



# 2016 BOYS VOLLEYBALL PREVIEW



## SPECIAL NOTICE

Please review the following information:

- CIF-SS 2014-2016 Playoff Groupings.
- Blue Book Rules.
- Blue Book Rules Volleyball/Volleyball Playoff Rules
- When listing matches on your season record include all 2 or 3 and 3 of 5 matches to 25 points only. **CIFSSHOME Requirements**
- All volleyballs used in any contest must have the NFHS Authenticating Mark. Review Rule 3, the ball in the NFHS playing rules 2015-16 on page 14 of the National Federation Rules book.
- The game ball for the CIF-SS Championship Finals will be the Spalding TFVB-5. (Navy/Silver/White)**
- Contact the Volleyball Advisory Committee during the season regarding Top Ten Polls. See Committee members on page 4.
- Please call in your game scores to your local newspapers throughout the season and the playoffs. For Playoffs submit your scores to [www.cifsshome.org](http://www.cifsshome.org) .
- Playoff Bulletins will no longer be mailed out of this office. Bulletins and Brackets may be obtained via the internet on the CIF-SS web site at [www.cifss.org](http://www.cifss.org) . Brackets will be available by 2:00 on pairing day.**

**TIMED WARM UP PROCEDURE:** **Prior to timed warm-ups, a conference shall be conducted with the head coach and captain(s) from each team. The Clock Will Start After This Meeting. A minimum of 20 minutes; 5 minutes shared court, 6 minutes on, 6 minutes off (serving is included within your 6 minutes) time will be guaranteed on the game court. Final 3 minutes will be bench time. (See time line on page 31)**

# **BOYS VOLLEYBALL 2014-2016 PLAYOFF GROUPINGS**

## **DIVISION 1**

Bay  
Channel  
Crestview  
Marmonte  
Mission  
Pacific Coast  
South Coast  
Sunset  
Trinity

## **DIVISION 2**

Big VIII  
Coastal Canyon  
Foothill  
Moore  
North Hills  
Orange Coast  
Pacific  
Pioneer  
Rio Homdo  
Sea View

## **DIVISION 3**

Almont  
Del Rey  
Gold Coast  
Golden  
Golden West  
Mountain Pass  
Ocean  
Olympic  
PAC 8  
San Gabriel Valley  
Sunbelt  
Tri-Valley

## **DIVISION 4**

Academy  
Camino Real  
Citrus Belt  
Empire  
Garden Grove  
Los Padres  
Orange  
Pacific View  
Prep  
San Joaquin  
Suburban

## **DIVISION 5**

Ambassador  
Coastal  
Condor  
Del Rio  
Express  
Hacienda  
International  
Liberty  
Miramonte  
Mulholland  
San Andreas  
Santa Fe  
South Valley  
Westside

## **FREELANCE**

Updated 1/15/16



# Southern Section

Academics / Integrity / Athletics

10932 Pine Street  
Los Alamitos, CA 90720  
(562) 493-9500  
(562) 493-6266

TO: CIF-SS Boys' Volleyball Coaches  
FROM: Mike Middlebrook, Assistant Commissioner  
DATE: January 2016  
RE: **2016 BOYS' VOLLEYBALL SEASON**

You will find included in this preview very important and vital information for the 2016 season. **REVIEW THE INFORMATION THOROUGHLY.** If you should have any questions, please do not hesitate in contacting me personally at the CIF-SS Office. The following items are included:

- 2. Special Notice
- 3. Playoff Groupings (See [www.cifss.org](http://www.cifss.org) for list of schools)
- 4. Advisory Committee
- 5. Playoff Calendar Dates/Line Judges
- 6. 3 Ball System/Game Ball
- 7. Volleyball Playing Lineup
- 9. CIFSSHOME Requirements
- 10-13. Blue Book Rules
- 16-22. Blue Book Volleyball Rules and Playoff Rules
- 24. Sand Volleyball Participation
- 25-30. NFHS Volleyball Rule Changes (Uniform Issues for Volleyball go to [www.cifss.org](http://www.cifss.org))
- 31. Sanctioned event (go to [www.cifss.org](http://www.cifss.org))
- 32. Times Warm-up
- 33-25. Score Sheet, Lineup/Roster Sheet,

[2015-16 National Federation Volleyball Rule Book](#) (Given to schools at January Council meeting)

## **2016 Boys' Volleyball Advisory Committee**

### **Div. 1**

**Michael Boehle, Loyola**  
Steve Conti - Corona del Mar  
Sid Davidson, St. John Bosco  
Seth Burnham, Thousand Oaks

### **Div. 2**

**Bernie Wendling - Claremont**  
Chuck Freberg - Arcadia HS  
Darren Utterback - Laguna Bch

### **Div. 3**

**Zac Chan, Valley Chr**  
Liane Sato, Santa Monica  
Greg Ng - Montebello

### **Div. 4**

**Pat Casey, Oxnard HS**  
Dave Denham, at Large  
Frankie Perales, Garden Grove

### **Div. 5**

**Robert Gibbs, Southwestern Acad**  
Randy Bohlmann, Damien  
Gay Brokenbough, Cerritos College  
Dillan Bennett, Dos Pueblos

**Naoto Tashiro - Marlborough**  
**Red Denotes: Divisional Representative.**

**TOP TEN POLL** --It is imperative that you call the above committee member in your division on a weekly basis regarding Top Ten Poll standings, if you or someone in your league should be considered. Please offer your assistance throughout the season in forming a valid Top Ten rating system.

# CIF SOUTHERN SECTION CALENDAR DATES

## BOYS' 2016 VOLLEYBALL

Date of First Contest ..... February 27

If a school chooses to have their one interscholastic scrimmage it must be on or after February 27th and before their first contest.

Date of Last Contest ..... May 4

***ATTENTION ATHLETIC DIRECTORS and COACHES: At the direction of the CIF-SS Executive Committee, all schools entered into the volleyball playoffs are required to charge admission at each home playoff contest. Additional information regarding this procedure will be sent to all schools prior to the 2016 volleyball playoffs.***

### PLAYOFF DATES FOR ALL DIVISIONS

Wild Cards ●●●●●●●●●●●●●●●●●●●● May 7

Playoffs ●●●●●●●● May 10, 12, 14, 18

Championship Final ●●●●●●●●●●●●●● May 21

Southern Cal Regional ●●●●●●●● May 24, 26, 28

### LINE JUDGES

As you prepare for your upcoming volleyball season, the CIF-SS Office is recommending schools hire officials or use adults to act as lines persons. Many schools, in past years, have used students to fill this very critical role which has resulted in many unpleasant situations for the students selected and the schools. Line judges, unless determined otherwise by state association policy, shall be provided by the host school. (NFHS Rule 5-1)

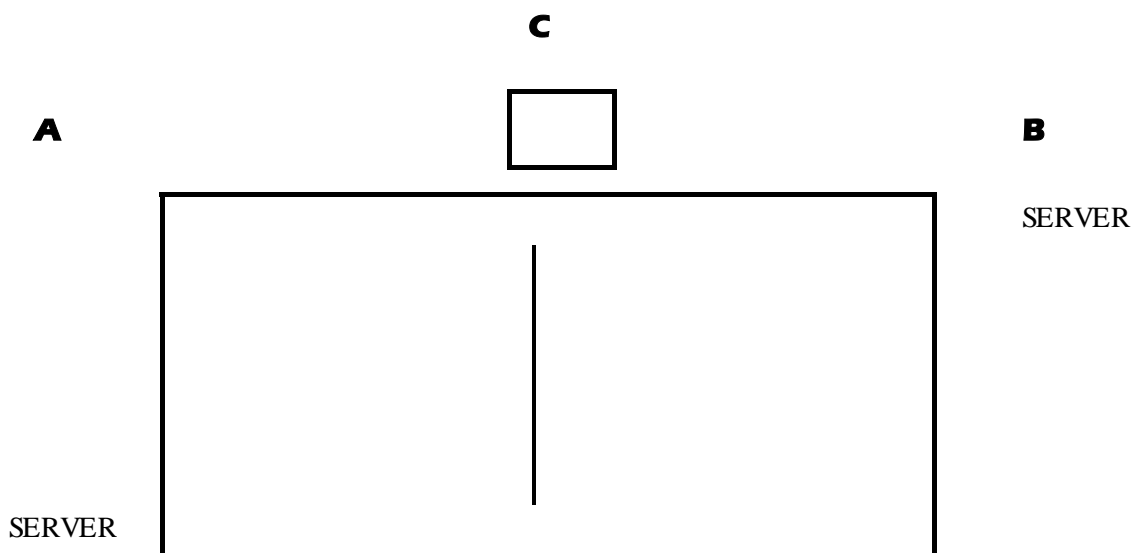
In order to avoid putting students in this very precarious situation, contact your Association Assigner to secure officials as lines persons for your home volleyball games and playoff games. The **recommended fee** is \$36.00. (Per Bylaw 1221: the fee shall not exceed \$36.00)

**3-BALL SYSTEM** It is recommended that the 3-Ball system be used for all playoff contests.

To facilitate continuous play, and depending upon the facility, it is recommended that the three-ball system be used.

### HOW TO RUN A 3-BALL SYSTEM

- A. Three people (with towels) are placed on same side of court.
- B. Ball persons "A" and "B" should have a ball.
- C. Ball person "C" rolls balls to opposite sides as service changes side
- D. Keeping a ball at serving side at all times.



**CIF FINALS GAME BALL= TF-VB5 Navy/Silver/White**  
The game ball for ALL playoff rounds is the Spalding  
TF-VB1, TF-VB3, TF-VB5.

# LINEUP TO BE SUBMITTED IN PROPER SERVE ORDER

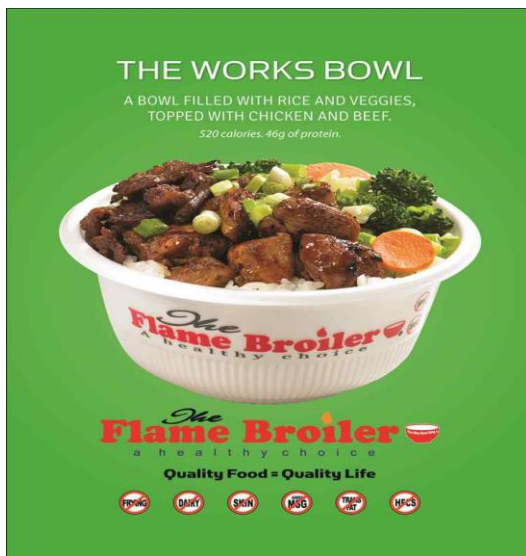
The written lineup is now to be submitted in the proper serving order. The lineup sheet should list the player numbers in the serving order. The lineup should not be submitted in floor position order. The submission of the lineup in serving order should help the scorer in recording the proper serving order in the score sheet. The first server should always be listed first on the lineup sheet, regardless of whether the team is serving or receiving. Umpires must identify the serving and receiving teams when transferring this information to their lineup card to then verify the team's proper lineup by floor position prior to the start of each game. The libero must still be designated and listed on the lineup sheet as an additional player.

## SAMPLE LINEUP SHEET:

Team Centerville HS Comets Game 1

Libero: 2 Check one Serve  Receive

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>



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## CIFSSHOME REQUIREMENTS BOYS VOLLEYBALL

### **SCHEDULES & SCORES Complete your schedule in CIFSSHome prior to your season as well as update scores following each contest**

**Attention Athletic Directors/Coaches:** It is very important that you enter your entire season schedule into CIFSSHome

([www.cifsshome.org](http://www.cifsshome.org)) as well as update the scores immediately following your contests.

