

Baseball Preview



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**THE OFFICIAL
BASEBALL OF THE**



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Southern Section

Academics • Integrity • Athletics

10932 Pine Street, Los Alamitos CA 90720-2428
(562) 493-9500 • Fax: (562) 493-6266

TO: CIF-SS VARSITY BASEBALL COACHES
FROM: GLENN MARTINEZ, ASSISTANT COMMISSIONER
DATE: JANUARY 24, 2017
RE: 2017 BASEBALL SEASON

In an effort to assist you with your organizational plans for the upcoming season, we have compiled the attached 2017 Baseball Preview. We hope its overall content will prove informative and serve as a reference point during the course of your daily routine. Hopefully, this preview will answer your questions, if not, do not hesitate to call. Enclosed you will find the following items. Please make sure they are shared with the other members of your coaching staff:

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CIF-SS BASEBALL ADVISORY COMMITTEE

Over the years, the CIF-SS Office has worked with the concept of establishing committees in all of the 25 sports for boys and girls, and the success of this program is being continued into the 2016/17 school year. The role of the advisory committee, which is comprised of coaches in the respective sport and an administrator from the CIF-SS Office, may or may not include the following:

1. Meetings
2. Recommendations for playoff sites
3. Recommendations for rules and procedural changes
4. Evaluation of sport season
5. Assistance to coaches and/or officials organizations
6. Liaison between coaches and/or officials organizations

We urge that if you have suggestions or questions, make use of this excellent channel of communication and pass the information along to one of the committee members. We will be meeting on a regular basis during the current baseball season and your items will become part of our agenda. Best of luck in your upcoming baseball campaign and if any of the below can be of assistance to you please do not hesitate to contact them personally.

For your reference, members of this year's Baseball Advisory Committee are:

Mark Alves	Fairmont Prep High School
Will Boguille	Rolling Hills Prep High School
Casey Burrell	West Ranch High School
Burt Call	Mater Dei High School
Ray Clifton	Division 7 Representative
Brian DeHaan	Maranatha High School
Wayne Ellis	Pasadena Poly High School
John Emme	Corona del Mar High School
Scott Fullerton	Moorpark High School
Mike Gonzales	El Toro High School
Jack Haney	Crean Lutheran High School
Joe Hoggatt	Bishop Amat High School
Brad Hungerford	Baseball Management
Chris Jones	Elsinore High School
Aaron Kavanaugh	Quartz Hill High School
Jeff Abel	Don Lugo High School
Casey Morales	St. Paul High School
Matt Mosiello	VistaMurrieta High School
Darren Murphy	South Hills High School
Frank Mutz	Chaminade High School
Iran Novick	Foothill High School/CBCA
Spud O'Neil	Lakewood High School
Gerardo Perez	Gahr High School
Glenn Prater	Woodcrest Christian High School
Darol Salazar	Palm Desert High School
Mike Sarafian	Pilgrim High School
Ron Savage	Tahquitz High School
Pat Tellers	Sonora High School
Phil Torres	Crescenta Valley High School
John Weber	Cypress High School
Rick Weber	Sierra Canyon High School
Jason Whittle	Beaumont High School



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TO: CIF-SS BASEBALL COACHES
FROM: GLENN MARTINEZ, ASSISTANT COMMISSIONER
RE: **2017 BASEBALL TOP TEN POLL**
DATE: JANUARY 15, 2017

Listed below are the members of the CIF-SS Baseball Coaches Advisory Committee responsible for notifying the CIF-SS office of the weekly Top Ten Poll. Although these polls help create interest, they will also be used for playoff seeding. Therefore, it is very important for coaches to contact their respective advisory committee member on a weekly basis. It is understood that this is a coach's poll and that no students or parents are involved with it. The CIF-SS office will send the coach's poll as part of our media mailing.

- | | | | |
|------------|------------------------------------|--------------------------------------|--|
| Division 1 | Casey Burrill
West Ranch HS | | cburrill@hartdistrict.org |
| | Burt Call
Mater Dei HS | (714) 850-9580
(949) 292-5147 (C) | bcall@materdei.org |
| | Mike Gonzales
El Toro HS | (949) 632-5112 (C) | gonzalesm@svusd.org |
| | *Joe Hoggatt
Bishop Amat HS | (714) 585-3505 (C) | jhoggatt@bishopamat.org |
| | Matt Mosiello
Vista Murrieta HS | (562) 708-9851 | mmosiello@murrieta.k12.ca.us |
| | Darren Murphy
South Hills HS | (909) 967-7669 | Dar2BGRT@aol.com |
| | Frank Mutz
Chaminade HS | (805) 390-3609 (C)
(805) 390-3604 | fmutz@chaminade.org |
| | Gerardo Perez
Gahr HS | (562) 926-5566 x2201 | gerardoperez69@yahoo.com |
| | John Weber
Cypress HS | (714) 809-2626 (C) | weber_j@auhsd.us |
| Division 2 | John Emme
Corona Del Mar HS | (714) 271-4484 (C) | jemme@nmusd.us |

	Scott Fullerton Moorpark HS	(805) 796-8773	sfullerton@mrpk.org
	Spud O'Neil Lakewood HS	(562) 997-8000 x3251 (S) (562) 900-2278 (C)	soneil@lbusd.k12.ca.us
	Glenn Prater Woodcrest Chr. HS	(951) 529-3229 (C)	gprater@wcss.org
	Darol Salazar Palm Desert HS	(760) 343-6038 (C)	darol.salazar@desertsands.us
	*Phil Torres Crescenta Valley	(818) 236-4896 (H) (818) 468-7237 (C)	cvbaseball@hotmail.com
Division 3	Jeff Abel Don Lugo HS	(909) 591-3902 x 4775(S) (909) 938-3499 (C)	jeff_abel@chino.k12.ca.us
	Jake Haney Crean Lutheran HS	(714) 321-7554 (C)	haneyj@clshs.org
	*Aaron Kavanagh Quartz Hill HS	(714) 655-6067 (C) (661) 718-3100 x574(S)	akavanagh@avhsd.org
	Casey Morales St. Paul HS	(562) 698-6246 x801 (S) (562) 754-5060 (C)	cmorales@stpaulhs.org
	Rick Weber Sierra Canyon HS	(818) 464-5016 (C)	rick@sportsplusdaycamp.com
Division 4	Brian DeHaan Maranatha HS	(626) 817-4060 (S) (626) 636-1393 (C)	b_dehaan@mhs-hs.org
	Ron Savage Tahquitz HS	(909) 455-6139 (C)	rsavage@hemetusd.org
	*Pat Tellers Sonora HS	(562) 266-2192 (S) (714) 749-3712 (C)	ptellers@fjuhsd.org
Division 5	Will Boguille Rolling Hills Prep HS	(310) 466-4314	southbayrockies@gmail.com
	*Chris Jones Elsinore HS	(626) 532-0397 (C)	Christopher.Jones@leusd.k12.ca.us
	Jason Whittle Beaumont HS	(909) 957-9744 (C)	jaywhittle@yahoo.com
Division 6	*Wayne Ellis Pasadena Poly HS	(626) 914-4620 (626) 792-2147 x 346	wellis@polytechnic.org

Division 7	Mark Alves Fairmont Prep HS	(714) 999-5055, X 1475 (S) (714) 665-8135 (H)	malves@fairmontschools.com
	*Ray Clifton At-Large	(714) 965-1997 (H)	sayheybj@socal.rr.com
	Mike Sarafian Pilgrim HS	(213) 385-7351, X 7287 (S) (909) 851-6306 (C) (909) 949-9821 (H)	msarafian@pilgrim-school.org
CBCA	Iran Novick	(714) 225-4495 (C) (714) 779-7520 (H)	inovick@aol.com

It is important that coaches call or email their results to the committee members named above on the dates (Sundays) listed below:

February 19, March 5, March 12, March 19, April 2, April 9, April 16, April 23, April 30, May 7 and May 14(Final Poll)

The CIF-SS Office will be doing ten polls during the season. **Please start your calls or emails on Sunday, February 19, 2017. The above committee members will send the poll results to the CIF-SS office on the Monday following each of the above dates.**

Note: Call scores in to the L.A. Times (1-800-528-4637), they will print scores this year. Also call Fred Roggin, NBC Sports on Tuesdays and Fridays to reports scores, (1-818-840-4237).

2016 – 2017 PLAYOFF GROUPINGS (BY RANKING)

DIVISION 1

1. JSerra
2. Harvard-Westlake
3. Huntington Beach
4. Lutheran/Orange
5. Murrieta Mesa
6. El Toro
7. Redondo Union
8. South Hills
9. Hart
10. Mater Dei
11. West Ranch
12. Cypress
13. Mission Viejo
14. Valencia/V
15. Redlands E. Vly
16. Norco
17. Santa Margarita
18. Vista Murrieta
19. Damien
20. JW North
21. Aliso Niguel
22. Agoura
23. Corona
24. Foothill
25. Loyola
26. El Dorado
27. Chaminade
28. Gahr
29. Bonita
30. Tesoro
31. Esperanza
32. San Clemente
33. Millikan
34. Santiago/Corona
35. Bishop Amat
36. Marina
37. Dos Pueblos
38. Saugus
39. Los Alamitos
40. Dana Hills
41. Notre Dame/S.O.
42. Servite

DIVISION 2

43. Beckman
44. Oaks Chr.
45. Moorpark
46. Newbury Park
47. Palm Desert
48. St. John Bosco
49. M.L. King
50. Simi Valley
51. Lakewood
52. Great Oak
53. Alemany
54. Etiwanda
55. Capistrano Valley
56. Yucaipa
57. Violla Park
58. Woodbridge
59. La Mirada
60. Arlington
61. Carter
62. Murrieta Valley
63. Calabasas
64. Burroughs/B
65. Westlake
66. Woodcrest Chr.
67. Newport Harbor
68. Fountain Valley
69. Trabuco Hills
70. Edison
71. Corona del Mar
72. Tustin
73. Mira Costa
74. Ayala
75. Wilson/L.B.
76. Santa Barbara
77. Kaiser
78. Rancho Cucamonga
79. Glendora
80. Village Chr.
81. Thousand Oaks
82. Chino Hills
83. Crescenta Vly
84. Rio Mesa
85. Royal
86. Pacifica/GG
87. St. Bonaventure
88. El Modena
89. San Juan Hills

Division 2 Continued

90. Laguna Beach
91. San Dimas
92. Crespi
93. Temescal Canyon
94. Upland
95. Brea Olinda
96. San Marcos
97. Paloma Valley

DIVISION 3

98. Oxnard
99. Culver City
100. Roosevelt
101. Walnut
102. California
103. Buena
104. Paramount
105. El Segundo
106. Bellflower
107. Palos Verdes
108. Poly/R
109. La Salle
110. Camarillo
111. Cajon
112. Poly/L.B.
113. Monrovia
114. Kennedy
115. Don Lugo
116. Sage Hill
117. Citrus Hill
118. South Torrance
119. Canyon Springs
120. West Torrance
121. Chaparral
122. Cantwell-Sac Hrt
123. Valencia/P
124. Ventura
125. Warren
126. Northwood
127. Troy
128. Peninsula
129. Yorba Linda
130. Redlands
131. Crean Lutheran
132. Santa Monica
133. Centennial/Cor
134. Canyon/CC

Division 3 Continued

- 135. Los Osos
- 136. Santa Fe
- 137. San Luis Obispo
- 138. Quartz Hill
- 139. Paraclete
- 140. Valley View
- 141. Arcadia
- 142. Canyon/A
- 143. Torrance
- 144. Downey
- 145. Diamond Bar
- 146. San Geronio
- 147. Citrus Valley
- 148. Northview
- 149. Covina
- 150. Mayfair
- 151. Coean View
- 152. St. Francis
- 153. Montebello
- 154. Charter Oak
- 155. Righetti
- 156. Paso Robles
- 157. St. Paul
- 158. Sierra Canyon
- 159. Knight
- 160. Serrano

DIVISION 4

- 161. Tahquitz
- 162. Laguna Hills
- 163. San Marino
- 164. Hemet
- 165. Temecula Vly
- 166. Wilson/HH
- 167. University
- 168. Irvine
- 169. Santa Ynez
- 170. Burbank
- 171. Arroyo Grande
- 172. Ramona
- 173. Temple City
- 174. Shadow Hills
- 175. Capistrano Vly
Chr.
- 176. Cabrillo/L
- 177. Serra

Division 4 Continued

- 178. Glenn
- 179. Golden Vly
- 180. Los Altos
- 181. Summit
- 182. Rancho Verde
- 183. La Quinta/LQ
- 184. Alta Loma
- 185. La Habra
- 186. Montclair
- 187. Calvary
Chapel/SA
- 188. Orange
- 189. Rancho Alamitos
- 190. Lancaster
- 191. Claremont
- 192. Western
- 193. Linfield Chr.
- 194. Marantha
- 195. Cerritos
- 196. West Covina
- 197. Victor Vly
- 198. La Serna
- 199. Cathedral
- 200. Schurr
- 201. Pasadena
- 202. Nogales
- 203. Excelsior Chrter
- 204. Grace Brethren
- 205. Burroughs/R
- 206. Alhambra
- 207. Flintridge Prep
- 208. Sierra Vista
- 209. Valley Chr.
- 210. Segerstrom
- 211. Pioneer
- 212. Fullerton
- 213. Indio
- 214. Bishop
Montgomery
- 215. Sonora

DIVISION 5

- 216. Oak Hills
- 217. Patriot
- 218. Katella
- 219. Whittier Chr.

Division 5 Continued

- 220. Granite Hills
- 221. Century
- 222. El Rancho
- 223. Buckley
- 224. Whittier
- 225. Jurupa Hills
- 226. Oak Park
- 227. Calvary Murrieta
- 228. Campbell Hall
- 229. Buena Park
- 230. Elsinore
- 231. Miller
- 232. Mary Star
- 233. Bloomington
- 234. Sultana
- 235. Pacifica/O
- 236. Lynwood
- 237. Highland
- 238. Colony
- 239. Rialto
- 240. Beaumont
- 241. Apple Vly
- 242. North Torrance
- 243. Lompoc
- 244. Garden Grove
- 245. Savanna
- 246. La Canada
- 247. Hillcrest
- 248. La Quinta/W
- 249. Jordan
- 250. Xavier Prep
- 251. St. Joseph/SM
- 252. Chino
- 253. Sunny Hills
- 254. Saddleback Vly
Chr.
- 255. Grand Terrace
- 256. Loara
- 257. Chaffey
- 258. Rolling Hills Prep
- 259. Channel Islands
- 260. Aquinas
- 261. Lakeside
- 262. Salesian
- 263. Windward
- 264. Beverly Hills

Division 5 Continued

- 265. Atascadero
- 266. Palm Springs
- 267. Firebaugh
- 268. Acad for Acad
Excel
- 269. Hoover
- 270. Ontario Chr.
- 271. Lawndale
- 272. Norwalk
- 273. Anaheim
- 274. Colton
- 275. Coachella Vly
- 276. Desert Chr./L
- 277. Carpinteria
- 278. Palmdale
- 279. La Sierra
- 280. Estancia
- 281. Diamond Ranch
- 282. Pioneer Vly
- 283. West Valley
- 284. Fontana
- 285. Rowland
- 286. Garey
- 287. Rim of the World
- 288. Glendale
- 289. San Jacinto
- 290. Brentwood S
- 291. Jurupa Valley
- 292. Heritage
- 293. Templeton
- 294. Santa Ana

DIVISION 6

- 295. Eisenhower
- 296. Muir
- 297. Barstow
- 298. Santa Paula
- 299. Westminster
- 300. South Pasadena
- 301. Animo Leader.
- 302. Cabrillo/LB
- 303. Ganesha
- 304. Crossroads
- 305. Hesperia
- 306. Malibu

Division 6 Continued

- 307. Banning
- 308. Baldwin Park
- 309. Hawthorne
- 310. Artesia
- 311. Godinez
- 312. Heritage Chr.
- 313. St. Monica
- 314. Rancho Chr.
- 315. Santa Maria
- 316. Silverado
- 317. Rancho Mirage
- 318. Mark Keppel
- 319. Morro Bay
- 320. Vista del Lago
- 321. Oxford Acad.
- 322. Hueneme
- 323. Costa Mesa
- 324. Santiago/GG
- 325. Providence
- 326. Mission Prep
- 327. Inglewood
- 328. Yucca Valley
- 329. Ontario
- 330. Morningside
- 331. Big Bear
- 332. Perris
- 333. St. Bernard
- 334. Santa Clara
- 335. Nordhoff
- 336. South El Monte
- 337. Hesperia Chr.
- 338. St. Margaret's
- 339. Viewpoint
- 340. The Webb
Schools
- 341. Southlands Chr.
- 342. Moreno Vly
- 343. Mountain View
- 344. Dominguez
- 345. Dunn
- 346. Eastside
- 347. Los Amigos
- 348. Azusa
- 349. San Gabriel
- 350. Twentynine Palms
- 351. Norte Vista
- 352. Bell Gardens

Division 6 Continued

- 353. Centennial/Co
- 354. Santa Clarita Chr.
- 355. Littlerock
- 356. Arroyo Vly
- 357. Rio Hondo Prep
- 358. Poly/Pasadena
- 359. Arroyo
- 360. Fillmore
- 361. Foothill Tech
- 362. Nipomo
- 363. Duarte
- 364. St. Anthony
- 365. Desert Chr. Acad
- 366. Orcutt Academy
- 367. Pomona
- 368. St. Michael's Prep
- 369. Nuvview Bridge
- 370. Magnolia
- 371. Cathedral City
- 372. Rubidoux
- 373. Notre Dame/R
- 374. Temecula Prep
- 375. Bassett
- 376. New Roads
- 377. Indian Springs
- 378. Saddleback
- 379. Silver Valley
- 380. El Monte
- 381. Santa Rosa Acad
- 382. Lone Pine
- 383. St. Monica Acad.

