG	Bellflower	Rio Mesa
Centennial/Corona	Arroyo Grande	Burroughs/Burbank	Sonora	Bishop Montgomery	Saugus
Century	Bloomington	California	South Torrance	Buena Park	Savanna
Chaminade	Buena	Camarillo	Summit	Cabrillo/Lompoc	St. Joseph/Santa M
Downey	Capistrano Valley	Channel Islands	Thousand Oaks	Cajon	Sultana
Edison	Chaffey	Citrus Valley	Troy	Carter	Tahquitz
El Toro	Chino Hills	Claremont	Valencia/Valencia	Cathedral City	Temescal Canyon
Fountain Valley	Corona	Compton	Valley View	Chaparral	Torrance
Harvard-Westlake	Corona del Mar	Crescenta Valley	West Torrance	Coachella Valley	University
Huntington Beach	Crespi	Damien	Westminster	Colony	Upland
Jordan	Dana Hills	Diamond Bar	Wilson/L Beach	Colton	Villa Park
JSerra Catholic	Dos Pueblos	Dominguez	Woodbridge	Culver City	Vista Murrieta
Los Alamitos	El Rancho	El Dorado	Yucaipa	Desert Mirage	West Ranch
Loyola	Fontana	Esperanza		El Modena	Western
Mater Dei	Foothill/Santa A	Estancia		El Segundo	Westlake
Millikan	Gahr	Fullerton		Garden Grove	Whittier
Mira Costa	Godinez	Inglewood		Gladstone	Yorba Linda
Mission Viejo	Hueneme	Kaiser		Glendale	
Montebello	Katella	Knight, Pete		Glendora	
Notre	King, ML	La Sierra		Great Oak	
Palos Verdes	La Quinta/LQ	Lakewood		Hart	
Paramount	La Serna	Magnolia		Highland	
Peninsula	Laguna Hills	Morningside		Hillcrest	
Redlands East	Loara	Newport Harbor		Hoover	
Redondo Union	Lutheran/Orange	Norco		Indio	
Royal	Lynwood	North, J.W.		La Habra	
San Clemente	Marina	Northwood		La Mirada	
Santa Ana	Moorpark	Oxnard		Lakeside/Lake Elsinore	
Santa Barbara	Newbury Park	Palm Springs		Lancaster	
Santa Margarita	Norte Vista	Paso Robles		Lawndale	
Servite	Ontario	Quartz Hill		Littlerock	
Simi Valley	Orange	Roosevelt, Eleanor		Lompoc	
St. Francis	Pacifica/Oxnard	Saddleback		Los Osos	
St. John Bosco	Palm Desert	Salesian		Miller, A.B.	
Sunny Hills	Pasadena	San Marcos		Muir	
Tesoro	Pioneer Valley			North Torrance	
Warren	Polv/Long Beach			Norwalk	
	Polv/Riverside			Oak Park	
	Rancho Verde			Oaks Christian	
	San Juan Hills			Ocean View	
	San Luis Obispo			Orcutt Academy	
	Santa Maria			Pacifica/GG	
	Santiago/Corona			Palmdale	
	Schurr				
	Seegerstrom				
	Trabuco Hills				
	Valencia/Placentia				
	Ventura				

DIVISION 5

<u>SCHOOL</u>	<u>SCHOOL</u>
Alhambra	Monrovia
Animo Leadership	Montclair
Antelope Valley	Moreno Valley
Apple Valley	Morro Bay
Arcadia	Mountain View
Arroyo Valley	Murrieta Mesa
Baldwin Park	Murrieta Valley
Bonita	Nipomo
Burbank	Oak Hills
Calabasas	Paloma Valley
Canyon Springs	Perris
Canyon/Anaheim	Pioneer
Canyon/Canyon C	Pomona
Centennial/Compt	Rancho Cucamonga
Cerritos	Redlands
Chino	Rialto
Citrus Hill	San Gabriel
Costa Mesa	San Geronio
Crossroads	San Jacinto
Cypress	Santa Monica
Diamond Ranch	Santa Paula
Don Lugo	Serrano
Eastside	Sierra Vista
Eisenhower	South El Monte
El Monte	South Hills
Elsinore	Temecula Valley
Etiwanda	Templeton
Firebaugh	Tustin
Ganesha	Walnut
Garey	Xavier Prep
Grand Terrace	
Hawthorne	
Hemet	
Indian Springs	
Irvine	
Jurupa Hills	
Jurupa Valley	
Kennedy	
Laguna Beach	
Leuzinger	
Los Altos	
Los Amigos	
Mark Keppel	
Mayfair	

DIVISION 6

<u>SCHOOL</u>	<u>SCHOOL</u>
Adelanto	Malibu
Arrowhead Christian	Maranatha
Arroyo	Marshall
Azusa	Mary Star/Sea
Banning	Mission College Prep
Barstow	Nogales
Bassett	Nordhoff
Beaumont	North Torrance
Beverly Hills	Ontario Christian
Bolsa Grande	Palmdale Aeros Acad
Brentwood	Paraclete
Burroughs/Ridgecre	Poly/Pasadena
CAMS	Rancho Alamitos
Calvary Chapel/SA	Rancho Mirage
Campbell Hall	Rim of the World
Cantwell-Sacred	Rosemead
Carpinteria	Rowland
Cate	Rubidoux
Chadwick	Saddleback Vly Chr
Charter Oak	Sage Hill
Coast Union	San Marino
Covina	Serra
Crean Lutheran	Shadow Hills
Desert Hot Springs	Sierra Canyon
Duarte	Silverado
Dunn	South Pasadena
Emerson Honors	St. Genevieve
Environmental Charter	St. Margarets
Fillmore	St. Monica Catholic
Flintridge Prep	St. Paul
Glendale	Temple City
Glenn	Valley Christian/C
Golden Valley	Vista Del Lago
Granite Hills	Vistamar
Hawthorne MSA	Webb
Heritage	West Covina
Heritage Christian	West Valley
Hesperia	Wilson/Hacienda
Inglewood	Windward
La Canada	Woodcrest Chr
La Puente	Workman
La Quinta/Westminster	
La Salle	
Lennox Academy	
Linfield Christian	