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director). Once you are logged in:

-On the left panel, click on "Teams", select "Volleyball, Boys"

-To **Add a game**, click "Add Game" at the top right and fill out all of the required fields which are marked by a red (\*) to complete your schedule.

-To **Submit your score**, click on the "Teams", select "Volleyball, Boys" Scroll through your schedule and click on the green "Post Result" button.

-Make sure that your overall and team records are correct on your team page. **Set scores go into the "NOTES" for volleyball.**

**Check out the Help video under the Help button on the bottom left, "Be CIF Prepared!"**

### **VARSIITY TEAM INFORMATION (ROSTER) DUE no later than MONDAY MAY 2, 2016.**

**Attention Athletic Directors/Coaches:** It is very important that you enter your entire Boys Volleyball Varsity roster into CIFSSHome

([www.cifsshome.org](http://www.cifsshome.org)) no later than **MONDAY MAY 2, 2016.**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, Click on the "Teams" tab, select "Volleyball, Boys"

-Here are the instructions for using the sample file.

- Download the sample file **and** delete the "contents only". Copy and paste or type your roster information into the file as the contents and save the file to your computer. You can only upload an excel file (xls) that is the exact same format as the sample file. Columns for information not required for your sport may be left blank, but the HEADER INFORMATION MUST REMAIN EXACTLY AS THE SAMPLE.

**Required Columns for Boys Volleyball are: First Name, Last Name, Birth date, Year, Number, Position, Height & Eligibility.**

- Next - click Choose File, find your file, then click "Import Student".

- To confirm your roster has been uploaded, your roster will be uploaded in the roster section and all of the required columns are filled out.

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

### **VARSIITY COACHES**

**Attention Athletic Directors/Coaches:** It is very important that you enter your Boys Volleyball coaches (Head & Assistants) into CIFSSHome ([www.cifsshome.org](http://www.cifsshome.org)) no later than **MONDAY MAY 2, 2016.**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-Click on the "Teams" tab on the left navigation bar. Click on the corresponding varsity team (Volleyball, Boys).

-Click on "Add/Edit Coaches", select the information to add both your HEAD & ASSISTANT coaches

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

### **VARSIITY TEAM PHOTO DUE no later than MONDAY MAY 2, 2016.**

**Attention Athletic Directors/Coaches:** It is very important that your Boys Volleyball Varsity Team Photo is uploaded to CIFSSHome

([www.cifsshome.org](http://www.cifsshome.org)) no later than **MONDAY MAY 2, 2016.**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

on Home Campus

-On the left panel, click "Teams" tab on the left navigation bar. Click on the corresponding varsity team (Volleyball, Boys).

- Under Team Picture, click Add/Edit picture, click Browse, find your file and click "Upload Picture" – Team Photo can be no larger than 672 pixels x 480 pixels (7"x5")

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

### **AT LARGE APPLICATION – MUST HAVE .500 RECORD OR BETTER**

**Attention Athletic Directors/ Coaches:** Please follow the instructions below to enter your school as an At Large Entry for Boys Volleyball.

**The At Large Application is to be submitted by your school no later than WEDNESDAY, MAY 4, 2016 @ 11:00 p.m.**

Log in @ [www.cifsshome.org](http://www.cifsshome.org) (If you do not have a log in & password as a coach, check with your Athletic Director).

Once you are logged in:

-On the left panel, click on At Large Petition

-Select "Boys Volleyball" then click "Add"

Please be sure that your Schedule is updated in CIFSSHome as this is where the information for the At Large Petition will be created.

**Check out the Help video under the Help tab on the bottom left, "Be CIF Prepared!"**

# BLUE BOOK RULES: 2015-2016

## 150 SOUTHERN SECTION - ATHLETIC CONTRACTS

150. A contract is the mutual agreement of the parties concerned reduced to writing and signed by each of them (the signing of contracts for all non-league team contests is highly encouraged, with forms available from the CIF Southern Section Office). A league schedule duly adopted and recorded in the league's minutes will be regarded as a contract. Schools should anticipate religious holidays, mandated testing schedules, and finals schedules when constructing schedules and entering into contracts.

151. Where a written contract has been entered into, schools must carry out the provisions of the contract, subject to the following rules: 151.1 Where either school finds it impossible to meet a scheduled contest, it must notify the other school in writing and send a copy to the Commissioner of Athletics prior to the scheduled contest. In case the other school does not agree to the cancellation of the contest, the Commissioner shall make the final decision.

151.2 Any expenses incurred by the offended school such as officials' fees, stadium rental, transportation, etc., shall be paid in full by the school breaching the contract.

151.3 When a school fails to engage in a contest agreed upon, without giving notice to the other school and securing an honorable release, it may be suspended from membership.

152. It is important that all schools confirm athletic contests in writing after they have been scheduled verbally by phone. This procedure will reduce the number of conflicts that seem to arise when contests are scheduled by phone. Appeals of athletic contests will carry added weight if the agreement for said contest is part of a written athletic contract.

153. Schools are responsible to fulfill their commitments made by previous school personnel. A change of administration, athletic director or coach, does not cancel out a scheduled contest made the previous school year

## 220. BASIC ELIGIBILITY REQUIREMENTS FOR PARTICIPATION

All CIF Southern Section eligibility rules apply in all games including non-league, league, tournament and playoff games. In order to compete in interscholastic athletics, a student must:

220.1 Be under nineteen years of age. (See Bylaw 203)

220.2 Meet the attendance requirements. (See Bylaw 204)

220.3 Be eligible scholastically. (See Bylaw 205)

220.4 Have met the residence requirements. (See Bylaw 206)

220.5 Meet citizenship requirements. (See Bylaw 217)

220.6 Not participate in any tryout for a professional or collegiate team. (See Bylaws 212 and 605)

220.7 Not compete with outside teams. (See Bylaw 600)

220.8 Be an amateur. (See Bylaw 212)

QUESTION: Will a student jeopardize his or her eligibility for high school athletics by participating in a rodeo or motorcycle race and accepting a cash prize or an award in excess of that permitted by CIF Southern Section regulations?

ANSWER: Neither a rodeo nor a motorcycle race is an approved interscholastic sport, so competing for, or the acceptance of a cash prize or an award in excess of CIF Southern Section limitations would have no bearing upon a student's eligibility for high school athletics.

QUESTION: What is defined as an interscholastic scrimmage?

ANSWER: An interscholastic scrimmage is defined as a training session in which students from more than one school participate, any aspect of play is exercised and no score is kept. Only students regularly enrolled in public and private CIF member schools, grades 9-12, shall be permitted to participate in a scrimmage. Alumni shall not be permitted to take part other than the one allowable contest where noted in specific sports. It should also be noted that only students enrolled in grades 9-12 at each specific school may take part in regular practice sessions.

## 503.C GRADE LEVEL RESTRICTIONS

Only ninth grade through twelfth grade students may practice with or compete on a high school team. Ninth grade students of a junior high school which is located on the same campus and is under the supervision of the same principal as the senior high school may practice with and compete on the high school team. For a multi-school situation, see Bylaw 303.

## 503.E SUPERVISION REQUIREMENT

No CIF team shall participate in interscholastic or approved competition with any other team unless the CIF team is under supervision as required by the California Education Code 49032 (Bylaw 503.F).

## 503.G PHYSICAL EXAMINATION

As a condition of membership, schools will require that a student receive an annual physical examination conducted by a medical practitioner certifying that the student is physically fit to participate in athletics. The report of the examination will be on a school board-approved form that includes a health history. The physical examination must be completed before a student may try out, practice or participate in interscholastic athletic competition. A student will be excused from this physical examination provided there is compliance with the Education Code provisions concerning parent(s)/Guardian(s)/Caregiver's Refusal to Consent. The CIF Health and Safety Committee strongly recommend schools

use the Pre-Participation Physical Examination form that is endorsed by five major medical societies; American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopedic Sports Medicine and the American Osteopathic Academy of Sports Medicine. All CIF schools must have school board approved forms. (Revised March 2004 Executive Committee)

### H. Concussion Protocol

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition. (Approved May 2010 Federated Council/Revised May 2012 Federated Council)

*Q: What is meant by "licensed health care provider?"*

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

### I. Steroid Prohibition

As a condition of membership, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

## 504. SUNDAY RESTRICTIONS

In order to provide at least one day of respite from involvement in interscholastic athletics each week, no interscholastic games or practices of any kind are to be held on Sunday.

Exception: Those schools founded upon religious tenets that observe the Sabbath from Friday sundown until Saturday sundown may practice or play on Sundays. Schools must register each year by August 1 for the following year with their Section office and indicate either Friday or Saturday as their alternate day of respite.

NOTE: Declaration of Alternate Day of Respite form is available through your local Section Office.

(1) Violation of Bylaw 504. M. will result in the following sanctions:

a. Practice: For every practice conducted on a declared day of respite, the violating school will be prohibited from conducting twice as many regularly scheduled practices (2 for 1);

b. Game: A game played on a declared day of respite will result in forfeiture of the game.

(2) In addition to the above sanctions, the Section may impose any of the following additional sanctions:

a. The final season record will be reduced by at least one win at the conclusion of the season;

b. The school will be placed on probation;

c. The team/individual will be ineligible to advance to or in Section, Regional or State Championships;

d. Reduction of maximum number of contests allowed for the following year in that sport;

e. Repeated violation may result in suspension of membership in the CIF.

(May 2000 Federated Council/Revised May 2004 Federated Council)

## 506. PRACTICE ALLOWANCE

For the benefit of the physical and mental health of our student-athletes, all practices (as defined herein) under the auspices of the high school athletic program during the season of sport shall be conducted under the following conditions (See also Bylaw 504.M.):

A. All teams will be allowed no more than eighteen (18) hours of practice time per week and no more than four (4) hours in any single day.

(1) Multiple Practice Sessions:

a. Double day practices shall not be held on consecutive days.

b. Must include a minimum of three (3) hours rest between practices.

(2) Golf Only

a. In the sport of golf only, a team is allowed a maximum of two (2) days per week of 18-hole practice rounds. [Counts as four (4) hours]

B. Any competition day would count as three (3) hours toward the allowable weekly and daily practice hours no matter the length of the contest(s). No practice may be held following the conclusion of any contest.

C. Definition of Practice

(1) Any school team or individual activity organized by the coach that is intended to maintain or improve a student athlete's skill proficiency in a sport; AND/OR

(2) Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, weight training, chalk talks, film review, meetings outside of school time (excluding parent meetings) that are implicitly/explicitly required by the coach; AND/OR

(3) Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction, etc.) AND/OR

(4) Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team or school; AND

(5) Outside organization activity (club, etc.), shall not be used to circumvent these Bylaws.

D. Other mandatory activities (including, but not limited to study hall, tutorial sessions, team dinners), shall not be considered part of practice time. These activities must be approved by the principal. Activities that would be included herein are exclusive to any activity already covered in number C.(1)-(5) above.

E. This Bylaw shall not supersede any School/District/Section policies that may be more restrictive.

F. Penalties

Following the determination of a violation of CIF Bylaw 506, a loss of practice day(s) and/or other sanctions, for each practice session infraction, shall be imposed by the Section as deemed appropriate to the level, extent, and duration of the infraction(s).