DIVISION 7

- 384. Desert Hot
Springs
- 385. Immanuel Chr.
- 386. Palm Valley
- 387. Leuzinger
- 388. Adelanto
- 389. La Puente
- 390. Bishop Diego
- 391. Bolsa Grande
- 392. Gabrielino
- 393. Calvary Chapel/D
- 394. Arrowhead Chr.
- 395. Rosemead

Division 7 Continued

396. Chadwick
397. Boron
398. Calvary
Chapel/MV
399. Pacifica Chr./SM
400. Hamilton
401. Gladstone
402. Mammoth
403. Brethren Chr.
404. Bloomington Chr.
405. Western Chr.
406. Riverside Prep
407. San Jacinto Vly
Acad.
408. Pacific
409. St. Genevieve
410. Marshall
411. Cate
412. Lutheran/LV
413. Santa Ana Valley
414. California
Lutheran
415. Vasquez
416. Redlands Advent.
Acad.
417. McAuliffe
418. Faith Baptist
419. Villanova Prep
420. Edgewood
421. Avalon
422. Antelope Vly
423. San Bernardino
424. Lennox Acad.
425. Coast Union
426. Desert Mirage
427. Compton
428. Milken
429. La Sierra Acad.
430. Workman
431. Hillcrest Chr./TO
432. De Toledo
433. Teinity Classical
Acad.
434. Albert Einstein
435. Apple Vly Chr.
436. Bosco Tech

Division 7 Continued

437. Shalhevet
438. Tarbut V' Torah
439. University Prep
440. Boys' Republic
441. Academy of
Careers & Expl.
442. Joshua Springs
443. Thacher
444. Lucerne Valley
445. Upland Chr. Acad.
446. Public Safety
Acad.
447. Desert Chapel
448. Sherman Indian
449. Vistamar
450. Yeshiva
451. Wildwood
452. Trona
453. Big Pine
454. Valley Chr. Acad.
455. Hawthorne Math
& Science
456. Mojave
457. Bethel Chr/R
458. Lancaster Baptist
459. California School
for the Deaf
460. Fairmont Prep
461. California Military
Insit.
462. Packinghouse
Chr. Acad.
463. Noli Indian
464. Calvary Christian
465. Ojai Valley
466. Valley Torah
467. Summit View
West
468. Newbury Park
Adventist
469. Maricopa
470. Cornerstone Chr.
471. Southwestern
Academy
472. Mesa Grande
473. Carnigie
474. Riverside Cty Ed.

Division 7 Continued

475. Environmental
Charter
476. Pius X St. Mathias
477. Bethel Chr./L
478. Santa Clarita Vly
International
479. Lake Arrowhead
Chr.
480. Averson Global
481. Summit View
482. Whitney
483. Cuyama Vly
484. Shandon
485. Pilgrim
486. Grove
487. Victor Valley Chr.
488. Lee Vining
489. Guidance Charter
490. Calvary Baptist
491. Coastal Christian
492. Cobalt institute
493. Crossroads Chr.
494. Loma Linda Acad.
495. Oakwood
496. Orange Vista
497. Pacific Hills

DIVISION 1

1. Agoura
2. Aliso Niguel
3. Bishop Amat
4. Bonita
5. Chaminade
6. Corona
7. Cypress
8. Damien
9. Dana Hills
10. Dos Pueblos
11. El Dorado
12. El Toro
13. Esperanza
14. Foothill
15. Gahr
16. Hart
17. Harvard-Westlake
18. Huntington Beach
19. JSerra Catholic
20. JW North
21. Los Alamitos
22. Loyola
23. Marina
24. Mater D3ei
25. Millikan
26. Mission Viejo
27. Murrieta Mesa
28. Norco
29. Notre Dame/SO
30. Orange Lutheran
31. Redlands East Vly
32. Redondo Union
33. San Clemente
34. Santa Margarita
35. Santiago/Corona
36. Saugus
37. Servite
38. South Hills
39. Tesoro
40. Valencia/V
41. Vista Murrieta
42. West Ranch

DIVISION 2

43. Alemany
44. Arlington

Division 2 Continued

45. Ayala
46. Beckman
47. Brea Olinda
48. Burroughs/B
49. Calabasas
50. Capistrano Vly
51. Carter
52. Chino Hills
53. Corona del Mar
54. Crescenta Vly
55. Crespi
56. Edison
57. El Modena
58. Etiwanda
59. Fountain Vly
60. Glendora
61. Great Oak
62. Kaiser
63. La Mirada
64. Laguna Beach
65. Lakewood
66. M.L. King
67. Mira Costa
68. Moorpark
69. Murrieta Vly
70. Newbury Park
71. Newport Harbor
72. Oaks Chr.
73. Pacifica/GG
74. Palm Desert
75. Paloma Valley
76. Rancho Cucamonga
77. Rio Mesa
78. Royal
79. San Dimas
80. San Juan Hills
81. San Marcos
82. Santa Barbara
83. Simi Valley
84. St. Bonaventure
85. St. John Bosco
86. Temescal Canyon
87. Thousand Oaks
88. Trabuco Hills
89. Tustin

Division 2 Continued

90. Upland
91. Villa Park
92. Village Chr.
93. Westlake
94. Wilson.LB
95. Woodbridge
96. Woodcrest Chr.
97. Yucaipa

DIVISION 3

98. Arcadia
99. Bellflower
100. Buena
101. Cajon
102. California
103. Camarillo
104. Cantwell Sac. Hrt
105. Canyon Springs
106. Canyon/A
107. Canyon/CC
108. Centennial/Cor
109. Chaparral
110. Charter Oak
111. Citrus Hills
112. Citrus Valley
113. Covina
114. Crean Lutheran
115. Culver City
116. Diamond Bar
117. Don Lugo
118. Downey
119. El Segundo
120. Kennedy
121. Knight
122. La Salle
123. Los Osos
124. Mayfair
125. Monrovia
126. Montebello
127. Northview
128. Northwood
129. Ocean View
130. Oxnard
131. Palos Verdes
132. Paraclete
133. Paramount

Division 3 Continued

- 134. Paso Robles
- 135. Peninsula
- 136. Poly.LB
- 137. Poly/R
- 138. Quartz Hill
- 139. Redlands
- 140. Righetti
- 141. Roosevelt
- 142. Sage Hill
- 143. San Geronio
- 144. San Luis Obispo
- 145. Santa Fe
- 146. Santa Monica
- 147. Serrano
- 148. Sierra Canyon
- 149. South Torrance
- 150. St. Francis
- 151. St. Paul
- 152. Torrance
- 153. Troy
- 154. Valencia/P
- 155. Valley View
- 156. Ventura
- 157. Walnut
- 158. Warren
- 159. West Torrance
- 160. Yorba Linda

DIVISION 4

- 161. Alhambra
- 162. Alta Loma
- 163. Arroyo Grande
- 164. Bish. Montgomery
- 165. Burbank
- 166. Burroughs/R
- 167. Cabrillo/Lompoc
- 168. Calvary Chap/SA
- 169. Capo Vly Chr.
- 170. Cathedral
- 171. Cerritos
- 172. Claremont
- 173. Excelsior Charter
- 174. Flintridge Prep
- 175. Fullerton
- 176. Glenn
- 177. Golden Valley

Division 4 Continued

- 178. Grace Brethren
- 179. Hemet
- 180. Indio
- 181. Irvine
- 182. La Habra
- 183. La Quinta/LQ
- 184. La Serna
- 185. Laguna Hills
- 186. Lancaster
- 187. Linfield Chr.
- 188. Los Altos
- 189. Maranatha
- 190. Montclair
- 191. Nogales
- 192. Orange
- 193. Pasadena
- 194. Pioneer
- 195. Ramona
- 196. Rancho Alamitos
- 197. Rancho Verde
- 198. San Marino
- 199. Santa Ynez
- 200. Schurr
- 201. Segerstrom
- 202. Serra
- 203. Shadow Hills
- 204. Sierra Vista
- 205. Sonora
- 206. Summit
- 207. Tahquitz
- 208. Temecula Valley
- 209. Temepole City
- 210. University
- 211. Valley Chr.
- 212. Victor Valley
- 213. West Covina
- 214. Western
- 215. Wilson/HH

DIVISION 5

- 216. AB Miller
- 217. Acad.of Acad. Ex.
- 218. Anaheim
- 219. Apple Valley
- 220. Aquinas
- 221. Atascadero

Division 5 Continued

- 222. Beaumont
- 223. Beverly Hills
- 224. Bloomington
- 225. Brentwood School
- 226. Buckley
- 227. Buena Park
- 228. Calvary Murrieta
- 229. Campbell Hall
- 230. Carpinteria
- 231. Century
- 232. Chaffey
- 233. Channel Islands
- 234. Chino
- 235. Coachella Valley
- 236. Colony
- 237. Colton
- 238. Desert Chr./L
- 239. Diamond Ranch
- 240. El Rancho
- 241. Elsinore
- 242. Estancia
- 243. Firebaugh
- 244. Fontana
- 245. Garden Grove
- 246. Garey
- 247. Glendale
- 248. Grand Terrace
- 249. Granite Hills
- 250. Heritage
- 251. Highland
- 252. Hillcrest
- 253. Hoover
- 254. Jordan
- 255. Jurupa Hills
- 256. Jurupa Valley
- 257. Katella
- 258. La Canada
- 259. La Quinta/W
- 260. La Sierra
- 261. Lakeside
- 262. Lawndale
- 263. Loara
- 264. Lompoc
- 265. Lynwood
- 266. Mary Star
- 267. North Torrance

Division 5 Continued

- 268. Norwalk
- 269. Oak Hills
- 270. Oak Park
- 271. Ontario Char.
- 272. Pacifica/O
- 273. Palm Springs
- 274. Palmdale
- 275. Patriot
- 276. Pioneer Valley
- 277. Rialto
- 278. Rim of the World
- 279. Rolling Hills Prep
- 280. Rowland
- 281. Saddleback Vly
Chr.
- 282. Salesian
- 283. San Jacinto
- 284. Santa Ana
- 285. Savanna
- 286. St. Josephs/SM
- 287. Sultana
- 288. Sunny Hills
- 289. Templeton
- 290. West Valley
- 291. Whittier
- 292. Whittier Chr.
- 293. Windward
- 294. Xavier Prep

DIVISION 6

- 295. Animo Leadership
- 296. Arroyo
- 297. Arroyo Vly
- 298. Artesia
- 299. Azusa
- 300. Baldwin Park
- 301. Banning
- 302. Barstow
- 303. Bassett
- 304. Bell Gardens
- 305. Big Bear
- 306. Cabrillo/LB
- 307. Cathedral City
- 308. Centennial/Comp
- 309. Costa Mesa
- 310. Crossroads

Division 6 Continued

- 311. Desert Chr. Acad.
- 312. Dominguez
- 313. Duarte
- 314. Dunn
- 315. Eastside
- 316. Eisenhower
- 317. El Monte
- 318. Fillmore
- 319. Foothill Tech
- 320. Ganesha
- 321. Godinez
- 322. Hawthorne
- 323. Heritage Chr.
- 324. Hesperia
- 325. Hesperia Chr.
- 326. Hueneme
- 327. Indian Springs
- 328. Inglewood
- 329. Littlerock
- 330. Lone Pine
- 331. Los Amigos
- 332. Magnolia
- 333. Malibu
- 334. Mark Keppel
- 335. Mission Prep
- 336. Moreno Valley
- 337. Morningside
- 338. Morro Bay
- 339. Mountain View
- 340. Muir
- 341. New Roads
- 342. Nipomo
- 343. Nordhoff
- 344. Norte Vista
- 345. Norte Dame/R
- 346. Nuvview Bridge
- 347. Ontario
- 348. Orcutt Acad.
- 349. Oxford Acad.
- 350. Perris
- 351. Poly/P
- 352. Pomona
- 353. Providence
- 354. Rancho Chr.
- 355. Rancho Mirage
- 356. Rio Hondo Prep

Division 6 Continued

- 357. Rubidoux
- 358. Saddleback
- 359. San Gabriel
- 360. Santa Clara
- 361. Santa Clarita Chr.
- 362. Santa Maria
- 363. Santa Paula
- 364. Santa Rosa Acad
- 365. Santiago/GG
- 366. Silver Valley
- 367. Silverado
- 368. South El Monte
- 369. South Pasadena
- 370. Southlands Chr.
- 371. St. Anthony
- 372. St. Bernard
- 373. St. Margaret's
- 374. St. Michael's Prep
- 375. St. Monica
- 376. St. Monica Acad.
- 377. Temecula Prep
- 378. The Webb
Schools
- 379. Twentynine Palms
- 380. Viewpoint
- 381. Vista del Lago
- 382. Westminster
- 383. Yucca Valley

DIVISION 7

- 384. Academy of
Careers & Ex.
- 385. Adelanto
- 386. Albert Einstein
Acad.
- 387. Antelope Valley
- 388. Apple Valley Chr.
- 389. Arrowhead Chr.
- 390. Avalon
- 391. Averson Global
- 392. Bethel Chr./R
- 393. Bethel Chr./L
- 394. Big Pine
- 395. Bishop Diego
- 396. Bloomington Chr.
- 397. Bolsa Grande

Division 7 Continued

398. Boron
399. Bosco Tech
400. Boys' Republic
401. Brethren Chr.
402. Calif. Lutheran
403. California Military
Inst.
404. California School
for the Deaf
405. Calvary Baptist
406. Calvary Chapel/D
407. Calvary Chap/MV
408. Calvary Chr.
409. Carnegie
410. Cate
411. Chadwick
412. Coast Union
413. Coastal Christian
414. Cobalt Institute
415. Compton
416. Cornerstone Chr.
417. Crossroads Chr.
418. Cuyama Valley
419. De Toledo
420. Desert Chapel
421. Desert Hot
Springs
422. Desert Mirage
423. Edgewood
424. Environmental Ch
425. Fairmont Prep
426. Faith Baptist
427. Gabrielino
428. Gladstone
429. Grove
430. Guidance Charter
431. Hamilton
432. Hawthorne Math
& Sci.
433. Hillcrest Chr./TO
434. Immanuel Chr.
435. Joshua Springs
436. La Puente
437. La Sierra Acad.
438. Lake Arrowhead
Chr.
439. Lancaster Baptist
440. Lee Vining