DIVISION 7

<u>SCHOOL</u>	<u>SCHOOL</u>
Academy Careers	Oxford Academy
Academy/Academi	Pacific
AGBU/Canoga Park	Pacific Hills
Aquinas	Pacific Lutheran
Avalon	Pacifica Chr/S Mo
Bellarmine-Jefferson	Palm Valley
Bishop Diego	Providence/Burba
Blair	Public Safety Acad
Boron	Rancho Christian
Brethren Christian	Redlands Adventist
Buckley	Ribet Academy
California Lutheran	Riverside Prep
California Military	Rolling Hills Prep
Calvary	San Bernardino
Calvary Murrieta	San Dimas
Capistrano Vly	San Jacinto Vly Acad
Carnegie/Riverside	Santa Clara
de Toledo	Santa Clarita Christian
Desert Chapel	Santa Rosa Academy
Desert Christian Acad	Shalhevet
Desert Christian/Lanc	Silver Valley
Don Bosco Tech	Southlands Christian
Edgewood	St. Anthony
Einstein Academy	St. Bernard
Excelsior Charter	St. Bonaventure
Fairmont Prep	St. Michaels Prep
Foothill Technology	St. Pius X/St. M. Aca
Gabrielino	Summit View/WV
Grace Brethren	Tarbut V Torah
Grove	Temecula Prep
Hamilton	Thacher
La Sierra Academy	Trinity Classical Acad
Laguna Blanca	Twentynine Palms
Lighthouse Christian	University Prep
Loma Linda Academy	Upland Christian Aca
Lucerne Valley	Valley Torah
Lutheran/La Verne	Vasquez
Mammoth	Verbum Dei
McAuliffe, Christa	Victor Valley
Midland	Viewpoint
Milken Community	Village Christian
Mojave	Villanova Prep
New Roads	Western Christian
Newbury Park Adv	Westmark
Northview	Whitney
Notre Dame/Riverside	Whittier Christian
Nuview Bridge	Wildwood
Oak Grove	Yeshiva (YULA)
Ojai Valley	

BLUE BOOK RULES - SPECIAL POINTS OF INTEREST

ACCOUNTABILITY RULES

RULE 125.1 - COACH EJECTION

Upon the ejection of a coach from any CIF Southern Section contest, it is the responsibility of the principal of said school to file a letter of explanation with the CIF Southern Section office which includes the circumstances surrounding the matter and what action the principal has taken to prevent a recurrence. Said correspondence is to be filed in CIFSSHome within THREE school days of notification of the ejection. Additionally, upon ejection, the ejected coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season.

RULE 125.2 - FAILURE TO COMPLETE A CONTEST

When a school fails to complete a contest, due to a coach pulling the team from the floor, court or field, it is MANDATORY that the CIF-SS office be notified by the principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports and, after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section office concerning his/her investigation of the incident.

Q & A - How serious is such action? It has been the position of the CIF-SS Executive Committee to expect the building principal of the school concerned to relieve the coach from his/her assignment for the balance of that season or the Executive Committee is empowered to consider recommendations for additional penalties.

RULE 503.H – CONCUSSION PROTOCOL

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play unless the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition.

(Revised May 2012 Federated Council)

Q & A: What is meant by "licensed health care provider?" The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

RULE 506 – PRACTICE ALLOWANCE

All teams will be allowed no more than eighteen (18) hours of practice time per week and no more than four (4) hours in any single day. Double day practices shall not be held on consecutive days and must include a minimum of three hours rest between practices. Any competition day would count as three (3) hours toward the allowable weekly and daily practice hours no matter the length of the contest(s). No practice may be held following the conclusion of any contest.

Definition of Practice

- (1) Any school team or individual activity organized by the coach that is intended to maintain or improve a student athlete's skill proficiency in a sport; AND/OR
- (2) Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, weight training, chalk talks, film review, meetings outside of school time (excluding parent meetings) that are implicitly/explicitly required by the coach; AND/OR
- (3) Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction, etc.) AND/OR
- (4) Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team or school; AND
- (5) Outside organization activity (club, etc.), shall not be used to circumvent these Bylaws.

RULE 514 - TOBACCO PRODUCTS PROHIBITED

The use of tobacco products in conjunction with any CIF Southern Section athletic contest is prohibited. This would include all those involved in the contest including players, coaches and officials.

CONCUSSION RETURN TO PLAY PROTOCOL

CA STATE LAW AB 2127 (Effective 1/1/15) STATES THAT RETURN TO PLAY (I.E., COMPETITION) CANNOT BE SOONER THAN 7 DAYS AFTER EVALUATION BY A PHYSICIAN (MD/DO) WHO HAS MADE THE DIAGNOSIS OF CONCUSSION.

Instructions:

*This graduated return to play protocol **MUST** be completed before a student athlete can return to FULL COMPETITION.*

- A certified athletic trainer (AT), physician, and/or identified concussion monitor (e.g., coach, athletic director) must monitor your progression and initial each stage after you have successfully pass it.
- Stages I to II-D take a *minimum* of 6 days to complete
- You must be back to normal academic activities before beginning Stage II, unless otherwise instructed by your physician.
- You must complete one full practice *without restrictions* (Stage III) before competing in first game.

After Stage I you cannot progress more than one stage per day (or longer if instructed by your physician).