NOTE: For purposes of this Bylaw, the season of sport begins with each CIF Section's first allowable date of practice.

Frequently Asked Questions - (FAQ's will continue to be revised as needed and appropriate to assist schools in understanding the implementation of the Bylaw. Schools seeking additional clarification should contact their local CIF Section office.)

*Q: Our football coach conducts a one-hour (1) before school weight lifting activity in the weight room for football players. Does this count in the three-hours per school day practice limitation?*

A: Before school activities that are NOT part of the curricular day are subject to the practice limitations. If the activity is organized and/or directed and/or supervised by any of the football coaching staff and only open to football players then YES it is considered to be practice and counted in the daily limit.

*Q: Our football coach conducts a one-hour (1) before school zero period weight lifting activity in the weight room for football players. Does this count in the daily practice limitation?*

A: If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.

*Q: We have a one-hour (1) before school; (2) zero period; general weight lifting activity in the weight room, advertised to all the athletes in the school who wish to participate. The football coach supervises this activity. While it is advertised to everyone in the school, it is primarily utilized by the football players. Does this count as practice activity in the daily practice duration limitation?*

A: (1) Before school is not part of the curricular day so activities during this time are subject to practice duration limitations. However, if the activity is a non-sport specific strength program, open to all athletes, it would be considered general conditioning and would not count as part of the practice duration limitations. As long as the school has done their best to advertise and make it open to everyone, and it is not a nonfootball hostile environment, or is not located in an area where female or other sport athletes do not have access (i.e. access only through the boys locker room), regardless of who attends or who is supervising, the activity would not be considered practice and would not, therefore, count in the daily practice limitation. (2) If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.

*Q: A (1) Volleyball or Football; (2) Cross Country; Coach tells their team members "just go for an hour run" as a team (or as individuals) and then meet back in the gym to begin practice. Does that hour of just running count towards the practice duration limitation for that day?*

A: Yes. This activity done as a team or as an individual and has been implicitly/explicitly required by the coach; directed and/or organized and/or supervised by the coach would count towards the daily practice duration limitations.

*Q: A Basketball coach tells their team members that they are required to run a minimum number of miles each week on their own for conditioning. Does this count towards the practice duration limitations for any given day?*

A: Yes, this would be considered an activity under C.(2) and (4) above because it was required and or implied by the coach for his/her basketball team members to participate. If it was not implicitly or explicitly required by the Coach it would not count towards practice duration limitations.

*Q: The Water Polo Coach establishes a swimming conditioning session (1) before practice each day (2) in the morning before school; (3) during zero period; Does this count towards the practice duration limitations for that day?*

A: (1) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitations. (2) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitation. (3) If Zero period is considered part of the curricular day it does not count against the practice duration limitations.

*Q: A student plays volleyball in the fall and basketball in the winter. During the overlap time of those two seasons is a student allowed to practice for four hours per day for volleyball and then another four (4) hours per day for basketball, for a total of eight (8) hours of practice on any given day?*

A: No. During any season overlap period for any student-athlete, that student-athlete is still limited to a total practice time for both sports not to exceed the daily practice duration limitation [four (4) hours max per day and only 18 hours per week].

(Approved May 2014 Federated Council)

## 600. COMPETITION ON AN OUTSIDE TEAM

A student on a high school team becomes ineligible if the student competes in a contest on an "outside" team, in the same sport, during the student's high school season of sport. (See Bylaw 511) The following exceptions apply:

A. If the outside team has half or more of the team members as stated in the National Federation rule book for that sport, it shall be considered the same sport. Examples: three on three basketball — outside team competition prohibited; two on two volleyball — outside team competition permitted.

QUESTION: May a student who competes at the freshman or junior varsity level compete on an outside team during his or her high school season of sport?

ANSWER: No. The Outside Competition Rule pertains to all levels of competition. Thus, any individual participating at the varsity, junior varsity, sophomore and/or freshman levels may not compete on an outside team during his or her high school season of sport.

\*See exception in above paragraph.

QUESTION: Does this rule apply to a student/athlete who starts the season, plays in a game and then becomes ineligible?

ANSWER: Yes. Once the student is eligible and plays in a game, he/she may not play on an outside team and retain their eligibility for that season.

## 601. PENALTIES FOR VIOLATION OF BYLAW 600

A. Individual

(1) First Offense in High School Career in Any Sport

The student becomes immediately ineligible for participation with his/her high school team for a number of contests equal to twice the number of contests of outside competition in which the student participated.

(2) Any Subsequent Offense in High School Career in Any Sport

The student becomes immediately ineligible for one year (365 days) from the second infraction in all sports.

(3) Appeals Upon written appeal to the Section commissioner, the student may petition his/her Section for reinstatement of his/her eligibility status.

B. Team (1) Games Forfeited Games in which a student participated on his/her high school team after violation of CIF Bylaw 600 shall be forfeited.

(2) Appeals Sections may establish rules and procedures to consider requests for waivers of game forfeitures.

(Revised May 2004 Federated Council)



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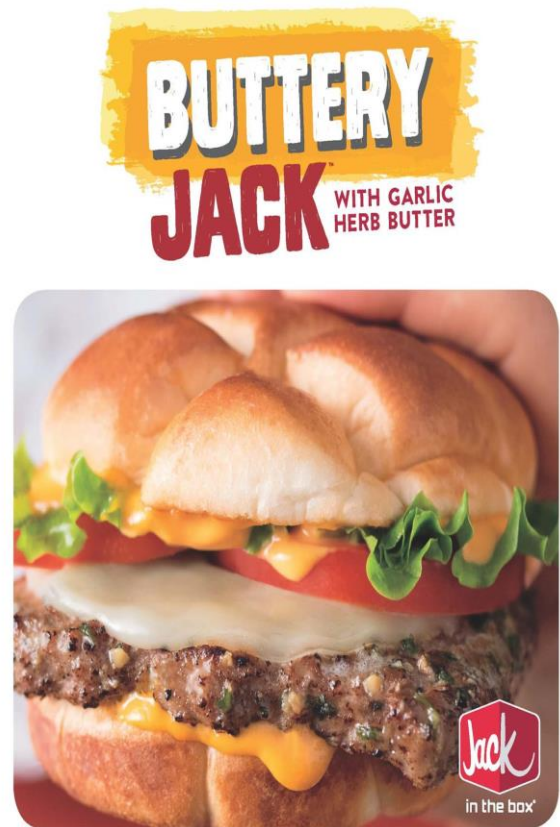
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\*Create Your Own G Series must consist of 2 different options.



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Inland Empire

# ARTICLE 290

## VOLLEYBALL 2015-2016

### 2900. RALLY SCORING

A. Rally scoring shall be utilized for all rounds of the State Volleyball Championship. All sets shall be played to 25 points and the fifth and deciding set shall be played to 15 points.

B. Rally scoring shall be utilized for all volleyball matches at the varsity level for all CIF Sections. All sets shall be played to 25 points and the fifth and deciding set shall be played to 15 points.

C. Rally scoring shall be utilized for all sub-varsity volleyball matches for all CIF Sections. All sets shall be played to 25 points with the deciding set played to 15 points.

(Adopted May 2003 Federated Council)

### 2901. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo (Revised to include lacrosse November 2000 Federated Council.)

### <>2902. STATE CHAMPIONSHIP DIVISION PLACEMENT OF SCHOOLS

Each Section will determine the divisional placement for its schools that qualify for the state girls volleyball championships. CIF member schools will be required to participate in the division that has been established by their respective Section. Sections may use their own established criteria to determine placement of teams in the six divisions based on the following guidelines:

Division I As determined by Section

Division II As determined by Section

Division III As determined by Section

Division IV As determined by Section

Division V As determined by Section,

Division VI As determined by Section, but enrollment may not exceed 200

NOTE: The State Championships will include Divisions I-V above. Division VI Regional Championships will be in NorCal only.

(Approved May 2001 Federated Council/ Revised June 2002 Executive Committee/ Revised May 2005 Executive Committee/ Revised May 2008 Federated Council/Revised May 2014 Federated Council)

NOTE: As passed by Federated Council May 2015, brackets will expand from eight (8) to 16 teams per Divisions I-V and will also include an eight (8) team Open Division for both the North and South beginning the 2016 school year.

*\*Pending the outcome of the vote at the October 2015 Federated Council Meeting on the proposed "Two-Year Pilot Program – So. California Tournament Entries" the Bylaw above could change. Please view the most current CIF Bylaws via the [www.cifstate.org](http://www.cifstate.org) website.*

2902.1 All volleyball matches in CIF Southern Section will be played under National Federation rules unless otherwise provided herein.

### 2903. SOCAL REGIONAL CHAMPIONSHIP ADOPTED

A Southern California boys volleyball championship (three divisions) will be held following the completion of Section playoffs for the Central, Los Angeles, San Diego and Southern Sections.

(Approved May 2008 Federated Council)

### 2904. NORCAL REGIONAL CHAMPIONSHIP ADOPTED

A Northern California boys volleyball championship (two divisions) will be held following the completion of Section playoffs for the Central Coast, North Coast, Sac-Joaquin and San Francisco Sections.

(Approved May 2012 Federated Council)

### <>2905. SCRIMMAGES

An interscholastic scrimmage is a training session between a minimum of two and a maximum of three schools where no score is kept, free substitution and time-outs are permitted, spectators are not urged to attend, and officials are not paid. (See Q & A following Bylaw 220.8 for definition.) All allowable interscholastic scrimmages must be conducted prior to a team's first interscholastic contest (non-league, tournament or league).

<>2905.1 *Girls Teams* - Schools are permitted one interscholastic scrimmage which may not be held prior to August 31 and must be held prior to team's first interscholastic contest (non-league, tournament or league).

<>2905.2 *Boys Teams* - Schools are permitted one interscholastic scrimmage which may not be held prior to February 27 and must be held prior to team's first interscholastic contest (non-league, tournament or league).

### 2906. TOURNAMENTS

A team may not be entered in more than three tournaments.

2906.1 For each tournament, a team will be charged two matches toward the allowable maximum number of contests.

QUESTION: Can a school enter two teams in the same tournament at the same level (i.e. varsity "A" and varsity "B")?

ANSWER: If a school chooses to split a single team into two teams in the same tournament at the same level they will be charged one allotted tournament for each team entered. If a school enters a varsity "A" and a varsity "B" team, they will be charged for two (2) of the allowable three (3) tournaments for the season.



2906.2 All tournaments, regardless of the number of teams participating, are allowed a maximum of 5 games while still counting as 2 of your allowable contests.

NOTE: In the sport of Volleyball the maximum number of matches allowed any team in a tournament, whether participating in the championship or consolation bracket, shall not exceed five 3 out of 5 matches (25 total sets).

2906.3 *Pool Play* - Round robin pool tournaments with culminating elimination style playoff rounds will count as two of the maximum number of allowable contests.

2905.3.1 The maximum number of sets allowed teams will not exceed 20 total sets in an 8-team tournament, 20 total sets in a 16-team tournament or 25 total sets in a 32-team tournament .

2906.4 Tournament managers are responsible for notifying participating schools of the number of sets and/or teams participating in the tournament.

NOTE: Two matches could be played in the SAME TOURNAMENT only, but not two matches in two different tournaments. (See Bylaw 2913). All interscholastic matches are to be arranged in such a way that no student shall take part in more than two athletic contests in any one day. (See Bylaw 2912.)