Division 7 Continued

441. Lennox Acad.
442. Leuzinger
443. Loma Linda Acad.
444. Lucerne Valley
445. Lutheran/LV
446. Mammoth
447. Maricopa
448. Marshall
449. McAuliffe
450. Mesa Grande
451. Milken
452. Mojave
453. Newbury Park
Adventist
454. Noli Indian
455. Oakwood
456. Ojai Valley
457. Orange Vista
458. Pacific
459. Pacific Hills
460. Pacifica Chr./SM
461. Packinghouse
Chr. Acad.
462. Palm Valley
463. Pilgrim
464. PiusX/St. Mathias
465. Public Sfty Acad.
466. Redlands Advent.
Acad.
467. Riverside Cnty
Ed.
468. Riverside Prep
469. Rosemead
470. San Bernardino
471. San Jacinto Vly
Acad.
472. Santa Ana Valley
473. Santa Clarita Vly
International
474. Shalhevet
475. Shandon
476. Sherman Indian
477. Southwestern
Acad.
478. St. Genevieve
479. Summit View
480. Summit View
West

Division 7 Continued

481. Tarbut V' Torah
482. Thacher
483. Trinity Class Acad
484. Trona
485. University Prep
486. Upland Chr. Acad.
487. Valley Chr. Acad.
488. Valley Torah
489. Vasquez
490. Victor Valley Chr.
491. Villanova Prep
492. Vistamar
493. Western Chr.
494. Whitney
495. Wildwood
496. Workman
497. Yeshiva

2016-17 BASEBALL LEAGUES

ACADEMY

Brethren Christian
Calvary Chapel/Downey
Crean Lutheran South
Oxford Academy
Sage Hill
St. Margaret's
Whitney

AGAPE

Apple Valley Christian
Bethel
Christian/Lancaster
Hesperia Christian
Lucerne Valley
Victor Valley Christian

ALMONT

Alhambra
Bell Gardens
Mark Keppel
Montebello
San Gabriel
Schurr

AMBASSADOR

Aquinas
Arrowhead Chr
Linfield Chr.
Loma Linda Academy
Notre Dame/Riverside
Ontario Chr.
Western Chr.
Woodcrest Chr.

ARROWHEAD

Boys Republic
California Lutheran
CSDR
Carnegie/Riverside
Hamilton
La Sierra Academy
Sherman Indian
Upland Christian

BASELINE

Chino Hills
Damien
Etiwanda
Los Osos
Rancho Cucamonga
Upland

BAY

Inglewood
Mira Costa
Morningside
Palos Verdes
Peninsula
Redondo Union

BIG VIII

Centennial/Corona
Corona
ML King
Norco
Roosevelt
Santiago/Corona

CAMINO REAL

Bishop Montgomery
Cantwell Sacred Heart
Mary Star
Salesian
St. Monica Catholic

CHANNEL

Buena
Dos Pueblos
San Marcos
Santa Barbara
Ventura

CITRUS BELT

Cajon
Carter
Citrus Valley
Eisenhower
Miller, A.B.
Redlands
Redlands East Valley
Yucaipa

COAST VALLEY

Coast Union
Coastal Christian
Cuyama Valley
Maricopa
Shandon
Valley Christian/ SM

COASTAL

Hawthorne MSA
Lennox Academy
New Roads
Pacific Hills
Rolling Hills Prep
Vistamar

COASTAL CANYON

Camarillo
Moorpark
Oak Park
Royal
Simi Valley

CRESTVIEW

El Dorado
El Modena
Esperanza
Foothill/Santa Ana

CROSS VALLEY

Academy Careers &
Exploration
Academy/Academic
Excellence
Big Bear
Colbalt Institute
Excelsior Charter
Riverside Prep
Silver Valley
University Prep

DE ANZA

Coachella Valley
Desert Hot Springs
Desert Mirage
Rancho Mirage
Twentynine Palms
Yucca Valley

DEL REY

Bishop Amat
Cathedral
La Salle
Serra
St. Paul

DEL RIO

California
El Rancho
La Serna
Pioneer
Santa Fe
Whittier

DESERT MTN.

Boron
Desert Christian/ L
Lone Pine
Mammoth
Mojave
Silver Valley
Vasquez

DESERT SKY

Adelanto
Barstow
Granite Hills
Silverado
Victor Valley

DESERT VALLEY

Cathedral City
Indio
La Quinta/ LQ
Palm Desert
Palm Springs
Shadow Hills
Xavier Prep

EMPIRE

Cypress
Kennedy
Pacifica/ GG
Tustin
Valencia/ P
Western

EXPRESS

Fairmont Prep
Lutheran/LaVerne
St. Michael's Prep
Tarbut V Torah

FOOTHILL

Canyon/ CC
Golden Valley
Hart
Saugus
Valencia/ V
West Ranch

FREEWAY

Buena Park
Fullerton
La Habra
Sonora
Sunny Hills
Troy

FRONTIER

Bishop Diego
Cate
Foothill
Santa Clara
Thacher
Villanova Prep

GARDEN GROVE

Bolsa Grande
Garden Grove
La Quinta/Westminster
Los Amigos
Rancho Alamitos
Santiago/ GG

GOLD COAST

Brentwood
Campbell Hall
Crossroads
Paraclete
Sierra Canyon
Viewpoint
Windward

GOLDEN

Antelope Valley
Eastside
Highland
Knight
Lancaster
Littlerock
Palmdale
Quartz Hill

GOLDEN WEST

Loara
Ocean View
Orange
Santa Ana
Segerstrom
Westminster

HACIENDA

Charter Oak
Chino
Diamond Ranch
Los Altos
Walnut
West Covina

HERITAGE

Faith Baptist
Guidance Charter
Lancaster Baptist
Santa Clarita Christian
Trinity Classical
Academy
Valley Torah

HI-LO

Big Pine
Immanuel Christian
Lee Vining
Trona

INDEPENDENCE

Oakwood
Southwestern Academy
St. Monica Academy
Yeshiva (YULA)

INLAND VALLEY

Arlington
Canyon Springs
J.W. North
Poly/Riverside
Rancho Verde
Valley View

LIBERTY

Buckley
De Toledo
Milken Community
Pacifica Christian
Providence

LOS PADRES

Cabrillo/ L
Lompoc
Morro Bay
Nipomo
Orcutt Academy
Santa Maria
Santa Ynez
Templeton

MAJESTIC

Bethel
Christian/Riverside
California Baptist
Calvary Chapel/MV
Cornerstone
Christian/W
Crossroads Christian
Grove
Lake Arrowhead Chr.
Packinghouse Christian

MARMONTE

Agoura
Calabasas
Newbury Park
Oaks Christian
Thousand Oaks
Westlake

MIRAMONTE

Bassett
Edgewood
Ganesha
Garey
La Puente
Pomona

MISSION

Aleman
Chaminade
Crespi
Harvard/ Westlake
Loyola
Notre Dame/ SO
St. Francis

MISSION VALLEY

Arroyo
El Monte
Gabrielino
Marshall
Mountain View
Rosemead
South El Monte

MOJAVE RIVER

Apple Valley
Burroughs/Ridgecrest
Hesperia
Oak Hills
Serrano
Sultana

MONTVIEW

Azusa
Baldwin Park
Duarte
Gladstone
Nogales
Sierra Vista
Workman

MOORE

Cabrillo/ LB
Compton
Jordan
Lakewood
Millikan
Poly/ LB
Wilson/ LB

MOUNTAIN PASS

Beaumont
Citrus Hill
Hemet
San Jacinto
Tahquitz
West Valley

MOUNTAIN VALLEY

Banning
Moreno Valley
Pacific
Rubidoux
San Bernardino
Vista Del Lago

MT. BALDY

Alta Loma
Chaffey
Colony
Don Lugo
Montclair
Ontario

MULHOLLAND

Animo Leadership
Environmental Charter
Shalhevet
Summit View West

NORTH HILLS

Brea Olinda
Foothill
Villa Park
Yorba Linda

OCEAN

Beverly Hills
Culver City
El Segundo
Hawthorne
Lawndale
Santa Monica

OLYMPIC

Heritage Christian
Maranatha
Valley Christian/ C
Village Chr.
Whittier Christian

OMEGA

Calvary Christian
Einstein Academy
Hillcrest Christian/TO
Newbury Park Adventist
Ojai Valley
Pilgrim
Santa Clarita Vly
International

ORANGE

Anaheim
Century
Katella
Magnolia
Santa Ana Valley
Savanna

ORANGE COAST

Calvary Chapel/ SA
Costa Mesa
Estancia
Godinez
Laguna Beach
Saddleback

PAC- 8

Arroyo Grande
Atascadero
Mission College Prep
Paso Robles
Pioneer Valley
Righetti
San Luis Obispo
St. Joseph/SM

PACIFIC

Arcadia
Burbank
Burrroughs/ B
Crescenta Valley
Glendale
Hoover
Muir
Pasadena

PACIFIC COAST

Beckman
Corona del Mar
Irvine
Northwood
University
Woodbridge

PACIFIC VIEW

Channel Islands
Hueneme
Oxnard
Pacifica/ O
Rio Mesa

PALOMARES

Ayala, Ruben
Bonita
Claremont
Diamond Bar
Glendora
South Hills

PIONEER

Leuzinger
North Torrance
South Torrance
Torrance
West Torrance

PREP

Chadwick
Firebaugh
Flintridge Prep
Poly/ Pasadena
Rio Hondo Prep

RIO HONDO

La Canada
Monrovia
San Marino
South Pasadena
Temple City

RIVER VALLEY

Hillcrest
Jurupa Valley
La Sierra
Norte Vista
Patriot
Ramona

SAN ANDREAS

Arroyo Valley
Indian Springs
Jurupa Hills
Rialto
Rim of the World
San Geronio

SAN GABRIEL VLY

Dominguez
Downey
Gahr
Lynwood
Paramount
Warren

SAN JOAQUIN

Avalon
Capistrano Valley
Christian
Saddleback Valley
Christian
Southlands Christian
Webb

SANTA FE

Don Bosco Tech
St. Anthony
St. Bernard
St. Genevieve
St. Pius X – St. Matthias
Acad.

SEA VIEW

Dana Hills
Laguna Hills
San Juan Hills
Tesoro
Trabuco Hills

SOUTH COAST

Aliso Niguel
Capistrano Valley
El Toro
Mission Viejo
San Clemente

SOUTH VALLEY

California Military
Calvary Murrieta
Nuview Bridge
Rancho Christian
Santa Rosa Academy
Temecula Prep

SOUTHWESTERN

Chaparral
Great Oak
Murrieta Mesa
Murrieta Valley
Temecula Valley
Vista Murrieta

SUBURBAN

Artesia
Bellflower
Cerritos
Glenn
La Mirada
Mayfair
Norwalk

SUNBELT

Elsinore
Heritage
Lakeside
Paloma Valley
Perris
Temescal Canyon

SUNKIST

Bloomington
Colton
Fontana
Grand Terrace
Kaiser
Summit

SUNSET

Edison
Fountain Valley
Huntington Beach
Los Alamitos
Marina
Newport Harbor

TRINITY

JSerra
Mater Dei
Orange Lutheran
Santa Margarita
Servite
St. John Bosco

TRI-VALLEY

Carpinteria
Fillmore
Grace Brethren
Malibu
Nordoff
Santa Paula
St. Bonaventure

VALLE VISTA

Baldwin Park
Covina
Northview
Rowland
San Dimas
Wilson/HH

VICTORY

Bloomington Christian
Desert Chapel
Desert Christian/ BD
Joshua Springs
Mesa Grande Academy
Palm Valley
Redlands Adventist

WARRIOR

Noli Indian
Orange Vista
Public Safety Academy
Riverside Cnty Ed Acad
San Jacinto Academy
Weaver

FREELANCE

Dunn

CIF SOUTHERN SECTION BASEBALL GUIDELINES

Following are key points of emphasis baseball coaches should review with their staffs and players in reference to CIF Southern Section rules and regulations as set down in the Blue Book. This list is NOT all-inclusive but only highlights some key areas.

1500. PITCHING LIMITATION RULE – 30 OUTS

Sections shall adopt the following baseball pitching limitation rule: 30 outs and/or three (3) appearances in a calendar week through the season.

- A. The calendar week begins on Monday.
- B. Innings pitched in a no game (i.e., rainout, power failure, etc.) shall count toward the total.
- C. If the 30th out involves a double or triple play, the team will not be penalized.
- D. An appearance is defined as a pitcher pitching at least one (1) pitch. If a pitcher is removed from the mound to another position or to the dugout and later returns to pitch in the same game, the pitcher will be charged with a second appearance.
- E. Any violation constitutes a forfeit of the contest.

1501. PITCHING LIMITATION RULE – PITCH COUNT

In addition to 1500 above, Sections shall adopt the following baseball pitching limitation rule with respect to pitch count and required days of rest:

Pitch count limits and required rest:

Level	Maximum Contest Pitch Limit	0 Days Rest Required	1 Day Rest Required	2 Days Rest Required	3 Days Rest Required
Varsity	110 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches
Freshman; F/S; JV	90 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches

- A. A pitcher may finish the current batter if the Maximum Contest Pitch Limit is reached during that at-bat.
- B. Pitches thrown and appearances made in a no game (i.e., rainout, power failure, etc.) shall count toward the totals.
- C. At the end of each half inning, the head coaches will confirm and both team books will record the pitch count for all pitchers who threw a pitch in that half inning. In the case of a discrepancy, the home book is considered the official book.
- D. Each school must keep a record of all pitches thrown by each of their players in each game and make this available to their respective Section Office upon request.
- E. Any violation constitutes a forfeit of the contest.

Questions & Answers:

Q: If a pitch count mechanism is used that is visible to both teams, do the coaches still need to confirm the pitch count every half inning?

A: No. If the mechanism (i.e. scoreboard add-on, flip chart behind home plate, etc.) can be seen by both teams, the coaches may use that as verification of the pitch count.

Q: How is a day of rest defined?

A: A day of rest is defined as a calendar day. For example, if a pitcher throws 76 or more pitches in a Monday game thus requiring three-days rest before being allowed to pitch again, those days of rest would be Tuesday, Wednesday and Thursday allowing that pitcher to pitch again on Friday.

Q: If a pitcher exceeds the maximum number of allowable pitches with respect to the required days of rest while finishing a batter, how are the required number of rest days calculated?

A: The required days of rest is determined by the actual number of pitches thrown. For example, if a pitcher starts a batter with 48 pitches, finishes the batter with 53 pitches and is then removed from the game, that pitcher would be required to rest for two days before making another appearance.

Q: What, if any role, do the umpires play in the confirmation and recording of the pitch count after each half inning?

A: The umpires are asked to ensure that the teams are exchanging the required information but the actual recording of the pitch count is up to the head coach from each school.

Q: If an intentional walk is issued to the batter and no pitches are delivered to home plate, are those pitches counted towards the pitcher's total number?

A: No. Those pitches would not count towards the pitcher's total number

Q: In the case of balk, when does a pitch count towards the pitcher's total number?

A: A pitch would only count if the ball is delivered to the batter.

Q: If a batter is awarded timeout by the umpire but the pitcher still delivers the ball to the batter, does that pitch count towards the pitcher's total number?

A: No. That pitch would not count towards the pitcher's total number.

Q: Does the Pitch Count reset each Monday like the 30 Out Rule?