If symptoms return at any stage in the progression, IMMEDIATELY STOP any physical activity and follow up with your school's AT, other identified concussion monitor, or your physician. In general, if you are symptom-free the next day, return to the previous stage where symptoms had not occurred.

Seek further medical attention if you cannot pass a stage after 3 attempts due to concussion symptoms, or if you feel uncomfortable at any time during the progression.

You must have written physician (MD/DO) clearance to begin and progress through the following Stages as outlined below (or as otherwise directed by physician)				
Date & Initials	Stage	Activity	Exercise Example	Objective of the Stage
	I	No physical activity for at least 2 full symptom-free days AFTER you have seen a physician	<ul style="list-style-type: none"> • No activities requiring exertion (Weight lifting, jogging, P.E. classes) 	<ul style="list-style-type: none"> • Recovery and elimination of symptoms
	II-A	Light aerobic activity	<ul style="list-style-type: none"> • 10-15 minutes (<i>min</i>) of walking or stationary biking. • Must be performed under direct supervision by designated individual 	<ul style="list-style-type: none"> • Increase heart rate to no more than 50% of perceived maximum (<i>max</i>) exertion (e.g., 100 beats per min) • Monitor for symptom return
	II-B	Moderate aerobic activity (Light resistance training)	<ul style="list-style-type: none"> • 20-30 min jogging or stationary biking • Body weight exercises (squats, planks, push-ups), max 1 set of 10, no more than 10 min total 	<ul style="list-style-type: none"> • Increase heart rate to 50-75% max exertion (e.g., 100-150 bpm) • Monitor for symptom return
	II-C	Strenuous aerobic activity (Moderate resistance training)	<ul style="list-style-type: none"> • 30-45 min running or stationary biking • Weight lifting ≤ 50% of max weight 	<ul style="list-style-type: none"> • Increase heart rate to > 75% max exertion • Monitor for symptom return
	II-D	Non-contact training with sport-specific drills (No restrictions for weightlifting)	<ul style="list-style-type: none"> • Non-contact drills, sport-specific activities (cutting, jumping, sprinting) • No contact with people, padding or the floor/mat 	<ul style="list-style-type: none"> • Add total body movement • Monitor for symptom return
Minimum of 6 days to pass Stages I and II. Prior to beginning Stage III, please make sure that written physician (MD/DO) clearance for return to play, after successful completion of Stages I and II, has been given to your school's concussion monitor				
	III	Limited contact practice	<ul style="list-style-type: none"> • Controlled contact drills allowed (no scrimmaging) 	<ul style="list-style-type: none"> • Increase acceleration, deceleration and rotational forces • Restore confidence, assess readiness for return to play • Monitor for symptom return
		Full contact practice Full unrestricted practice	<ul style="list-style-type: none"> • Return to normal training, with contact • Return to normal unrestricted training 	
MANDATORY: You must complete at least ONE contact practice before return to competition, or if non-contact sport, ONE unrestricted practice (<i>If contact sport, highly recommend that Stage III be divided into 2 contact practice days as outlined above</i>)				
	IV	Return to play (competition)	<ul style="list-style-type: none"> • Normal game play (competitive event) 	<ul style="list-style-type: none"> • Return to full sports activity without restrictions

Athlete's Name: _____ **Date of Concussion Diagnosis:** _____

RULE 600 – COMPETITION ON AN OUTSIDE TEAM

The following information and explanation effects **ALL** levels of competition. This includes varsity, junior varsity, sophomore and freshman teams.

1. A student on a high school soccer team **CANNOT** compete on an “outside” soccer team during the student’s high school season of sport.
2. The CIF-SS, which your school is a member, further defines that the student’s “season of sport” begins with his/her **FIRST** interscholastic competition which includes non league games, tournament games or league game. **(The earliest date in the Southern Section for the 2016-17 season is November 21)**

Q & A – What exactly does this mean? *No member of a high school soccer team can compete on and “outside soccer team” which has 6 or more players after his/her first game for his/her high school.*

RULE 601 - BYLAW 600 PENALTY

A. INDIVIDUAL

- (1) **FIRST OFFENSE IN HIGH SCHOOL CAREER IN ANY SPORT** - The student becomes immediately ineligible for participation with his/her high school team for a number of contests equal to twice the number of contests of outside competition in which the student participated.
- (2) **ANY SUBSEQUENT OFFENSE IN HIGH SCHOOL CAREER IN ANY SPORT** - The student becomes immediately ineligible for one year (365 days) from the second infraction in all sports.

B. TEAM

- (1) **GAMES FORFEITED** - Games in which a student participated on his/her high school team after violation of CIF Bylaw 600 shall be forfeited.

RULE 2400 - OFFICIAL NATIONAL FEDERATION AUTHENTICATING MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, soccer, softball, volleyball and water polo. (February 1999 Federated Council; revised to include lacrosse November 2000 Federated Council.)

RULE 2408 – SUMMERTIME RULES

2408.1 With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

Q & A Who may participate in high school summer athletic programs approved by the principal? Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.

2408.2 High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

- * High school students and individuals from the general community can attend.
- * The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.
- * The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.
- * The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.
- * Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

2408.3 A summer dead period must be declared by the school principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all levels and must be three (3) consecutive weeks between the end of school or the first Friday in June, whichever is first, and the last Monday in August. No class could be offered which could circumvent the rule. There are no exceptions to the summer dead period.

During the dead period, weight lifting **ONLY** would be permitted. No running or other type of conditioning would be allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, etc., would be allowed to continue, until completion, during the dead period.

RULE 2410 - LEVEL OF COMPETITION

No student shall participate in more the ONE level of competition in the same sport in the same day.

RULE 2413 - SPECIAL RULES FOR SOCCER

2413.1 - The duration of varsity games shall be two equal 40-minute halves. The duration of junior varsity and frosh-soph games shall be two equal 35-minute halves. In the case of a tie game, two extra periods of ten minutes each may be played, by league adoption for league games, or by mutual agreement between coaches in non-league games. A tie at this latter point then stands as official.