EXCEPTION: The maximum number of matches allowable in any one day may exceed 2 matches but may not exceed 10 total sets on a school day and 12 total sets on a Saturday.

#### **<>2907. STARTING DATES FOR INTERSCHOLASTIC CONTESTS**

<>*Girls Teams* - No interscholastic matches (non-league, tournament, or league) may be scheduled prior to August 31.

<>*Boys Teams* - No interscholastic matches (non-league, tournament, or league) may be scheduled prior to February 27.

#### **2908. MAXIMUM TEAM CONTESTS**

A volleyball team will be permitted to play no more than 20 matches during the season, including tournaments or jamborees, but excluding CIF Southern Section playoffs.

#2908.1 FACULTY: Each team will be permitted to play one faculty match, which will not be charged against the maximum number of allowable contest.

#2908.2 ALUMNI: Each team will be permitted to play one alumni match, which will not count as one of the maximum number of allowable contests .

#### **<>2909. END OF COMPETITION**

All league competition for entries must end on or before the Wednesday prior to the first playoff date. For girls teams and Boys Fall Volleyball, November 4 and for boys teams May 4. Schools may compete until Saturday in non-league contests. For the girls teams November 7 and for boys teams May 7.

#### **2910. SUMMERTIME RULES/SUMMER DEAD PERIOD/SPORTS CAMPS**

910.1 With the exception of the summer dead period, until the beginning of the first official starting date for fall sports, there shall be no restriction on high school coaches working with high school students registered and/or attending their respective high school or entering them in summer competition, provided approval is received from the school principal.

QUESTION: Who may participate in high school summer athletic programs approved by the principal?

ANSWER: Only students registered for the upcoming school year in grades 9 through 12. Additionally, it would be a violation to allow elementary students (8th grade and below) to participate with the high school team. For students enrolled in more than one school, all summer practice and competition must be confined to one school.

2910.2 High schools may sponsor sport camps and/or allow non-school sponsored sport camps to use their facilities.

\* High school students and individuals from the general community can attend.

\* The high school name, nickname and identifying marks can be used in the title and/or promotion of the camp.

\* The principal of the high school must give permission for the camp to take place; non-school sponsored camps must secure a facility permit for use of any facilities and equipment.

\* The camp must comply with all CIF rules, including those pertaining to undue influence and dead period.

\* Non-school sponsored camps should provide required liability insurance for the use of any school facilities.

2910.3 A summer dead period must be declared by the school principal for all sports. The dates of the dead period must be forwarded to the Southern Section Commissioner. The dead period must be the same for all levels and must be three (3) consecutive weeks between the end of school or the first Friday in June, whichever is first, and the last Monday in August. No class could be offered which could circumvent the rule.

There are no exceptions to the summer dead period.

During the dead period, weight lifting ONLY would be permitted. No running or other type of conditioning would be allowed.

Special nationally recognized programs in various sports that require a national or regional championship format, such as Bobby Sox Softball, American Legion or Mickey Mantle Baseball, etc., would be allowed to continue, until completion, during the dead period.

#### **<>2911. OUTSIDE COMPETITION BY AN INDIVIDUAL**

*During Individual's Season of Sport* - A member of a high school volleyball team may not, during his or her season of sport, compete for an outside team in the sport of volleyball. This shall include any form of tryouts or player evaluations, occurring during the high school season of sport with a team, program, club, or any other outside organization other than the student-athlete's high school team. Any such event is considered a violation of this Bylaw. A student shall become ineligible for CIF competition in the sport of volleyball if he/she participates in any tryout or player evaluation for a team, program, club, or any other outside organization. A season of sport (See Bylaw 511) is defined as that period which begins with a student's

first interscholastic competition (non-league, tournament or league game) and ends with that student's last interscholastic contest (nonleague, tournament, league or CIF Southern Section playoff).

QUESTION: Can a member of a volleyball team participate in organized "two player" volleyball competition during his or her high school season of sport?

ANSWER: Yes - Any volleyball player who participates in organized "two player" volleyball competition during his or her high school season of sport would not be in violation of the "outside competition" Bylaw 600.

#### **2912. LEVEL OF COMPETITION**

No student shall participate in more than one level of competition in the same sport in the same day.

#### **2913. MAXIMUM ATHLETIC CONTESTS IN ONE DAY**

All interscholastic matches are to be arranged in such a way that no student shall take part in more than two athletic matches in any one day.

#2913.1 See Rule 2906 (NOTE) for tournament exception.

#### **2914. SCHOOL ATTENDANCE**

Standards for school attendance are determined by local school governing boards.

#### **2915. TIME BETWEEN MATCHES**

The time element between varsity and junior varsity matches shall not be more than 20 minutes. The time of 20 minutes to start consecutive matches will begin when the coaches/captains meeting is completed.

#### **2916. MARKING THE COURT**

It is *recommended* that a volleyball court be parallel with a basketball court and clearly marked.

#### **2917. NUMBER OF SETS IN MATCH**

The varsity match will consist of the best 3 out of 5 sets to 25 points with the fifth set to 15 points. The junior varsity will consist of the best 2 out of 3 sets to 25 points with the third set to 15 points. (Refer to Rule 2900 B and C.)

QUESTION: May leagues, and schools by mutual agreement in non-league or league matches, conduct the varsity match as an optional best two out of three sets?

ANSWER: Yes - Leagues and/or schools by mutual agreement for non-league or league matches have the option of playing the best two out of three sets at the varsity level as per CIF Southern Section Council action. However, all playoff matches will be conducted as the best three out of five sets.

#### **2918. SUNDAY RESTRICTION**

A school may not play a volleyball match nor conduct a scrimmage or volleyball practice of any type on Sunday during the season of sport.

QUESTION: May a team be assembled on Sunday for a "skill session" or review a game film?

ANSWER: Neither of these activities would be permitted.

QUESTION: Does a meeting on Sunday of a single student with a coach constitute a violation of Bylaw 2917?

ANSWER: Yes, the intent of Bylaw 2917 is to allow no contact with student athletes on Sundays.

QUESTION: What constitutes a scrimmage or practice on Sunday?

ANSWER: Any preparation of an upcoming volleyball match in which a player or players meet with the coach(es) on a Sunday is prohibited.

#### **<>2919. PLAYER CONDUCT**

Any player who is ejected for any reason shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest and may not attend. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season. A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of that contest.

Any player whose conduct merits ejection from a game by an official for fighting or assaultive behavior shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. After the suspension from play, the student may only return after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form (post-ejection return to competition form) indicating the completion of the conference must be uploaded to the CIFSSHome misconduct manager for that specific misconduct. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct. A second ejection from a game or contest for fighting or assaultive behavior will cause suspension for the remainder of the season. A player who was ejected from the previous contest, who knowingly, or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

Any player who leaves the confines of the bench or team area during a fight that has broken out or may break out will be ineligible for the team's next contest. After the suspension from play, the student may return only after certification by the school principal that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the Section office prior to rejoining the team. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct. In the case of any suspension from play, the next contest may not be a forfeited, postponed or canceled game.

QUESTION: What must be submitted to the Section office before a student can be cleared to rejoin his/her team?

ANSWER: The Section office will provide a form on their website that must be uploaded to CIFSSHome or directly emailed to the CIF Office. The School must also indicate the date(s) of the contest in which the player will not be in attendance in the "School Action" portion of the misconduct.

QUESTION: What is meant by attendance at a contest?

ANSWER: Attendance is defined as being present at the location/site of the contest, which includes at the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/ site of the next contest.

#### **2920. COACH EJECTION**

Upon ejection, the head or assistant coach shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. The next contest may not be a forfeited, postponed or canceled game. A second ejection will constitute a two contest suspension and a third ejection will cause suspension for the remainder of the season. A coach who was ejected from the previous contest who, knowingly or unknowingly, participates in or is in attendance at the next contest, will result in the forfeiture of every contest until the suspension is completely served.

QUESTION: What is meant by attendance at a match?

ANSWER: Attendance is defined as being present at the location/site of the contest, which includes at the team bench/area, in the stands/spectator area, any location where the contest can be observed at any time, inside a gymnasium, stadium or playing area. The intent of this rule is that the ejected person is not present at the location/ site of the next contest.

QUESTION: How does the Accountability Rule affect a coach who coaches more than one level of a particular sport?

ANSWER: A coach who has been ejected from a contest may not be in attendance at ANY contest prior to serving his/her mandatory suspension at the level in which the coach was ejected. (i.e.: An ejected JV coach who is also a varsity assistant may NOT be in attendance at any contest until his/her mandatory JV suspension has been completed.)

#### **2921. NOISEMAKERS PROHIBITED**

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

#### **2922. PLAYOFFS**

Refer to Article 320 (Playoffs) for details regarding playoff information. (Specific information will be contained in playoff information bulletins.)

#2922.1 The Commissioner has the sole authority to determine the sites of all volleyball playoff contest. For any playoff contest, the Commissioner may direct that such a contest be played on an alternate court if the home court does not meet CIF Southern Section standards.

## **ARTICLE 320**

## **PLAYOFFS 2015-2016**

### **3200. ALL PLAYOFFS MANAGED BY COMMISSIONER**

All playoffs of the CIF Southern Section shall be under the management of the Commissioner of Athletics, who will have final authority and responsibility for their conduct.

3200.1 Enrollment based divisions will be used in the sports of boys and girls cross country, boys and girls basketball, and boys and girls track and field. By action of the Southern Section Council, once the divisions are established for the playoff, no school shall be allowed to move up to a larger enrollment division. Schools will participate based upon their CBED enrollment figures.

Consideration will be given to geography after league placement has been recognized.

3200.1.1 In the sport of basketball, schools will be adjusted up or down in half or whole division increments, based on competitive equity.

3200.2 By action taken at the September 30, 2005 Southern Section Council meeting, in the sport of girls volleyball, playoff divisions will be determined by competitive equity of leagues.

3200.3 No playoffs will be conducted by the CIF Southern Section Office when less than 20% of the membership field teams in that sport.

3200.4 See 54.8 (Emergency Powers).

### **3201. REPORT OF PLAYOFFS**

At the close of the season for each sport, the Commissioner of Athletics shall compile a report of the playoffs in the "CIF Southern Section Bulletin."

### **3202. IDENTIFYING LEAGUE REPRESENTATIVES INTO THE PLAYOFFS**

Under the playoff format - in all sports - leagues have the responsibility of developing and identifying the priority for their representatives into the playoffs. This will include the league's priority with regard to any at-large consideration.

Thus, the league through its CIF Council Representative, **MUST** notify the CIF Southern Section Office prior to the playoff draw, the No. 1 representative, the No. 2 representative, the No. 3 representative, and the league's priority team for consideration to any at-large berth. If, for example, a league would have a "co-champion" in football, the league - by the method outlined in its Constitution and Bylaws - **MUST** specify which team is its No. 1 representative and its No. 2 representative. This principle would hold true for any combination, such as a tie for third place in the standings or a "four-way tie" for first place, etc.

QUESTION: For recognition purposes, how many schools constitute a league?

ANSWER: A minimum of four schools or teams make up a league for recognition for guaranteed playoff entry, less than four teams or schools are not recognized for entry into playoffs.

### **3203. FIRST ROUND PLAYOFFS**

In the first round of the playoffs in all sports, the arrangement shall be as follows:

The Commissioner shall match the teams for first-round playoff contests, and the host school for these games shall be predetermined by the Commissioner. Schools must fulfill their playoff obligation once entered by the league unless excused in an emergency by the Commissioner and/or replaced as an entry by the league prior to completion of the opening round.