A: No. While the 30 Out Rule will reset each Monday, the Pitch Count Rule will not. For example, if a pitcher throws 76+ pitches in a game on Saturday, they would have to rest on Sunday, Monday and Tuesday before being eligible to pitch again on Wednesday.

Q: May the same pitcher appear in two different games on the same day?

A: Yes. However, they may only do so if they threw 30 pitches or less in the first game and are not required to rest. Also, they may not throw more than 110 pitches total for the day.

15012. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo. (Revised to include lacrosse November 2000 Federated Council)

15023. PROTECTIVE EQUIPMENT

It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

NOTE: NFHS rules govern use of protective equipment by a player/student.

(Approved January 2015 Federated Council)

TO: PRINCIPALS
ATHLETIC DIRECTORS
HEAD BASEBALL COACHES

FROM: GLENN MARTINEZ, ASSISTANT COMMISSIONER

SUBJECT: NFHS AUTHENTICATING MARK PROGRAM (AMP)

DATE: JANUARY 30, 2017

As we approach the beginning of the 2017 baseball season, I want to remind you of the relevant rule regarding the NFHS Authenticating Mark that is required on all baseballs that will be used in high school competition at all levels (NFHS Rule 1-3-1).

All umpires in the CIF Southern Section have been instructed to examine all baseball provided by the home team to make sure that they have the required NFHS Authenticating Mark. If they do not, then the game will not be played and the home team responsible for supplying the baseball will forfeit this contest. Umpires have also been instructed to report this incident to the CIF Southern Section office. It has been brought to our attention that some major sporting goods dealers in Southern California are not selling the required baseballs. Only certified baseballs with the NFHS Authenticating Mark from the different manufactures (Rawlings, Diamond, Wilson, Spalding, Baden, and others) should be used (see picture below). I remind you that baseballs that are not labeled in this manner are not legal for high school play.

During the 2017 CIF Southern Section Baseball Playoffs, the Rawlings CIF-SS baseball (see picture below) will be the mandatory baseball for all playoff games.

Please make sure and review these rules with your coaches, at all levels, so there will not be any confusion once we begin to play interscholastic contests.

If you have any questions, please do not hesitate to contact me.

Best of luck this upcoming season.



Rule 1504 TOURNAMENTS

A team may not be entered in more than three tournaments.

- 1504.1 For each tournament, a team will be charged two games toward the allowable maximum number of contests.

QUESTION: Can a school enter two teams in the same tournament at the same level (i.e. varsity "A" and varsity "B")?
ANSWER: If a school chooses to split a single team into two teams in the same tournament at the same level they will be charged one allotted tournament for each team entered. If a school enters a varsity "A" and a varsity "B" team, they will be charged for two (2) of the allowable three (3) tournaments for the season.

1504.2 All tournaments, regardless of the number of teams participating, are allowed a maximum of 5 games while still counting as 2 of your allowable contests.

- 1504.3 Tournament managers are responsible for notifying participating schools of the number of games and/or teams participating in the tournament.

NOTE: Two contests could be played in the SAME TOURNAMENT only, but not two games in two different tournaments (see Bylaw 1511).

CIF BYLAW 1503

On January 30, 2016 the CIF State Federated Council voted to require all base coaches to wear a protective helmet. This rule goes into effect immediately and applies to all levels of high school baseball.

This is the wording of 1503: *It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.*

As per NFHS rules, players occupying coaches boxes must wear a NOCSAE approved helmet. (Double ear flaps) Adult coaches are not required to wear a NOCSAE approved helmet, but they must wear a protective helmet. This rule applies to any team playing in the state of California.

The plate umpire shall not put the ball in play to begin a new half inning until he is sure all base coaches are properly equipped. An adult coach who does not wish to be in compliance must remain in the dugout.

OUTSIDE COMPETITION (IN-SEASON)

A member of a high school baseball team may NOT, during his or her season of sport, compete for an outside team in the sport of baseball. A season of sport is defined as that period which begins with a student's first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (non-league, tournament, league or CIF-SS playoff game).

LEVEL OF COMPETITION

No student shall participate in more than one level of competition in the same sport in the same day.

DUGOUT

Information on the current rules regarding coaches in the dugout are located in the memo from Ken Allan on page 30 of this bulletin. **HOWEVER, UNDER NO CIRCUMSTANCES WILL COACHES BE ALLOWED TO SIT ON CHAIRS OR BUCKETS OUTSIDE THE DUGOUTS IN LIVE BALL TERRITORY.**

SOFTBALL RULING

The sport of baseball is considered to be separate and distinct from the sport of softball, and competition by a school baseball player on an outside softball team during the individual's baseball season **IS PERMISSIBLE**. Slow-pitch is considered to be softball.

TIE GAMES

A regulation called game with a tie score shall be counted as $\frac{1}{2}$ game won and $\frac{1}{2}$ game lost for each team. This rule will apply to all contests and leagues **MAY NOT WAIVE THIS RULE**.

SPORTSMANSHIP

There has been a great deal of concern about security for officials. It is strongly suggested that the home team have a representative to escort the officials to the playing field and back to your locker room and/or their car at the end of the contest. A responsible adult who can guarantee the security of the official should do this task.

PLAYER CONDUCT

Any player ejected for any reason, or any player who leaves the confines of the bench or team area during a fight that may break out or has broken out, shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. The next contest may not be a forfeited, postponed or canceled game. A second ejection will constitute a two-contest suspension and a third ejection will cause suspension for the remainder of the season. A player who was ejected from the previous contest who, knowingly or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of that contest.

NOTE: Rule 1519

Any player whose conduct merits ejection from a game by an official for fighting or assaultive behavior shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. After the suspension from play, the student may only return after certification by school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the Section office prior to rejoining the team.

Any player who leaves the confines of the bench or team area during a fight that has broken out or may break out will be ineligible for the team's next contest. After the suspension from play, the student may return only after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the Section office prior to rejoining the team.

QUESTION: What is meant by attendance at a contest?

ANSWER: Attendance is defined as being present at the team bench/area, inside a gymnasium, stadium or playing area. Students ejected from a game in progress should remain under supervision of school staff. The intent of this rule is that the ejected person is not in attendance at the contest.

COACH EJECTION

Upon ejection, the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. The next contest may not be a forfeited, postponed or canceled game. A second ejection will constitute a two-contest suspension and a third ejection will cause suspension for the remainder of the season. A coach who was ejected from the previous contest who, knowingly or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of that contest.

As a final comment, it is important to remember that players, coaches, officials, and spectators are involved in the same contest. It is in our best interest to work together to provide a positive experience for all those involved. Positive relationships between coaches and officials can only enhance this experience, and it is hoped that all those involved make every effort possible to work in a positive manner with each other.

PLAYOFFS

The 2017 Baseball Playoffs will be conducted in seven divisions, with each division made up of various schools. (See attached list for your school's division placement.)

All 4-team leagues will be guaranteed two entries into the playoffs, all 5-6 team leagues will be guaranteed three entries into the playoffs and all 7-8 team leagues will be guaranteed four entries into the playoffs. 9 or more team leagues are guaranteed 5 entries into the playoffs. Under the playoff format in all sports, leagues have the responsibility of developing and identifying the priority for their representatives into the playoffs as so noted under Article 320 (Playoffs) of the CIF Southern Section Blue Book. Please note that leagues may not conduct additional contests beyond the prescribed limits unless said contests are to determine ENTRY and not representative priority (leagues must have this as part of their constitution and must secure permission from the CIF-SS office before conducting such playoffs for entry).

Rule 3214.1

In all team sports other than basketball and wrestling, additional entries beyond a league's guaranteed number of entries will only be permitted to enter the playoffs to fill any byes which exist in the opening round. Wildcard contests will be situations where the number of teams that are guaranteed entries from their leagues necessitate that additional contests be played to reduce the number of teams entered to the required number of the original draw. (For example, when there are 37 teams entered as guaranteed entries from their leagues into a particular playoff draw, there must be 5 wildcard contests played to reduce the number of teams from 37 to 32, the required number of the original draw.) At-large teams, teams meeting the at-large criteria (.500 or better overall record), can only be accepted into the playoffs if there are openings in the original draw after all of the league's guaranteed entries are submitted. (For example, where there are 30 teams entered as guaranteed entries from their leagues into a 32-team draw, there would be 2 byes in the bracket and those byes could be filled by teams who were not guaranteed entries from their leagues who submitted at-large application forms for that particular sport and have an overall record of .500 or better in all games played during the regular season.)

In any playoff grouping other than basketball, at-large selections will be considered from the next place beyond the guarantee that are .500 or better. After all those schools have been taken and there are still positions available, the next place teams that are .500 or better will then be considered. An example would be in football, some divisions allow two (2) entries per league. All 3rd place teams would be taken before any 4th place teams would be considered. (A tie will count as half a win and half a loss for a .500 record or better.) For specific information on the at-large selection process, see the respective Playoff Bulletin for each particular sport.

Rule 3217 WILD CARD TEAMS

Where the number of teams exceeds the number of openings in the draw, the Commissioner may order a special playoff contest ("Wild Card System") to determine the draw for the playoffs. Insofar as host team designation in the regular playoff draw, this "Wild Card Contest" will have no bearing when such a procedure is used. The Commissioner, or his representative, will draw the contending 4th, 3rd team representatives (and 2nd team representatives if required by the number of teams in a division in the draw) or free lance teams by lot and conduct a coin flip between same for the purpose of designating the host team in such a "Wild Card" contest. For all enrollment based playoffs, please refer to specific sport bulletins.

FREE LANCE

All freelance schools are reminded that in order to be considered for post-season competition, the CIF-SS office prior to the start of the season must evaluate their schedule. This can be done by mailing a copy of the schedule along with a request to the CIF-SS office. (See Rule 3210.)

RULE 526 - TOBACCO PRODUCTS PROHIBITED

The use of tobacco products in conjunction with any CIF Southern Section athletic contest is prohibited. That is to include all those involved in the contest including players, coaches, and officials.

RULE 1508.1 - SUMMERTIME RULES

With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students, or entering them in summer baseball competition, provided approval is received from the school principal.

MEDIA COVERAGE

National Federation Rule 1-2-8 states, "Media shall be prohibited from being in live-ball area. If a designated media area is to be used, it shall be established before the game begins. The home team or game management shall designate a lined area for the media, which shall be considered dead-ball area."

TEN-RUN RULE

National Federation Rule 4-2-2 states that the 10-run rule is now optional, not mandatory. If a league wishes to adopt the 10-run rule for their league games they can do so, but every league contest must be played under that rule. Tournaments may adopt it as well, but only if it is part of the tournament rules. Finally, the ten-run rule can be utilized in non-league contests, only if it is agreed upon by both schools, prior to the start of the contest. **All C.I.F. playoff games will be played without the 10-run rule.** If the 10-run rule is adopted by a league, tournament or utilized in a non-league contest, it shall be implemented as follows, "At the end of 5 innings, or 4 ½ innings with the home team ahead, if a team is ahead by 10 runs or more the game will be over."

ACCOUNTABILITY RULE

The following is an excerpt from the article which appeared in the "Commissioner's Corner" in the CIF-SS January/February, 1982 Bulletin. We hope it will prove helpful to coaches in understanding the ACCOUNTABILITY RULE:

Without question, the most serious breach within the realm of our programs presents itself when an individual coach removes a team from the playing facility prior to the conclusion of a contest.

Ironically, the justification invariably lacks substance at a subsequent hearing -- personal dissatisfaction with an official or the citing of dangerous conditions is the usual tenor of that thrust.

It is also paradoxical that such action if spawned by the individual coach on the short end of the score at the time.

How serious is such an action?

It has been the position of the CIF-SS Executive Committee to expect the Principal of the school concerned to relieve the coach from his/her assignment for the balance of that season.

When one considers the focal point is to involve as many student-athletes in our programs as possible, we lack accountability to those considered the heart of our organization -- not to mention the officials, the entire student body, the district and the community.

Each individual contest, regardless of the sport, lasts but a few minutes. The damaging results from such an occurrence are timeless.

Administrators are urged to review this aspect and the potential consequences with their staffs at the start of each sport season -- it takes but a few minutes

DUTIES OF THE PRINCIPAL (From the Blue Book)

RULE 125.1 - COACH EJECTION

Upon the ejection of a coach from any CIF-SS contest, it is the responsibility of the principal of said school to file a letter of explanation with the CIF Southern Section Office, which includes the circumstances surrounding the matter, and what action the principal has taken to prevent a recurrence. Said correspondence is to be filed within THREE school days of notification of the ejection. Additionally, upon ejection, the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest.

QUESTION: What happens if unknowingly a coach or player who was ejected the previous game participates in the next contest?

ANSWER: Anyone playing or coaching in a contest after they have been ejected from a previous contest will be an ineligible participant and the contest must be forfeited.

RULE 125.2 - FAILURE TO COMPLETE A CONTEST

When a school fails to complete a contest, due to a coach pulling his/her team from the floor, court, or field, it is MANDATORY that the CIF-SS office be notified by the principal within 24 hours (excluding holidays and weekends). The competing schools and officials will be required to file written reports, and after review of the aforementioned material, the principal of the school involved will be required to respond to the CIF Southern Section office concerning his/her investigation of the incident.

QUESTION: How serious is such action?

ANSWER: It has been the position of the CIF-SS Executive Committee to expect the principal of the school concerned to relieve the coach from his/her assignment for the balance of that season or the Executive Committee is empowered to consider recommendations for additional penalties.

Rules Reference

NFHS 2017 Baseball Rules Changes

2-32-2c:	Clarified when a base runner can slide through home plate in a straight line.
3-2-2 PEN:	Clarified when a coach-assisted runner is declared out.
3-3-1 PEN:	Developed a three-step process when administering disciplinary action to a player(s) or coach(es) for inappropriate behavior on the bench and in the field.
6-2-6:	Clarified that the pitching restriction is based on number of pitches thrown.
8-3-6:	Clarified when an umpire hinders the actions of the catcher in a defensive attempt and how baserunning awards are administered.
8-4-2s:	A companion rule to support the above-mentioned 3-2-2 PEN modification regarding coaches' and players' conduct.

Points of Emphasis

1. Correct use of authenticated marked baseballs
2. Umpires asking assistance from partner on call
3. Positioning of team personnel
4. Legal slides

Memorandum

DATE: January, 2017
TO: CIF-SS Coaches
CIF-SS Umpires
COPY: Glenn Martinez
Brad Hungerford
FROM: Ken Allan,
California State Baseball Rules Interpreter
Former Member, NFHS Rules Committee
RE: 2017 Rule Interpretations, Points of Emphasis

The following information is provided to commissioners, coaches and umpires in an effort to provide consistency in rule enforcement and game management. Any questions should be directed to Ken Allan at: kensport101@earthlink.net.

These are the significant rule changes, points of emphasis and interpretations for the 2017 season. **Please be sure your lower division coaches have a copy.**

NEW RULES FOR 2017

2-32-2c

A runner may make contact with a fielder past home plate, provided the runner performs a legal slide directly to and past the plate.(baseline extended)

3-2-2 PEN

Previously, when a coach assisted a runner, the ball became dead at the end of the playing action. Beginning in 2017, the assisted runner is out immediately. The ball remains live and any advances by base runners or outs by the defense stand.

3-3-1- PEN

This rule is meant to provide umpires an additional step in game management. When there is an issue over behavior by a game participant, the umpire has three choices: Verbal warning, written warning, or ejection. It must be emphasized that it is not necessary for these warnings to be provided in order. PLAY: A coach yells from dugout about balls and strikes. RULING: Depending on the severity, the umpire may issue a verbal warning, a written warning, or in extreme cases, an ejection. When warning a coach, the umpire should use the word "warning" when addressing the coach. This makes it clear to the coach he is being warned. Phrases such as "I've heard enough," "Knock it off," etc., are not considered either a written or verbal warning. By itself, a verbal warning carries no significance. However, if a coach has been previously warned verbally, the next warning will be written which would then require the coach to be restricted to the dugout for the remainder of the game. All other provisions of 3-3-1 PEN are the same as last year.