2413.2 - A player who receives a red card or two yellow cards in any game (non-league, tournament, league or playoff game) may not play in the team's next game played or be in attendance. (See Rule 2416)

2413.3 - A player who receives a yellow card in any game (non-league, tournament, league or playoff) must leave the field and may be substituted for. The player may re-enter the game at any subsequent time that a legal substitution may be made.

2413.4 - Prior to any game (non-league, tournament, league, playoff) each coach must submit completed line-up cards to the referee and opposing coach.

2413.5 - Any high school soccer team (boys' or girls', Varsity or Non-Varsity) receiving it's fourth red card during the high school season of sport, will immediately be put on probation and will lose four allowable contests the subsequent season.

If a boys' or girls' soccer team that is on probation receives an additional three (3) red cards during their probationary period, the following penalties will apply:

Varsity teams will be removed from the CIF Southern Section Playoffs for a period of one year and continue their probationary status for the following season

OR

Non-Varsity teams will be restricted to playing their league schedule only during the subsequent high school season.

If a team whose current status is "probationary" then violates the red card policy (again), that level of competition will be suspended from participation in the CIF Southern Section entirely the subsequent season.

Note: All individual penalties shall apply (i.e. 1st red card - individual is removed from the game and must sit out the next contest played by his/her team, 2nd red card - individual must sit out the next two contests, etc.)

Upon written appeal to the Southern Section commissioner, the school may petition the Section for reinstatement of the team to be removed from probationary status.

RULE 2416 - PLAYER CONDUCT RULE –

Any player who is ejected for any reason shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season.

Any player whose conduct merits ejection from a game by an official for fighting or assaultive behavior shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. After the suspension from play, the student may only return after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed in CIFSSHome prior to rejoining the team. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

A second ejection from a game or contest for fighting or assaultive behavior will cause suspension for the remainder of the season. A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

Any player who leaves the confines of the bench or team area during a fight that has broken out or may break out will be ineligible for the team's next contest. After the suspension from play, the student may return only after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed in CIFSSHome prior to rejoining the team. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

In the case of any suspension from play, the next contest may not be a forfeited, postponed or canceled game.

Q & A: What must be submitted to the Section office before a student can be cleared to rejoin his/her team? The Section office will provide a form on their website that must be uploaded to CIFSSHome or directly emailed to the CIF Office. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

Q & A: What is meant by attendance at a contest? Attendance is defined as being present at the location/site of the contest, which includes the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/site of the next contest.

Q & A: What happens when a student engages in Fighting/ Assaultive Behavior during an athletic contest that is not observed by game officials? In cases when a student engages in Fighting or Assaultive Behavior that is not observed by game officials, it is the expectation of the CIF Southern Section Executive Committee that the building principal of the school involved will impose a minimum one-game suspension for the students who commit such offenses.

3210 - FREE LANCE PLAYOFF ENTRY VERIFICATION -- If a school does not have membership in a league or the school belongs to a league which does not offer students, in a given sport, an opportunity to qualify into CIF-SS championships, special conditions exist which must be followed in order to qualify for possible entry into a CIF-SS playoff activity.

3210.1 Team Sports - All free lance schools desiring entry into the playoffs must submit its schedule to the Commissioner for evaluation and approval of conditions under which the team may qualify. Schedules must be submitted prior to the start of each season for evaluation.

Q & A - How can a team qualify for consideration for free lance competition? You must schedule 80% of allowable games per sport, they must be at the varsity level, and in order to be considered, you must have a .500 or better record in all games played. Additionally, teams who win 80% of its contests played will be guaranteed entry. (Except football)

Student-Athlete Post Ejection - Return to Competition Requirement

This form is to be completed for Player Ejections only. Coach Ejections should refer to CIF by-law 125.1.

I. Review of Ejection Report

School _____ League _____

Sport _____ G Boys G Girls

Date of Contest _____ Home _____ vs. _____

Name of player rejected _____

Player uniform number _____ Level of competition _____

II. Rule Reference

See Player Conduct rule for referenced sport (CIF Southern Section Blue Book):

“Any player whose conduct merits ejection from a game by an official for fighting or assaultive behavior shall be disqualified from participating in the remainder of the game AND WILL BE INELIGIBLE FOR THE TEAM’S NEXT CONTEST. After the suspension from play, the student may only return after certification by the school principal that the student(s) has completed a conference with a school administrator. This form indicating the completion of the conference, which requires a signature for each attendee, must be uploaded to the CIFSSHome misconduct manager for this specific case, prior to rejoining the team” (“rejoining the team” is in reference to competition, not practice).

A second ejection from a game or contest for fighting or assaultive behavior will cause suspension for the remainder of the season. A player who was ejected from the previous contest, who knowingly or unknowingly participates in or is in attendance at the next contest, will result in the forfeiture of that contest.

III. Post Ejection Meeting Topics

The following items must be reviewed at this meeting:

- | | |
|---|---|
| <ul style="list-style-type: none"> • The reason for the ejection • The Southern Section Code of Ethics-Athletes • A review of the sport specific player Conduct Rule | <ul style="list-style-type: none"> • Possible consequences for any future violations • A review of school policies relating to referenced conduct |
|---|---|

Verification of Meeting:

Date _____

Time _____

Signatures of Attendees:

Student

Parent

Principal

Athletic Director

I am aware that a second ejection in this category will result in suspension for the remainder of the season.

Parent Initial

CIF-SS SOCCER GUIDELINES

The Following points of emphasis should be reviewed by coaches, staff and players regarding CIF Southern Section rules and regulations as published in the CIF-SS Blue Book. This list is not all-inclusive; it highlights key areas.