In cases where a first representative team meets a second team representative in an opening-round game, the first team representative will be designated as the host team. Where two first or two second-team representatives meet in the opening round, the Commissioner will flip a coin prior to the publishing of the draw to determine the host school. Leagues are responsible for developing the priority for their representatives and the finish of a team in league play will have no bearing unless it is reflected in the league's priority. For example, if a co-champion had a league priority of a second team representative it would have no special consideration as compared to a second place finisher from another league who had a second team priority and a flip would be made.

3203.1 A "wild card game" for entry into the full field will have no bearing on priority for host contests in the first and/or subsequent rounds.

3203.2 All freelance entries will be considered as the equivalency of a No. 3 representative with regard to determining host and/or away contests unless they are one of the four seeded teams in which case they will be the host team.

3203.3 If schools falling into the category of California Youth Authority and probationary schools would qualify for the post-season playoffs, the contest will be played at an alternate site other than the facility where the school is located.

#### **3204. HOST TEAM AFTER THE FIRST ROUND**

To decide who shall be the host team after the first round of competition in any sport will be the sole responsibility of the Commissioner. In cases where two teams are paired after the first round of the playoffs, the team having the fewest number of host games in playoff competition shall be designated as the host team. When both teams have had an equal number of host playoff contests, the Commissioner shall toss a coin to decide the host team. When a school has been designated as the host school for a playoff contest it shall (1) act in that capacity unless excused by the Commissioner, (2) be considered the host team regardless of where the game is being played, and (3) a "bye" designation shall not count as a host contest for the team drawing the "bye" following the first round and throughout the remainder of the tournament.

3204.1 Teams receiving a bye in the first round shall be the host team in the next round of the playoffs.

#### **3205. COMMISSIONER DETERMINES PLAYOFF SITES**

The Commissioner shall have sole authority in determining sites for playoff competition in all sports and for all rounds.

#### **3206. ALTERNATE SITE DEFINITION**

An alternate court or field has been defined as one on which a team has not conducted practice sessions. A team may have played some of its league games and even a playoff contest on a particular court or field, and it could still be classified as an alternate court or field.

#### **3207. HOST SCHOOL ACCOUNTS FOR ALL GAME REVENUE**

In football, basketball and volleyball playoff games, the host school will account for all the revenue from the game, pay all expenses for the game, and compile the financial report, sending a copy to the visiting school and the CIF Southern Section. Please refer to Bylaw 144 for detailed information concerning the distribution of receipts from playoff contests in basketball, football, and volleyball.

#### **3208. TEAM EXPENSES**

The Commissioner shall set the team expenses to be allowed the traveling team in any playoff contest.

#### **3209. BROADCAST OR TELECAST FEES**

The Commissioner in the first round of the playoffs in all sports, the arrangement shall be as follows:

The Commissioner shall match the teams for first-round playoff contests, and the host school for these games shall be predetermined by the Commissioner. Schools must fulfill their playoff obligation once entered by the league unless excused in an emergency by the Commissioner and/or replaced as an entry by the league prior to completion of the opening round. In cases where a first representative team meets a second team representative in an opening-round game, the first team representative will be designated as the host team. Where two first or two second-team representatives meet in the opening round, the Commissioner will flip a coin prior to the publishing of the draw to determine the host school. Leagues are responsible for developing the priority for their representatives and the finish of a team in league play will have no bearing unless it is reflected in the league's priority. For example, if a co-champion had a league priority of a second team representative it would have no special consideration as compared to a second place finisher from another league who had a second team priority and a flip would be made.

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#### **3208. TEAM EXPENSES**

The Commissioner shall set the team expenses to be allowed the traveling team in any playoff contest.

#### **3209. BROADCAST OR TELECAST FEES**

The Commissioner shall set the fee to be charged for the right to broadcast or telecast any playoff contest.

### **3210. FREE LANCE PLAYOFF ENTRY QUALIFICATION**

If a school does not have membership in a league or the school belongs to a league which does not offer students in a given sport an opportunity to qualify into CIF Southern Section championships, special conditions exist which must be followed in order to qualify for possible entry into a CIF Southern Section playoff activity.

3210.1 *Team Sports* - All freelance schools desiring entry into the playoffs must submit schedules to the Commissioner for evaluation and approval of conditions under which the team may qualify. Schedules must be submitted prior to the start of each season for evaluation.

3210.2 *Individual Sports* - Schools meeting the criteria outlined in 3210.1 above may petition individual athletes for possible entry into CIF Southern Section individual playoff competition. Petitions for such athletes must include a complete data sheet for each individual showing best marks, scores or rankings from any competition held during the current school year. All such petitions must be submitted two calendar weeks prior to the first scheduled date of CIF Southern Section playoff competition.

QUESTION: How can a freelance team qualify for CIF playoff consideration?

ANSWER: A school must schedule 80% of allowable contests per sport and they must be at the varsity level. In order to be considered for the playoffs, the school must have a .500 or better record in all contests played and there must be openings in the bracket.

Additionally, teams that win 80% of their contests played will be guaranteed entry. (Except football.)

QUESTION: How can an individual qualify for consideration for freelance competition?

ANSWER: To be eligible for free lance individual competition, an individual must participate in at least one-half of the number of allowable varsity contests permitted in a particular sport.

### **3211. PLAYOFF ELIGIBILITY**

An ineligible player is one who is in violation of any State CIF or Section scholastic residence, transfer, age, semesters of attendance, or other eligibility rules.

A. Games in which the student participated, after the occurrence of the violation shall be forfeited (See Bylaw 500.2)

B. From the time the CIF Southern Section Office receives the entries from the league, violations discovered will be assessed only against the individual(s) and will not affect the advancement of a team into the playoffs.

C. Violations discovered after the first round of any playoff will result in disqualification of the ineligible player's team from the playoffs and forfeiture of its last playoff competition. In such cases, the losing team will advance provided the date of the next scheduled contest has not elapsed.

D. Freelance schools will submit eligibility rosters prior to their second contest of the season to the CIF Southern Section Office. Any additions to the freelance school eligibility roster will be made directly to the CIF Southern Section Office within five (5) school days of each occurrence

### **3212. CIF-SS TROPHIES**

Appropriate trophies shall be awarded by the CIF Southern Section to team champions and runner-up in all official sports. The winning or runnerup team has the option of awarding more than the prescribed number of medals or patches at its own expense.

### **3213. PLAYOFF ENTRIES TENTATIVE**

All entries into the playoffs are tentative until the first round is completed. Updated results or new information may make changes in any draw necessary. No change in entries will be permitted after the first round (or "wild card" game if it applies to a league entry) has been played.

### **3214. NUMBER OF TEAM ENTRIES INTO PLAYOFFS**

In the sport of football only, the team entry formula for each league into the playoffs is as follows:

4 & 5 team leagues = 2 entries

6-8 team leagues = 3 entries

9 or more team leagues = 4 entries

In all sports other than football, the team entry formula for each league into the playoffs is as follows:

4 team leagues = 2 entries

5 and 6 team leagues = 3 entries

7 and 8 team leagues = 4 entries

9 or more team league = 5 entries

3214.1 In all team sports other than basketball and wrestling, additional entries beyond a league's guaranteed number of entries will only be permitted to enter the playoffs to fill any byes which exist in the opening round. Wildcard contests will be for situations where the number of teams that are guaranteed entries from their leagues necessitate that additional contests be played to reduce the number of teams entered to the required number of the original draw. (For example, when there are 37 teams entered as guaranteed entries from their leagues into a particular playoff draw, there must be 5 wildcard contests played to reduce the number of teams from 37 to 32, the required number of the original draw.) At-large teams, teams meeting the at-large criteria (.500 or better overall record), can only be accepted into the playoffs if there are openings in the original draw after all of the league's guaranteed entries are submitted. (For example, when there are 30 teams entered as guaranteed entries from their leagues into a 32-team draw, there would be 2 byes in the bracket and those byes could be filled by teams who were not guaranteed entries from their leagues who submitted at-large application forms for that particular sport and have an overall record of .500 or better in all games played during the regular season.) In the sport of football, a .500 or better record is not required for at-large submission/selection. In any playoff grouping other than basketball, at-large selections will be considered from the next place beyond the guarantee that are .500 or better. After all those schools have been taken and there are still positions available, the next place teams that are .500 or better will then be considered. An example would be in football, some divisions allow two (2) entries per league. All 3rd place teams would be taken before any 4th place teams would be considered. (A tie will count as half a win and half a loss for a .500 record or better.) For specific information on the at-large selection process, see the respective Playoff Bulletin for each particular sport.

3214.2 In the sport of football, those divisions that have more than 5 leagues in a 16-team draw will be guaranteed only two (2) entries.

QUESTION: How will the CIF Southern Section Office determine additional entries into the playoff draw to fill byes after each league has submitted their three guaranteed entries?

ANSWER: As provided for under Bylaw 3202, a playoff committee will select the additional entries to fill the draw from the league's priority team entry that has been submitted for consideration as an at-large berth to fill any bye which may exist.

### **3215. NOISEMAKERS PROHIBITED**

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

### **3216. EQUAL FACILITIES**

The visiting school in dual team playoff contests is entitled to equal facilities, including one-half of the seating, locker rooms, phone lines, spotting facilities, etc.

### **3217. WILD CARD TEAMS**

Where the number of teams exceeds the number of openings in the draw, the Commissioner may order a special playoff contest ("Wild Card System") to determine the draw for the playoffs. Insofar as host team designation in the regular playoff draw, this "Wild Card Contest" will have no bearing when such a procedure is used. The Commissioner, or his representative, will draw the contending 4th, 3rd team representative (and 2<sup>nd</sup> team representatives if required by the number of leagues in a division and the number of teams in the draw) or freelance teams by lot and conduct a coin flip between same for the purpose of designating the host team in such a "Wild Card" contest. For all enrollment based playoffs, please refer to specific sport bulletins.

### **3218. ADDITIONAL CONTESTS TO DETERMINE ENTRY ONLY**

Leagues may not conduct additional contests beyond the prescribed limits unless said contests are to determine ENTRY and not representative priority.

3218.1 Please note, leagues **MAY NOT** conduct additional contests beyond the prescribed limits unless said contests are to determine **ENTRY** and not representative priority. Additionally, leagues must have this as part of their Constitution and must secure permission from the CIF Southern Section Office before conducting such playoffs for entry. If a league covers such Conditions in its constitution, it is still obligated to stage said contest on or before the last specified allowable playing date. An example of the above application would be that two teams finish in a tie for the last guaranteed entry in the final league standings and the league also has it stipulated in its Constitution that the deadlock may be broken by a special playoff game. As long as that contest is played on or before the last specified date, the two teams would be permitted to play as a process in determining **ENTRY** into the playoffs. However, should there be an outright league champion and the two teams deadlocking for second place, a special playoff game would **NOT** be permitted, as both teams already have guaranteed entry into the playoffs. In this latter example, the league would then refer to the next segment of its Constitution to see which team would be declared the No. 2 representative, the other becoming the No. 3 representative.

3218.2 If time does not permit a playoff for entry, the league must again resort to the next item in its Constitution to determine its designation.

3218.3 In the sport of football, the 25-yard tie breaker system may be used to determine **ENTRY**, provided it meets all other guidelines noted above, including the last specified playing date.