6-2-6

Beginning with the 2017 season, pitching eligibility will be determined, in part, by a pitch count. The below information is taken directly from the CIF Constitution and Bylaws.

1501. PITCHING LIMITATION RULE – PITCH COUNT

In addition to 1500 above, Sections shall adopt the following baseball pitching limitation rule with respect to pitch count and required days of rest:

Pitch count limits and required rest:

Level	Maximum Contest Pitch Limit	0 Days Rest Required	1 Day Rest Required	2 Days Rest Required	3 Days Rest Required
Varsity	110 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches
Freshman; F/S; JV	90 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches

- A. A pitcher may finish the current batter if the Maximum Contest Pitch Limit is reached during that at-bat.
- B. Pitches thrown and appearances made in a no game (i.e., rainout, power failure, etc.) shall count toward the totals.
- C. At the end of each half inning, the head coaches will confirm and both team books will record the pitch count for all pitchers who threw a pitch in that half inning. In the case of a discrepancy, the home book is considered the official book.
- D. Each school must keep a record of all pitches thrown by each of their players in each game and make this available to their respective Section Office upon request.
- E. Any violation constitutes a forfeit of the contest.

Questions & Answers:

Q: If a pitch count mechanism is used that is visible to both teams, do the coaches still need to confirm the pitch count every half inning?

A: No. If the mechanism (i.e. scoreboard add-on, flip chart behind home plate, etc.) can be seen by both teams, the coaches may use that as verification of the pitch count.

Q: How is a day of rest defined?

A: A day of rest is defined as a calendar day. For example, if a pitcher throws 76 or more pitches in a Monday game thus requiring three-days rest before being allowed to pitch again, those days of rest would be Tuesday, Wednesday and Thursday allowing that pitcher to pitch again on Friday.

Q: If a pitcher exceeds the maximum number of allowable pitches with respect to the required days of rest while finishing a batter, how are the required number of rest days calculated?

A: The required days of rest is determined by the actual number of pitches thrown. For example, if a pitcher starts a batter with 48 pitches, finishes the batter with 53 pitches and is then removed from the game, that pitcher would be required to rest for two days before making another appearance.

Q: What, if any role, do the umpires play in the confirmation and recording of the pitch count after each half inning?

A: The umpires are asked to ensure that the teams are exchanging the required information but the actual recording of the pitch count is up to the head coach from each school.

Q: If an intentional walk is issued to the batter and no pitches are delivered to home plate, are those pitches counted towards the pitcher's total number?

A: No. Those pitches would not count towards the pitcher's total number

Q: In the case of balk, when does a pitch count towards the pitcher's total number?

A: A pitch would only count if the ball is delivered to the batter.

Q: If a batter is awarded timeout by the umpire but the pitcher still delivers the ball to the batter, does that pitch count towards the pitcher's total number?

A: No. That pitch would not count towards the pitcher's total number.

Q: Does the Pitch Count reset each Monday like the 30 Out Rule?

A: No. While the 30 Out Rule will reset each Monday, the Pitch Count Rule will not. For example, if a pitcher throws 76+ pitches in a game on Saturday, they would have to rest on Sunday, Monday and Tuesday before being eligible to pitch again on Wednesday.

Q: May the same pitcher appear in two different games on the same day?

A: Yes. However, they may only do so if they threw 30 pitches or less in the first game and are not required to rest. Also, they may not throw more than 110 pitches total for the day.

15042. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Revised to include lacrosse November 2000 Federated Council)

15023. PROTECTIVE EQUIPMENT

It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

NOTE: NFHS rules govern use of protective equipment by a player/student.

(Approved January 2015 Federated Council)

8-3-6

Clarifies that after interference by the plate umpire with a catcher's throw to retire a runner attempting a stolen base, or on a pickoff, the ball is dead and any base runners must return to the base occupied at the time of the interference. If an out is made on the catcher's initial throw, the interference is disregarded.

8-4-2-s

Adds the provision that a runner is out immediately if he is physically assisted by a coach.

POINTS OF EMPHASIS

NFHS AUTHENTICATING MARK PROGRAM (AMP)—Requires teams to use baseballs which meet NFHS standards and display the NFHS Authenticating Mark. SITUATION: A team provides baseballs which do not display the NFHS Authenticating Mark. RULING: Do not play the game. The incident should be reported to the local CIF Section Office

UMPIRE ASKING ASSISTANCE FROM HIS PARTNER—Umpires are not required, by rule, to go for help if asked by a coach. However, if an umpire is not convinced he had a good look at all elements of a play, he may request help from his partner. Umpires are urged to use good judgment in deciding whether or not to ask for help. Upon the conclusion of any conference, the calling umpire shall step away and into the open and clearly signal the result of the conference. (Safe or out and placement of any runners if necessary.)

LOCATION OF TEAM PERSONNEL—Coaches, players, substitutes, attendants or other bench personnel shall not leave the dugout during a live ball for any unauthorized purpose. Coaches or team personnel may not stand or sit outside the dugout/bench on buckets or stools. Umpires are required to enforce this provision (3-3-1-a,i) regardless of the desires of some coaches to ignore the rule. Teams may not attempt to circumvent this rule by chalking off an area in front of the dugout and declaring it dead ball territory. (See 3-3-1-a,i PEN) If dugout space is an issue, the dugouts may be extended toward the outfield and parallel with the foul line. (1-2-4)

LEGAL SLIDE—NFHS rules are very specific and very clear: ***Runners are never required to slide.*** However, if a runner chooses to slide, the slide must be legal. (2-32)

NATIONAL ANTHEM STANDOFF---This is becoming a problem that needs attention. Although not specifically addressed in the NFHS rule book, not only is this is considered an act of unsportsmanlike behavior, (3-3-1-f) but it is also disrespectful. Teams are expected to return to their dugouts without delay following the National Anthem. Beginning with the 2017 season, umpires are instructed to request that the offending team immediately return to its dugout. Failure to do so will result in the head coach receiving a written warning and being restricted to the dugout for the remainder of the game. This item has the support of the CIF.

REMINDERS

FOUL BALLS—In order to keep games moving more smoothly, it is strongly recommended that any ball retrieved by the on-deck hitter, or a long foul ball on the visitors side of the field, be rolled to the home dugout as soon as possible. If you are the visiting team and your on-deck batter retrieves a ball at the backstop, please have him roll it to the home dugout rather than taking it with him back to the on-deck circle. This will also apply in tournament games when both teams are supplying baseballs. Doing this will allow the umpires to replenish baseballs from one source. This is even more critical in high school games in that the home team is only required to provide three baseballs. Let's give this a good effort as it should be a big help in keeping the game moving. Umpires are being asked to remind coaches of this at the pregame meeting.

LINE UP CARDS—Please do not separate lineup cards. Just hand everything to the plate umpire. It is acceptable to provide a lineup card to the opposing team scorekeeper before the pregame meeting at home plate. Umpires are instructed to take the home lineup card first, then the visiting lineup card before inspecting either of the lineup cards.

LINEUP CARDS II—If you are using a designated hitter, please list the DH either directly below or directly across from the player for whom he is hitting. Please do not list the DH at the bottom of the lineup card, unless of course, he is batting for the player ninth in the order.

PREGAME MEETING—It has been noted that during the pregame meeting at home plate, members of the visiting team have often been observed outside their dugout warming up with bats. Rule 2-10-2 provides that BOTH teams must remain in the dugout during the pregame meeting. Please remind your teams.

LEAVING THE DUGOUT DURING A LIVE BALL—Coaches are doing a much better job in helping umpires enforce this rule. Players who leave the dugout to congratulate a scoring runner during a live ball will receive a team warning. Any following violators are subject to ejection. Coaches are also asked to remain in the dugout as provided by rule. Coaches may leave a dugout to position defensive players, but must return immediately to the confines of the dugout. (See POE above.)

UMPIRE AUTHORITY AND ENFORCEMENT—The NFHS, again, wants to emphasize the importance of cooperation between coaches and umpires. Contrary to the opinion of some, umpires are not the enemy. The sole purpose of umpires is to administer the game and keep the game under control. To help achieve that end, coaches need to cooperate with umpires and comply with umpire requests. It is understandable that coaches will sometimes have issues with various developments during the game. However, coaches and umpires are expected to act in a professional manner. Once a coach has received an explanation of his question, the coach needs to return to the coaching box or dugout in a timely manner. Coaches who fail to comply with an umpire's request, such as remaining outside the dugout during a live ball, exaggerating the time for offensive and/or defensive conferences, gamesmanship and challenging the umpire's authority, cannot be tolerated in education-based athletics. Coaches must understand they are setting the sportsmanship example for their team. Everyone benefits when it is a positive example.

COACHING ATTIRE—Umpires are expected to enforce this rule. This is usually an issue in lower level games. As per rule 3-2-1, coaches must be in the uniform of their team. As a guideline, the following is acceptable: Baseball shoes, baseball pants, a jersey top similar to what the team is wearing, either a tee shirt with a team logo, wind shirt with a team logo, a jacket and a baseball cap. The following is NOT acceptable at ANY level: Coaches who are wearing shorts, or other non-baseball attire such as, but not limited to, sweatpants, jeans, tennis shoes or sandals. These items are not permissible. The penalty for non-compliance is that the coach is restricted to the dugout. If the team's only coach is in non-compliance, he will be allowed on the field to participate in the pre-game meeting at home plate. He will also be allowed on the field to attend to an injured player. Otherwise, he must remain in the dugout.

THANKS—To all the coaches for their past cooperation and good luck for 2017

How to Argue With an Umpire

The following are highlights from an article by Jim Mantle with additional comments from Ken Allan*

1. Don't show up an umpire or grandstand. You're there to make your point, not put on a performance for the crowd.
2. Control your anger, no matter how ticked off you are. Most umpires will listen to arguments-none should have to listen to you yell at them. Also, be very careful about physical contact with an umpire. This is a very serious situation which could result in a suspension.
3. Recognize when it's futile. Some umpires, unfortunately, are a legend in their own mind. They don't understand they might have kicked one. When this happens, resist the urge to get in a parting shot.
4. Go to the umpire who made the call.
5. The word that may get you ejected immediately is not the dreaded F-word. It's the Y-word. You. As in "You are a terrible umpire," or "You are awful," etc. Better to direct the attention to the call not the umpire.
6. There is a chance you have the rule wrong, not the umpire. But, it could be the other way too. If you feel a rule is being misinterpreted you have the right to protest the game.
7. Pick your spots. You are stuck with the umpire for the rest of the game. Don't moan, bitch and gripe for the next two hours. That call is history. What you're really interested in are the calls for the rest of the game. Rattled umpires sometimes do not make good calls.
8. Set a positive role model for your players. Hustle your butt out there, make your point and leave.
9. Don't moan to your players about the umpire all game. All it does is teach the players that they can blame their lack of success on anything and/or everything external.
10. Know the rules to a reasonable level. If you've been chirping 1+1 after every overthrow, don't expect to be taken seriously when you come out to discuss a rule interpretation.
- 11.* If you start yelling, "balk", or "he's not stopping," etc. from the dugout, or the coaching box, chances are you'll never get the call. The smart move is to discuss this with the umpire BETWEEN innings.
Reason: Imagine the other coach is yelling about a balk on your pitcher and then, sure enough, it gets called. Somewhere you'll have the feeling that the umpire may have been intimidated into making the call
12. Never bring a rulebook onto the field. The umpire is supposed to know the rules. If not, see item 6.
13. If you do manage to get the umpires to confer with each other, you have achieved your objective, so stay away and let them confer. They'll call you over when they have made their decision.
- 14.* Please be tolerant in discussions with lower level umpires, many of whom are just learning the game and will make mistakes both in game management and the application of rules.

15. The umpire is in control of the game. Leave it that way. If the umpire cannot call a curveball, or won't give the outside corner, then his reality differs from yours. And his is the only one that counts. You and your players must deal with it. Adapt to it. If you and your players can adapt to it faster than the other coach and team, then you have an advantage.

16. * FINALLY-When it's over, it's over. Getting into a shouting match with the umpires after the game is over only detracts from your credibility as a teacher and coach. If necessary, contact the proper people when you get home or better yet, the next day. If you encounter the official again, remember umpires are taught from day one that each game is a new contest and the slate is clean. That's also pretty good advice for coaches.

CIF PITCHING LIMITATION RULE

A reminder concerning Blue Book Article 150 1500 (d) regarding an appearance by the pitcher.

This is the rule: *An appearance is defined as a pitcher pitching at least one pitch.*

The interpretation is that a pitcher who delivers one pitch and is later removed from the mound, then returns to pitch later in the same game, shall be charged with two appearances.

PLAY: The starting pitcher is removed from the game as a pitcher in the 3rd inning and either a.) moves to another defensive position, or b.) goes to the dugout. In the 5th inning, the same pitcher returns to the mound. RULING: The pitcher is charged with two appearances.

CIF POINTS OF EMPHASIS

GAME MANAGEMENT: Teams are doing a much better job of correctly lining the field. The most notable problems are the lack of markings for the three-foot running lane and the coaching boxes.

PREGAME EQUIPMENT/BAT INSPECTION: Along with asking if players are properly and legally equipped, umpires will now verify with coaches that all of their equipment (bats, batting helmets and catcher's helmets) are legal.

The specific language in rule 4-1-3b reads "equipped with bats that are unaltered from the original manufacturer's design and production and helmets that meet NFHS and NOCSAE standards and free of cracks or damage."

The result of that rule change means that umpires will no longer be required to do pregame equipment checks.

The penalty for using an illegal bat now also affects the coaches, since they have certified the legality of their equipment at the pregame meeting.

POST GAME BEHAVIOR: NFHS rules only cover the conduct of players and coaches during a game. There is no coverage of a penalty for coach or player conduct after a game. As a result, there have been instances of coaches and/or players, knowing there is no penalty, acting with non-sporting behavior toward umpires after a game.

In the event of post-game behavior by a coach or player that would result in an ejection during a game, the coach or player will be informed by the umpires that his behavior will be reported to the area liaison as an ejection. This policy is in effect until the umpires leave the game site.

Please note that the above has the full support of the CIF-SS.