MAXIMUM TEAM CONTESTS

A soccer team is permitted to play no more than twenty (20) games during the season including tournaments but excluding CIF Southern Section playoffs. Games scheduled with alumni and/or faculty will not count toward the allowable number of contests and must be played during the defined season of sport. A team may not be entered in more than three tournaments.

1. For each tournament, a team will be charged two games toward the allowable number of contests.
2. The maximum number of contests allowed any team in a tournament, whether participating in the championship or consolation bracket, shall not exceed 5 contests, while still counting as 2 of your allowable contests.
3. Tournament managers are responsible for notifying participating schools of the number of games and/or teams participating in the tournament.
4. No soccer team may play more than one game in one day except in tournaments where the following rules will apply: a team may play three regular games in one day in a tournament on a non-school day, provided the total minutes played does not exceed 150 minutes for that day.

TOURNAMENTS

For those schools hosting sanctioned events, please review the 700 series. In particular, please be aware of the fact that all sanctioned events are to be administered by the sanctioning school and not outside groups. The interpretation is that all entry fees must be handled through student-body accounts under the administration of the principal of that school.

DURATION OF GAME

The duration of games for soccer games shall be two equal 40 minute equal halves for varsity games, 35 minute halves for junior varsity games and Frosh-Soph games. In the case of a tie game, two extra periods of ten minutes each may be played, by league adoption for league games, or by mutual agreement between coaches in non-league games. A tie at this latter point stands as the official.

TIE BREAKING PROCEDURE

With the potential for advancement to CIF-SS Soccer Regional Championships, a champion will need to be declared in each of the seven divisional finals.

The tie breaking procedure adopted by the soccer advisory committee will apply to ALL CIF-SS playoff rounds is as follows:

- After regulation time there will be 5 minutes prior to the start of overtime.
- Two, ten minute "Golden Goal" (or sudden victory) periods will be played with 2 minutes between each half.
- If a tie score still exists, the game will be decided by kicks from the mark.

GAME BALL

The game ball for ALL CIF-SS playoff rounds are the **Spalding TF5000 NFHS, Spalding TF-SC3 NFHS or Spalding TF-SC5 NFHS for both boys and girls use.**

OUTSIDE COMPETITION BY AN INDIVIDUAL DURING THE SEASON OF SPORT

A member of a high school soccer team may not compete for an outside team in the sport of soccer during the season of sport. A season of sport (as outlined in CIF-SS Blue Book Rule 511) is defined as that period which begins with a student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (tournament, non-league or CIF-SS playoff game).

SCOUTING PROHIBITION - PRACTICE SESSION

Scouting of any type that would include personal viewing, written notes, audio tape, motion pictures, video reproduction and/or any other type of reproduction such as still pictures, etc., shall not be taken in any sport of a member school's practice sessions by anyone without written consent of the participating school(s). An interscholastic scrimmage is not subject to this rule.

Q & A - What is allowed with regard to scouting a contest? There will be NO restrictions on the part of member schools regarding the filming/video-taping of any contest. Host schools will maintain game management rights and responsibilities.

OFFICIALS

It is required that:

1. When contacted by the official at least 24 hours in advanced, the host school will have available someone who will handle the needs of the officials assigned to the contest.
2. The home school will have available someone to handle the needs of the officials assigned to the contest. This should include but not be limited to facility orientation, locker room assignment and parking.
3. The officials' locker rooms are open at half-time and immediately after the game.
4. At the completion of the contest, the officials' locker and dressing facilities remain secured for at least 20 minutes. Coaches and other school officials should not enter an officials' dressing area for the purpose of complaints.
5. Coaches should not approach or confront the officials at the completion of a contest.
6. Coaches and school officials should not make public statements to the news media criticizing officials.
7. School officials be alert to potential problem situations and provide security for officials to and from their dressing facilities and to the parking area after the contest when necessary.
8. Athletic administrators convey to the coaching staff that any problems regarding officiating be handled first through the Area Officials' Liaison and second by the CIF-Southern Section Office, if it is serious in nature.
9. A representative from the host school shall handle financial matters prior to the start of the contest. This task should not be handled by the coach.
10. The participating schools should enforce the principles of Pursuing Victory with Honor and the education code with regards to fan and spectator behavior. Schools are strongly encouraged to remove and sanction any spectator who engages in abusive verbal or physical behavior or who uses profanity.
11. Schools not in compliance with numbers 1-10 will be reported to their Area Liaison by the officials association within five (5) school days. Regardless of the infraction, the contest will be played.