### **3219. PLAYOFF GROUPINGS**

The following procedures for conducting the business of playoff groupings will be in effect.

3219.1 Playoff Groupings will be conducted in two year cycles during even years (i.e 2014-16, 2016-18).

3219.2 The Commissioner's Office, in early October, will send out the yearly attendance survey of our member schools.

NOTE # 2: In non-enrollment based sports, competitive equity will be used primarily when formulating playoff divisions.

3219.3 In January of the year preceding the cycle, the Commissioner's Office will survey the different league representatives on their recommendations for playoff groupings for the next cycle.

3219.4 In February/March of the year preceding the cycle, the Commissioner's Office will develop a recommendation to be sent to all leagues and schools for their perusal.

3219.5 In April of the year preceding the cycle, the Playoff Groupings Committee will meet. Those leagues who **RECOMMENDED CHANGES** in response to the Commissioner's January correspondence which were not included, or **HAVE BEEN CHANGED** from their present status and are dissatisfied, may form written appeals to the Committee, who will review same at this meeting.

QUESTION: What is the procedure for appealing a divisional placement?

ANSWER: Within the prescribed timeline, a request for appeal must be forwarded to the Commissioner's office with the signatures of all league principals. Once an appeal date has been established, only a league officer or administrator may appear before the hearing panel. Those appeals **MUST** be represented in person. Written representation on the hearing date, without prior approval from the Commissioner's office, will not be considered.

3219.6 The final recommendation of the Playoff Groupings Committee will be mailed to all league representatives and schools.

3219.7 In April of the year preceding the cycle, the Playoff Groupings Committee's recommendation will be presented to the Council for final disposition. Those leagues who appealed their status to the Playoff Groupings Committee and are still dissatisfied, may form written appeals directly to the Commissioner's Office asking to be placed on the Council Agenda regarding this matter.

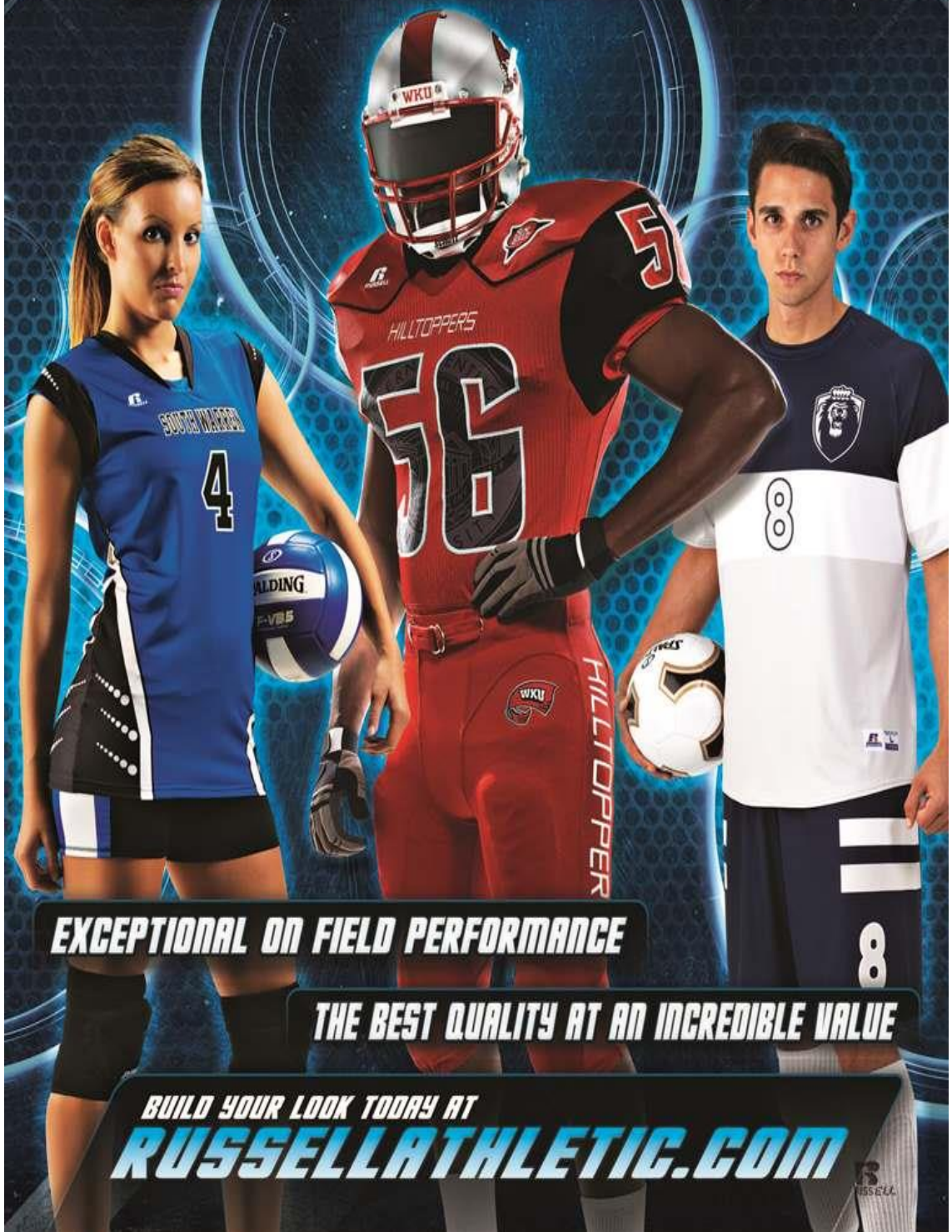
NOTE: Appeals must address the placement of the appellants league only. Appellant may not appeal the recent placement of other leagues within the division.

### **3220. PLAYOFF FINANCIAL REPORTS**

After a reasonable request from the Commissioner's office, schools that continue to be delinquent with financial reports will not be allowed to host a game during the playoffs in all sports for a period of one year.



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**TO: Athletic Directors and Boys Volleyball Coaches**  
**FROM: Mike Middlebrook, Assistant Commissioner**  
**DATE: January 2016**  
**RE: SAND VOLLEYBALL PARTICIPATION**

As a reminder, student-athlete participation in Sand Volleyball (traditionally 2 v. 2 and including 3 v. 3 competitions) during the season of sport is permitted as Sand Volleyball in its traditional format is not considered the same sport as Indoor Volleyball. Participation in any outside volleyball events (sand, indoor or otherwise) where the teams are 4 v. 4 or more during the CIF high school season of sport (Fall: August 31<sup>st</sup>, 2015/Spring: February 27<sup>th</sup>, 2016), would result in a violation of CIF Bylaw 600; competition on an “outside” team during the high school season of sport. Any student-athlete violating Bylaw 600 will be subject to the penalties outlined in Bylaw 601. I have also included Bylaw 2911 which specifically addresses outside competition in the sport of volleyball for your records.

**600. COMPETITION ON AN OUTSIDE TEAM**

**A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team, in the same sport, during the student’s high school season of sport. (See Bylaw 511) The following exceptions apply:**

**A. If the outside team has half or more of the team members as stated in the National Federation rule book for that sport, it**

**shall be considered the same sport. Examples: three on three basketball — outside team competition prohibited; two on two**

**volleyball — outside team competition permitted.**

**601. PENALTIES FOR VIOLATION OF BYLAW 600**

**A. Individual**

**(1) First Offense in High School Career in Any Sport**

**The student becomes immediately ineligible for participation with his/her high school team for a number of contests equal to twice the number of contests of outside competition in which the student participated.**

**(2) Any Subsequent Offense in High School Career in Any Sport**

**The student becomes immediately ineligible for one year (365 days) from the second infraction in all sports.**

**(3) Appeals**

**Upon written appeal to the Section commissioner, the student may petition his/her Section for reinstatement of his/her eligibility status.**

**2911. OUTSIDE COMPETITION BY AN INDIVIDUAL**

*During Individual’s Season of Sport* - A member of a high school volleyball team may not, during his or her season of sport, *compete* for an outside team in the sport of volleyball. This shall include any form of tryouts or player evaluations, occurring during the high school season of sport with a team, program, club, or any other outside organization other than the student-athlete’s high school team. Any such event is considered a violation of this Bylaw. A student shall become ineligible for CIF competition *in the sport of volleyball* if he/she participates in any tryout or *player evaluation* for a team, program, club, or any other outside organization. A season of sport (See Bylaw 511) is defined as that period which begins with a student’s first interscholastic competition (non-league, tournament or league game) and ends with that student’s last interscholastic contest (non-league, tournament, league or CIF Southern Section playoff).

**QUESTION:** Can a member of a volleyball team participate in organized “two player” volleyball competition during his or her high school season of sport?

**ANSWER:** Yes - Any volleyball player who participates in organized “two player” volleyball competition during his or her high school season of sport would not be in violation of the “outside competition” Bylaw 600.

Thank you in advance for your compliance with this issue. Good luck this season!

*Mike Middlebrook*

Mike Middlebrook

CIF-SS Assistant Commissioner, Volleyball



## Volleyball Rules Changes - 2015

By NFHS on March 24, 2015

### volleyball

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**7-1- New 5, 6:** Allows team to correct a lineup error by way of a legal substitution when a number is listed that no player is wearing and if a number is listed twice. The team must still submit an accurate roster.

**Rationale:** Maintains consistency within the rules by allowing a substitution to correct a lineup issue that otherwise does not affect the match.

**9-9-1, 4-2-2, 5-4-3c(20), 5-5-3b(21), 5-6-3(h), 10-2-7 Penalties, 10-3 Penalties, 10-4 Penalties, 11-2 Penalties, 12-2-6 NOTE 2:** The penalty system for an unnecessary delay now consists of an administrative yellow card warning for the first delay and an administrative red card for subsequent delay(s) in the same set, resulting in a loss of rally point. Repeated unnecessary delay violations in multiple sets may be considered and penalized as unsporting conduct. All rules with the unnecessary delay penalty and administrative requirements are adjusted to the new system. The unnecessary delay signal (#22) is replaced with a new signal.

**Rationale:** The penalty of a loss of time-out or loss of rally point for the first unnecessary delay is significantly more severe than the violation. Issuing a single team warning (administrative yellow card) during a set before issuing a penalty of loss of rally/point for a subsequent delay is more appropriate.

**10-2-5, 10-2-6c:** Substitutions occurring during a time-out shall now enter the set at the end of the time-out and follow normal exchange procedures.

**Rationale:** Improves the communication between the second and first referees, coaches and fans when a substitution occurs at a time-out.

**11-5-New 1, 2:** Provides that a two minute intermission may be used between sets two and three in

## **NFHS 2015-16 Rules Changes**

Summary provided by the Southern California Volleyball Officials Association

### **LINEUP ERROR - NEW RULE 7-1-5,6**

Allows team to correct a lineup error by way of a legal substitution when a number is listed that no player is wearing and if a number is listed twice. The team must still submit an accurate written roster. **Rationale:** Maintains consistency within the rules by allowing a substitution to correct a lineup issue that otherwise does not affect the match.

### **UNNECESSARY DELAY - NEW**

RULE 9-9-1; 4-2-2 Penalties; 5-4-3c(20) New; 5-5-3b(21) New; 5-6-3(h) New; 10-2-7 Penalties; 10-3 Penalties; 10-4 Penalties; 11-2 Penalties; 12-2-6 NOTE 2

The penalty system for an unnecessary delay now consists of an administrative yellow card warning for the first delay and an administrative red card for subsequent delay(s) in the same set, resulting in a loss of rally point.