The Top 40 Baseball Rule Myths (As they apply to NFHS Rules)


- ▶[1.](#) The hands are considered part of the bat.
- ▶[2.](#) The batter-runner must turn to his right after over-running first base.
- ▶[3.](#) If the batter breaks his wrists when swinging, it's a strike.
- ▶[4.](#) If a batted ball hits the plate first it's a foul ball.
- ▶[5.](#) The batter cannot be called out for interference if he is in the batter's box.
- ▶[6.](#) The ball is dead on a foul-tip.
- ▶[7.](#) The batter may not switch batter's boxes after two strikes.
- ▶[8.](#) The batter who batted out of order is the person declared out.
- ▶[9.](#) The batter may overrun first base when he gets a pitched base-on-balls.
- ▶[10.](#) The batter is out if he starts for the dugout before going to first after a dropped third strike.
- ▶[11.](#) If the batter does not pull the bat out of the strike zone while in the bunting position, it's an automatic strike.
- ▶[12.](#) The batter is out if a bunted ball hits the ground and bounces back up and hits the bat while the batter is holding the bat.
- ▶[13.](#) The batter is automatically out if his foot touches the plate while swinging at a pitch.
- ▶[14.](#) The batter-runner is always out if he runs outside the running lane after bunting the ball.
- ▶[15.](#) A runner is out if he slaps hands or high-fives other players, or a base coach, after a home run is hit over the fence.
- ▶[16.](#) Tie goes to the runner.
- ▶[17.](#) The runner gets the base he's going to, plus one on a ball thrown out-of-play.
- ▶[18.](#) Anytime a coach touches a runner, the runner is out.
- ▶[19.](#) Runners may never run the bases in reverse order.
- ▶[20.](#) The runner must always slide when the play is close.
- ▶[21.](#) The runner is always safe when hit by a batted ball while touching a base.
- ▶[22.](#) A runner may not steal on a foul-tip.
- ▶[23.](#) It is a force out when a runner is called out for not tagging up on a fly ball.
- ▶[24.](#) An appeal on a runner who missed a base cannot be a force out.
- ▶[25.](#) A runner is out if he runs out of the baseline to avoid a fielder who is fielding a batted ball.
- ▶[26.](#) Runners may not advance when an infield fly is called.
- ▶[27.](#) No run can score when a runner is called out for the third out for not tagging up.
- ▶[28.](#) A pitch that bounces to the plate cannot be hit.
- ▶[29.](#) The batter does not get first base if hit by a pitch after it bounces.
- ▶[30.](#) If a fielder holds a fly ball for 2 seconds it's a catch.
- ▶[31.](#) A fielder must tag the base with his foot on a force out or appeal.
- ▶[32.](#) The ball is not immediately dead on a balk.
- ▶[33.](#) If a player's feet are in fair territory when the ball is touched, it is a fair ball.
- ▶[34.](#) The ball must always be returned to the pitcher before an appeal can be made.
- ▶[35.](#) With no runners on base, it is a ball if the pitcher starts his windup and then stops.
- ▶[36.](#) The pitcher must come to a set position before a pick-off throw.
- ▶[37.](#) The pitcher must step off the rubber before a pick-off throw.
- ▶[38.](#) If a fielder catches a fly ball and then falls over the fence it is a homerun.
- ▶[39.](#) The ball is dead anytime an umpire is hit by a thrown or batted ball.
- ▶[40.](#) The home plate umpire has the authority to overrule the other umpires at anytime.

Mandatory Playoff Baseball

During the 2017 CIF Southern Section Baseball Playoffs, the Rawlings CIF-SS baseball will be the mandatory baseball for all playoff games. The home team will be responsible for supplying the required baseball for all playoff contests, beginning with the wild-card games and in each round to follow. The CIF Southern Section will supply all baseballs for the Championship Finals.

Any school found to be out of compliance with the mandatory use policy will be sanctioned in the following manner:

- **Following the CIF-SS office receipt of a non-compliance report, the offending school will lose its next opportunity to host a playoff game.**
- **For purposes of calculating future home game opportunities during the playoff season, any game for which a team is sanctioned will count toward its total of home games played.**
- **Should a sanctioned school not have the opportunity to host a playoff contest (eliminated from playoffs), the penalty shall be carried over to next year's playoff season.**



The California School Employees Association is honored to partner with the CIF Southern Section in this important venture.

Our missions are similar. Whether through interscholastic sporting events, academic activities or building the communities that support our public schools, CSEA members are determined to enhance the lives of all California students.

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2017 BASEBALL PLAYOFF DATES AND SITES

Listed below are the approved post-season playoff dates and sites for the 2017 baseball season in the CIF Southern Section.

WILD CARD ROUND - Designated home sites

Divisions 1, 3, 5 and 7 - Tuesday, May 16, 2017

Divisions 2, 4 and 6 - Wednesday, May 17, 2017

FIRST ROUND - Designated home sites

Divisions 1, 3, 5 and 7 - Thursday, May 18, 2017

Divisions– 2, 4 and 6 Friday, May 19, 2017

SECOND ROUND - Designated home sites

All Divisions - Tuesday, May 23, 2017

QUARTERFINALS - Designated home sites

All Divisions - Friday, May 26, 2017

SEMIFINALS – Designated home sites, except Division I

Division 1 – Tuesday, May 30, 2017 – Blair Field, Long Beach

Divisions 2 through 7 - Tuesday, May 30, 2017

FINALS

Divisions 1, 2, 3 and 4– June 3rd – TBD

Divisions 5, 6 and 7 – June 3rdth- TBD

SCRIMMAGE DATE - SATURDAY, FEBRUARY 25, 2017

FIRST CONTEST - SATURDAY, FEBRUARY 25, 2017

LAST CONTEST - FRIDAY, MAY 12, 2017

By action of the Southern Section Council, all league entries must be in the Southern Section Office by 11:00 p.m., Friday, May 12, 2017.

2017 BASEBALL SANCTIONED EVENTS

Event	Date of Event	Host School	Tournament Director	Level	Status
Los Padres League Trny #1	2/28/2017	Santa Ynez	Ken Fredrickson	V-JV	Approved
Los Padres League Trny #2	3/16/2017	Santa Ynez	Ken Fredrickson	V-JV	Approved
Don Lugo -	2/25/2017	Don Lugo	Jeff Abel	V-JV-F	Approved
Don Lugo - Easter Baseball Tournament	3/27/2017	Don Lugo	Jeff Abel	V	Approved
Atascadero - Easter Classic	4/17/2017	Atascadero	Sam DeRose	V	Approved
Hemet - JV Baseball	2/27/2017	Hemet	David Andersen	JV	Approved
Hemet - FR Baseball	3/4/2017	Hemet	David Andersen	F	Approved
El Segundo - Baseball Tournament	3/2/2017	El Segundo	Billy Traber	V	Approved
13th Annual Spring Classic	4/18/2017	Righetti	Brian Tomooka	V	Approved
Brian Hamilton Tournament	3/1/2017	Chino	Michael Surina	V	Approved
Don Lugo -	3/21/2017	Don Lugo	Jeff Abel	All	Approved
Don Lugo - Mt Baldy Tournament	3/21/2017	Don Lugo	Jeff Abel	All	Approved
Marmonte League Tournament	4/26/2017	Thousand Oaks	Gary Walin	V-JV-F	Approved
Garden Grove Slugfest -	3/2/2017	Garden Grove	RICARDO CEPEDA	JV-F/S	Approved
Foothill Varsity Baseball Tournament (aka Newport Elks)	3/2/2017	Foothill/Santa Ana	Vince Brown	V	Approved
North Hills & Crest View Leagues Conference Tournament	3/15/2017	Foothill/Santa Ana	Vince Brown	V-JV-F/S	Approved
Redlands Baseball Invitational	2/25/2017	Redlands	Estevan Valencia	V	Approved
12 Annual Gahr - JV Frosh/Soph Saturday Tournament	3/25/2017	Gahr	Gerardo Perez	JV-F/S	Approved
Jaguar Spring Baseball Tournament	4/14/2017	Cabrillo/Long Beach	Johnny Alvarez	V	Approved
Arlington Lion Pride Lower Level Baseball Tournament	2/25/2017	Arlington	Tim Kleveno	JV-F/S	Approved
Righetti - 13th Annual Spring Classic	4/18/2017	Righetti	Brian Tomooka	V	Approved
Righetti - 13th Annual Spring Break Tournament	4/1/2017	Righetti	Brian Tomooka	JV	Approved
Boras Classic (South) 2017	4/18/2017	JSerra Catholic	Brett Kay	V	Approved
Beaumont - Spring Classic	3/29/2017	Beaumont	Martin C DuSold	V	Approved
Estancia - Orange Coast Tournament	3/13/2017	Estancia	Nate Goellrich	V-JV	Approved
Quartz Hill Baseball Tournament	3/9/2017	Quartz Hill	Aaron Kavanagh	V-JV	Approved
Newport Rib Co. Classic	4/8/2017	Corona del Mar	John Emme	V	Approved
CVAA Frosh/Soph Baseball Tournament	2/25/2017	Dana Hills	Tom Faris	F/S	Approved
El Dorado Steakhouse Tournament	2/25/2017	Gahr	Gerardo Gahr High School Baseball Perez	V-JV	Approved
JSerra JV Spring Break Tourney	4/15/2017	JSerra Catholic	Brett Kay	JV	Approved
Norco High School's Darryl Kile Memorial Baseball Tournament	3/29/2017	Norco	Gary Parcell	V	Approved
North Torrance -	3/3/2017	North Torrance	Mike Neily	F/S	Approved
DEL RIO CLASSIC	3/1/2017	La Serna	STEVEN HEMENWAY	V	Approved
Sonora Baseball Freeway League Tournament	3/17/2017	Sonora	Rich Lodding	All	Approved
Southwestern League Tournament	3/17/2017	Vista Murrieta	Coley Candaele	V	Approved
Vista Murrieta JV/Frosh Tournament	3/18/2017	Vista Murrieta	Matt Mosiello	JV	Approved

River Valley League Tournament	3/17/2017	Ramona	Clint Ball	V	Approved
Gladstone - James Graham Memorial	3/27/2017	Gladstone	Darren Guizar	V	Approved
Century - ELKS EASTER BASEBALL CLASSIC	4/1/2017	Century	THEO CORTES	V	Approved
Anaheim - 43rd Annual Anaheim Lions Baseball Tournament	3/24/2017	Kennedy	Chris Pascal	V	Pending
Almont league Tournament	3/13/2017	Alhambra	Jerry De Santis	V-JV-F	Approved
Mickey McNamee Classic	4/8/2017	San Marino	D.R. Moreland	V	Approved
Kare Classic	2/28/2017	Rio Hondo Prep	Todd Carson	V	Approved
Santa Paula - Baseball Cardinal Classic	4/10/2017	Santa Paula	Gabe Diaz	V	Approved
Paso Robles - Frosh Baseball Tournament	4/21/2017	Paso Robles	Derek Stroud	F	Approved
Loara Baseball Tournament	3/2/2017	Loara	Dave Lappin	V	Approved
La Serna -	3/1/2017	La Serna	STEVE HEMENWAY	JV-F/S	Approved
Nipomo Baseball Classic -	4/17/2017	Nipomo	Joe Robledo	V	Approved
Downey - Tournament	2/25/2017	Downey	Jess Gonzalez	V	Approved
Calabasas -	4/10/2017	Calabasas	THOMAS CASSIDY	F	Approved

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COMMUNICABLE DISEASE PROCEDURES

While risk of one athlete infecting another with HIV/AIDS during competition is close to nonexistent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of these infectious agents should include, but not be limited to, the following:

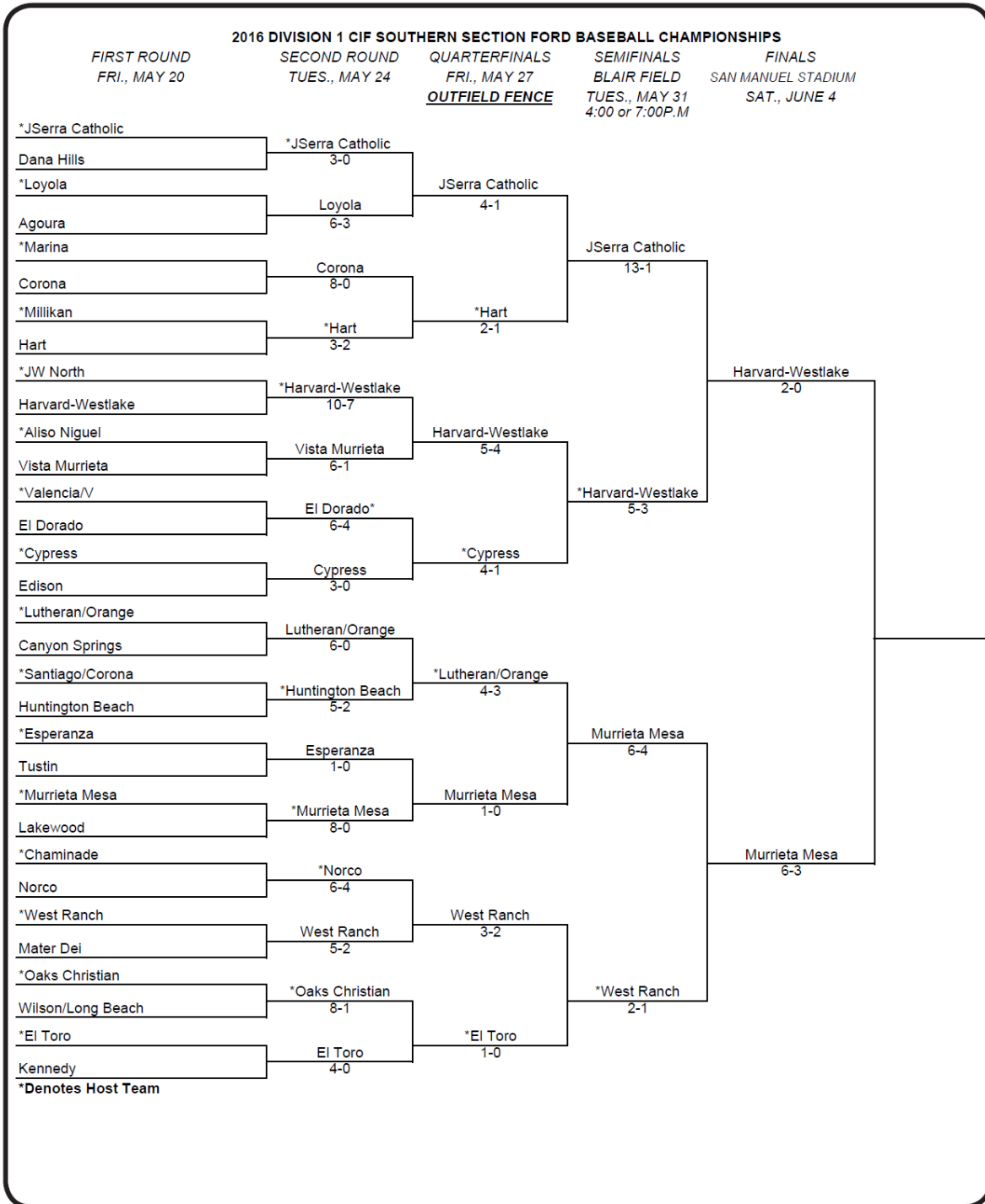
- ▶ The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
- ▶ Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
- ▶ Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- ▶ Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
- ▶ Practice proper disposal procedures to prevent injuries caused by needles, scalpels, and other sharp instruments or devices.
- ▶ Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags or other ventilation devices should be available for use.
- ▶ Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
- ▶ Contaminated towels should be properly disposed of/disinfected.
- ▶ Follow acceptable guidelines in the immediate controls of bleeding and when handling bloody dressings, mouth-guards and other articles containing body fluids.

Additional information is available from your state high school association and from the NFHS.