SOCCER FIELD

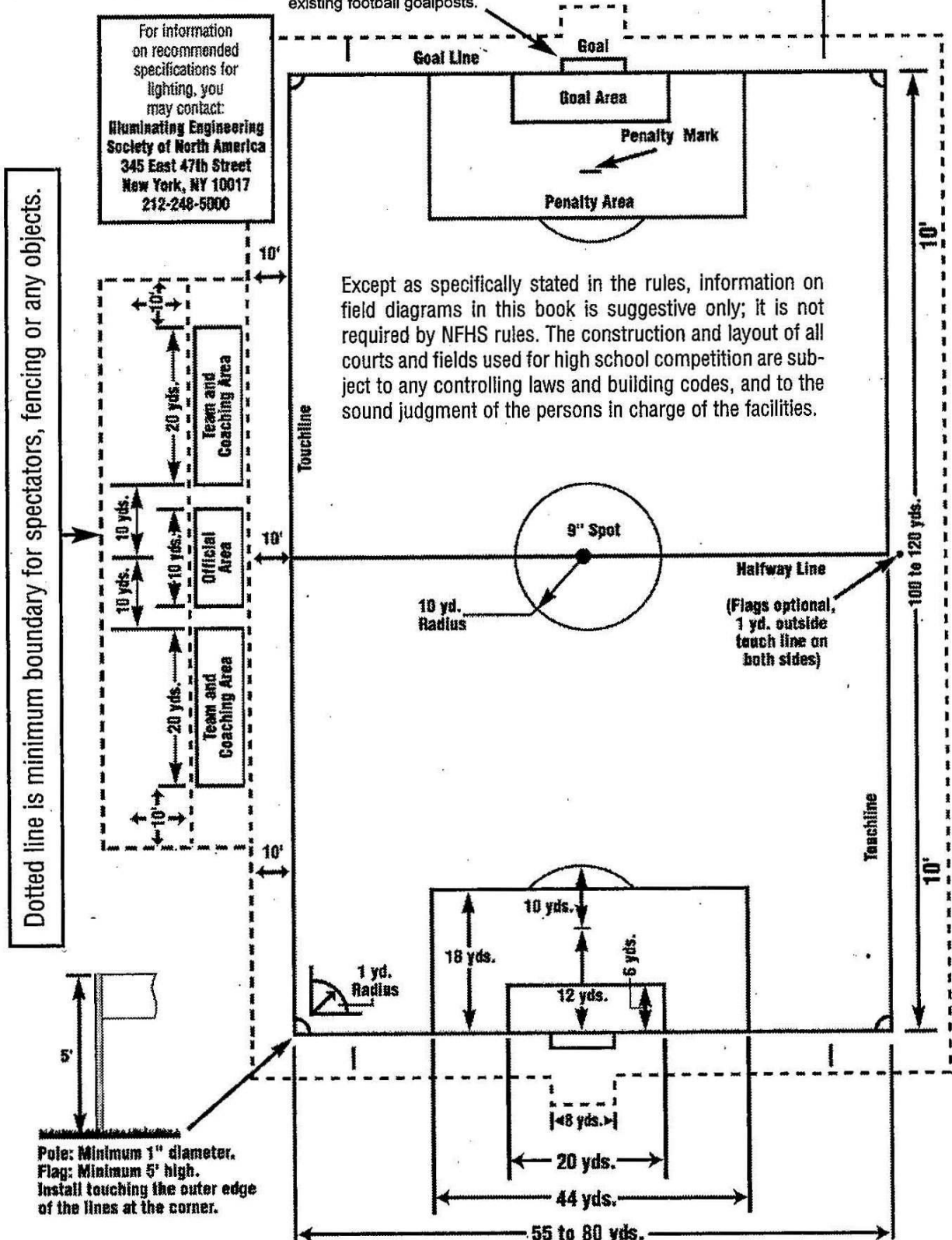
***MEASUREMENTS** are taken from outside to outside of the line.

HASH MARK (optional)
(1 yd. in length beyond goal line;
11 yds. from touch line;
located at each corner of field)

If used on a football field, portable goals should be anchored at least 2 yards in front of the base of the existing football goalposts.

For information on recommended specifications for lighting, you may contact:
Illuminating Engineering Society of North America
345 East 47th Street
New York, NY 10017
212-248-5000

Dotted line is minimum boundary for spectators, fencing or any objects.



Except as specifically stated in the rules, information on field diagrams in this book is suggestive only; it is not required by NFHS rules. The construction and layout of all courts and fields used for high school competition are subject to any controlling laws and building codes, and to the sound judgment of the persons in charge of the facilities.

Pole: Minimum 1" diameter.
Flag: Minimum 5' high.
Install touching the outer edge of the lines at the corner.

An engineered natural turf soccer field should have a minimum of one-and-one-half percent (1.5%) slope for fields which are surface drained. For natural turf fields with a sub-surface drain system the slope should be no less than one (1.0%) percent. For synthetic turf fields with a sub-surface drain system the slope should be no less than one half of one (0.5%) percent. Slope is measured from center to side. For consulting services, contact SportsPLAN Studio, 816-842-5200.



National Federation State High School Associations Soccer Rules Changes - 2016-17

4-2-9 NEW: A soft-padded headband is permitted.

Rationale: This information is not included in the rules. It is mentioned in a situation.

11-1-4: A player is offside and penalized if, at the time the ball touches or is played by a teammate, the player is involved in active play and interferes with play or with an opponent or seeks to gain an advantage by being in that position. A player in an offside position receiving the ball from an opponent, who deliberately plays the ball (except from a deliberate save), is not considered to have gained an advantage.

Rationale: The addition of this information aligns NFHS with other rules codes.

14-1-4: Once the kicker starts his/her approach toward the ball, he/she may not interrupt his/her movement. Failure to kick the ball as specified will be considered a violation by the attacking team, and the appropriate penalties shall apply.

Rationale: As the rule is currently written, even though the attacking team has committed the infringement, it penalizes the defending team if it successfully stops a penalty kick. If the penalty kick is unsuccessful, the defending team should be awarded the ball as the attacking team has incorrectly taken the penalty kick. The current interpretation that the ball has not been put into play so a re-kick must take place is difficult to justify because rarely does the referee blow the whistle in time to prevent the kick from being taken. Thus the ball moves forward and is considered in play under all other interpretations of the rules. Trying to rationalize this rule to the defending team's players and coaches is very difficult considering they have just prevented a goal even though their opponents committed a violation. Finally, changing the restart in this case to an indirect free kick or the other appropriate penalties aligns NFHS rules with other rules codes.

18-1-1 NEW o: GAINING AN ADVANTAGE BY BEING IN THAT POSITION-A player who plays a ball that rebounds to him/her off a goal post or the crossbar after having been in an offside position, or a player who after being in an offside position plays a ball that rebounds to him/her off an opponent, who has not deliberately played the ball or made a deliberate save.

Rationale: Gaining an Advantage by being in that Position is in Rule 11-1-4, but it has never been defined. This new definition aligns NFHS with other rules codes.