Repeated unnecessary delay violations in multiple sets may be considered and penalized as unsporting conduct.

All rules with the unnecessary delay penalty and administrative requirements are adjusted to the new system. The unnecessary delay signal (#22) is replaced with a new signal.

**Rationale:** The penalty of a loss of time-out or loss of rally point for the first unnecessary delay is significantly more severe than the violation. Issuing a single team warning (administrative yellow card) during a set before issuing a penalty of loss of rally/point for a subsequent delay is more appropriate.

#### **Notes:**

- Cards do not carry over from set to set.
- The cards issued for unnecessary delay are administrative cards and are not cards issued for unsporting conduct.
- The mechanics of issuing the card will be distinguishable from the unsporting yellow/red card.
- The head coach is not required to remain seated for an administrative card issued for an unnecessary delay.

### **SUBSTITUTIONS: RULE 10-2-5; 10-2-6c (DELETED)**

Deleted the old procedure.

Substitutions occurring during a time-out shall now be made at the end of the time-out in the set and follow normal exchange procedures.

**Rationale:** Improves the communication between the referees, coaches and fans when a substitution occurs at a time-out.

### **INTERMISSION RULE 11-5-1, 2 NEW**

Provides that a two-minute intermission may be used between Set Nos. 2 and 3 in addition to the regular three-minute interval for a total of five minutes.

**Rationale:** Provides consistency and guidelines for schools conducting promotional or special recognition activities between sets.

### **Resuming Play After Intermission (NFHS CLARIFICATIONS)**

With the option to utilize an intermission, schools may conduct promotional or special recognition activities between Set Nos. 2 and 3 (Set Nos. 1 and 2 in a three-set match). It is important that each team's coach meets his/her responsibility to have the team on the court no later than the expiration of the intermission. A team that delays the start of play by not returning to the court on time shall be issued an unnecessary delay penalty. The intermission, when used, includes, in addition to the standard three-minute interval between sets, an extra two minutes bringing the total time to five minutes between Set Nos. 2 and 3

**CIF STATE:** Only the home team can use the court during the intermission.

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### **CLARIFICATIONS REGARDING EQUIPMENT, COURT MARKINGS & SAFETY**

#### **The court and markings (Rule 2-1-4)**

A continuous line, 2 inches wide, parallel to and equidistant from the end lines, shall separate the court into two playing areas. NOTE: A solid or shadow-bordered 2-inch (5 cm) wide line is permissible.

**The Center Line must be marked** - The center line must be marked with a line or the shadow line as stated in the rule book. The match cannot take place without the proper court markings. Not all the lines on the court must be marked with tape. **The Center line is the concern as this is a safety issue as a specific rule is applied** ([see 9-5-7](#)) with crossing that line. **CIF SS:** If the school refuses to tape the floor - Suspend the match!

The school is responsible for reviewing the condition of the equipment prior to the season. Correct padding or covering of equipment is required.

**Only the Commissioner of the Section can determine/rule on the status of a contest. The official shall suspend the match until the problem is resolved. The school will contact the CIF SS Office for a determination of the status of the match at that point.**

Tape or other soft material should be used to cover metal plates located on the playing surface of the court.

#### **Metal Tensioning Devices (Rule 3-1-1)**

Any exposed steel cable and/or metal tensioning device through the top and bottom of the net shall be covered. (plastic covering provided by the manufacturer is legal). All metal hooks, chains, carabiners, etc must be covered.

#### **Net Supports and Padding (Rule 3-1-3)**

ART. 3 . . . The net supports include any attachments to the net used for anchoring the net to walls or upright standards, as well as the standards themselves and any attachments used for anchoring the standards to the floor or walls or ceiling. The standards, referee's platform and floor/wall cables shall be padded as follows:

Standards must be padded to a minimum height of 5½ feet with at least 1- inch-thick, resilient, shock-absorbing material (such as polyethylene foam) to encase the uprights and all tensioning devices.

**PENALTY:** When the host school does not pad the standards, floor/wall cables and referee's platform, the match shall not be played, and the state association shall be notified.

**CIF SS: Only the Commissioner of the Section can determine/rule on the status of a contest. The official shall suspend the match until the problem is resolved. The school will contact the CIF SS Office for a determination of the status of the match at that point.**

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**Ball Handling Rule & Philosophy (CIF State Sanctioned) Rules 9-4-5 & 9-4-7**

In the 2015 - 2016 NFHS case book beginning on page 96 it states that:

A legal contact:

- can be made with any part of the body.
- must be hit cleanly.
- must not be caught or thrown, cannot visibly come to rest or involve prolonged contact.

In order to determine the legality of each contact, the first referee should lead the ball with their eyes, rather than follow the ball in the air. The first referee must focus on the actual contact of the ball on the body part, and then pick up the next play/player with his/her eyes.

This ball handling philosophy is only intended by the CIF State and NFHS for varsity matches. It is the current philosophy of the CIF State and NFHS that the lower levels (junior varsity and freshman) are designated as "developmental" levels. This designation implies even wider latitude of ball handling techniques and the extra emphasis and use of preventative officiating techniques and protocol enforcement. This **DOES NOT** excuse any safety or liability issues.

It has been decided by the CIF State Rules Interpreter to request that each official lessen the severity of their calls for all levels as well. Obviously, the gross and egregious, non-simultaneous multiple contacts need to be whistled immediately. But if an official is unsure if they saw a multiple contact then they should error to the side of allowing play to continue. It is also extremely important to maintain an even, consistent level of ball handling throughout a match.

**2015 UNIFORM RULES:**

**Illegal Uniform:**

The penalty for a player attempting to enter a set with an illegal uniform is an unnecessary delay using the administrative cards. The player shall not enter the set until the illegal uniform is replaced or made legal.

**Players Changing into Uniforms in the Gym:**

At no time is any team member(s) allowed to remove any piece of clothing that would expose any part of their body normally covered by their playing uniform while ***within the visual confines of the playing area***, regardless of the intent of this action, including changing into or out of their uniform. If this action occurs, that player(s) shall be automatically sanctioned with an individual yellow card. The head coach also loses the privilege to stand during play for the duration of the match.

**Numbers on the Front of the Uniform Top: Rule 4-2-4f:**

....Should be placed so the top of the number on the front of the uniform is no more than 5 inches down from the shoulder seam; or placed so the number is centered no more than 5 inches below the bottom edge of any neckline ribbing, placket or seams on the uniform top.

When the number is centered you measure from the neckline seam, but when the number is not centered you measure from the shoulder seam.

**Libero Uniform (Rule 4-2-2)**

“The libero must wear a uniform top that is **immediately recognized from all angles** as being in clear contrast to and **distinct** from the other members of the team.”

**Philosophy:** Both the R1 and R2 need to be able to immediately identify the libero to be able to ascertain their location and the nature of their contact with the ball. The R1 and R2 **must** agree on the legality of the libero uniform. If the two officials do not agree on the legality of the libero uniform, the libero uniform will be declared illegal and the player cannot play in the illegal uniform.

This does not mean that only the officials must be able to clearly and immediately distinguish who the libero is during play; but **there is an implied understanding that this must apply to the vast majority of the players, coaches, officials and spectators in attendance.**

The libero must be clearly and immediately distinguishable, not only standing around during a dead ball but also in the blur of play, as well as during libero replacements.

**The assistant scorekeeper (libero tracker) is absolutely reliant on this visual information** when performing their duties. It is difficult to keep the junior officiating crew focused without causing them further strain of having to “search” for the libero. This can also be applied to some of our well-intentioned, but inexperienced adult officiating crew.

The opposing team also deserves to be able to quickly determine the location of the libero in several respects, particularly in serve receive. This can also affect their offensive tactics and execution.

**Footwear Rule 4-2-6**

All teammates must always wear appropriate athletic footwear while on the playing surface. Adult coaches are no longer subject to this interpretation (NFHS Casebook Page 12 Rule 4.1 Situation Comment). “Adults participating in a team warm-up are legally responsible for their own well-being”.

**Examples of illegal uniforms in fall season, 2015**

The front number of Team X uniforms were illegal as the number was at the bottom left. Team X wore jerseys where the number was too low in the front.

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**2016 RULE CHANGE – UNIFORMS – RULE 4-2-2 NOTE**

The use of the solid-colored uniform is required beginning July 1, 2016. Who must wear the solid-color jersey?

1. The libero may wear the solid-colored jersey and the color must be in **contrast** to the predominant color(s) of the team uniforms.
2. The team may be in solid-colored jerseys that are in **contrast** to the predominant color(s) of the libero’s uniform top.
3. Both team and libero may be in solid-colored jerseys but the libero’s jersey must be in **contrasting color** to the teammates’ jerseys.

---

The official should ask the coach which jersey is solid-color; at that point, the official observes that jersey for compliant as a solid-colored jersey.

The purpose of the rule is to **clearly and consistently identify** the libero and thus the referees can judge legal player action by the libero.

Requirements and restrictions for trim, numbers, size of logos, etc., are outlined in the rule.

The coach has the responsibility to place his/her athletes in legal uniforms and should not rely on a sales representative or manufacturer to interpret the uniform rule.

Questions on the solid-color jersey should be directed to the CIF State high school association.

# CIF State Prematch Warm-Up Protocol

Officials	Arrival at Gym: Set the clock so that it will reflect the number of minutes to game start time		
Timer	The clock will count down and the timer stops the clock	<b>20:00</b>	<b>STOP</b>
R1, R2, captains and head coaches	<b>Captains and Head Coaches meeting; coin toss</b> (normally performed by R1 but may be done by R2 in a split match where R1 is not immediately available) **Team Rosters shall be presented at this time		
R2	When the meeting ends R2 directs the timer to start the clock (no horn/whistle just start the clock)	<b>20:00</b>	<b>START</b>
Teams	5:00 minutes of shared warm-ups (no hitting/serving across the net)		
Timer	Timer stops the clock	<b>15:00</b>	<b>STOP</b>
R2	R2 <u>sounds horn/whistles</u> for the serving team to begin their 6:00 minutes of warm-ups.		
Receiving team	(Receiving team leaves court at R2's direction)		
R2, Timer	R2 directs the timer to start the clock when the receiving team has left the court. Scorekeeper and Libero tracker get their instruction from the R2 at this time	<b>15:00</b>	<b>START</b>
Serving team	<b>Serving team warms up</b>		
Both coaches	The rosters are to be submitted no later than:	<b>10:00</b>	
Note:	Late or inaccurate rosters result in a loss of serve/point to the opposing team		
R1	Conduct prematch conference with line judges and ball shaggers		
Timer	Timer stops the clock	<b>9:00</b>	<b>STOP</b>
R2	R2 <u>sounds horn/whistles</u> for the receiving team to begin their 6:00 minutes of warm-ups		
Serving team	(Serving team leaves court at R2's direction)		
R2, Timer	R2 directs the timer to start the clock <u>after</u> the serving team has left the court!	<b>9:00</b>	<b>START</b>
Receiving team	<b>Receiving team warms up</b>		
R2	Clock continues to run and R2 <u>sounds horn/whistles</u> for the receiving team to end their warm-up and to leave the court	<b>3:00</b>	
Both coaches	The lineups are to be submitted no later than:	<b>2:00</b>	
Note:	Late or inaccurate lineups result in a loss of serve/point to the opposing team		
R2, Timer	R2 is to <u>whistle</u> at 0:30 for a warning and then allow time to expire and <u>automatic horn to sound</u> ; both officials must be present before the match starts	<b>0:00</b>	<b>STOP</b>
Timer	Reset game clock to 1:00 and insure all scores are zeroed and all sets are zeroed		