BASEBALL CHAMPIONSHIP



DIVISION 1 BRACKET

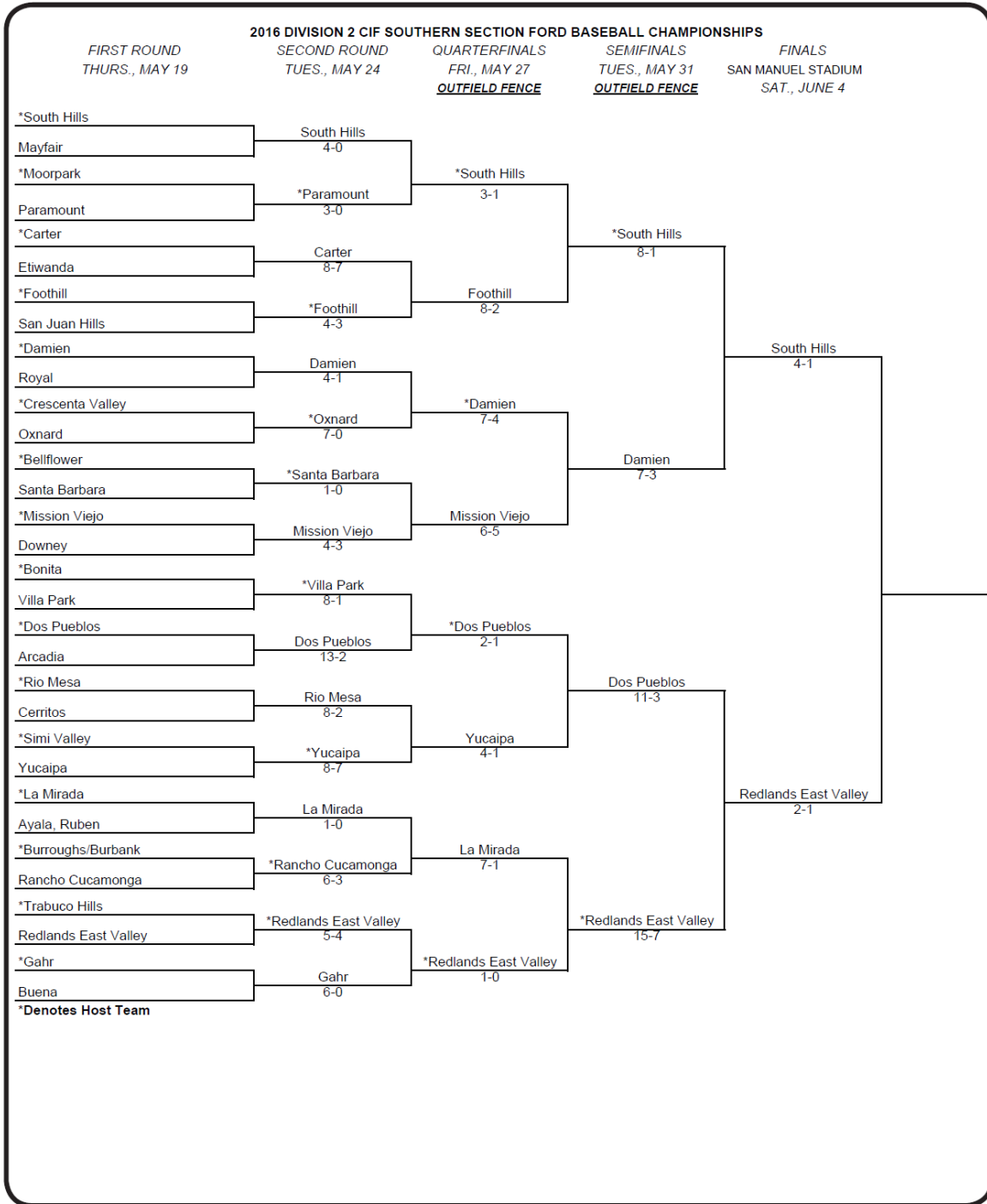


DIVISION 1 Champion – Murrieta Mesa 3-2

BASEBALL CHAMPIONSHIP



DIVISION 2 BRACKET

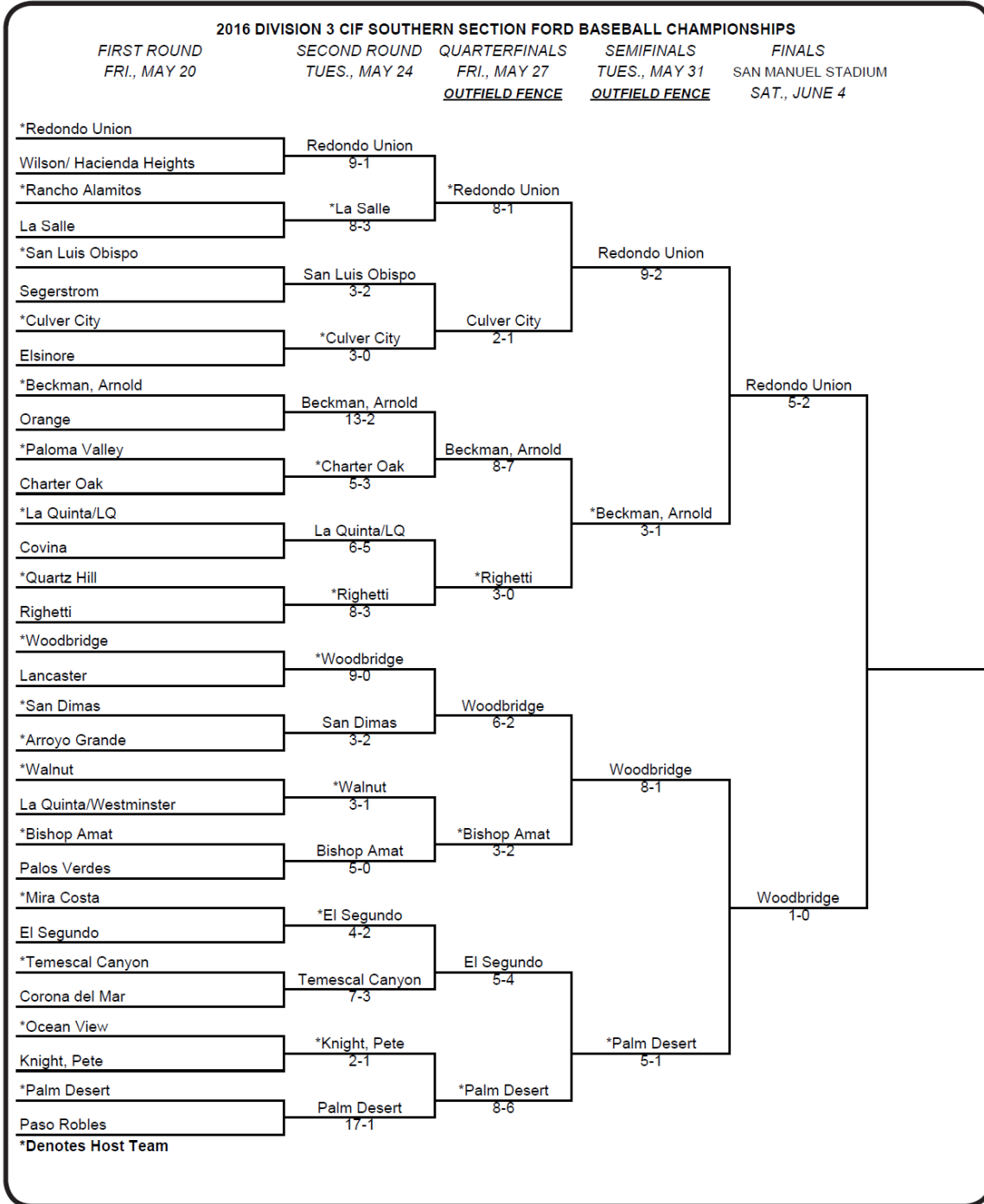


DIVISION 2 Champion – South Hills HS 4-1

BASEBALL CHAMPIONSHIP



DIVISION 3 BRACKET

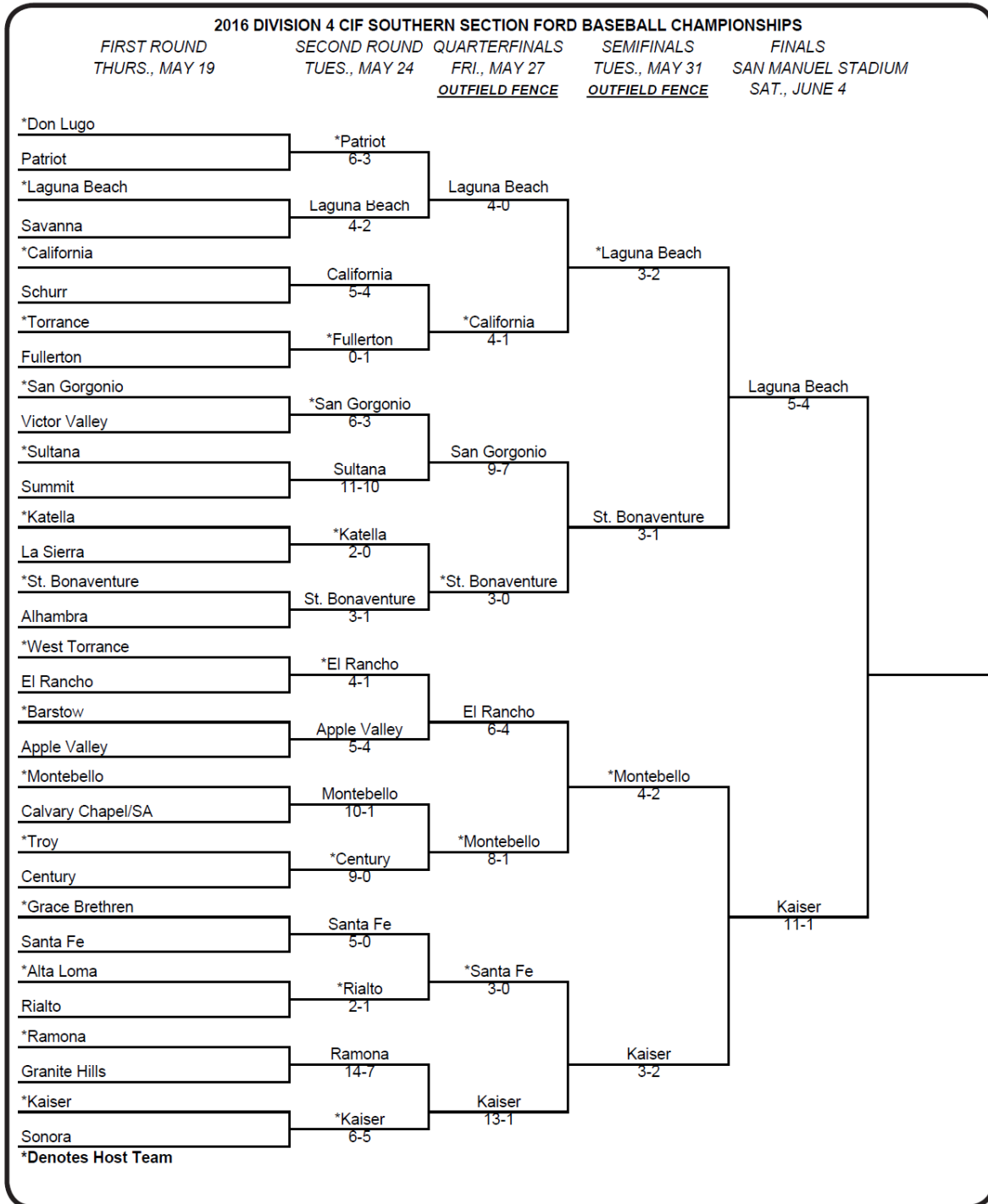


DIVISION 3 Champion – Redondo Union HS 2-1

BASEBALL CHAMPIONSHIP



DIVISION 4 BRACKET

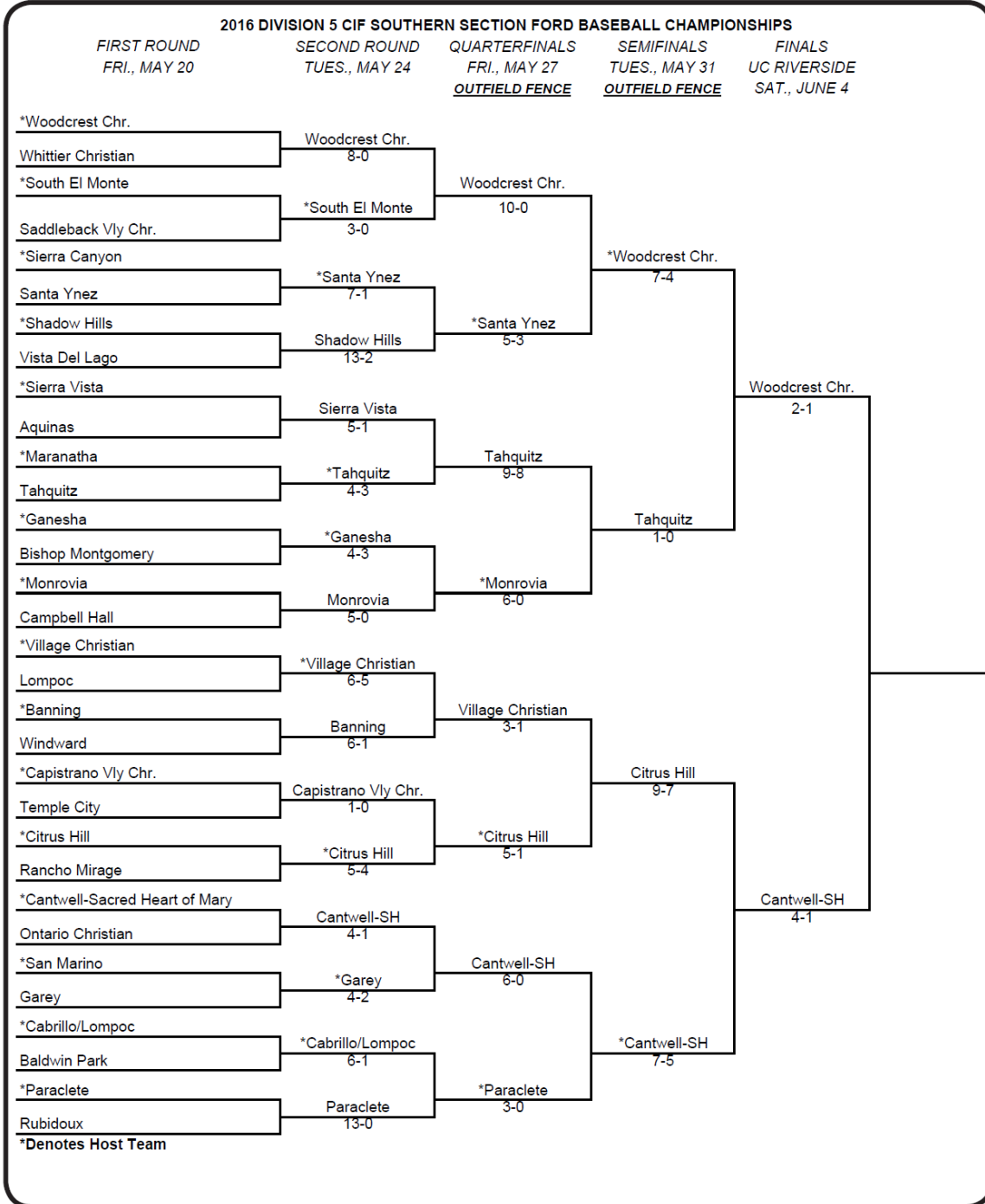


DIVISION 4 Champion – Laguna Beach HS 2-0

BASEBALL CHAMPIONSHIP



DIVISION 5 BRACKET

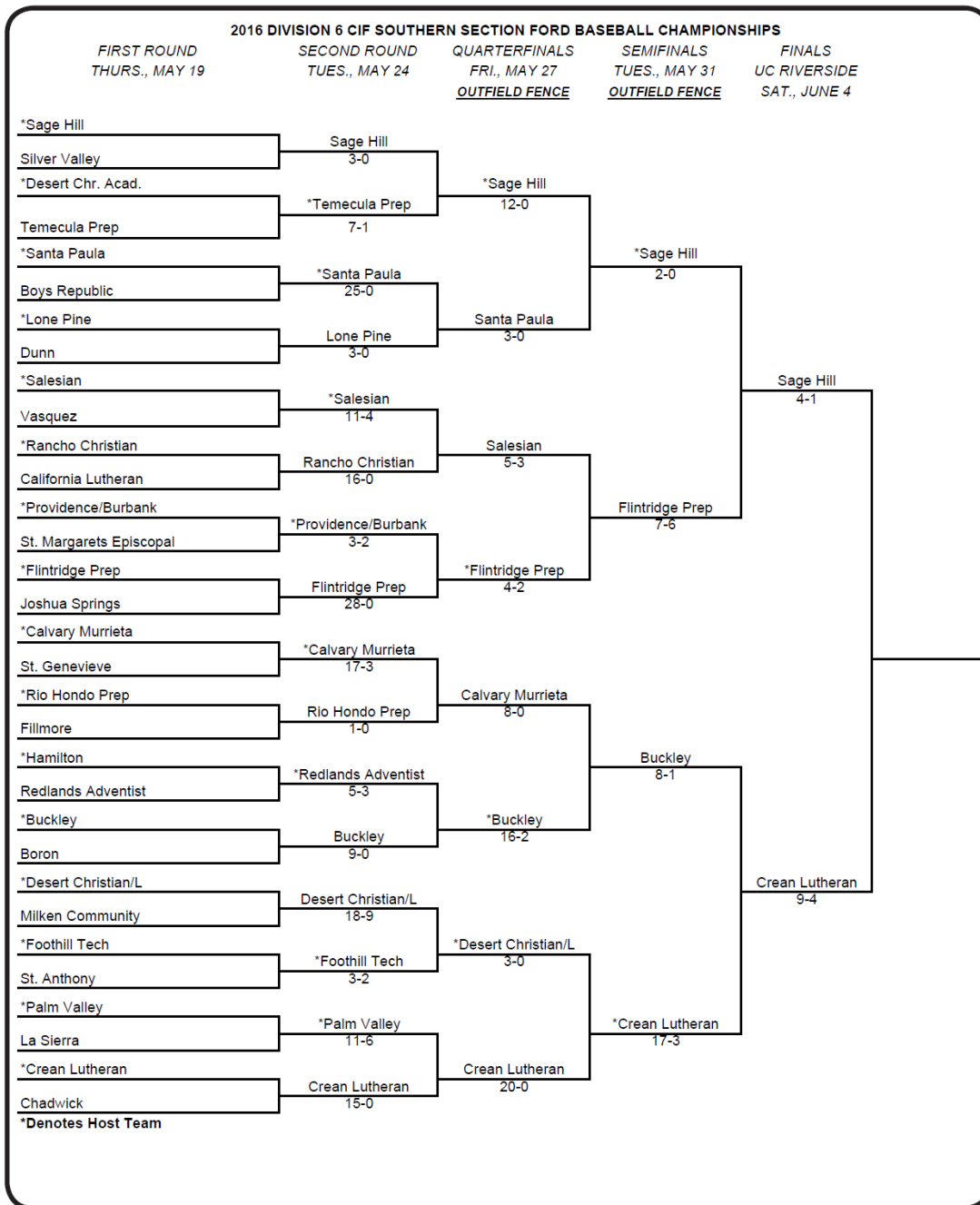


DIVISION 5 Champion – Woodcrest Christian HS 11-0

BASEBALL CHAMPIONSHIP



DIVISION 6 BRACKET



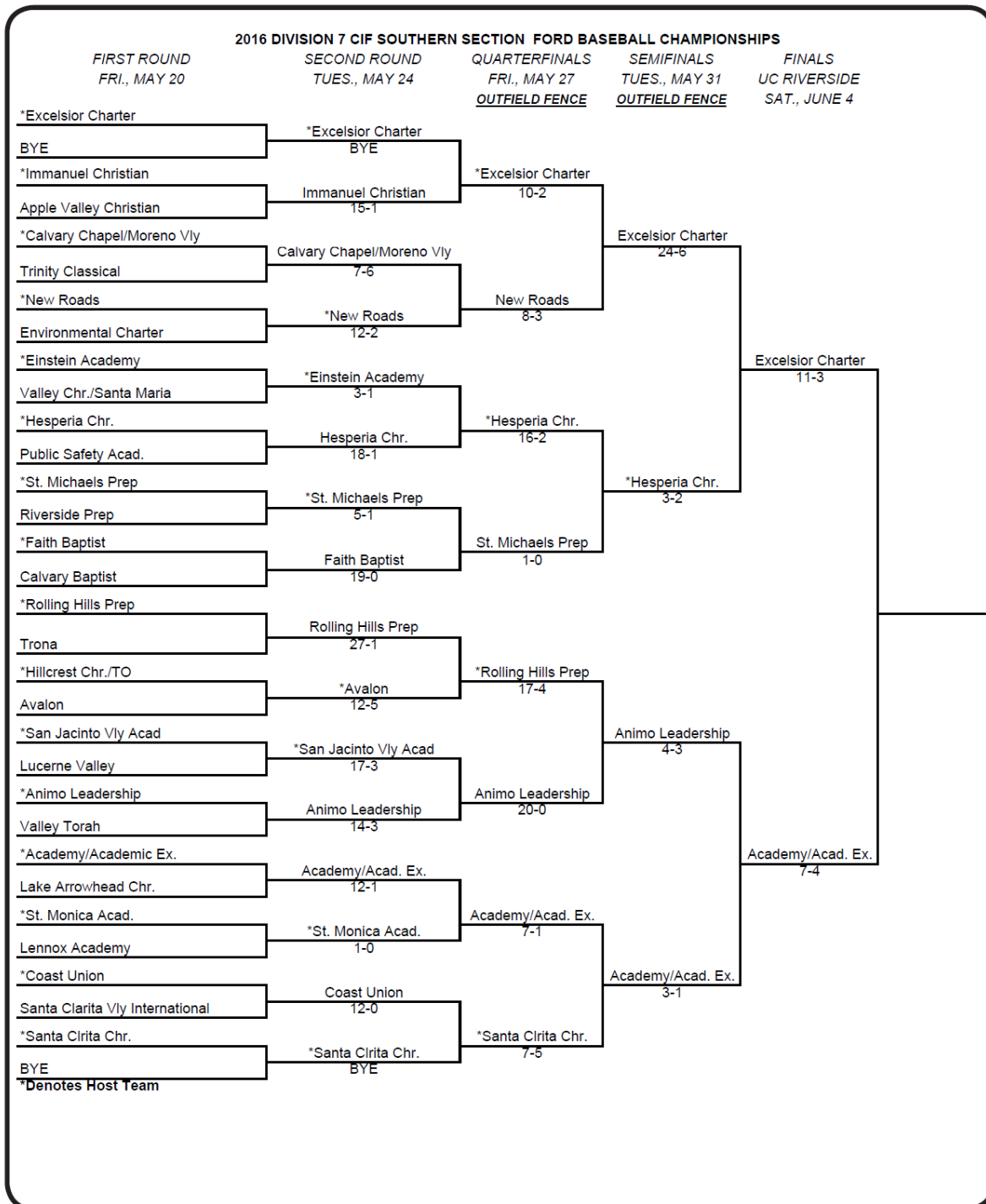
DIVISION 6 Champion – Sage Hill HS 9-0

DI

BASEBALL CHAMPIONSHIP



DIVISION 7 BRACKET



DIVISION 7 Champion – Academy/Academic Excellence 5-0



Updated 7/1/16

THIS LIST IS EFFECTIVE FOR 2016-17

RE: OFFICIAL BALL PROGRAM – MANDATORY USE IN PLAYOFFS

Official Ball per sport:

- Baseball: **Rawlings CIF-SS** Must be CIFSS stamped ball; not an alternative Rawlings ball
Rawlings RCIF-SS Must be CIFSS stamped ball; not an alternative Rawlings ball
- Boys Basketball: **Spalding TF1000 NFHS Classic NFHS**
Spalding TF1000 Legacy NFHS
- Girls Basketball: **Spalding TF1000 NFHS Classic 28.5 NFHS**
Spalding TF1000 Legacy 28.5 NFHS
- Football: **Spalding ball with NFHS**; any Spalding model with NFHS stamp
- Soccer: **Spalding TF-SC5 NFHS** for both boys and girls use.
Spalding TF-SC3 NFHS for both boys and girls use.
Spalding TF5000 NFHS for both boys and girls use.
- Softball: **Dudley CFP12Y NFHS**
- Tennis: **Wilson Tennis Ball**; NFHS stamp not required
- Volleyball: **Spalding with NFHS stamp: TF-VB5, TF-VB3**
- Boys Water Polo: **KAP7 model 105 with NFHS stamp**
- Girls Water Polo: **KAP7 model 104 with NFHS stamp**

All playoff ball adoptions agreements with the CIF Southern Section run through June 30, 2021 except for tennis (June 2017).

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of all CIF-SS playoff contests.

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty does carry over to the next season if not enforceable this season due to elimination.

Note: NFHS stamp is required in all sports *except in golf and tennis*.

2017 Nominees for All-CIF Baseball Ballot

Include statistics that are up to date for all regular season games. Stats from playoff games are not to be included. **Be as detailed and complete as possible. If nominating more than one player: list your choices in the order of your preference for consideration by the panel's vote.**

Nominating Coach: _____ School: _____ CIF Playoff Division: _____

Email Address: _____ League _____ Your Team's League finish _____

4 player limit only if first place in league...Only 20 players will be honored in each division!
1 player limit if Non-CIF playoff team

	Name (print accurately)	Class	Positions	Games Played	Batting Average	RBI	HR	2B	3b	SB	Runs	W-L	Saves	ERA	IP	K
1																
2																
3																
4																

Submit ASAP after last league game*Deadline May 26th*** Do Not Wait! Voting is first week in June!!!**

Please send this form to:

Iran Novick

4495 ave de los Arboles, Yorba Linda, Ca 92886 (or email allcifssbaseball@aol.com)