18-1-1 NEW u: INTERFERING WITH AN OPPONENT – Preventing an opponent from playing or being able to play the ball by clearly obstructing the opponent's line of vision or movement of challenging an opponent for the ball.

Rationale: Interfering with an Opponent is in Rule 11-1-4, but it has never been defined. This new definition aligns NFHS with other rules codes.

18-1-1 NEW v: INTERFERING WITH PLAY – Playing or touching the ball passed or touched by a team-mate.

Rationale: Interfering with Play is in Rule 11-1-4, but what it means has never been defined. This new definition aligns NFHS with other rules codes.



GATORADE SPORTS SCIENCE INSTITUTE

CARBOHYDRATE: PREMIUM FUEL FOR ATHLETES

WHAT FOODS ARE CARBOHYDRATE?

Bagels, bread, pretzels, crackers, pasta, rice, potatoes, beans, vegetables, fruit, fruit juice, pancakes, waffles, cereal, granola bars, sports drinks, sports chews

WHAT FOODS AREN'T CARBOHYDRATE?

Meat, chicken, fish, eggs, bacon, tofu, nuts, peanut butter

HOW MUCH CARBOHYDRATE SHOULD I EAT EVERY DAY WHEN I'M TRAINING REGULARLY?

Eat some with every meal and snack. Make sure about 2/3 of each meal is carbohydrate.

1/3 CARBOHYDRATE

1/3 PROTEIN

1/3 CARBOHYDRATE



PERFORMANCE CARBOHYDRATE TIMELINE

If you're hungry or want to start getting your during exercise fuel, eat a small amount of carbohydrate before you start

Include carbs in your recovery snack

HELPS IMPROVE PERFORMANCE & RECOVERY

Eat a meal focusing on carbs several hours before game/practice time

Eat 30-60 g each hour of training or competition



TOTAL CARBOHYDRATE 25 G 25 G 35 G 56 G 60 G

For example, during a basketball game eat a pack of chews at halftime and drink a 20 oz. bottle of Gatorade throughout the game. Or drink a 32 oz. bottle (or larger squeeze bottle) of Gatorade throughout the game, sipping at every timeout and halftime.

The information in this document is grounded in sports nutrition science, translated for athletes.

FUELING ATHLETIC PERFORMANCE

PROTEIN FOR RECOVERY



PROTEIN STRUCTURES

Protein structures in the body are constantly **turning over, breaking down and rebuilding** with new amino acids from the diet.



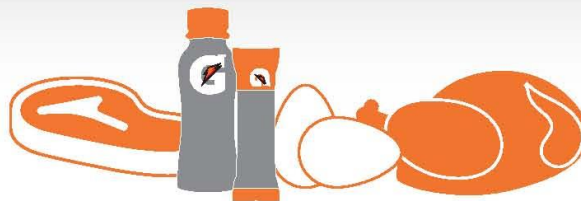
EXERCISE

Exercise **accelerates this process** and promotes the creation of new muscle proteins, a process that is most effective when the athlete eats protein to deliver new amino acids.



RECOVERY

Consuming protein to start the recovery process **as soon as possible** after practice and competition helps to **rebuild muscle tissue** as well as promote training adaptations.



TYPES OF PROTEIN

Consume **high-quality, complete protein sources** that are rapidly absorbed and rich in leucine.

WHEY AND MILK PROTEIN ARE GREAT CHOICES



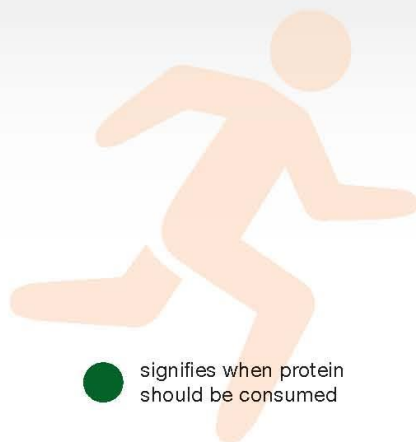
WHEY AND MILK PROTEIN

- meet all the criteria
- have been shown to be effective for recovery



LEUCINE

- one of the amino acid building blocks for new muscle
- acts as a signal for the muscle to start the process of assembling new muscle proteins



signifies when protein should be consumed



EXAMPLE PROTEIN CONSUMPTION CYCLE

To get the most out of their workout, athletes should consume protein **regularly throughout the day.**

RECOMMENDED AMOUNT

MORE ISN'T BETTER.

Research shows that

~20 g of protein

is the right amount to stimulate post-exercise muscle protein synthesis for most athletes.

If you want to get specific for your athlete, calculate **0.25 g/kg**.

Check out www.GSSIweb.org for more information on this topic and additional resources.

THE OFFICIAL SOCCER BALL FOR ALL
CIF SOUTHERN SECTION SOCCER PLAYOFF GAMES
IS THE

SPALDING TF 5000 NFHS
SPALDING TF-SC3 NFHS
SPALDING TF-SC5 NFHS

for both boys and girls.

It is the responsibility of the host team to provide this ball.