**For Sanctioned Events go to [www.cifss.org](http://www.cifss.org)**

1. Click on Governance
2. Click Approvals
3. Click Sanctioned Events
4. Select Boys Volleyball:

**Volleyball Sample Line up sheet**

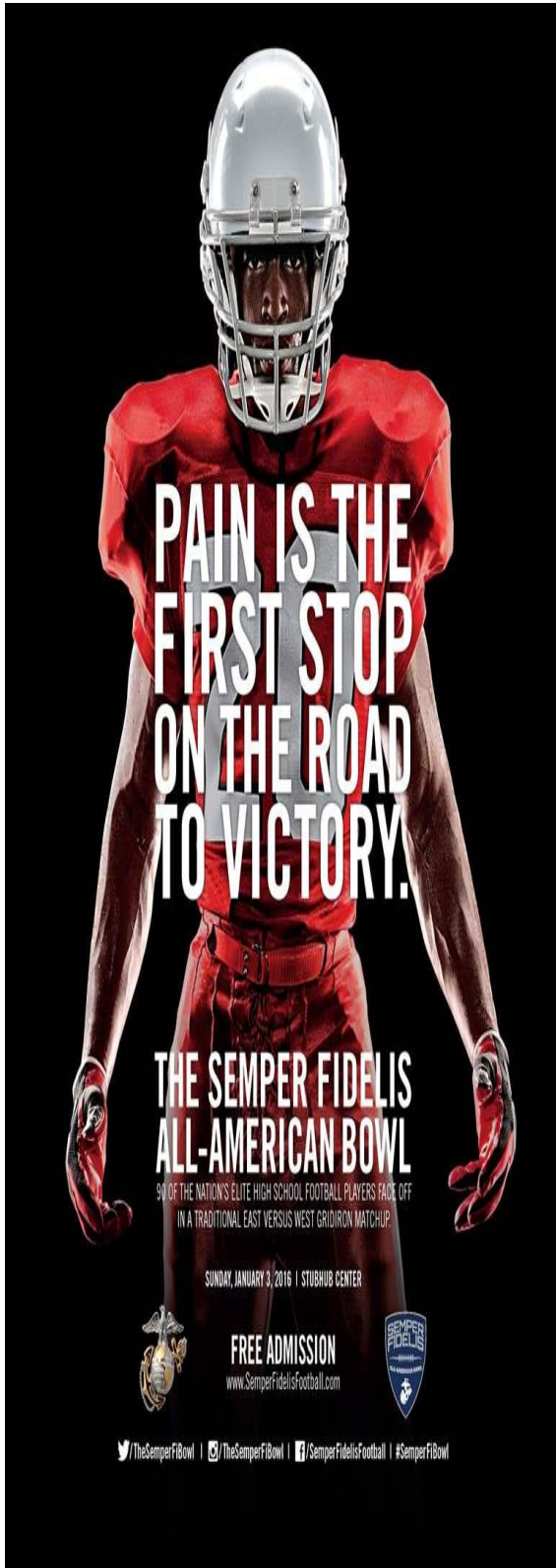
Team Centerville HS Comets Game 1  
Libero: 2 (Check one) Serve \_\_\_\_\_ Receive \_\_\_\_\_

Serve Order	Player Number
<u>I</u>	<u>4</u>
<u>II</u>	<u>6</u>
<u>III</u>	<u>8 C</u>
<u>IV</u>	<u>3</u>
<u>V</u>	<u>5</u>
<u>VI</u>	<u>7</u>

Download on the website [cifss.org](http://cifss.org), under volleyball/news and events:  
Libero Tracking Sheet/ Volleyball Lineup and Roster Sheets/Volleyball  
Score Sheet







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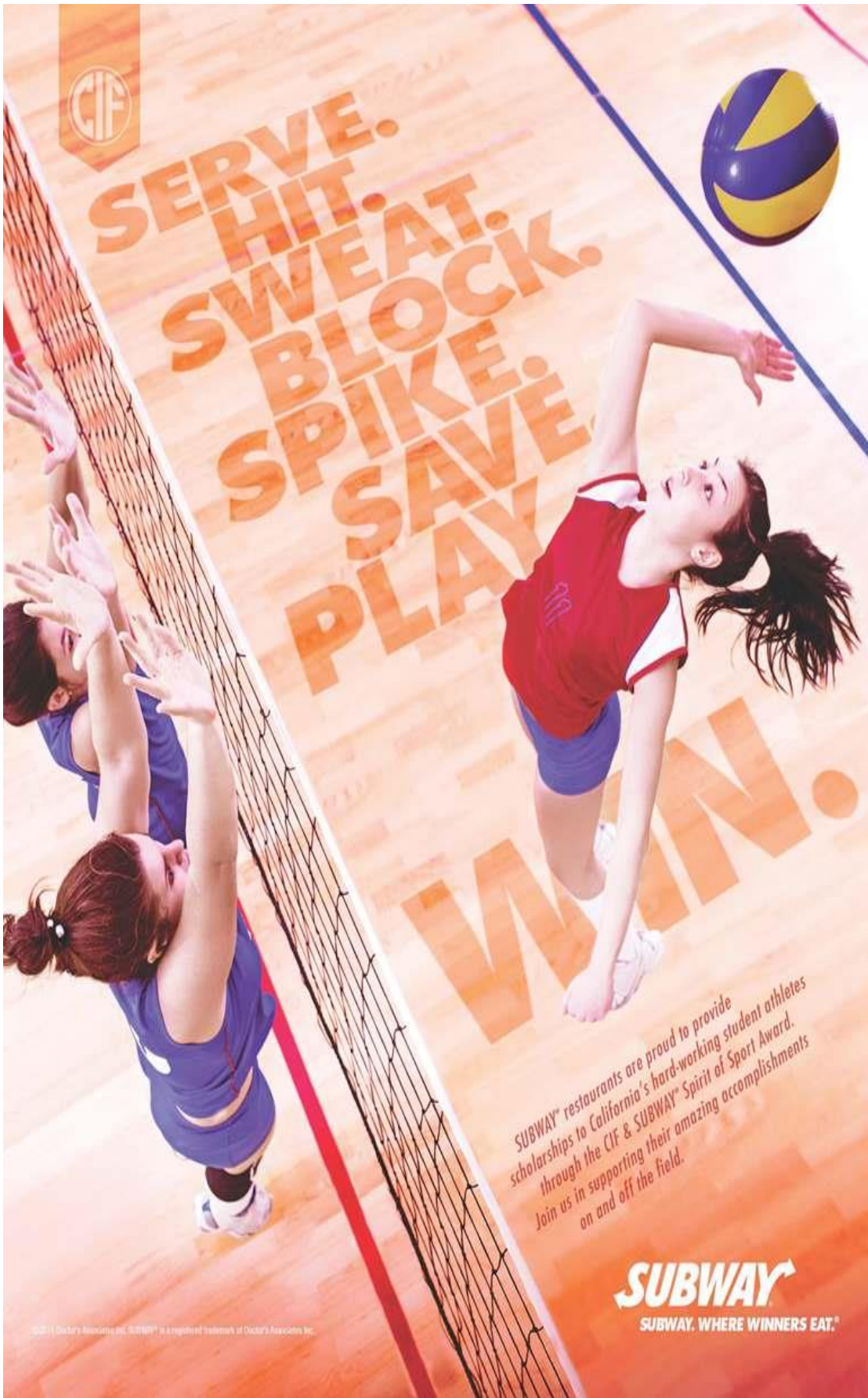
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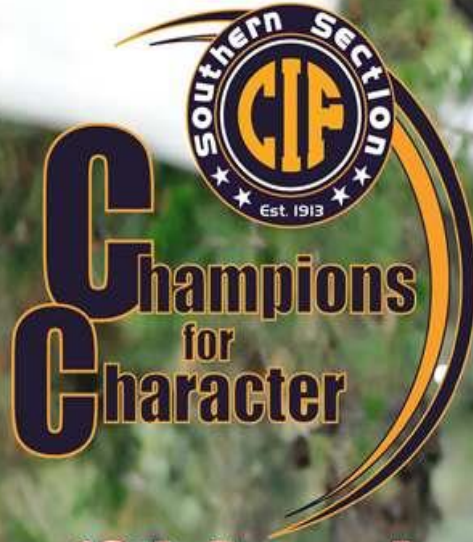


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Updated 6/18/15  
THIS LIST IS EFFECTIVE FOR 2015-16

RE: **OFFICIAL BALL PROGRAM – MANDATORY USE IN PLAYOFFS**

Official Ball per sport:

- Baseball: **Rawlings CIF-SS** Must be CIFSS stamped ball; not an alternative Rawlings ball  
**Rawlings RCIF-SS** New option introduced for 2015 baseball season
- Boys Basketball: **Spalding TF1000 NFHS Classic NFHS**  
**Spalding TF1000 Legacy NFHS**
- Girls Basketball: **Spalding TF1000 NFHS Classic 28.5 NFHS**  
**Spalding TF1000 Legacy 28.5 NFHS**
- Football: **Spalding ball with NFHS**, any Spalding model with NFHS stamp
- Soccer: **Spalding TF-SC5 NFHS** for both boys and girls use. (New model # as of 2013-14)  
**Spalding TF-SC3 NFHS** for both boys and girls use. (New model # as of 2013-14)  
**Spalding TF5000 NFHS** for both boys and girls use. (New model # as of 2013-14)
- Softball: **Dudley CFP12Y NFHS**
- Tennis: **Wilson Tennis Ball**, NFHS stamp not required
- Volleyball: **Spalding with NFHS stamp: TF-VB5, TF-VB3** (New for 2013-14)  
**Spalding with NFHS stamp: TF5000, TF3000, TF1500**
- Boys Water Polo: **KAP7 model 105 with NFHS stamp**
- Girls Water Polo: **KAP7 model 104 with NFHS stamp**

All playoff ball adoption agreements with the CIF Southern Section run through June 30, 2016 except for tennis.

Mandatory Playoff Use Requirement:

The mandatory “official” ball rule for all playoff rounds, excluding golf. The rule applies throughout the conduct of **all** CIF-SS **playoff** contests.

Playoff Ball Use Rule Enforcement:

Should a school fail to provide the correct game ball, the game will always be played. Teams/schools failing to utilize the correct official ball in CIF-SS playoffs will be reported by officials to CIF-SS and will not be allowed to host their next available home playoff game. Penalty does carry over to the next season if not enforceable this season due to elimination.

**Note: NFHS stamp is required in all sports except in golf and tennis.**



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A central graphic featuring a collage of high school athletes in action. The athletes are shown in various sports: basketball, soccer, and baseball. In the center is a large circular logo with the letters 'CSF' in yellow on a blue background. Below this is the Ford logo with 'Est. 1913' on either side. Underneath the Ford logo is the text 'Southern Section CHAMPIONSHIPS' in a stylized, bold font. At the bottom of the graphic, there are three images of Ford vehicles: a silver SUV on the left, a red pickup truck in the middle with the website 'SoCalFordDealers.com' overlaid, and a dark pickup truck on the right driving through a muddy puddle.