DO NOT SEND TO CIF OFFICE

Teams will be posted at www.eteamz.com/cbca after June 11th



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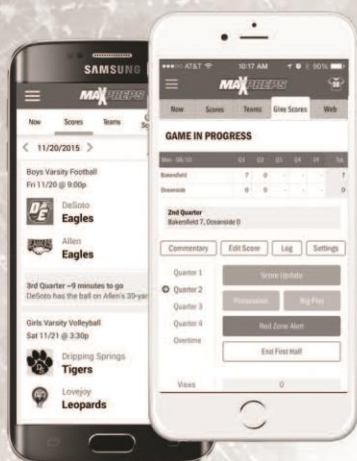
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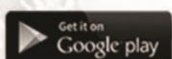
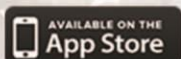


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CARBOHYDRATE: PREMIUM FUEL FOR ATHLETES

WHAT FOODS ARE CARBOHYDRATE?

Bagels, bread, pretzels, crackers, pasta, rice, potatoes, beans, vegetables, fruit, fruit juice, pancakes, waffles, cereal, granola bars, sports drinks, sports chews

WHAT FOODS AREN'T CARBOHYDRATE?

Meat, chicken, fish, eggs, bacon, tofu, nuts, peanut butter

HOW MUCH CARBOHYDRATE SHOULD I EAT EVERY DAY WHEN I'M TRAINING REGULARLY?

Eat some with every meal and snack. Make sure about 2/3 of each meal is carbohydrate.

1/3 CARBOHYDRATE

1/3 PROTEIN

1/3 CARBOHYDRATE



PERFORMANCE CARBOHYDRATE TIMELINE

If you're hungry or want to start getting your during exercise fuel, eat a small amount of carbohydrate before you start

Include carbs in your recovery snack

HELPS IMPROVE PERFORMANCE & RECOVERY

Eat a meal focusing on carbs several hours before game/practice time

Eat 30-60 g each hour of training or competition



TOTAL CARBOHYDRATE 25 G 25 G 35 G 56 G 60 G

For example, during a basketball game eat a pack of chews at halftime and drink a 20 oz. bottle of Gatorade throughout the game. Or drink a 32 oz. bottle (or larger squeeze bottle) of Gatorade throughout the game, sipping at every timeout and halftime.

The information in this document is grounded in sports nutrition science, translated for athletes.

FUELING ATHLETIC PERFORMANCE

PROTEIN FOR RECOVERY



PROTEIN STRUCTURES

Protein structures in the body are constantly **turning over, breaking down and rebuilding** with new amino acids from the diet.



EXERCISE

Exercise **accelerates this process** and promotes the creation of new muscle proteins, a process that is most effective when the athlete eats protein to deliver new amino acids.



RECOVERY

Consuming protein to start the recovery process **as soon as possible** after practice and competition helps to **rebuild muscle tissue** as well as promote training adaptations.



TYPES OF PROTEIN

Consume **high-quality, complete protein sources** that are **rapidly absorbed and rich in leucine**.

WHEY AND MILK PROTEIN ARE GREAT CHOICES



WHEY AND MILK PROTEIN

- meet all the criteria
- have been shown to be effective for recovery



LEUCINE

- one of the amino acid building blocks for new muscle
- acts as a signal for the muscle to start the process of assembling new muscle proteins



● signifies when protein should be consumed



EXAMPLE PROTEIN CONSUMPTION CYCLE

To get the most out of their workout, athletes should consume protein **regularly throughout the day**.

RECOMMENDED AMOUNT

MORE ISN'T BETTER.

Research shows that

~20 g of protein

is the right amount to stimulate post-exercise muscle protein synthesis for most athletes.

If you want to get specific for your athlete, calculate **0.25 g/kg**.



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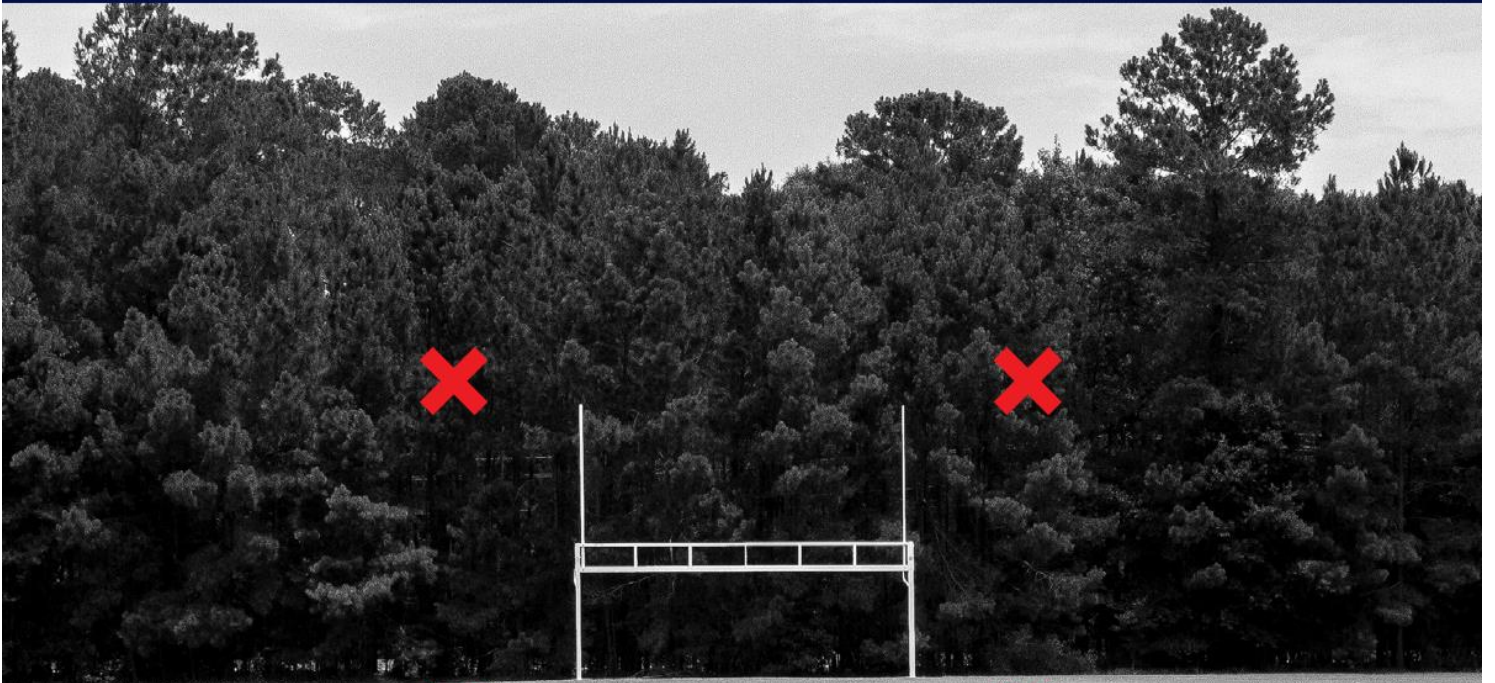
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