APPROVED SANCTIONED EVENTS

Please refer to the CIF Southern Section website for the latest Sanctioned Events, as events are updated daily.

www.cifss.org

Sanctioned Events download directions:

click on GOVERNANCE TAB,

click on SANCTIONED EVENTS,

select BOYS SOCCER or GIRLS SOCCER, click SEARCH

This page will display the most up to date information on

Boys & Girls Soccer Sanctioned Events



Updated 7/1/16
THIS LIST IS EFFECTIVE FOR 2016-17

RE: OFFICIAL BALL PROGRAM – MANDATORY USE IN PLAYOFFS

Official Ball per sport:

- Baseball: **Rawlings CIF-SS** Must be CIFSS stamped ball; not an alternative Rawlings ball
Rawlings RCIF-SS Must be CIFSS stamped ball; not an alternative Rawlings ball
- Boys Basketball: **Spalding TF1000 NFHS Classic NFHS**
Spalding TF1000 Legacy NFHS
- Girls Basketball: **Spalding TF1000 NFHS Classic 28.5 NFHS**
Spalding TF1000 Legacy 28.5 NFHS
- Football: **Spalding ball with NFHS**; any Spalding model with NFHS stamp
- Soccer: **Spalding TF-SC5 NFHS** for both boys and girls use.
Spalding TF-SC3 NFHS for both boys and girls use.
Spalding TF5000 NFHS for both boys and girls use.
- Softball: **Dudley CFP12Y NFHS**
- Tennis: **Wilson Tennis Ball**; NFHS stamp not required
- Volleyball: **Spalding with NFHS stamp: TF-VB5, TF-VB3**
- Boys Water Polo: **KAP7 model 105 with NFHS stamp**
- Girls Water Polo: **KAP7 model 104 with NFHS stamp**

All playoff ball adoptions agreements with the CIF Southern Section run through June 30, 2021 except for tennis (June 2017).

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty does carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports *except in golf and tennis.*

SOCCER GAME MANAGEMENT **AND** **CROWD CONTROL**

With the soccer season about to begin, administrators should review supervisory and crowd control procedures for the winter soccer season. Coaches, please review with your principal and athletic director the National Federation minimum requirements for crowd control.

As a review:

NATIONAL FEDERATION RULES

REQUIRE THAT SPECTATORS BE CONFINED TO AN AREA AT LEAST 10 FEET FROM THE TOUCH LINE, TEAMS, OFFICIALS AND GOAL LINE. NO ONE SHALL BE PERMITTED DIRECTLY BEHIND EITHER GOAL UNLESS SEATED IN BLEACHERS.

Home School Supervision – Faculty supervisors should be individuals who are as familiar as possible with the members of the student body in order to facilitate identification of students whenever necessary.

Visiting School Supervision – The visiting school should assign a sufficient number of supervisors in order that adequate crowd control can be accomplished.

UNIFORMS

The home team shall wear **solid** white jerseys and **solid** white socks, and the visiting team shall wear dark jerseys and socks. (Reference NFHS Soccer Rule 4, Section 1, page 21 of the 2016-17 NFHS Soccer Rules Book).



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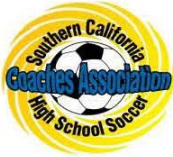
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On behalf of the Southern California High School Soccer Coaches Association, I want to take this opportunity to welcome you to the 2016-2017 Soccer Season. As you prepare for your upcoming season, we would like to invite you to join the most active coaches' association Southern California.

What are the advantages of joining the association?

- This association **represents the interests** of over 800 boys and girls coaches in the sport of soccer.
- Since 1985, the Coaches' Association has played an important role in **keeping the membership informed** about what is happening at the CIF Southern Section at the sectional, divisional, and league levels. This is important with the new divisional playoff groupings changing every year.
- Members have **interactive access** on the Association's website with game results, league standings and individual player statistics. We make much more available on our coaches' site www.socalsoccer.org.
- Our association has input into the **weekly top 10 polls**, playoff seeding, and selection of the All-CIF teams. Members are able and encouraged to vote each week for their division's top ten polls.
- The association sponsors the annual **Senior All-Star Showcase** for players of member coaches, who deserve that honor due to their outstanding performances for their schools or have been selected to the All-CIF teams. This is done at **no cost to the All-Stars or the coaches**.
- Each year the association **offers scholarships** to deserving male and female student-athletes who have competed in the sport of soccer for their respective high schools.
- The association serves its members as a **strong voice in support of the game we love and for the athletes we coach** when issues arise concerning our sport.

To view our current Executive Board and the Divisional Coordinators, go to our site for information at www.socalsoccer.org/contacts. Your association is always looking for enthusiastic, positive coaches to serve on our board or as coordinators and we invite you to become involved.

Please go to the website to complete our online application and submit it with membership fee to ensure that you will be on top of what's happening in CIF soccer this season. For your convenience, join the association using your credit card via PayPal on our secure site at www.socalsoccer.org/membership.

Best wishes for a successful season.

Dennis Guerra, President
coachdguerra@gmail.com



Southern California High School Soccer Coaches Association
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 Mission Viejo, CA 92691
 (714) 624-3326
 www.socalsoccer.org

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	Matt Maeda Matthew.Maeda@sbcusd.k12.ca.us	(909) 307-0393
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3	John Marmelstein	St. Margaret's johnny.marmelstein@smes.org	(949) 661-0108, Ext.1549

4	Brian Bordier	California Bbordier75@gmail.com	(562) 477-6808
4	Bobby Quattlebaum	La Quinta (LQ) bobby.quattlebaum2@dsusd.us	(760) 578-8263
5	Connie Beard	San Gorgonio connie.beard@sbcusd.com	(909) 709-7674
5	Marlon Archey	St. Genevieve archey@valiantspirit.com	(818) 335-2362
6	(open)		
7	Josh Cummins	Saddleback Valley Christian jcummins@svcschools.org	(949) 275-7583

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1	Rafael Villasenor	Paramount raf_33@yahoo.com	(949) 374-3884
1	Miguel Pena	Warren efcsoccer@verizon.net	(562) 972-6341
1	Arturo Lopez	Cathedral Cathedralsoccer@chsla.org	(323) 229-4437
3	Jose Sanchez	Santa Ana Valley josesanchez1601@yahoo.com	(714) 296-7974
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4	Rudy Magallon	Artesia ahs8rudym@aol.com	(310) 480-7656
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6	Javier Aguiniga	Nogales jaguicam@gmail.com	(626) 523-4706
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